

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## Thurmont Main Street makes its mark

Thurmont has been named a 2016 Main Street accredited community. Main Street programs are set in place to enhance the every day lives of residents within the community as well as anyone who is visiting. Many devoted volunteers and Thurmont businesses, along with Main Street Manager Vickie Grinder, have worked to ensure Thurmont remains compliant in the requirements instituted by the State of Maryland to obtain this recognition. Public outreach, programming, economic development, sustainable practices, and the creation of a business-friendly environment are only a few of the many required elements of this program.

Over the past year, Thurmont has achieved goals, all of which helped contribute to the community Main Street accreditation. One of the major goals reached was the opening of Thurmont's Main Street Center, located at 11 Water Street on June 5th.

As one of the focal points in the town, The Main Street Center serves numerous purposes for the community including functioning as the Visitor Center where visitors can pick up information on the town's businesses. The Center also provides a location

where local artists can display and sell their artwork along with locally made products, and also serves as a public meeting space to various community groups. The Center is also an outlet for nonprofits such as the Thurmont Lions Club to sell ornaments, mural memorabilia, and the Catocin Area Civitan to sell their White House Christmas ornaments. On September 17, The Center will host the Rural Maryland Council and Rural Maryland Foundations production of "Farmland." The Main Street Center is open every Saturday and Sunday Noon-4PM, May through December with extended days open during December.

In addition to the opening of the Main Street Center, Thurmont also has put on a variety of community events such as the Farmers Market, Gallery Strolls, "Thurmont Think Pink" and the "Buy Local" program. Not to mention Christmas in Thurmont, which is a yearly holiday event, that includes photos with Santa Claus, caroling and the lighting of the Christmas tree in Mechanicstown Square Park.

Furthermore, the Town has also done some revitalization projects



that include new sidewalks, new streetlights, new benches, trashcans and bicycle racks. Partnerships with Catocin Mountain Park, Cunningham Falls State Park and Frederick County Office of Economic Development were also created.

Aesthetically, the Town has completed several revitalization projects that include new sidewalks, new streetlights, new benches, trashcans, picnic tables, and bicycle racks. Partnerships with Catocin Mountain Park have been established to create a future continuous loop from the Trolley Trail on Main Street to connect to

the nearby property acquired by Catocin Mountain Park. Partnerships with Catocin Mountain and Cunningham Falls State Park are essential to capture a percentage of the 250,000 people which visit these parks each year, and spur future economic development within the town. In addition, Thurmont works closely with Frederick County Economic Development to assist existing business, and future entrepreneurs looking to find Thurmont home to their new or expanding business.

Continued on page 4

## Pippinfest promises something for everyone

Huge crowds are expected once again as the 36th Annual Pippinfest gets underway. This year's dates for the fun filled weekend are September 24 and 25 on Main Street in Fairfield. The festival began in 1980 and is organized by the Fairfield Borough Pippinfest Committee. Organization for the festival really kicked in back in June, when Committee members began planning, setting the schedule and organizing vendors.

Featured on Saturday will be yard sales in and around Main Street, over 30 are anticipated. Also on Main Street will be a wide variety of craft and food vendors from all over the region. There will be "self-guided" walking tours with free brochures at the information booth in front of Fairfield Village Hall. Additionally, there will be a quilt show with demonstrations by Stitch 'N Peace from 10-4pm.

Sunday is the big day at Pippinfest with entertainment from Rich Fehle, Noble Black, Generation Gap, Five and ½ men, Austin Poulson, and the Gettysburg Buskers. A favorite, the Fairfield High School Show Choir and Jazz

Band, will perform at the Fairfield Fire Hall. Waterfield will also perform on the lawn in front of Village Hall. Children's games, pony rides, and inflatable rides will be located on Steelman Street.

From 9 to 4 p.m. Sunday, the "Cruise-In Car Show and Swap Meet" will be located beside Fairfield Fire Department. Antique autos, hot rods, vintage race and muscle cars, street rods, motorcycles and trucks will be on display for all to admire! There is no entry fee for the Auto Show - although donations will be accepted.

Take in a bit of local culture and visit the beautiful display of Pippinfest Pottery; enjoy a root beer float watching a Mr. Lincoln re-enactor at Honest Abe's Root Beer Float stand (proceeds benefit the Fairfield food pantry), and don't miss the apple dessert contest on Sunday. With over 100 craft and food vendors, no one will go home without having a treat! Linda Sites, volunteer and member of the Pippinfest Committee said "this committee has worked hard to make this year's festival bigger and better than ever. We look forward to seeing everyone at the festival."

For over three decades, Pippinfest, which literally means "apple festival" is still going strong. The festival has grown and offered attendees a memorable weekend full of fun and entertainment for all ages. Volunteers from the local community work year round to bring this amazing event to people near and far. From school and musical groups, to local charities, Boy Scouts, and church groups, Pippinfest has been a town-wide celebration of community, the harvest, and tradition. For activity, event times and locations, visit [www.pippinfest.com](http://www.pippinfest.com)

After a fun Saturday at Pippinfest, join Strawberry Hill Nature Preserve for their Community Day celebration from 4-8 p.m.



If you've never been to a Pippinfest, then you don't know what you're missing. Grab the kids and enjoy the best of small town America.

This event will feature a free family movie, activities, ribbon cutting for their new facility and an all you can eat beef and beer dinner fundraiser. The activities are free and dinner tickets are \$20 in advance or \$25 at the door and \$10 for children 12 and under. Funds raised support environmental education at Strawberry Hill. For additional information and directions visit [www.strawberryhill.org](http://www.strawberryhill.org).

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# EMMITSBURG NEWS

## Emmitsburg Cares

On August 11, approximately 70 members of the community along with Emmitsburg Deputy Travis Rohrer, Mayor Briggs and Commissioners Tim O'Donnell and Joseph Ritz gathered at the Emmitsburg Town Office to discuss a collaborative community action called Emmitsburg Cares. The Emmitsburg Cares group started as a group of three women who noticed an increase in violent crime and drug related incidents within Town. It is growing into a collaborative effort between Mayor Briggs, the Frederick County Sheriff's office and Emmitsburg residents.

Elizabeth Buckman, the project's primary figurehead, spoke out about the increase in drug related crimes. Since she has moved to Emmitsburg, she has noticed

an increase in crime, which is resulting in a decrease in life for residents of the Town. Problems seen are primarily heroin, prostitution and violent crimes and robbery. She hopes that by reaching out to members of the community, residents can come together, unify and fight the problem.

Buckman mentioned that by simply being a resident of Emmitsburg, you are part of this movement. Neighbors need to look out for their neighbors. The overall goal of Emmitsburg Cares is unity and education to empower citizens to realize their rights to live in peace and safety. Deputy Rohrer and Buckman both encourage reporting suspicious behavior, watching out for one another, and creating positive constructive loitering. "If the good

people of Emmitsburg get back out in town, make themselves visible, the heroin addicts will no longer dominate our free spaces. We are acting on our own authority as Americans with the support of our town and our police."

The primary slogan of the movement is "If you see something, say something." In this sense, both Buckman and Deputy Rohrer urge residents of Emmitsburg to call the police and report suspicious activity as soon as possible. As Deputy Rohrer mentioned, "there are more of you guys (residents) and not enough of us (police officers). Evil prevails every time if good people do nothing." If someone has concerns about suspicious activity in their neighborhood, they can call 911, 301-600-1046, or 301-600-2071. All calls can be anonymous if desired.

## Dog park under consideration

The potential dog park in town was further discussed during the August 1 Town Council meeting. At the meeting in July, a motion to use proposed Site B failed. The Council had promised to look at the project again at the August meeting, with proper advertising to the community.

Community members attended the meeting in August to voice their concerns with the proposed sites. Prior to hearing public comments, town staff presented a slide show presentation depicting design ideas for the dog park. Drinking fountains for the dogs, benches, gravel walkways, trees, and signage were all considered in the plan for the dog park. Pictures taken from dog parks in Biglerville and Gettysburg were shown, allowing residents to have a better picture of what features are included in most dog parks.

Site A, located off of Cedar Avenue, behind Southgate community, was recommended by town staff as the best possible location discussed. The location met most of the criteria including ease of parking, ease of access, ease of maintenance, safety and proximity to the water line. Site B failed to meet some of these criteria, and was thereby passed over.

Several members of the community were present and voiced their concerns with the proposed Site A. Among those present, were a few members of the Southgate residential area, including the President of the Southgate Homeowners Association. Residents living in this area protested the idea of placing a dog park so closely to their development, as they voiced concern for the safety of the children in the development who regularly play outside, the noise level suspected to be associated with a dog

park, potential increase in lingering people so close to homes and proximity to the grade school.

However, not all community members were opposed. One resident spoke in favor of the dog park, noting the many benefits for both humans and dogs involved in having a dog park available for the community. She also mentioned that local businesses could be supported if an attraction such as a dog park were present in town. One recommendation voiced was the presence and adherence of hours in the dog park. President O'Donnell agreed that the presence of a given set of hours available for "operation" or visitation to the dog park would be an excellent idea. O'Donnell also mentioned that the dog park would add value to the town, enhancing the value to the community. Many residents living in town along Main Street may have

## Online bill payment update

During the August 1 Town Council meeting, Commissioners discussed a potential update to the online bill payment system. Cole Tabler, the Town Accountant, was present to brief the Council about the different avenues and vendors to consider.


Currently, residents of the Town are able to pay their water and sewer bills online by credit card. They can also pay their utility bills by check or cash at the Town Office. Requests by resi-

dents to refine the online bill pay in order to find a more user-friendly avenue to accommodate them have been received. Town staff was thereby tasked with looking into different options for residents to pay their bills online.

Tabler reached out to different providers weighing the advantages and disadvantages in order to find a vendor that would meet the desired criteria. The Town would like a vendor that will offer the most ease of trans-

action for residents as well as a system that is straightforward and compatible with the current online processes and software in place.

After speaking with the local bank, Invoice Cloud (the vendor that specializes with the Town), and the current billing system for water and sewer in place, Tabler found that the current utility software vendor had the most to offer. The vendor currently in use offers the addition of a web portal at no



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dogs as companions, but do not have any outdoor area for their pets to run and play. The presence of a dog park would allow those residents to have that amenity for their pets.

Vice President Sweeny proposed another location by Scott Road Farm. This location would be far from residents and offer plenty of space and proximity to an already existing well, which would provide water for the dog park. A gravel parking lot could be constructed there to accommodate those who drive to the location, as the walk from town

would be much further than Site A. Town Staff told the Council that this location would be looked into further, as an easement for use of a dog park would be needed. Community members present at the meeting didn't seem opposed to the location of Site C, as it would be far enough from the residential area.

The Council nixed Site A and Site B, as neither location was deemed appropriate after the discussion and public comment. Further information on Site C may follow at a later time.

additional cost to the Town, and will allow residents to pay utilities such as water, sewer and trash online by credit card. Residents' accounts will also be automatically updated and they will be able to view their payment history, which is doubly beneficial for the Town as they will no longer need to enter all transactions manually, because the system will be updated automatically every time a resident pays their bill.

The fee structure for this system would be \$3.95 or 2% of the customer's balance. Residents will also

be able to use bank check elimination, which will be a \$.25 cost per transaction to the Town. These fees were the lowest of all the different vendors researched.

Overall, Tabler stated that there really are no disadvantages that he could see with this option. The system offers a more convenient way to pay bills for residents, it is less expensive than the current system and the vendor has been incredibly easy to work with. Tabler will be looking into the question of refunding and any possibility of an increase in fees in the future.

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# FAIRFIELD/CARROLL VALLEY NEWS

## \$500,000 grant received for Iron Springs Plaza

Additional grant money was received for the construction of the Iron Springs Plaza project in Hamiltonban Township. Amy Kauffman, Director of Economic Development at GMS Funding Solutions, was present to discuss at the August 2 Board of Supervisors meeting to discuss the grants received thus far for the project.

Kauffman was pleased to announce that Hamiltonban Township received a second grant in the amount of \$550,000. This grant money will be used for improvements to Fairfield Road and Iron Springs Road, including the intersection of both roads. The grant is run through the Commonwealth Financing Authority's Multimodal Transportation Program.

This \$550,000 grant will be added to the \$700,000 grant received eighteen months ago by PennDOT. The PennDOT grant is intended to help with costs related to the transportation infrastructure, those costs including permitting, road realignment and traffic signals.

Realtor and developer David Sites, of David L. Sites Realty Leasing & Management, Get-

tysburg, is slated to construct the Iron Springs Plaza shopping center on a 17-acre tract located at the intersection of Iron Springs and Fairfield (Route 116) roads. The land would be subdivided into five lots one of which will contain a 35,000 square foot grocery store, as the plaza anchor business, and a 7,200 square foot retail business. Kennie's Markets was discussed at one time

but that deal has since fallen apart. Other lots are still in the works.

Board members, who believe that the economy of the town will be helped significantly consider this project a very important project for Southwest Adams County. The Plaza could bring in approximately 100 extra jobs to the area. The Board was incredibly excited to have received an additional grant for this project and made a motion to accept the funds. Mr. Sites hopes to break ground spring of 2017.

## Muddy Run Bridge to close mid-September

Muddy Run Bridge, located on Route 116 near the Highland Township office, will officially be closing the third week of September.

Even after much public concern, The Pennsylvania Department of Transportation (Penn DOT) refused to budge on its plan to close Route 116 completely in Highland Township and Fairfield. The complete closure of both lanes will pose a significant change to the way residents, businesses, and tourists navigate their way in and out of the area while the bridge over Muddy Run is replaced.

In a letter written to Supervisor Robert Gordon of Hamiltonban Township by Project

Manager Gary Kleist of Penn DOT, leaving one lane open or installing a temporary bridge would "add considerable costs and cause a much longer inconvenience." For emergency vehicles, the letter says, Penn DOT "has identified a 3.3 mile detour" over Cold Springs and Carroll's Tract roads. The emergency detour "is not being signed as the primary detour in an attempt to not put an undue burden on the maintenance of the local transportation network," Kleist wrote.

That route is "dangerous," Fairfield Fire and Emergency Medical Services Chief Bill Jacobs said citing two one-lane bridges, a roadway too nar-

row for two large vehicles going in opposite directions, many curves and hills, and dark conditions.

Route 116 is the main artery into Hamiltonban, Fairfield, Carroll Valley, and other surrounding communities. It is the main road for emergency responders transporting people to Gettysburg Hospital.

Both proposed detours for the bridge closure are logistically a nightmare and will add 15-20 minutes conservatively to police, fire, and emergency responders - especially those who drive for Adams Regional Emergency Medical Services (AREMS); AREMS provides both basic life support (BLS)

and advanced life support (ALS) services to over 15 municipalities in Adams County. Jacobs alleged that Penn DOT is choosing "profit" over public safety by choosing to close the highway instead of closing one lane at a time or installing a temporary bridge. "There are going to be accidents," Jacobs said, calling the route completely inadequate for tractor-trailers.

Though the emergency detour reaches into Hamiltonban Township, the bridge itself, approximately a mile east of Fair-

field, is in Highland Township, where Craig Rockey chairs the Board of Supervisors. He said that he had a half-hour conversation with a Penn DOT official and they (Penn DOT) were "unmoved" by the concern of the local municipalities.

The original plan was to start the project in June and complete it in September, right as the school year was starting. However, the project was pushed back and will now just be starting mid - September. The project is estimated to take about 10 weeks, pushing the bridge closure into the end of November.

## Hamiltonban Area news-briefs. . .

### New members appointed to two positions

Hamiltonban Township appointed two new members to two separate positions within the Township during the August 2 Board of Supervisors meeting. Tamara Trocha was appointed as the Elected Auditor, and Joshua Donaldson was appointed to the Agricultural Security Council. Trocha will be serving as one of three Elected Auditors in Hamiltonban Township. Auditors meet once a year at an annual meeting. Trocha's term will expire in 2021. Donaldson was appointed as a member of the Ag Security Committee, which recommends to the Board of Supervisors in Hamiltonban Township the acceptance or denial of an application for a parcel of land to be placed into the Agricultural Security Area. Members of this committee serve an auto-renewable seven-year term. Donaldson's term as a member of the Agricultural Security Council will end in December 2017.

year, and were budgeted in this year's budget.

### Opposition to House Bill 782

Hamiltonban Supervisors constructed and approved a letter of opposition to the House Bill 782. House Bill 782 proposes to provide more than one Inspection Company to be utilized by the Townships. As it currently stands, Hamiltonban only uses one inspection company for all building inspections in the Township. This particular company is well trusted and valued by the Township. The Supervisors fear that by requiring an additional selection of inspection companies, there is the possibility of inconsistency with inspections. The Township has had difficulties in the past with inspectors who have done a poor job, and are thereby having been very particular in their selection. The Supervisors believe that they should have the right to choose the inspection company that will

be responsible for inspecting all township buildings. Supervisor Coleen Reamer drafted the letter and brought it to the Board for approval. The letter was approved and sent to State Representative Dan Moul.

### Carroll Valley Borough Building updates

The new Borough Building is coming along nicely, as the project is officially out of the ground and the stud walls are in place and the geothermal walls are completed. The project is running approximately one week ahead of schedule according to the project Architect Benedict Dubbs. The Council was able to see some of the stone, floor, carpet and window trim samples. The Council was even able to make some color choice decisions for the trim around the window. Between gray and Burgundy, the Council and some members of the public present decided on the burgundy color option.

### Donations approved

Several donations were approved by the Hamiltonban Board of Supervisors during the August meeting. A \$500 donation to the Adams County Office for the Aging; a \$300 donation to the Adams County Transit Authority; a \$100 donation to the Adams County Rescue Mission; and a \$100 donation to Adams County Community Media were all approved. These donations are given every

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# THURMONT NEWS

## Trolley mural artwork

Yemi Fagbohun, a nationally known artist and resident of Thurmont, attended the August 2 Town meeting to present to the Council his ideas and sketches for additional artwork to be placed on the trolley building in town. The existing artwork was done in 2013, and was added to in 2014, but could once again be enhanced further with an additional piece of artwork.

Yemi, originally from Nigeria, moved to America and studied at

the Pratt Institute in New York, earning a Bachelor of Fine Arts and Master of Science in Art and Communications Design. He is nationally known for his murals, glass work and custom made gifts and resides right here in Thurmont. After moving to Thurmont and living in the area, he knew that he wanted to do something to showcase to everyone both within in the community and those visiting, how beautiful the town really is. He wanted to celebrate everything

that makes Thurmont great, and that makes Thurmont appealing to those who live or visit the town.

He presented sketches of his suggestions and asked for any input from both the Council and the public. The idea behind the artwork is to make this building a place where people want to come back and visit time and time again; to create a piece of art so detailed that every time it is viewed, there are new things to see. Yemi wishes for the artwork to showcase everything

that makes Thurmont such a wonderful and special place, to help visitors see Thurmont the way Thurmont residents see it.

Yemi was hoping to put some vignettes around the white part of the building, and asks the community to bring all their ideas together about everything that makes Thurmont so special. There would be no cost to the town, as the funds for the project would be raised by Yemi himself. If approved, the project could be started as soon as possible, and the project could be unveiled as soon as next fall.

The Council agreed that they are all

in favor of the project, speaking about how attractive the current art is and how it currently attracts positive conversation from the public. They did, however, say that they needed to discuss the idea with the town lawyer to ensure that everything is fair for both parties.

Yemi has done several other works of art in Maryland including more local pieces in the Courtyard by Marriott lobby Frederick, The Common Market Frederick and the Pillars of Frederick, which happens to be one of the biggest murals in Maryland at 1280 square feet!

## Council discusses naming rights policy

Mayor Kinniard and the Board of Commissioners discussed a naming rights policy and composed a draft of the policy at the August 23 Town meeting. Mayor Kinniard mentioned that he has had many residents inquire about naming athletic fields and other areas in town after particular individuals either in honor of their service to the community or in memoriam of the individual.

Some residents have inquired about potentially having the ability to name a

field after someone if they were to pay for it. The Board agreed that it would be preferential for residents not to have to pay to have something named, as that can sometimes become a little messy. Also, the town doesn't have the capability to name everything after someone in particular, as there just are not enough facilities. Instead, the Board thought it would be best to have names on fields after those who have served the community for a given amount of time. Mayor Kinniard decided that it would

be best to set a policy on the naming of fields, structures etc., as one does not yet exist to cover it.

The Board discussed several guidelines to be considered, parameters to be followed and met in order to have a name placed on an athletic field or structure such as a pavilion.

Firstly, a benchmark of 25 years of service to the community would be considered. The Board decided that naming would be for philanthropic reasons, as someone who has served the

community and had an impact on the community would honorably deserve that recognition. Naming would be reserved for athletic fields, pavilions and structures within park areas, excluding Memorial Park.

Secondly, there would be no monetary contribution. Fields and structures would only be named in honor of someone who has had an impact on the town and has served the community for an extended period of time.

Thirdly, the town would erect a ba-

sic sign dedicating the field or structure to someone. If someone was looking for something more than that, such as a score board on one of the fields for instance, said person would be responsible for raising the additional funds.

These guidelines are only very basically drafted, and no decision was made at the meeting. The completed draft policy will be brought back to the Board at a future meeting to be discussed further, and comments concerning the proposed guidelines are welcomed.

continued from page 1

In addition to being named as a National Main Street accredited community, Thurmont has also been recognized as a Banner City/Town at the 2016 Maryland Municipal League (MML) Convention. This accredita-

tion is awarded to towns and cities that meet stringent goals and objectives including staff training, participation in Municipal Government Works month activities, community outreach, and elected officials' support and participation in MML activities. Chief Ad-

ministrative Officer Jim Humerick accepted the award and stated "This accreditation is a very positive step forward for our municipal operations in Thurmont. To be named as a Banner City is a tribute to the continued hard work by our staff and elected officials."

### Gateway Trail connects Thurmont to National Park

The Town of Thurmont is partnering with the Catoctin Mountain Park on the Gateway Trail project. The Gateway Trail links the Thurmont Memorial Park, the Trolley Trail, and the Thurmont Community Park to the trailhead located at the Lewis Area on West Main Street. Until further acquisition can be obtained by the Town of Thurmont, the current Gateway Trail alignment starts at the Trolley Trail to the east and the Community Park to the south. From those two points, the alignment turns north onto South Altamont Avenue and then turns west on West Main Street, eventually linking to the Lewis Area of Catoctin Mountain Park, just west of Route 15. The trail from the Lewis Area then connects hikers to scenic Chimney Rock. Thurmont Public Works crews installed Gateway Trail signs identifying this route. This project creates a wonderful connection between the park and Thurmont. Thanks to Main Street Manager Vickie Grinder, former Catoctin Mountain Park Superintendent Mel Poole and current Park Superintendent Rick Slade for spearheading this project.





## Thurmont Business Showcase

**Saturday, October 15**  
**11 a.m. - 3 p.m.**

**Thurmont American Legion Post 168**  
**8 Park Lane**

This year's theme "Takin' Care of Business" is a one day "Pop-Up Business Community" to experience what Thurmont businesses have to offer under one roof!

The Thurmont Business Showcase is free & open to the public! Invite your family, friends & neighbors to experience "Takin' Care of Business" & see how they can take care of you!

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<p><b>BOX WINE</b> <b>50% Off</b> <i>While Supply Lasts!</i></p>	<p><i>Come Celebrate Our</i> <b>RE-OPENING</b> <i>The Entire Month of September!</i></p>	<p><b>We Have New Varieties Of Craft Beers In House!</b></p>
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 <p><b>COPLEY</b> <b>GIN</b> <b>\$16<sup>99</sup></b> 1.75 Liter</p>	 <p><b>Paul's Pit Stop</b> DISCOUNT BEER, WINE &amp; LIQUOR Website: <a href="http://m.paulspitstop.net">m.paulspitstop.net</a> 150 S. Seton Ave., Emmitsburg, MD 21727 <b>301-447-6262</b> Monday-Thursday 9 am-10 pm, Friday &amp; Saturday 9 am-11 pm, Sunday 11-8 pm</p>	 <p><b>RUSKOVA</b> <b>VODKA</b> <b>\$16<sup>99</sup></b> 1.75 Liter</p>

# 100 YEARS AGO THIS MONTH

## September 1916

### September 1

#### Infantile Paralysis

Mr. Brinckerhoff, an employee of the State Health Department, now stationed at the Mason-Dixon Line, established a new record on Sunday when he stopped and examined over 250 motorcars. The cars containing children are returned to Emmitsburg where they are examined by the local medical examiner. All schools, including Sunday schools, in Pennsylvania will remain closed until September 18 because of the outbreak of infantile paralysis. No children under 16 of any age may attend any picture show between now and September 18. Pennsylvania children who visit Maryland towns for now will be compelled to remain in those towns for two weeks after arriving there.

#### Road Repairs

Since work began on the state road near Payne's Hill, near Thurmont, persons traveling in auto-cars have had a rather rough time getting from Emmitsburg. The dirt road is fairly good between the two places when once known, but strangers generally have to find their way and experienced some trouble due to the numerous roads branching out on the main thoroughfare.

#### Student Dies Swimming In Tom's Creek

Victor Avila, of Mexico City, a student of Mount St. Mary's College, while bathing with a number of companions in Tom's great, lost his life. His youthful companions, among whom was his younger brother George, went to his aid but were unable to save him. A passing motorist hastened to the spot and recovered his body.

### September 8

#### Boy Struck By Automobile

Quite a lot of excitement was aroused among the people in town Saturday night when John Lamsiger, ran across the street at the square in front of an automobile. He was knocked down by the machine but with presence of mind the little fellow grabbed hold of the bumper and was carried several feet until the car was stopped. The child was not hurt.

#### Boozers Hold Surprise Party

Members of the Former-Former Boozers Association held a surprise party for President Dan Shorb at the New Hotel Slagel's Bar Saturday night. Each member was supposed to bring their own bottle of booze, but many opted instead to mooch off of those who had brought bottles when they were not looking. The members toasted Shorb for his leadership of the organization in battling the nefarious suffragette movement over the past year. Shorb, who ar-

rived at the party already inebriated, kept forgetting what the gathering was all about, resulting in the members repeating their toasts over and over again until the entire assembly had themselves forgotten why they were there. When all the bottles were empty the Boozers gathered around the fountain and generally made a nuisance of themselves until the early morning hours.

### September 15

#### New Electric Plant For Taneytown

The Electrical Engineering & Development Co. is actively advocating the installation of an electrical light and power plant in Taneytown. The idea being to construct a plant costing \$15,000, to be paid for through the sale of stock, and evidently displacing the present gas plant.

#### Parents Refused To Enroll Children In School

Public school conditions in Emmitsburg at present are anything but a settled state, the trouble seems to center around the closing the Annandale schoolhouse, a little over a mile from town. Several years ago the school was closed. Now, it seems that, a certain number of patrons of the school demand the school be reopened. The county school board however decided that it would be a greater advantage to the children to have them attend the Emmitsburg school. When this information went out the strike question was taken up. On Monday, the opening day of school, the boycott went into effect. Despite the fact that they are subjecting themselves to arrest, the parents of some 20 children have refused point-blank to enroll their children in the Emmitsburg school, a mile and a quarter distant. It is understood that the school commissioners have sent out notices to the effect that unless the children attend school within a certain period of time, the parents would be arrested for violating the provisions of the compulsory school attendance law.

### September 22

#### Carrier Pigeon

On Sunday a carrier pigeon that was evidently hungry and tired after its flight, flew into the open kitchen door of the New Hotel Slagel. On the band around his leg was the identification number 24911. The bird is being well taken care of.

#### Chicken Thieves Poison Dogs

Several days ago, "Sen," a Pointer belonging to Henry Stokes died very suddenly, under suspicious circumstances, and yesterday the pet Rat Terrier owned by Loretta Gillelan, and a fine Collie, owned

by the Patterson Brothers, died just as suddenly and within a few moments of each other. The owners of these dogs attribute their loss to poison administered by some unknown person. Rewards have been offered in the hope that those responsible for the deplorable deed may be brought to justice. This morning a dog belonging to Irvin Miller was found dead in town.

It is thought that chicken thieves making inroads on the poultry pens in Emmitsburg have been distributing poisoned in the hopes that in the absence of dogs they would have a better chance to steal more chickens.

### September 29

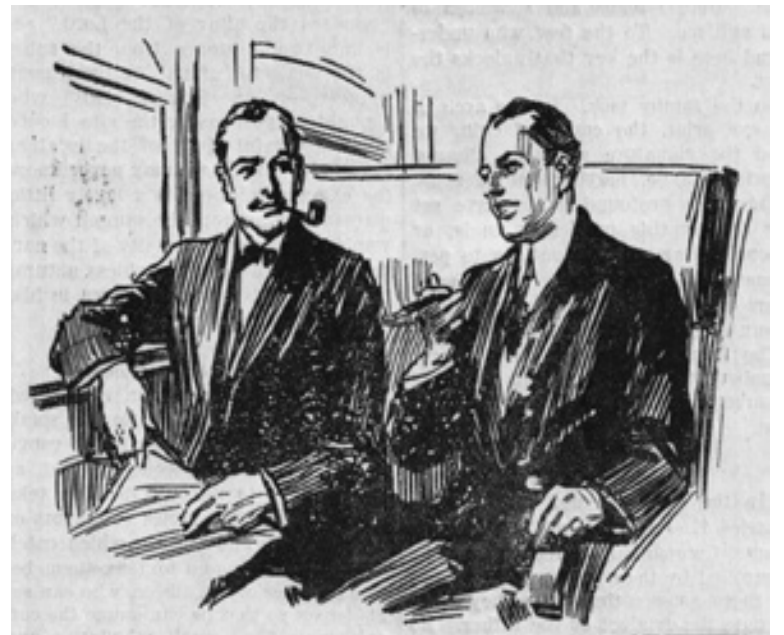
#### Martin's Mill Destroyed By Lightning

Fire last Friday night destroyed Martin's Mill at Four Points, about 3 miles southeast of Emmitsburg, causing a loss of \$3,000. The mill was owned and conducted by H. K. Martin, who has operated the stand for the last 13 years. The blaze was caused by a bolt of lightning. Mr. Martin was preparing to retire, when he heard the clang of the dinner bell at the farm of Harry Harner nearby. Members of the Harner family notice the blaze and employed this means of notifying Mr. Martin.

The fire was then located on the roof and soon spread to the portion of that structure where Mr. Martin had about 300 bushels of corncobs. A large quantity of grain, flour and feed was consumed. He had not decided whether or not he will rebuild. Mr. Martin stated that the mill was undoubtedly one of the oldest water powered mills in Frederick County. He said there were building dates prior to 1816 showing that in age the structure had passed the century mark.

#### Robberies

On Monday night or Tuesday morning thieves entered the business places of Callahan and Roterling, and Joseph Hoke and carry away from the former five cases of eggs, and from the latter 50



### Yes, I Stopped over at Marville

THE dearest burg I struck in my territory. Been dry for a couple of years.

And the hotel!—the worst I ever came across. A glass of beer with your meals? Holy horrors!—the natives don't know what a glass of beer is.

"Can't I get a drink in this village?" I asked the hotel clerk. "Front!" A bellhop came up. "Put this gentleman's hat in the cloak room." The boy grinned. I followed him. He winked at the check boy, who opened up a suit-case labeled "A. Jones." From this he took a bottle of fusel oil. I planked down a dollar, sipped the drink and shuddered, and pocketed my half dollar change.

That's the dry town's notion of temperance and abiding by the law. That's how prohibition prohibits. How different the next town where you can get beer at a well-run beer saloon, and the natives, knowing moderation means temperance, are sober and industrious.



—Advertisement

pounds of butter, a quantity of meat, and some change from the cash register. It is thought that the robbery was committed by persons from out of town who made away with their plunder by means of a wagon and probably an auto-car. The supposition is that this produce will be taken directly to Baltimore or some other market and sold early in the morning. A number of clues were run down, but up to this time the stolen goods have not been located or recovered. Insufficient evidence to fasten the crime on any particular person or persons has not been obtained. On the same night the garage at the New Hotel Slagel was broken into. It is surmise that

the intruders took only gasoline as everything else was found.

#### Ready For Road Work

Daniel Roddy has erected a new stone crusher at his quarry about 1/2 mile south a Mount St. Mary's College near Emmitsburg. The bin will hold several hundred tons of stones, which will be used for the new state road, between Thurmont and Emmitsburg, which is being rebuilt. About an acre rock have been stripped. The rock is a blue limestone, with good submitting qualities.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.



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## FROM THE DESK OF . . .

### Emmitsburg Commissioner Candidate Dr. Wayne Slaughter

Hello, my name is Wayne A. Slaughter, I am a candidate running for the office of Commissioner with the Town of Emmitsburg. I have over 34 years of experience in federal, state, and non-profit organizations in the fields of health care, vocational rehabilitation, employment and training, and post-secondary education.

Throughout my professional career, I have been responsible for managing public funds and developing new initiatives to improve services while maintaining and protecting the core values and mission of the organization. As a result, I have learned to work closely with people, to listen to the stakeholders, to help people work together to solve complex problems, all while keeping a careful eye on the budget to make sure that public funds were spent appropriately.

I have a Ph.D. in Public Policy

Analysis from the University of Illinois/Chicago, my dissertation was on Suburban Economic Development so I am very familiar with many of the issues Emmitsburg is facing. During my professional career with the federal government, I was responsible for managing millions of dollars in federal funds, making payments to health care providers, managing contracts and staff, and developing new initiatives to reduce fraud, waste, and abuse in the Medicare and Medicaid programs. I also worked for the State of Illinois and several non-profit organizations creating employment and training programs for the disabled population; and, in addition, I was a part-time Instructor/Assistant Professor at Gettysburg College from 1999 to 2007 teaching Political Science classes in American Government and Public Policy.

Since I moved from the Chicago

Illinois metropolitan area to work for the federal government in Baltimore over 17 years ago, I have lived in the same house that I originally bought in Silo Hill back in 1999. I chose to live in Emmitsburg and make the daily 120 mile round-trip commute to work in Baltimore because, of all the towns I visited after relocating to Maryland, Emmitsburg had the most ideal mix of location, amenities, and access.

Emmitsburg is a special place with a genuine charm and a unique small town civic spirit that comes from its rich history and the residents that choose to live here. I am running for office because I want to help make sure that Emmitsburg preserves and nurtures this spirit for many years to come.

When I retired last December 31, 2015, I made a personal commitment to become more locally involved and active within the Town of Emmitsburg in order to

help address the many challenging issues the community is facing. I feel very confident that Emmitsburg can have a bright and prosperous future as long as it is a safe and desirable place to live and raise families, therefore, continually enhancing the quality of life in Emmitsburg is an absolute priority.

In order to help make this possible, I will devote my work as Commissioner to improving education, implementing infrastructure and beautification projects, expanding social services, aggressively addressing the drug problems, and promoting new public safety and community awareness programs.

Finally, as residents, we need to decide whether we want to attract new businesses to create sustainable opportunities to work and earn a living wage nearby. Many of these problems involve promoting effective cooperative relations with other local communities, counties,



and state government and confronting these problems requires having the most qualified people governing the community. As you all know, nothing happens quickly with government, but the solutions begin with our elected officials and they need to begin now.

I strongly believe that I can help Emmitsburg confront these challenges and I am asking for your vote on September 27 to make that a reality.

### Emmitsburg Commissioner Candidate Glenn Blanchard

I have been an Emmitsburg resident for 25 years. My wife Maggie and I know we are raising our children Grace and Will in a compassionate community of residents who really care about one another. Our daughter Grace just graduated from Mother Seton School and I am proud of the education she received there. I am honored that Grace continued the legacy of attending Mother Seton School. My mother in law, Mary Louise Jordan is a St. Euphen's grade school and St. Josephs High School and College graduate.

My family are parishioners of St. Josephs church, where I serve as a lector and my daughter volunteers as an alter server. I am a member of the local Sons of the American Le-

gion Post 121 in town, and have proudly represented Emmitsburg at the Doughboy re-dedication, Flag Day ceremony, and the dedication of the footbridge over rt. 15. I serve as the treasurer of the Emmitsburg Food Bank, and assist at the different food drops during the summer. I have been a member of the food bank for a number of years and believe strongly in the service the organization brings to the town. During the winter months, I have served as a volunteer docent for the shrine of St. Elizabeth Anne Seton.

During my time as a Town Commissioner, I have been part of a team that works together well. I know that things get done in town because town commissioners, the mayor, and the especially the town

staff can find consensus on getting the job done. The work of local government is not always smooth, but I feel that outcome is positive for the town. A number of town improvements were accomplished during my tenure as a town commissioner. I want to make clear that I do not claim individual credit for any of these items. They were accomplished by collaborative effort. I think the community garden is a positive contribution to the town. Allowing people to grow some of their own vegetables is a good thing. The bike trails that have threaded their way over the mountain near Rainbow Lake have enhanced our community. I strongly support Commissioner Tim O'Donnell in his efforts to make these trails a re-

ality. Commissioner Mellor's efforts to make our parks and pool, Americans with Disabilities Act compliant is also another worthy contribution to our town. Lastly I support Mayor Briggs leadership in upgrading our water treatment plant, along with the square revitalization program. Our town is making progress moving forward. There have been set-backs over the years, but our town has weathered these set-backs and continues to make progress. If re-elected, I promise to work hard for the people of Emmitsburg and help our town continue to move forward.

My hopes for the future of Emmitsburg are the following:

- . A revitalized downtown square.
- . Upgraded parks and a pool that



serve the community.

. A sense of community that connects each and every citizen together.

Thank you, and I hope for your vote on September the 27th, 2016. Thank you for your support! A vote for me is a vote for you.

### Emmitsburg Commissioner Candidate Elizabeth Buckman

Twelve years ago, as a resident of Arlington, Va., I scoured the entire east coast in search of the perfect place to raise my daughter, Hannah. I chose Emmitsburg. Many of you may remember Mamie Kelly. At a time when a single mother would have been an outcast, Emmitsburg embraced her. I believed that if Mamie could have a peaceful life here, then so could I. And sure enough, in the 12 years since I made my choice, this town and its

good people have embraced and integrated me and my children. Thank you. My daughters Hannah and Felicity thank you. The people of Emmitsburg adhere to a value system and enjoy community bonds and town spirit that are rare and wonderful. It is time for me to give back and show how grateful I am.

Who am I? First and foremost I am a loving mother who awakes each day trying to make the world better

through simply being kind to everyone. Though I am not a perfect mother, I encourage my children every day to give back to the world, our town, and its people.

Second, I am a teacher of students with special needs here in Frederick County, one of the best school systems with some of the best teachers and students you will find anywhere. We value the whole student, which means engaging with the family, coaches, and other teachers, and bringing in other support as needed, including doctors, occupational therapists, speech pathologists, and more. Day in and day out, we work as a team so that each student can achieve success.

Why am I running for commissioner? My goal is to keep giving back to you. I will be transparent and I will listen to you. Don Briggs and the town government already have a wonderful team of commissioners in place. It is my vision to work on that team and with the people of Emmitsburg to keep Emmitsburg safe and strong, to see the people of Emmitsburg open their doors again and live in peace and

safety. My vision is that together, as a united and dynamic community, we can take care of each other.

I believe in you, the people of Emmitsburg. United, we can raise the quality of life in our community.

Envision this for Emmitsburg:

- Landlords united in a supportive "Emmitsburg Landlord Association"
- Service outreach united because there is strength in numbers
- People united as neighbors and friends

One day this summer, Kathleen Walker, Libby Briggs, and I sat at my dining room table discussing what could be done to heal the wounds and scars created by heroin in our small town. We realized that the good citizens of Emmitsburg are not used to dealing with big-city crime on our streets. We knew that Mayor Briggs had a plan when he got elected but that he could not make change alone. It would take the whole community. Collectively we came up with a vision: "Emmitsburg Cares." This could be a self-propelling vision that would create



the unity and collective action needed for healing the pain that leads to, and results from, drug abuse.

We cannot forget about the efforts of Ted Brennan and Jack Deathridge to raise awareness and push for action on the heroin problem. Their efforts were valiant but we failed to hear their call.

I ask for your vote, not because I have a magic wand but because I care and I will work for united community action to improve our quality of life.

As Mother Theresa said, "I alone cannot change the world, but I can cast a stone across the waters to create many ripples."

TOWN OF EMMITSBURG  
ELECTION DAY

Tuesday, September 27

22 East Main Street

7 a.m. - 8 p.m.

Write-in deadline is September 20 at Noon

Two Commissioner Seats are open.

# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## County Councilman Bud Otis

Respect, according to Webster's Dictionary is: a feeling of admiring someone or something that is good, valuable, important, etc.; a feeling or understanding that someone or something is important, serious, etc., and should be treated in an appropriate way; a particular way of thinking about or looking at something.

This is a word I learned as a young child from my parents and family in general. We were instilled with what is considered "old school" values, respect for your elders, those in authority, and to respect each other including people's opinions which differ from my own. Growing up I was taught this respect by my par-

ents' example of listening to varied opinions, researching matters independently, and ultimately come to a thoughtful decision. See, old school!

I feel very fortunate growing up a farm boy in the United States of America and for having traveled to many countries in the world. It is with great pride that I have grown to respect many cultures for their own beauties, religions for their own beliefs, and people for their own opinions and wisdom.

Today it seems, especially on the national stage, that "old fashioned" manners have gone by the wayside. It is sad to me, as I believe that respect is shown and earned, much like trust, integrity

and honor. It is a core value for many peoples of this world, and it is my hope that the current trend of open negativity is tempered with more civility, not less.

There are many problems facing our country. What we are seeing on the national political stage seems to influence state and local politics as well. When those in a political arena are free to spread lies, speak whatever comes to mind, rile up their supporters to violence, it is time to take a breath and wonder what it takes to stop the assault on common decency and respect. And, how to curb the tidal wave of insults, negativity and lack of respect.

My thinking is to listen. Listen

to all sides. Try to absorb the message, not how the message is being relayed, and again...listen. After contemplation, the source of the issue can be identified and negotiations may begin to define a path to a solution. The Council represents almost 250,000 residents in Frederick County. It is very important to stop and listen to everyone and then be deliberative in all matters. As President, I feel I need to be the most reflective on all matters. We need to get the facts, and not be swayed by the emotions surrounding any issue.

I learned many moons ago that it is part of negotiation to leave the table a bit unhappy. Successful negotiations are done when both parties at the table give a little for the benefit of the overall goal. When President Ronald Reagan negotiated with House

Speaker Tip O'Neill he stated that if he could get 70% of what he wanted, then he was satisfied.

As I've said many times before, I may not always agree with you, but I will never be disagreeable. I sure hope that continued dialogue will bring many sides to see each other's position and come to the conclusion that the best way forward is to communicate, debate, dialogue and reach a positive resolution, one that moves the needle forward to solving problems. It will certainly take time, and the effort is worth it.

Respect is a gift – a shared gift. Thank you for this opportunity to share some of my views.

Please contact me with your thoughts and concerns at BOtis@frederickcountymd.gov or call 301-600-1101. I'm here to listen and find solutions.

### PUBLIC NOTICE Boards and Commissions Volunteer Opportunities

The Frederick County Executive invites interested persons to volunteer their time to serve on several boards and commissions that include the Advisory Plumbing Board, Containment Laboratory Community Advisory Committee, Insurance Committee, Transportation Services Advisory Council, and many others. To view a complete listing of the vacancies, please visit Frederick County Government's website at [www.frederickcountymd.gov/boards](http://www.frederickcountymd.gov/boards).

Persons having a desire to serve must be residents and registered voters of Frederick County. If in-

terested in serving, please submit a letter of interest and a current resume to:

Joyce M. Grossnickle  
Office of the County Executive  
12 East Church Street, Frederick, Maryland 21701  
301-600-1102 ~ [fcbgboards@FrederickCountyMD.gov](mailto:fcbgboards@FrederickCountyMD.gov)

Applications must be received by 4:00 p.m. on Friday, September 30, 2016.

Frederick County Government does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

### PUBLIC NOTICE Frederick County Ethics Commission

The County Executive is soliciting letters of interest from individuals to fill three (3) vacancies on the seven-member Frederick County Ethics Commission.

The Commission publishes advisory opinions on the Ethics Ordinance and the Public Ethics Law and administers the application of these laws to Frederick County officials and employees, and others who are subject to the laws' provisions. The Commission also decides complaints alleging violation of the Ethics Ordinance and exercises responsibility for enforcement of the lobbying provisions in the Ethics Ordinance and the Public Ethics Law. For more information about the Commission, including the Ethics Ordinance and Standing Operating Procedures, visit [www.FrederickCountyMD.gov/ethics](http://www.FrederickCountyMD.gov/ethics).

The Commission meets on the second Wednesday of each month during the evening, as needed.

Other Qualifications and Requirements include:

- Ability to understand and apply the Ethics Ordinance, including the lobbying provisions in the Ethics Ordinance, and the Public Ethics Law to a variety of factual situations;
- General familiarity with the structure and work of the county government; and
- Understanding of general ethical principles applicable to governmental entities.

Persons having a desire to serve in this capacity must be residents and registered voters of Frederick County.

If interested in serving, please send

a letter of interest and a current resume by regular mail to the Office of the County Attorney, 12 East Church Street, Frederick, Maryland 21701 (Attention: Ms. Kim Long) or by e-mail (please no facsimiles) to [ECNomComm@FrederickCountyMD.gov](mailto:ECNomComm@FrederickCountyMD.gov).

Remember to include current contact information in the documentation submitted, i.e. home, work, and cell telephone numbers, home mailing address, and e-mail address.

Letters of interest and resumes must be received by 4 p.m. on Friday, September 30, 2016.

Frederick County Government does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

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## FROM THE DESK OF...

## Carroll Valley Mayor Ron Harris

On August 2th the 2015 National Night Out event was held in the Fairfield Fire Hall. The purpose was to strengthen the relationship between the citizens and first responders. It also was an opportunity for our local residents to meet with representatives from different Adams County agencies. Over 400 adults and children were in attendance. Adams County SPCA gave rabies shots and microchipped a number of pets. Boy Scout Troop #76 prepared free hotdogs and chips for the 12 and under crowd. In addition, many more Adams County community organizations came together to share how they can help our local residents. Special thanks goes to our Carroll Valley Borough Police Secretary, Jo Ann Myers (the event coordinator), and our Police Chief Richard L. Hileman II.

I would like to thank the following who met with our residents: Representative Dan Moul, Adams County Constables Association, Adams County Sport Handgunners Association, Cub Scout Pack #76, Carroll Valley Citizens Association (CVCA), the Battlefield Harley Owners Group, Well Span Rehabilitation Program, Western MD K-9 Search

and Rescue, PA Counseling Service Collaborating for Youth, Children's Advocacy Center, Safe Kids, the PA Department of Military and Veterans Affairs, the Adams County Sheriff James Muller, Adams County Constables, the police departments of Carroll Valley Borough, Cumberland Township, and Liberty Township, Katie Myers for the Zumba dance demonstration, Carroll Valley Councilor Sarah Skoczen for Adams County Community Cats and updates on what is being accomplished in Carroll Valley. Also thanks to Dr. Lisa Wolkind, DVM for helping out. To see the pictures of the event, go to [www.ronspictures.net](http://www.ronspictures.net) and select the NNO 2016 galley or go to [Facebook.com/MayorRonHarris](https://www.facebook.com/MayorRonHarris).

The month of September brings with it a time to honor the American worker on September 5th. On a somber note, September 11th is a time to reflect on the lives lost during a terrorist attack on our homeland during the morning of September 11, 2001. Nineteen militants hijacked four planes. Two planes hit the north and south towers of the World Trade Center in New York (2,606 victims). One plane hit the Pentagon in Washington D.C. (125 victims). And, the

fourth plane crashed in Shanksville, Pennsylvania (40 victims) because of the heroic efforts of the passengers. It was thought that the fourth plane's target was the Capitol Building in Washington D.C. I encourage you to take a moment on September 11th to reflect on this horrible event and say a prayer for the victims who died and their families, especially the children.

School has started which means school buses will be on the road again. Let us partner with the parents, teachers, administrators, and transportation personnel to keep our young residents safe when they are being transported to and from school. How do we do that? Follow the law. According to the Pennsylvania's School Bus Stopping Law, when you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended you must stop. When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended, you must stop. You must stop at least 10 feet away from the school bus. You must wait until the red lights have stopped flashing and the stop arm has been withdrawn

before moving. And most important, do not move until the children have reached a place of safety.

I would like to thank the Fairfield United organization for holding a free summer reading club for second, third and fourth graders in the Fairfield Area School District during July. They stepped in after the school district determined they didn't have funds to support the summer school program this year. I had the privilege to be one of the readers. I think they understood my New York accent – "forgetaboutit". They were laughing a lot and that's got to be a good thing! Two campaigns we should be aware of are: the "Drive Sober or Get Pulled Over" and the "2016 Child Passenger Safety Enforcement". The Drive Sober program goes into effect across the country from August 17th to September 5th. Sobriety checkpoints, roving DUI patrols and other enforcement activities will be used during this period. Best advice – plan ahead before going out. Please do not drink and drive.

The Carroll Valley Police Department is one of 60 selected law enforcement agencies in PA chosen to participate in the 2016 Child Passenger Safety (CPS) Enforcement Mobilization Program from September 18th to September 30th. Additional officers funded by Buckle Up PA

will be out working to prevent injury and death to children involved in crashes through the use of age-and size-appropriate restraints. The Mobilization will be enforcement driven through increased understanding of Pennsylvania's OP Laws, improving enforcement strategies, identifying experienced officers to participate, and providing education and community awareness. The Pippinfest event will be held in Fairfield this coming September 24th and 25th. During Pippinfest, CVCA is hosting an Art Show on September 25th at the Fairfield Mennonite Church. Stop in and support your local artisans.

Quick Note: Highland Township has been informed that the work on the Route 116 Muddy Run Bridge at the border between Highland and Hamiltonban Townships will kick off on either September 8th or September 12th. Carroll Valley Borough meetings to be held in September are: Planning Commission (Sept 6th), Public Safety Committee (Sept 12th), Council Borough (Sept 13th), and Parks/Recreation (Sept 28th). Please pay attention to the speed limits and watch out for our young people walking to and from school. If you have any questions call me at 301-606-2021 or email me at [MayorRonHarris@comcast.net](mailto:MayorRonHarris@comcast.net).

## State Representative Candidate Denise Weldon-Siviy

The hardest part about running for the state legislature this year seems to be getting people to realize that there is a race. And I get it. The presidential campaigns are drama central. It's impossible to compete with that for attention, especially if you're running as a moderate focused on financial responsibility.

Yet, despite the lack of interest, the state house race is of paramount importance for several reasons.

We need reps who are American first - One of the reasons that I'm running for the 91st House Seat is that we have to get past the hy-

per-partisanship, the blaming, and the refusing to work together to do what's right for the people. Not that long ago, our politicians were American FIRST. Sure, many of them subscribed to partisan ideologies and pandered to special interests. But after they were elected, they buckled down and worked together to do what was right for ALL their constituents. They defined themselves as American first and then Democrats or Republicans, etc. We don't see that anymore. We have a national legislature willing to shut down the government regardless of the cost

rather than work with the "other" side (as if they were talking about enemy combatants and not fellow Americans). And we have a state legislature that threw a 9-month temper tantrum last year for the same reason. We can't afford to keep re-electing politicians who see themselves as Republican or Democrat first. We need Pennsylvanians and Americans.

We can't rely of just sin taxes - Can you smoke, drink and gamble your way to success? The Pennsylvania legislature seems to think so. The backbone of the revenue plan passed this year is to increase taxes on tobacco, sell more liquor, and expand gambling. Ignoring the very valid ethical question of whether the state should be en-

couraging any of these behaviors, the truth is we can't balance the budget by just encouraging taxpayers to party more. At some point, everyone will sober up and realize that the bar tab still hasn't been paid...

Home owners need a break - Gridlock isn't free. When our state government can't agree on how to pay its bills, or even what to fund in the first place, those bills don't go away. When our lawmakers won't work together to find reasonable compromises, deficits continue to pile up and unfunded mandates in areas like education are passed on to local property owners in the form of higher school taxes. It's time to stop passing the bill to homeowners. We

need to elect lawmakers who are willing and able to work together.

Hyper partisanship doesn't belong in the state house - Too often the first - and only - question that people ask of candidates for public office is "What is your party?" On the state level, I think the answer to that question should be, "What does it matter?" On a state level, it shouldn't matter. National politics is full of extreme partisanship. Perhaps it should be. After all, the issues that divide us by party - ideological and philosophical - are issues that we all know are actually decided on the national level. Our foreign debt and civil liberty disagreements aren't resolved by the Pennsylvania legislature. They're decided by the U.S. Congress and, increasingly, by the U.S. Supreme Court.

What our state government does - or should do - is keep the lights on. It keeps the doors open in our public schools. It keeps our bridges repaired and our roads paved. It keeps our senior centers open and our citizens in need fed and housed. None of these should be partisan issues. Quite frankly, we can't afford to let our state infrastructure crumble because our state legislature is locked in pointless partisan gridlock.

I suppose that really sums up why I'm running. What Pennsylvania needs most is lawmakers willing to put their constituents first. We already have more than enough people in Harrisburg representing their parties. We need people in Harrisburg representing their people. And that's exactly what I intend to do if elected.

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioner Jim Martin

Every August the County Commissioners Association of Pennsylvania (CCAP) sponsors an annual summer conference of county commissioners and other county officials. CCAP invites a motivational speaker for each summer conference. I would like to share the high points of this year's motivational speaker. Her messages can be applied to all of us. They were centered on how we approach each day, each person, and each situation. Ultimately she asked, "What impact does our presence have upon others?"

The first admonition from the speaker was for us to enter each day with a good attitude. Philosophically the foundation of a good attitude is a thankful heart. A local doctor's office is on the right track with that philosophy. Posted on his message board is the question, "What are you thankful for today?" Our speaker's second main point was a challenge for everyone to be a "fountain" and not a "drain". Individuals who are "drains" suck the life out of a discussion or a meeting, while "fountains" lead with positivity and are solution oriented. We need multiple "fountains" to resolve community and county issues. Since returning from the conference, I was delighted to see this pointed message posted in the county: "Be

a fountain, not a drain." Good job!

The third high point addressed by our speaker, and the remedy given, was totally unexpected. She asked the question, "How many of you deal with obstructionists?" Hands went up all over the room. She said you need to challenge those individuals with a simple and polite message, "Be outstanding, get involved, or move on". If necessary to help maintain a good attitude she recommended picturing yourself using sign language similar to the motions used in the YMCA song. "Be outstanding (form an 'O' with arms over your head)"; "get involved (rolling hands like football illegal motion signal)"; or "move on (thumbs outward pointing left and right)".

On the evening of August 18th the Adams County Commissioners had the privilege of riding in the Littlestown Good Ole Days Parade. There was an excellent community spirit as we assembled and rode through town. It was definitely a "fountain" evening as we received warm greetings and friendly comments. Much of my feeling of euphoria may be attributed to a good attitude borne from a thankful heart. Because the day before the parade we welcomed our fifth grandchild, Jackson Paul Cox, to our fam-

ily.

Back to the CCAP Conference; it also provided two spirited resolution debates. CCAP often develops resolutions for debate and future votes. The resolutions, when passed, are presented to state and federal legislators to advocate for issues that affect PA counties. The resolutions are debated from the floor by any conference registered county representative. The first spirited debate came from a resolution to appoint an independent board to avoid gerrymandering following a decennial census. I am voting NO regarding this resolution. Why? Simply because the voters need to maintain their right to have their elected representative at the table during the process of reapportionment. With a truly independent board (if it is even possible to create one) the voter has no elected representation.

The second heavily debated issue was "NOT to allow automatic voter registration". I voted not to allow automatic voter registration because we should be registering those citizens who truly want to participate in the election process. They should recognize that the duty to register to vote is a highly valued American freedom. In addition, automatic voter registration will require addi-

tional administrative time and expense for those that have no participatory intention and it cheapens the honor of registering to vote. I personally argued that just because we have the technology to do automatic registration does not make it right and wholesome.

Regardless of periodic and spirited debates, CCAP is known as the "Voice of PA Counties". One non-controversial resolution was voiced as a message to the state legislators about the 2016-2017 state budget. This resolution objected to the substantial cut in the state's funding for judge's salaries. When the legislators passed the 2016-2017 state budget, state funding was cut by \$30,000 per judge. The resolution demands restoring this cut. For Adams County the cut in funding meant we lost \$120,000 in judge salary assistance. Because judge salaries are mandated, that difference becomes the responsibility of the county, putting additional stress on our county budget.

Even though other similar types of state budget cuts were made for the 2016-2017 budget, the legislators still passed a deficit budget. The budget that was passed had a structural deficit of approximately \$1.2 billion. Ouch! Some of the fiscal-

ly responsible legislators, including Adams County's Moul and Tallman, voted NO for the unbalanced (deficit) budget and questioned the constitutionality of approving a deficit. As the Commissioners of Adams County we have never passed an unbalanced county budget. We regard a deficit spending budget as unlawful and irresponsible.

In the past, CCAP was an extremely strong voice for restoring 911 Emergency Services funding to historic levels. The county, until last year, had a 911 funding drop of approximately \$400,000 per year. Thanks to the advocacy of CCAP and the lobbying of the Adams County Commissioners, new legislation has restored the county funding and potentially added funds. The same effort was put forth to preserve ACT 13 funding (Marcellus Shale Impact Fees). Governor Wolf's proposals threaten the loss of these funds and actively seek to end Marcellus Shale gas drilling altogether. Preserving this funding has brought \$135,000 to Adams County this year for bridge repair and maintenance besides tens of thousands of dollars for natural resource conservation and recreation related projects. Our investment in CCAP has helped Adams County replenish in excess of \$600,000 for this year's budget.

## State Senator Richard Alloway

Over the past several weeks, numerous local residents and animal lovers throughout the country have been following the heart-wrenching story of Libre, a 4-month-old Boston terrier who was rescued from a Lancaster County farm in a severe state of distress. Libre arrived at Dillsburg Veterinary Center emaciated and suffering from a variety of infections. When he arrived at the vet center, those who offered emergency care to Libre reported that he was too weak to even lift his head due to starvation, dehydration and infection.

Thanks to the dedicated care of the Dillsburg Veterinary Center staff -- and an incredible will to live -- Libre has made a miraculous recovery and is now ready to be adopted by his forever family. I had a chance to visit Libre on two occasions during his recovery, and it was hard to believe he was the same animal who had been so close to death's door just a few weeks earlier. His loving demeanor was a gentle reminder that ev-

ery animal deserves a chance to enjoy a happy, healthy life with a caring owner.

Unfortunately, many cases like Libre's don't have a happy ending. Across the state and the nation, too many loving animals fall victim to abuse and neglect. In many cases, the perpetrators of these crimes face few consequences. In Libre's case, the perpetrators are unlikely to ever face any sort of legal repercussions, in large part due to Pennsylvania's lax animal cruelty laws.

As the proud owner of three dogs, I have always had a strong interest in promoting responsible pet ownership and preventing the mistreatment of animals. In each of the last two legislative sessions, I have partnered with colleagues on both sides of the aisle to introduce a package of bills to prevent animal cruelty and hold abusers accountable for their crimes.

This year, those efforts have finally started to yield real results. The Senate approved several pet protection measures, including two bills I authored to strengthen

laws pertaining to tethering dogs and preventing negligent or abusive kennel owners from operating under false pretenses. While these bills are a great start, it is clear that we need to do more.

Libre's story has inspired me to take the next steps to ensure

no animal is forced to endure the kind of awful treatment that nearly took his life. In the weeks to come, I plan to work on a new bill -- Libre's Law -- to better protect animals against abuse and neglect. It is my goal to create a proposal that can earn swift legislative approval so we can finally give defenseless animals the legal protection they need and deserve.

Mahatma Gandhi once said the morality of a nation can be judged by the way the society treats its animals. I am hopeful that my colleagues in the General Assembly will join me in strengthening Pennsylvania's animal cruelty laws to reflect our society's shared goal of ensuring a safe environment for animals who will one day become indispensable members of our families.



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 <b>113 West Main St., Fairfield, PA</b> 2 story colonial, wood floors, summer kitchen, with additional unit. Great investment or downtown business location. <b>\$198,500</b>	 <b>57 High Tr., Carroll Valley, PA</b> 3 BR, 2 BA, LR w/ fireplace, fully equipped kitchen, unfinished basement, utility rm., garage. <b>\$199,900</b>	<b>GREAT SELECTION OF LAND &amp; BUILDING LOTS AVAILABLE!</b>		 <b>13168 Shawnee Circle, Waynesboro, PA</b> 0.31 acres, 2 story colonial, 4 BR, 2 BA, 2 HBA, public water & sewer, 2 car garage. <b>\$242,000</b>	 <b>1095 Hanover Rd., Gettysburg, PA</b> Your address if you are into Civil War or spending time in a peaceful setting. <b>\$254,900</b>

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**11 Deer Tr., Carroll Valley, PA** - 0.46 ac., well req., perc appr., very nice wooded lot approved for sandmount, very close to golf courses & ski resort, easy commute to MD.  
**\$9,000**

**24 Lower Tr., Carroll Valley, PA** - 0.71 ac., well req., perc appr., nice building lot on cul-de-sac, close to ski resort & golf courses. Motivated sellers. Make offer!  
**\$19,500**

**4 Fernwood Tr., Carroll Valley, PA** - 0.86 ac., perc appr. for drip irrigation septic system. Walking distance to ski resort & golf course. Mature trees, easy commute to MD, 12 miles from historic Gettysburg.  
**\$29,900**

**34 Veronica Tr., Carroll Valley, PA** - 0.63 ac., well req., perc appr., beautiful wooded building lot.  
**\$20,900**

**17 & 19 Spring Tr., Carroll Valley, PA** - 1.37 ac., 2 lots being sold together, mature trees, quiet & peaceful, very close to Liberty Mt. Ski & Golf resort, easy commute to MD, Perc appr. for sandmount. Drill a well or public water utility.  
**\$29,900**

**64 Meadowlark Tr., Carroll Valley, PA** - 0.92 ac., perc appr., low perc rate means smaller sandmount. Septic design complete. Attractive lot minutes from ski resort & golf courses. Easy commute to MD, VA & DC.  
**\$29,900**


**13 Oak Ridge Tr., Carroll Valley, PA** - 0.61 ac., peaceful, private outstanding building lot with mature trees, 200 ft. frontage means easy placement for home. Septic design & permit done, well drilled, 625 ft., gpm. Very motivated seller. Feel free to make offer!  
**\$39,900**

**795 Jack Rd., Orrtanna, PA** - 6.45 ac., well at site, perc appr. A beautiful, private lot with lots of wildlife. Trout stream across the road. Septic design & permit done. Just minutes from Liberty Mountain Ski & Golf Resort. Come and build your dream home!  
**\$79,500**

**1875 Cold Springs Rd., Fairfield, PA** - 9.59 ac., well req., perc appr., privacy & seclusion at its best. Close to ski resort & 2 golf courses. Can be used for a hunting location. Very Motivated seller! Feel free to make offer!  
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## THE PASTOR'S DESK

# What is God calling you to do?

Pastor Sue Koenig  
Graceham Moravian Church

Where is God calling you? What is God calling you to do? Jesus said, "As the Father has sent me, so I am sending you." (John 20:21) Where is Jesus sending you? Followers of Jesus are increasingly looking for opportunities to be "doers of the word, not hearers only," and they are finding a multitude of ways to serve others together in the name of Jesus. Mission is being embraced by Christians of all ages and traditions, and people are being called and sent quite literally "to the ends of the earth!"

The Renewed Moravian Church celebrates the founding of Moravian missions on August 21, 1732, the day of the departure of the first Moravian missionaries from Herrnhut, Germany for St. Thomas in the West Indies; and the beginning of Moravian missions and of the modern missionary movement of the Protestant church.

A new understanding of the importance of mission for the Christian life, and the joy, growth and transformation it brings through the Holy Spirit to those who offer themselves in service to one another, and who open their hearts and ears to hear another's story – is renewing and transforming both the church and the world – in God's small, quiet, kingdom ways.

Here are just a few examples of the exciting ways Jesus has called and sent his followers this summer:

The Eastern District of the Moravian Church held its 2016

Synod in Bethlehem, PA from June 22-25. The scripture for the Synod was from Matthew 25, and the theme was "To Us, To Us, This Task is Given." On Thursday, June 23, about 150 Synod delegates and 25 youth fondly known as "The Mission Mob," were sent out to serve across the Lehigh Valley – in food pantries and shelters, Meals on Wheels, nursing care facilities, children's camps, prisons, more than 25 sites in all – to care for the hungry, the thirsty, the sick, the homeless, and those in prison. Where each delegate was to serve was determined by "lot" – we prayed and then drew a card with the name of a mission site from a basket. No one (but drivers) knew where they were going on Thursday morning until Wednesday afternoon! Over and over again, delegates remarked that the Holy Spirit had sent them exactly where they needed to be to grow in their Christian faith! On Wednesday evening, delegates in teams had a marvelous time competing as they assembled and packaged 32,000 meals, all of which were sent to Haiti on Thursday!

The week after Synod, we welcomed an amazing group of students from Gongaza College High School in Washington, DC who came with teachers and student leaders to serve in mission to us – here in northern Frederick County! Their mission sites were coordinated through Seton Center, with whom they have been in partnership for more than 20 years.

They participated in the Thurmont Ministerium's Summer Lunch program where they served lunch and played ball with the

children – which was thoroughly enjoyed by all; they pulled weeds and raked a garden that provides produce for a community meal and the Thurmont Food Bank; and they went bowling with students from the ARC. Other mission sites included Mother Seton School, Seton Center's Communal Garden, Strawberry Hill Nature Preserve and twenty elderly or low-income neighbors in need of general landscaping or household maintenance. For example, they served on the working farm of a widow in Fairfield, helping the family to store hay, pull weeds, etc. and were able to experience milking a goat.

There was also time built in to share faith experiences and practices, and our histories; and to talk about life in our community and ways in which people of faith are collaborating to address issues of poverty and discrimination. The students' ministry and conversations were transformative and inspirational, and new relationships are being forged that will indeed, by the power of the Holy Spirit, transform the world as the students continue to make mission part of a "Rule of Life" and incorporate Christian service in and through their lives' work.

The last week of June, the Graceham Moravian Church sent 11 senior high youth and adults on its 19th annual Senior High Mission Trip. The Mission Team traveled to Elizabeth City, NC where they joined 19 youth groups from 12 different states to serve on 66 crews and work on 44 homes, 394 participants in all! Team members met their "resident," heard their stories, and developed new friendships while building ramps and repairing homes inside and out.

In the Group Workcamps program, residents are invited to have lunch and take part in afternoon devotions, and it is often in these moments of sharing that people become simultaneously those serving and those being served, as hearts and minds are transformed by God's grace and love, instilling



The Graceham Moravian Church meal prep team, preparing food to be sent to Haiti.

life- and world-changing empathy and compassion.

In August, I joined a mission team that served in Egg Harbor City, New Jersey, where six of us from four Moravian churches – in Pennsylvania, New Jersey and Maryland – painted the garage of an elderly couple, and the stairwell of a woman with a broken ankle whose husband had died suddenly. Late on Friday afternoon, we were encouraged and inspired to "finish the job" by the youngest member of our group – a young woman who steadily worked on homework for her soon-to-begin tenth grade school year while we drove – who was willing to sacrifice dinner and a trip to beach to ensure that the painting was complete!

Our young companion was thrilled to hear from a friend who returned that day from a Young Adults mission trip to Cuba. And speaking of Cuba, at a meeting of the Catoctin Community Medical Fund in August, past Board president, John Maschmeiser announced that he and his wife, Nancy will be traveling to Cuba this fall to provide and adjust wheelchairs for those in need through an organization called Joni and Friends. They join others in our community who have been in Kenya, India, the Gulf Coast, Staten Island, South Africa, and many other places, serving in Christ's mission around the world.

Throughout the summer, there were lots of local mission activities

to which the people of God were called and sent to serve: Vacation Bible Schools – some a week long, others one day – all sharing the love and good news of Jesus' life, death and resurrection; school supply collections and distributions; Food Bank and Pantry ministries; visitation and other caring ministries; helping agencies. Jesus is sending his followers to be doers of the word and they are being transformed and transforming the world through the relationships they form with others, and their service in Jesus' name!

Through God's grace and the Holy Spirit, we are being called and sent, servants of the One who came to serve, God's Word, Jesus Christ.

But not for us alone this news,  
was brought by Christ our Lord.  
'Twas meant for all the world to hear  
and thus with one accord  
with all God's children everywhere  
his name and sign with pride we bear,  
To us, to us, this task is giv'n:  
to spread God's word.  
Amen.

To learn more about the Graceham Moravian Church visit them online at [www.gracehammoravian.org](http://www.gracehammoravian.org), or better yet, join them for service on Sunday at 8231-A Rocky Ridge Road in Thurmont.

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# The first dismemberment of Poland



## September 18

The iniquitous partition of this country between the three powers of Russia, Prussia, and Austria, was first accomplished on the 18th September 1772. For many years previous, the distracted condition of the kingdom had rendered it but too easy and tempting a prey to such ambitious and active neighbours as the Empress Catherine and Frederick the Great.

A war was on the point of breaking out between Russia and Austria, and Prussia would have been unable to avoid being drawn into the conflict. It was the interest of Frederick at the time to preserve peace, and he accordingly sent his brother, Prince Henry of Prussia, to St. Petersburg, to endeavour to bring about an adjustment of matters. Some overtures made to Frederick by the Prince of Kaunitz at the conference of Neustadt, and some expressions which escaped from Catherine, had induced Prince Henry to form the idea that a dismemberment of Poland might satisfy the ambitious aspirations of all the potentates, and prevent the contingency of war.

Austria, on her part, demanded that Russia should restore to the Turks the conquests which she had made from them during the late war, and insisted more especially on the reddition of Moldavia and Wallachia. Russia, on the other hand, far from showing a disposition to be dictated to, claimed the right herself of exercising this privilege; and hostilities were about to commence, when Prince Henry of Prussia suggested to Catherine the project of dismembering Poland. The empress was at first astonished, and probably chagrined, at being expected to share with others what she already regarded as her own property. She condescended, nevertheless, after some reflection, to entertain the subject which had been mooted to her by the prince. It was agreed between them that Austria should be in-

vited to accede to the arrangement; and in case of her refusing to do so, the King of Prussia engaged to furnish Russia with assistance against Austria.

This last-mentioned power was at that moment in alliance with Turkey, and by acceding to the proposed partition, laid herself open to the resentment of France; but, finding herself obliged to choose between partition and war, deemed it most advisable to adopt the former alternative. The plenipotentiaries of the three courts signed at St. Petersburg, on 5th August 1772, the formal stipulations of the Partition Treaty.

In this document, the boundaries of the territories which should be assigned in the division to each of the three powers were settled and reciprocally guaranteed. The actual execution of the dismemberment was deferred to September, on the 18th of which month it was completed. The Empress of Russia, by the same convention, bound herself to restore Moldavia and Wallachia to Turkey.

Since the previous year, the governments of Vienna and Berlin had been advancing their troops to the frontiers of Poland. The king of Prussia had carried off from Great Poland more than twelve thousand families, and sent them to people the barren sands of his hereditary territories. Austria had laid hold of the salt-mines, which supplied one of the most valuable sources of revenue to the Polish crown. Soon a manifesto was handed to King Stanislaus and the senate by the Austrian and Prussian ministers, declaring that their respective sovereigns had come to the resolution to make available certain ancient rights which they possessed over a portion of the Polish territory.

Some days afterwards the envoy of the Empress Catherine made a similar declaration on the part of his mistress. The three powers specified subsequently in individual notes the provinces which they desired to appropri-

ate in virtue of their pretended rights, and in pursuance of this announcement proceeded forthwith to take possession.

The king of Poland and his

ministers protested in vain against this act of spoliation, and sought, but ineffectually, the assistance of those powers by whom the integrity of their territories had been assured. The leading powers of Western Europe, Great Britain and France, remained shamefully passive, and permitted a flagrant breach of the law of nations to be perpetrated almost without remonstrance. Too feeble, then, to offer any effectual resistance, and finding no help in any quarter, the unfortunate Stanislaus was compelled to accede to any terms which the trio of crowned robbers chose to impose. A diet summoned at Warsaw appointed a commission to conclude with the plenipotentiaries of the three sovereigns the necessary treaty of dismemberment.

The convention was signed at Warsaw, and afterwards ratified in the Polish diet. Of the territory thus seized and distributed, Austria received as her share






about 1300 German square miles (15 to the degree), and a population of 700,000; Russia, 4157 square miles, and a population of 3,050,000; and Prussia, 1060 square miles, and a population of 1,150,000. It included about a third of the whole kingdom, and some of its richest provinces.

The three plunderers—Catherine, Frederick, and Joseph—bound themselves in the most solemn manner to refrain from asserting any further claims on the provinces retained by Stanislaus. It is well known, however, how shamefully this compact was violated, and how, by a second partition in 1793, and a third in 1795, the remaining territories of Poland were divided between the three powers, her king deposed, and herself obliterated from the map of Europe.

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## COMMENTARY

## Words from Winterbilt

## Race and police

Shannon Bohrer

For several years the issue of how police interact with minorities, specifically black minorities, has been a major topic in our nation. Do the police target black people and do they treat black people differently? Many believe that black people are treated differently and even shot more often. According to others, that is just the perception of a small segment of society. Recently, after the well-publicized reported shootings of two black males, one in the south and one in the north, the press and the public seemed to have had a rush to judgement. If we immediately believe or indicate that the officers are guilty, then we are guilty of pre-judging without an investigation. Pre-judging does not help resolve any problems and can sometime compound the issues.

In response to the numerous reports of black persons being treated differently by the police the "Black Lives Matter" movement was created. At a "Black Lives Matter" rally in Dallas, which was peaceful, an individual shot 12 police officers, of which 5 died. As someone who spend my while career in law enforcement, some of the information from both side is hard to digest.

I have written about these issues before. As I have said, one of the first mistakes we often make is to make judgements on limited information. The problem with these judgements

is that rushing to conclusions, even when videos seem to have captured parts of the incident(s), is not a sound investigative technique. Until there is a complete investigation we don't know what happened. Even then, there will still be different perceptions.

The differences that we have that affect what we see and hear are well known in the law enforcement community. Sitting in a court room and listening to the testimony on both sides one can sometime wonder, if they are describing the same event. What is sometimes unusual is that while this fact of different perceptions is well known in the law enforcement community, there are instances when the law enforcement community does not believe it applies to them.

The Michael Brown case from Ferguson Missouri was a rush to judgement and is often brought up in the news coverage related to this topic. The context is simple; Michael Brown was an unarmed black teenager that was killed by the police. However, there is a problem in using Michael Brown as an example of excessive use of force. The problem is that the Attorney General's report said that Michael Brown was a justifiable homicide. The report is on line and easy to find, all 86 pages. The physical evidence, which is supported by witnesses, showed that Mr. Brown went into the officer's car, trying to take his gun. Michael Brown's DNA was inside the car, on the officer's uniform and on the officer's

shirt collar. When someone is trying to take an officer's gun, they are not taking it to take in home, clean it and then return it. If Michael Brown had been successful, then Officer Darren Wilson would probably be dead. The Attorney General, Eric Holder, even said that "Hands up, don't shoot" never happened. And yet Michael Browns name appears to be used as an example of excessive use of force by the police.

While Michael Brown is not the poster child that he is sometimes portrayed as, the city of Ferguson Missouri, where the incident occurred, is the poster child for bigotry and prejudice behavior by the judicial system. The report of the investigated by the Justice Department was forthright and blunt. Again, you can find the report of line, all 105 pages. A quote from the report, "Ferguson's approach to

law enforcement both reflects and reinforces racial bias, including stereotyping. The harms of Ferguson's police and court practices are borne disproportionately by African Americans, and there is evidence that this is due in part to intentional discrimination on the basis of race." The quote does not begin to describe the pattern and practices that I would not have thought existed in our country. I am not talking about a few bad officers; I am referring to the entire police and criminal justice culture. There are numerous examples that would make one think the citizens of Ferguson lived in a communist country. If you were a black person living in Fer-

guson, you may not believe the Justice Departments' report on the investigation of Michael Brown's shooting - because of your experiences.

On April 7, 2015 a white police officer in South Carolina shot Walter Scott, a black man. The shooting was filmed by a bystander and it showed the officer shooting Mr. Scott in the back as he was running away. The officer, Michael Slager, lied on the police report and was charged with homicide and is awaiting trial. If, the incident was not on film, would officer Slager have been charged? Some say no.

In October 2014, Officer Van Dyke, Chicago Police Department, shot a young black man, Laquan McDonald and it was witnessed by other officers and captured on film from a police car. Officer Van Dyke said that Laquan McDonald had lunged at him with a knife and he shot to protect his own life. Other officers at the scene submitted reports that supported Officer Van Dykes account. While the shooting occurred in October 2014, there was no indication that Officer Van Dyke would be charged with any crime until November 2015, 13 months later. Officer Van Dyke was charged just hours before a court ordered the release of the in car video, which showed Officer Dyke shooting Laquan McDonald.

The film that was released showed Officer Van Dyke shooting Laquan McDonald, 16 times while he was walking away from him. And most of the shots were fired after Laquan fell to the ground. The police department knew the contents on the film, the officers at the scene that submitted reports either lied, or just wrote what someone told them to write.

From the night that the shooting took place, the police, the investigators and supervisors and the prosecutor's officer - all knew what happened, at least it appears that way. So, the question is, if the court had not ordered the release of the film, would Officer Van Dyke have been charged? Remember, South Carolina Officer Slager was charged shortly after shooting Walter Scott. Was it because the film was immediately released? So, when people say that black people have been mistreated for a long time, but they were not believed, maybe there is some truth to it? A special prosecutor is being appointed to conduct an investigation of the McDonald case. If I was a minority, I might even question the special prosecutor. Since everyone in authority knew what was in the film, was there a cover up?

Incidents where officers mistreat and/or with no justification shoot someone, of any color, offend me. I do believe that most officers do not or would not engage in this behavior. But I also understand why "Black Lives Matter" exists. Black lives should matter, at least as much as white lives. I do not have an answer that would solve this problem, but I do know where to start. Officers involved in racist behavior need to be held accountable. This accountability includes; investigators, supervisors and prosecutors that ignore and/or cover up those actions. Until there is accountability for the behavior - things will not change.

*To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.*

## Common Cents

## The Golden Fleece Award

Ralph Murphy

Senator William Proxmire (D-Wisc.) issued a monthly Golden Fleece Award from the mid 1970's to his retirement in 1989. In it he bemoaned program costs relevant to legislative debate over the national debt and annual budget. His concerns were for programs costing thousands of dollars. Today they would stand in the hundreds of billions. The United States Constitution Article 1, Section 9 demands "no money shall be drawn from the Treasury, but in consequence of appropriations made by law and a regulated account of receipt and expenditures of all public money shall be published from time to time". The law presumed there was money in the Treasury and deficit spending wasn't an option. No penalty was stipulated for non-compliance, but federal and private agents have recently pilfered that central storage bank, and by government admission there was no effective audit process to discern the account and spending sources clearly required of officials.

The Budget Accounting Act of 1921 was the first legislation that required the Executive body to present

a budget proposal for Congressional review. It created the predecessor to today's Office of Management and Budget (OMB) that assesses spending requirements it perceives necessary for all federal programs. While not a Presidential prerogative - the budget proposal as it evolved does roughly approximate that approved by Congress, though in recent years it has been routinely higher. It amounts to a "political statement" for funding of desired programs, but Congress has the final say as the President doesn't have legal control of the budget process. That office doesn't sign the final bill approved by the House of Representatives and Senate.

This past February, President Obama presented a \$4.1 trillion budget request to Congress. The House is currently working on its own version which now stands at \$3.872 trillion and this has to be coordinated with the Senate for final approval. Again, once the budget is approved- the money is simply made available. There is very little scrutiny in the current review process and a balanced budget hasn't happened since the Democrats pushed economist Maynard Keynes's idea of deficit spending in the 1930's. There's

very little competition in the current billing process. There is also no effective, legal requirement for a process where bills are compared with budget authorized expenditures. The result is a "blank check" process of program payment which surely would be curtailed- even ended- with any type of real competition associated with competitive bidding.

It's not just about a program being assessed as to demonstrated need, but the absence of a rigorous, billing review process once a program has been approved. Something that the framers of the Constitution did not foresee when they thought about the possibility of incurring Federal debt. The OMB is paralleled in many functions by the Government Accountability Office (GAO). The GAO's leadership is appointed by the President, but the office is housed in Congress. Considered non partisan- it serves to "audit, evaluate, and investigate" current spending. It is further involved in "all matters relevant to the receipt, disbursement, and application of public funds". That effort appears designed to afford "greater economy or efficiency in public expenditure". All agencies are supposed to be scrutinized by the GAO as it remains the only Federal audit agency that can conduct the needed reviews.

The GAO has failed to provide the needed audits since 2010 as, by its own admission, it is subject to "widespread internal control weaknesses, significant uncertainties and other limitations". The agency singled out the Department of Defense (DOD) as having presented obstacles that made financial statements for their whole budget "un-auditable". The DOD has the largest, discretionary bill. The DOD bill is also one of Congress's top expenses, but one where the GAO exercises little formal scrutiny. Defense spending is currently well over \$600 billion annually. The materiel and personnel expenditures are not subject to real market competition.

The GAO lament as to DOD costs were echoed by the Defense Department's Inspector General who bemoaned "internal control weaknesses that affect the safeguarding of assets, proper use of funds, and impair the prevention and identification of fraud, waste, and abuse". The billing therefore continues, but it's not clear who gets the money as it can't be audited or traced under the current system.

If the system was audited, it would probably streamline spending. A balanced budget requirement would surely help this effort. The budget may actually be balanced because everyone is apparently getting paid. At least, recent press reports fail to indicate any large-scale claims of non-payment for federal programs. Profit

margins are, however, almost unchecked and interest on the national debt was about \$223 billion last year with an annual deficit of \$438 billion. That means almost everyone got their money from real assets such as taxes and fees that generated over \$3 trillion in revenue. Much of that money, which is about 25% of the nation's earnings would have been better invested and subject to market influences and private sector demands.

The Constitution requires budget scrutiny. Congress assumed the appropriations role and the President can't even vote on the budget once it is approved. GAO is the only official organ of restraint or review in the current process. Given current policies, they can't perform this function. Even if they could- there is no real budget constraint beyond self imposed spending "caps" that are disregarded by the Congress almost every year. The budget comes due on 1 October each year. An effective, discretionary audit authority that would examine the real need for expenditures is long overdue and would be more effective if it just "refereed" spending needs based on real program competition and associated billings- in a balanced budget framework. An Executive veto option of the final Congressional Budget bill might help as well.

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# The American Mind

## The devaluation of labor

William Hillman

Life is so much more than just satisfying the basic needs. The human spirit needs a purpose. Individuals need something to build. No welfare state, no amount of monthly stipend can satisfy the needs of the human spirit. When we are prevented from being productive, we can become destructive.

As the devaluation of labor continues to spread across the country, and through the job market, will the destruction of the human spirit follow?

The middle class and below continue to fall further behind. On the surface, the latest job numbers look good, with 287,000 new payrolls added. Unfortunately, a big percent of these “new jobs” were striking Verizon workers returning to work. Of the jobs actually created, most were low paying hospitality and healthcare. The participation rate is anemic and the number of unemployed working-age men has never been lower.

Prosperity is never coming back to the inner cities. The wastelands that we see in Detroit, Philadelphia, and Baltimore etc. will not go away. The violence and despair may be permanent. Get used to it. And it's going to keep spreading.

During the early and mid part of the last century, there was a massive migration of African-Americans

from the South to the cities of the North. This migration was spurred by the post-war manufacturing expansion. The cities offered good paying semi-skilled jobs. Taxes from the manufacturing industries fueled generous welfare and a support network.

All this collapsed. Foreign trade agreements, cheap foreign labor, the invention of intermodal shipping containers all contributed to those factories leaving the cities and heading overseas. Those that did stay modernized and automated. Cheap skilled labor in the cities was no longer needed. The people in the cities were no longer needed.

What to do with the inner city population? The answer that came from the progressive elite was simple. We just pay them off. Provide enough money for subsistence. Feed them and put them in housing. Provide food and shelter and a monthly check for other needs. What else could anyone want?

We now see how dangerous this thinking is. The human spirit needs more than to just survive.

My entire life I've considered myself a capitalist, but true capitalism may have a very real flaw. A very large part of capitalism is the accumulation of capital or “wealth”.

The end of capitalism is everything owned by one person and the cost of goods and labor is zero. The

“invisible hand” of Adams, has been a great thing and still is. But have we passed the point of “division of labor” and are now on a path to eliminate labor.

The manufacturing jobs that provide enough to support an entire family are gone. We have reached a point where repetitive manufacturing, semi-skilled, and even highly skilled jobs are priced so cheap via automation and cheap foreign labor. It is not that anyone has taken them, or there is some great conspiracy beyond maximizing profits. Labor evolution has led us to this point.

Massive immigration will just fuel this fire. As will trade deals that benefit corporate profits and foreign workers at the expense of American workers.

These trade deals made over the last 20 years may have increased the standard of living for the already wealthy in this nation and the poor in China, India, etc., but they have done so at the expense of the middle class and the poor in our own Nation.

In the Dicken's novel “Bleak House”, there is a caricature named, Mrs. Jellyby. She is obsessed with helping some far-off African tribe. Blinded by her “telescopic philanthropy,” she ignores the needs of the children around her and her own community. Charity begins at home.

We, as a nation, can give Iran half a billion dollars without blinking, but will cast aside 1,000 of our own tex-

tile workers to save a penny per shirt.

Let us take a short glance at the race for President.

At the time I write this, we are two weeks from labor day, five weeks from the first debate, and 11 weeks until the election. Traditionally, not much that happens before Labor Day matters much in these campaigns.

It seems that Donald Trump can't open his mouth without the media dissecting his words and then editing them to suit their narrative of hate and anger. The first big brush-up concerned the comments he made about the Khan family and their nasty speech about Trump during the DNC. It's interesting that the media conveniently forgets that Mr. Khan threw the first punches. They also ignored the majority of the interview in question where Trump compliments the service of Khan's son and family. The entire episode was ginned-up.

It has been reported that the Khan family was paid \$25,000 to make the speech. The speech was not written by Mr. Khan, but Bill Clinton's wife's staffers. The copy of the Constitution he used as a prop was bought hours before the speech and then returned after the speech. Mr. Khan is an immigration lawyer in New York and his firm is deeply in debt. He owes \$850,000 in back taxes. Supposedly, five other gold star families were asked to speak at the convention and all refused.

My favorite mass media repack-age was the crying baby. When I first heard the report I couldn't believe Trump said those words and

had actually kicked a baby out of his rally. Well, I went to YouTube and watched. Once again, what was reported had no basis in reality. The video clearly shows Trump interacting, joking, and having fun with the mother and her baby. In interviews after the event, even the mother of the child did not understand what all the hype was about. She is a big Trump supporter and had a great time.

While Trump's been tripping over his words, Bill Clinton's wife is sinking deeper and deeper into her email scandal. Besides the litany of federal laws that she willingly and unapologetically broke, Clinton's wife insists she's above the law. Investigations into the latest emails released show correlation between donations to the Clinton Foundation and access to her State Department. I can think of no worse crime, short of outright murder, than the sale of government regulations and laws. The influence of lobbyists and campaign donors is bad enough, but Clinton's wife has brought this insanity to a whole new stratosphere. Clinton's wife believes in a two-door access to government: one for the wealthy and well guarded, that's always open with an express elevator to the top, and one for the rest of America. We are not sure when that door opens. We are told that door is for us, but the guard does not let us in. Much like the door of justice in Kafka's “The Trial.”

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# Down Under

## Innocence

Lindsay Coker  
Melbourne, Australia

*We were twinned lambs that did frisk  
I the sun, and bleat the one at the  
other; what we changed was inno-  
cence for innocence; we knew not the  
doctrine of ill-doing, no, nor dreamed  
that any did.*

—Shakespeare, *The Winter's Tale*.

Recently we have had some shocking revelations here in Australia over the treatment of aboriginal children in detention. Indigenous peoples here have always been treated as second-class citizens, more often as non-people with very few rights. There is an analogy here to the treatment of the descendants of slaves in your country, with both over-represented in jails, in low standard housing and jobs, in gangs on drugs, with distrust and dislike from whites and a desire to have them out of sight and mind.

The practices exposed in the past month by investigative journalists and aired on television have shocked the public and sent politicians scurrying for cover. We all knew, or guessed, that the treatment of adult natives was pretty ordinary, but probably justified as they were booze-addled no-good riff-raff who deserved what they got – but when the images of fifteen-

year-olds strapped to chairs, hooded, left in solitary, being thrown to the ground, stripped, handcuffed, kicked and slammed in to walls went to air the outcry was immediate and loud.

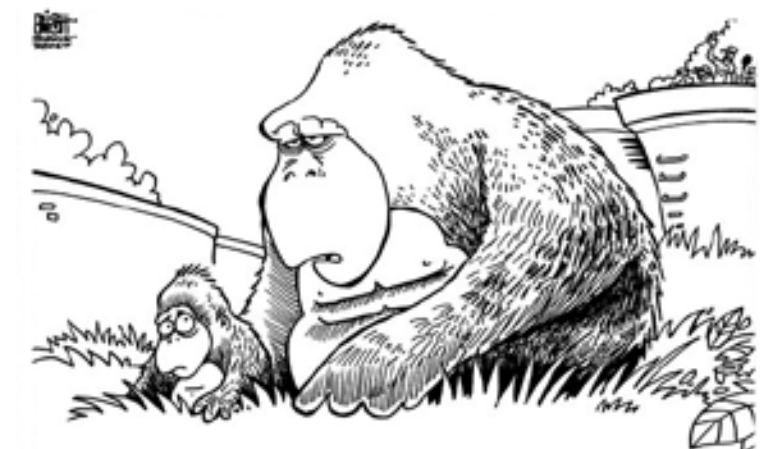
It soon became apparent that the relevant politicians and police officers had known about it for quite a while, but were either too stupid to realize the outcry if it was exposed or convinced that it was in the interests of safety, law and order, and thus mandated by society. Maybe both, but the federal government finally got the message and have now appointed a royal commission to look into it. After many years of ignored reports, inquiries and pleas, such is the state of our political parties at present, (almost equally divided in the lower house, minorities holding the balance of power in the senate), there is no chance of it being swept under the carpet ever again.

Sickening as that revelation was, it is, by comparison, far less evil than the training of child soldiers in Africa. These youngsters will never be ‘human’ in the normal sense of the word, for children are permanently moulded by such overwhelming experiences, and the destruction of their innocence will leave them without the ability to know the difference between the right to have life and death, or to look on others as trusted friends, to raise their own children with understanding in peace.

Roumania tried this kind of thing after the second world war when they deprived babies of human contact, while many children have been, and are exploited and fatally desecrated by the pernicious sex trade, or made to become drug mules or – the list goes on and on in heartrending detail – but there is one practice that, to my mind, far outweighs all these horrors. That is the introduction of children to the world of firearms.

Not to turn them into soldiers, not to exploit their innocence for gain, but to mould them to a way of looking at society as being dangerous, inimical, and threatening. The worst aspect of this is the learnt conviction that if they ARE threatened they can take their gun and kill the person who they believe is threatening them. That it is morally right, legal and justified. That their own safety is top priority, that others matter less than them, and that asking questions can be done after the deed. This is so illogical, so contrary to every value and teaching upon which civilisation has been built that the outcomes upon society and community can only be contemplated with horror.

The consequences for the children themselves can only be much worse. To teach children that the value of a human life is theirs to determine is to place upon them a burden so heavy that sanity will decay, compassion be erased, and paranoia become the norm. It may be introduced as a game, or as a necessity to preserve their life, which is to instil the concept of ‘me first, second, and before all else.’ The stuff of megaloma-



**WHATEVER YOU DO, STAY ON THIS SIDE  
OF THE FENCE. THEY'RE CRAZY OVER THERE**

nia, not relationship; of superiority, not cooperation – and that is an outcome too terrible to think about in everyday life or in international policy.

Except think about it we must, because the American gun lobby has become feral, both in its pursuit of profit and dismissal of the consequences. The welfare of children and families is secondary, the heartrending outcome of innocent death upon the families involved a minor price to pay, the descent of society as a whole into meaninglessness is morphed into a gulag of glad acceptance. For this is the consequence – society is perverted when children are abused. Any and all children, with the adoption of guns as a way of life an abuse approved by government.

That is the real repulsion of your society: That state sanctioned death by individual is condoned and accepted. One of the purveyors of this sickness could become your president, lend-

ing a Mephistophelean image to your world presence, the boast that he could go and shoot someone and not lose support being worse than anything Hitler or Stalin ever dreamt up. Consequences have always been a deterrent, the outcome of murder being the most severe, but not, apparently, in this case, meaning the rule of law is broken, that lawlessness reigns, and that the gun lobby is right.

What a sad conclusion about one of the greatest, noblest and most tolerant countries to have existed. That children, living in innocence and love, are made aware of the existence of the doctrine of ill-doing, that life is frightening and dangerous, that the lights of fairyland are actually from a laser rifle sight. My heart breaks at such a picture. I hope yours does too.

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## THE (retired) ECOLOGIST

# The voice crying in the paradigm shift

Bill Meredith

*"All of the rivers run into the sea; yet the sea is not full. Unto the place from whence the rivers come, thither they return again."*

—The Preacher, Ecclesiastes 1:7.

*"The voice crying in the Wilderness" originally was the beginning of a prophecy from Isaiah 40; now, it refers to someone who expresses an idea or opinion that is not popular."*

—The Cambridge Dictionary of American Idioms.

The Olympic Games are over and August has passed, taking with it our 61st anniversary and leaving us a bit more depleted. The weather is still uncomfortable, but summer is winding down. I notice it in the mornings; a month ago, when I got up the sun would be shining, but now it is still dark. Each day is about two and a half minutes shorter as the equinox approaches, and both plants and animals are aware of it... not in the sense of human awareness, but their biological clocks detect it, new hormones are secreted, and they respond. Some of them are a bit confused; one of the Easter Lilies that we brought home from church and stuck in the flower bed seems to think Spring is coming, and it burst into bloom today. The young cardinals are molting into their semi-adult plumage, while the goldfinches are taking on their winter's brown

oufits. And last week our male hummingbird chased his wife into the plum tree and made her watch while he performed his traditional mating dance, zipping back and forth on an arc like a pendulum on a 20-foot string. She didn't seem impressed; her annoyed chirps seemed to be telling him to stop wasting the energy that he will need soon for the migration back to South America. So part of the ecosystem seems to be on its normal cycle. But we humans aren't doing quite as well.

In three weeks summer will go into the history books as the hottest on record. The political candidates seem not to have noticed; one of them denies that climate change exists, and the other is too busy with e-mail controversies to discuss it. But for the folks in California and Louisiana, the change can't be denied. California has been under a drought for the past decade; it became a tinderbox, and fires have been getting worse for the past several years. Last spring was unusually wet because of rains from El Nino, but the drought returned in the summer, and August brought the worst fires in memory. In Louisiana, places that never flooded before are under water, and it is draining away more slowly than floods did in the past. The Preacher in Ecclesiastes was right about the water cycle, as we all learned it in elementary school; but he didn't know about glaciers and polar ice caps. As they melt away at faster and faster rates, the sea is getting full. Water that would have gone on down the river in Mark Twain's time now has nowhere else to go.

Everyone knows things change as time goes by, but most of us are so busy trying to cope and keep up that we don't realize that changes come in a pattern. In my own case, I can actually pin down the time when I became aware of this; it was in the fall of 1962, when I had just started back to graduate school. A physicist named Thomas Kuhn had just published a book called *The Structure of Scientific Revolutions*, and everyone at the University of Maryland was raving about it. I got a paperback copy and tried to read it, but it might as well have been in a foreign language. In fact, it was... scholarly writing often uses a technical vocabulary that is unfamiliar to those in a different field. But some of my biological friends understood it, and from them I began to grasp the general meaning of it. It turned out to be based on things that everyone learned in High School.

It goes like this. When people ask great questions like "How does the universe work?" they begin to study details and put them together into a collection of ideas called a Paradigm. For example, ancient scholars believed that the earth was the center of the universe, and all of its other parts... sun, moon, stars, planets... revolved around the earth. If you were outside guarding a herd of sheep and looking at the night sky, that made sense. However, as time passed and star-watching became the province of experts who measured things and wrote them down, certain details didn't fit the earth-centered paradigm. Planets, for instance, seemed to move around the earth part of the year, but then some of them would turn around and go the other way. Astronomers invented a theory of epicycles to explain that, but as more discoveries were made, their theories got more complicated and contradictory. Then, in the early 1500s, a Polish scholar named Nicolaus Copernicus proposed that the sun, not the earth, was the center of the universe. This was a new paradigm; it explained the problems with the old one, but it also required that people stop believing many of the old ideas that



"What if we don't change at all ... and something magical just happens?"

had been considered to be true for centuries. In other words, it required a Paradigm Shift. Copernicus knew it would be controversial, and he feared that he might be convicted of heresy for it, so he did not publish it until he was on his deathbed. Then, it quickly became accepted by a few younger scientists, but many older scholars continued to believe the old paradigm until they died.

A few decades later, the telescope was invented, and Galileo used it to show that some planets had moons of their own. As more new discoveries followed, it began to look like Copernicus had been wrong; the sun was not the center of the universe after all. Galileo died in 1642, and Isaac Newton was born in that same year; and Newton revolutionized science. He discovered the nature of light, explained how telescopes work, proved that the orbits of planets were ellipses instead of perfect circles, and formulated the Laws of Gravity; and to explain all of that, he developed a new type of mathematics called Calculus. Inevitably, another Paradigm Shift occurred; younger scientists quickly accepted the new ideas, but many older ones did not understand or grasp their importance. And then, history repeated itself. Over the next two centuries new discoveries were made that could not be explained by Newton's paradigm. Then in 1905 Albert Einstein produced the idea of Relativity, and another Paradigm Shift occurred.

As I said above, everyone knows things change as time goes by. When Thomas Kuhn wrote in 1962, he referred specifically to changes in physics, but in the following 54 years we have seen Paradigm Shifts in most other disciplines. My generation saw one in biology in the 1950s. When I took my first course in Genetics in 1953, I was taught that genes consist of protein; I didn't know that at that very time, over in England, Watson and Crick were on the verge of discovering the structure of DNA. That caused such a surge in biological and medical research that, by the time I taught Genetics for the first time in 1961, I could explain to my students how genes store information and make proteins.

We are living in a Paradigm Shift now. Clear evidence tells us that humans are causing climate change; it is probably believed by a majority of citizens, but vested economic interests oppose effective action in response to it. Around 750 BC, the prophet Isaiah called himself "a voice crying in the wilderness" when he predicted the coming of Christ; and today when we ecologists write of climate change, we feel like voices crying in the Paradigm Shift. It is discouraging; but we have to keep doing it. What we predict will not be delayed for 750 years. It is happening now.

To read past editions of *The Retired Ecologist*, visit the *Authors* section of [Emmitsburg.net](http://Emmitsburg.net).

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# Black Bears—a sense of wilderness

**Tim Iverson**  
Naturalist

The American Black Bear, the largest animal found in Maryland, exemplifies a sense of wilderness not often seen or felt by many of us. Often a sense of danger and alarm arises if we stumble upon one or discover they live in the area. The reality is that humanity poses far greater danger to them, but here in Maryland they tell a success story of conservation policy and effective natural resource management.

Black bears are found commonly along the East and West coasts, the Appalachians and Rocky Mountain Ranges, Alaska and Canada, and in small pockets in the Southern US. They have the largest geographic range of any bear in North America. Often reclusive, they prefer to avoid contact or confrontation with people. This avoidance helps make them the least dangerous bear in US. Reliable black bear attack statistics are difficult to come. Best estimates put fatalities at close to three per year. You have significantly higher odds of dying from a lightning strike (51 fatalities per year), automobile accidents (30,000+ per year), or dog attacks (average of 20 per year). This avoidant behavior is likely an evolutionary defense mechanism. Black Bears were cohorts of massive and highly aggressive prehistoric animals like Saber-toothed Tigers, Dire Wolves, and Short-Faced Bears. In order to avoid unwinnable confrontations black bears preferred to stay in rocky mountainous terrain covered in thick vegetative cover. By developing their rather timid demeanor they were able to survive for millennia and this behavior still serves them well.

Black bears have hearing and sight comparable to humans, but have a highly developed sense of smell. Their noses are seven times stronger than that of a dog, and can smell food from over a mile away. In the wild they live about 20 years, but in captivity have lived as long as 44 years old. Most of their diet consists of fruits, roots, and plants – berries are a particular favorite. Occasionally, black bears will kill young deer, and regularly scavenge for ants or other insect larva, and fish. They're not above eating trash and carrion, especially after emerging from hibernation.

Before settling in for a long winter's nap, sometime during October or November, black bears need to put on a lot of extra weight. During hibernation they can lose between 20 – 40% of their body weight. Depending on the regional climate hibernation can last from 3 – 8 months. In order to conserve energy body processes and metabolism slows dramatically. The heart rate will drop from 40 – 50 beats per minute to just 8! Hibernation is a great evolutionary adaptation that helps bears survive more difficult colder months

where food is not as abundant. In the deep south, like Florida, Louisiana, and Texas, only pregnant females or mothers with yearling cubs will hibernate. During hibernation the bear's body does some incredible things. While snoozing the bear will retain all excretion and produce a hormone called leptin which suppresses appetite. Pregnant females will also give birth during hibernation.

Mating season for the black bear can run from May to August. During this time black bears (both males and females) will have several different mates. A female will leave scent trails by marking trees, small plants, and more in order to attract a mate. Males will follow these scent trails to find the female bear. Occasionally more than a single male will follow a trail, which leads to a fierce confrontation. After a male does eventually locate the female he will spend several days edging closer and closer to her while she becomes accustomed to his presence. Eventually the two will get close enough and they will begin to nuzzle one another and communicate. It's after this ritual when their relationship is consummated. The male and female will generally spend two to three days in throes of love mating several times. Once their amorous behavior has ceased they will go their separate ways in attempts to find another new suitor. While a female bear may have fertilized eggs they will not develop or attach to the womb until she settles down for hibernation. This evolutionary adaptation of delayed implantation is unique in the animal world, limited to just about 100 species, and highly useful. It ensures the body of the mother will be viable and healthy enough to support a pregnancy and give birth. It's in late January and February that one to three cubs

will be born and will nurse from their mother until they emerge in spring. These cubs will stay with their mother for approximately 12 – 18 months. After this period they will then set out on their own in search of new territory.

In Maryland black bears were nearly extirpated, meaning they were almost driven to extinction here. When the early settlers arrived bears were commonly found throughout the state. Bears were feared to be dangerous, ate crops, and may have been prone to livestock predation. As a result they were hunted widely. Settlers also cleared large amounts of land for commercial and agricultural use reducing the amount of suitable habitat available to them. In 1972 black bears were placed on the Maryland state Endangered Species List. In 1991 there was an estimated 79 bears left in Maryland. Over the course of the subsequent decade's habitat quality and amount increased and regulations protected bears. In 2000 MD Department of Natural Resources conducted a census and estimated there to be 227 bears in the state. By 2005 another assessment was done and the population was estimated at 326 bears within the state. The most recent population survey, conducted in 2011, estimated there to be 701 bears in Maryland. Currently MD DNR estimates there to be over 1000 bears within the state.

In order to help control the population Maryland instituted a managed hunting program to help curb explosive growth. The program was introduced in 2005 and has been very popular and successful in a wildlife management aspect. The annual black bear hunt has very strict guidelines and limits, operates for only a few days, and only a limited number of permits are issued. Annually success



The American Black Bear is the largest animal found in Maryland. Successful cohabitation can and does occur, meaning the future is bright for these symbols of wilderness.

rates vary between 5% - 12%, usually averaging about 66 bears harvested annually.

Black bears are generally not considered to be dangerous to people, often fleeing an area before an encounter occurs. When a human and bear encounter does happen the best thing to do is stand tall and make lots of noise. This frightens the bear and they take flight to avoid an altercation. Black bears are usually only a nuisance to residents by getting

into trash and raiding bird feeders. Successful cohabitation can and does occur meaning the future is bright for these symbols of wilderness. By following some basic guidelines like securing trash and giving them a respectful distance and wide berth is generally all that is required to ensure a peaceful and prosperous coexistence.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.



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## REAL SCIENCE

# Genetically modified foods

Michael Rosenthal

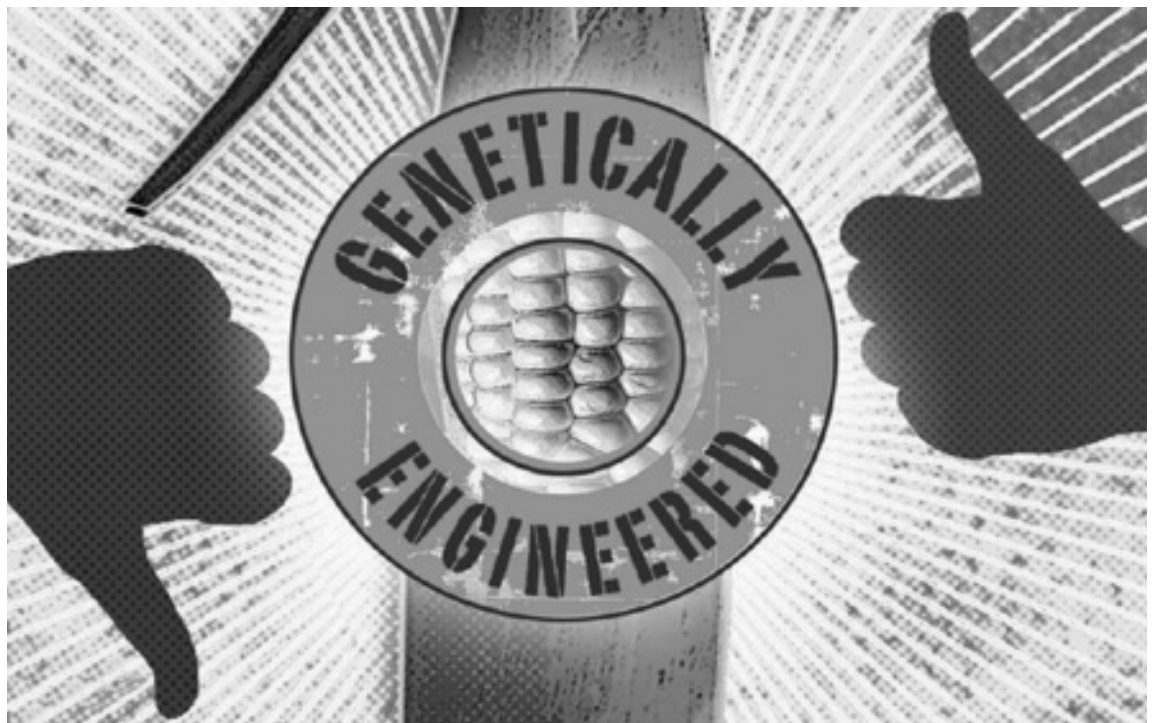
The United States House of Representatives approved a compromise bill in July, already approved by The Senate, that would create a national standard for labeling genetically modified foods (GMOs); it was signed by President Obama on July 29. The legislation requires companies to label GMO with either text on the packaging or a barcode that can be read by a cellphone. Several states had enacted legislation requiring GMO foods be labeled as such, and other states were considering doing so. Some praised the labeling requirement, while others wanted legislation that states the GMO status explicitly in all cases.

Genetically Modified Foods are foods produced from organisms that have had changes introduced into their DNA via genetic engineering to modify the foods. The commercial sale of GMOs began in 1994 with a delayed-ripening tomato to give it a longer shelf life. Food modifications have been introduced to increase pathogen and herbicide resistance. As well as the advantages, there are ongoing public concerns relating to food safety, environmental impact, and intellectual property rights with GMOs. By 1910 some 29 countries had planted commercialized biotech crops and 31 more counties approved the import of such crops. In 1911 the United States led the world production of such foods with approval of 25 crops. By 2015

92% of corn, 94% of soybeans, and 94% of cotton produced in the United States were genetically modified strains. The creation of golden rice in 2000 was designed to increase its nutrient value. In 2015 a strain of salmon became the first "animal" raised with genetic modification, enabling it to be grown year-round instead of just during spring and summer. The most widely planted GMOs are designed to tolerate herbicides.

There is a general scientific consensus that currently available food derived from GM crops poses no greater risks to human health than conventional food, but that each GM food needs to be tested on a case-by-case basis. Not surprisingly, many members of the public do not have that level of confidence. Confidence in and regulation of GMOs varies widely from country-to-country. The U.S. Food and Drug Administration determined that GMOs are "Generally Recognized as Safe." Regulation in the United States is shared by the FDA, the Department of Agriculture (USDA), and the Environmental Protection Agency (EPA).

Now let's take a look at some of the subjects from previous REAL SCIENCE articles that have been updated. Just last month the topic was chlorofluorocarbons (CFCs). Now, the use of hydrofluorocarbons (HFCs) has become an issue. HFCs are similar in chemical structure to CFCs, but they contain no chlorine. They are used in air conditioners, refrigerators, and aerosols; they contrib-



While genetically modified foods offer great promise to increase pathogen and herbicide resistance, they face public concern relating to food safety and environmental impact.

ute strongly to global warming. They have come into extensive use since the phasing out of CFCs through the 1987 Montreal Protocol, to protect the ozone layer. HFC use has increased 258 percent since 1990. A major international effort has resulted in dozens of countries working to agree on major reduction of HFC use to protect us from global warming and to reduce danger from global temperature rise.

Fortunately, there are alternatives to HFCs. Propane can be used as a home coolant and ammonia as an industrial coolant with greatly reduced climate impacts. Cost is an issue in the proposed transition, especially for developing countries. The richer countries (United States, Canada, Japan, and the European Union) will need to continue to assist the poorer countries through the Montreal Protocol.

There have been many new developments evolving from the Flint, Michigan drinking water lead contamination. State prosecutors filed criminal charges against six more government workers, accusing them of criminal negligence in conceal-

ing urgent information about the lead that was leaching into the city's drinking water and doing nothing to stop it from happening, totaling nine as the number of public employees so charged. The Michigan attorney general also hinted that higher level officials may yet be charged. Tests show that unfiltered tap water is still not safe to drink, and officials are trying to monitor thousands of Flint children exposed to the lead contaminated water.

The State of Michigan is picking up the tab for distributing bottled water and filters since the federal emergency aid came to an end in August, and the feds had warned the state that this was the last extension, and that Michigan will be required to take up the permanent responsibility for supplying safe drinking water. Medical services by the federal government will continue, and the federal role in monitoring the water quality will continue indefinitely.

To make things even worse in Flint, a new study indicates that two outbreaks of Legionnaires' Disease are linked to the water crisis. Legion-

naires' Disease is a deadly pneumonia caused by inhaling a bacterium that lurks in the organic matter lining drinking water pipes. Corrosion in the pipes stimulates the bacteria effectiveness; hence, the outbreak in Flint's corroded pipes. Homes supplied with Flint River water recorded concentrations of the Legionella bacteria seven times higher than the baseline. No bacteria were found in the buildings using Detroit water.

The Flint crisis has stimulated more water supply studies across the nation. It has been found from a study of 36,000 samples in a Harvard University study that more than 6 million Americans have drinking water that has an unsafe level of polyfluoroalkyl and perfluoroalkyl (PFAS) substances, which are chemicals long used in industrial and commercial products. Long term exposures have been linked to increased risks of kidney cancer, thyroid problems, high cholesterol, and hormone disruption. These chemicals come from and are found in or near industrial sites, military bases, and civilian airports. PFAS substances are not regulated by the federal government, but appear on the EPA unregulated contaminant list. No new contaminants have been added to the regulated contaminant list in two decades! There is a growing clamor that PFAS chemicals be added to the regulated contaminant list. Health advisories have been issued by the EPA urging utilities around the country to follow more stringent guidelines than previously recommend by the EPA.

Finally, a new study indicates that partial replacement of lead pipes with copper pipes in drinking water systems may make things worse. Partial replacement leads to electrochemical reactions that release the lead ions into the water. Full line replacement with copper was much more effective says the study, but some lead may remain due to lead deposits in old galvanized iron plumbing and faucet aerators.

To read past articles by Michael Rosenthal visit, the Authors section of Emmitsburg.net.



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# That stupid library!

Jack Deatherage

When I'm looking for someone to blame because my head hurts from trying to think, Carolyn (a library associate in the C. Burr Artz Public Library's Maryland Room) comes to mind if I'm struggling with something art related. The Emmitsburg Branch's Librarian Sue (a once-upon-a-time teacher of art history) and the Mad One (an artist who claims she ain't) follow close on Carolyn's heels for making my head hurt. (Carolyn tops the list only because she ordered me out of the local library for being disruptive, twice. Coincidentally matching the number of times and reason I've been ordered out of drinking establishments.) Sadly, their combined attempts to enlighten and educate me (beyond my intelligence) occasionally seems to have had some small effect on me. Why else would I have picked up Christopher Moore's "Sacre bleu: a comedy d'art"?

On any given day I am not fond of the frogs... or French, as seems to be the politically correct term for the French speaking people of France. My first encounter with anything French was in a Catholic grade school where I was taught to read phonetically and then tormented with classes on French language (the Sisters were obviously part of a frog umm French order), which has no phonetic rhyme or reason I was ever able to discern. From the third grade on I've had nothing but contempt for the French. (Oh the shame when I learned some years ago that our clan hails from some frog speaking part of Europe. De Atherage was the old spelling of our clan name before some frog fled to the British Isles and *anglicized, and humanized* us! Sort of.)

I mostly picked "Sacre bleu" out of the stacks because I was bored with Cussler's (ocean-going-benevolent-government-agency-saved-the-world-from-megalomaniacal-private-corporate-types-out-to-rule-the-world-while-destroying-the-environment) formula writing. That I would attempt to read a story set mostly in Paris (a place I consider a serious contender for Hell on Earth) has me thinking I'm in need of a new genre to read. Dear

gods, the story even has a few French words in it!

Anyhow, I begin reading and discover I recognize some of the characters' names. They are artists, though exactly what they are famous for I'm not sure. So off to the library I go hoping to find some books with pictures so I don't have to read anything more about frogs, or Dutch and American madmen. It doesn't take Librarian Sue long to convince me I made a mistake. Her love of art and its history now has several books on hold for me and the promise of more from her private collection should I foolishly decide to slide deeper down the rabbit hole of learning. Well, not quite learning. Learning seems to require retaining. I mostly get impressions and let the details float on by. Coincidentally, the artists are all Impressionists.

Simona, once (probably several times) told me "You really haven't mastered a language until you can understand its poetry and it's jokes." (I think she's about got English whipped. She laughs at my pontifications - when she isn't cursing me in one of the several languages she speaks better'n I do English.) I don't understand poetry in any language, with the exception of some of the simpler vulgar limericks of which I've encountered none in "Sacre bleu". As for the jokes, or comedy, I think I'm grasping some of the simpler stuff and hope the art/history books on hold at the library will help me with the more complex puns, innuendos, references and such.

I'd be happier with the vulgar words used in the book too, if I thought they were appropriate to the time period the book is set in. Did wayward sons of noble families really use the word "bonked" in 1865 Paris? Maybe. It is Paris after all. But the constant doubt about the historical accuracy of the story, the not knowing the actual habits of the artists, and my general inability to read what is in front of me without my mind wandering off to play elsewhere, has me rereading entire pages as I try to puzzle out what the author is attempting to convey to me.

I do understand bits and pieces of the story. The artists are often poisoned by their paints. Most of them

would have been my drinking companions when I was at my swilling best, though their frequenting whorehouses for inspiration has me questioning my lack of such creative spark ignition. Sadly, it's too late for me to look into exploring whorehouses for inspiration. DW tends to frown on that type of discovery. She even suggested I'll die in uninspired ignorance. Ah, Women. Sheesh.

I somehow manage to finish "Sacre bleu" while waiting on the art history books I requested from the library. I suspect the new books will do little to help me understand the context of "Sacre bleu", but I'm hopeful they'll be full of pictures so I don't have to read a lot. My head hurts enough now.

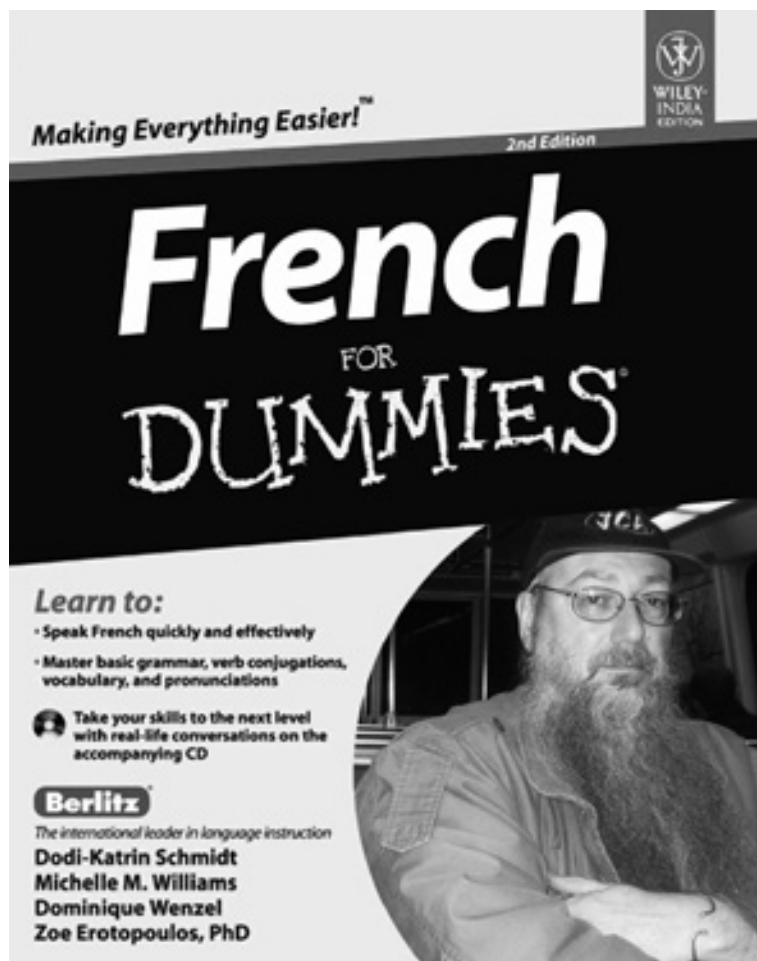
While I'm waiting, I pick up another novel by Moore, "The Serpent Of Venice". While "Sacre bleu" was an iffy choice, it is about Paris and frogs after all, "The Serpent..." has a serpent in it and I don't mind them so much. And it takes place mostly in Venice, which, as far as I know, is sinking into the sea and will one day be of no bother to me at all.

Sweet Mother of Purgatory! "The Serpent Of Venice" is a satirical novel poking fun at Billy Shakespeare! Gods! If there is anything less comprehensible than French, it's Shakespeare! Billy and his imbecilic parameters. Or was Mrs. Wenschoff referring to me while I was napping in her senior English class? Maybe she said "iambic pentameter"? Either or, Billy the bard was/is beyond my limited grasp of English.

This time I am NOT requesting the works of Shakespeare to help me understand the comedy which is "The Serpent Of Venice". Moore writes enough vulgarities to satisfy me without my having to understand the contextual references to Billyboy's gawdawful plays!

It is definitely time for me to look for a new genre to root through! Or maybe I should abandon fiction for awhile and read something from "the wall" of nonfiction behind me as I type? "The Encyclopedia of Golf"? "The Gnostic Gospels"? Ummm no.

And "no" to DW's suggestion I try the grade school readers from the 1940s and '50s that I've been collect-



ing since the 1990s. I'd rather take a nap and dream of libraries in flames!

Better to dream those little dreams than to awake and find the places that make my head hurt gone. But oh, how my head aches with all the thoughts libraries inspire! And me caught with nothing drinkable to muddle the mind.

Oo. I suddenly recall some English class about Greek tragedy and come-

dy? I wonder what brings that incomprehensible corpse to mind after having weighted it with stones and chains, and happily sunk it in 1971? Oh dear, are other bloated corpses from that time going to float to the surface and disrupt of my reflective pool of growing senility?

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.



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## Andy found a home!

Jennifer Vanderau  
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He was black-and-white and was quite tolerant as we cleaned him up.

We named him Raggedy Andy for obvious reasons and later it was shortened to just Andy, but we all remembered how he had come in to us. It turns out once we got all the mess off of him, we discovered his eye was infected to the point where it couldn't be saved. With the help of our Second Chance Fund, we had it removed.

We also think he couldn't hear very well either (possibly it was just selective, as Shih Tzus are wont to be, but he could sleep through just about every noise, so there may have been some physical reason for it as well).

We have no idea what happened to this little guy – someone found him wandering the street.

It took him a while to recover, but he most certainly did. He has the funniest personality. He snorts like a Shih Tzu (for those of you who are aware of the breed) and of course, he snores.

He would bark when he was hungry. He would bark when he needed to go outside. He would bark when he wanted up in someone's lap.

It's possible we may have spoiled Andy. More than a little bit. It was kind of hard not to – he really stole your heart. He lived in our executive director's office and became the noisy little shadow of a lot of people. You just had to be careful when approaching him because he couldn't see out of the one side of his face.

Well at the end of July, we got invited to an offsite event and I took Andy

along. Despite being spoiled, he actually worked out very well when we went places. He liked to meet people (when he was introduced properly and could see them coming) and he would often lie in your arms like a baby and snort his pleasure.

Shih Tzus, man. They're the best. Well, at this offsite, we met a little girl named Audrey and her mom. Audrey immediately took a shine to Andy. Andy wasn't terribly rambunctious or really all that big and he was super easy to walk on a leash.

Audrey went everywhere with the little squirt. She even went so far as to make a bed for him and it wasn't long before the telltale, "Mom can we get him?" began.

Audrey swore up one side and down the other that she would take great care of Andy. She said he would sleep in her bed and she would help with the feeding and she would just love him forever.

At one point I'm fairly certain I heard the characteristically drawn out pleeeeeease?

At the end of the event, mom walked up to me and said they were actually seriously interested in Andy. I have to admit, I was super happy as well as somewhat surprised. A lot of these events have kids that consistently beg mom or dad to adopt whatever animal came along on that day (sometimes tears are involved) and it's not all that often that the family is in a position to adopt.

I have a feeling Andy just tugged on the heartstrings of everyone there that day.

So the week after the event, it became official. Andy went home to the family we met there that day and has been doing quite well adjusting to his new life. Andy has two four-legged siblings – one bulldog and one Persian – and while both of them want in the worst way to be friends with Andy, Andy wasn't really having it.

The Persian, believe it or not, will share a bed with Andy and sometimes lie down on top of him! Can you imagine?

And Audrey – true to her word – has been helping to take care of Andy and he's been sleeping in bed with her at night. The photos they've sent

along are the kind that just make your heart swell. It's so great to have photographic evidence of what we do.

Audrey's dad – who wasn't too sure the house needed three animals – has become fast friends with Andy. The two will sit together and share "guy time" each day.

Working at a shelter can be incredibly tough and taxing. There are days when you don't realize how much of a toll it's taking until the exhaustion just won't let go and you have to sit down for a bit.

Andy taught us all something in a remarkably short time. At CVAS, we have a lot of stories. Stories of how animals come into the shelter. Some of them not so good.

When I talk to people, I focus on the "how they got here" because sometimes it's important for people to know that, but Andy really made me realize you can't get bogged down in that.

Andy's story isn't his past; his story is about his future. And thanks to the help of a lot of people, Andy's future is quite bright.

Almost since I first started here, I've told people, you have to see the glass as half full. If you always see the empty part, you won't last long.

And the fullness comes from stories like Andy's. It helps us remember that for all the bad days, we have a whole lot of good that's out there because of what we do and what our supporters help us do.

So when you're feeling down, think of Andy and how at 7 years old, he hit a little bump in his journey, but now he's the king of his castle and know that in every life, when things get dark, there is always – ALWAYS – hope.

*Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.*



Whisper is a one-year-old brown tiger girl with medium-length fur. Some folks believe she may have a little Maine Coon in her and that is certainly possible. She's a gorgeous cat who loves to play and will make someone a great companion. To adopt Whisper, contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit [www.cvas-pets.org](http://www.cvas-pets.org).



Buddy was transferred from another shelter near the end of March. He's a two-year-old, black and white pitbull mix with tons and tons of energy. Seriously, if we could bottle his energy, we could make millions. Buddy is actually a really nice boy who would make a fantastic jogging buddy. Once he has a chance to run off some of his excitement, he really is a sweetheart. Stop out and meet Buddy and see if you can take him home. To adopt Buddy, contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit [www.cvas-pets.org](http://www.cvas-pets.org).

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown

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# Agility duck

Kimberly Brokaw DVM  
Walkersville Vet Clinic

It is always enjoyable to see people enjoying their animals in unusual ways. The majority of poultry in the US are owned by large commercial farms and are either raised for eggs or meat. Backyard flocks are increasing in popularity, so I've been treating more and more poultry at the clinic. Most of the birds I treat are chickens kept by families for farm fresh eggs, but also enjoyed by the family as pets. While duck eggs are prized for baking, people also keep them as pets.

A client, who I shall call Mrs. Palmer, has a white Peking duck named Donnie. Being a male meat breed duck, the duck's expected use would be for meat; however Donnie is a pet. Mrs. Palmer likes to teach him agility tricks. Just like the agility dogs, Donnie can run, or rather waddle, up ramps and hop through hula-hoops.

Mrs. Palmer rewards Donnie with mealworms after he successfully completes an agility task. While I thought she was the only person in the world who had taught her duck agility tricks, after a quick Google search I learned that it wasn't as unusual as I thought. The duck seems to enjoy agility as much as his owner enjoys it.

When Donnie isn't doing agility training, he is hanging out in the chicken coop in the owner's horse pasture. The horse fencing is wood with strands of hot wire running between the boards to keep the dog from getting into the pasture and killing the birds, and to keep the horse from killing the dog. The horse has become quite fond of the birds and Mrs. Palmer told me that he runs off any animals that tries to come in the pasture to eat her chickens and duck.

One day I got a frantic call from Mrs. Palmer. Apparently a fox had gotten into the pasture and before the horse could chase him a way he had injured Donnie. She said he was alive but that his feathers were a mess and she could see blood everywhere.

When Mrs. Palmer brought Donnie to the clinic, I was relieved to see that he actually didn't have that much damage. The red blood on white feathers made it look worse than it actually was. He had a couple of punctures and one small laceration that would need a couple stitches. Truthfully he was lucky to be alive. Most birds that encounter a

fox are quickly killed.

While chickens are probably my most cooperative patients, ducks aren't quite as good. They will let you work on them to a point before they get mad and try to bite you. While their bite is painful, at least it tends not to cause significant injury like cat or dog bites. Ducks also give warning as they reach their threshold for what they are willing to tolerate. Unlike dogs and cats that growl or hiss, ducks have the feathers on their neck stand up when they are getting mad. Once you see the feathers start to rise, the next warning is they start to shake their neck. After that they begin biting.

Donnie was a very good patient. He let me clean the wounds. I then injected a local numbing agent around the one laceration that needed stitches. While he was good for that, I could tell he didn't really enjoy it. He held perfectly still as I put in two stitches. It was after I was finished and started explaining to Mrs. Palmer how to clean the wounds at home that Donnie was done. He started to puff his feathers and quickly started to shake his neck. I knew he wasn't going to tolerate anything else. Luckily I was finished with his treatment. I picked him up to put him back in the carrier so Mrs. Palmer could take him home. That was the final straw and Donnie bit my arm. The bite was just a little twisting pinch that was his way of telling me that he didn't like what I had been doing.

I sent Mrs. Palmer home with antibiotics for Donnie. With food animals you have to follow antibiotic withholding times. However I knew that she had no intentions of eating Donnie and simply discussed withdraw times as matter of course. While birds do not get rabies, I advised Mrs. Palmer to talk with her own physician about any potential rabies exposure from the fox. Mrs. Palmer reassured me that she had not been bitten by the fox, and had been many feet away when the fox released Donnie. She agreed to call her doctor to be sure she did not need rabies vaccine.

A few weeks later I received a text message from Mrs. Palmer saying that Donnie had made a full recovery and was back to jumping through hula-hoops.

To read more articles by Dr. Kim Brokaw, visit the Authors section of Emmitsburg.net.



Yes, there is such a thing as duck agility! Just like agility dogs, ducks are required to run, or rather, waddle, up ramps and hop through hula-hoops!

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# THE MASTER GARDENER

## Rudbeckia- Yellow star of the summer

Mary Ann Ryan  
Consumer Horticulture  
Penn State Extension

This native plant may catch our eye while traveling throughout the mid-Atlantic as well as across the nation in mid to late summer. Seen in many gardens and along roadsides, the Rudbeckia is a summer highlight. Commonly called a black eyed Susan, this genus is as diverse as any plant.

Generally, the Rudbeckias like full sun. They will grow well in medium to dry soils, evidenced by their ability to grow along roadsides. They have the capability to self-sow, making it a great plant to use when developing meadows and wildflower borders. Needing little care, this group of plants is a natural for any garden setting, whether it's a "wild" garden or a well-manicured garden.

Three of my favorite species are Rudbeckia triloba, Rudbeckia fulgida, and Rudbeckia maxima. R. triloba, often referred to as the brown eyed susan (for what reason, I have no idea), has a small flower, only about 1"-2" across. The plant reaches 3' tall, and is quite showy, as all Rudbeckias are. This is considered a biennial or short lived perennial. In my garden, it's definitely a biennial, meaning it drops seeds in summer/fall and grows a rosette of leaves, then flowers the second year. This sweet little flower moves around in the garden, so when introducing this plant, know that seedlings will pop up in unplanned places. In full sun, it will reach 2'-3'. Unlike many Rudbeckias, it likes moist soil, but tolerates dry sites. In my garden, it is not selective, dry or moist, I am sure to find this sweet perennial gracing my garden.



The Rudbeckia, commonly known as Black Eyed Susan, is a summer highlight in everyone's garden. It is one of the most popular perennials today.

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Rudbeckia maxima, a very tall plant with green-gray foliage forming a rosette at the base of the plant, reaches a height of 5'-6'. The flowers stand tall, stretching on long stems well above the 18" rosette of leaves at its base. Often called a coneflower, due to its long cone and droopy petals, this Rudbeckia has the typical yellow flower with a black center. The gold finches absolutely love this Midwestern native and if planted, will grace the garden with their presence, so much so that gathering the seeds becomes quite a challenge as the goldfinches pick them clean quickly. Due to the short foliage, I like to plant this garden giant in the foreground so the pretty foliage can be seen all season long. The majestic flower stems will stretch above most other plants and are always the talk of the garden. Although they don't bloom for a very long period like most Rudbeckias, the foliage is different, adding texture to the sun garden.

Rudbeckia hirta is a very showy plant, often called the gloriosa

daisy. This plant should be managed as an annual, although sometimes in the mid-Atlantic region, behaves as a biennial. Blooming from summer through fall if deadheaded, this is probably one of the showiest of the Rudbeckias, as the flowers are large - reaching 3" across, and many flowers bicolored, with brown and yellow color. This year is the first time I've planted this guy in my garden,

and have not been disappointed with the show. It gets about 2' tall and is a very bright spot in the garden.

The most common and easiest to find Rudbeckia is R. fulgida. This is probably the longest blooming Rudbeckia and the longest lived. Beginning in mid-July, it will continue to push flowers through September, making it a great companion of Joe Pye Weed, grasses, and

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# THE MASTER GARDENER

## Small Town Gardener

Just wait until next year

Marianne Willburn

By the beginning of September, many gardeners are thinking about next year's garden. Whatever failures have been experienced this year – whatever insults have been suffered – all are erased by a killing frost and the ability to start again.

I am just as guilty of the sweet pleasures of delusional thinking, but there is another reason that I look forward to a new spring. As the asters open and the windflowers sway in the September breeze, I am thinking of newly planted acquisitions maturing into another season. There is nothing so sweet as visualizing another year's growth on a rooted cutting or a precious plant – particularly when most of one's planting consists of tiny specimens.

In the last two weeks I have derived a ridiculous amount of pleasure from counting the newly forming flower buds on my new[ish] *Edgeworthia chrysantha*. Where five little buds excited me two years ago, my reaction to thirty-five means I am either severely middle-aged or just need to get out more. Imagining it decked in snowball flowers at the end of February is, for a plant geek like myself, a bit like waiting for Christmas.

The [possibly] terrible winter that separates me from that beautiful fantasy is, as of now, also a fantasy; and cooler nights do not inspire fear, but instead serve to awaken the planting instinct. Why should I think of snow on unplowed roads or ice on guardrail-less bridges when there are naturalizing daffodils in the lawn to dream of? When I consider the lilies of the field, I am rarely considering them now, but instead considering them next summer sporting resplendent color, stronger, more numerous stems and a complete immunity to slugs. Fantasy tinged with potential.

We're all waiting excitedly for something or other out there. It is generally said that a new garden needs three years to come to maturity, but few of us plant everything at once. Consequently, while some areas of our gardens are moving out of the nursing and toddler stages and on

to driving licenses and late night curfews, there is usually something that we're dying to see grow up.

My new bronzed *Rogersia* for example. It's maddening to stare at two healthy but static leaves over the growing season and be forced to be patient with the growth that is going on under the ground of this future giant. Ditto my *Fatsia japonica* – especially as there is a very good chance that another hard winter will curb any great strides it has made in the root department.

The same feelings apply when creating drifts of plants. Drifts, by definition, are large, flowing showstoppers and it takes a few seasons for plants to knit together and achieve this look – even if you have access to larger plants from the beginning. Patience (and a few well-placed annual plant distractions) is key.

Conversely, there is always the possibility that another year of growth will bring bad news – proving to you that you made a mistake with a particular texture, color or shape. Relax. It's not the end of the world to move things and I do so all the time – but always in the knowledge that I just set the growth clock back by at least a season.

Unless you're a landscape designer by profession, it can be difficult to visualize something in the landscape until it's IN the landscape – and even professional credentials don't make a gardener infallible. In his book *Christopher Lloyd's Flower Garden*, the late renowned plantsman muses over a captioned photo of boldly mixed tulip colors with which he experimented, only to have his niece refer to them as "dire." "She may have been right," he adds, "but so what?"

Amen. The garden should be a constant surprise and a work in progress. If it wasn't for our new experiments, we'd greet the shorter days of September in a state of panic. Hope – and spring, is already beckoning from the other side of the woodpile.

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at [www.small-towngardener.com](http://www.small-towngardener.com).



**Black Eyed Susans are a native North American wildflower. Plants make a bushy, upright clump with a profuse display from midsummer through the fall.**

sedum. Full sun, well drained to dry soils is best.

*Rudbeckia fulgida* var. *sullivantii*, also known as 'Goldstrum' *Rudbeckia*, can be easily found in any nursery. This naturally occurring variation has an abundance of flowers per plant that is difficult to replicate. The flowers are slightly larger than the straight species and have a clear golden color.

*Rudbeckia fulgida* var. *speciosa* is a slightly shorter variety than the *sullivantii*, and a common parent of many cultivars. A common cultivar is 'Viette's Little Suzy'. As it is slightly shorter than 'Goldstrum', this particular cultivar is great for containers.

However, a common problem with this particular species is *Seporia Leaf Spot*. This disease causes black spots, turning to large black blotches on the foliage. As the disease spreads, the stems and flowers will turn brown. Probably the easiest control is to be sure to plant these plants with good air circulation, not squished together with other plants, or in shady spots. I have had difficulty with this disease in my garden and dug up all of the *fulgidas*. They were growing in a tight space and being outgrown by some shrubs. That was about five years ago. Now these tough plants have begun to grow in open spaces in my garden by self sowing, where the air circulation is good. A nice compact plant, this is a great choice for most any full sun garden.

An interesting *Rudbeckia* is *R. lancinata*. A very tall perennial, reaching up to 9', is commonly misidentified as one of our native sunflowers. This is a good choice for a meadow or to the rear of a perennial border where other plants will hold up the droopy stems, as it tends to fall over with the weight of the small yellow flowers. My experience is that *R. lancinata* has not been and easy perennial to find in the nursery, probably because of the height, as it doesn't hold well in a container throughout the summer. However, a shorter version, *R. lancinata* 'Golden Drop' reaches about 5' tall and has stronger, more supportive stems for the golden yellow flowers.

This species has not been in my radar nor was I aware of its existence until I saw it at our local county fair. *R. subtomentosa* 'Henry Eilers' graced the floral department, and sent me on a quest to find out more. 'Henry Eilers' is a perennial *Rudbeckia* found in Arkansas along

a railroad track. Its unique quilled flower petals made it an interesting selection of the species *subtomentosa*, a *Rudbeckia* that typically has flat petals, like other common *Rudbeckias*. 'Henry Eilers' is found in many nurseries, reaches about 5' tall and a great addition to a full sun garden. Propagation should be done by division, as collected seeds have only been found to produce quilled petals 15%-20% of the time.

The most important part of selecting *Rudbeckias* is to be sure you know what you're buying. As you can see for this list, some are perennial, some are biennial and some are annual. To reduce disappointment, do your research. This is a great group of plants worth investigating. Their continual color in late summer through fall can add that needed touch. The birds and butterflies love them too, making it a great plant for any full sun garden.

To read other gardening articles, visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

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## COMMUNITY NOTES

# National Apple Harvest Festival is right around the corner

Dawn L. Bodenberg

Biglerville—Apple Capital USA, PA . . . Apples have proven tempting since Biblical times, one bite isn't forbidden . . . it's heavenly! Adams County, Pennsylvania, is the Number One Apple Producing County in Pennsylvania. And, each year during National Apple Month the Upper Adams County community celebrates the apple harvest season with an apple festival. What says Autumn better than an apple festival?

The 52nd National Apple Harvest Festival is held the first two full weekends in October—1st and 2nd and 8th and 9th—from 8 a.m. to 6 p.m. each day. The outdoor event is held rain or shine at the South Mountain Fairgrounds, Biglerville, Pennsylvania, ten miles west of historic Gettysburg, Pennsylvania.

How Do I Get There? The Na-

tional Apple Harvest Festival is located in scenic upper Adams County in South Central Pennsylvania. A drive along roadways meandering through farmland and apple orchards will get one to the South Mountain Fairgrounds—GPS use 615 Narrows Road (Route 234), Biglerville, PA 17307. It's just a gas tank trip from and back to Washington, DC, Baltimore, Maryland, Philadelphia or Pittsburgh, Pennsylvania.

What's in it for You? The family-oriented gala is loaded with entertainment and activities for all ages. Over 300 Arts and Crafts vendors, antique and classic cars with a favorite voted on each day, antique farm equipment, antique gas engines, a gallery with apple memorabilia which seems to quench attendees' thirst for nostalgia, souvenirs, a photo contest, pony rides, puppet shows, apple art, Scarecrows R Us,



If you love apples, then you will love the 52nd National Apple Harvest Festival. The family-oriented gala is loaded with entertainment and activities for all ages.



In addition to a near never ending display of apples, the festival also plays host to a large display of antique and unique farm equipment.

Kid Country Barn, a petting zoo, and strolling characters—Mr. Apple, Miss Honey Bee, Miss Apple Worm, and Johnny Appleseed.

Demonstrations include: Apple butter being made over an open fire, apple sauce and apple syrup making powered by an antique steam engine, a vintage apple peeler, an antique apple cider press—did you know it takes 36 apples to make one gallon of apple cider, chainsaw carving, Van Wagner's Tall Timber Lumber Heritage, Native American Dancers, and an antique working shingle mill powered by an antique steam engine, among others.

Apple-tizing Treats! Apples are the shining stars of this Fall fest, in an assortment of appealing forms of the flavorful fruit it-

self! There's mouth-watering apple pie, of course, among other apple desserts. Prepare the taste buds for fresh Adams County apples, candied and caramel apples, apple cider slushies, warm apple sauce, hot apple butter, and apple ice cream. There's an apple pie-eating contest, an apple pie baking contest, and a chance to meet Emma Britton, New Oxford, Pennsylvania Apple Queen and her court.

Tasty Foods Abound! Enjoy some finger-lickin' BBQ chicken or what about open pit beef or pulled pork or ribeye steak sandwiches? Munch kettle or caramel corn, funnel cakes or fresh dipped ice cream as a foot taps to bluegrass or rock 'n roll music.

Eight Stages of Entertainment! Bluegrass Hollow Stage, Cortland

Circle, Rockin' Apple Stage, Appleseed Stage, Cider Barrel Stage, Apple Auditorium, Puppet Theatre, and at the Petting Zoo.

Admission Prices . . . General - \$10, Seniors 60+ and Military with ID - \$9, and Children under 12 are Free. Tickets are now on sale! Get more festival time by skipping the line by visiting [www.appleharvest.com](http://www.appleharvest.com). Admission includes parking, shuttle services, and all the attractions and exhibits. Please keep Fido at home as all pets—both large and small—are not allowed on festival grounds.

Where Does the Admission Money Go? This flavorful fundraiser is one into which everybody can sink their teeth! All proceeds, with the exception of 11 percent kept in reserve for emergencies and start-up for the next year's festival, go back to the community and other local, state and national charitable organizations with most of the money staying local.

Forty-nine percent goes toward funding the 92-acre Oaks Community Park founded in 1975 by The Upper Adams Jaycees. The park is open to the public annually from April to November and is located at 2880 Table Rock Road (Route 394 East), Biglerville, Pennsylvania.

The Upper Adams Jaycees, sponsor of the National Apple Harvest Festival, use 20 percent of the proceeds to fund their many community projects such as the Easter Egg Hunt, Movie Nights in the Park, food boxes and gifts to the less fortunate families at Christmas, Special Olympics volleyball, a Fish Rodeo, and donations to organizations.

The remaining 20 percent is donated to civic, school, church, scouting organizations, fire companies, and others.

For additional information, visit [www.appleharvest.com](http://www.appleharvest.com), call 717-677-9413 or email [appleharvest@embarqmail.com](mailto:appleharvest@embarqmail.com).

Good to Know! Roadways and walkways are comprised of stone and or gravel, grass or pavement depending on location throughout the fairgrounds and parking fields.

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For more information visit [WellSpan.org/NPA](http://WellSpan.org/NPA)

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## COMMUNITY NOTES

# 60th Annual Emmitsburg–Thurmont Community Show

The 60th annual Emmitsburg – Thurmont Community Show will be held at Catocin High School on September 9, 10 and 11.

Entry of exhibits will take place on Thursday evening, September 8, from 6 to 9 p.m. and on Friday, September 9th, from 8:30 a.m. to 11:30 a.m. in the new gymnasium and in the agriculture department area. Judging will begin at 12:30 p.m. on Friday, September 9th, and is closed to the public. The show will open to the public at 6 p.m. A sil-

ver offering will be collected to benefit the Thurmont Food Bank and the Emmitsburg Food Bank.

On Friday night, September 9th, at 7 p.m., approximately 40 participants will participate in the community flag ceremony and accompanied by a bagpipe procession. This year's program will recognize all former past Maryland State FFA officers who graduated from Thurmont High School, Emmitsburg High School or Catocin High School. Following the recognition, the 2016-2017

Catocin FFA Chapter Ambassador will be announced. The baked goods auction will begin immediately following the program and the grand champion cake, pie and bread will be sold at 9 p.m.

On Saturday, September 10, the show opens at 9 a.m. to 10 p.m. The Thurmont Police Department will have a K-9 dog exhibition featuring "Buddy" which will be held at 10 a.m. immediately before the Pet Show begins in front of the school. The Pet Show will be held at 10:30 a.m. Categories in-

clude: cat with prettiest eyes; cat with longest whiskers; cutest cat; best trained pet; dog with wiggliest tail; prettiest dog (25 pounds and under); prettiest dog (26 pounds and over); best costumed pet; pet with most spots; largest pet (by height); most unusual pet; smallest pet.

The Thurmont Grange will serve their Turkey and Country Ham dinner in the school cafeteria from 3 to 7 p.m. on Saturday night. Entertainment for Saturday and Sunday will be performed by the Catocin Mountain Boys.

Activities begin on Sunday, September 11th at 9 a.m. At 12 noon,

Community show booklets can be found in local Thurmont, Emmitsburg and surrounding area businesses. New residents of the community are urged to enter and be a part of the Community

Show, the largest in the State of Maryland. Some minor additions and deletions will be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department. There is no entry fee.

The Community Show is sponsored by the Thurmont Grange, Catocin FFA Chapter, Catocin FFA Alumni, the Maryland State Grange and the Maryland State Agricultural Fair Board.

## Adams County Heritage Festival

The 25th Anniversary Adams County Heritage Festival, scheduled for Sunday, September 18, noon to 5 PM, will feature crafters, food vendors and non-profit organizations, as well as a full afternoon of free entertainment and children's activities. This year's Anniversary celebration centers on "The Best of the Best," a spectacular musical presentation of favorite performers from past years at the Gettysburg Recreation Park on Long Lane in Gettysburg.

One performer who has been with the Festival since its inception is Tom Jolin, folk musician and master of the hammered dulcimer. He will be joined by fellow musician Slim Harrison, as well as the Rock Candy Cloggers, Candy and Rock Howland and Mark Wilson, for renditions of knee-slapping American roots music.

Next in the line-up will be an Iranian santur player, Roya Bahrami, who will team up with a guitarist and flamenco dancer for "Persian

Fusion." Playing mid-afternoon will be "Klingon Klez," an outstanding klezmer band from Philadelphia, featuring the haunting music of Ashkenazi Jewish Europe.

They will be followed by a superb local Chicano band, "Padrillo y Los Foresteros," led by musician Jesus Contreras; all 8 are from the same state in south central Mexico. The Festival will welcome back rhythm and blues singer Tyrone Burwell with his Motown-style group "N-A Chord," a trio noted for their close harmonies.

If you plan to attend, note that the Festival grounds at the Gettysburg Recreation Park are flat and friendly to wheelchairs and strollers. Great ethnic foods will be available for purchase all afternoon with picnic tables set up in front of the stage.

Free admission, free entertainment and free parking make this event an affordable family outing! More information about the Adams County Heritage Festival is available

online at [www.icpj-gettysburg.org/festival.htm](http://www.icpj-gettysburg.org/festival.htm) Call 717-334-0752 for questions.

**60th THURMONT EMMITSBURG COMMUNITY SHOW**  
**SEPTEMBER 9, 10 & 11**  
 Catocin Highschool - 14745 Sabillasville Rd., Thurmont

Thursday, Sept. 8th - 6-9 p.m. & Friday, Sept. 9th - 8:30-11:30 a.m. - Entry of exhibits in the gym

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**Friday, Sept. 9th - 6 p.m.** - Show Opens, 7 p.m. - Opening Ceremonies - Community Organization Flag Ceremony honoring past State FFA Officers from Catocin feeder area, 8:15 p.m. - Baked Goods Auction, 9 p.m. - Champion Baked Goods (Auditorium)

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Saturday, Sept. 10th	Sunday, Sept. 11th
9 a.m. - 4-H & FFA Goat, Beef, Sheep & Swine Show (Ag Shop Area) 10 a.m. - K9 Dog Demonstration & Pet Show (Front Of School) 10 a.m.-3 p.m. - Pony Rides, Petting Zoo, Face Painting & Farm Animals Display 4 p.m. - Martial Arts Demonstration & Pet Show (Front Of School) 3-7 p.m. - Thurmont Grange, Roasted Turkey & Country Ham Buffet (Cafeteria) 6-7 p.m. - Catocin Mountain Boys Band (Auditorium) 7 p.m. - Catocin FFA Alumni Goat, Beef, Sheep & Swine Sale (7 Goats, 11 Steers, 27 Hogs, 11 Lambs) Buyers Welcome. (Ag Shop Area) 7-9 p.m. - Taylor Brown "Elvis Tribute Show" (Auditorium)	9 a.m. - Goat & Dairy Cattle Show (Ag Shop Area) 10 a.m.-3 p.m. - Pony Rides, Petting Zoo, Face Painting & Farm Animals Display. Noon - Chicken BBQ By Catocin Alumni (Cafeteria) 12:30-1:30 p.m. - Catocin Mountain Boys Band (Auditorium) 1 p.m. & 2 p.m. - Martial Arts Program (Old Gym) Noon - Decorated Animal Contest (Ag Shop Area) 1 p.m. - Log Sawing & Horse Shoe Pitching 1:30 p.m. Kiddie Pedal Tractor Pull (Ag Shop Area) 1:30-3 p.m. - Taylor Brown "Elvis Tribute Show" (Auditorium)

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Along with 2 auctions, there are many activities and lots of food, over 3,000 farm, garden & household exhibits.  
**Free Admission** Visit: [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com) **Free Parking**  
 For more information call:  
**Josh Ruby 301-748-2926, Robert Valentine 301-898-9014, Rodman Myers 301-271-2104**

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# HEALTH NOTES

## Talking to your kids

**Kelsey Felice-Shupe**  
**Frederick Memorial Hospital**

According to the most recent National Survey on Drug Use and Health, the average age for first use of an illegal substance among school aged children is 12 years old. This finding likely means that some adolescents start to use illegal substances at an even younger age. In 2014, slightly more than 2.3 million adolescents aged 12 to

17 were current users of illicit drugs, which represent 9.4% of adolescents.

Many adolescents do not view prescription medications as harmful substances, even if they are being misused or abused. This misconception is compounded by family members or friends who may offer to share their medications. Fourteen percent of high school seniors have reported using prescription medications for non-medical reasons.

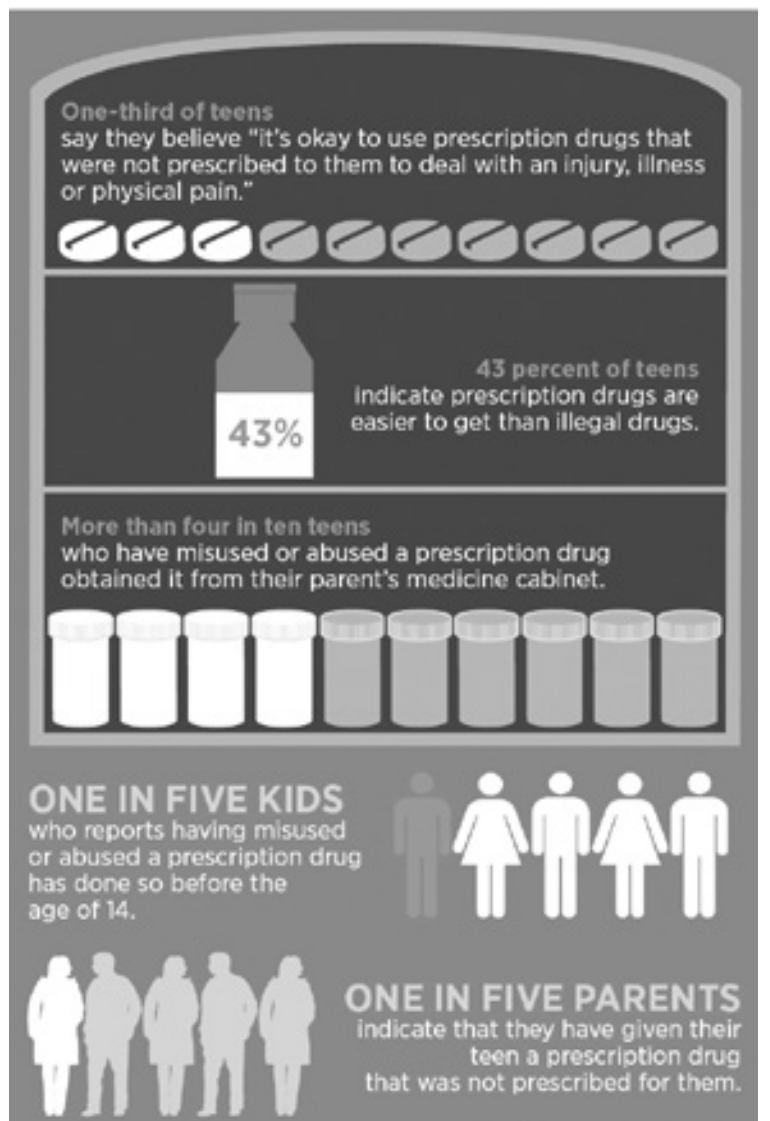
An alarming and sobering fact that many families are unaware of is the primary source of drugs for 12 to 14 year olds—the medicine cabinet at home.

As a parent, learning the lingo related to the adolescent abuse of drugs and prescription medications is an important step in protecting your child. “Pharming Parties” refer to the non-medicinal use of prescription medications and over-the-counter cough and cold remedies at parties. Parents may also hear references to “Skittles parties” or “Skittling”, which refers to pill parties. At “Pharming Parties” or “Skittle Parties” adolescents typically bring any medications they were able to procure, add it to a communal bowl, and consume handfuls of pills or over-the-counter drugs with alcohol. Another common practice is known as “Robo-tripping”. Users may drink excessive amounts of the active ingredient dextromethorphan, found in cough suppressants such as Robitussin.

In an effort to get high, an estimated 15% of teens have re-



### MEDICINE ABUSE: PARENTS MUST TAKE ACTION



## FRHS is a Certified Member of MD Anderson Cancer Network®

Frederick Regional Health System (FRHS) is the first and only hospital system in Maryland to become a certified member of MD Anderson Cancer Network®, a program of MD Anderson Cancer Center. FRHS is the 14<sup>th</sup> system in the U.S. to become a certified member of the network.

The affiliation allows the FRHS Cancer Program to use treatment guidelines and best practices developed by MD Anderson—the global leader in cancer—to bring new hope to cancer patients close to home.

Being certified by MD Anderson Cancer Network means that FRHS's cancer program has met clinical and programmatic qualification thresholds, and both hospital and physicians have undergone rigorous due diligence. Through this affiliation, FRHS's cancer program can combine the best of what we offer locally with the expertise of a national leader to provide an even higher level of cancer care to our community.

As part of MD Anderson Cancer Network, certified physicians at Frederick Regional Health System, who must also meet rigorous standards, will have access to disease-specific, evidence-based guidelines, treatment plans and best practices developed by MD Anderson experts. They will also participate in routine peer-to-peer consultations with MD Anderson physicians to discuss cases.

For more information about this affiliation, call 301-418-6465 or visit [fmh.org/certified](http://fmh.org/certified).



PICTURED L-R:  
 Mark S. Soberman, MD, Medical Director, Oncology Service Line, Frederick Regional Health System  
 John Verbus, Senior VP & Chief Operating Officer, Frederick Regional Health System  
 Melanie Wong, VP, Strategy and Business Development, MD Anderson Physician Network  
 William A. Murphy, Jr. MD, Board Chairman, MD Anderson Physician Network  
 William A. Hyslop, President and CEO, MD Anderson Physician Network  
 Tom Kleinhanzl, CEO & President, Frederick Regional Health System



sorted to non-prescription cold and cough medications, as indicated by the Partnership for Drug-Free kids. The practice of abusing prescription medications is dangerous, and has long term effects on an individual's health and well-being. According to The Medicine Abuse Project, nearly half of the young people who eventually inject heroin start by abusing prescription drugs.

It is important to remind children and teenagers to only take prescription medication that has been prescribed specifically for them. As a parent or guardian, you can take steps within the home to protect your child, and your child's friends:

Keep your medications in a secure place in your home

Safely dispose of expired or unused medications that you no longer need

Remain educated on the latest drug and alcohol trends among young people, and share what you learn with other parents

Talk to child about the dangers of drug, alcohol, and prescription drug abuse

Talking with your children about the use of drugs and/or alcohol can sometimes be an uncomfortable subject to bring up. To help you with this process, there are many tools available to you through The Partnership for Drug-Free Kids and The Medicine Abuse Project. Healthcare providers can also aid in providing education and encouraging families to have conversations with their children about substance abuse and misconceptions about prescription medications. To learn more, visit [medicineabuseproject.org](http://medicineabuseproject.org) and [drugfree.org](http://drugfree.org).



## Taneytown's Main Street serves up fun

Thurmont isn't the only local Town that has a Main Street Program; our very own Taneytown is also a Main Street accredited community that has been offering so much to the town.

Main Street Programs in Maryland are downtown revitalization programs that were created in 1998 by the Maryland Department of Housing and Community Development. The program, as a whole, strives to strengthen the economic potential of Maryland's traditional main streets and neighborhoods by providing state funding to help enhance the community's appearance, economy and image.

Taneytown Main Street has been in place since 2001, and holds true to its mission of striving to "create a charming traditional main street character, with amenities designed to promote pedestrian activity that will make the district and town a destination place for all to see." The events brought to the town thus far, as a result of the Main Street Program, have been enjoyed by community members

within and outside Taneytown.

Nancy McCormick, Taneytown's Economic Development Director worked with Vickie Grinder, Thurmont's Main Street Manager, to help with their Main Street application. The process is rather intensive, as many qualifications must be met in order for the town to be accredited. Having been through the process once already, McCormick was a big help to Thurmont as the town prepared the application for submission.

As a member of the same program, Taneytown must also maintain several key elements in order to retain the title of a Main Street accredited community. Some of these required elements include: public outreach, programming, economic development, sustainable practices, and the creation of a business-friendly environment.

Taneytown Main Street has been responsible for a variety of community events that are enjoyed by all. The First Harvest Fest and Tails of Taneytown, Swing into Spring, the Wine and Art Fest, the Farmers Market,



Guests at this year's Taneytown Main Street sponsored Wine Fest enjoy the fruits of locally grown wine. Wine Fest is just one of the many exceptional cultural and family-friendly events put on every year by Taneytown Main Street.

the celebration and lighting of the Christmas downtown during the holiday season and the annual Elf Hunt, just to name a few.

The Main street program has not only made wonderful events possible in the town, but has helped the town in so many other

ways. The restoration of the Ziles Ice Cream mural in town was paid for with the help of the Main Street funds. This mural is a rather special mural that dates back to 1927, and the restoration could only have been made possible with the help of the Main Street Program funds.

In addition to the rehabilitation of the Ziles Ice Cream mural, Taneytown Main Street has also given over \$200,000 in façade grants for the rehabilitation of other buildings and signage within the town. The program has also allowed Taneytown to bring in top consultants in

marketing, design and economic restructuring. These consultants have worked with past and current business owners and will surely work with business owners in the future.

As a result of their Main Street designation, Taneytown has been given the honor of becoming a Civil War Heritage designated point and the town also now has an increased possibility of receiving grants.

In the future, Taneytown Main Street is sure to bring more to the town, offering an even greater variety of events to be shared by the community.

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## WWI NEWS REPORTS FROM THE FRONT

# Romania joins the war—Greece desegregates

### September 1

On Sunday, Romania declared war on Austria-Hungary. Germany immediately declared war on Romania and Italy declared war against Germany. No indication has been received thus far of the immediate effects on the military situation in the Balkans, which now become of predominant importance.

Romania is the 14th nation to join in the war. Her intervention either on the side of the Allies or the Central Powers has been awaited with concern by both since the beginning of the great conflict. This is due not entirely to Romania's military strength, but also to the strategic advantages of her geographical position and the fact that her entry into the struggle opens to the Russian army a gateway through Romania to attack the Bulgarians from the north, while the Allied army struck them and their German allies from the south.

Romania's military strength is by no means inconsiderable. The country has a population of 6.8 million and her army has been estimated at one half million. It is often been described as one of the most thoroughly equipped and disciplined armies. However, Romania has no heavy artillery and its flying service is inferior.

According to the War Department, Romania has war supplies to last four months. The entire equipment of the Romanian army is of German manufacture, which makes the problem of supplying the latest addition to the ranks of the Allies a difficult one. The only known route for furnishing munitions is by way of Russia, which will put a tremendous additional strain on the Russian transportation facilities. Romania herself does not possess large weapon production capabilities or industrial plants suited for that purpose.

The motive which prompted Romania to enter the war is the satisfaction of her national aspirations, which concisely put, means national expansion. In the southern half of Bukowina, the Austrian Crown land, the Romanians are the dominant race. Four million Romanians live in Eastern Transylvania, a part of Hungary. Romania has been credited with the long cherished ambition to annex these provinces and liberate the Romanians now under Austrian domination. Russia has offered the Russian territory of Czernowitz where two million Romanians live, as a reward if she would join forces with the allies.

Romania also covets Bessarabia, the extreme southwestern province of Russia on the Black Sea, which was taken from her by the Berlin Treaty of 1778. Reports have stated that Russia also has consented to restore Bessarabia as a war prize, with a population of 2 million, mostly Romanians. This, with Transylvania, would give Romania a total population approaching 13 million and, should all her aspirations be satisfied, a territory as great as that of England, Scotland and Wales.

Military commentators agree Germany must carry the war into Romania by means of swift movements.



British WWI propaganda poster, welcoming Romania's decision to join the Allies.

There is no disposition to underestimate Romanian army, but the belief is expressed that while the Romanian troops are fresh, they lack much of the experience and especially the fortitude necessary to meet successfully the difficulties of modern warfare. In course of time many experts agree that Romania will quickly meet the same fate as Serbia. The economic advantage to be gained by overrunning Romania rapidly are not to be overlooked. In the event of swift and successful invasion, Romania's vast stores of grain and rich oil wells would be accessible to the Central Powers.

Bulgaria announced that it has occupied a 50-mile stretch of Greek territory along the Aegean Sea. The Bulgarians began occupying this region last week, where several Greek forts were occupied. The Bulgarians took the action evidently with the purpose of organizing the defense of the open country along the Aegean, which affords the best avenue of approach for an Allied invasion of Bulgaria from their bases in Salonika, in Greece.

Although this move is reported to have inflamed the Greek people, the Bulgarians claim it was made with the assent of the Greek government, which has received an understanding with Germany and Bulgaria that any occupied territory will be returned to Greece at the end of the war, much as the Allies have an understanding with Greece that territory they have occupied will be returned to Greece at the end of the war.

Meanwhile, the beginning of a revolution in Greek Macedonia has been reported. The revolutionists are calling for Greece to join the war on the side of the Allies immediately.

### September 8

The battle of the Somme has now reached the high pitch of violence. The

French and British are striking blow after blow in what appears to be a supreme effort to force their way through the German line.

The British Army engaged the flower of the German army - the Prussian Guard - on Tuesday. The German Emperor's favorite troops, where driven back, counterattacked and again had to yield their trenches to stubborn English and Scotch, who fought all the harder because of the prestige of their foe. It hardly seems possible that more artillery could be concentrated against a given area that had been already, never had so many guns been in action.

The Germans are not yielding their carefully organized positions without desperate resistance, and the fighting among rows of villages and over desolate farmlands is increasingly severe, with heavy losses on both sides. The battle is being carried on under the most unfavorable weather conditions.

The new Russian offensive in Galicia has resulted in further advances in the direction of Lemberg and further south, near the Hungarian frontier. Violent fighting is underway. The Austrians are resisting desperately, but their counterattacks have been repulsed everywhere.

Austrian troops continue to retire before Romanian troops advancing north into Transylvania. The advance of the Romanian troops in the first five days of the campaign was considerable, and at some points was as much as 48 miles. The forward march, however, now has been somewhat slackened because of the difficulty of sending resupply convoys.

Romania's declaration of war was so unexpected by Austria that only a few troops of the Dual Monarchy were on the Romanian frontier, and these were not on guard when hostilities were begun. Half an hour before war was declared Hungarian officers were drinking with Romanians at a frontier railroad station. Soon afterwards a Ro-

manian contingent entered the station, took the officers as prisoners and capture quantities of materials. The Romanian offensive was so sudden that the Austrians had not time to blow up bridges.

Between the Danube and the Black Sea, in eastern Romania, the Bulgarian-German forces are engaged heavily with the Romanians all along the frontier. Turtukia, a fortified Romanian town on the Danube, about 50 miles southeast of Bucharest, has been evacuated by the Romanians in the face of enemy attacks. More than 20,000 Romanians were taken prisoner when Bulgarian and German troops captured the remaining fortress of this town.

The revolution in Greece is spreading and martial law has been proclaimed in Athens and several other cities. The uprising is extending into Thessaly and Epirus, which together with Macedonia constitute the northern half of Greece.

It is reported that the Greek government at Athens has accepted the demands of the Allied powers demanding: 1) control of the post, telegraph and wireless systems on the grounds that they were being used by enemies of the allies, 2) that agents of the Central Powers employed in corruption and espionage must immediately leave Greece, and 3) that measures be taken against Greek subjects guilty of conspiring with Germans.

While the people of Athens were being mildly bemused at the spectacle of Allied sailors and secret police pursuing German agents about the streets, a profound change in the status of affairs was effected quietly.

Greek Prime Minister Zaimus is now in a position to swing the whole country as he will, unembarrassed by any dissenting popular opinion or hostile parliamentary control. He issued a decree dissolving Parliament and postponing indefinitely the calling of new elections, disposition effectively of any parliamentary interference with his policies.

Greece may now find herself at war overnight at the bidding of a single individual. The solution of the political muddle which had Greece in a condition of wavering neutrality for two years was effected quietly, and the public was not aware of the extent to which the Constitution of Greece was virtually set aside or the manner in which the power was traded to the hands of the premier.

### September 15

British troops have been engaged in the heaviest kind of fighting along three and half mile front on the Somme. On the front of more than a quarter-mile wide the British advanced 300 yards and captured 600 yards of German trenches.

The artillery preparation for the great attack Sunday and Monday is described by soldiers and French civilians who heard or saw it from points behind lines as the most stupendous of the campaign. On the hills 4 or 5 miles

from the front it was necessary to shout at the top of the voice in order to conduct a conversation.

It is no longer correct to speak of the lines as trenches; they usually consist only of shell craters, linked by rough and ready communication trenches. Not only the front lines, but the whole terrain in the rear lie under such a vehement and unbroken fire from artillery that it is unsafe, often impossible, to go forth, even at night, to bring forward food and water. Telephone communications with the front cannot be maintained with dependence so often are the wires cut and so dangerous is it to repair them. This has led to a revival of carrier pigeon communication and the introduction of birds for carrying messages, not for long distance, but as the only dependable medium of communications from the front to the rear. Pigeons often bring the only assurance to the commanders that the troops are still holding positions.

Meanwhile on the eastern front, German and Turkish troops are engaged in stubborn fighting with Russian forces in Galicia. The fall of Halicz, southeast of Lemberg, appears imminent. The Austrians are reported to be blowing up the forts in Halicz.

The Russians are in possession of the entire left bank of the Dniester River, which cuts through Halicz. Preparations are going on with all swiftness for the transport of Russian forces to the right bank and the subsequent occupation of the whole city. From this point the Russians advance towards Lemberg should be swift and overwhelming.

In Greece, King Constantine has resigned and accepted the resignation of his Prime Minister and his cabinet. The belief is that the retirement of the government is preliminary to the entrance of Greece into the war on the side of the allies. Should Greece decide to join the Allies, she will do so, it is understood, without any guarantees for the future. There was a time when allies were ready to offer Greece territorial advantages in return for her military assistance. That time has passed.

### September 22

Army officers universally are speaking of last Friday as the best day for the British army since the offensive began on the Somme front. The attack begun Friday morning was the most extensive of any in the 10 weeks of the battle.

Evidently the Germans did not expect the attack, considering that the offensive war on that front was over, and that the British would settle down for the winter in their new positions. Never before have more guns opened fire over the same length of front than along the 6-mile front where heavy fighting is now engaged.

With infantry can new armored motorcars. So ludicrous are they in appearance that the British soldiers laughed at them in the midst of the charge. Those who have seen the new vehicles refer to them as "Tanks," while the soldiers who have been handling them give them the nickname of "Willies".

The object that the designers sought

# SEPTEMBER 1916



**The tank's first appearance on a battlefield occurred Sept 15th during the battle of the Somme. In spite of the fact that the 18 British Mk.I tanks achieved a 5 km breakthrough, military strategists didn't think they would ever replace cavalry or play much of a role in future wars.**

to obtain was to render a heavily armored motorcar capable of being operated in the shell torn and roadless wilderness of the front lines where normal wheeled vehicles could not be used.

Evidently the British were able to keep the building of these cars entirely secret, and the first that the Germans knew of their existence was when, in the misty dawn Friday morning, they came thundering across shell craters and over tree stumps, cutting down many small trees on their way towards the German trenches. The return to Earth of dinosaurs spouting bullets from their nostrils could not have been more amazing.

"Tanks" is a slang word the Army staff has applied to the strange creations of machinery, but they look less like tanks than anything else in the world. It is hard to say what they look like. They have been compared both to armadillos and measuring worms and to many other weird creeping or crawling objects of natural history.

During the days preceding the attack as they were moved up to the front and the soldiers gazed at them, the reasonability of all ranks was tickled. All sorts of questions were propounded. "How does it stand when it was hitched?" and "What was it fed?" "Which was its tail and which its head?" Spectators laughed at it, but with a true British sporting instinct hoped it would at least have a sporting chance.

Cooperating with the infantry, according to pre-arrangements, the grotesque creatures played the part set for them under the control of their invisible crews. Some soldiers said their battalions had nothing more to do than harvesters who gather sheaves following a reaper binder.

It is a small wonder that anyone who saw in action one of these armored motorcars - if car can be allowable name - should not hold up his hands. They have brought a new element into the grim, monotonous business of war. It was the "Tanks" day and the "Tank" made good.

The British War Minister, David Lloyd George, gives credit to Winston Spencer Churchill, the former first Lord of the Admiralty, for the new armored cars. "He took up with enthusiasm the idea of making them a long time ago and that with many difficulties. Churchill convinced me, and the Ministry of Munitions went ahead and made them. The Admiralty experts were invaluable and gave

the greatest possible assistance. They, of course, are experts in the matter of armor plating."

Asked for his personal opinion about the cars, the War Minister said: "We must not expect too much from them, but so far they have done very well and reflect credit of those responsible for them. The enemy has by no means a monopoly on inventive ingenuity."

## September 29

The unusually early settings in of autumn, in addition to hampering maneuvers on the other fronts, has caused a slowing down in the operations in Transylvania, where the higher points already are covered with 4 feet of snow.

Torrential rains on all fronts where the Austrians are engaged have converted the battlefields into quagmires, and indications are that a lull in offensive movement is coming, although the freezing the ground would improve the condition of the terrain.

Once more the Russian onslaught in Galicia has stopped. In Transylvania both sides are handicapped by the snow and mud. In Dobrudja everything is knee-deep in mud and mire, while the Italian front is experiencing regular outbursts and snowstorms in the higher altitudes. There are persistent rains in Macedonia, and reports reaching here from the Western front tells of the same story, so that all of central Europe literally is a swamp from the military viewpoint.

Those who had hoped that a decision would come before the advent of winter now see that newer and greater offenses next spring are inevitable. At all points therefore, operations are being slowed down, especially where the terrain is new, where the roads are few and far between and uniformly bad. The outlook that the rains will not cease before freezing sets in is not good, so that it is believed the present situation is likely to prevail for about six weeks.

All military critics believe the wet fall offers an opportunity for the concentration of troops of the Central Powers against the newest antagonist, Romania, which has vast stores of food and petroleum.

In the south, the Allied offensive from Salonika will recede as winter approaches, because the Mace-

donian mountains, which have a bad terrain in summer, even now are considered impassable in many places. Officers and men returning from the various fronts agree that mud is the worst enemy.

Recent local successes obtained by the British on the Somme are heralded by the British press as great victories, nevertheless, the British have only made this advance after 11 weeks of the most desperate effort. The results of the battle of the Somme should be gauge by considering the amount of French and Belgian territory occupied by the Germans, which amounts in all to about 50,000 km<sup>2</sup>. The efforts made by the French and British in the battle of the Somme have resulted in the re-conquest of only 1,500 km<sup>2</sup>, or 3%.

The price paid for this territory is appalling. According to a conservative estimate the British have lost 350,000 men up to September 15. This, together with the French losses, brings the total to losses for the Allies to 500,000 men.

The German general staff has moved from the Western to the Eastern front. Since the appointment of Field Marshal von Hindenburg as Chief of Staff, it has been reported that he desired to leave in France and Belgium sufficient men to hold the line and devote his energies to the east, for he is credited with the belief that it is on this front that the first conclusive victory must be one.

Evidence is accumulating that the central powers are now devoting their main attention to the campaign in the East, concentrating large forces against Romania, and putting all possible available men in the field to stop the Russian march on Lemberg.

The Greek situation continues complex. Former Prime Minister Venizelos is quoted as declaring that if the government controlled by the court party, does not act, the nation itself must defend its own interests. The former Prime Minister left Athens for one of the districts where the revolution has spread where he will be able to organize the revolutionary movement.

The revolutionary fever is reported spreading with further disorders in Greek Macedonia, where revolutionary movement has been in progress for some time. The town of Koshani, with a population of 10,000, has removed from office the Greek civil

authorities. The police chief, the military governor with the company of soldiers are said to have joined the uprising.

The head of the Greek navy has joined the revolutionary forces, along with several battleships and other warships. The warships left Athens and join the Allied fleet. Meanwhile the loyal officers and soldiers of the garrison in Crete have requested that the Allied navies provide means for their return to Athens, after Crete joined the revolutionary side. Crete's civil authorities have placed themselves under the "committee of national defense" established in Salonika.

The Kingdom of Greece is now only a name. Salonika, Thasos, Chios, Samos, Crete, and Mytilene no longer are governed by the King. A proclamation of independence has been issued in Epirus. Only Athens is loyal to the King. Even Athens is place-carded with such appeals as "draw the sword, King, or abdicate." These and similar appeals appearing on place cards and in the press go unpunished and it is evident that the king's authority is almost gone. Houses in Athens stored with arms for revolutionary purposes are openly guarded and the king

does not dare openly to challenge the least act of violence. If Venizelos chooses to lead a separate government elsewhere, no one will oppose him.

According to the former Prime Minister, "Although Romania entered the struggle, the Greek Court Party which governs us seems to persist in the policy which it calls neutrality. This policy is persisted in even after the shameful Bulgarian invasion. Everyone must realize that if the government has forgotten its duty towards the nation the nation must itself immediately take in hand the defense of its own inhabitants.

The former Prime Minister issued a proclamation summoning King Constantine to head a movement to put Greece by the side of the Allies. If he should not do so it is expected that he will form a separatist government for that end. The Athens Dispatch says that the Venizelos proclamation will be the last opportunity for King Constantine to place himself and his government at the head of the wishes of the majority of the Greek people.

*To read past editions of WWI News Reports From The Front, visit the Historical Society section of Emmitsburg.net.*



**Torrential rains across Europe in the latter half of September turned battlefields into quagmires. All of central Europe was a swamp from the military viewpoint.**



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# HISTORY-THE FRENCH AND INDIAN WAR

## The Confederate retreat and the Union pursuit

Part Two

John A. Miller  
Emmitsburg Historical Society

Shortly, around 9 a.m., on July 4, Union signal corpsmen spotted the westward movements of Confederate wagons moving down the Fairfield Road. These were the wagons of Lt. Gen. Ewell's Corps, who were to follow behind Major Harman's reserve train through Monterey Pass over South Mountain. They left Gettysburg from Oak Ridge, making their way down toward Black Horse Tavern, which was next to the Fairfield Road.

Upon receiving this information, Maj. Gen. Meade had limited options for an all out Union pursuit. His army was hungry and in rags. Many were shoeless and ill-equipped for an aggressive pursuit. His cavalry units at Gettysburg were in the same situation. Major General Meade, knowing that most of his cavalry was at Westminster, Maryland guarding his supply wagons, could only use what cavalry he had on the Gettysburg battlefield.

Major General Alfred Pleasanton was ordered to pursue the Confed-

erate army's wagon trains moving westward. He ordered Brigadier General Judson Kilpatrick's Third Cavalry Division to locate which South Mountain pass the Confederates were using, and harass the retreating columns of wagons. Brigadier General Kilpatrick was also ordered to disrupt their line of communications.

Leaving Gettysburg around 10:00 a.m., Brig. Gen. Kilpatrick, with the brigades of Brigadier General George A. Custer and Colonel Nathaniel Richmond, moved to Emmitsburg, Maryland, arriving there at noon. Once there, Brig. Gen. Kilpatrick was reinforced by Colonel Pennock Huey's brigade from Brigadier General David Gregg's Second Cavalry Division. Brigadier General Kilpatrick's force now consisted of 5,000 mounted horsemen, sixteen pieces of rifled artillery and at least one mile worth of wagons of supplies.

As the day continued at Gettysburg, both armies look upon each other from opposite sides of the battlefield. Knowing he had 4,000 Union prisoners that could slow his march back to Virginia, General Lee sent a dispatch to Maj. Gen. Meade asking for a prisoner exchange. Lee's request



Union troops marching through Emmitsburg after the Battle of Gettysburg.

was refused. Earlier on July 3, the Confederate army paroled 1,500 Union prisoners. Major General Meade knew that an army in retreat would be slowed with prisoners being escorted.

While the Army of the Potomac took care of burial details and the wounded, Maj. Gen. Meade ordered Major General William French in Frederick, Maryland to occupy and reinforce the South Mountain gaps of Turner's Gap, Fox's Gap and Crampton's Gap to protect Washington and Baltimore. Major General Meade also ordered Major General Darius Couch's Department of the Susquehanna to send troops to Cashtown. Major General William Smith's division of New York State National Guard and Pennsylvania Militia were ordered to move down the South Mountain ridge near Carlisle to Cashtown Gap. From there, they could reinforce Maj. Gen. Meade's army at Gettysburg, or proceed to pursue

those retreating columns of the Confederate army into Maryland.

By nightfall on July 4, with heavy rain falling, the Confederate army began marching out onto the Fairfield Road. Lieutenant General A.P. Hill's Corps moved out first. Following behind was Lt. Gen. Longstreet's Corps. Once Lt. Gen. Longstreet's Corps was on the road, then Lt. Gen. Ewell would close up the line and bring up the rear.

By 9:00 p.m. at Monterey Pass, the Union cavalry commanded by Brig. Gen. Kilpatrick attacked the retreating columns of Confederate wagons. As fighting escalated, more Confederate reinforcements arrived on scene, and by dawn of July 5, had secured Monterey Pass for the rest of the Confederate retreat. Brigadier General Kilpatrick moved to Ringgold, Maryland and halted just after daybreak. Taking inventory of prisoners and captured supplies, Brig. Gen. Kilpatrick moved to Smithsburg, within range of support from Maj. Gen.

French. The Confederates lost 1,300 men taken prisoner, a dozen wounded, and several killed. Kilpatrick lost over 100 men that were killed, captured, or wounded.

Over at Cashtown, Brig. Gen. Imboden assembled the columns of wagons, including the wounded from Gettysburg. He encountered some minor skirmishing along the way during the night and early morning hours of July 5. Brigadier General Imboden was saddened as he heard the screams of wounded soldiers, begging for their lives to end. At Greencastle, some of the wagons were attacked by civilians, who, with axes, began cutting the spokes from the wheels.

By the morning of July 5, Maj. Gen. Meade knew that General Lee was on the move. He ordered the VI Corps to pursue him into South Mountain, while the rest of the Union army marched southward toward Frederick, and then turned westward toward Middletown. With the heavy rains, med-



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# OBITUARIES

## Texas Menaced by New “Dope” Weed

*(Published in the Sept 8, 1916 Emmitsburg Chronicle)*

It is stated by the peace authorities on the Texas side of the Rio Grande that enormous quantities of the weed marijuana are being imported into the state from Mexico and that not a considerable amount of crime that is being constantly committed by Mexicans of the lower class in the border regions is directly traceable to the consumption of the leaves of this poisonous plant.

In El Paso, the devotees of the seductive marijuana fumes are so numerous and such a menace to the law and order that an ordinance was recently passed by the city Council making it unlawful to sell or give away, or to have in possession any marijuana or “Indian hemp.” The ordinance sets

forth that the dangerous properties of marijuana and the increasing sale, with resulting injury to public health and public morals, demands such an ordinance and its rigid enforcement.

The smoking of marijuana cigarettes has gained such a hold on the Mexicans from this region that the enactment of a state law prohibiting the sale or use of the drug in any form will be urged upon the legislature.

The prisons of Mexico contained thousands of men and women who are insane as a result of indulging in marijuana. The awful effects of the drug were realized by the late President Diaz, and during the latter years of his administration and order was in effect making it an offense punishable by death for any person to sell or give to any soldier marijuana cigarettes or the weed in any other form.

Mexicans who are addicted to

the use of the drug say that one cigarette places them in Seventh Heaven. They seem to rise far above worldly things. It brings them a sense of pleasure and delight that is incomparable and indescribable. That is the effect of one cigarette, but to keep up this feeling of elation another and perhaps another, is consumed, until the victim is in a state of wild frenzy. When in this condition he often goes on a rampage that brings death or injury to anyone who may cross his path.

The period of temporary insanity lasts for several hours and is followed by a deep sleep, which often last 48 hours. He awakes with no knowledge of what has transpired while the full effects of the drug were upon him. It takes only a few months of constant indulgent in the habit to bring permanent insanity.

ical attention required for the wounded, burial details, and condition of his troops from the battle, his orders would be delayed by one day.

By late afternoon, Maj. Gen. Stuart’s cavalry, after moving through Emmitsburg during the early morning, was now moving through the Catoctin Mountain. Once he arrived at South Mountain at Raven Rock, he ran into Brig. Gen. Kilpatrick’s skirmishers just at the entrance of South Mountain, near Smithsburg. Union and Confederate cavalry skirmished for several hours. Artillery from both sides opened, keeping each checked. By nightfall, Kilpatrick falls back to Boonsboro, Maryland. Kilpatrick lost 5 men wounded and 3 men missing, while Stuart had 1 man killed and 3 men wounded.

On July 6, fearing the Confederate army was fortified in South Mountain near Monterey Pass and Fairfield Gap, Maj. Gen. Meade ordered the VI Corps to move directly to Emmitsburg for the pursuit. VI Corps commander, Major General John Sedgwick detached Brigadier General Thomas Neill’s Brigade and Colonel John McIntosh’s cavalry brigade. Their orders were to continue following the Confederate army without committing themselves to an all out fight. They marched all the way to Boonsboro, linking up with the Army of the Potomac a few days before the Confederate army retreated beyond the Potomac River into West Virginia.

During the morning at Boonsboro, Brig. Gen. Kilpatrick and Brigadier General John Buford coordinated two attacks with one another. Brigadier General Buford would attack the Confederate positions at Williamsport, while Brig. Gen. Kilpatrick attacked Hagerstown. Both commanders moved out of Boonsboro during the morning.

Nearing Hagerstown, Colonel

Nathaniel Richmond’s brigade was the first to advance. Fighting quickly broke out on the city streets. Colonel Richmond’s brigade made it almost to the city hub where it was barricaded. Then troopers began fighting on other streets. Fighting from yard to yard and house to house took place. Within hours, Maj. Gen. Stuart’s cavalry was concentrated in Hagerstown, supported by artillery and infantry. By nightfall, the Battle of Hagerstown was over. Kilpatrick lost 21 killed, 59 wounded, and 220 missing. The Confederates had 11 killed, 1 mortally wounded, 50 wounded, and 38 missing.

As the attack on Hagerstown was erupting, Brig. Gen. Buford’s division, along with Custer’s brigade of Kilpatrick’s division began their advance on Williamsport. Brigadier General Imboden was made aware of the Union advance and began deploying his brigade, supported heavily by field artillery. He also had wagoners and wounded men join in the defensive line.

By the afternoon, as several cannon from Buford’s division came out of the woods and deployed, they opened up on the Confederate position. The Confederate artillery responded. During the bombardment, the Confederate artillery began to run low on ammunition, which had to be ferried from the West Virginia shore to the Maryland side of the Potomac River.

Between 4 & 5 p.m., Confederate reinforcements had arrived on the field. By dusk, Kilpatrick’s men began to give way on the right flank at Hagerstown, which forced Buford to fall back toward Boonsboro. Night quickly covered the ground and Imboden had won the day. Buford had 1 killed, 3 mortally wounded, 5 wounded, and 172 missing. Imboden had 14 killed, 117 wounded, and 47 missing.

*To read more articles by John Miller, visit the Author’s section of Emmitsburg.net.*

## It’s not about you

**Colt Black, F.D.**

Quite often I hear of folks who make statements like “I don’t care what they do with me when I’m gone” or “I don’t want someone to have to go to my grave” when speaking of their choices regarding funeral services.

But while this sentiment often makes those who hear it chuckle or maybe even agree, it is hardly a laughing matter.

The reality is that while it may be the one who’s speaking’s choice or opinion, one must stop and think of who exactly does that effect?

Clearly the choice of what happens to each and every one of our bodies after death does not directly impact the one who has died, but yet impacts the family and friends that are left behind directly in a very profound way.

While it is an awkward topic you should ask your family what they feel they will need to help them cope with your loss.

Whether it is a viewing, funeral or a memorial service these events do indeed aide people in starting on a road to a new normal when they experience a loss as friends and community come out in support.

Having a service to share memories, and reflect on who you was as a person is therapeutic to all who are left behind.

Not only a service but having a “place” be it a cemetery or other space to permanently memorialize the departed is also beneficial especially to future generations not yet born who would otherwise have no connection to have known you.

In closing most everyone wants their family and friends to be able to go on living productive happy lives after they are dead and gone, so think how you would feel knowing your decision to “have no funeral or memorial service” or “no grave site” would make the lives of your families more difficult in already difficult situation. It’s not about you.

## Death Notices

**Donald E. Stultz**, 83, of Fairfield, died July 25. He was the son of the late John and Dorothy Stultz. He was a veteran of the Korean War, serving with the U.S. Army Tank Corps. Donald co-owned the Quality Tire Service Center in Emmitsburg, for twenty years, retiring in 1986. He was a member of American Legion Post #101 in Emmitsburg, the Fairfield AMVETS Post #172, and Past-Master of Masonic Tyrian Lodge #205 in Emmitsburg.

**Randall L. Sweeney**, 66, of Thurmont, died August 1. He was the husband of Debbie Sweeney, his wife of 46 years, and the son of the Clifford F. and Regina V. “Dolly” Martin Sweeney. He was a 1968 graduate of Thurmont High School. He was a member of Thurmont American Legion and AMVETS, Randy was a lifetime member of Harriet Chapel Episcopal Church, where he made gallons of apple butter for the Fallfest.

**Julie Ann Becker**, 54, of Thurmont, died August 9. Julie served with honor and distinction as a Russian Cryptologic Linguist in the United States Air Force for over 22 years, retiring at the rank of Master Sergeant. Interment will be at Arlington National Cemetery.

**Dorothy Mae “Dottie” Smith**, 75, of Rocky Ridge, died August 16. She was the wife of Lewis S. Smith and the daughter of the late Pauline R. (Curry) and Chester Fogle. Dottie was a member of Elias Lutheran Church where she sang in the church choir and was a church deacon. She was a member of the American Legion Post 121 in Emmitsburg, Amvets Post 7 in Thurmont, and a former member of the Thurmont Lions Club and Emmitsburg Grange.

**Jean Louise Little**, 60, of Thurmont, passed peacefully August 17th. She was the wife of Timothy Little and the daughter of the late Carl & Pauline Wagner. Jean was a member of the Emmitsburg American Legion, Thurmont Amvets & the Blue Ridge Sportsman’s Club.

**Florence Ellen Hobbs**, 76, of Fairfield died August 25. Born in Thurmont, she was the daughter of the Guy and Sarah Ridenour. She was the wife of James Hobbs, to whom she was married to for 58 years. Interment was in the new St. Joseph Cemetery.

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## MOM'S TIME OUT

# Another school year begins again...

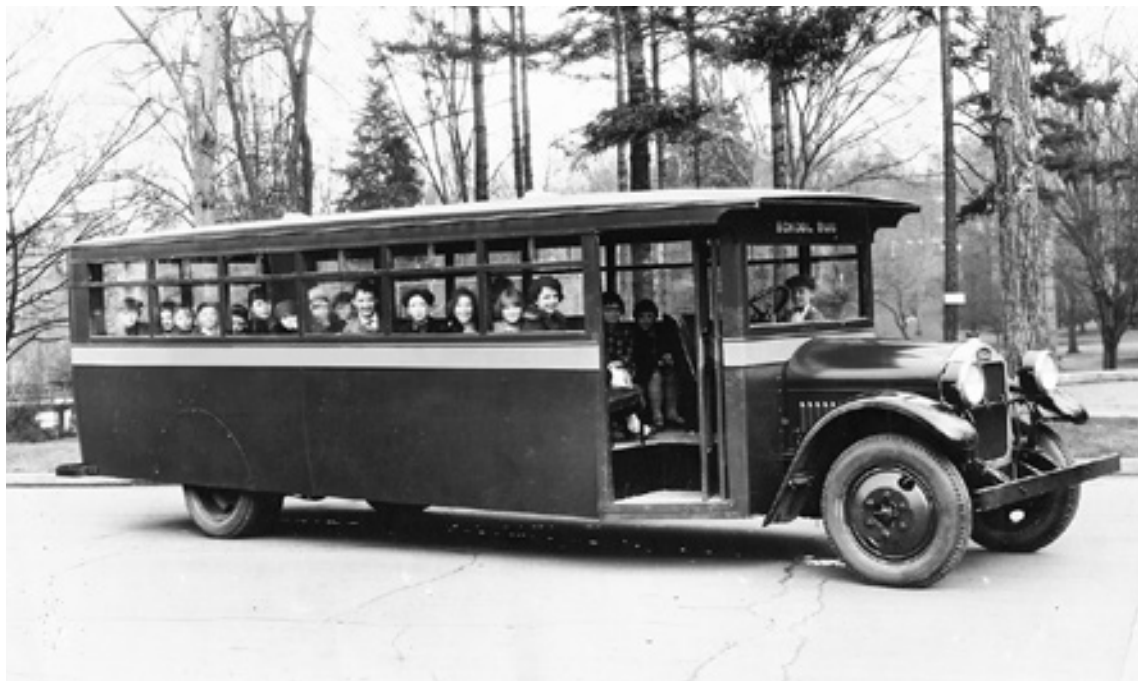
Mary Angel

Can you believe that it is time for another school year to begin? Where has the summer gone? Whether we like it or not, summer has ended and the school year has begun. This most educational summer has brought me to my September article. As the school year begins I am motivated to share this summer's education with all of you.

This summer I was blessed to see my children's personalities blossom, the two oldest not as much as the youngest. My boys (who are the two oldest) have been developing their personalities for years. One of them is more mature, he is the oldest of all of the kids, and he is the most responsible and a true gentleman. My second oldest is the sporty, jokester. He is the one that is always looking for the good time and still the one

with the huge heart. My two youngest are my girls, and they are girly girls. They have always been girly girls and they have always been sensitive, but they are also still developing their personalities as they grow up.

As we went through the summer I realized my girls had something in common that I hadn't noticed before. They are both so very different that I hadn't noticed how introverted they were. My youngest has always been shy. Even as a little girl she wouldn't leave my side. I often have to push her to try new things. She loves to dance and yet every year when it is time for her ballet class to start back up in the fall she gets extremely nervous and starts debating with me whether she wants to go back. Once she gets into the swing of the class she is fine. She is more likely to try new things when she is doing it with her sister or a friend.



She is even apprehensive to start her Sunday school class this year because she has to switch to an older class. Even after I reassured her by telling her she would be joining the class her best friend is in (she is a year older than my daughter), she still insisted she couldn't move up to the class.

Her sister, on the other hand, always seemed a little shy but because she was always wearing the most sparkly clothes, talked super loud, and insisted she wanted to be a singer for a living we didn't realize to what extent. She insists that she wants to be a singer when she grows up, but refuses to sing in front of anyone. She is often cracking jokes that make no sense when she feels she is the center of attention. She doesn't want to buy something for herself when we are at a store, she doesn't want

to ask questions when she is in a group. She is afraid to make suggestions, even when she is in a group of friends. When she first meets someone she is less likely to speak simply because she gets a case of the nerves.

As I said at the start of this article I had quite the education about my girls and their shyness this summer and in some cases it was truly heart breaking. As a mom, I automatically love my children. Some days they drive me nuts, but I always love them. I love certain special traits about each of them, something that makes them unique. That love means I don't understand when someone doesn't like my child or treats them mean or simply doesn't embrace their uniqueness. This summer we had the opportunity to go to a friend's house for a pool party. When we arrived there was a

family already in the pool. The other mom and I introduced ourselves and our children and found out that my youngest and her oldest were about the same age. My daughter said hi when prompted and then got in the pool. The other little girl didn't seem to be interested in playing with her and although my daughter was interested she was just too shy to pursue the friendship. Soon another family showed up and they too had a girl about the same age as my youngest. After some more introductions the other two little girls sparked a friendship and became quite inseparable for the rest of the day. My daughter mustered up the strength to ask to play with them two times but to no avail.

Similarly my oldest daughter was at a function with a bunch of other middle school girls and attempted to start up a conversation. Very nervously she started to tell a joke but the nerves got the best of her and by the end the joke made no sense. She was quite mortified when someone announced that her joke was dumb and retreated back inside herself. Luckily one of her close friends eventually showed up and she once again came out of her shell a bit, but wouldn't attempt for the rest of the evening to try and make new friends.

By now you might be asking yourself what all of this has to do with starting the new school year. Well, I will tell you. My hope is that you have a talk with your children. If they are shy maybe you will get them to step out of their shell a little bit. More importantly, though, if they are not shy and you explain to them about shy children maybe they might help the kids around them. If you just get them to understand that just because a child doesn't talk to other kids, it probably isn't because they are "stuck up" or conceited, or rude, maybe it is simply that they are shy. If a child in their class seems awkward, maybe it is just because they are so nervous to meet new people that they become something they are not. My hope is that just one out-going child will meet one shy child and a beautiful friendship will begin!

To read past editions of Mom's Time Out visit the Authors' section of Emmitsburg.net.

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# Apple Harvest homemade favorites

Carol Cogliano  
Hollabaugh Brothers Orchard

My favorite time of year is right around the corner: autumn. I might not feel it in the outdoor temperatures yet, but (as an employee of a farmers' market) I'm starting to see the first crops of apples appearing...so I know it's fast approaching. I live in the small town of Arendtsville, Pennsylvania – home of the National Apple Harvest Festival – and much of the surrounding area is filled with acres and acres of apple orchards. The sights and smells of autumn are unmistakable, and I look forward to them every year.

As you drive through southcentral Pennsylvania, a common sight is one of apple orchards as far as the eye can see. Although there are countless varieties of apple grown, most of the trees you will see are dwarf apple trees. In the 70's and 80's, the apple industry shifted towards the use of dwarf trees, as their small size makes them easier to harvest, and the sun can only penetrate an arm's length into the branches – so a smaller tree is beneficial. The better sun penetration makes for a better quality apple, with good color and sugar.

Nowadays, there is a shift occurring to the use of trellised growing of taller trees. Taller, skinnier trees allow for even better sun penetration, and they allow farmers to use their acreage and vertical space more wisely. (They can fit more tall, skinny trees on their land than short, wide trees.) Harvesting is accomplished by using platforms, and new trees are ready to produce fruit faster than dwarf trees (which typically take about 3 years to get established, before fruit is harvested).

Have you ever noticed when an apple orchard gets bulldozed? This is called "pushing out", and farmers do this to dispose of old trees that are done producing fruit. Sometimes farmers will burn the orchards to kill off any unwanted bugs and diseases. From there, they will plant a cover crop for several years (such as corn or soy beans), to allow the soil to refresh and become healthy for a new apple orchard.

Most apples trees can produce fruit for about 25 years, depending on their variety and growing conditions. New apples are discovered all the time, as new trees are started via a root grafting system: planting a fresh cutting that is spliced together with an existing root system. This allows farmers to experiment a bit, if they like, and sometimes they will discover a great new variety! If you ever notice a notch on an apple tree, that's the spot where the root grafting occurred!

When shopping for apples, be sure to select a variety that is perfect for your intended use. Apple varieties range from tart and firm to soft and sweet. Some are better for baking, while others make great snacking apples. When the crisp autumn air greets you in the weeks to come, and freshly picked apples become available, try preparing one of the following recipes to enjoy some apple harvest homemade favorites in your home.

Fried Apples can serve as a wonderful side dish to a warm, hearty meal... or they can be a sweet, indulgent dessert when served with a scoop of ice cream on top!

**Fried Apples**

Recipe courtesy of: "The Hollabaugh Family Cookbook"

**Ingredients:**

18 Gold Rush apples, peeled and sliced (or whatever kind of apple you prefer!)

- 1 stick butter
- 1 1/4 cup brown sugar
- 2 T. cinnamon
- sugar to taste

**Instructions:**

In a large skillet, melt butter and brown sugar.  
Add apples – they will be mounded – cover and cook about 10 minutes until apples are softened in juice.  
Uncover and add cinnamon.  
Cook on low until juice becomes thickened, stirring often, about 45 minutes.  
Add sugar to taste.  
One of my favorite indulgent treats

to enjoy at the annual National Apple Harvest Festival in Arendtsville, PA, is a good old-fashioned caramel apple. Sticky, crunchy, chewy and sweet...it's a flavor that makes you feel like a kid again! The following recipe for Caramel Apple Upside Down Cake brings the flavor of that festival staple into your oven and onto a dessert plate.

P.S. The National Apple Harvest Festival is held the first two weekends in October each year, and is located at the South Mountain Fairgrounds in Arendtsville, PA.

**Caramel Apple Upside Down Cake**

Recipe courtesy of: [www.livewellbakeoften.com](http://www.livewellbakeoften.com)

**Ingredients:**

- Topping**
- 1/4 cup unsalted butter
- 1/2 cup light brown sugar
- 1/2 teaspoon ground cinnamon
- 2 large apples (peel, cored, and thinly sliced)
- Cake**
- 1 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 cup unsalted butter, softened
- 1 cup granulated sugar
- 2 large eggs
- 1 teaspoon vanilla
- 1/2 cup milk

**Instructions:**

Preheat oven to 350 degrees. Spray a 9 inch cake pan well with nonstick cooking spray and set aside.

**To make the topping:**

Add the butter and brown sugar to a saucepan over medium heat. Stir constantly until the mixture starts to boil. Remove from the heat and add the cinnamon.  
Pour the mixture into the prepared cake pan and evenly spread it on the bottom.  
Top with the apple slices.  
To make the cake:  
In a large bowl, whisk together the



Between Fairfield's Pippenfest and Arendtsville's National Apple Harvest Festival, apples are the main ingredient in good times and good treats in south-central Pennsylvania.

flour, baking powder, salt, and cinnamon. Set aside.

In a separate bowl, beat the butter and sugar with an electric mixer until smooth. Slowly add the eggs one at a time, mixing well after each one. Add the vanilla and mix until fully combined.

Slowly add the dry ingredients to the wet ingredients alternating with the milk. Mix until everything is just combined.

Pour the batter into the cake pan on top of the apples.

Bake at 350 degrees for 35-40 minutes or until a wooden toothpick inserted into the center of the cake comes out clean.

Remove from the oven and allow to cool for about 10 minutes in the pan before inverting onto a large plate.

Apple Crisp is one of the definitive desserts of fall. Warm and cozy...not to mention, economical! Take advantage of the plentiful supply of fresh apples, along with staples from your pantry to prepare a delicious treat for your family.

**Apple Crisp**

Recipe courtesy of: [www.marthastewart.com](http://www.marthastewart.com)

**Ingredients:**

- 3/4 cup all-purpose flour, (spooned and leveled)
- 1/4 cup packed light-brown sugar

- 1/2 teaspoon salt
- 1/2 cup plus 2 tablespoons granulated sugar
- 8 tablespoons (1 stick) unsalted butter, cold, cut into small cubes
- 1 cup old-fashioned rolled oats (not quick-cooking)
- 3 pounds apples, such as Empire, Gala, or Braeburn, peeled, cored, and cut into 1/2-inch chunks
- 2 tablespoons fresh lemon juice
- 1/2 teaspoon ground cinnamon

**Instructions:**

Preheat oven to 375 degrees.  
In a large bowl, mix together flour, brown sugar, salt, and 2 tablespoons granulated sugar.  
Cut butter into flour, using a pastry blender or two knives, until mixture is the texture of coarse meal. Add oats, and use your hands to toss and squeeze mixture until large, moist clumps form.  
Transfer to freezer to chill while you prepare apples.

**Cook's notes:**

This cinnamon-scented crisp is best served still warm from the oven, topped with a scoop of vanilla, cinnamon, or caramel ice cream.  
The secret to a crunchy, chunky topping is working the oat mixture into large clumps with your hands – this helps the topping hold together atop the apples while toasting to a golden brown.

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## SCHOOL AND LIBRARY NEWS

# Local library events

### Emmitsburg/Thurmont Library

Changes are coming to the Emmitsburg Branch! If you have been in recently you may have noticed the newly painted teen area with its eye catching colors and striking wall mural. This is just the first step in updating the teen and adult areas of the library. We will be closed for a few days to finish the remodeling from Thursday, September 8 with a reopening on Monday, September 12. We'll also be adding more programs and events for teens and adults at the Emmitsburg Branch. We're always interested in knowing what members of the community would like for us to plan and host too. Just talk to a staff member anytime you visit.

Coming up on November 15th, adults who would like a voice in planning library events will be invited to special Coffee & Cookies Meet & Greet with library staff at 2 p.m. And not only are we looking for ideas but we're always looking for community partners to share talents, skills and knowledge with their neighbors. Let us know if you're willing to volunteer to be part of programming at the library. All libraries in Frederick County are

moving forward to offer not just wonderful books and services. We want to strengthen our connection to the community and want you to think of your library as a destination for learning and fun. Here are some programs coming up this month.

#### Children's Programs

**Musical Storytime!** - Beginning Tuesday, September 6, we will be presenting a weekly musical storytime. This storytime features music, movement, and stories for the whole family. Designed for ages 0 and up with a caregiver. Tuesdays, 10:30 - 11 a.m.

**Dora the Explorer Party** - Come explore with Dora-games, activities, and crafts. Wednesday, September 7, 10:30 a.m. Register online at fcpl.org, or call 301-600-6331.

**Outside the Lines: Library Freebies for Everyone (Ages 5+)** - Free Movies! Free Magazines! Free Foreign Language! Free Music! Learn what the library has to offer in addition to great books! #getOTL. Thursday, September 15, 6 p.m. Register online at fcpl.org, or call 301-600-6331.

**Outside the Lines: Junior Gardener Program (ages 6- 14)** - Cre-

ate a natural, one-of-a-kind project with the Silver Fancy Garden Club. Registration required. #getOTL Saturday, September 17, 10 a.m. Register online at fcpl.org, or call 301-600-6331.

Meet the NPS Bison Mascot (Ages 3-5) - Storytime with Buddy the Bison and a ranger from the National Park Service. Courtesy of our partnership with the National Park Service. Saturday, September 24, 11 a.m. Register online at fcpl.org, or call 301-600-6331.

**LEGO® Block Party (Ages 5+)** - Join us for an afternoon of LEGO® fun! Wednesday, September 21, 4 p.m.

**American Girl Playdate (Grades K-5)** - Bring your doll (American Girl or otherwise) to the library. Have fun, make new friends, and create a special surprise for your doll. Wednesday, September 28, 4 p.m.

#### For Teens

**Outside the Lines: Bloxels! (Grades 5-12)** - Create video games with Bloxels. A hands-on platform for kids to build, collaborate, and tell stories through video game creation. #getOTL Saturday, September 17, 1 p.m. Register online at fcpl.org, or call 301-600-6331.

### Special Programs At The Thurmont Regional Library

**Heart of the Civil War Heritage Area Grant Workshop** - Join the Heart of the Civil War Heritage Area & FCPL for a grant workshop for nonprofits. Registration encouraged by emailing a response to: agelles@fredco-md.net. Thursday, September 9, 9 a.m. - 1 p.m.

**Mapping the Indigenous Cultural Landscapes of the Chesapeake Bay Region** - Explore efforts by St. Mary's College, the Piscataway of southern MD, and the Rappahannock of VA to map the ancestral and contemporary Native landscapes. Supported by generous funding from the NPS in support of the Captain John Smith Chesapeake National Historic Trail, this project uses a compilation of ethnographic, archaeological, and historical data to identify important landscapes then targeted for preservation and interpretation. Julia

A. King is professor of anthropology at St. Mary's College of Maryland. Co-sponsored by Monocacy Archeological Society. Thursday, September 15, 6 - 7:30 p.m.

Beginning September 6th, the Thurmont Regional Library as well as Urbana Regional and C. Burr Artz branches will be open until 9pm, Monday through Thursday. The Emmitsburg Branch and other small branches will continue to close at 8 p.m.

All branches will be closed Sunday, September 4, and Monday, September 5 for Labor Day.

### Blue Ridge Summit Free Library Events

**Monday- Lego and Wee Build Creation night!!!** Let your imagination show its genius! All ages welcome.

**Wednesday Patron Powwow** at the Pokémon Gym from 3-5p.m.! Mingle with the gang for puzzles, board games, coloring books, Pokémon takeovers, etc. Open to all ages. Donations appreciated.

**Thursday - VITT (very important teens and 'tweens) night.** The community room is reserved for teen use from 3:30-5 p.m. Just hang out or play WII, board games, do puzzles, eat snacks, watch movies, etc.!

**Saturday - Join us at 11 a.m.** for story hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft!

#### Movies!

Sep 7th we will be showing the movie, "The Railway Children" at 6 p.m. rated G. "After Charles Waterbury (Iain Cuthbertson) is imprisoned on false charges of selling state secrets, his wife (Dinah Sheridan) must move to a small house near a railway station. The Waterbury children -- Bobbie (Jenny Agutter), Phyllis (Sally Thomsett) and Peter (Gary Warren) -- occupy themselves watching the trains, even befriend a gentleman (William Mervyn) who frequents the station. When the children discover what has happened to their father, their new friend provides key assistance."

Sep 15th "Captain America: Civil War", rated PG-13, will be shown at 6 p.m. "After another incident involving the Avengers re-

sults in collateral damage, political pressure mounts to install a system of accountability, headed by a governing body to oversee and direct the team. The new status quo fractures the Avengers, resulting in two camps, one led by Steve Rogers and his desire for the Avengers to remain free to defend humanity without government interference, and the other following Tony Stark's surprising decision to support government oversight and accountability."

Sep 22nd at 6 p.m. we will be showing Disney's "The Journey Of Natty Gann", rated PG. "In the 1930s, a tomboyish girl runs away from her guardian to join her single father who is 2,000 miles away, because there was work there."

Sep 27th we will be showing "Harry Potter And The Goblet Of Fire", rated PG-13. The movie will begin at 5:30 p.m. "Harry Potter returns to Hogwarts for his fourth year, where the Triwizard tournament is becoming ready to begin. Students must be over 17 to enter, with the winner receiving eternal glory. Harry can't enter it this year... or can he. When his name is read out from the Goblet of Fire, everyone assumes that Harry Potter has cheated. Harry insists that he never placed his name in there, with someone else behind it. But Who? Harry must now survive through dragons, sea creatures and a terrifying maze, all before coming face-to-face with a particular dark wizard."

#### Special Events

Sep 6th at 5:30 p.m. will be a meeting of the "Summit Stitchers", the BRS quilt club. New members welcome.

Sep. 13th from 6 to 7:30 p.m. our scherenschnitte group will be meeting. Open to everyone, 10 and up. Children need accompanied by parent or guardian.

Sep. 20th at 6:30 p.m. is the monthly meeting of Trail Time Tuesday, our Appalachian Trail Club. This club is family friendly and open to everyone. 717-794-2240.

Sep 29th there will be an Aikido demonstration at 6:30 p.m. for the Self Defense Basics class being offered October 13th through November 10th. The FREE class will be open to anyone aged 12 and up who is interested in learning self defense techniques.

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# SCHOOL AND LIBRARY NEWS

## Love, lead, learn

Lynn Taylor  
Mother Seton School

Mother Seton School is excited to announce their theme for the 2016-2017 school year: Love. Lead. Learn. More than a saying, the theme also provides a framework for new enterprises this year, as well as a focus on growing existing opportunities in the school. Each part of the theme will be used to implement various leadership, service, and academic initiatives:

**Love:** MSS will continue to work on building a community of respect within the school and in relationships with the community at large. Because MSS believes great education isn't limited to just what children learn, but becomes a part of who they are, service and outreach have always been integral to the spir-

it and mission of the school. Events such as the annual Walk-a-Thon—which raised \$1500 for a Daughters of Charity mission in Kenya, \$800 each for the Thurmont Food Bank and Seton Center Outreach for the Elderly, and \$500 to SHIP of Frederick last spring—and Have-a-Heart Volleyball Game will still be at the cornerstone of MSS's charity outreach, and will be joined by other charity initiatives like Teachers for a Cause. In addition, students will continue to participate in one of MSS's oldest and most beloved traditions—Prayer Partners, which fosters friendship and mentorship between older and younger students.

**Lead:** New this year is the introduction of a leadership development program for students. Based in part on Covey's Seven Habits of Happy Kids and Sev-

en Habits for Teens, this program will provide opportunities for students at all grade levels to learn how to apply successful habits of leadership. As part of leadership development, MSS will partner with Mount St. Mary Athletics, as well as institute a challenge course for the Middle School. Middle School students will participate in the challenge course and build skills in collaboration, teamwork, decision-making and leadership. The faculty has focused on learning about the Seven Habits through a workshop and professional reading during the summer.

**Learn:** STEM has always been a critical element to the curriculum, and in keeping with its mission to inspire students toward excellence, MSS will be holding its first STEM fair. Students will work collaboratively on projects



Raphaela Smaldone (right) reads to her prayer partner, Felicity Buckman, (left) during one of the prayer partner activities scheduled during the year.

to prepare for the fair and receive mentoring from professional scientists in our region as they meet designated benchmarks on their projects. Further enhancing the STEM program is the addition of LEGO® Robotics in the classroom and integration of more project-based learning.

Encouraging discovery, creativ-

ity, critical thinking, and generosity in each of our students, and helping them realize their potential has always been at the heart of Mother Seton School. Love. Lead. Learn. is not just a theme—it's a guiding principle for this school year and words the school community—every teacher, student, and parent—will live by.

## Special education day school

Katie Groth  
Frederick County  
Board of Education

Rock Creek School, located in the City of Frederick, opened in 1972 as a special education day school. It is adjacent to Waverley Elementary School and shares a 20 acre campus with Waverley. Rock Creek provides a continuum of special education services to serve children with complex medical issues and severe intellectual, physical, and emotional disabilities. Hearing, vision and communication services are also provided. Children from 3 to 21 are served at the school. A life-skills curriculum is offered which

includes functional skills training, social skills and academic support all in a community based program that focuses on personal management and communication skills. Many Rock Creek students go on to employment in the community.

Frederick County Public Schools has been conducting a two-stage feasibility study to determine whether the building needs to be renovated or replaced in order to continue to provide the unique, high quality program and special services. The study has been conducted by the Rock Creek Feasibility Study Group made up of parents, staff and school system administrators assisted by representatives of Grimm +

Parker Architects.

Stage 1 of the study was designed to examine and assess the program needs that would support the students. This resulted in a document called the educational specifications for the school. Using this document, the phase 2 study then consisted of an evaluation of the school as it currently exists, including the physical condition of the building and an analysis of its ability to provide the unique educational

programs and spaces required for 21st Century learning.

Next was a study of options that might be considered for providing the specialized program. Should the school be renovated? Should a new school be built on the same property? Or should a whole new location be provided for the specialized educational facility needed?

A consideration was made of each of these options, with the final decision being the recommendation to build a new school on a new site. Several possible sites were considered, all

being centrally located in the county and in addition, being adjacent to existing schools. Being close to another school provides opportunities for Rock Creek students to interact with their peers and participate as much as possible with them.

This recommendation was passed on to the Board of Education for their approval. It was subsequently approved by the BOE at their August 10 meeting and will be added to the lineup of projects in the Board's capital projects, with a proposed/estimated opening date of fall 2020.




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## FOUR YEARS AT THE MOUNT

*A new year offers a fresh start and an auspicious time for plans, goals, and do-overs. With the new school year only a few weeks underway, our FYATM writers consider a single goal for the 2016-2017 academic year.*

### Sophomore Year Making waves

Michael Kenney Jr.  
MSM Class of 2019

If you told me two years ago that I would set goals for a Division I swimming season, I would have called you crazy. At that point, I had never once considered being on a competitive swim team, and my ambitions were scattered in a variety of other capacities. Interestingly enough, a combination of hard work and happenstance brings me to the following article topic: my journey towards becoming a collegiate swimmer and the goals I have set for this upcoming season.

My interest in swimming began organically from my interests in track and cross country. I had been running competitively for a few years and as I approached the winter of my junior year, I was hungrier than ever to win the Catholic League Championship and make the All-State team. In order to set myself up for success, I decided to forgo a shot at varsity basketball and

abide by an arduous winter running regiment instead. Shortly after I began my training, however, it became evident that this particular Michigan winter had other plans in store.

The winter of 2013 spawned unforgiving weather conditions. With over two weeks of inclement weather-related school cancellations, and windchill temperatures frequently dipping below negative 20 degrees, my winter training was less prolific than I imagined. I took to the treadmill or called for a "recovery day" more often than I would have liked. On the days that I braved the cold, I ran with an inconsistent cadence; I would fluctuate from running fast enough to keep warm but slow enough to skirt upcoming sheets of ice.

The following winter forecasted a similar strife, and by the time my fall cross-country season concluded, I wanted both a physical and mental break from running. I considered going out for a variety of other sports in the win-

ter. I was not drawn to wrestling, I knew I could not pick up hockey, and I was not ready to return to basketball. Swimming, however, intrigued me.

I had always been somewhat envious of our school's swim team. The guys were close knit and known as some of the most disciplined student-athletes around. I had no idea how they managed both a rigorous college prep course load with taxing two-a-day practices, but I commended them for it. I wanted to know how I would fair in such a setting.

When my friend Alden, a member of my parish youth group and the best swimmer on my high school's team, heard that I was thinking about swimming he was ecstatic.

"Dude, you've got to do it!" He'd tell me over and over again. It did not matter that I had never swum competitively before in my life; to Alden, I had both the physical attributes and work ethic to contribute to the team. Although I had been considering it independently for a couple of weeks, Alden's enthusiasm and encouragement empowered me to believe that I could

excel as a varsity swimmer. "It'll be tough," he'd say, "but so are you."

I remember my first practice like it was yesterday.

"So you're a senior?" My coach, a fitness virtuoso with a megaphonic presence, asked with his head slightly cocked to the side. I nodded. "And you've never swum competitively before...?" I nodded again, but this time with a bit more conviction. I knew which question he indirectly probed: "Do you know what you're getting yourself into?"

My only goal that year was to make it through the season. Albeit I wanted to use swimming as a method to cross-train for track in the spring and mitigate senioritis, I was primarily determined to prove to myself that I could toughen out something new and physically taxing; however, I gained much more than I had ever anticipated.

A few weeks into the season, I was named captain for my leadership, work ethic, and seniority. While I was nowhere near the best swimmer on the team, I never let anyone hold a candle to my tenacity. I improved tremendously and made a load of new friends. I gained a passion for swimming and

an affinity for trying new experiences. Most importantly, my high school swimming experience set me up for the opportunity I have to swim this upcoming season for Mount St. Mary's University.

Although I ran for the Mount's cross-country and track teams year-round last year, I will forgo my cross-country and winter track seasons to swim. I am thrilled for the new opportunity and grateful to both my running and swimming coaches who have encouraged me to pursue my interests.

As I reflect upon my high school career, I know that aiming to "make it through" the season would short circuit all the potential that this season offers. I want to lead as well as learn, work as well as laugh, and swim so as to win. I hope to make new friends and lasting memories. I want to become stronger, faster, and more resilient. All in all, I hope that, in four years, I can reflect upon this year and embrace this season as a capstone of my college career.

*To read other articles by Michael, visit the Authors section of Emmitsburg.net.*

### Junior Year My own Goliath

Sarah Muir  
MSM Class of 2018

The year was 2006. I was an eager nine year-old, all ready for school with the standard glossy folders covered in various baby animal pictures, pencils, erasers, glue, crayons, and other supplies necessary for a successful first day. Every year, my goals were the same, to remain organized and never once have I completed that goal. Permission slips, handouts, and homework all vanished into the abyss of my book bag. Fold-

ers no longer resembled folders, but worn out books with tearing spines. Pencils, pens, erasers, books, all disappeared without a trace and were never to be seen again. Luckily, and by the grace of God, I passed my classes.

Flash forward four years and I am 13 years old and ready to enter high school. My goals to become organized, focused, and productive remain the same. I did not succeed, but rather, I discovered a way to navigate my cluttered little world that seemed to only make sense to me, much to the chagrin of my label-loving, hyper-organized sister. My

methods, to an outsider, were somewhat chaotic and higgledy-piggledy, but they worked (obviously, or else I would not be here as a Mount student writing this). I pray you forgive this next moment of self-flattery, but in high school I learned how to balance my messy world with unprecedented grace and no small amount of luck.

Another four years and I am in college. Still disorganized, but managing. My tendency to procrastinate is, if I am honest, just as terrible as it ever was. However, I realize that time spent in mine to spend and whether it is done wisely or foolishly is my own fault. Nevertheless, I recognize that I am a college student who is entering the year that many have deemed the most difficult. If I am to succeed this year, last minute papers and cramming is not going to cut it. I am facing a new challenge in which I not only have to juggle school, but work as well. Not to mention, my dream of studying abroad approaches and with it comes responsibilities that I need to face.

I have a plan, a crude, unex-

citing, still not yet fully formed plan, but a plan, nonetheless. It may sound a bit simple and easy to many of you reading this, but I have learned that anything more complex than this has a tendency of not working. It all starts with a planner. Now I have had many, many planners in the past and have tried variations of color-coded and post-ited (don't bother looking it up, it isn't a word) systems, but they have all failed. So instead, I rid myself of the fancy highlighters and sticky reminders of varying hues. This year, I shall stick instead with a pencil and a journal and write down the date and the time it is due.

Some of you that read this might think about how idiotically simple my master plan is and I agree with you; however, it is not my "master" plan, it is simply a plan. One that will help make my life easier. Maybe you are the type of person, like my sister, that plans their path in advance. If you are, then that is wonderful! I envy your ability. Truth be told, I have never been one to cut out a ten-year plan into stone with full details of how I get from point

A to point B. I am more of the mind that I know where point B is and realize that there is more than one way of getting there.

I told you it was not a very revolutionary plan; Heck, it is barely a plan at all, but it is something off which I can build. There is a small part of me who knows this probably will not work, a part that knows I am not the type of person to keep planners or organizers or written down schedules, but I need to try to show some semblance of order. My previous way of doing things, worked for high school, but I am not in high school anymore. I need to find a way to become truly efficient and not just scrape by on luck and a less than stellar, but passable work. I want nothing more than to make sure that I do not end up putting my name on sub-standard work this year and to work on becoming a better student.

This is my goal this school year. I did warn you it was not very exciting. It probably sounds mind-numbing to most of you; mind numbing and simple. And I admit it is not much in the realm of changing the world or transforming myself drastically, but it is something small and doable that can only help me become a better version of myself. My goal is to prove to myself that I can accomplish this small task of organization, which has always been my own personal Goliath.

So, this is my plan—Wish me luck!

*To read other articles by Sarah, visit the Authors section of Emmitsburg.net.*

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## GOALS FOR THE YEAR

# Senior Year

## Learning the language

Leeanne Leary  
MSM Class of 2017

I have a thousand goals, every year, ranging from waking up to my first alarm instead of my 12th alarm each day, to taking detailed notes in class so that I can effectively study for tests for the first time in my life. Most years, actually all years, a vast majority of these “goals” turn into unattainable wishes and dreams of a more optimistic and motivated version of my true self. This year, I will set these same goals and maybe, just maybe, since it is somewhat of a last ditch effort in my final year, some will come true; however, I’m not going to put all of my eggs into these same baskets another year. Instead, I will still try every day to wake up on time, be attentive, etc., but I will have a single overarching goal that will hopefully dictate a lot of my downtime: learn Creole.

Haitian Creole is the true language of the Haitian people, Google will tell you that the official language of Haiti is French; however, only the privileged speak

French. Creole has been referred to as the broken French, or a dialect of French, but if that were true, then those who speak Creole may understand French, which they do not. It is a language of its own, derived from French and African languages spoken by slaves who were brought from West Africa to work on plantations in Haiti. Creole has its own system of grammar, pronunciation, and more that separates it from any other language.

Let’s circle back around – this is obviously not a goal directly related to my final academic year, nor does it correlate to any of my coursework. It is, instead, tied to the calendar of the academic year. By the time I return to Haiti in May, after graduation, I would like to have made progress in accomplishing this goal. It is by no means fully attainable in eight months, which is why I hope to reach a benchmark, not fluency, in my knowledge of the language. I have academic goals and they do impact my study habits and the way I spend my time, but this year, as I look further from college and close

er into my career, I do believe this is an appropriate goal.

Three weeks ago, I was in Port-au-Prince, Haiti, and I went with my friend, Reese, to get propane from a gas station so that the cooks could make dinner for the kids. We pulled into the lot, and the woman working the propane tank immediately approached us with a widening smile and starting speaking in Creole to Reese, who is close to fluent. I stood beside her, greeted the woman and had a very, very short and surface level conversation. It didn’t go any further. She tried to compliment my hair and I couldn’t understand. Next to me, Reese was carrying on a full conversation, with obvious depth, and ended up singing with her as she pumped propane.

I walked away from that conversation hearing the woman tell Reese that she wished I knew Creole and to come back to visit next time I’m in Port-au-Prince. For the first time in weeks leading up to that point, I was truly frustrated. The Creole that I thought I knew didn’t end up being enough. Even in Haiti, I am spoiled because the children that I work with all speak English. They are raised bilingual. The school I have taught in teaches

English. Even when going out into the Ravine or out to the countryside, I have always been surrounded by bilingual children or young adults who work as translators in their free-time. I have never been forced to learn the language, and truthfully, I cannot claim to love a culture in which I can’t even communicate naturally. Not only am I an English major, but I believe so deeply in the value of words and the rich history of language. By relying on my language and remaining in my comfort zone, I have taken the value of the Haitian culture and cut it in half. Language and culture are not mutually exclusive, and they never will be. They enrich each other in a way that cannot even be understood while it is happening. Years later, words develop from events and events are understood only by time-specific words. Language changes over time, from place to place, and to assume that I could ever truly and fully experience all of Haiti while being less than proficient in such a vital part of the culture was naïve, to say the least.

Fortunately, I also believe that love rescinds language and I have been lucky enough to not experience a true barrier until I pulled

into the gas station, but if I do want to go deeper and if I do want to leave the boundaries of my comfort zone, I will have to learn the language. So this is my goal: before I land in Port-au-Prince this May, I will be able to walk through the airport and communicate with every official that stops me. I will exit the airport and find the children whom I love so dearly and ask them to not speak to me in English for a day. I will experience Haiti in a whole new way, and then I will return to the gas station and find the woman with the huge smile and beautiful voice and thank her, in Creole, for teaching me a valuable lesson.

Through the craziness that is to come this year, I will keep this in my mind. Sometimes it will have to be pushed to the back and other times, it will be my focus, but I will not return to Haiti without leaving my comfort zone. Let us all hope that I remember how I felt when I left that propane stop so that this goal proves more successful than the silly goals of years past. I will never wake up to that first alarm.

To read other articles by Leanne, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Graduate

## Pursuit of happiness

Katie Powell  
MSM Class of 2016

One afternoon last November, I walked to the pool with tears in my eyes. I had received my third rejection letter in two weeks and I was losing hope fast. I sobbed into the arms of a trusted ARCC employee as I let my worries fly. I am not good enough. I am not smart enough. My degree didn’t prepare me for another job. I will never be successful in the real world. What will I do without swimming, or grades even, to tell me when I am doing well? She reminded me that I was well-respected, regarded as highly capable, and the president of the student athlete committee. “If you don’t get in anywhere, it’s a loss for the whole profession, if you ask me,” she told me. That calmed me for a day or so, until I remember that along with the rest of the Class of 2016, I was hurtling toward graduation day without a plan. The days were speeding up, the Ott House nights were plentiful, but the job opportunities and graduate school seats were few and far between.

It was a pretty low point for me and for many other of my classmates, and I am sure that every class before me, going all the way back to 1808, can attest to the experience.

The denial letters continued to roll in and I was forced to abandon my dream for the time being. I had it in my head that the only way to measure my success was by getting

a master’s degree, so I started applying to other programs.

In late April I was accepted to a graduate program in gerontology and things started to turn around. As I write this, my fall semester is beginning and things are certainly looking up. However, I still have a sincere goal that I have yet to achieve.

My goal is to be okay with where I am at in my life and career. I do not have a “big girl job” lined up for the fall, and I am working on accepting that as what it is. I am taking time for myself. I worked my summer job, as I have done every summer since I was 13. This fall, I am going to Norway as a graduation present. I am going to celebrate the fact that I graduated college, a feat that many people do not accomplish, and when I come back, I will look for a job.

As of now, I still intend on becoming an occupational therapist. Getting into an OT school is part of my career plan; however, it is not part of my plan to be happy. I am recognizing that school and grades are not what I need to define myself as successful.

I am going to try my hardest to create other ways to measure success. Of course I will no longer get the rigorous daily workouts that swimming provided, with that exhausted-yet-proud walk from the ARCC to Patriot Hall every morning and afternoon. But, I am still going to compete. I haven’t found what it is that I will do, but my backyard wiffleball and volleyball games are getting far too intense for me to keep playing.

Physically, I am going to drink plenty of water, eat right, and shoot for those elusive eight hours of sleep every night. Mentally, I am going to recognize the mean things that I say to myself and work to counter them by celebrating the positive things I have done. Career-wise, I am going to put forth all of my effort into getting into an Occupational Therapy program. And whether or not I get in, I am going to be proud of myself and recognize that my career will not define me as long as I do what I love.

The past year has been an absolute whirlwind for me, and I

know that for the current Mount seniors it is only beginning. Having just been through the most emotional year of my life, I wanted to end this article with a little reminder for the Mount’s next graduating class.

To the Class of 2017: It is okay that you do not have a job lined up. It is okay that you know someone who does, or someone who got a full ride to grad school, or someone who is staying at the Mount forever, getting their master’s, and then working there too (because who honestly wants to leave?). It is okay that all of a sudden, you do not think that you are capable of what you want to do, because the adults have let me in on a little secret: sometimes,

they don’t feel capable either—and a lot of them have been working for years! It is okay that you still feel like a kid, because everyone still feels like a kid. And it is okay that you will no longer be getting grades, because teachers should have been teaching us all along how to judge our worth on who we are and what people think of us rather than the numbers they use to rank us. I wish you the best of luck, and if you ever feel like you are not enough, just remember: you are doing the best you can. No one can ask for more than that.

To read other articles by Katie, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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## FASHION

# Fall fashion favorites

Valerie McPhail  
MSM Class of 2015

The commencement of leaves falling into a collage of mix media of mud, twigs and the last hairs of grass, inspire cups of hot chocolate and apple cider from Starbucks — a New York City favorite. These are the moments that prepare our hearts for fall. There is a never-failing spirit in the air at this time of year. People are back from vacation, school is in session and new job opportunities start to open their doors as well. Everyone is ready for a new season.

Back to school shopping always supported this excitement and urged its anticipation. Besides the annual trips to Target for the packs of pens, spiral notebooks, color-coded and set-aside for every class I was scheduled for the fall, my mother would journey with my sisters and I on a mission to the mall. Here we were allowed a few new pieces for our wardrobe. These memories hold a soft spot in my heart. When we shopped together as a family, the advice she and my dad would then suggest, especially for me, a troubled and contemplative shopper, easily overwhelmed by the selections offered at Forever 21 and H&M, now seems unbeatable. They would soften my guard by having me consider my needs for the season ahead. Season after season, time again, these items repeated themselves.

Here are the five classic pieces that define the season. Not only are these items I grew up with, they are also styles I still love and continue to shop as others are currently cultural fads sold at Urban Outfitters regularly. Regardless of their current standings, they will remain secured in a special place in my heart and rightfully rouse the trend reports.

## Turtleneck Sweater

This is the coziest piece in your closet. Defined by the extra fabric that covers and emphasizes the shape of the neck, the turtleneck sweater is a strange beauty. It is a fall statement and its style hit the runways in the form of sweater dresses on numerous occasions: Akris, BCBG Maxazaria and Elie Saab's Fall/Winter Collections included; For men, Gypsy Sport, Billy Reid and the Michael Kors Collection Fall 2016 Men's shows.

This sweater style is a fall staple for its functional capabilities as well. It can be worn on its own, paired with slacks and loafers, as Audrey Hepburn classically fashioned in *Funny Girl*, as a layer underneath cardigans, blazers or tweed jackets, and further more, as a statement in the form of an oversized sweater, and dress. The possibilities are endless. Turtleneck sweaters are synonymous with colder weather attire for they can mix and match throughout. The turtleneck sweater is both naturally dramatic and undeni-

ably a basic. Both qualities make this piece of fashion irresistible.

## Jean Jackets

Easily deemed the most iconic jacket for the season, the denim jacket is more of a beloved street style trend than a runway statement. The love and support its fans provide to its style has stabilized its relevance, as well as kept it stocked in Zara and Topshop, the stores where fashion forward youth shop today.

The security of its posture comes from a history of style. The denim jacket is a passed down item: one acid washed pair that was worn by a mother or aunt with her high waisted Mom jeans and floral printed bodice top in her high school years, or an oversized fit discovered in a vintage store after a life of high school football games. The denim jacket reeks of teen spirit. For fall, the seasonal start of a new school year, one piece wins over the hearts, as does the jean jacket. The romance tied to this piece of fashion surpasses its function. There is a particular comfort to denim for fall that returns each year, a natural progression that transitions denim shorts into full-length skirts and jeans. The denim jacket is the added bonus onto these styles.

## Black Low-Heel Boots

The black ankle boot is a standard. Its design is undoubtedly simple: ankle length, small heel boot in black leather. Details of the shoe design proceed in an abundance of stylistic options including gold buckles, tassel zippers and treatment of the leather such as quilted patterns, a patent shine or exposed patina grain. These characteristics are abundant, as is its function. For this reason, the black ankle boot is a must have for fall season.

Dress this shoe up for an evening out at a dinner party, or style it on the weekends with your favorite oversized sweatshirt, the buzz around this boot circulates back each season because of its resourcefulness. It can be worn on many occasions. Within the last year, one particular style named the Chelsea boot, a mid-ankle leather boot has reinstated popular demand for the ankle boot.

Duplicating its appeal by offering styles for both men and women, the Chelsea boot is not only



Fashion in film: Audrey Hepburn sporting a classic turtleneck.

stylistically agreeable with denim, sweaters or leather, its design has durable functional qualities. This is a boot that can be used for when the weather takes a whirlwind turn. It makes a niche for functional and stylish fashion, thus its particular design has brought the ankle boot back on the radar.

## Leather Jacket

This one and only piece defines New York fashion. As the fashion modernizes its current interest, the obsession over a leather jacket has shifted focus onto the varsity, "bomber jacket," however, nothing more, nor less could sum up the city's sense of style than a motorcycle jacket. It is a force to be reckoned with, ideal in the fall time, as we bid a farewell to humidity and the unfortunately stuffy subway trains that are not air-conditioned.

Nicknamed for "Moto jacket," the leather jacket is an image of the city's downtown, cool, slick and grungy sensibility. Still today, this is where all fashion is collected, commonly observed and changed. Here, in New York's downtown Manhattan neighborhoods of the Lower East side, Soho and the West Village, fashion has been lived through the people who have repeatedly chosen the moto jacket. Its form is a statement: a bulky, cropped

leather jacket with tuxedo cut zip and a belt trimmed around the waist and decorated with excessive hardware. But when it is fashioned on the streets, the motorcycle jacket could not be any more classic. The weight of the jacket is light enough to layer over a knit sweater, and also warm enough to substitute as a coat over a thin turtleneck. The sight of its silhouette points to these roots.


## Flannels

If there is one button-down to wear for excursions out apple picking or pumpkin carving, it is the flannel shirt. Just as the chambray shirt speaks for beach days and boardwalk excursions of summer, the flannel shirt equates with the cabin fever of fall. Its functional purposed due to its heavier weight cotton, or wool twill, generates warmth when the weather gets chilly in November.

A flannel's plaid pattern is equally a primary characteristic to its defining place as staple to a fall wardrobe. The simplicity of this pattern — a checkered relationship between at least two colors, speaks to its definitive look. Patterns of red and black, or green and black are exemplify the meaning of the season. The fall season inspires a comfort in classic apparel, a responsibility a flannel shirt can dress up with style without too much excitement.

Prepare for a new season where fall fashion classifies the most comfortable pieces in a wardrobe. Take these staples: jean jackets, flannels, turtleneck sweaters, leather motorcycle jackets and black ankle boots together and discover all the different ways these pieces pair together. Fall fashion is about returning to the beloved pieces that radiate the comfort that excites this season by their legacy of style and fashion design.


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# Intertwined

Lydia Olsen  
MSM Class of 2016

Four years ago I was entering into my freshman year of college at Mount St. Mary's University. At the time, it seemed like the biggest change in my life and I suppose, at the time, it was. I had no idea what to expect or what I was getting myself into. Yet somehow I found that all of the best things in life start out feeling that way.

For me, the Mount was a completely new challenge in a new environment. Though the state was the same as the one I was used to, the landscape, the people, and the type of school itself were all very new to me. I always joke around saying that "I didn't choose the Mount" and that, rather, "it chose me." Maybe because that is the short and simple way to say it, or maybe because that is the best way that I can understand it myself. It just sort of happened. I was drawn towards the Mount like a moth to a light it hadn't even recognized to be illuminated until it was in reach.

Throughout my time at the Mount, I realized the love and passions that I had burning within me. The area and the opportunities I was presented with allowed me to grow and develop in more ways than I ever imagined possible. While that sounds like a cliché thing to say, there is more truth in it than I can even recognize.

My sophomore year of college I was taking a liberal arts class that was one of the many requirements under the Veritas curriculum. The class had been assigned a paper within the first week of classes that I, being a typical college student, put off until the last day to even begin to think about it. I sat in my XL twin bed around ten at night and decided that I couldn't put it off any longer.

Somehow, it has always been in my nature to be a rebel in the least rebellious ways possible. I always saw assignments as another way to rebel and ultimately do and write about whatever I thought to be more interesting or thought provoking. Though

this particular essay was supposed to be about specific themes in the literary work "Candid" by Voltaire, I decided that I was going to investigate the reasoning for the author's negative connotation towards the Society of Jesus, also known as the Jesuits. I spent the whole night researching and ultimately writing whatever I found compelling enough to get me what I assumed would be a decent grade.

Weeks later we got the papers back in class. I was surprised to find a note at the bottom of mine that said, "Lydia, please see me after class." I was stressed and thought I had totally failed the entire thing. Much to my surprise, my professor actually enjoyed my twist on the assignment and asked that I do further research on the topic and then present it as a project later on in the year. And so my fascination with the Jesuits began.

one of my older sisters. We traveled from Maryland all the way to Oregon. The nearly 60 hours in the car were full of lots of audiobooks, endless cornfields, the occasional new and exciting animal, and the essential chocolate bar from the nearest gas station. When I finally arrived into Oregon, I was welcomed into a community of nearly 150 other volunteers for orientation. We spent a week learning about the adventure ahead of us during our year of service work throughout the northwest of the United States. Soon enough, I was headed to Seattle and was given a set of keys to our 100 year-old house. I moved in with six other individuals who will also be doing a year of service work in Seattle. Though we all have different service sites, we have intentionally formed a community in which we will share meals, emotions, and journeys.

When anyone starts a new adventure in their life, you never quite know what to expect and maybe that's what makes the scary for some and exciting for others. Moving out to Seattle with a bunch of people I



It is with great sadness that we bid farewell to Lydia - she's been a joy to work with. Lydia is destined for greatness - that we know for sure.

that are simply fighting to be seen. The amount of homelessness within the city of Seattle is extensive and heart-breaking. The number of individuals seeking asylum through the local agencies overwhelms the resources that are available. The human beings that pass those on the side of the street or ignore when they call out for change is passively destroying dignity.

When did we stop seeing people as people and push them aside as if they were a burden? When did we decide that some voices had more strength than others and that it's best if the ones that don't agree with us are silenced? When was it declared that to be acknowledge you had to have showered within the past 12 hours and not be covered in tattoos? When did we decide that anyone can put themselves on a level of superiority if they don't have tracks on their arms or a brown paper bag beside them?

One of the most important aspects of living life as a Jesuit Volunteer is simple living. This means living on a very strict budget, having very limited use of technology and luxury items, and evaluating what is actually essential in life. I'm sitting on the fifth floor of the public library in downtown Seattle writing this article. It's a beautiful and sunny day outside. I passed countless individu-

als experiencing homelessness on my way here and even complained that I was hungry. The computers around me are all occupied by human beings that have had more and different experiences than I have. A man beside me types up a poem he has scribbled in his journal. A woman behind me quietly sings of a struggle I have never known. A man covered in tattoos tucks everything he owns under his chair and a woman fills up every water bottle she could get her hands on from the fountain through the hall. How did we ever come to imagine that just because people have been through different things that their journeys were ever any less than our own? Every individual that we encounter is going through a struggle that we know nothing about unless we engage them in that conversation. Ultimately, aren't we all on a journey? Coming or going with more unknowns than we can count and hoping all along that someone will offer us a smile or hold the door when we walk by because we each need someone to acknowledge our presence—whether we admit to it or not. We are bound to each other and our fate and happiness are intertwined.

To read past articles by Lydia, visit the Authors section of Emmitsburg.net.



At the same time, college was turning me into a passionate advocate for social justice. When my new-found interest in the Jesuits and my energy towards social justice collided, I found the Jesuit Volunteer Corps and put it on my radar for post-graduation service. I am happy to say that after having this notion in my mind for a few years, I am proud to be a part of the Jesuit Volunteer Corps Northwest and AmeriCorps.

At the beginning of August, I packed up the most essential things into my CRV and headed west with

had never met before has already been a huge adventure for me and something that has made me recognize both my courage and my rashness to act on my instincts.

The city is incredible and every turn seems to hold something new to me. It takes traveling and exploring for you to realize how little you actually know. And yet, isn't that what life is all about? If we are not willing to grow and change then why bother?

In the short amount of time that I have spent in the city, I have been overwhelmed by the number of people

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## ARTS

# Fame—The Musical dances into Gettysburg

Jean Grubesky  
The Majestic Theater

After reaching some sixty million people in over 30 countries, Fame - the Musical, based on the Academy Award winning film and Emmy Award winning TV series will be at Gettysburg College's Majestic Theater, Gettysburg on Saturday, September 24, at 8 p.m. This high octane live show will have you dancing in your seat as the special relationships unfold for the lucky youngsters given a chance to develop their talent at the famous School for the Performing Arts in New York City.

"This brand new production of FAME is like you've never seen it before," remarked Jeffrey Gabel, Majestic's Executive Director. The cast features some of the hottest young talent from Broadway, and the staging is a souped-up, contemporary version of the 1980 original that's as fresh as Taylor Swift's latest tweet."

Conceived and developed by David De Silva, FAME was originally released as a highly acclaimed movie via MGM/United Artists in 1980. The film earned four Academy Award nominations. Its musical score for the film was awarded

an Oscar for the song - with its unforgettable lyrics - "FAME - I'm Gonna Live Forever"!

The network Television series of the same name followed shortly. The TV show ran for six years in the 80's winning a number of coveted Emmy Awards and made FAME one of most highly received movie-turned television series events garnering millions of viewers each week.

This live show is a full-throttle journey which highlights the struggles, fears and dreams of young artists as they navigate their time in this "special" school that may well propel them into the world of entertainment. The production fol-



lows the four year odyssey of triumphs and broken dreams right through graduation day, including a tragedy that they must all rise above as they go forward in cap and gown to sing the moving "Bring on Tomorrow".

To purchase tickets \$call 717-337-8200 or visit [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org) or stop by the Box Office, 25 Carlisle Street, Gettysburg. The Box Office is open Monday through Saturday from Noon until 7:30 p.m. and

on Sunday from 1 to 5 p.m.

The Majestic Theater at the Jennifer and David LeVan Performing Arts Center is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.

## Way Off Broadway's 101 Dalmatians kids

A large part of The Way Off Broadway Dinner Theatre's goal has been to bring entertainment for all ages to the Frederick stage. The area's only year-round producing theatre has done just that with its popular Children's Theatre. Opened in 1996, Way Off Broadway's Children's Theatre produces shows the entire family can enjoy. In the begin-

ning, it produced original musical stage adaptations of classic fairytales.

In 2011, the Children's Theatre was revamped and began producing stage versions of popular children's movies and books. The first of these new shows was Disney's 101 Dalmatians which was an instant hit. After almost six years, Pongo, Perdita, and all their pup-

pies, along with Cruella De Vil and her bumbling henchmen, will be returning to the Children's Theatre for a fun fall run beginning September 17th.

Disney's classic animated tale of kidnapping villains and courageous puppies is adapted in this "fur-tastic" musical adventure. Pet owners, Roger and Anita, live happily in London with their Dalmatians, Pongo and Perdita, stalwart dogs devoted to raising their puppies. Everything is quiet until Anita's former classmate, the monstrous Cruella De Vil, plots to steal the puppies for her new fur coat. The Dalmatians rally all the dogs of London for a daring rescue of the puppies from Cruella and her bumbling henchmen.

The original animated film 101 Dalmatians was released in 1961, which was itself an adaptation of the novel The Hundred and One Dalmatians by Dodie Smith. Disney released a live action version of the film in 1996 starring Glenn Close as Cruella De Vil, followed by a sequel four years later.

Disney's 101 Dalmatians has music & lyrics by Mel Leven, Randy Rogel, Richard Gibbs, Brian Smith, Dan Root, and Martin Lee Fuller; a book adapted by Marcy Heisler; music adapted and arranged by Bryan Louiselle; and is based on the screen play by Bill Pete. Way Off Broadway's production runs September 10th - October 29th and is under the direction of Jordan B. Stocksdales.

Children's Theatre performances are every Saturday afternoon and the 2nd and 4th Sunday of each month. Doors open for lunch each day at 11:30 a.m. with the show beginning at 12:30 p.m. Tickets for lunch and the

show cost \$17 per person.

To purchase tickets, call the Box Office at 301-662-6600. To learn

more about Way Off Broadway or any of its productions, visit [www.wayoffbroadway.com](http://www.wayoffbroadway.com).

### Majestic to host Healing Art exhibit

The Majestic Theater Gallery in Gettysburg will serve as the opening venue for Wellspan Gettysburg Hospital's new Healing HeARTS Initiative. "Healing Art" will open with a public reception on First Friday, September 2, from 6 to 8 p.m. The show will run through the end of November.

Performing at the reception will be a string trio from the Gettysburg Chamber Orchestra. Wine and refreshments will be served.

The exhibit is a collaborative effort of six Adams County artists responding to the theme of healing: Katy Giebenhain, mixed media and design art; Wendy Heiges, designer and mixed media artist; Janet Hikes, watercolor, pastel, and acrylic; Dan Mangan, photographic art; Geoffrey Thulin, watercolor and mixed media; and Dora Townsend, photographic art.

Designed as an interactive exhibit, the show will feature a series of questions and assump-

tions, with viewers invited to submit their own thoughts and responses.

Healing HeARTS is part of a growing recognition in healthcare that the arts exert a powerful effect on the healing process. Evidence shows that art can serve as a touchstone for physical, emotional, and spiritual healing, and that the effect of art-as-catalyst can be profound for those with acute medical crises, as well as those living with chronic illness or disability.

In the near future, the concept will be expanded within the hospital itself as an adjunct to its traditional clinical functionality, according to Wellspan Gettysburg Hospital President Jane Hyde. This will encompass a wide range of artistic expressions ranging from the visual and literary to the musical arts.

For further information, contact Dan Mangan at [danmangan@me.com](mailto:danmangan@me.com).

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25 Carlisle Street, Gettysburg

# Italy's famous masterpieces

Jack Williams  
MSM Class of 2017

My classmates and I moved back to the Mount this month! The start of a new semester brings its own personal reflections and excitements, and in my case, this semester has me reminiscing about the beginning of last semester. Instead of catching a ride with my parents back to the Mount, last semester began with a taxi ride from the Florence airport by someone who spoke another language, into a city that I had never seen. Coming home to the Mount feels both nostalgic and new, in its own way.

Hanging some posters of Florence reminded me that I had not talked about some of the works of art I had encountered in Europe, and now is just a good a time as any! Just about every work of art I knew about beforehand had interesting details that I had not heard before. So let's learn something new. These are the intriguing facts that I learned about The David, The Sistine Chapel, and The Pietà.

Let's start with the David, and something we all know about it. This marble statue is very tall. But how tall, exactly? And does its height have any significance? Let's look at a text found in the Bible, 1 Samuel 17:4, "A champion named Goliath, who was from Gath, came out of the Philistine camp. His height was six cubits and a span." This passage comes from the Hebrew Bible; six cubits and a span equates to about 9'9". The Greek Old Testament, however, puts Goliath just under seven feet. The Dead Sea Scrolls, as well as the Romano-Jewish scholar Josephus, put his height at 6'9". Why is this significant, you might be wondering. The David, by Michelangelo, stands 17 feet tall. Here, Michelangelo relays how influential courage is to our perception of an individual. By his conviction, David rivals the giant.

But why 17 feet? Why such an unusual measurement? Bear in mind that Michelangelo was methodical, more so than we might expect in an artist. He commonly imbued his artwork with subtle yet discernable religious symbolism. David was much shorter than this statue of him, but by how much? Or, more realistically, what would the average height of a man be during Michelangelo's time? Richard Steckel, in a study published in the journal Social Science History, determined that men between 1300-1500 were, at most, one to two inches shorter than the average height of a man today. This will be important in a moment.

At the Gallery of the Academy of Florence, where I saw The David, I overheard a tour guide in front of me tell her group, "If three of you stood on each other's shoulders, you would be just about David's height." She then described how Michelangelo carved the David to be about three times the height of an average man, three being a holy number in the Christian faith. How cool is that! The David went from being a

purely religious symbol to a political one in the city of Florence. The David was placed in the Palazzo della Signoria after its completion. Originally, it was intended to stand on top of the Florence Cathedral, but those plans eventually fell through. During its construction, David's stare had no more meaning than to display courage in spite of impossible odds. After the Medici family was exiled from Florence in 1494, the Florentine state became a republic, in control of its own destiny. But the Florentine Republic was threatened by rival city-states who, at the time, held greater political and military power. The David, though not originally intended to be interpreted this way, became a powerful symbol for the Florentine people to overcome insurmountable odds. The positioning of the David in the courtyard made his stare point directly to Rome, another symbolic message gleaned by Florentine citizens. It all serves to show that context can greatly influence the way that we interpret art.

I had the incredible opportunity to visit the Vatican along with everyone in our group. The trips that our program organized for the whole group were to Rome and Venice, and we had one whole day allotted to St. Peter's Basilica. We had a Papal Audience with Pope Francis, then spent the rest of the day on a guided tour of the Vatican Museum and The Sistine Chapel. Having been inside the Chapel, I can say that it is as incredible as everyone says it is. I could have spent an entire day just looking at the frescoes on the walls.

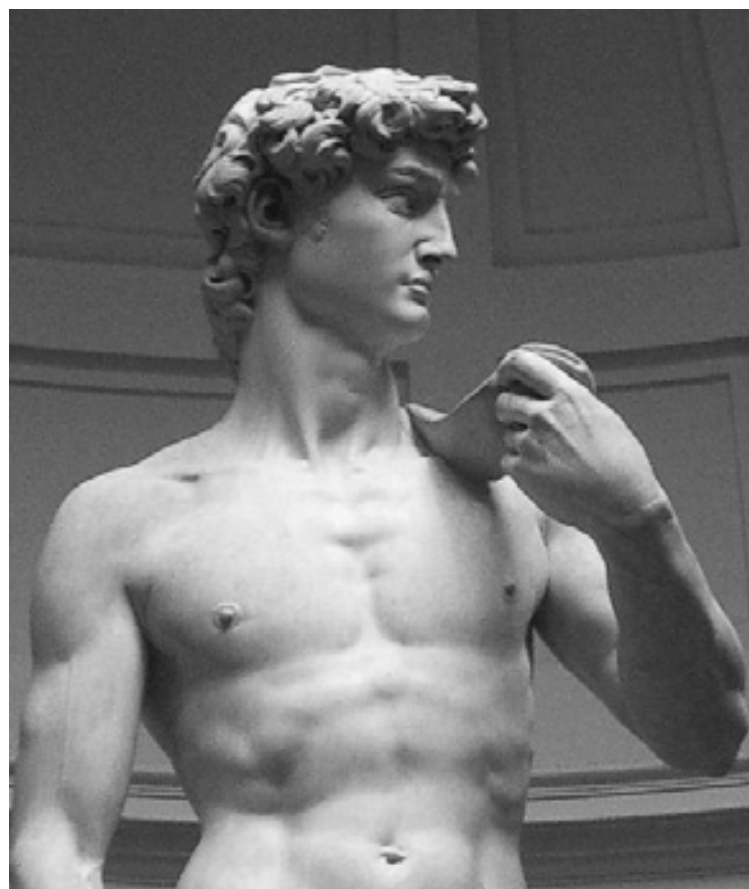
One detail I learned about the paintings in the Chapel is that they were not all created by Michelangelo. Very often, the ceiling and The Last Judgment overshadow the other artists who contributed to the room's aesthetic. Some of the greatest artists of that period were commissioned by the Papacy, including Sandro Botticelli and Domenico Ghirlandaio, whose workshop Michelangelo apprenticed in at an earlier age.

But let's talk about the ceiling. Originally, it was decorated with a royal blue night sky and yellow-white stars above. This was to be redesigned at the request of Pope Julius II, who undertook the complete overhaul of the interior of St. Peter's Basilica. He was looking for a series of paintings on the life of Jesus, but Michelangelo made an executive decision and told the Pope he would like to paint the beginning of the Old Testament. Interestingly, too, Michelangelo was reluctant to accept the commission because he considered himself a more capable sculptor than a painter.

The Chapel welcomes five million visitors each year, roughly 25,000 per day. What about the temperature of the room with that many visitors, as more people shuffle in? With that many people entering and leaving, the windows on top of the ceiling were usually left open for most of the day. The greatest cause of damage to the ceiling was a combination of factors: quick increases in temperature, humidity, automotive exhaust and other pollutants, as well as bacteria that came from visitors who lived all across the world. After the ceilings were restored in the 1980s, the windows were permanently closed and an air-conditioning system was installed to keep the Chapel at precise temperature and humidity levels.

Like The Sistine Chapel, I only had the chance to see The Pietà once. The best translation for the Italian word, *pieta*, is pity, although the term lamentation is also widely used, which is important for the first fact I learned about this work: Michelangelo made more than one *pieta*. Later in his life, he created another statue with Jesus in a similarly counter-posed position, but in the arms of Joseph of Arimathea instead of Mary.

Another interesting, uncommonly known fact about the Pietà is that it was the only work Michelangelo ever signed. Giorgio Vasari, the famous sixteenth century art historian, detailed why Michelangelo signed this statue in his Lives of the



Artists. Apparently, after the statue was put on display, onlookers began attributing its creation to Ghibo, a contemporary of Michelangelo's from Milan. To fight the rumor, Michelangelo returned that night and chiseled his name on the sash of Mary's gown. He immediately regretted this decision, and would for the rest of his life.

If you'd like to know more about Renaissance art, I have written about some famous works on the webpage at [emmitsburgartscene.wordpress.com](http://emmitsburgartscene.wordpress.com), with small essays about other works of art I saw abroad soon to come!

To read other articles by Jack, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net), or [emmitsburgartscene.wordpress.com](http://emmitsburgartscene.wordpress.com).

## Pippinfest art show

The Carroll Valley Citizens Association is sponsoring an Art Show during Pippinfest on Sunday, September 25th in the afternoon at the Fairfield Mennonite Church located at 201 West Main Street, in Fairfield. The visual art categories that will be displayed are paintings, sculpture, and photography. If you are interested in submitting any of your art work, contact Steve Semiatin at [stevestudio@hotmail.com](mailto:stevestudio@hotmail.com) or call 717-642-9178 for further details. Entry fee is \$30 made payable to CVCA. Up to three entries per artist will be allowed. There will be no judging except for community voting for the "People's Choice" awards (1st, 2nd and 3rd places). Go to [carrollvalleycitizens.org](http://carrollvalleycitizens.org) website to download an application and sent it with the entry fee to Steve Semiatin by September 17th.



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SPORTS

# Cougars ready for fall season

Sean Vietri

Even with the fall semester right around the corner, most students at Catoctin High School are not thinking about classes. As we know, kids capitalize on the lazy days of summer, and remove themselves as much as possible from the drudgery of schoolwork. There is one group of students, however, who are trading in some of their leisure summer hours to their fellow teammates and coaches through fall sport preparation. Throughout the summer Cougar athletes have been enduring the oppressive heat, dedicating themselves to rigorous training. While most of us are in doors, with air conditioning preventing us from breaking even a sweat, the cougars are out there in the open with up to three hour practices ahead of them.

I have had the opportunity to observe, in the shade, the practices of two fall sports teams, Cross Country and Boys Soccer.

These three teams have all have seriously shown they understand the preparation and dedication needed for challenging fall seasons up and coming and what it means to represent Catoctin High School and the communities of both the towns of Thurmont and Emmitsburg.

Catoctin Cross Country has new shoes this fall with their new Head Coach, John Grim. Although new to the Cougar's program, Grim is very familiar with Cross Country coaching in Frederick County. Grim coached at Linganore High School in Frederick for 32 years and led the school to 14 state titles in cross country, indoor track, and outdoor track. He has been named the Frederick County Girls Cross Country Coach of the Year three times and several more times for Girls Indoor and Outdoor Track. Catoctin is very excited to have him on board the coaching staff for the 2016-2017 school year.

Under Grim, the boys and girls cross country teams have been

striding out the miles and conditioning themselves to come out of the gate running on September 3rd: the date of their first meet in Brunswick. Historically a hot and hilly mid-day run, the Cougars are ready for whatever comes their way on the challenging course. Training on the hills in Thurmont as well as running through our little shaded town streets, will definitely play to their advantage when meet time comes.

When asked about the teams outlook on this year's Brunswick Invitational, Andrew Douwes, a senior at Catoctin said "We hope to set a standard for the rest of the season... set a standard that we can improve on" Lead female runner Julien Webster who scored first place for small schools last year said she was "very excited" for the meet. After Brunswick, the goal of both the girls and boys is to get back to states and to win the coveted state title.

Both Webster and Douwes describe the team as "close knit" and "a family". Instead of a culture of solely worrying about personal records and places, Cougar training differentiates itself by creating an environment where teammates push each other and stride toward success together.

Moving from the woods out onto the field, both boys and girls soccer teams are looking down the field at the upcoming fall seasons. The Varsity boys have a fresh start going into the 2016 season after a disappointing 0 and 11 season last fall. With new head Coach Rob Phelan, the Cougars have been working hard this summer, in the heat and with long practices. Under the bright sun, the



Catoctin soccer varsity players, Devin Stafford and Pablo Archilla, work on foot-skills.

cougars show bright smiles rather than complain about their strenuous training.

Without a Junior Varsity team this year, the cougars have a very diverse squad of players ranging vastly in skill. Not having a huge amount of depth this year, the cougars are looking for leadership from the team's veterans. Senior Paul Bello, who has been with the program for three years, when asked what the team is working on says, "We're trying to improve communication and working as a team together." One way the Coach Phelan is leading the team in doing this is by having the team learn each other's strengths.

In addition to building communication and coordination Coach Phelan and the entire coaching staff have been push-

ing the team hard to become fit and develop better foot-skills. Two words that describe the way in which skills must be executed on game day are "clean" and "fast". Players are working hard to be decisive with the ball and to keep touches clean and simple. These skills help players move the ball away from space and pressure, a critical component in the fast paced game of high school soccer. Pablo Archilla a player remarks that the team "has a lot of heart." Both the teams "heart" and "body" will be tested this season, and the players are eager to get out there and be tested.

The soccer teams first game is an away opener on September 6th against the Francis Scott Key Eagles. Upcoming games this year include, matches against Clear Spring, Thomas Johnson, and Linganore, but the game the cougars look forward to the most is the Walkersville match. Young players Logan Rickerd, Jarryd Rosenberry, and Drew Drumheller, all look forward to playing the Lions and encourage the communities of Thurmont and Emmitsburg to come to Catoctin High School and watch the regular season match on October 20th.

Unfortunately I did not have the opportunity to brief the girls' squad, a similar mindset is shared among the players going into the season. Although they had a couple wins, the girls also had a rough season last fall and look to shake things up this year and bring their best to the field. Both the girls and boys are working hard to improve their teams, and this growing year might just be a winning year.

The student athletes on the above teams, as well as the athletes on other Catoctin fall sports teams that I did not get the chance to cover, have without a doubt worked hard this summer, and that hard work will without a doubt pay off this fall. Go Cougars!

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# Mount sports fall season preview

Kelly Smith  
MSM Class of 2017

As summer ends, the fall sports season at Mount St. Mary's University is set to begin. Athletes have been training hard throughout the summer to prepare for a new year of opportunity and success. Cross country, tennis, women's swimming and women's soccer have an early start to competition and the coaches, players, and new Interim President, Dr. Timothy Trainor are ready for an action-packed year of Mount Athletics.

The Mount Women's Soccer team kicked off their season on Aug. 19. Junior Kristen Morawski is looking forward to the fall season, especially with a new coaching staff. Morawski said, "This fall, as a team, we are facing many changes since we have a new coaching staff, system and standards. We are looking forward to adapting to these changes and making a name for ourselves that we haven't had in the past." She continued to say, "Our ultimate expectation and goal for this upcoming season is to win the NEC conference title, which we fully believe we can. But, as short-term goals are concerned, we just want to take one game at a time, one week at a time and be able to bounce back from successes and failures. Our expectations are again to be seen as a threat to other teams and to reassure that we aren't the same team they are used to."

The Mountaineers hosted Loyola, Howard, and American University in the month of August and match-up against Lehigh, Bucknell, VMI, Temple, Navy and Delaware in September. October games include Central Connecticut, Hampton, Saint Francis, Bryant and Robert Morris. The final game of the 2016 season is Oct. 20 at the Mount, versus Fairleigh Dickinson.

The Men's and Women's Cross Country team recently released their fall schedule. The Mountaineers will host the 5K Duals on Sept. 2. After the home meet, the team will head to the Cappy Anderson Invitational in Princess Anne, Maryland on Sept. 17. Road trips to George Mason, Princeton, and the Northeast Conference Championships conclude the season in October.

Head Coach Jay Phillips is entering his 13th season at the helm for the Mount. When asked what his expectations were for the upcoming season, Phillips said, "We have the opportunity to improve, and that's our goal. Every year we lose senior leadership, and the expectation is that the new upperclassmen step up - they're ready." Coach Phillips is always allowing his team to prepare for the upcoming seasons. Phillips said, "We are in a constant dynamic of formation. Every practice, every competition, every season forms us into a better program."

With twelve seasons under his belt, Coach Phillips is prepared for another exciting and successful year.

The Mount St. Mary's University Women's Tennis team is ready for another season to showcase their skills. Senior Erin Benefiel could not be more excited for the fall season to be-

gin. Benefiel said, "The fall is always an exciting time for all of us. We get to see the results of all the hard work that we have put in over the course of the summer. After three months of being apart, it will be nice to get back to practicing together and working hard as a unit."

Two new freshmen have been added to the women's roster, Hannah Davis and Alexa Quintanilla. Davis is coming to the Mount from Providence Catholic High School in New Lenox, Illinois and Quintanilla is coming to America for the first time from Lima, Peru. Head Coach of the Men's and Women's programs, Samantha Pinchoff, is extremely excited for the new women to start their legacy with Mount Tennis. Pinchoff said, "We have a great incoming freshman class. I work very hard to bring in athletes that will not only add something to the team, but will add something to the Mount St. Mary's Campus." Pinchoff continued, "This incoming freshman class is very talented and I know they will raise the bar on both the men's and women's team. They fit in with the culture of our program and I know the returning players, especially the captains, are ready to welcome them with open arms."

Both men and women start the season on Sept. 7 at Shepherd University and spend the following weekend at Bucknell for the Bucknell Invitational Sept. 9 through Sept. 11. The highlight of the fall is the Mount Invitational Oct. 7 through Oct. 9 at the PNC Sports Complex.

Senior Darren Mast is ready to complete his legacy at the Mount, "I am looking forward to finishing off my senior year with a bang! I am excited that the schedule is fully packed with intense opponents, and I am excited for a change in leadership roles." Mast said about the four seniors on the team, "As a senior, I know we are looking forward to very strong leadership from a big group of seniors, and we want to have an impact on the progress of the very talented underclassmen."

The Mount added two new men for the team, Jean Armstrong and Zachary Burau. Armstrong attended Cupeyville



Mount Senior Erin Benefiel is eager to show her skills on the courts.

School in Cupey, Puerto Rico and Burau went to Grand Blanc High School in Grand Blanc, Michigan. Mast is looking forward to the impact that the freshmen will make upon arrival, "I am well aware that we picked up two very strong freshmen. They have very different game styles, and I believe they can fit our lineup perfectly. If treated right, I believe they can have a huge impact and have an amazing freshmen year"

To continue the fall preview, a new chapter in Mount history will be written this fall with the addition of a Men's Swimming and Diving program. Head Women's Coach Neil Yost will coach the new men's program as it begins in the fall as an independent team. Senior Amanda Moore said about the new program, "Diving is an awesome sport and it will be cool to have divers represent the Mount at championships."

Moore is ready to jump right into training for the upcoming meets in October. She said, "There are a lot of things we are looking forward to this year! We have a lot of new freshman coming in which will bring a lot more talent for us." She continued, "I think this is going to be a great season for us! We have a much bigger team than ever

before. Everyone works hard and we will all push each other to be the best team we can be."

Not only are the coaches and players looking forward to the fall season, but the new Interim President of the University, Dr. Timothy Trainor is excited to see what Mount Sports is all about. President Trainor said, "I believe that athletics are an important part of development for our students so I see Mount athletics as playing a critical role. People develop important teamwork, leadership and resilience skills through participation in sports."

President Trainor has a history with sports and is an avid sports fan. He said, "My family took on the moniker

of "Team Trainor" because of our involvement in, and love of many sports. I grew up playing baseball, basketball and football, and then later coached soccer, basketball and some baseball as my kids grew up. My wife, Donna Brazil was captain of the lacrosse team at West Point her senior year and went on to coach and work with the team there in various capacities. She also coached youth lacrosse." He continued, "We were very big supporters of sports at West Point and plan to bring that same passion to Mount Athletics. Go Mount!"

All schedules and the latest up to date information on MSMU sports and results can be found at [mountathletics.com](http://mountathletics.com).

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 Sept. 17 - Burn The House  
 Sept. 23 - 24 - Stick Time  
 Sept. 30 - DJ Element  
 Oct. 1 - TBA

Closed Labor Day  
 Sept. 5

# COMPLEMENTARY CORNER

## Placebo effect

Renee Lehman

The word placebo, “I will please,” has its origin in Latin. A placebo effect is considered the effects of an inert or innocuous substance used especially in controlled experiments testing the efficacy of another substance (as a drug). However, this description can be misleading.

In general, placebo effects are improvements in patients’ symptoms that are credited to their participation in a healing encounter, with everything that is connected with this encounter – all of the rituals and interactions. These can include medicine, medical equipment, healthcare environments, interaction with clinicians on a body/mind/spirit level, etc.

In the past, placebo effects were often considered worthless and illegitimate. They were thought to be unscientific and caused by bias and prejudice. However, these thoughts are changing. More research is being done on placebo effects. A leading scholar in this field is Ted Kaptchuk, a Professor of Medicine and Professor of Global Health and Social Medicine at Harvard Medical School and Director of the Harvard-wide Pro-

gram in Placebo Studies and the Therapeutic Encounter (PiPS) at Beth Israel Deaconess Medical Center in Boston, Massachusetts. Ted says that the placebo effect has a biology, and that it is not just something that is made up in the mind. “The pathways that we know the placebo effects use are the pathways many significant drugs use.”

In recent articles (in The Wall Street Journal, Nature, and New Scientist), Ted mentioned placebo studies that have been done with patients who have Parkinson’s disease, irritable bowel syndrome (IBS), pain, and migraines.

The Parkinson’s disease research (done in 2001) showed that patients who were given a placebo pill, had a 200% increase in dopamine (the neurotransmitter that allows for smooth movement), which was equivalent to a prescribed dose of 250 mg of Levodopa. This means that when given the placebo pill, the brain released the very same chemicals that physician’s prescribe to patients who have Parkinson’s disease.

In 2010, Ted Kaptchuk did a placebo research study on patients with IBS. He was upfront with who was taking the placebo pill to help control pain and



other symptoms. The results were startling: 59% of patients who knowingly took sugar pills reported adequate relief from their symptoms, compared with 35% in the no-treatment group — better than most IBS drugs. “I was very surprised by the results,” said Kaptchuk, “even though I hoped it would work.”

Finally, a recent study of episodic migraines in 2014, demonstrated that when patients took a medication that was labeled “placebo” (a treatment that theoretically had “pure pharmacologic effects”), the outcomes did not differ from those in patients given placebos deceptively labeled medication (pure expectation effect). However, when the medication was correctly labeled its analgesic effect increased by 50%.

In an article entitled, Placebo Effects in Medicine, in the New England Journal of Medicine in July of 2015, Ted Kaptchuk summarized that placebo effects rely on complicated neurobiologic mechanisms

involving neurotransmitters such as endorphins, and the activation of specific areas of the brain that deal with pain, movement disorders, and emotional illnesses.

Evidence to date suggests that placebos primarily address subjective symptoms (such as pain, fatigue, nausea, etc.). Research also suggests that the effects of clinician interactions can markedly enhance the efficacy of medications.

So, in the past, placebo effects were considered worthless and unscientific. They were considered to be unscientific. Really? Medicine’s goal is to restore health, manage disease, provide symptom relief, or cure illness. Why then wouldn’t the placebo effect be considered a form of treatment? It can support an individual, provide relief, and give someone hope. Compassionate health care can help to support individuals as they gain more insight into their symptoms/illnesses.

The use of placebo effects are here to stay. They are not shams. More research on placebo effects will be able to show that for appropriate illnesses, placebos that are sincerely prescribed by clinicians could possibly become a routine part of medical care. “Placebos have always been negative for medicine,” Ted Kaptchuk states, “but for many patients, trying open-label

placebos could be a first line of treatment before any drugs are prescribed.”

The real question, I believe, is WHY placebo effects work. This month’s article has only dealt with HOW they work. The research has been focused on the materialism of placebo effects, meaning that the research is looking only at the processes and phenomena through the physical realm. I believe that placebo effects work because of an individual’s faith and their beliefs. They work because of the non-physical realm – the spirit. And, how can this be measured by the scientific method?

“The doctor-patient relationship is critical to the placebo effect.” - Irving Kirsch

“I’ll take transformational change any way it comes. One way to look at meditation is as a kind of intrapsychic technology that’s been developed over thousands of years by traditions that know a lot about the mind/body connection. To call what happens ‘the placebo effect’ is just to give a name to something we don’t understand.” - Jon Kabat-Zinn

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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## FITNESS AND HEALTH

# Keep moving

### Sedentary lifestyle

**Linda Stultz**  
Certified Fitness Trainer

I have written about the importance of an active lifestyle in almost every article because it is so essential to a long, healthy way of life. Sitting is the fastest way to lose energy, flexibility, strength and a sharp mind. Leading a sedentary lifestyle is easy to do but it is one of the habits that will take away your ability to live the life

you enjoy. We all have to make adjustments in our workload and activity level as we get older but that doesn't mean sitting in your favorite chair all day watching TV.

Getting a little more sleep and maybe taking a few more short breaks during the day is natural as we age. We find we cannot keep going as long or working as hard as we use to but definitely not sitting and watching the world go by. Retirement is a time to enjoy

the hobbies we always wanted to do but did not have the time while working, enjoying more time with family and friends and just taking a little time for ourselves.

Doing all the things I just mentioned can keep our bodies moving and healthy, even if we slow down just a bit. I realize sometimes health problems affect how much we can do and may slow us down faster than we anticipated. Even if you find yourself facing something you did not intend, try to find a way to keep motivated and do whatever you can to get some exercise. Moving will usually help you feel better and get back on your feet a little faster, even if

you can only start slowly. Getting older cannot be slowed down but feeling older definitely can.

Regular exercise like walking, swimming, dancing and golfing will keep your muscles and bones in good shape. Going to the gym or meeting friends for an outing will keep you active in both body and mind. Seniors who participate in organized activities like going to the senior centers, playing cards, bowling or anything that gets you out of the house and involved with others seem to have more energy and feel younger. Everything I have been writing is not just geared toward seniors.

Everybody, no matter what age

needs to exercise and lead an active lifestyle in order to keep their health thriving. Children, teens, adults and seniors will all benefit from keeping busy and moving. The sooner you start moving the longer you will be able to live the active life you enjoy and be able to keep going with ease as you age.

Any questions or ideas please contact me at 717-334-6009. Remember, Keep Moving, You'll be Glad You Did.

*If you have any questions or suggestions you can contact me at 717-334-6009. Enjoy the summer and remember to Keep Moving!*

# Seeking help for an aged loved one

**Laurie Swisher**  
Visiting Angels

“My Mom lives at home alone and I’m worried about her when I’m not there.” “My Dad just moved in with us and his memory is failing. I have to work and he’s constantly on my mind.” “We’re moving my mother in law in with us and I just don’t have the time to tend to her needs.” “My husband is in bad shape and I’m finding it difficult to care for him on my own, I’m getting burned out.”

These are just a few examples of what we hear from folks on a constant basis. So the question is “when is the right time to seek help for you or your loved one?”

First and foremost is safety. Too many times we assume that our family member is okay alone. Either because they tell us they’re alright or because we haven’t seen them at their worst. About 20 years ago, I moved to PA at the request of a family member to take care of an aunt with Alzheimers. I learned real fast that after she progressed into the 2nd stage of the disease that having a plugged in stove was not a safe idea. She burned a few pans but thankfully nothing more drastic occurred.

Asking for help unfortunately

often suggests “failure”.

It’s not easy. Loved ones of those who may be in need often suffer with restless nights wandering if all is okay. Reaching out and asking pertinent questions about someone who you feel may not be safe alone is the first step.

When you call an in home health agency, be prepared to ask

some specific questions, such as:

1. Who do you hire?
2. What qualifications do you require?
3. What background tests do you run?
4. Are you insured/bonded?
5. Is the line of communication stream lined?

6. What do you charge per hour and does it differ based on the need?

Honoring the wishes of your family member to remain in their own home can be challenging. But if you find the right help, it can prove not only safe, but very rewarding for all parties involved.

If you are in that position currently or know of someone who is, please feel free to phone me directly at 717-752-2257. Taking care of folks is in my DNA. I have been blessed for the last 24 years being involved with so many fabulous people and I love giving back and sharing my knowledge.



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## ASTRONOMY

## The night sky of September

Professor Wayne Wooten

For September 2016, the moon will be new on September 1st. The waxing crescent moon will pass just north of Jupiter and Mercury to following evening, but since they are only 17 degrees east of the Sun, binoculars may be needed to spot this nice grouping. On September 3rd, the moon passes a degree north of much brighter Venus in the SW. The crescent moon next passes 4 degrees north of Saturn on September 8th, and at first quarter the following evening, passes 8 degrees north of reddish Mars. The full moon, the Harvest Moon, is on September 16th, and barely grazes the earth's faint penumbral shadow. This eclipse will be over before moonrise at sunset locally. The autumnal equinox begins fall at 9:21 AM CDT on September 22nd. The last quarter moon rises at midnight on September 23rd.

To the west, Mercury and Jupiter are briefly visible in evening twilight at month's start, but both are lost in the Sun's glare for most of September; Mercury does return to the dawn sky at the end of the month, reaching greatest western elongation on September 28th. Venus is climbing higher in the western sky each evening, and is a brilliant but tiny featureless gibbous disk in the telescope, still on the far side of the sun now. To the south, Saturn lies about 6 degrees north of red Antares in Scorpius, while a little east of it, Mars is fading

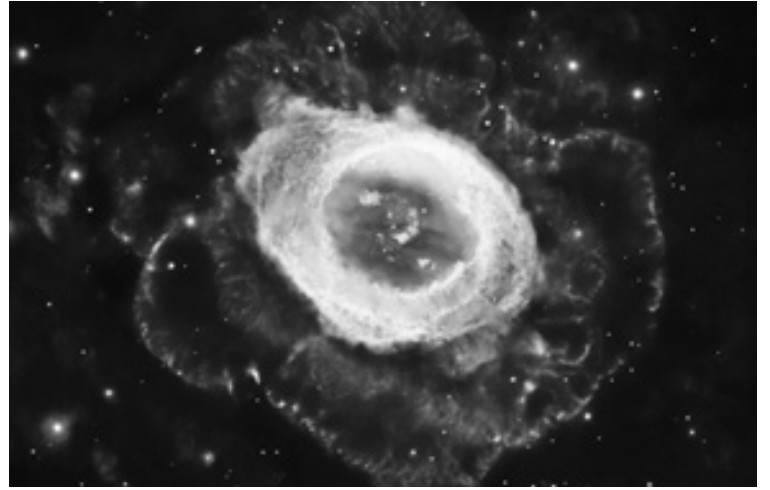
and moving rapidly eastward daily from Scorpius into Sagittarius by the end of the month.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the Bear and three hunters. The bowl is the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast. The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Saturn is just NW of Spica, a little brighter and more yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it ap-

pear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares marks the heart of Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant,



The Ring Nebula, "M-57" is a smoke ring of gas and dust expelled by a dying red giant star while its core collapsed to a white dwarf. A similar fate is expected for our own sun in perhaps five billion more years.

big enough to swallow up our solar system all the way out to Saturn's orbit! Saturn sits about 6 degrees north of Antares this fall. Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. Many other clusters and nebulae lie toward the galactic center, and are shown on the SkyMap chart and discussed on its binocular and telescope object listing on page 2.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, "The Double Double". This is fine

sight under steady seeing conditions over 150X with scopes 4" or larger. Our featured object of the month lies at the other end of the parallelogram of Lyra, between the two bottom stars; the Ring Nebula, marked "M-57" on the SkyMap, is a smoke ring of gas and dust expelled by a dying red giant star while its core collapsed to a white dwarf. A similar fate is expected for our own sun in perhaps five billion more years.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. At the other end of the "northern Cross" that makes up the body of Cygnus is Alberio, the finest and most colorful double star in the sky. Its orange and blue members are well resolved at 20X by any small scope. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area. They will also reveal the easiest planetary nebula to see, M-27 in Vulpecula, just south of Alberio.

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## Farmers' Almanac

"Labor Day is seen as a day of rest for many hardworking Americans".

—James P. Hoffa (1913-?)

## Mid-Atlantic Weather Watch:

Remnants of tropical storms, severe storms, heavy rain (1, 2, 3, 4) turning fair and cooler (5, 6, 7). storms and warm (8, 9) turning fair and still warm (10, 11, 12, 13, 14) with more storms but cooler (15, 16); fair and milder (17, 18, 19, 20, 21, 22) with remnants of tropical storms and heavy rain (23, 24, 25, 26). Showers, cooler (27, 28, 29) turning fair and mild (30).

**Tornado Watch:** The Hagerstown Town and Country Almanack says watch for some tornado activity from September 1st to the 3rd.

**Full Moon:** September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that falls closest to the Autumnal Equinox. During this

time, the moon would rise very soon after the sun would set on several successive days, giving the farmer a few extra hours of 'light' and a little more time to finish up their daily chores. This year, the Autumnal Equinox will occur on Thursday, September 22nd and will signal the beginning of autumn. The Full Moon closest to that date will occur on Friday, September 16th and is therefore, the Harvest Moon of 2016.

**Holidays:** Labor Day falls on the first Monday of the month, September 5th and Citizenship Day is observed on Friday, September 16th. And we must never forget to remember those who lost their lives on September 11th, 2001 and to all of the first-responders who also perished trying to minimize the loss of life. United We Stand!

**The Garden:** Buy flower bulbs now to get the best selection and

price. Plant six to eight weeks before the first frost (which will occur on or about October 5th). Among the more animal-proof varieties include allium, daffodils, glory-of-the-snow, hyacinths, scilla, and snowdrops. As nights get longer, your lawn gets hungry as it prepares for winter. Feed with appropriate fertilizer for your region and water if necessary. Don't harvest produce when leaves are wet—doing so can spread disease. For the best flavor, pick green beans when they are still thinner than a pencil. Pick lettuce when the outer leaves are four to six inches long. Pick tomatoes 5 to 8 days after color has fully developed. Pick zucchini when it is five to eight inches long.

J. Gruber's Thought For Today's Living

"Pay heed to what one promises when seeking your vote or friendship; it sometimes bears slight resemblance to what you receive after the goal that was sought has been attained."

# COMPUTER Q&A

## Maintenance for your PC

Ayse Stenabaugh

Every 3,000 miles or so you know that it's important to change your car oil otherwise the lack of lubrication in your engine will cause the machinery to begin to degrade. While, your computer doesn't run on fluids and there's no "magical number" to tell you how often to maintain your PC it should be regularly maintained. Much like a car, computers generally run great when you first get them and before you begin loading all of the software you would like to use. Over time however, you may find that your system begins to bog down and the performance you once enjoyed from using your computer turns into headaches!

Never fear Jester's Computers is here and twice a year we offer a \$20 discount to help offset the cost of maintaining your computers. Read on below about some of the maintenance tasks we perform and some tips on what to do and what not to do if you perform maintenance yourself.

### Software

Each time you install software you are presented with a variety of options some which are checked by default. Some of these options include instructions that tell your programs to run automatically when you turn on your computer, other options might be prompting you to install additional software on your computer that you may not want or need. Sometimes programs just don't work the way that we expect them to and with a little TLC they can be resolved!

Over time your software builds up and more and more programs fight to be the center of attention. Uninstalling software can cause registry keys to be left behind that can cause interference with other software and can ultimately lead to more serious system issues. This can cause your computer to become extremely slow especially when you first turn the computer on. We can disable startup programs, uninstall ones you don't use, and maximize your system performance. Browsing the internet will increase the amount of temporary internet files that are being stored on your device, we remove these files many of which are hidden to free up valuable storage space on your hard drive.

Tips: When installing software be sure to check for any checkboxes that might be asking you to install extra software or options you don't need. We do not recommend using many of the commercial registry cleaners that are available as many of them do more harm than good.

### Hardware

Standard PC hard drives contain moving mechanical parts that over time can fail, leaving you with no data and no way to retrieve the pictures, documents and other information you have stored on your device. Your computer is made up of various components which are susceptible to failure especially in high heat environments. During our clean-up we blow out your devices with compressed air and we perform diagnostic testing on your computer system that increases the chances of revealing failing hardware before it becomes

a major issue. We perform a variety of maintenance tasks including driver updates, disk error checking and disk defragmentation.

Tips: Never use a vacuum to clean a computer as it generates static electricity and can cause components to fail. Regular hard drive defragmentation is overkill and will wear your hard drive out faster, defragging should only be done once or twice a year for maintenance because your system will do a pretty good job at maintaining itself.

### Viruses / Malware

Having a good working antivirus is your first line of defense against viruses, malware and other potentially unwanted programs (PUPS). During our clean-up service we ensure that your antivirus is properly installed and updated. If you don't have antivirus installed we will recommend AVG antivirus for which we are a gold reseller for, with our service we are your FREE AVG tech support and we will even transfer your Antivirus to a new PC if you replace your existing one

at no additional cost to you! You can even add additional computers for only \$25 extra per computer.

Tips: Never install two antivirus programs at the same time they will conflict with one another leaving them both ineffective. Microsoft Security Essentials is not good protection even Microsoft suggests a third-party antivirus.

### Advice & Learning

At Jester's Computers our advice is always FREE and we have lots of it! You can visit our website at [www.jesterscomputers.com](http://www.jesterscomputers.com) to see news, tips and tricks that many of our customers enjoy reading. We strongly believe that having a computer doesn't do you much good if you are not confident in using your device which is why we offer many resources including one-on-one technology classes! You can also find us on Facebook where those who have liked our page enjoy scam alerts, news and special offers!

Why not maintain my own computer? Technology is constantly changing and keeping up is no easy task. It has

taken us decades of knowledge and experience to be able to confidently provide our services. Having someone you trust to maintain your computer can save you hours if not days or weeks of frustration. This is why during the month of September you can experience a clean-up from Jester's Computers for \$20 less and experience the difference yourself!

If you or someone you know is look-

ing for affordable and reliable computer service please contact Jester's Computer services located at 5135 Fairfield Road Fairfield, by phone at 717-642-6611 or visit us on the web at [www.jesterscomputers.com](http://www.jesterscomputers.com) or on Facebook. In addition to computer repair services we provide on-site service, one-on-one technology training and more!

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<ul style="list-style-type: none"> <li>✓ Remove temporary files</li> <li>✓ Scan, Detect &amp; Remove Malware, Viruses &amp; More</li> <li>✓ Turn off Start-up Programs</li> <li>✓ Detect &amp; Repair Registry Errors</li> </ul>	<ul style="list-style-type: none"> <li>✓ Defragment Hard Drive</li> <li>✓ Perform all Windows &amp; Common App Updates</li> </ul>	<p>+ 28 additional maintenance tasks that will improve your PC performance</p>
<p style="font-weight: bold;">MOST CLEAN-UPS COMPLETED IN 24 HRS OR LESS!</p> <p style="font-size: 0.8em;">WWW.JESTERSCOMPUTERS.COM</p>		



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# UPCOMING EVENTS

**September 2**

Gettysburg National Parks - "Inspired by Gettysburg" - Meet this month's Gettysburg National Military Park Artist-in-Residence and experience the artwork they have created, inspired by the Gettysburg battlefield. At the Gettysburg Lincoln Railroad Station. Light refreshments. For more information call 717-338-4469, or visit [www.nps.gov/gett](http://www.nps.gov/gett).

**September 4**

The Annual John D and Anna Bell Keilholtz reunion at the Thurmont Community Park. A buffet lunch will be provided. Bring a covered dish and dessert if desired; also beverage, place setting and a wrapped \$2 gift for bingo.

**September 4 & 18**

St. Anthony Shrine Yard Sale and

Flea Market Location at the corner of U.S. 15 and St. Anthony Road, Emmitsburg. \$10 per spot. For more information please call 240-529-2737.

**September 5**

Our Lady of Mt. Carmal and St. Anthony's Parish's Annual Labor Day Festival at Our Lady of Mt. Carmal, Thurmont. Family style fried chicken and ham dinner. Live music by the home comfort bluegrass band, bingo, white elephant sale, bake sale and raffle. Carry outs available. Enjoy a day with us! For directions visit [www.Sasolmc.org](http://www.Sasolmc.org).

**September 8-11**

Sts. Peter & Paul Greek Festival - The festival celebrates Greek customs, food, and culture. Experience authentic cuisine, live

music, and traditional dance performances by the Parathosi Dance Troupe. Featuring beautiful Greek art, jewelry, books, religious icons, and more. Browse the Greek Agora Marketplace. Sample Greek pastries as well as imported wine and beer. Kids' corner features a moon bounce, various games and activities. Fun and entertainment for the whole family! Open rain or shine. Held at the Seton Shrine. For more information call 301-663-0663 or visit [www.stspeterpaul.net](http://www.stspeterpaul.net).

**September 10**

Adams County Young Conservatives "Skeet Shoot" for Teens, at the York-Adams Fish and Game Association in Abbottstown, PA. People do not have to have their own shot gun." Those who are

interested in participating and making reservations, are encouraged to contact Zach Brillhart at 717-451-3309 e-mail him at [zacharybrillhart5@gmail.com](mailto:zacharybrillhart5@gmail.com) for more information.

**September 10 & 11**

12th Annual Gettysburg Wine & Music Festival - Indulge the Senses with great wine, great food and great music! Celebrate the grape harvest and enjoy a fantastic fall weekend in historic Adams County, while you savor the flavors of hundreds of Pennsylvania wines. The festival will feature fine wines from over 20 Pennsylvania wineries, great live music, spectacular food, art, handmade jewelry, clothing, wine accessories and more! Gateway Gettysburg For more information call 717-334-

8151 or visit [www.gettysburg-wineandmusicfestival.com](http://www.gettysburg-wineandmusicfestival.com).

**September 13 - 21**

The Great Frederick Fair - live entertainment, motorsports, carnival rides, agricultural events, food, and more. For more information call 301-663-5895.

**September 14**

Adams County Master Gardener's Garden Chat. Stop by the Trial Gardens at the Agricultural and Natural Resource Building at 670 Old Harrisburg Road, Gettysburg and tour the gardens! Meet a Master Gardener and learn about the demonstrations and research projects that Penn State Master Gardeners are working on and go home with new ideas to implement in your garden.

**September 15**

Frederick County Library's - A Walk in The Park and Storytime! Catoctin Mountain Park Visitor Center, 14707 Park Central Rd., Thurmont.

**September 17**

Fairfield's Wesley Chapel UMC's Annual Fall Festival. Live music by Blue Grass Chapel Band, homemade foods including fried oyster sandwiches, soups, French fries, baked goods and all the fix-ins' will be featured. Please bring a lawn chair for your comfort. 654 Old Waynesboro Road, Fairfield.

**September 17 & 18**

Gettysburg National Park's Eisenhower World War II Weekend- See authentic recreations of Allied and German army camps, complete with original World War II vehicles. Several hundred living history enthusiasts from over 40 organizations will portray military personnel from the European Theater in 1944. Watch living history volunteers present programs on World War II medical services, weapons and equipment, communications, military vehicles, and the life of the common soldier. See dozens of World War II jeeps and trucks, and participate in a mock Army Air Force transport squadron

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Information and forms are on our website: [LCACnet.org](http://LCACnet.org)



Proceeds benefit the Land Conservancy of Adams County.

**SATURDAY • OCT. 15, 2016**

**DANCE**  
Saturday, October 1  
8 p.m. - 12 a.m.  
featuring  
*The Rock & Roll Relics*



Enjoy Original Rock & Roll Sounds From the 50's & 60's

**BYOB Event**  
**Emmitsburg Vol. Ambulance Co. Building**  
17701 Creamery Rd., Emmitsburg, MD 21727  
Tickets: \$15 In Advance \$20 At The Door  
For Tickets Call: Bob Rosensteel at 301-401-7287  
Proceeds Benefit The Emmitsburg Business & Professional Association

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1st Friday Of Every Month!  
Food! 3 Jackpots! Larger Payouts!  
Doors open @ 5:30 PM  
Bingo starts @ 8 PM

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Follow Rt. 116 To Fairfield  
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**Frederick's Oktoberfest**

Saturday, October 1 • 11am-10pm  
Sunday, October 2 • 11am-6pm

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797 E Patrick St. Frederick, MD 21701

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CHILDREN UNDER 3 FREE

**VIP KICKOFF EVENT**  
Friday, September 30, 7-9pm • \$35 ticket  
Includes live band-The Colliders, four tastings and one full glass of premium/specialty beer, special food pairings, and admission into the event on Saturday or Sunday.



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[WWW.FREDERICKOKTOBERFEST.ORG](http://WWW.FREDERICKOKTOBERFEST.ORG)

# UPCOMING EVENTS

D-Day mission briefing in support of paratrooper operations. Listen to the stories of civilians from the Home Front of World War II. The weekend also features many book signings, special guided walks about World War II burial sites in the Soldiers National Cemetery, a World War II style USO dance & worship services. 1195 Baltimore Pike, Gettysburg. For more information contact the Eisenhower National Historic Site at 717-338-9114 or visit [www.nps.gov/eise](http://www.nps.gov/eise).

**September 18**

25th Annual Adams County Heritage Festival - The Adams County Heritage Festival is a celebration of ethnic music, food, and crafts that reflects the multicultural atmosphere of Adams County, Pennsylvania. It is a way of sharing our various traditions and appreciating the best that each ethnic group has to offer, as well as a commitment to community and the goal of living together in harmony. Family-oriented entertainment includes music, dance, and a children's play, as well as a full afternoon of children's activities, including games, storytelling, and piñatas. Continuously throughout the afternoon, craft vendors and demonstrators have displays in booths on the park grounds. Ethnic foods are offered for sale by local citizens, church groups, restaurateurs, and community organizations. Local non-profit organizations have display booths, usually grouped in tents. A nominal fee is charged to all vendors and non-profit groups who exhibit at the Festival. Gettysburg Area Recreation Park, 545 Long Lane, Gettysburg. For more informa-

tion call 717- 334-8943 or visit [www.icpj-gettysburg.org](http://www.icpj-gettysburg.org).

Waynesboro Community Concert - the Waynesboro Community Concert Association will celebrate its 80th Anniversary in the 2016-2017 concert season! We invite you to kick off our celebration of eight decades of bringing live, professional music entertainment to the Waynesboro area with David Burnham's Broadway. For more information call 717-414-4356 or visit [www.waynesborocommunity-concert.org](http://www.waynesborocommunity-concert.org).

George Sites Family Reunion at the Taneytown Memorial Park. Attendees should bring a covered dish to share, auction items

and bingo prizes. For more information, contact Michele Sites at [msites1@verizon.net](mailto:msites1@verizon.net).

**September 24**

Gettysburg Outdoor Antique Show- Sprawling out from Gettysburg's historic Lincoln Square, the antique event is billed as a buyers and sellers paradise, with high quality antiques and collectibles. Items range from primitive cupboards, sideboards, benches, farm tables, and wooden boxes, to lamps, coins, pattern glass, art glass, Depression-era glass, and ironstone. You will also find clocks, gold jewelry, rings, pictures, pocket knives, bottles, old toys, crocks, jugs, old linens, lace, dolls, pocket watches, old guns, holiday collectibles, postcards,

and country farm items. Brand name pieces of Heisey, Cambridge, Fostoria, R.S. Prussia, Limoges, Haviland, Rockwood, Roseville, and carnival glass will also be featured. The event is held on Carlisle, Chambersburg, Baltimore and York Streets, along with Lincoln Square, all in Historic Downtown Gettysburg. For more call 717-253-5750.

Emmitsburg Lion's Club annual community health fair and multiphasic Lab testing. Emmitsburg Ambulance Hall, 17701 Creamery Rd. Registration is necessary. Call 301-447-3312 and leave a voicemail message.

**September 24 & 25**

Fairfield Pippinfest - An annu-

al, old-time country street festival featuring arts & crafts, apple products, live country music, antiques, vintage cars and great food! Located just 8 miles west of Gettysburg. Saturday events include crafts, yard sales, flea market and an antique tractor show from 7am-5pm. On Sunday, there will be more crafts, demonstrations, a quilt show, an antique tractor show and vintage car show from 9am-5pm. Throughout the weekend there will be cash-prizes, raffles and music. Those interested in the dessert bake-off need to pre-register by calling the Borough office. For more information, contact the Fairfield Borough office at 717-642-5640 or visit [www.pippinfest.com](http://www.pippinfest.com).

## SEWELL'S FARM FALL FEST

Pick Your Own Pumpkins  
(Many different shapes & sizes)

Sunflower Maze ~ Hay Rides  
Scavenger Hunt Over The Farm  
Stuff A Scarecrow ~ Pumpkin House



**Open Saturdays & Sundays starting September 24<sup>th</sup> through October 30<sup>th</sup> 9 to 5**



## SEWELL'S FARM

3400 Harney Rd., Taneytown  
**410-756-4397**  
[www.sewellsfarm.com](http://www.sewellsfarm.com) For More Info

## SPORTSMAN'S BINGO

**Saturday, October 22, 2016**

**Rocky Ridge Vol. Fire Company Activities Building**

Doors Open at 4 p.m. - Meal at 5 p.m.  
Bingo starts at 7 p.m.

(Only 200 Tickets Will Be Sold)

We reserve the right to cancel if a minimum of 150 tickets are not sold.

**\$40 Per Person - Includes Meal**

\$ 10 Games \$200 Cash Prize \$ 10 Games Gun Prize (or \$300) \$

Bingo Balls & Gun Jar Holders Available All Night

Door Prize: Ruger 22 MAG

1. Savage 17 HMR 2. Savage 22 MAG 3. Mossberg 410 GA
4. Remington 223 REM 5. Thompson Ctr 50 BP
6. Weatherby 12 GA/20 GA 7. Remington 12 GA/20 GA
8. Howa 204 Ruger 9. Remington 243 Win/308/270/22-250/30-06
10. Marlin 30 30

**For Information and Tickets Call:  
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# MOUNT ST. MARY'S UNIVERSITY

## Mount St. Mary's University Reinstates Men's Soccer Program



Mount St. Mary's University announces it is reinstating the men's NCAA Division I soccer program on campus, with competition beginning with the fall 2018 season. The program was discontinued at the conclusion of the 2012 season.

The announcement is part of a plan to expand the Mount's women's and men's intercollegiate athletics program over the coming years. The University recently added a new men's swimming and diving team and women's diving, and is looking to add additional sports in the future.

"I am very pleased to officially announce that the men's soccer program has been reinstated," Interim President Timothy Trainor, Ph.D., said. "We are very grateful to a loyal group of men's soccer alumni whose leadership and fundraising efforts were instrumental in bringing their beloved sport back to the Mount."

The Mount men's soccer program began play as a varsity sport in 1953. The Mountaineers joined NCAA Division I in 1988-89, and became members of the Northeast Conference in 1989-90. The Mountaineers advanced to the NEC title game four times (1994, 1996, 1999 and 2008). The men's soccer program has had five coaches in its history, including Jim Deegan, who was the head coach for 38 years (1956-93).

"We are very excited for the return of the Mount St. Mary's University men's soccer program," said Director of Athletics Lynne Robinson. "A sincere thanks to our men's soccer alumni and friends for their generosity, support and tireless efforts in bringing the "beautiful game" back to the Mount. We look forward to having our team return to Waldron Family Stadium in the fall of 2018."

Prior to moving to NCAA Division I in 1988-89, the men's soccer program had 11 All-Americans, led by three-time All-American Ken Swomley (1962-64). The Mountaineers won back-to-back state championships in 1981 and 1982 while repeating the feat in 1986 and 1987. The 1987 squad posted a school-record 14 wins, behind two-time All-American goalkeeper Larry Howley.

"The Northeast Conference is thrilled that Mount St. Mary's is reinstating the men's soccer program," said Northeast Conference commissioner Noreen Morris. "We have a strong tradition of success in men's soccer and we look forward to having the Mount on the pitch again."

The reinstatement of men's soccer gives Mount St. Mary's a total of nine men's sports (baseball, basketball, cross country, lacrosse, swimming, tennis, indoor track, outdoor track), to go along with nine women's sports (basketball, cross country, lacrosse, soccer, softball, swimming, tennis, indoor track, outdoor track).

"As we seek to further expand our intercollegiate athletic programs over the next few years, we will do so with a commitment to gender equity, student-athlete experience, and fiscal responsibility," Trainor said.

**SAVE THE DATE!**

## CAREER FAIR at the Frederick Campus

**JOIN US** for a Career Fair located at the Mount's Frederick Campus. The evening will include networking with up to 20 local employers, connecting with Career Center staff and Mount students, and learning more about graduate and adult undergraduate programs that could help you advance your career. The Frederick Campus is conveniently located on Spectrum Drive near the FSK Mall — just 25 minutes away!

**OCTOBER 11, 2016 // 5-7 PM**

Up to 20 local companies will be in attendance, including:

Aflac	Mattress Warehouse
Heartly House, Inc.	Plamondon Companies
New York Life Insurance Company	Way Station
Synoptics, Inc.	Country Meadows Retirement Communities
Clearview Communities	Maryland State Police
Frederick Police Department	

Open to the community. Walk-ins welcome.  
Light snacks and beverages will also be provided.

For more information please contact the Career Center  
at 301-447-5202 or [Career-Center@msmary.edu](mailto:Career-Center@msmary.edu)



### MASS AT THE GROTTTO CAVE FOLLOWED BY MOTHER TERESA GARDEN DEDICATION

Sun., Sept. 4, Noon

**Labor Day Mass**

Mon., Sept. 5, Noon

**Nativity of the Blessed Mother Mass**

Thurs., Sept. 8, Noon

**Bilingual Spanish-English Mass Celebration**

Sat., Sept. 10, Noon



MOUNT ST. MARY'S UNIVERSITY  
NATIONAL SHRINE GROTTTO OF OUR LADY OF LOURDES

### UNIVERSITY CALENDAR OF EVENTS



#### A NIGHT AT THE DELAPLAINE

Thurs., Sept. 1, 7:30 p.m.

Horning Theater, Delaplaine  
Fine Arts Center

Another exciting semester of music in the Delaplaine Fine Arts Center opens with performances by the faculty. Each of these professional musicians will perform great works from their respective repertoires. Free admission.

#### SPOTLIGHT CABARET NIGHT

Fri., Sept. 23 and Sat., Sept. 24, 8 p.m.

Plans for this first "Cabaret Night" include something we've never tried before—an "all-day improvised/devised playwriting experience!" Student participants will spend all day in the Delaplaine Fine Arts Center, working on a performance that comes entirely out of their own imaginations and experiences, with a public performance Saturday evening.