

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Learn how meditation can be a valuable aspect in your every day life. **Page 46**

County's charter review on the horizon

The upcoming election will give residents in Frederick County the opportunity to vote not only for local, state, and federal officials, but they will also be given the opportunity to vote on amendments to the county's Charter.

Following the adoption of the Frederick County Charter in 2012, voters have been given the opportunity to ratify amendments to the document that governs the county. The first set of amendments came in 2016, two years after the Charter went into effect. These amendments were proposed by the County Council and moved along to referendum as specified by the Charter. They were minor administrative changes that dealt with timing of public notices and the timeline of the budget process.

In addition to the Council being able to forward amendments on to referendum, the Charter allows for another means to enact changes using Article XI-A of the Maryland Constitution. This allows for an amendment to be placed on the bal-

lot with a petition signed by at least 20% of registered voters. Either of these methods of altering the Charter speaks to single amendments being brought to a vote.

When the Frederick County Charter was written, an automatic trigger for a full Charter review was included. Section 7 states, "A Charter Review Commission shall be appointed by the Council no later than six months following the installation of the newly elected council members after the election of 2018." This commission will be charged to reviewing the entire Charter and making recommendations that could change large or small parts of the document. Following the review that will occur in 2019, there must be one held "at least once every ten years."

The biggest Charter change on the horizon could come after the 2020 Census. At that time, the Council that will be elected this year could choose to redraw the council districts.



Current County Executive Jan Gardner has clearly demonstrated her ability to serve the citizens of Frederick County in a highly effective, non-partisan manner. Her willingness to listen to the people, step beyond petty party ideology and do what is best for citizens of Frederick County is refreshing. These same qualities are also shared by long time Northern Frederick County resident Shannon Bohrer, candidate for County Council in District 5. They have earned your vote and this paper's endorsement for their respective offices in the upcoming County elections on November 6th. (See page 8 for additional endorsements.)



Foothills Artists studio tour reaches its 12th year

The 12th Annual Foothills Artists studio tour will be held November 17 and 18 at six locations throughout Fairfield and Cashtown. Ten artists and artisans will open their homes and studios in a special pre-holiday show and sale from 10 a.m. to 5 p.m.

This is a self-guided tour that can be completed in any order. The website, www.foothillsartists.net, includes a map of each studio's location and street address, as well as links to each artist's individual website. The artists featured this year include:

Judy Pyle, guest artist — showing with Ann Ruppert and Rod Stabler. Judy's work -jewelry and small sculptures - is hand-fabricated sterling silver, torch-fired enamels, and Precious Metal Clay. Judy, most recently, has been creating small sculptures using enameled items and other found objects.

Joh Ricci, guest artist — showing with Geoff Grant. Joh is a fiber artist creating contemporary baskets & sculptures, weavings & tapestries. She is nationally recognized for her fiber art and has received numerous awards. She also creates unique jewelry using beadweaving and recycled paper techniques, as well as paintings in oils and acrylics.

Geoff Grant – Geoff is a fine art photographer whose subjects include painterly interpretations of landscapes, architecture, and street photography in the U.S. and overseas. His work has appeared in several shows, including the ACAC in Gettysburg and the NOMA in Frederick.

Jack Handshaw – An active local artist for 35 years, Jack is a potter working in all forms of clay, particularly reduction fired glazed porcelains. He is a juried member of the Pennsylvania Guild of Craftsmen, and has been accepted into numerous juried shows and received many awards.

Michael A McCullough - Michael is a visual artist of abstract paintings, whose work has been featured in exhibitions in various galleries and museums. His work is held in national and international collections.

Sharon Pierce McCullough – A painter and sculptor of abstract and minimalist work, Sharon is also an internationally recognized artist and children's book author and illustrator. Her sculptures have recently been recipients of several major awards, and her work is held in private and public collections.

Don Rinehart – Don specializes in watercolors, pastels, oils, pencil, stained, and etched glass. He has won a number of awards and has shown in local galleries and exhibits.

Ann Ruppert – Ann designs and creates jewelry and works in two-dimensional media including pastels, oils, watercolors and colored pencil. She has been accepted into the Adams County, PA Arts Council juried show and has earned awards in the Franklin Co. Art Alliance annual show and the Franklin County Arts Council miniature show.

Rod Stabler – co-showing with Ann Ruppert. A fifth-generation woodworker and retired cabinet maker, Rod creates useful and practical woodcraft "with a flair", each piece is one of a kind. He strives to make objects of utility which also



Foothills Artist Jack Handshaw at work in his pottery studio. His work, along with several other local artists, can be viewed in person during the Foothills Artists Studio Tour on November 17 & 18.

are objects of beauty.

Geoffrey Thulin – Geoffrey is a painter specializing in abstracts, landscapes, and animal imagery. He works primarily in watercolor and gouache, and also various drawing media. His award-winning work explores rhythm, pattern and color and their connection to the spiritual aspect of nature.

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EMMITSBURG NEWS

Old Seton Center demolished

On August 18, 2017 Seton Center, Inc., a leading community resource for the residents of northern Frederick County held a groundbreaking ceremony for its new Center, which was officially opened this past July. This new building was constructed as a replacement for the original Mother Seton School (the old blue school previously located on South Seton Avenue, Emmitsburg), which was built as a temporary location, planned to last only ten years. Now, 60 years later, the old building has officially undergone demolition, as construction of the new building was completed and Seton Center staff is settled and working out of the new location.

Due to failing infrastructure, original building materials now deemed unsafe and local water table issues, the old, original Seton Center was respectfully laid to rest by W.F. Delauter. Demolition on the original building began on September 9, and demolition completion including grading, topsoil and seeding are slated for completion by October 31.

The Daughters of Charity used the



Demolition on the Old Seton Center began on September 9. The land on which the Old Seton Center previously stood will be returned to natural farmland.

original building to house the Mother Seton School, the original Outreach services including Catholic Charities, the Thrift Shop and childcare. They served the community and offered space to others for nearly 50 years from this abandoned building.

The construction of the new building was a project in the works since 2012, when the idea of constructing a new building was first mentioned. The choice of location brings the new Seton Center into the heart of Emmitsburg and the new building will not only enhance the town's image, but there is a goal of building

as many elements of "green" environmental systems as possible.

There are no current development plans for the property on which the Old Seton Center stood. The land will be returned to its natural state as farming acreage, much like it was when Samuel Sutherland Cooper gave 269 acres to Mother Elizabeth Ann Seton for the establishment of the sisterhood in Emmitsburg in 1809.

Seton Center staff looks forward to continue building Saint Elizabeth Ann Seton's legacy at the new Seton Center location at 226 East Lincoln Avenue.

Emmitsburg news-briefs . . .

Town Council re-organizes

During the October 1 Emmitsburg Town Council meeting, Mayor Don Briggs proposed his recommendations for the reorganization of the Town Council for the next year. With only 48 ballots cast this year during the September 25 election, Commissioners Clifford Sweeney and Tim O'Donnell were re-elected to their seats on the Council to serve another three years in office.

Mayor Briggs recommended making some changes to the Council by appointing Clifford Sweeney as President, Glenn Blanchard as Vice President, Tim O'Donnell as Treasurer while keeping Joe Ritz as the liaison for the Parks and Recreation Committee and Elizabeth Buckman as the liaison for the Citizen's Advisory Committee.

Commissioner Buckman asked that the Council consider Ritz for the position of Vice President, allowing him the chance to serve a higher role on the Council. Ritz thanked Buckman for the accolades but noted he was comfortable with Mayor Briggs' recommendation nominating Blanchard as Vice President. All Commissioners were in agreement with the Mayor's recommendation to reorganize.

Emmit Gardens zoning map change granted

During the October 1 Town Council meeting, the Board of Commissioners approved a zoning map amendment changing lots 10, 11, 15 and the western half of 12 within Emmit Gardens from R1 Low Density Residential to B1 Neighborhood Commercial.

The zoning amendment request came from current property owner Mr. Baldacchino whose father had owned the property and ran a dentistry out of the building, while residing in the attached residence. Baldacchino is looking to sell the property to someone interested in making the building into a Physician's office with potential hospice care in the residential portion of the building.

When making the decision to re-zone the property in question, the Board had to consider future commercial possibilities that would fall under the parameter of the new zoning classification such as lodging, small-scale retail business, food service, or business and professional offices, just to name a few possibilities. The Board also noted concerns of signage, namely size, for any future busi-

ness. Town staff noted that they hope to make changes to the current sign ordinance, possibly next year.

With this change, the property owner will need to install a 6-foot solid fence as a buffer to property lines adjacent to the residential homes and additionally will need to plant a vegetative buffer around the parking lot. The potential future property/business owner stated that he has no intentions of placing a large sign on the property, and intends to comply with other requirements such as the fencing.

The Board approved the amendment noting that there was a mistake made during the approval of the existing zoning classification, which was revised in 2015, stating that the Board of Commissioners would have re-zoned this property as B1 during comprehensive rezoning if they had been made aware of its history as a dental office. Additionally, the Board of Commissioners reserves the authority to approve or disapprove future conditions such as fencing and signage.



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Emmitsburg's Annual Turkey Trot

It's that time of the year again, the Annual Emmitsburg Turkey Trot is almost here and your support is needed! Last year the Turkey Trot attracted over 100 runners and walkers and this year the goal is to double the turnout. The Turkey Trot is not only an Emmitsburg tradition; it is a well-recognized annual event for runners and an important fundraiser for the Seton Center. If you love to run, walk, or just want to volunteer to help

out for a good cause, please join us:

The event will take place on November 22 from 7 a.m. to 10 a.m. at the Community Park located at 201 West Lincoln Avenue, Emmitsburg. Registration opens at 7 a.m. for all runners/walkers, race begins at 8 a.m.

The Emmitsburg Turkey Trot is hosted by the Emmitsburg Business and Professional Association and EmmitsburgCares. Please Help Support The Annual Emmitsburg Turkey Trot and Let's Have Some Fun!



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FAIRFIELD/CARROLL VALLEY NEWS

School District hires new Superintendent

During the October 15 Fairfield Area School District Board of School Directors meeting, board members announced the appointment of the school's new Superintendent, Michael Adamek. Adamek previously served as the Assistant Superintendent in the Susquehanna Township School District and began his position in Fairfield on October 22. His position as Superintendent will be a three-year term with an annual salary of \$120,000. Adamek replaces prior District Superintendent Karen Kugler, who retired at the end of September. Serving as Interim Superin-

tendent was the school's Business Manager, Caroline Royer.

"We saw some excellent candidates, and the Board is excited to begin working with Mr. Adamek as we develop a bold vision for the future of Fairfield," Board President Ian Strahler said. "He brings a range of leadership experiences and a deep desire to build a collaborative, participatory culture here in Fairfield. We believe he will be an excellent fit for the entire school community."

According to the school's official announcement, Adamek received his bachelor's degree from Penn State University in sec-

ondary education, social studies; a master's degree from Shippensburg University in educational leadership and administration; and attended Widener University to participate in doctoral courses, doing all but his dissertation.

"I am excited to get started at Fairfield," Adamek said. "I have really enjoyed the entire process, and have met some wonderful people in the district. I will work closely with the administrators, teachers, staff, board members and the community and, together, we will continue to build on the great work in Fairfield and carry out the mission of the district: Students First!"

"As we see it, this is not the end of the process, but the beginning. Throughout the search, we have included others through surveys and by meeting the candidates," Strahler added. "We want to build on this momentum and continue to develop deep connections between the school and the community. We are grateful for the work of Ms. Kugler as our previous superintendent and wish her well. Also, special thanks to Ms. Caroline Royer for 'pinch hitting' as our acting superintendent during the process, and for her tremendous efforts as the district's business manager."

The next step will be for the Board and Adamek to work on a comprehensive entry plan, superintendent evaluation process, and other strategic governance procedures to create the conditions for a successful future in Fairfield. The Board will continue working with their consultant, Tom Templeton with TEMPLETON Advantage, to develop goals and initiatives for the district. They will be continuing to interact with the entire school community as part of that 'visioning' process, which is to provide opportunities to develop skills and empower students to become successful in the world in which they will live.

Ski Liberty under new ownership

Snow Time, Inc has entered into an agreement to sell Roundtop Mountain, Liberty Mountain and Whitetail Resort to Peak Resorts, Inc., owner of fourteen other ski resorts in the Midwest and the Northeast. Irv Naylor founded Snow Time in 1964 and over the past 50+ years, together with a countless number of dedicated employees, has built this company into one of the most respected ski resort operations in the United States. Irv Naylor has now retired, and together with his family has decided it is time to transfer the ownership of the resorts to a company who can continue the healthy growth and operation of

the resort into the future. "I am extremely pleased to pass along the stewardship of Snow Time and our three mountain resorts to Peak Resorts," Naylor stated. "Having watched the progress they continue to make at the formerly family-owned Hunter Mountain, I view them as the perfect operators to take Liberty, Roundtop and Whitetail to the next level. For more than 50 years, my team and I have grown these three resorts into the magnificent properties they are today, and we are delighted that Peak Resorts will continue to grow their appeal for the next generation and beyond."

Peak Resorts began much as

Snow Time did years ago. Starting with one ski area, a lot of determination and commitment along with the love of skiing drove their business and their success. Peak now has fourteen well-run ski resorts that are also well respected within the ski industry. With Resorts in Vermont, New Hampshire, New York, Pennsylvania and the Midwest, Snow Time pass holders will now have the opportunity to access many more resorts as part of their pass options. Details of those pass options will be available shortly.

While ownership of the resorts is changing, the current staff, management teams, and the

resort offerings will all remain the same. Pass holders at Liberty, Roundtop and Whitetail who have already made the decision to purchase or renew their season passes for the 2018/2019 ski season will have the ability to upgrade to the Peak Pass and enjoy all of Peak's northeast resorts. More details, including pricing options, will be available in the coming weeks. Snow Time is excited for the opportunities that this new partnership brings to our resort guests, our pass holders, and our employees.

Peak Resorts is a leading owner and operator of high quality, individually branded ski resorts in the U.S. The company operates fourteen ski resorts primarily located in the Northeast and

Midwest, thirteen of which are company owned. The majority of the resorts are located within 100 miles of major metropolitan markets, including New York City, Boston, Philadelphia, Cleveland and St. Louis, enabling day and overnight drive accessibility. The resorts under the company's umbrella offer a breadth of activities, services and amenities, including skiing, snowboarding, terrain parks, tubing, dining, lodging, equipment rentals and sales, ski and snowboard instruction and mountain biking and other summer activities. To learn more, visit the company's website at ir.peakresorts.com or follow Peak Resorts on Facebook for resort updates.

Strawberry Hill fosters change through new logo

Within the past year, Strawberry Hill has made many changes and has grown to include new staff and two new animal ambassadors, Strix and Penelope. Their brand new logo better reflects how they have evolved since the founding of the organization in 1986. Strawberry Hill still continues to foster environmental education in the South Mountain Region through inno-

vative nature programs, summer camps, and hands-on learning, and will continue with this mission into the future.

After more than a decade, Strawberry Hill has released an updated brand identity that includes a new logo, colors and font. This new look can be seen in Strawberry Hill's marketing, on social media, around their facility and at events; and com-

ing soon: a new website to match.

The logo's shape represents a cairn, or mound of stones that serves as a trail marker. Did you know that Strawberry Hill's trails connect hikers to the Michaux State Forest? You can spend an hour wandering down an easy loop, or opt for a multi-day hike through Michaux.

Several Pennsylvania natives can be spotted in the woods and

within the stones - an owl, fox, and a fish! Since our barred owl's debut last fall, our organization now offers the only live raptor program in Adams County.

Lastly, the new logo is more youthful. Annually, Strawberry Hill educates more than 8,500 school-aged youth through their nature programs, maple sugaring tours, and summer camp. Straw-

berry Hill staff wanted their look to be fresh, fun and dynamic.

The team at Strawberry Hill works diligently to provide fantastic services and they intend to expand their outreach and programming in the year ahead. As they move forward with their re-branding campaign, they will be announcing new programs and events taking place.

Fairfield EMS merges with AREMS

After nearly a year of discussion, the Fairfield Fire and EMS recently decided to merge their ambulance service with the Adams Regional Emergency Medical Services, Inc. (AREMS). AREMS is 501c3 nonprofit corporation formed solely to provide emergency medical care and transportation. The purpose of this merger is to ensure that Fairfield area has continuous and uninterrupted coverage.

Fairfield EMS has been operating with a mixture of paid staff and volunteers for years, but with this merger, at least one ambulance will be housed at the Fairfield fire station with two full-time paid staff members on duty 24 hours

per day, 7 days a week. AREMS will be paying a monthly fee to house their ambulances and to have sleeping quarters. Residents should not expect any changes from this merger except for, hopefully, an improvement in service and call times. Fairfield EMS will

continue to cover Fairfield, Carroll Valley, and parts of Hamiltonban, Liberty and Highland township.

This is a proactive move to guarantee continued ambulance service before coverage becomes a desperate issue, and is supported by all surrounding municipalities.

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THURMONT NEWS

Thurmont welcomes new police dog

Early last month, Thurmont's Police Department welcomed its new narcotics detection dog, Majo, a German Shepherd, Belgian Malinois mix. Majo replaced the department's prior drug detecting dog Buddy, who was retired from his detection work in May due to a career-ending injury.

Like Buddy, Majo will be used by the Police Department for narcotics detection and will also be used in education programs concerning the opioid crisis within the community.

Majo hails from the Czech Republic and was purchased from Castle's K-9 Inc., a company in Pennsylvania that imports and

trains police dogs and handlers, at a cost of \$12,500. The purchase of a new canine for the Police Department was a hot topic during budget discussions early this year. The department requested \$10,000 to purchase a new narcotics dog, but some Commissioners questioned the necessity of a new dog because

they felt as though Buddy didn't provide an adequate amount of drug scans during his time on the force. Police officers assured Commissioners that the new canine would produce better numbers. Officers also noted that having a drug detecting canine in the department had a really positive effect on the town, acting as a

deterrent for people selling drugs. In the end, the Board voted to budget \$10,000 toward the purchase of a new dog. The remaining \$2,500 was donated by the Frederick County Human Society, who donated \$1,500, and the Woodsboro Bank, who donated the remaining \$1,000. The Police Department and town are incredibly grateful for the generous donations of both parties.

First cluster subdivision under discussion

Another subdivision located off of Emmitsburg Road is under consideration by Thurmont's Planning and Zoning Commission. The location proposed has seen several concept plans come and go, and residents of the surrounding area have fought every one, and intend to fight this proposal as well.

Economic Development Manager Vickie Grinder noted that she has had many conversations with Thurmont business owners

and in many cases, she noted, there has been a recurring theme: "Thurmont needs residential growth to help my business be sustainable". While Thurmont has had some growth in the past few years, many businesses think the town needs more development to help the business community. This development could be the start to that growth the town needs.

On October 25, the Planning and Zoning Commission

reviewed an early concept plan from developer, Mechanicstown, LLC, which, if accepted down the road, would be Thurmont's first clustered development. Last September, Thurmont voted to approve an amendment to the zoning ordinance that allowed residential clustering. Clustering allows for more open space to be consolidated or assembled together so it can operate in an ecological systems approach. This allows, theoretically, natural resources to be consolidated. Lots in clustered developments would be smaller, under 30,000 square feet, but there would be no increase in the number of houses planned for a development. This square footage is smaller than most single family homes in Thurmont, but it would allow for more open area.

The proposed location, which is currently split-zoned agricultural and residential R2, would

house 31 lots with one road connecting to Emmitsburg Road going in and out of the development. The site would also have a village green under an acre in size that would be located in the middle of the community, with forested areas and open green space surrounding the community as well as a proposed trail system.

The Planning Commission and staff noted that they would like to see more than one entry/exit into the development for safety reasons and would like to see the developer present a snow removal plan.

Of the numerous residents present at the meeting, there was an overwhelming number against developing the plot of land proposed. Residents spoke to concerns of creating a forested area on the property, when the current property owner presently doesn't maintain the trees.

Residents also commented on the ongoing storm water issues they face as adjoining property owners, and informed the Commission to the problems caused by the incredibly wet season and its effects on the property. The property is incredibly wet for three seasons of the year, as the ground absorbs the water very poorly and many residents are concerned about where all water will go if the area is developed. Additionally, concerns of increased traffic were brought up.

Planning and Zoning Commission members neither showed support for nor against the proposed development but did ask the developer to take the public's concerns into consideration as well as address their concerns. Amendments to the concept plan will be made and brought back to a future meeting.

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100 YEARS AGO THIS MONTH

November 1918

November 7

Fags Dropped To Yanks

Showers of cigarettes fell from the sky on American fighters driving the Germans out of the St. Mihiel Salient; packages of cigarettes were dropped into the hands of infantryman as they pressed forward. Each package was tamped "With the complements of the Knights of Columbus." After the fight, soldiers related how pleasantly surprised they had been when the cigarettes were dropped. They declared no service on their behalf ever had pleased them as much as the unusual delivery of "smokes."

Spanish Flu Claims Five More

In spite of efforts to curb the spread of the Spanish Flu, deaths are still being reported on a daily basis. On Oct 29th, Alice More Lidie of Thurmont, aged 15, died of the pneumonia. On Nov 1st, William Henry Eigenbrode, the 6 year old son of Mr. and Mrs. Cameron Eigenbrode of Rocky Ridge, died of the disease. That same day, word was received that Jessie Flore, aged 16, of Deerfield, died of pneumonia. On Monday evening, George Stottlemeyer of Creagerstown died from complications of the disease.

Meanwhile, word has been received from the Department of the Army that Vernon Ohler, Francis Rowe, and Arthur Bentzel, all of Emmitsburg; William Fraley of Catocin Furnace, and Jesse Pryor of Thurmont all have died in camp of the Spanish Flu.

Attempted Holdup

Last Monday morning, as the U.S. Parcel Post mail truck was on its way from Thurmont to Emmitsburg, an attempt was made to hold up the driver at the Tom's Creek Covered Bridge about one mile south of Emmitsburg. As the driver entered the bridge a negro at the Emmitsburg side of the creek stepped out and flourished a revolver and demanded the truck halt. The truck was running at a good speed and the driver shot more gas and beat it to Emmitsburg. He reported the matter to the Deputy Sheriff. The officer hastened to the Bridge and found a white man there, who, on being questioned, said that the negro left soon after the

mail truck had left the bridge.

Moving Day In Thurmont

On Thursday, five flittings took place in Thurmont reminding one of moving day, April 1. A large moving van took Mrs. Brenaman's furniture to her new home in Baltimore, a truck moved Mr. Sugar's effects to Baltimore, dairyman Eyley moved a portion of William Harbaugh's goods from his home north of the railroad to the Walter property on E. Main St.; a truck came into town with a load of household goods, and another truck passed out at E. Main St. with a load, the destinations of the last two loads being unknown. The day was mild and spring like.

November 14

Auto Wrecks Awning

Last Sunday morning a wreck occurred on the Square in Thurmont, which practically cleaned up the square. Mr. Jesse Kolb was going north on the State Road in a heavy roadster at a good speed while Mr. Schildt was going west on Main Street. Mr. Kolb said in order to prevent a collision he kept to the left and in doing so his car struck the "Keep to the Right" post. When he struck the post he looked to see what had happened and the next instant the car rammed into the awning poles in front of the Osler Building, wrecking the roof that they supported. His car was not seriously damaged and after he extracted it from the poles and post, he proceeded on his way home.

Arm Broken

In an effort to pass a heavy team on the road, Peter Hammaker of Thurmont was thrown from his heavy wagon to the ground, his front wheel striking a stump at the roadside. Stunned, Mr. Hammaker got up and found a large bone sticking out of his arm. He refused assistance and instead proceeded homeward. However, he was intercepted by Dr. Birley who took him to Frederick so his arm could be properly attended.

Insanity Cure Found

Cure of insanity by extracting diseased teeth and clearing the gastrointestinal tract was announced by Dr. Henry

Cotton, Professor of Advanced Medical Research at the University of Harney. His report, which was funded by the Former-Former Boozers Association, gives the results of four years of experimentation on a number of deranged wives of Boozers and states that recoveries are speedy under the new treatment. Boozers ceased upon the report noting that it proved that the regular ingestion of large amounts of booze was responsible for killing the bacteria that caused diseased teeth – while the drinking of sweetened tea had the opposite effect. The only downside of the report noted by one Boozers was the concern that "womenfolk were too delicate to withstand the effects of hooch and might do things they would later regret while under its influence – like I did when I sobered up and found I had gotten married..."

November 21

Thurmont Man Killed

Mahlon Powell, aged about 29, of near Thurmont, employed by the Western Maryland Railway Company as a section man, was killed instantly when he was engaged in repairing the track's engine, which was running backwards, and bore down upon him and ran over him.

Bad Luck At The Turn

The square in Thurmont is not very large, neither is it very small, but the majority of persons driving autos have no trouble keeping to the right around the post in the center of the square. Teamsters make the turn with four horses, and like other things, when you "catch on," it is easy. Not so for Mrs. Stoner.

Several weeks ago, Mrs. Stoner tried to make the turn up West Main Street, but the C&P telephone pole held her up. Last Sunday afternoon, she again tried the curve, this time too fast, and succeeded in missing the pole, but instead banged head-on into the Osler Building. Her car was so badly damaged that Dr. Brokaw was called out to shoot it.

Mrs. Stone says she is bound and determined to learn turning on the square and will try it again as soon as her husband buys her another car. Mr. Stoner was rumored to have been overheard saying that she would get a new

car "over his dead body."

Church Funeral Ban Raised

County Health officials have announced that the ban placed on church funerals during the influenza epidemic will be lifted. Its removal taken to indicate that the disease has spent its force and is no longer regarded as a menace. Dr. Jamison, who has been ill, while very much improved has, not yet returned to his practice. Dr. Bronner, the other physician of Emmitsburg, has been frequently visiting the Catholic institutions of that vicinity to keep the number of new cases as low as possible.

November 28

Two Boys Reportedly Killed In France

Last Saturday evening, Mr. and Mrs. Stull of Thurmont received word that their son Raymond was killed in action in France on October 9. Raymond was among the first of the Thurmont boys to enlist in Company A at Frederick.

On Tuesday evening, Mr. and Mrs. Toms of Rocky Ridge received word that their son Stanley had also been killed in action on October 21.

Collecting Auto Fines

Emmitsburg officials are watching infringements of the motor laws carefully as the Borough Treasurer benefits from each violation. Last week's report showed the following fines collected: \$10 fine each for Samuel Hollinger, James Welty, and John White, for driving without a license; Charles Keholtz was fined \$5 for insufficient markers; and Samuel Hollinger was fined \$1 for not having a registration card in his possession.

Influenza In Fairfield Alarming

Influenza conditions, practically at a standstill for some weeks, are reported by physicians to be alarming once more. Earlier in the week the eastern end of Adams County registered many new patients, the disease seems to be centered around Fairfield. One doctor, in telling of his work on Friday said, "I have just come from four homes. Three or four people were set in every one of them. One of the families has both parents and the two children killed. I have another family in which there are six cases.

It is noted that but a few of the new cases developed seriously, either because the sickness is not of the virulent form of the earlier visitations or because people have learned their lessons and are taking proper care of themselves when they become ill. Several deaths and a number of pneumonia cases are attributed to failure of the patients to obey instructions, particularly during the convalescent stage. It is pointed out that these outbreaks are to be expected, decreasing from time to time in their intensity and prevalence until the disease here will be practically a thing of the past. One of the characteristics of the influenza is that it travels from east to west, and the present visitation is believed not to be a flare back but a new and lesser wave going across the country. Everywhere it is reported that a larger number of the new cases are of children rather than between 18 and 40, the ages that seemed to draw the largest number of victims several weeks ago.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

As of November 1st, we are 23 days to the unofficial or official start of the holiday shopping season. I guess if you want to make it seem like it is a longer period of time, you could always say you have 552 hours or 33,120 minutes left before you start on Black Friday. This year Black Friday falls on November 23rd which is the day after Thanksgiving. If you are wondering why it is called Black Friday it is because it relates to businesses recording their losses in red ink and gains in black. I don't think that helps.

One good thing though is this year we turn back the clocks and say goodbye to Daylight Saving Time in the early hours (2 a.m.) of Sunday, November 4th. That means an extra hour of sleep, and at my age, I want all the sleep I can get even if the rest of the nation wants to join in. You could use that extra hour to go online and shop! It is also a good time to check all your smoke alarms. Election Day is November 6th (Tuesday). The polls will be open from 7 a.m. – 8 p.m.. All voting will be held at the Carroll Valley Community & Education Complex (the new building). If you have any questions regarding the election polls and voter ID, contact Ms. Monica Dutko, Adams County Director

of Elections and Voter Registration at 717-337-9832.

For your information, the positions & candidates up for election are: U.S. Senator – Lou Barletta (R) and Bob Casey, Jr. (D); PA Governor – Scott R. Wagner (R) and Tom Wolf (D); Lieutenant Governor – Jeff Bartos (R) and John Fetterman (D); U.S. Congress (13th District) John Joyce (R) and Brent Ottaway (D); PA General Assembly (91st District) Dan Moul (R) and Marty Qually (D). Your vote counts! Please vote!

On November 10th, our nation celebrates the birth of the United States Marine Corps. Did you know that the Marine Corps was created during the Revolutionary War? They are celebrating their 242nd birthday. Veterans day falls on Saturday, November 11th. It is a day we honor all Armed Forces veterans who have served our country. As they do each year, Fairfield School is holding a "Veteran's Day Breakfast" on Monday, November 12th from 8:00 am to 10:00 am in the Fairfield High School cafeteria. All veterans as well as their spouse or guest are invited to attend. For more information, you can call the office at 717-642-2045 or email fasdvets@fairfield.k12.pa.us. RSVP's

are necessary by November 5th. As a 20-year veteran, please accept my heartfelt appreciation for your service and for your family's support. We celebrate Thanksgiving this year on November 22nd.

The Pennsylvania House and Senate passed Senate Bill 961 which increases penalties for people who repeatedly drive under the influence (DUI). This legislation creates the first-ever felony DUI in Pennsylvania for a person convicted of their third DUI with a BAC of .16 or higher and all persons convicted of their fourth or subsequently DUI. Additionally, the bill increases the minimum penalty for homicide by vehicle while intoxicated from three to five years if the person has one prior DUI and from three to seven years if they have two or more prior DUIs. It also increases the penalties for driving while under suspension for a prior DUI from a fine of \$500 and imprisonment of at least 60 days to a fine of \$1,000 and imprisonment of at least 90 days. A third or subsequent offense would result in a fine of \$2,500 and at least six months in jail. Please do not drink and drive.

The Fairfield Fire & EMS sent a letter out to its membership inform-

ing them that they have decided to merge their ambulance service with the Adams Regional Emergency Medical Services, Inc. (AREMS). AREMS is 501c3 nonprofit corporation formed solely to provide emergency medical care and transportation. This transition will allow Fairfield Fire & EMS to have 24 hours per day, 7 days per week coverage within our regional area. A full-time paid crew will be housed at Fairfield Fire & EMS. AREMS will be paying a monthly fee to house their ambulances and to have sleeping quarters. The current ambulance Fairfield Fire & EMS memberships that our members and citizens have will continue to be honored. This is a proactive move to guarantee continued ambulance service and is supported by all our municipalities.

The 2nd Annual Trunk or Treat Spooktacular and end-of-the Movie in the Park series was an overwhelming success with approximately 300 in attendance of which 100 young entered the Halloween Costume Contest. Thanks goes out to everyone involved to create an extraordinary night for our attendees, especially the youngsters. A special appreciation is extended to the event organizers/managers, Gayle Marthers and Amanda Bell and to the costume judges and helpers:

Frank Buhrman, Councilor Bruce Carr, Dave Hazlett, Councilor Jared Huster, Councilor Richard Mathews, Councilor Sarah Skoczen, Councilor Robert Verderaine and LeAnn Hazlett.

Based on the results of the October 16th Council and Finance Committee Workshop review of the Carroll Valley draft 2019 Budget prepared by our borough manager, Dave Hazlett, the current Borough tax rate will remain at 2.45 mills or .00245 of assessed value of land and buildings – meaning No Tax Increase. The next steps – Council approves the advertisement of the budget for public review at the November meeting and, if no changes, the tax ordinance will be signed at the December meeting.

The Borough Office will be closed November 6th (Election Day), November 12th (Veterans Day) and November 23rd and 24th (Holiday). Meetings this month will be November 5th (Planning Commission), November 13th (Council Meeting), and November 28th (Recreation Committee). Please reduce your speed to make sure you, your loved ones, your friends and neighbors will be safe. If you have any questions call me at 301-606-2021 or email at MayorRonHarris@comcast.net.

Marty Qually, Candidate for State Representative (D)

For those of you who don't know me, I moved here when I was in first grade. My father, Robert Karsteter, was active duty military and my family moved twelve times in thirteen years before settling here. When the Army tried to move us again, he said, "I have seven children in two schools, a wonderful church, and we love the community". So he retired and became a teacher at Mount Saint Mary's University. With the exception of my older brothers, one of whom attended West Point and the other who became a master electrician, five of us went to the Mount. All of my schooling has been local. I was married here. I have raised my children here. Hopefully, after a long life, I will be buried here. I am running for State Representative because I love this community and think that we deserve better than we are getting from Harrisburg.

My opponent likes to say that we are getting screwed by Harrisburg, but since he's done nothing about it for twelve years, he doesn't want to talk about it. Twelve years ago he campaigned on term limits, but after a dozen years in office I understand why he doesn't want to talk about them anymore. Twelve years ago he also said he would never take any money from political action committees (PACs). In his first campaign he took over \$10,000 from PACs and since his last race 75% of his donations have come from PACs, so I understand why he doesn't want to talk about that either.

After twelve years in office with only eight bills to his credit, I also understand why he doesn't want to talk about his record. In recent years his budget fights have brought him to vote against area priorities. He has voted against funding the new 911

system, the new fire station in Littlestown, the police station in Carroll Valley, and our agricultural industry. So he would prefer if we only focus on road projects that were going to happen with or without his support.

After two debates his message is pretty clear, he would only like me to discuss my record. Ok.

I'm running because after 7 years as your County Commissioner, I've learned that the best way to get things done is to work with others. So I have worked across the aisle with my Republican colleagues to get some great projects completed. Here is a brief description of a few of these projects.

My offices built a modern 911 radio system to protect families and first responders. When we took office, there were areas in the county where police radios did not work inside of houses. This was com-

pletely unacceptable. Senator Alloyd had placed \$10,000,000 in the 2012 state budget to make sure that the state paid its fair share for this new system. My opponent voted against that budget.

We have just opened the Adams County law enforcement shooting range. This range was built at no cost to taxpayers and will serve retired and active law enforcement officers. We will also be able to host multi-jurisdictional training events to improve coordination between departments.

We built a new human services building for four county departments and two magisterial district judges. This building got us out of costly leases and will save the county hundreds of thousands of dollars. It has also allowed us to bring more drug treatment and mental health services into the county than ever before.

In 2017 after the state failed to pass legislation to allow for electronic covered device recycling, I spearheaded the effort to host a public electronic recycling event. I worked with local governments, community volunteers, and Adams Electric to help fund and coordinate a one time event. This event filled three tractor trailers with unwanted electronics. Since then the county has also worked with most municipalities to have electronic recycling included in their trash hauler services. Pennsylvania has still not passed any legislation on electronic recycling.

Once taking office my fiscal efforts have resulted in multiple county bond rating upgrades, resulting in lower interest rates. Meanwhile over the same period the state's bond rating has decreased with every review.

Continued on page 7.

HARDWORKING ★ CONSENSUS BUILDER ★ POSITIVE RESULTS



Marty Qually
for State Representative

VOTE QUALLY ★ NOV. 6

PAID FOR BY FRIENDS OF MARTY QUALLY

GOVERNMENT—NORTH OF THE BORDER

County Commissioner Marty Qually

After a nine-month application process Adams County has finally been approved to receive \$654,428 towards the construction of a new substance abuse recovery center in Gettysburg. The project will involve renovating a county owned building in downtown Gettysburg. The Mercy House building had been a convent for the sisters of Charity, who in 1863 helped care for wounded soldiers and for generations taught students at the St Francis Xavier grade school. We are proud to announce that this history of caring for others will continue at this location. When completed in 2019, the building will be rented to the RASE project (RASE stands for Recovery Advocacy Service Empowerment), a regional non-profit specializing in substance abuse recovery services.

The RASE project anticipates a walk-in center for residents and families seeking information, individual and group counseling rooms, case management offices, and four apartments for clients in recovery. Last month the board of commissioners toured a Lancaster city RASE Project recovery house to see first hand how services were delivered to clients. As a board we have prioritized increasing drug and alcohol services throughout our departments. We have improved treatment and services in our prison and at the Human Services Building. This facility will add

one more tool in our toolbox to fight substance abuse and the growing opioid epidemic in our community.

The idea of converting the Mercy House into a recovery center started as an offshoot of the county's 2017/18 building study. In 2017 I led a team of employees and a professional architect in determining the most efficient uses of the existing county owned Gettysburg properties. The Saint Francis properties had been purchased by a previous board in 2011, which consisted of two small residences (Mercy House and Xavier House), a large parking lot, and the Saint Francis grade school. Specifically, the substance abuse recovery center will be located in the Mercy House, a three story structure originally used as a convent by the Sisters of Charity. This property was targeted, due to the multiple challenges in using this property as county office space.

First, the building team could not identify any offices, which could physically fit in the building, did not require adjacency to other county offices, or did not require security. Second, the lack of handicap accessibility to the second and third floor made the cost of renovations prohibitively expensive. Once it was determined that this building did not suit any county offices, the team turned their attention to lease options. Knowing that York County had developed successful recovery centers, I asked

our partners at Health Choices and the RASE Project to consider this property for a future project. To say that they were excited is an understatement. It took one walk through to ascertain that this building was perfectly suited and ideally located for their Adams County clients. Currently, their clients must drive to Hanover for services. In essence we killed two birds with one stone. We found a utilization for a vacant county property and we will bring in a new service to our county.

The Mercy House will consist of a two pronged approach to assist clients in substance abuse recovery. The RASE project currently operates multiple recovery centers in York and Lancaster County. Recovery Centers have become the latest evidence based model for providing recovery services. This project will be a combination recovery center and recovery house. The center will consist of a community room, administrative offices, individual counseling rooms, and group meeting rooms. The Mercy House will become a one-stop-shop for recovery service. Clients will be able to drop in for services and counseling or set up scheduled times for one-on-one case management. There will also be scheduled group counseling, such as Alcoholics or Narcotics Anonymous meetings. All daytime services will be monitored by experienced staff and clients unwilling to follow their

recovery plan will not be able to use services. Recovery takes willing professionals working with clients committed to improving their lives.

The upper levels of the Mercy House will consist of offices and the recovery house. The recovery house is projected to consist of four apartment units for six men in recovery. One of the residents will be a paid RASE project housing manager, thus maintaining 24 hour supervision in the property. They will all share a common kitchen, bathrooms, and living room. Each will be expected to maintain their sobriety, continue to work on their recovery plan, and pay rent to the RASE Project. This is not a free ride. This is perhaps the most exciting aspect of this project. One of the hardest challenges for someone in recovery is finding a safe place to live as they put their life back together. This home will have a built in support system as each member works their recovery plan. During the day they will work at their regular job and at night they will attend meetings to help maintain their sobriety. This is a proven model, where personal accountability and proximity to services work hand in hand.

On October 22nd all three County Commissioners toured a RASE Project recovery center in Lancaster to learn more about how services are delivered to clients. In Lancaster the RASE Project

provides recovery coaching, recovery support groups, Buprenorphine Care Coordination (a medically assisted treatment for opioid addiction), annual events, and all day drop-in services. The people using these services live and work in the community. In fact a condition of living in the recovery house is that you must maintain full time employment.

There was a long list of rules that residents and walk in clients must adhere to, in order to receive services. Having the center downtown, helps to reduce transportation and service coordination barriers, which can result in relapses. I was very surprised at how unobtrusive this center was. It was professionally run and blended well with the surrounding neighborhood. It was in an historic four story townhouse close to churches and professional office buildings. After this tour it is safe to say that the board of commissioners still had some questions, but that we were very comfortable with these services coming to Adams County.

The Mercy House Recovery Center will be a huge step forward for our community in helping others through the recovery process. As we work through the process in renovating the Mercy House and promoting these services, please contact me if you have any questions. I remain available at martyqually@gmail.com and 717-339-6514.

Dan Moul, Candidate for State Representative (R)

It has been an honor and a privilege to serve as state representative of the 91st Legislative District for the past 12 years. During that time, I have grown in knowledge, experience and skill, and in doing so, have built relationships with colleagues on both sides of the aisle and in many offices and agencies of state government.

Relationships are extremely important in the execution of my responsibilities — both at the Capitol and in our district. No one succeeds on his or her own. I am fortunate to have a dis-

trict staff that is second to none. In addition to the normal duties in the office of a state representative, my staff goes above and beyond and is always searching for new ways to help the residents of our district.

The Pennsylvania Treasury has a website, which assists Commonwealth residents in collecting their unclaimed property. About 18 months ago, my staff began alerting individuals in our legislative district about the availability \$1.2 million worth of their, as yet, unclaimed

property at the state Treasury, and advised them how to claim it. To find out if you have unclaimed property, visit www.patreasury.com or call my Gettysburg office.

In the House, I currently serve on four committees — Agriculture and Rural Affairs, Game and Fisheries, Tourism and Recreational Development, and Children and Youth. All are personally important to me; Agriculture and Tourism because they are the Commonwealth's top industries and are critical to Adams County; Game and Fisheries because I am an avid sportsman; and Children and Youth, on which I am vice chairman and act as a strong advocate for laws protecting the safety and welfare of children.

The current legislative session ends on Nov. 30. When the new, 2-year session begins in January, I expect to have enough seniority to be assigned a full committee chairmanship. There is talk of having me take over as chairman of the House

Children and Youth Committee as our current chairwoman, Kathy Watson (R-Bucks), is retiring. I would embrace this opportunity to continue my work on behalf of Pennsylvania children.

Just a few weeks ago, I was honored by the National Federation of Independent Business (NFIB) in Pennsylvania with its 2018 Guardian of Small Business Award. The NFIB, Pennsylvania's leading small business advocacy association, presents the award annually to state lawmakers who achieve a 100 percent voting record on key legislation affecting small and independently owned companies. I have gained a reputation as a budget hawk and was grateful to be recognized for my pro-business stance.

When budget revenues fell \$2 billion short of expenses last year, the budget was delayed and lawmakers were sent home for the summer, but I decided to remain in Harrisburg

and work on a solution. By the end of the first week, 18 other legislators joined me. Together, we created the Commonsense Caucus. We worked all summer and were instrumental in finalizing that budget. This work group, now 40 strong, continues to focus on cutting government waste and slashing unnecessary regulation.

During my tenure, I have had the good fortune to get several of my bills signed into law. The most recent came just last week when the governor signed House Bill 544, my lawsuit abuse prevention bill, which expands liability protections for landowners when they allow free, public use of their land for recreational purposes.

I am proud to work as your state representative and thankful for your confidence and support over the past 12 years. I hope you feel that I have earned it, and you want me to continue representing you. If so, I would appreciate your vote on Nov. 6.

Continued from page 6.

When I took office the county rainy day fund from \$9.6 million. Through efficient budget management, the rainy day fund is now \$13 million.

After the state budget impasse threatened to shut down Survivor's women shelter, we were able to provide a bridge loan to keep them open until state funds came through.

We are partnering with Cumberland township to improve conditions at Oaklawn Cemetery. A situation which could have been prevented, if the PA had performed its cemetery auditing function better. I believe cemeteries should be required to report their perpetual care accounts to the County Register and Recorder and County Controller for annual review.

Lastly, we have just been awarded over \$650,000 to renovate a county building in Gettysburg to become the first substance abuse recovery center in Adams County. This building will serve as a central location for those in need of substance abuse

therapy and treatment. It will also house four apartments for individuals in recovery, making it possible for them to be independent, hold down a job, and receive treatment for their addiction.

If I can do all of this in only seven years as an Adams County Commissioner working across the aisle with my two Republican colleagues, imagine what I could do as your next State Representative. This election is about reforming Harrisburg AND electing someone who will focus on our priorities. Over the past seven years I have a proven track record of getting the job done. I don't believe partisan political fights and gridlock have made us better. I do believe that by focusing on our communities' priorities, Democrats and Republicans can come together to make our state a better place.

If you have any questions, please contact me at 717-339-6514 or at www.facebook.com/martyqually. I would appreciate your vote on November 6th.

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VOTE FOR DAN MOUL - 91ST DISTRICT STATE REPRESENTATIVE

91st District Representative Dan Moul Proudly Serves On:

- PA House Agriculture Committee
- PA House Tourism & Economic Development Committee
- PA House Game & Fisheries Committee
- PA House Children & Youth Committee

Rep Dan Moul's House Bill 544 "Landowner Liability Protection Act of 2018" passed unanimously in the House and Senate in Oct 2018. House Speaker Turzai declared, "This is the most important lawsuit abuse reform passed in PA since the Castle Doctrine! Congratulations Representative Moul."

Thanks for Our Issues members to the 91st District in early 2018. The group announced a new home, a cause Rep Moul

Paid by Friends of Dan Moul

FROM THE DESK OF...

Candidate endorsements

Michael Hillman
Executive Editor

Maybe it's a telling sign of our time that I find myself beginning this piece with opening paragraphs establishing my conservative credentials and then telling you that for the good of Frederick County – its rich traditions, financial future, and preservation for future generations – you should split your ticket when you vote in this upcoming election.

My commitment to conservatism – the thoughtful and reflective analysis of issues as explained to me at the dinner table of William Buckley, father of the conservative movement – is life-long. I have sat at the same dinner table discussing conservative philosophy with the likes of Robert Bork and have had my name listed on page 2 of the American Spectator. I always will be a dyed-in-the-wool conservative.

The founders of conservatism wanted voters to judge their representatives on individual merits, not solely on party – which is why Ronald Regan and Tip O'Neal could always find common ground. At one time, there was a middle of the road, but sadly, in today's national politics at least, that middle road seems to be gone. But it's not too late for Frederick County. Its rich history is full of leaders of both parties who always put Frederick County first. In this election, we voters have the ability to continue

that tradition – to elect leaders who will represent our needs, not theirs or some special interest.

So, I am endorsing the following candidates; they are the best the County has to offer, and they come from both parties:

Jan Gardner (D) for County Executive. Four years ago we did not endorse Jan – but fortunately she still won. Let's face it, Jan inherited a nightmare of backroom deals from the last, Board of County Commissioners, that had they continued, they could have bankrupted the County. Under her leadership Jan put the County back on solid financial footing without raising taxes. At the same time, she oversaw a marked improvement in the accountability of the County staff and the quality of their work. Given it took her four years to "right a sinking ship" Jan has more than earned the right to sail that ship for four more years and set it on a course that will ensure future residents can enjoy all the benefits of living in this remarkable County. Jan has earned my respect and she has earned our vote of confidence in her leadership of the County.

While I promised myself that I would stay away from saying anything negative, I find it necessary to ask those thinking about voting for Jan's opponent – Kathy Afzali – to name one thing, just one single thing she has done over the course of 8 year political career, or for that

matter, her professional life? Why should we exchange a competent, honest, and talented County Executive like Jan Gardner who has delivered results without raising taxes with someone like Kathy who has accomplished nothing and only thinks of herself?

Shannon Bohrer (D) for County Council District 5. I have to admit; in this pick I'm prejudiced. For almost eight years now Shannon's Words From Winterbilt column has headlined the commentary section of this paper. No candidate running in this election has a clearer paper trail on their thinking process than Shannon. As a long-time County resident, farmer, former police officer, Shannon has always put the interest of the Northern part of the County above all else. I can think of no one I would want to represent me more than him. There is an old saying: "you can't pick your family, but you can pick your friends." I'm proud to count Shannon not only as a friend, but a neighbor, and one would be hard pressed to find a better neighbor. We need good neighbors on the County Council – and Shannon will bring that mindset to the council.

Bud Otis (I) for County Council At-large. More than anyone else in the current County Council, Bud has demonstrated his willingness to stick to his core conservative principles, no matter what the cost and for that he has my admiration. In order to stick to those principles, Bud felt it necessary to leave the Republican Party, a decision I fully under-

stood and endorsed. I would have done the same. Bud is a thoughtful, intelligent, highly accomplished, and caring individual. He is exactly the type of individual we need to anchor the County Council. He has always placed the needs of the County over his own needs, and like Jan, has earned the right to serve us for four more years.

Kai Hagen (D) for County Council At-large. Eight years ago, when the County was still run by a Board of Commissioners, Kai was the recipient of our first endorsement. He did not disappoint us then, and I know he will not disappoint us now. Kai is a strong advocate for Smart Growth in the County, and will seek out economically sound approaches to growth that reduces costs and protects our communities as much as it protect our environment. Some of my conservative friends feel Kai is too single-mindedly focused on preserving the natural environment – which makes me wonder – since when did caring about the environment cease being a goal of the conservative movement? The goal of each generation has always been, and always should be, to ensure that future generations inherit a better world. Kai lives by that principle and will work to ensure that what makes Frederick County such a wonderful place to live will still be here for future generations.

Chuck Jenkins (R) for Sheriff. I don't even know where to begin to list my reasons for endorsing Chuck – they are so varied that even though I buy ink by the barrel, I fear I could run out of ink listing them! I've had the opportunity to come

to know Chuck both professionally and personally, and no one is more honorable, honest, and better suited to serve as a County Sheriff than Chuck. He is the very epitome of what it means to be an exceptional law enforcement officer. I guess the best way to sum Chuck up is to quote his response to the question about why he was not out campaigning more, "Because I'm too busy being Sheriff." There is a lot of talk these days about the opioid crisis – but that is not the only issue a Sheriff faces. While some see only part of the battle, Chuck sees the whole field, and has demonstrated his ability and willingness to tackle all the issues to ensure we live in a safe and secure County. To all my Democratic friends thinking about voting a straight ballot, don't – Frederick County has earned the right to have Chuck continue to be our Sheriff.

Jessica Douglass (D) for State Senator. I met Jessica for the first time this year, but she has impressed me with her honesty, intelligence, and willingness to serve the citizens of the County and listen to diverse viewpoints, unlike her opponent, Michael Hough, who after four years in office has accomplished nothing and promises four more years of accomplishing nothing! Jessica Douglass shares our values; she is proud of Frederick County. She will not let us down or serve any outside masters. Our goal and needs will be her goals and needs.

Dan Cox (R) for Delegate. Dan, like Shannon Bohrer, is a neighbor, and a good one. He is intelligent, thoughtful, and articulate. I would love to be a fly on the wall when he and Jessica discuss a bill in front of the state government, but I can guarantee you, even if they are on polar opposite sides, the discussion will be civil, and both sides will leave knowing more than they went in with. Dan represents the best of what it once meant to be a conservative Republican. He will do us well.

Lastly, unfortunately many people never really think much about the down ballot votes. There are good people, with good track records, who are often overlooked because they are not of your party. **Sharon Keller (R) for Register of Wills** and **Sandra Dalton (R) for Clerk of Court** are two such individuals. Like Jan Gardner, Sharon and Sandra did not receive our endorsement four years ago, but both have proven us wrong in our failure to do so. They are dedicated to ensuring that their departments provide the very best service to the residents of Frederick County – and having been the recipient of that service first hand, I have absolutely no qualms in endorsing their efforts to continue to ensure that residents get the best service possible.

When you enter the voting booth on November 6, do Frederick County a favor, and split your ticket. Vote for the very best Frederick County has to offer. If you do that the future of Frederick County will be bright.

RE-ELECT
Bud Otis
COUNTY COUNCIL AT LARGE
I share your values

DAN COX
for STATE DELEGATE
DISTRICT 4
www.CoxForDelegate.com

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Twitter/Instagram/Facebook: @dancox2018
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Authority: Dan Cox for Delegate, J. Dwight Hutchinson, Treasurer

MELISSA ATHERHOLT
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Melissa WILL Make a Difference!
By Authority of Friends of Melissa Atherholt, Erica Moore Treasurer

GOVERNMENT—SOUTH OF THE BORDER

County Executive Jan Gardner

It's time to vote! Time to help shape the future of Frederick County.

Today, I am asking for your vote for Frederick County Executive. I believe I am the best choice and the best person for the job. I have delivered professional, pragmatic leadership with proven results. The county is headed in the right direction. I am proud to have delivered outstanding public schools, safe communities, and a high quality of life.

The county is well managed and county employees do a stellar job of delivering exceptional services that truly add to our quality of life. Our libraries offer an incredible array of services; our parks are beautiful and provide something for everyone to enjoy; our county roads are plowed promptly and are well maintained even after all the flooding of recent months; and our community is safe. If you call 9-1-1, your call will be answered, on average within 4 seconds, and help will be on the way.

The hot topic in the county race is residential growth. People are rightly concerned about overcrowded schools and congested roads. After a two year spree of zoning hundreds of acres for thousands of houses during the term of the prior Young Board of County Commissioners, my administration has brought it to an end.

During my administration, we have approved no new housing with the exception of a senior housing project.

Because we have such a large pipeline of approved housing, it is my position that we should not add to it until we can catch up on needed schools, roads, and public safety services. We have done the analysis of what's needed and have a plan to put it in place.

I also don't want Frederick County to be just a bedroom community to the more metropolitan areas. That's why I am focused on more jobs so more people can both live and work here. We are fortunate to have a thriving economy with over 6,500 net new jobs in the county over the past few years and a new major employer coming to Urbana. I want to support jobs for people with a wide variety of interests and skills. We need to make sure there are jobs for everyone.

To protect our rural and agricultural areas, we have accelerated agriculture preservation increasing the county funding commitment by 25% utilizing a portion of existing recordation tax revenue. Over the four years of my administration, we have permanently preserved over 10,000 acres of farmland, bring our preservation totals to over 60,000 acres. I am committed in the next term to increase the commitment to agriculture preservation. I have also added an agriculture economic development position to support our farms and help them diversify. We can be proud that Frederick County farmers provide food and fiber to our

region and our nation. The time is now to preserve this land before it is too late.

I have advance plans that will manage growth better. We have strengthened our Adequate Public Facilities Ordinance to time residential development with schools, roads, and public safety services is critically important to sustain a high quality of life.

I have ended the use of developer agreements that have proven to be bad deals and harmful to existing residents and taxpayers. And, I have put an end to taxpayer giveaways. I have had the opportunity to renegotiate two of the bad deals of the past saving taxpayers over \$50 million. This is real money that can better be used for core services like education and public safety. And, I have a plan for the future with Livable Frederick.

In contrast, my opponent has voted for corporate welfare at the state level supporting a \$37.5 million state taxpayer giveaway to Northrup Grumman to "keep them" in the state. This taxpayer gift did not require a single new job or any new capital investment. Most of our state delegation voted against this proposal but not Kathy Afzali who was more than happy to giveaway our tax dollars. I do not want to see a return of taxpayer giveaways to developers. Without a doubt, there will be opportunity to re-negotiate one or more of the existing developer agreements over the next few years. Citizens deserve a County

Executive who will be on their side and will fight to protect taxpayers. And that County Executive is me.

Protecting taxpayers is job one. We have lived within our means, squeezed a dime out of every nickel, and save taxpayers almost \$70 million. And, there have been absolutely no tax increases. Tax rates have remained the same over the past four years.

Together, we have made some significant and meaningful accomplishments.

- Made a record investment in public education to ensure the best teachers in the classroom.
- Accelerated school construction and identified cost savings to reduce the cost of a new elementary school by 8 to 10%.
- Earned the first ever AAA bond rating from all three rating agencies, saving taxpayers \$13 million on refinancing our debt.
- Retained Citizens and Montevue, keeping our promise to our seniors. This accomplishment was a legal feat. The best news is that these facilities are financially self-sustaining with revenue or profits from Citizens subsidizing assisted living at Montevue for people who otherwise could not afford it.
- Created a new Senior Services division to better serve our growing population of seniors so more seniors can enjoy life well into retirement. A new expanded senior tax credit was approved.

- Advanced plans for a detox center in Frederick County to address the heroin and opioid addiction crisis that is taking too many lives and devastating families.
- Passed the strongest ethics laws in the state to ensure honest, transparent government.

The County Executive is responsible for the management of the county and the effective and efficient delivery of services. It is a big responsibility with over 2,000 employees across 18 divisions and an annual budget of over \$608 million.

You are effectively hiring someone to manage a large organization. You should hire someone with a breadth of management, supervisory, and budget experience. I am the only candidate that brings business experience from a Fortune 100 company, a degree in finance and economics, and experience in government.

Most important, citizens deserve a County Executive who is honest and fair, who will listen and balance competing needs and interests.

If you want good schools, a safe community, more local jobs, responsible growth, and frugal financial management, vote for me, Jan Gardner for County Executive. I am on your side and will always fight for what's right.

It has been my honor to serve the citizens of Frederick County as the first County Executive. I look forward to a continued partnership, good governance, and a bright future.

Shannon Bohrer, County Council District 5 (D)

"Plans are nothing; planning is everything"

—Dwight D. Eisenhower.

Planning is something we all do for most of our lives. It is something we do to help us look forward and achieve our goals. As we age, many of us attend more to our planning - e.g., for retirement - than we did when we were young.

Through no fault of our own, however, the effort we put into planning our future is sometimes thwarted. Families experience

unforeseen events like illnesses, natural disasters (like the flooding this year), and job loss when a business closes. Sometimes life is just not fair.

We also know that without planning, it is reasonably certain that things won't go well. This is true not only for individuals and families but also for governments. Indeed, our individual and family plans are connected to our government plans, since the latter can affect us in many ways. For example, my wife and I want to retire in place, on our beautiful, peaceful farm. How-

ever, if the county allows uncontrolled growth and is fiscally irresponsible, we may have to change our plans. Uncontrolled growth creates negative issues related to infrastructure, education, public safety that often results in higher taxes. Government planning, and/or the lack of, affects all of us.

The City of Frederick's flood control projects are a good example of planning. If the city had not planned future flood control projects many years ago, the flooding this year would have been significantly worse. Even with the

implementation of methods of flood control, the City of Frederick still had flooding. This is a good example of how elusive perfect plans are and of the likelihood that any plans will require modification.

When elected, my primary focus will be planning for responsible growth in Frederick County. The Livable Frederick Plan is a blueprint for how the county should view and manage the future. I understand that there is opposition to the Livable Frederick Plan. My review finds the plan

very comprehensive as an overall view, but still needing more specifics. This plan is the product of the contributions of over 2000 ordinary citizens who responded to the surveys, and it contains over 15,000 qualitative statements. These attributes do not mean the Livable Frederick Plan is perfect. Like any good plan, changes will be needed as we proceed. But we know for sure that without a plan, we leave the future to chance. As Yogi Berra put it, "If you don't know where you are going, you'll end up someplace else."

Jessica Douglas – State Senate (D)

Election day is just around the corner, and while the country is, on its face, bitterly divided politically, now is the time to look past party lines and vote for the person that will best represent you. Locally, you have an opportunity to choose a candidate for State Senate who will make representing voters her full-time job. I am committed to serving the needs of the people of Frederick County, fighting for fully-funded public schools, community-based solutions to the opioid epidemic, and workforce development programs in District 4.

The Maryland state legislature is in session in Annapolis for three months, starting in January and ending in early April. A state senator's job description includes standing up for state programs or funding that will benefit his or her district. District 4 envelops most of Frederick County and a small portion of Carroll County. Representing District 4 in the State Senate and sponsoring, co-sponsoring, or otherwise supporting bills that address the needs of the people here will be my primary focus.

During off-session months, I will

work with municipal leaders and county council members to discuss local issues. How can the state meet the specific needs of our schools, our families, and our elderly community? What resources can the state provide in tandem with community-based models for combating the opioid epidemic in Frederick County? For the past 6 months, I have been speaking with voters and seeking their input. I have discussed the issues with our County Council representatives and towns' mayors. I will continue this practice during off-session months, working with the communities I have been elected to represent.

Currently and conversely, we are represented in Annapolis by a state senator who is working diligently to benefit his corporate donors. His partnership with the American Legislative Exchange Council puts lobbyists above constituents. Your current representative values the profits of big business over the people of Legislative District 4.

Moreover, during off-session months, Michael Hough is in Washington DC,

serving as the chief of staff for a US Congressman representing West Virginia. This baffling conflict of interests steeps our representative in the divisive rhetoric of Washington, bringing national partisan conflict into the dialogue of state and local representation. His primary focus is the politics of West Virginia on the national stage. Where does he stand on local issues? When does he work with us to meet our needs?

I live my values of service, humility, and justice in my faith, work, and family life. I will represent

Frederick County with these same values as I seek fairness and opportunities for all residents through elevating public education, seeking community-based solutions to the opioid epidemic, and encouraging job growth in our local municipalities.

I believe elected representatives should be one of us. As a teacher and a mom living in Frederick County, I am intimately aware of the struggles and successes of the communities in our district. Electing corporate lobbyists and lifelong politi-

cians will only bring us more partisanship and division. Send a fresh perspective to Annapolis. Let me be your advocate. I am committed to helping others and making a difference, not helping corpo-

rate donors and securing reelection. Vote for people over profits on November 6. Vote for local representation over national political discord. Vote for Jessica Douglass for State Senate.

VOTE
JOHN DANIELS
FOR JUDGE OF THE ORPHANS' COURT



johndanielsforjudge.com
BY AUTHORITY JOHN DANIELS FOR JUDGE, JUDITH RICE, TREASURER

FROM THE DESK OF CANDIDATE...

Bud Otis, County Council At-large (I)

In the last four years of being President of the Frederick County Council it has become apparent to me that temperament is one of the key variables among people. A thoughtful and patient approach to issues many times reveals a kind heart and willingness to compromise. As I have traveled this beautiful and economically strong county, it has been my good fortune to meet many different people, from all walks of life, backgrounds and who share the values of hard work, strong character, grit and love of their families and communities.

As I look out at the landscape of personalities who are running for office in our fair land, it occurs to me that rather than focus on political party, I tend to gravitate towards those who are fair-minded, open to discussion (whether we agree or disagree on a topic), and civil in their discourse.

Over my tenure on the Council, I have taken a moderate approach to issues ranging from the recently passed Adequate Public Facilities – Adjustment of School Construction Fees

aka APFO/Mitigation Fees Bill #18-21, the Forest Resource Ordinance (FRO) Bill #17-17 and the Monocacy Scenic River Plan. All three have been viewed on both “sides” as contentious issues. It was heartbreaking for me to see the level of criticism and at times vitriolic attacks leveled against me personally and those who support and oppose these issues. I believe our citizens want what is best for the county overall without polarization and negativity. Therefore, I tried to find a way to bring all stakeholders together in an open environment with the ability to share their views and truly listen to each other. It has worked.

Regarding the APFO/Mitigation Fees Bill, after public hearings and workshops, I convened a meeting of the minds of both the school advocates and builders and developers. We met a few times to discuss the best way forward to institute an increase in mitigation fees on the current 12 DRRAs and allow the building industry consistency regarding these fees as it affects their ability to qualify for loans and

determine forecasting for their business. Neither “side” was happy, but at that time all those at the table agreed on this compromise. Bill #18-21 passed on October 16, 2018.

Earlier in the year, the same approach was used regarding the FRO Bill. Again, workshops, public hearings and meeting of the minds with environmentalists, landowners and developers. Folks were able to listen to each other and come to a workable compromise that protects our forests and interests overall. Were both sides happy? No. Were both sides agreeable on a negotiated solution, Yes. Are there roadblocks along the way, certainly. By working with stakeholders, we crafted an Amended Bill that passed on February 28, 2018.

The Monocacy Scenic River Plan is another hot topic in Frederick County. I just saw so much sadness when farmers were being pitted against one another. I asked to meet with the Frederick County contingent of the River Board to hear their concerns and how best to move forward. In addition, I have met with environmentalists, other

farmers, landowners and other interested parties, including a water scientist from Hood College. This plan will come forward once all the changes that both Frederick County and Carroll County River Board members agreed upon have been incorporated and promulgated to the County Council and Carroll County Commissioners. The process here will include a stop at the Frederick County Planning Commission (FCPC) after they conduct a public hearing and workshop. Once the FCPC has completed their review and voted on it, it will come to the Council for consideration. We all want to protect property rights and we all want clean water. There is a way to work this with protections for both.

I have given just three examples of working on legislation and a joint county plan. It is critical to utilize the tremendous brain trust we have in our community and within our experienced staff to work thru issues and find solutions that move Frederick County forward.

Please consider the choice of your next elected body from the local to the



national level by asking yourself who is the candidate with the strongest character, positive outlook and will have the county's best interest at all times. Working and listening to others is a key factor to creating a positive solution!

“Let us not seek the Republican answer or the Democratic answer, but the right answer. Let us not seek to fix the blame for the past. Let us accept our own responsibility for the future.” John F. Kennedy, February 18, 1958.

Thank you for allowing me to serve you for the past four years, and I will certainly appreciate the opportunity to continue to serve for the next four years.

Kai Hagen, County Council At-large (D)

After a ten-month countywide campaign, and with so many important issues, it is difficult to convey everything I'd like to share in a few hundred words here. So, instead, I'm sharing comments below from two others: and our current county executive, Jan Gardner, and another northern county resident and friend, Mark Long.

County Executive Jan Gardner wrote: “Kai Hagen is passionate about Frederick County.

As a citizen, as the Executive Director of Envision Frederick County, and as a county commissioner, Kai has dedicated his time and talent to ensure ethical and effective local government, excellent public schools, responsible land-use, and the protection of our environment. All the while also working to encourage others to be more informed about and more involved in the civic life of our community.

For more than two decades, as a citizen advocate and elected official, Kai has been actively engaged in Frederick County. He walks the talk!

As fellow County Commissioner, I could always count on Kai to be well-prepared and well-informed, and to be a strong advocate for Frederick County. He knows our county and county government well. He knows the job. And he will hit the ground running.”

Emmitsburg resident and former county council candidate Mark Long wrote: “I strongly support Kai Hagen for County Council. Kai has been actively engaged in civic affairs his entire adult life.

Over the years, as I have come to know Kai well, I've been repeatedly impressed by his depth and breadth of knowledge of the issues that affect Frederick County, and by his commitment to improving life in our county. He is constantly studying and thinking about issues important to our community, looking for solutions to challenges we face and opportunities to make our community even better.

In the 7 years since he was as County Commissioner, Kai has channeled his passion and commit-

ment to our community as Director of Envision Frederick County. As a board member, I've watched Kai up close. (Envision is a 501(c)(3) is a non-profit, non-partisan organization and does not endorse candidates. It was founded on the principle that informed public discourse and active engagement of individuals and groups in our civic life is essential to our mutual well-being and prosperity.)

I've watched Kai advocate for policies to move our county in a sustainable, vibrant direction. He has participated in a variety of groups that help move our county forward. Among others, he served on the Energy and Environment Working Group of the Livable Frederick Comprehensive Planning process, as a member of the Solid Waste (“What's Next?”) Steering Committee, and as co-founder of the Smarter Growth Alliance of Frederick County. He is a champion of protecting our environment and a tireless proponent of smart growth principles. His endorsement by the

Sierra Club and Clean Water Action affirms this.

His endorsements by the Frederick County Teacher's Association and Career Firefighters also affirm his strong commitment to our public schools and public safety.

I serve on the Affordable Housing Council. I know Kai understands the importance and complexities of providing affordable housing for our workforce and seniors as our county grows. He is also a proponent of forward-looking economic development to ensure the prosperity of everyone, especially those who struggle to meet basic needs.

I wholeheartedly support Kai Hagen and ask that you do the same. He knows our county, he cares about our county. He will listen to your concerns and will make an outstanding County Council member.”

Local government affects our lives in so many ways. Please vote for an ethical, honest and effective leader who care about and works for everyone in our community!

Frederick County is a wonderful



place to live. But we face real challenges. With strong committed leadership, we can meet those challenges, turn them into real opportunities, and create an even better place to live!

Vote for a Frederick County that is vibrant, affordable and sustainable!

To learn more about me I encourage you to visit my campaign website Kaihagen.com where you can learn a lot more about me, my experience and record in Frederick County, and my perspective on many of the issues, challenges and opportunities that face our community and local government.

Susan Reeder Jessee, County Council At-large (D)

As candidate and person, Susan Reeder Jessee, I have always been true to the values I was raised on and have done nothing in my past I need to explain, even when life has challenged me.

I have always been someone who gets involved when there is a need and these days there are too many politicians out there who don't, and run for office as a stepping stone to the next office. I can assure you that is not me. I have a passion to serve in Frederick County, and give back to a community that has been so good to me. I had great mentors of what public service is supposed to be

about from my parents, Bruce and Odette Reeder.

I am passionate about making sure our children have the best education possible, making sure our seniors have the things they need to survive on a daily basis, making sure our first responders that serve and protect us 24/7 are also protected while doing their job, making sure our future growth is managed properly by working in collaboration with all interested parties, making sure our agriculture community is valued and preserved, making sure our environment is a protected, and making sure we never stop fighting the opioid/

heroin health crisis in honor of those that are lost to us forever.

This election isn't about me it's about you, and the most important thing that any elected official can do is work together for the common good. Is that too much to ask? I don't think so and have spent my life working together in business, volunteer positions, and if elected will continue doing this because I believe there is more that unites than divides us.

So if I am honored to earn your vote I promise with every ounce of my soul that I will work together for the common good for all the citizens of Frederick County.



VOTE TO KEEP
Judge
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ORPHANS' COURT
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Fairness - Empathy - Integrity
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By Authority: Nate Wood-Wilson for Frederick, Nyreen Huyser, Treasurer

GOVERNMENT—SOUTH OF THE BORDER

Phil Dacey, County Council At-large (R)

One thing I like to tell potential candidates for public office is that I hope you like talking about yourself because you will have plenty of opportunities to do so. I have struggled with talking about myself so much since I prefer to focus on the issues but I know it is important for voters to get a sense of who a candidate is so they trust in those to whom they give their votes.

It has been an honor for me to be the Republican nominee for an at-large seat for Frederick County Council and

I will take that duty and trust seriously. I grew up here, went to school here, watched Frederick grow, worked my way through law school and started my family here. My wife has a small business here and my daughters go to public schools so it is important to know that I am invested in this community. I believe that government should generally let people live their lives the way they want to, and that taxpayers should feel they get their money's worth in services back from their government.

Now elections are about the future so what do I plan to focus on and why should you vote for me?

I am running on a platform of lower taxes, less traffic congestion, and more economic opportunity. First, the tax burden faced by many residents in Frederick County is too high. This is especially so if you live in one of the municipalities. Tax rates that continue to creep up when housing costs rise have a negative impact on families and residents. I will be a

budget hawk to ensure that tax dollars are spent on core government services like public safety, education, and infrastructure.

Next, too many residents are spending time stuck in traffic. Governor Hogan has offered the only realistic solution in a generation, which allows a public - private partnership to add lanes to Interstate 270. We need a County Council that will partner with him to achieve this solution.

Finally, we need more economic

opportunities in Frederick County so that the traffic doesn't all head south in the morning and north in the evening. To attract quality employers, we need a Council that will fiercely sell the benefits of Frederick County -- unique and charming towns, world-class schools, and desirable recreation to employers.

I have appreciated visiting every corner of this county and meeting so many wonderful people throughout this campaign. I humbly ask for your vote on November 6 for county council at-large (don't forget you get to vote for 2 candidates at-large)!

Danny Farrar, County Council At-large (R)

On November 7th, the signs come down, direct mailers will no longer fill your mail box, door knocking will quiet, and phone dialing will cease for these offices for the next four years. Most importantly, our county, state, and nation will move forward with the ramifications of the ballot box from the day before. Make no mistake about it, you vote whether you do it at the polling station or not.

Not voting is, in and of itself, a choice. None of us are perfect and the only person you will agree with 100% of the time is you. Unless it's your own name beside the oval, rest assured we will all disagree at some point. That's the thing about the way forward, there are as many ways to get there as there are people to make the trip.

So where does that leave us, this Republic that seems so fractured and divided? I'd caution that we ought not to be looking for the perfect person, rather, we should be hoping to find a public servant, committed to doing all he/she can in the service of others.

We have numerous issues facing our community: rapid growth that leaves schools overcrowded and roadways backed up, first responders doing all they can with much less than they need, and an opioid crisis that has hit us all far too close to home. We have a community that we love that must somehow evolve for the future without losing the roots that made us plant ourselves in it in the first place.

Yet, with all those challenges I just listed, there are so many more left unsaid. More worrisome still, along with all the promise that the future holds, there will be new problems we have yet to consider that will require teamwork to face head on. As much as planning for the future is important, having a demonstrated ability to calmly weather the storm is even more so.

For the last four years we have watched as time and time again, the vote simply went 4-3 on the dais as name calling and walking away were the theme of the day. As it spiraled out of control with angry people unable to coalesce around

the betterment of Frederick, it reminded me of a quote from Governor Hogan I heard on the campaign trail: "There are people who like to come to Annapolis and make a lot of noise, but they never seem to get anything done."

Our county has been plagued by those types of people for some time now—more concerned with getting the credit than getting it done. They can't tell you why nothing they want gets passed, but they can sure tell you they are right. Some will challenge me and say that focusing on conversation and compromise is a weak stance. To those people, I would simply ask how strong is losing every vote 4-3?

What our county needs more than anything else is a proven track record of team building and people with enough

confidence to not take disagreements so personally to then walk away from the table. My resume speaks to that need more so than anyone else running. From the Pentagon on 9-11, to the front lines of Iraq, to years of Service in the Fire Department, I have lived and breathed service. From homelessness to owning one of the fastest growing companies in America, I know the power of the American dream. As a family man, I know the importance of ensuring it remains for generations to come here in Frederick. Most importantly, I know that I accomplished none of that alone. Self-made men never amount to much.

As I stand before you asking for your vote, I assure you that I put in the work before I did. I have fought for, protected, rescued, worked for, and

employed my fellow Americans for the past 20 years. I understand the importance of both getting and signing that paycheck. I understand the worry that comes with not being sure you are going to be able to make that next payment, and more importantly the despair that comes when you can't. I have very real empathy for you because I am just like you. I have been there and made it out. Now, I want to do all I can to help others join me.

So...my pledge to you is simple: to always remain seated at the table and inviting you to join me, to always listen to you, to care about your ideas even when we disagree and to find a way to the middle (where the clear majority of Americans reside), and to work with you to find a way forward from there.

If you are tired of the division in our country, then join me in refusing to be a divider. Vote Farrar and let's lead together.



**VOTE
MICHAEL
BLUE
NOVEMBER 6th
COUNTY COUNCIL 5TH DISTRICT
Conservative Values Candidate**

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BROWNIE'S AUTO REPAIR FOR
OVER 31 YEARS**

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**RE-ELECT
SHARON KELLER
REGISTER OF WILLS**

**AN EXPERIENCED PUBLIC SERVANT WHO GET'S THE
JOB DONE.**

-  **16 Years Experience in the Register of Wills Office
Legal Knowledge of Estates, Trusts and Tax**
-  **Bi-Partisan Support including Democratic Comptroller
Franchot's Medallion of Excellence for superior
management of a state agency**
-  **Robust technological upgrades including digitizing
office files, new office hardware, online access to
records while never sacrificing the human touch**
-  **Built a highly experienced staff that is efficient,
friendly and helpful to the public and practitioners**

Experience Counts ~ People Matter

By Authority: K.A. Wachtel LaBrush

FROM THE DESK OF CANDIDATE...

Sheriff Chuck Jenkins (R)

The 2018 election for The Office of Sheriff is critical to the future of our quality of life and public safety in Frederick County. Electing the wrong man to the Office of Sheriff will have long lasting implications, never to be reversed. Having a broad working knowledge of issues involving law enforcement, public safety, homeland security, and government at all levels is important in making decisions that impact policy, operational strategies and budgets.

In short, having experience does matter. I have that experience, more than twenty-eight years of experience (currently) in law enforcement and public safety (include 35 years in volunteer fire and rescue). I have served as your Sheriff for 12 of those years, clearly giving me not only real experience performing those duties, but the clear advantage of having the insight to successfully address public safety issues with constantly shifting priorities.

During my tenure as Sheriff the Office has grown and progressed as a modern, well-trained and equipped, very adequately staffed agency in both law enforcement and corrections. Our technology and tactical abilities are at the tip of the spear. Our investments in security and technology in law enforcement, corrections, and in court house security are state of the art.

During my three terms in office the agency has many accomplishments to tout. The serious crime rate in this county is well below one-half of the national average per capita, with decreases four consecutive years, down eleven percent in 2017 alone. Our School Resource Officer program is recognized statewide as a model program, and efforts to improve school security will be a priority moving forward. We're rolling out Active Shooter Response training to businesses, churches, and schools county-wide. Being fiscally responsible with budget dollars, in twelve years I have returned over \$33 million to the county's general fund with budget surpluses and ICE detention housing reimbursement, without denying training or equipment.

For over ten years, we have partnered with ICE and have built a nationally recognized and effective 287g Program at the Adult Detention Center, placing 1608 criminal aliens into deportation after committing crimes in Frederick County including 106 gang members, mostly MS13. This is a fact, our 287g Program with ICE in this county has been the one true deterrent from being overrun with MS13 and other transnational gang presence, and the associated crime. I'm very aware of and concerned about what is going

on with gang crime just a few short miles away.

Our drug enforcement efforts are an agency priority and have increased in effectiveness of taking down dealers, number of arrests, and quantities of drugs and cash seized. My recent proposal to transition part of the Detention Center Work Release into an addiction detox facility may just be the one missing piece that turns the tide on the Heroin/Opioid crisis locally. This is in addition to the many dozens of local community and town hall meetings where I have presented information to our citizens, educating them and providing awareness about the magnitude of this addiction crisis. This is what the Sheriff's Office should be and is doing.

Being accessible to the citizens of Frederick County has been the best part of serving. I have been the most accessible elected official in this county, allowing me to directly and effectively address your concerns. People have been able to visit me or call me directly, or see me at most any event, which is seldom the case in today's world. Most live and communicate on email, social media, or blogs.

How does my opponent make his case to be your Sheriff? He says the heroin/opioid crisis is my fault

because I'm not doing anything, I have no master's degree, and he says the 287g Program costs the county money while continuing to call for an audit of the program. None of those are remotely true and in case he didn't notice or understand, a thorough audit was performed and presented by an independent audit authority. We hear of a "plan" for the heroin problem but there is no plan, just criticism. You hear that there is no MS13 gang problem and there is no concern about MS13. One has to be blind not to look a few miles away to see it and be concerned. To refute another false narrative being pushed out about low morale of deputies, a recent internal poll conducted by the FOP membership showed that the overwhelming majority were very favorable and satisfied with the conditions of employment within the agency.

Finally, let's look at experience. My opponent had a few years with the Metropolitan D.C. Police, maybe eight years before leaving. He was out of law enforcement for many years before being hired by Sheriff Carl Harbaugh for research and planning. He was eventually appointed to the position of Bureau Chief by way of "the good ole boy, wave the wand" system that he alleges occurs now. He formally held that "second in command" position for eight months, hardly making a case for experience in leading the agency. The years in



between have been spent in a federal government job, in the analytic think tank environment of government bureaucracy, not in any law enforcement role or any involvement with local government.

I will argue and make my case that my overall experience, leadership qualities, community presence, and motivation vastly exceeds that of my opponent. I ask for your vote for Sheriff and your continued support for the Office of Sheriff based on where the Sheriff's Office is today, what we have accomplished, and the professionalism and great work of our family of commanders, deputies and correctional officers that come to work every single day to make the difference. Real experience does matter in this election!

Ysela Bravo, State Delegate (D)

My primary reason for running is I'm an optimist – we can do better when we work together, and I'm willing to listen to all my constituents.

I have lived in Mount Airy for twelve years as a stay-at-home mom, served as PTA president and worked as a substitute teacher. I co-hosted a radio show in Thurmont discussing current issues after the last election because I felt it was imperative to remember we share the common

goal of maintaining and improving our communities. My prior career was as a human resources manager for a defense contractor, where I often had to balance the priorities of management and the welfare of our employees, our most valuable assets.

I am inspired to make my first run for office because of my love for our area and its residents. Since moving here, I have been taught the true meaning of community and neighbors. The people who live here are

kind and thoughtful. I believe our representation in Annapolis should reflect its constituents.

There are three issues I'd focus on: growth, healthcare and the opioid issue and education.

First, we're not effectively managing the development that is fast changing the rural character of Frederick County. Growth is good, and sustains an economy for businesses, but there needs to be consideration given to those

who serve our community such as farmers, police officers, emergency responders and teachers who need additional support to account for the influx of new residents coming to our great neighborhoods. We must also think ahead to strengthen infrastructure like roads, school facilities, green space and health care so we can ensure our residents have access to the services they need.

Second, families are being torn apart by illness and addiction while dealing with stigma, shame and the

lack of resources to provide treatment options and support. Access to affordable healthcare is essential, and must include rehabilitation for those affected by addiction. We need to work with courts, law enforcement, treatment facilities and families to encourage substance abusers to seek successful treatment. We need to remove the barriers to physical and mental health care and instead ensure access for Maryland residents.

Third, we need to help students excel by providing our public schools with the right tools and staff. We need to listen to teachers, parents and students and find a way for their needs to make it to Annapolis so their voices are woven into the fabric of new curriculum, policies and mandates for learning.

I am a Democrat running in a district I've been told I can't win. But I've met the people in this district and I believe most of them are willing to look at the person, and not the letter after a name. Nobody asks what party we are in when we are working in the PTA. We can respectfully disagree on some issues and still join forces to find sensible solutions that work. I believe that the best decisions are informed by diverse viewpoints and I welcome all views because this isn't just my community - it's ours.

I will be your voice and work tirelessly to ensure my community is heard. Despite the challenges we face on these and many other issues, we're blessed to live here. Good legislators in Annapolis will play an important role. To learn more about me visit Bravo4.md4.com

VOTE FOR
Jessica Douglass
 for STATE SENATE
 NOVEMBER 6TH, 2018

A mother, a teacher,
 and your advocate
 in Annapolis

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Re-Elect
SHERIFF CHUCK JENKINS
 "The People's Sheriff"

Committed to the people
 of Frederick County

I ask for your vote in the
 Genreal Election November 6th

www.sheriffchuckjenkins.com
 Authority: Gary L. Jenkins, Treasurer



By Authority of Friends of Jessica Douglass, Rebecca Smith Treasurer

GOVERNMENT—SOUTH OF THE BORDER

Dan Cox, State Delegate(R)

Your own freedom is what voting is all about. I'm Dan Cox and I'm asking for your vote as a principled policy maker, not as a politician. As a community stakeholder, I want policies that will protect my four daughters and our sons from illegal trafficking and gangs, from socialist government-imposed health care, and from opioid and fentanyl dealers killing so many each year. Our policies should protect us; that is why I stand with Sheriff Chuck Jenkins and all our Team Hogan.

The treasure of our Republic is our Constitution's Bill of Rights and our laws. If we fail to vote, we proclaim that we dislike our own rights. We also do dishonor to the heroes lying at Arlington and every veteran who has defended us.

No matter what side of the political aisle you are on – as Americans we must advance policies that solve our problems while supporting our constitutional rights, or else we will lose them. Former Democrat-turned-Re-

publican President Ronald Reagan famously said: "Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same." I agree, and I am asking for your vote to do just that.

I grew up on a small farm outside Emmitsburg on the border of Frederick & Carroll Counties, working my way with three jobs

through Mt. St. Mary's University (then College), graduating from the University of Maryland while working in education teaching High School courses on government and the Constitution, before going on to law school.

For the last 12 years as an attorney-at-law I've defended Free Speech, the Second Amendment, and parental rights in the care, custody, education and protection of our children. I've defended pregnant women unlawfully fired, educational choice for our children, people harmed by crowded

roads, supported concealed carry rights, defended farmers wrongly fined, and those suffering a loss of real property rights.

These are not obscure rights, they involve you. I am endorsed by Governor Larry Hogan, Congressman Andy Harris, M.D., and others such as Benghazi hero and former Army Ranger Kris "Tanto" Paronto. I am asking for your vote to keep supporting these freedoms for all of us in the Maryland House of Delegates. Thank you for your vote! For more information about me visit www.coxfordelegate.com.

Sandra Dalton, Clerk of Court (R)

November 6, 2018; a date that will set the tone for the next 4 years for our County. In this election, every vote does count and every vote does matter. Please cast your vote and make your voice heard.

Obviously, my hope is that Sandra K. Dalton for Clerk of the Circuit Court will be one of your selections. As this is the last article before Election Day and there has been much said from all of the candidates, now the real work lies with you – the voter. Please don't be misled, check the facts. See my website, www.daltonclerkofcourt.com to view my accomplishments, goals.

My history working for you as Clerk has seen this office go from

typewriters to the most modern technology available for your court. We have implemented E-filing for civil and criminal cases, E-recording for releases and assignments in land records, shortened term of service for jury duty, on-line qualification for jury service, applying and leaving with your marriage license on the same day instead of making two trips, cross-training courtroom clerks so judges don't have to break between case types for a trained clerk to take over, "No-Findings" audits from the Legislative Auditors, reduced process time and more. In fiscal year 2018, we collected over 17 million dollars.

Coming soon for jurors will be the option to receive text messages about

their jury service. The next step in E-recording will be the acceptance of Deeds and Mortgages.

New to the court this year is the opening of the first combined (District and Circuit Court) Self-Help Center in the State of Maryland. Citizens can now receive free legal advice five days a week. We've even heard of the possibility of a mobile unit going out into your communities. How awesome would that be?

It is said that managers do things right, and leaders do the right things. A manager carries the vision, but a leader creates that vision. The leader sees the big picture and looks to the future, needed changes, and has a vision, while the manager motivates

the implementation. Having worked in both positions, it is clear that the best team comes from having both positions work together. Folks, this is your Clerk's office! You have competent, knowledgeable, caring, and trustworthy subject matter experts leading every department in this office. Working with all of the Clerk's Office employees as a team, we strive to give each person before us the best service possible. Every Clerk's Office employee represents the title and office of Clerk of the Circuit Court. They make me proud to be their leaders and your elected Clerk.

As your Clerk, my door and ears have always been open to you, our staff, our judges, our judicial partners, and anyone else that wants or needs to speak with me. Part of the vision for

this office is to always look for ways to improve, and to always provide the best service possible with honesty, fairness, and timeliness.

My continued goal is to work to make this office a welcome and helpful office to those we serve, to the employees that make the same commitment to serve and to our justice partners. The future of our courts is under continuous improvement. Improving access and services is an ongoing commitment from me to you. You are the only special interest group I represent. Please continue to trust me in this leadership position to represent your interests in the justice process.

I humbly ask for Your Vote on November 6. Thank you and God Bless.

Megan LeRoux, Clerk of Court (D)

My candidacy is centered on the principles of integrity and accountability. I also have the education necessary, hands on experience, and I am a natural leader. I also have a vision for my role and the future of the Clerk's office.

When asked, I respond that the main reason that I decided to run was my integrity. I believe in and care about the institution of the Judicial System and the effect it has on the people in their everyday lives. No one wants to wait in line to receive help, or wait for their case to be called on the docket. Frederick County residents don't want to go to court, and miss work, on days that they do not have to. And, no one wants to have a bench warrant sworn out on them on account of Clerk's office errors.

I will be accountable to the public and to offices that are directly affected by the Clerk's office. Last year, the Maryland Electronic Court (MDEC) was implemented. This transition was abysmal. I have pledged that if I am elected,

I will create a Quality Control Division. This division would have staff devoted to not only solving immediate problems, but will be tasked with getting to the root of the underlying problem and solving it. Solving the root of the problem will resolve the issue for the future and for other people.

I have the education necessary to be a highly effective Clerk of the Court. I earned a Bachelor's Degree, all the while working full time and raising a toddler. I woke up early, before he needed me, to study, I studied on my lunch breaks, and I studied after I put my son to bed for the night. I graduated Cum Laude in Legal Studies. Through the Judiciary I was able to earn a Master's Level Certificate through the Institute for Court Management (ICM). That toddler is now a senior at Frederick High School, and after a rigorous application process, I have been accepted into the ICM's Fellows Program.

I come with vast courtroom experience to include Montgomery County

Circuit Court as well as Frederick County District Court. The majority of my career with the Judiciary has been with the Circuit Court for Frederick County. Through the years working in Frederick, I have developed strong relationships with stakeholders such as: the Judges and Magistrates, their chambers, the State's Attorney's office, the

My vision for the Clerk's office is improving the workings of the office through streamlining the staff to work to the best of their natural abilities. I will focus on the strengths of the staff through positive guidance and support that will flow down from the top down. I envision a dialogue with private attorneys to create realistic goals. I view the position as a hands on administrative position as opposed to a ceremonial one. The office is in desperate need of modernization of its communications, to include updates to the web-site and phone system.

Ysela
BRAVO
FOR MARYLAND
DELEGATE
bravo4md4.com




Everyone in District 4
deserves to be heard.
VOTE
November 6th

 [Bravo4MD4](https://www.facebook.com/Bravo4MD4) | Bravo4md4.com

By Authority of Ysela Bravo-Schwetje, Danielle Konstandinidis, Treasurer

I'm asking you to please Re-Elect Me, "Sandra D"



**Someone you can Trust
Who has the Experience
And a Vision for your Court**

**Find me on Facebook:
Sandra K. Dalton
Clerk of the Circuit Court**

Always Here To Serve You!
www.daltonclerkofcourt.com

FIND THE WORDS

Circle the 8 words listed below. Letters may be used more than once and in any direction.

VOTE
DALTON
DEEDS
DEFENDANT
DOCKET
PLAINTIFF
JURY
MARRIAGE

E	J	D	I	O	G	C	Z	T	M
T	I	A	W	Q	P	P	N	D	A
O	A	S	Z	V	H	A	A	D	R
V	M	H	J	S	D	L	O	C	R
P	L	A	I	N	T	I	F	F	I
G	P	L	E	O	S	C	M	Y	A
G	O	F	N	O	V	D	R	M	G
T	E	K	C	O	D	U	E	L	E
D	O	D	S	O	J	F	O	E	P
R	R	W	W	L	R	D	L	A	D

AUTHORITY: JOANN M. HEVEY, CPA, PFS, TREASURER

FROM THE DESK OF CANDIDATE...

Sharon Keller, Register of Wills (R)

As the last blooms of summer give way to crisp fall nights, all of Frederick County knows that this election cycle is about to be over. By the time this letter publishes, most citizens will have done their candidate research, some of us will have voted early, but there are still some of us traditional holdouts who like to weigh their options up until election day.

Each year, I spend time thinking back on the many families that have come through our office doors; the hardships they faced, the difficulties they overcame. I am always reminded of the one thing they have in common - they lost a loved one and their life is now made different because of it. Death strips away money, knowledge and security; leaving the survivor to cope alone. Those deaths have shaped my view of compassionate service.

As your Register of Wills, I have served the people of Frederick County

with honesty and integrity. Blending the law and a mission of service, always putting families first, is the foundation of all we do. I have over sixteen years of experience in the Register's office - not as an administrative figurehead, but as a "hands-on" working Register of Wills. Last year, my office received a "Clear-No Findings Audit." This means my office managed your taxpayer dollars with the highest level of fiscal responsibility. I am proud of the bipartisan relationships I have forged. I received the Medallion of Excellence from Comptroller Peter Franchot. This is in recognition of my superior management of a state agency.

My opponent has run her campaign on the promise that she will bring a "new energy" to the office, that she will upgrade technology and bring a "very friendly atmosphere" to the office. My opponent runs on platitudes. I run on performance and experience.

My opponent's view on technology and customer service is limited by her lack of understanding of probate law and how the office operates as a state agency. I ask you to consider the following before placing your vote, when you experience the loss of a loved one, do you want a Register of Wills who will be able to assist you to the fullest extent, or an inexperienced novice?

Modernization has been a top priority. This includes a strategic approach to implementing robust technological upgrades. It is important to be forward looking. I am currently working with the other Registers to allow the acceptance of online filings for estates.

I have upgraded our office hardware including the latest models of computers, printers, postage meters, scanners, routers, servers and network switches allowed under state procurement laws. Second, I was the first Register of

Wills in Maryland to adopt the Paper Reduction Act standards. We digitized all of our records and now generate all of our forms through our proprietary Register of Wills software. Third, I have made digital estate records available online to the public. These documents are available to the public for online download and purchase. Finally, I have had our office install the latest software upgrades, including Microsoft 365. All of these positive improvements to technology have not come at the loss of a human touch.

Providing experienced excellent public service has been my number one objective this term and will continue to be in the future. I have an open door policy which serves All people with the dignity and respect they deserve. Under my leadership, the estate administration process has become very efficient. Members of the public are able to meet with

staff and open an estate on the same day they walk into my office. There are no automated phone banks - you always talk with an experienced live person. This is a level of efficiency not seen in most state agencies. In addition, I have an energetic staff that has accepted my challenge to participate in community public service including Toys-for-Tots, Hospice of Frederick County, Heartly House and the Elder Expo.

I challenge you to talk to your friends, neighbors and professionals in the legal community who have been in our office. They will certainly talk about the quality and friendliness that we provide in our service.

Be assured that my staff and I are doing great work in the Register of Wills office. It's been said, "Don't change for the sake of changing." I hope to continue this work on your behalf and accordingly, I ask for your vote this November 6th to continue as your Register of Wills.

John Daniels, Judge of Orphans' Court (D)

The Orphans' Court is about fairness and equity. It's about providing the opportunity and platform for anyone who may have a claim to an estate. It's about ensuring any and all persons who present a claim be treated with respect and dignity. It's

about ensuring the timely distribution of assets in accordance with existing state and local laws.

The Orphans' Court Judge should have experience in conflict resolution, the ability to understand and communicate the intent of the law, the

ability to work with people, and the ability to identify and remove obstacles that prevent amicable settlements of disputes. The person in this position must recognize the right of every individual to speak and to be heard.

In my twenty-four years in the mil-

itary serving in various assignments at the highest enlisted rank, my experience serving on—and as chair of—numerous municipal and county committees, and my years as a small business owner, I have been successful working with people and resolv-

ing conflicts between people in all walks of life.

When you elect me Orphans' Court Judge, I will work with my colleagues to adjudicate every case in a timely, fair and impartial manner. To learn more about me, visit my campaign website at www.johndanielsforjudge.com.

Karen Yoho, Board of Education

"The pen is mightier than the sword", I would often quote to my students and then immediately have to explain the meaning to 3rd, 4th, or 5th graders. As soon as I filed to run for the Board of Education, this saying came to mind. My past words were posted on Facebook and, of late, in letters to the editor. In particular, four years ago, I wrote an LTE explaining why citizens should not vote for Brad Young. Now I'm running on a slate with Brad and he has my full support. For this reason, I've been accused of being a hypocrite. I don't see it that way because I don't feel that I am the one who has changed.

Over the past four years, Brad has shown himself to be fully behind the teachers. This wasn't always apparent, and I'm not the only one who thinks this. The teachers' association did not endorse Brad in the 2014 election. This time they did. When Brad realized that the school system was losing great teachers to nearby counties, he stepped up and addressed the issue. He was instrumental in arriving at a new salary scale that the budget could tolerate and would truly help boost teacher's pay. He also shows in many ways his support for students and staff, in both policy and actions. He is one of the biggest cheerleaders the school system has. If I didn't support him now, someone who is actively showing his support for public education, what kind of candidate would I support?

In addition to Brad Young, I am pleased to be running with Jay Mason and Camden Raynor. Jay ran for the school board two years ago and came in last. He did not let this get him

down. He has spent the time since learning more about the school system and advocating for the students who do not always succeed. I keep learning of new ways that Jay is helping others in the community. With three children currently attending FCPS schools, he will be the voice of the parent on the Board of Education.

Some will dismiss Camden Raynor because they think he is too young to bring anything to the position of school board member. I encourage you to meet Camden. After a brief conversation, you will realize you couldn't have been more wrong. I am constantly amazed at his depth

of knowledge about the school system, as well many other subjects. We have done a great deal of canvassing together, which has afforded us the opportunity to have many a discussion on a wide range of topics.

He's the youngest candidate on the ballot, but I consider him an equal and a friend. I promise, you will not regret casting your vote for Camden.

That leaves me and why I should earn your vote. I would direct you to my October column for more details, but I want to add that I attended the Career & Technology Center Open House on Oct. 25. I'm more convinced than ever that we need to

expand this engaging program. I'm a problem solver and my mind is already making lists of people I need to talk to and information I need to gain in order to know how best to attack this issue. I want to be the voice of

the classroom. I will listen and then I will weigh options. I will work collaboratively with my fellow board members and FCPS staff to do the best for our students and community. I would appreciate your vote this election.



Jarman
Stepping Forward
For District Four
Authority of Friends of Lois Jarman, Melarie Galloway, Treasurer



KAREN YOH
YOHO
for BOARD OF EDUCATION
Doing the best for our children first!
Website: KarenYoho.com FB: [KarenYoho4BOE](https://www.facebook.com/KarenYoho4BOE)
PO Box 231, Monrovia, MD 21770
By the Authority of Citizens for Karen Yoho, Joseph Yoho, Treasurer

PAID POLITICAL ANNOUNCEMENT



MEGAN LEROUX
CLERK OF THE COURT
I'M ASKING FOR YOUR VOTE ON NOV. 6
ELECT SOMEONE WHO WORKS AS HARD AS YOU.

HER DEDICATION & EXPERIENCE SPEAK FOR THEMSELVES

- ➔ MASTERS LEVEL EDUCATION, INCLUDING A DEGREE IN LEGAL STUDIES
- ➔ CERTIFICATION FROM THE INSTITUTE FOR COURT MANAGEMENT
- ➔ 13+ YEARS OF COURTROOM EXPERIENCE

OUT WITH THE OLD IN WITH LEROUX

IF ELECTED MEGAN WILL:

- ➔ SUBMIT HER WORK HOURS FOR PUBLIC REVIEW.
- ➔ MODERNIZE THE ADMINISTRATION OF THE COURTHOUSE. BECAUSE JUSTICE DELAYED IS JUSTICE DENIED.

BY AUTHORITY OF MEGAN LEROUX FOR CLERK OF COURT, DETRIC KEMP, TREASURER

GOVERNMENT—SOUTH OF THE BORDER

April Miller, Board of Education

I'm running for Board of Education now for the same reason I did the first time: because I'm a mom. I never cared much for politics and just wanted to help students. I would rather talk about how I can serve others than talk about myself. I would rather ask for support than money, and I can spend hours telling you about all of the incredible students we have in Frederick County. Parents would rather talk about how they can help students and focus their energy on the things that really matter to families.

As a local parent and eye doctor, I love spending time talking with others about their experiences with FCPS. I try to spend the majority of the conversation listening and learning their perspective, not imposing my views

on them. I actively listen to students, parents, teachers, FCPS staff and community members. We celebrate successes together, brainstorm solutions to problems. Sometimes I am a just a safe place to vent fears and frustrations. Whenever needed, I turn those conversations into action.

National politics tends to get the most attention, but local elections are the most important because they have the most direct impact to your day-to-day life. Last night, I met a fellow FCPS graduate. She had just moved back and was amazed at how many of her friends had chosen to return and raise their families here and how special that makes Frederick County. I couldn't agree more. My priority on the Board has been to make our schools

truly reflective of and an integral part of the communities that they serve.

That can be hard with some organizations pushing their national political priorities here in Frederick. Board members need to be objective when it comes to negotiating salaries. I've never accepted the union's endorsement for this reason because I didn't want to be beholden to them or anyone. My priority has been supporting our staff so that they can better serve our students and their families. I support budgets that focus on the classroom and did not vote to increase our class sizes, a decision that the Board is still trying to recover from. I would like more personalized staffing models for our schools in order to better meet the

needs of the students and not just driven from formulas.

We can celebrate our differences but keep our focus on being "One Frederick County". The partnership between FCC and FCPS is a model for the State. Frederick County government and FCPS work together to find ways to save taxpayer dollars. FCPS partners with our Sheriff, city and municipality law enforcement and first responders to increase safety in our schools. I support special education and formed a special education work group focused on improving communication and implementation of special education services. I support educational opportunities that are as unique as the students we serve. Charter schools, virtual school, dual-enrollment with FCC, career pathway certifications, apprentice-

ships and internships all help provide students an education that will help them achieve their goals.

One parent I talked to said, "Everyone can look back to their years in school and think of at least one teacher that made a huge impact on their life."

Every mom and dad wants more teachers like that for their children. Amazing teachers that believe in their students and do not see limits on their potential. In the end that's what really matters, and why I ran for Board of Education. It's all about the kids and supporting other parents who want the best for their children. I know this year I face an uphill battle against well-funded and well-connected opponents who place a higher priority on partisan political victories than I do. I am asking for your support on November 6th, your vote is your voice.

Bickel for Sheriff
Frederick County 2018

Karl Bickel is your Candidate for Sheriff of Frederick County

- Demonstrating strong community-based leadership on the opioid crisis
- Keeping our children safe in our public schools
- Restoring ethical and professional leadership on the front line of citizen service

Join our campaign to put American Values to work for Frederick County!

<https://bickel4sheriff.com>

April MILLER
for School Board

Authority of Friends of April Miller, Melissa Miller, Treasurer

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GENERAL TIRE

KUMHO TIRE

THE PASTOR'S DESK

Recognizing those who serve

Pastor Dean Delawder
Thurmont Trinity
United Church of Christ

"When the Pharisees heard that he (Jesus) had silenced the Sadducees, they gathered together, one of them, a lawyer, asked him a question to test him. Teacher, which commandment in the law is the greatest? He said to him, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the greatest and first commandment. And a second is like it: You shall love your neighbor as yourself.'"

—(Matthew 22:34-39 NRSV)

What does it mean to love God and to love your neighbor? What does it mean to love period? Often when we think of love we think of the feelings that we have when we are in the presences of someone who is very special to us. This could be romantic love; that exciting and stirring feeling that we have when we were first attracted to our husband or wife. It could be that all-encompassing and indescribable feeling that we have for our children. It could be that feeling of comfort that we have when we are in the presence of our best friend, that feeling

of being able to be ourselves without fear of being judged. But no matter what type of love we are experiencing, generally we associate it with a feeling; so how do we express or feel that love for our neighbor? How do we feel love for a complete stranger? How do we feel love for God who is so abstract to many of us?

Love is more than just a feeling. When we love someone we show our love through our actions, through our behaviors. How do we know when someone loves us? We know because of how that person behaves towards us; we know because of how that person treats us. If I say I love you to someone but my actions demonstrate otherwise, then even though I have said those words that person is not going to feel love from me. If I know that my spouse has had a hard day at work and I have already started dinner and have the children's home work finished and then I tell her to go in to the living room and relax and unwind, she will feel my love. If she comes home from a hard day at work and I say "I love you, when will dinner be ready? I am going to go in and check my emails" she is not going to feel the love that I spoke.

The same is true for loving God and loving our neighbor. It is one thing to say the words but if our actions do not back up the words then they are mean-

ingless. If I say that I love God and then do my best to live a life in service to God then my words are demonstrated through my actions. If I say I love my neighbor but then act unjustly towards someone whom I deem different from me, then I am neither demonstrating love towards that neighbor nor towards God. If I turn my back on someone in need, then I am neither demonstrating love towards that neighbor nor towards God. One of the biggest criticisms that people have towards Christians is that we act hypocritically, often citing that we judge others differently than we judge ourselves; when we do this we are neither demonstrating love towards that neighbor nor towards God.

"And whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

—(Mark 10:44b-45 NRSV)

As Christians we are also commanded to serve, which is also a tangible demonstration of our love for our neighbor. In our culture today it is easy to slip into the mindset of self-centeredness. We see it in the countless "selfies", pictures that a person takes of themselves which is then posted on the various social websites. Many people spend their times in front of their screens (computer, tablet, smart phones) and a mass a group of "friends" that they may not actually know nor will every interact with outside of the computer. And there are recent studies that suggest that loneliness has become one of our greatest health risks. It seems as if we forgotten that God commands us to serve one another; to stop focusing on ourselves and to place our focus outside of ourselves. I have often found that when I am feeling bad or sad, all I have to do is help someone else and I spirits are immediately lifted.

There are many ways to serve our



Sheriff Chuck Jenkins speaking at the Veteran's Day Service last year held at Thurmont Trinity United Church of Christ.

neighbors. Some of us have professions focused on service: police, firefighters, EMT's, doctors, nurses, social workers, teachers, people in the military just to name a few. But there are many ways to serve outside of a professional career: volunteering at schools, with senior citizens, food pantries, homeless shelters and the list goes on and on. It is also very easy to serve our actual neighbors in the community by shoveling a driveway, preparing a meal for a shut-in, taking someone to a doctor's appointment, picking up medication at a pharmacy and again the list can go on and on.

As we approach Thanksgiving and Christmas we are often moved to think about our less fortunate neighbors and make donations to food banks and donate toys for families that cannot afford gifts for their children. This is a wonderful way to show our love for God and our neighbor, and to serve others, but let us also remember that God calls us to demonstrate these commandments not just during this time of year, but that they are to be expressed each and every day throughout our entire year. May we all be moved to demonstrate this love and service continually, and if you do make this loving effort

through your actions, I think that you will find that the feeling of love will be present there too.

Trinity United Church of Christ acknowledges and honors the service and sacrifice of the men and women who have served and who are currently serving in the military. For the past several years the church has held a special Veteran's Day worship service with a complimentary luncheon following in appreciation of the sacrifice that those who service in the military and their families have made in for all of us. The service will feature special music honoring each branch of the military as well as other patriotic music. The names of our veterans in our community will be read aloud and a Veterans Day Message will be given by Lt. Col. Carol VanSchenk-hof. We hope you will join us for this special service on November 11, at 11 a.m. at Trinity United Church of Christ, 101 East Main Street, Thurmont. If you would like more information, or if you would like a veteran's name listed in our church bulletin please called the church at 301-271-2305. You are also welcome to any of our regular Sunday worship services which are held each week at 11 a.m.. Visit our website at www.trinityucthurmont.org.

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THE BOOK OF DAYS

Remarkable wagers

On Monday, 29th November 1773, Mr. Foster Powell, an attorney's clerk, commenced a journey from London to York and back again on foot; a feat which he accomplished in the space of six days, reaching York on Wednesday evening, and starting again the following morning for London, where he arrived on the evening of Saturday, the 4th of December. By this extraordinary effort of pedestrianism, he netted the sum of a hundred guineas, which had been staked on his success.

It has been remarked that a collection of curious or foolish wagers would make an interesting volume. After much ransacking, we have succeeded in unearthing a few of the most remarkable instances, which we now present to our readers.

A wager is said to have been won by Sir Walter Raleigh from the Virgin Queen, on the question of how much smoke is contained in a pound of tobacco. A pound of the article in question was weighed, burned, and then weighed again in ashes. The question was held to be satisfactorily settled by determining the weight of the smoke as exactly that of the tobacco, before being burned, minus the residuum of ashes. The fact of the ashes having received an additional weight by combination with the oxygen of the atmosphere, and also the circumstance of numerous imperceptible gases being evolved by the process of combustion, were alike unthought of by Elizabeth and her knight.

A gentleman by the name of Corbet, a distinguished family near Shrewsbury, bet that his leg was the handsomest in the county or kingdom; and staked immense estates on the point. He won the wager, and a picture is still preserved in the family mansion, representing the process of measuring the legs of the various disputants.

It is recorded of Lord Spencer that he cut off his coattails, and laid a successful wager that such a mutilated style of garment would become fashionable. And an amusing bet, though for the very trifling amount of five shillings, is related to have been decided in 1806, in the Castleyard, York, between Thomas Hodgson and Samuel Whitehead, as to which should succeed in assuming the most singular and original character. Hodgson appeared decorated with ten guinea, five guinea, and guinea notes on his coat and waistcoat, a row of five-guinea notes and a purse of gold round his hat, whilst to his back a paper was attached, with the words, 'John Bull.' Whitehead appeared dressed like a woman on one side, with a silk stocking and slipper, and one half of his face painted. The other half of his body resembled a negro in a man's dress, with a boot and spur. One would have thought, that so far as presenting a ridiculous spectacle and making a fool of himself, he ought to have won the

wager, but it was decided in favour of his companion. How far the latter owed his success to the prevailing weakness of humanity towards wealth or the display of it is a question that we think might be fairly mooted.

A gentleman laid a wager to a considerable amount, that he would stand for a whole day on London Bridge with a trayful of sovereigns, fresh from the Mint, and be unable to find a purchaser for them at a penny apiece. Not one was disposed of.

A wager of a more intellectual description was laid for a thousand guineas in 1765 between two noblemen, one of whom had constructed a machine which he maintained would propel a boat at the rate of twenty five miles an hour. A canal was prepared for the experiment near the banks of the Thames; but the tackle broke, and the wager was lost before the apparatus had an opportunity to be tested.

The subject matter of wagers has sometimes taken rather a grim form. A well-known story is related of a member of a party of revelers who engaged, in a fit of bravado, to enter the vault of a church at midnight, and in proof of his having done so, to stick a fork into a coffin that had been recently deposited there. He accomplished his object, and was returning triumphantly, when he felt himself suddenly caught, and was so overpowered by terror that he fell into a swoon, and was found in this condition shortly afterwards on the floor of the vault by his companions, who, alarmed at his long absence, had come out to look for him. The fork which he had stuck into the coffin had caught hold of his long cloak, and thus occasioned a fit of terror which had nearly proved fatal. An incident of this nature is credibly recorded to have taken place in London in the last century, the scene being one of the vaults beneath Westminster Abbey.

An amusing case is related to have been tried at the Kingston, where a Mr. Courtney was sued for the payment of 100 guineas on a wager that had been laid, that the plaintiff should furnish three horses, which should go ninety miles in three hours. This he performed to the letter, but it was by starting all the three horses together, so that they had only thirty miles each to run within the three hours, an undertaking which they accomplished with the utmost ease. The court supported the defendant's view of the transaction, that it was an unfair bet, and a verdict in his favour was consequently given.

In another action, tried before the Court of Common Pleas, the plaintiff sought to enforce a claim on a wager for a rump and dozen, which Sir James Mansfield was inclined to dismiss, because he did not judicially know the meaning of a rump and dozen, but he was overruled by Mr. Justice Heath, who remarked

that they knew quite well privately that 'a rump and dozen' meant a dinner and wine, an agreement, as his lordship observed, in which he could discover no illegality.

Many similar cases might be related, but we shall restrict ourselves to one more, specifically a bet made in 1812, between a Reverend B. Gilbert and Sir Mark Sykes Bart. At a dinner party in his own house, the latter, in the course of a conversation on the hazard to which the life of Bonaparte was exposed, had offered, on receiving a hundred guineas, to pay a guinea a day as long as Napoleon should remain alive.

Mr. Gilbert suddenly closed with the proposal, sent the hundred guineas to the baronet, and the latter continued to pay the clergyman a guinea a day for nearly three years. At last he declined to pay any longer, and an action was brought to enforce the fulfillment of the obligation. It was contended by the defendant's counsel, that he had been surprised into the bet by the clergyman's hasty acceptance of it, and also that the transaction was an illegal one, seeing that Mr. Gilbert, having a beneficial interest in the life of Bonaparte, might, in the event of invasion, be tempted



to use all means for the preservation of the life of an enemy of his country.

The jury returned a verdict for the defendant; but on the case being brought before the Court of King's Bench, to show cause why the verdict should not be set aside and a new trial granted, as in his lordship's opinion the fact of a contract was clearly established, and unless anything of an immoral or impolitic tendency could be proved, the agreement must be supported.

On the ground last mentioned, the rule was ultimately discharged

and a new trial refused; the judges finding that such a wager was illegal, from its tendency to produce public mischief, as, on the one hand, an undue interest was created in the preservation of the life of a public enemy, and on the other, a temptation might be induced to plot the assassination of Bonaparte, any suspicion of which ought to be carefully guarded against by the nation at large.

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COMMENTARY

Words From Winterbilt

There is an election – should you vote?

Shannon Bohrer

We have an election coming up that includes local, state and federal offices. My wife and I are in the Frederick County District 5. In the State of Maryland we are in the 4th electoral district and in the Federal system we are in District 6. While the district numbering can be confusing - I do believe it is important to have some knowledge of who is running at each level, even if you don't know the districts. It is also important to understand each candidate's positions on the issues. Just my thought, that when you vote for someone, you want to know where they stand on issues that are important to you.

In an ideal world we would all know each candidate and their position(s). This unfortunately does not exist. To begin with there are people that do not know who their current representatives are, much less the candidates. It might be understandable under some conditions that people don't know who is running, but when they don't know who their current representatives are, that is something bewildering to me. Why would people not know who is running their own government? As Abraham Lincoln said in his Gettysburg address, "That government

of the people, by the people, for the people,..." It's our government so we should know who's in charge, who's responsible and to whom do we send the complaints.

A possible reason why some people don't know who their representatives are could be the political theater that we often see. Politicians often tell us why the other candidate, or person in office, is not fit for the position. Instead of telling us what they stand for, they just tell us how bad their opponent is. So what we often see and hear are opposing descriptions of two people, that if the descriptions were correct, neither one should be elected. It often seems that the political ads are just telling us why the other person is the worst choice. Under these circumstances it is easy to understand why some people disengage from the political discourse.

This negative connotation of politics is part of our American subculture. As citizens we often have a national pastime of complaining about our government, including those elected to office. Of course our constitution not only allows us to complain, but from my perspective it encourages us to question our government. In the first amendment we have, "the freedom of speech", "the right of the people to peaceably assembly"

and the freedom "to petition the Government for a redress of grievances." This seems evident that that the people that created and wrote the constitution believed that informed citizens have an obligation and a responsibility to oversee, or at least to be involved with the government. So when we complain about our government, in a sense we are being patriotic and taking our constitutional responsibilities seriously. We could also be complaining about ourselves, since we are responsible for who is elected.

Teddy Roosevelt, our 26th President took this responsibility of critiquing our government very seriously. He once said, "To announce that there must be no criticism of the president... is morally treasonable to the American public." Of course in his balanced approach he also said, "When they call the roll in the Senate, the Senators do not know whether to answer, 'Present' or 'Not Guilty.' Criticizing our government seems natural and instinctive to us. Maybe that is why politicians often criticize not just their opponents, but also the government they manage. However, when they criticize the government they manage – are they not criticizing themselves?"

The negative view of our government officials could also be a rea-

son why many people don't vote. They feel their vote does not matter and that is just one of their complaints about the elected officials. However, the people that vote would seem to have a more valid reason to complain. When one is engaged in the process they have an involvement in the procedure that logically gives them a standing to complain. Not being involved by not voting would seem to be like Monday morning quarter backing. The number of people that do not vote is astounding. The last time over 60 percent of eligible voters voted, was in 1968. In the 2016 election only 55 percent of the eligible voters voted.

Another large issue with not voting is that of dislike of the government itself. Significant segments of our population don't like the government, they don't trust the government and they believe in a deep state. According to the Cambridge dictionary, the deep state is, "organizations such as military, police, or political groups that are said to work secretly in order to protect particular interests and to rule a country without being elected." Other deep state theories believe that the ultra-rich around the world control all of the governments. Some even suggest that less than twelve people control the whole world. Individuals that believe in the deep state, often express the view that voting doesn't matter since the vote totals are manipulated to fit the deep state agenda. Of course if that were to be true, there would be no

reason to vote.

Possible related to the deep state theories are various groups that profess to love the country and at the same time, hate the government. Since the government is the people elected to run our country, loving one and hating the other does not seem logical. From my perspective it would be like saying I love my marriage, but not my wife. Having these conflicting beliefs should not prevent someone from voting. Contrary, you would think that it would be a motivating factor to vote.

This paper only suggests a few possibilities of why people don't vote, however if we take out citizenship seriously we should vote. If you don't like the government, the only way it will change is if you vote. Of course there is no guarantee that your vote will affect change, but we can guarantee that any changes you want are less likely to occur if you don't vote.

"Let us never forget that government is ourselves and not an alien power over us. The ultimate rulers of our democracy are not a President and senators and congressmen and government officials, but the voters of this country"

- Franklin D. Roosevelt

Be patriotic, criticize your government and your elected officials - and vote.

To read past editions of *Words From Winterbilt*, visit the Author's section of *Emmitsburg.net*.

Common Cents

Trade weight

Ralph Murphy

Foreign trade relations involving flows of goods and services are one of the most important bonding elements of external policy concerns. Discretionary income voluntarily surrendered for those purchases affords a key indicator of social want and need both to internal markets and points of connection abroad. Trade can be helped or hindered by domestic planners and programs which manipulate conventional understandings or lack guidance directives to include foundational left or right theory. A system of shared global currencies is breaking down amid theft opportunism and poor planning all of which could easily be avoided with more effective standards to that process.

When dealing in foreign trade there are two main issues that routinely dominate policy concerns those involving the import or export restrictions as well as linked capital movements tied to them or importantly independent of them as foreign direct investment. A capital account assesses the balance between the trade items but also includes the cash flows within a specific period of production semi-

annually or annually to host markets. There is a presumed value tied to the host currency which must be maintained or predictable for the foreign markets to optimally function. Unfortunately to especially developing nations inflationary pressures as money that outpaces actual new production dilutes the currency value and often curtails or terminates trade that could be afforded through better planning.

The United States Dollar (USD) is now used in over 60% of foreign trade transactions as it is relatively stable in value. The actual amount of the currency available for conversion to domestic exchanges is vague but clearly over \$5 trillion. It is followed by the Euro that moves a potential 25% of the transaction medium mostly to European members. There are others as the Japanese yen but they seem of marginal use at less than 7% the trade interest or are pegged to the dollar.

Euro dealing closely linked to their colonial affiliations and other regions to include former French West Africa whose nations peg it to their host currency. In the dollar case it circulates in Latin American nations as Ecuador, Panama, and El Salvador as well as southern Africa's Zimbabwe as the host currencies. That phenomenon followed

periods of extreme inflation as policy planners opted overprint amid debtor other pressures and debased their home monetary units. Obviously it wasn't reversed with relative stability that followed.

Sharing of a single currency by differing nations is a relatively new concern on scale as there seems real conflict of interest as to the altruism or competence of the issuing authority. 19 nations in Europe are banded by the Euro trade currency market that was managed through the European Central Bank but heavily reliant on New York players as Goldman Sachs which pulled interests amid policy review of shady deals and gross program theft.

The trade interests are easily managed if the domestic value of each host nation remains constant. It does if the monetary authorities match new money with new growth. It doesn't when planners pay off internal program debt with simple overprinting or skim it for personal use. The latter is perceptible but the overprinting flouts conventional survival need and is generally far worse. Venezuela is a near term concern of it with annual inflation reportedly over 2 million percent.. Planners there and elsewhere may then outsource the solution to others

causing political unrest and likely trade loss to the presumably helpful broker. it can be avoided by realistic standards linked to need.

Developing nations which rely on the USD or Euro often surrender internal trade reserves to commercial banking networks which can be foreign but are included in the hosts reserve accounts of cash available for foreign transactions. The foreign banks deal with the locals who are subject to the host monetary authority and who often direct arbitrary home monetary levels to the point where external trade is controlled by the foreign currency. That scenario could easily be avoided if again the host just maintains a predictable currency value and affords a mechanism for sought transaction money with an external partner who does the same by whoever's bank At that point trade issues are political decisions on barriers or affordance tied to want and need in the current account of exports minus imports plus foreign direct investment.

With predictable values commercial trade policy could put the objective of interests on transaction needs, in the dollar case not juggling them in unpredictable form. There would be fewer middle men, costs, and less unscrutinized control. Europe's a bit different. The Euro has controlled or dominated relatively major world markets to Western Europe in an unlikely

bonding of historic antagonistic or even openly hostile peoples with the policy objective of facilitating trade.

The currency is not responsive enough to internal markets better served by host planners and seems to afford cross border transaction opportunism of officials they couldn't have entertained domestically given other interests tied to the monetary provision. Even in the troubled European Union alliance plagued by strong arm pressure to join it, many nations opted to maintain their own transaction means to currency issue. It's been used since about 2002 to most members but again lacks backing, popularity and successful precedent and also seems destined to historic review as a poor alternative to host control of that need.

Money should serve to facilitate trade not be manipulated for speculators tied to an issuing authority. Its economic impact should be limited to trade not as an investment return of itself. The value should be standardized to domestic accords and trade out of nation and be predictable by that simple need as well. If value drops with overprinting the reason is most likely manipulation rather than need and should or could be legally addressed as it is an avoidable and costly concern.

To read past editions of *Common Cents*, visit the Authors section of *Emmitsburg.net*.

The American Mind

Kanye goes to Washington

William Hillman

The other week, my social media newsfeed was filled with comments about Kanye West's visit to the White House. It seemed to have sparked a nerve with a lot of people. Some were thanking him for getting the President to move on to prison reform while others like "news" outlet CNN were calling him the "N" word.

"For those keeping score at home," tweeted Tom Bevan, publisher of Real Clear Politics, "in the last 24 hours folks on CNN and MSNBC have called Kanye: 1) dumb 2) mentally ill 3) a house negro 4) a token 5) a minstrel 6) a white supremacist."

It was not always that way; when Kanye West condemned Republican president George Bush after Hurricane Katrina destroyed New Orleans, Democrats and their media loved him. He served their needs and did what they expected of a black media personality. As long as he remained on the "plantation" the media loved him. But there is nothing so threatening to the Democratic Party than a prominent Black man like Kanye leaving the Democrat plantation and embracing a Republican.

Young people do idolize Kanye. The Democrats and their allies in the media do not want young people to wake up and realize the truth of what Democratic policies have done to the cities. Their policies have run the industries, which provide financial security to middle class families, out of the coun-

try. And the city public schools are little more than a funding stream for their political and personal coffers.

This is not the first time the media has attacked a prominent Black person who dared to leave the plantation. Public shaming techniques have been used on brilliant writers such as Shelby Steele, famous economists such as Walter Williams and Thomas Sowell, Supreme Court Associate Justice Clarence Thomas, and former U.S. Secretary of State Condoleezza Rice.

Candace Owens was harassed at a restaurant and on the public street when she visited Philadelphia. From the photos, the harassment came from a mob of white progressives, mostly women. How far we have come, white progressives telling a black woman she is not welcome in a restaurant. For those that do not know, Candace Owens is a very articulate and intelligent Black woman who is a spokeswoman for "Turning Point USA," an organization that encourages Black Americans to challenge their allegiance to the Democrat party.

As I write this, the phone next to me is vibrating with social media notices from friends who are attending the "Walk Away March" railing in Washington D.C. Yesterday some 400 young Black Americans spent the day at the White House with our President. My house does not get CNN, but I wonder if on that channel these young men were referred to as dumb, mentally ill, or house "n-word". As I recall, the media in general never

blinked when Hillary Clinton referred to Blacks as super-predators.

When I talk to young Black Americans who are rejecting the Democrat party, the two reasons repeated are: former President Clinton's "3 strikes you're out" crime bill, which the Black community credits with destroying their families. The second reason is Hillary's speech back in the 90's where she referred to young Black Americans as super-predators. And of most interest, it was Black Lives Matter that made this an issue in the 2016 campaign.

As John Grass put it, "It is clear that what's important is not the content of one's character, but how the color of one's skin determines how one must vote. Those who use skin pigment to inform their politics are threatened by Kanye."

Back to Kanye.

I must admit that when it comes to much of pop culture, I am out of touch. I have only the very faintest idea who Kanye West is.

From what I read on the internet, he actually seems like an interesting guy. He climbed from ordinary beginnings to great wealth from his own work. I'm always impressed by people who can create an empire from nothing.

Kanye is not a dumb guy. He became famous for hip-hop and rap music. The internet is full of West's songs and videos. It is not my taste in music. I actually find it painful to listen to. Anymore, I sound like my father when my sons put on the music they like. Why would anyone want to listen to this stuff when there is so much

truly great music in the world?

Jane Austen wrote, "One half of the world cannot understand the pleasures of the other."

John Derbyshire's, (who I find interesting to read but do not agree with on many issues including race) reaction to Kanye's White House comments mimic mine, so in an act of pure laziness, I'll give you a long quote:

"With an open mind, I watched the rerun of West sharing with us his view on politics and society.

It was all very confusing. West: "Let's stop worrying about the future, all we have is today." No, let's not stop worrying about the future. Worrying about the future is the essence of responsibility—personal, social, and political.

And again with his objections to the Thirteenth Amendment, which seem to be based on its permitting prison labor. What does he want, for prisoners to sit in their cells all day long playing Grand Theft Auto?

Reading that section again, West seems, in fact, so far as one can make sense of his words, to be opposed to imprisonment per se. Quote, referring to the Constitution: "Would you build a trap door that if you mess up, and you accidentally—something happens, you fall and you end up next to the Unabomber?" End quote.

What else should we do with criminals to protect society from them?

But he at least understands the problem concerning the Democrat welfare state that has destroyed the Black family, leaving generations of young men to grow up alone and fatherless.

There was an odd Nietzschean strain running through West's soliloquy, too. Quote: "All we really have is today. Over and over and over again." Quote: "Trump is on his hero's jour-

ney." Quote, referring to his MAGA hat: "There is something when I put this hat on, it made me feel like Superman." End quotes. What has the guy been reading?

So much for him being a verbal genius.

Then he revealed his cellphone password to the world. The password is 000000.

That puts the kibosh on West being a math whiz. I guess. So, while the guy must be some kind of smart to have got where he's gotten,

Whatever his failings in eloquence and password generation, Kanye West is by any standards a far better citizen than Al Sharpton. By June 2016, according to the White House visitors' log, Al Sharpton had called on Barack Obama 57 times."

I was on the phone today with my friend, the great writer and founder of "Black Americans for a Better America," Raynard Jackson, talking about these issues. To paraphrase him; Enough of the minstrel shows. When are we going to see our President sitting with black business leaders and entrepreneurs. The Presidents, (including Obama), love to have their picture taken with Black entertainers and athletes.

All this is important politically because the shift in the Black and Latino community out of the pocket of the Democrat party will be the largest deciding factor of the 2020 election.

More important than simple politics, improvement in the urban areas will not come until one party stops ignoring these Americans and the other party stops taking them for granted.

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Down Under

Hooked

Submitted by Lindsay!
Melbourne, Australia

Farewell, Love, and all thy laws forever

Thy baited hooks shall tangle me no more

—Thomas Wyatt, 1557

If there is one thing the human race cannot help being, it is being human. It is impossible for us to be any different to what and who we are, which is obvious and trite until you think about it. We pride ourselves on being able to grow, to be different, to meet our needs and rise to any challenge, but that is only true in a limited sense. We are a species, and for all our diversity we remain 99% genetically similar – but oh boy do we fight about that 1%

When we had to battle to survive by hunting and gathering, we learnt our lessons the hard way. As soon as we'd done that we needed to be victorious over our environment and our enemies. We got a kick out of such success and wanted to overcome everything we could find, and when that had been done we invented more. Today our quests

are not about survival, but about understanding the fundamentals of life, the universe and everything.

This insatiable desire to improve, to strive and overcome is how we're made, the will to live more highly developed in us than in any other living thing. We will not be some other animal's food, bow our heads in meek surrender; we fight back, we seek to dominate. We create enemies when no other convenient ones are around, and beat our chests when we win. We don't do humble, we rejoice. We are justly proud and boastful of our prowess, and therein lies our weakness.

These adventure and challenges are ways of testing ourselves, and we quickly learn to anticipate that little zing of dopamine we get as reward. No one, not babies, children or adults can resist it. We take extraordinary risks for it, we strive for first, and all of us find ways of maximizing it. Addictions can hook us, and the price – yes, there is always a price – is, at a minimum, the loss of concentration, of awareness of our surroundings. We become fixated, and even though we are still able to do many things at once, the future is given less con-

sideration. The now is all, the payoff a quick twitch of the brain cells. When we are stymied by not succeeding, we know that next time we will, and on we go.

Most of us keep a firm hold on reality and suffer no great harm, but some of us need more and harder challenges for gratification. Discovery, conquest of the unknown, learning to understand things no one else has are – all these, while wonderful parts of our makeup, can engulf us. And have – for some I phones are now more necessary than sleep and exercise.

For all our ingenuity and brilliance, we are never able to see the long term outcomes of our inventions or discoveries. We do not have foresight, no matter how we like to think we do. Many of our developments bring advantage to whole populations and to future generations, but even these have unforeseeable consequences. In whatever way the wheel came to be developed, and for all the incredible things it led to, it proved very useful in conquering; spears have gone from a possible kill to remote drones bringing unobserved slaughter; the washboard morphed into the waterboard and so on. Far more has come from my first interest, chemistry. It has produced some miracles leading to major turning points in modern

civilisation. Many we cannot do without even when they are killing us. Addictive drugs, high efficiency guns and the dark web are there because people want their rush.

The problem is, how do we willingly give up our comforts? Can we banish air conditioners, plastic pollution, Carbon Dioxide excesses, ozone holes, fossil fuel addiction, unbreathable air, fishless seas (yes, we're getting there), drowned islands, receding coastlines, once-in-a-hundred-year storms every year, forced animal migrations... the list goes on.

All this and social conditions that are often far from the comfort zone, a melting pot of political upheaval, the rise of tyrannical power to keep us aghast. Trade wars that will be more devastating than all the other kind. All these are growing forces as we go on our unswerving ways, all too aware of the problems yet unable to even start to fix them.

"Science will save us!" No, not this time, the damage to the environment has gone way beyond that possibility. Well, the political system is still robust – democracy is the answer. No again, it is the problem. Democracy does not allow leaders to impose unpalatable policies on the electorate and stay in office. But surely technology is growing so quickly. New comput-

ing power will come up with the solution. Ah, wishful thinking. This is not anything you can compute. Well, If we'd had a benevolent dictator in charge of the world who was also a genius the cycle may have been broken in time, and it would be still be business as usual. Unfortunately that didn't and will not happen.

The real problem is that we have set in motion a wizard's apprentice that will keep on doing the thing we cannot live with. This time there are no magic spells or wands to wave, and blaming others – God, China, Russia, communism, ungodly ways and so on – are just pie-in-the-sky rose coloured glasses. The truth is we, all of us, are to blame. Our ways of life, our very nature has led us to this end time.

We live in the age of denial, when the future's both obvious and inevitable.

And it is not our fault. It's our nature. All of us want the rush, and this is the price. The future might be fear and terror, but we can be afraid and terrified together. Except for the very few who have somehow evolved to carry on.

Welcome to the brave new world.

To read past editions of *Down Under*, visit the Authors section of Emmitsburg.net.

THE RETIRED ECOLOGIST

Drifting

Bill Meredith

Where I grew up, we lived on a hill. That in itself wasn't remarkable; everyone I knew lived on a hill. But the consequence was that all of the local hills were headwater areas. When it rained, water ran down the slope until it reached a valley where two hills came together; there it created little streams which were big enough that you couldn't jump across them in places, but they dried up a few days later, and even crayfish couldn't live in them. There was a hierarchy that followed: farther down the valley the little streams would get bigger because they were fed by springs, and they would merge together and form larger streams... we called them runs... and those usually had enough water in them to form pools that only dried up if we had a summer drought. Still farther down, the runs came together to form "cricks" (city folks called them creeks) that contained flowing water the year round, and the "cricks" eventually merged to form rivers. The problem was that you had to go several miles downstream from our house before you got to a body of water of any substantial size; so I never got to go canoeing or learned to swim.

This has had two results. The first was embarrassing; when I entered graduate school, I got interested in fish and crayfish,

and at some point I came to realize that I was probably the only aquatic biologist in North America who couldn't swim. The second generated a sort of remorseful feeling of loss: I never had the experience of wasting a whole day by getting in a boat or inner tube and drifting downstream without a care in the world. Looking back, drifting is an apt metaphor for how my life has gone by, and I think I might have enjoyed it more if I'd really had the physical experience of drifting when I was younger.

I was cleaning out the greenhouse on a warm day a couple weeks ago when the leaves started drifting down from the ash tree behind the house. It was so quiet I could hear them when they hit the ground. Drifting is not a high-energy process that requires a lot of stressful decision-making. You could almost imagine a conversation between the Boss Leaf and his wife:

"I really don't feel like doing anything today."

"Me neither. I've worked all summer and my chlorophyll is about pooped."

"Mine too, and I got this hole right by my midrib where that bug chewed on it..."

"Think we ought to call it a year?"

"OK by me... I'm about

ready to jump. Just gimme a half hour or so to finish my abscission layer..."

And all of the other leaves look at each other and say some version of:

"There goes Him and Her. Think we should shove off too?"

"Guess so. I'm ready whenever you are."

A lot of drifting goes on in the natural world. The day before it frosted, I was out in the garden picking the last of the green beans, and I noticed a turkey vulture that had just found and updraft. It was drifting around in circles, going higher without flapping because the air was rising, and it drifted upward until it was barely visible to me. It could have seen me just fine from that altitude, but I was moving every minute or two, so it wasn't interested; it was looking for something a little closer to being dead. It left the updraft and began sailing around randomly, scanning the countryside as it gradually got lower, and when it began to get too low it found another updraft and started rising again. I must have watched it at least 15 minutes, and it never flapped its wings. I thought for a while that if I had to come back in another form some day, drifting around as a turkey vulture wouldn't be a bad choice... but then I decided the diet wouldn't be appealing.

You can't sit by our kitchen window for five minutes without seeing a squirrel going by with a walnut in its mouth. In some of the books I had as a kid, squirrels had a reputation for being industrious and working to store nuts for winter food, but my squirrels don't



look industrious; they look like they're goofing around and having fun. My wife keeps several potted plants around the yard, and for the past month she has had a running battle with the squirrels because they seem to find the pots to be an ideal place to bury walnuts. If you watch the squirrels, you can tell the different age groups apart; the young ones go tearing about, dropping the nuts when they meet each other and get to playing, and scattering piles of dirt when they dig into the flower pots. The older ones are more inclined to drift along... I guess you can drift on the ground... in less of a hurry and saving energy, and burying their nuts in more secure places. Nature seems to have designed all of us so that we are better at drifting as we get older.

I have been hearing more tree frogs than usual this fall. It was a mild spring and the summer was wetter than usual, so maybe more of them survived than usual. You don't usually see them because they stop singing if you get too close, and they change color to

match the tree bark they're sitting on. I don't think tree frogs drift; it may be that I'm hearing them because my mind is drifting more than it used to.

Now that I think about it, it seems that most people my age spend more time drifting, at least mentally, than they used to. Maybe there is an evolutionary advantage to it; maybe people who aren't able to drift a bit are the ones who get ulcers and high blood pressure and die earlier from heart attacks. It's an interesting theory; maybe I'll think about it this winter, if I have time. Maybe if we get a lot of snow this winter, I'll just sit by the window and watch it drift down and fill up the driveway. Not many things are prettier than snowflakes drifting down from the sky. And when it happens, you can sit by the fireplace and think of spring. No need to worry about shoveling... if you wait a while, it'll probably melt.

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The seasons

Tim Iverson, Naturalist

The Voyager 1 satellite is more than a staggering 13 million miles away. Out of all the things we've hurled deep into the cosmos, it's the furthest and it's still going. In February of 1990, under the request of astronomer Carl Sagan, NASA briefly turned the ship around to take a picture of the Earth. At that moment, as Voyager 1 slipped out of our solar system and into the great expanse of the universe forever, it snapped one last shot of home. The image sent back home is slightly unremarkable at first glance. It's a grainy dark image with just a speck of light blue, that you'd be forgiven if you thought was dust. However, it's not dust. It's us. It's all of us.

All of us are currently hurtling through space on this pale blue dot. We're getting pulled in a lot of different directions. For instance we're whipping around the sun at a spritely 67 thousand miles per hour, giving us a year to get back to this date. Meanwhile, our dot is also spinning in circles at about 1000 miles per hour. Try not to get dizzy.

While all this spinning is going on the Earth is also wobbling. Our axis, the invisible line bisecting the planet, wobbles back and forth like a spinning top struggling to remain upright. This slow motion wobble tilts regions of the planet towards and away from the sun. This axial tilt is what causes seasons to change. As one hemisphere tilts away from the sun another leans in. The region falling away experiences cooler temperatures and shortening days as the sunlight becomes less consistent. The region more exposed to the direct light rises in temperature and is illuminated in longer daylight hours as summer crescendos into a fever pitch. Then just as you get settled the wobble shifts back. Summer becomes autumn. Autumn falls into winter. Winter springs forward. Spring bounds into summer. Before you know it we've come one full 67,000 mile per hour circle back to where we were.

All of this spinning and swaying is fairly standard as far as planets go. Mercury's is barely noticeable at all, tilting as little as .03 degrees. Uranus, on the other hand, practically goes sideways tilting over as much as 82 degrees. Earth tilts about 24 degrees one way before swaying back. However, that slight tilt along the axis is just enough of a change in light and temperature to give us our unique seasons, which sets the scene for the natural world around us.

During the summer leaves are little factories for trees. Green tinted chlorophyll allows leaves to capture sunlight and make energy for the tree. The chlorophyll is sensitive to cold temperatures, so when the air gets crisp trees respond by producing less of it. Hidden within the leaves all along were yellow and orange color pigments called carotenoids, also found in carrots, that

finally have their moment to shine through. In some leaves while the chlorophyll is breaking down it causes other chemical reactions to occur in the leaf. Anthocyanins are then created, which in turn make brilliant reds out of the once verdant leaves.

As the colors begin to fade another process, called abscission, begins to take place. Abscission means to "cut away," and that's exactly what happens to the leaf. Where a leaf stem attaches to the tree a special layer of cells gradually develops severing the connective tissue. As a gust of wind comes along it blows the leaf off and the body of the tree is sealed shut by this new layer of tissue.

During the winter, like many animals, deciduous leafy trees go through a dormant hibernation type of state. Lack of water and frigid temperatures are just as dangerous to them as they are for any other living thing. Deciduous trees have a few adaptations and tricks up their sleeves to help combat these issues. During the summer those broad leaves are essential for survival, but in the winter those leaves become a lethal liability. The leaves are a costly source of water loss and consumption, and during the winter months water is hard to come by. Losing leaves is one such way to avoid excessive water loss. Bark acts as a tightly woven blanket that prevents ice from penetrating the internal organs of the tree. Coniferous, or evergreen, trees on the other hand are much better suited for winter weather.

Conifer needles have less surface area and retain water better than leaves because of a waxy coating and smaller pores, which can allow for year round photosynthesis. Conifer trees also have a higher density of foliage, which during winter means snow and ice accumulates faster on them. This makes them more susceptible to breakage, especially with the addition of high winds. To offset this problem conifers tend to be more flexible and the cone shape of the tree helps to shed snow easier. The dense foliage also makes them more attractive to animals. Birds, deer, mice, and more eat the foliage and fruit that these trees produce during the winter months. Mice, rabbits, and a few others chew bark for the nutrients stored within, and of course seek shelter within the branches or groves throughout the winter.

As the climate continues to change delays in seasonal cycles for plants and animals will ultimately be upset. They take their cues from changes in daylight and temperature. Temperatures continue to rise due to atmospheric emissions while axial tilt remains the same. These, now competing, environmental triggers for migrations, reproduction, and other adaptive behaviors will be upset and fall out of sync. Even favorite seasonal events like leaf color changes will be delayed, disrupted, or might not occur at all.



This year's census of the American subspecies, the rufa Red Knot, found that numbers have plummeted to an all-time low. The likely cause? Food shortages in Delaware Bay, a crucial feeding stopover site on their migration.

Hypothetically, warming temperatures can indicate to plants that it's time to sprout and bloom. These temperatures also indicate to insect species like butterflies it's time to migrate north. These butterflies fly north and begin to lay eggs, but because it's still so early in the season a frost settles in destroying the plants and leaving the eggs nothing to eat should they survive the frost. Migratory hummingbirds could also face similar issues with food scarcity caused by frosts destroying plants and their nectar. Other birds having exhausted food supplies in the south and being signaled that it's time to move north

due to increasing temperatures might find that the warming pace hasn't ushered in the required prey species. The issue is that these aren't hypothetical situations. These are documented cases involving the Mormon Fritillary Butterfly and the Red Knot (a migratory bird that stops mid trip in Delaware to feast on horseshoe crab eggs). Breaking any link in these chains can be critical for these species survival and overall productivity.

Ultimately the wobble, or tilt, of the Earth's axis is consistent and is still the primary driver of seasonal change. Our spinning little ball dips about 24 degrees, which

is what creates the seasons we all endear meaning and affection to. However, it's becoming increasingly more common that emission driven temperatures, and not axial tilt, are disrupting the seasonal timing of events like leaf changes and blooms. Whichever is your favorite season, it's those fleeting ephemeral moments that make them so special. Sip your apple cider. Don the yule tide apparel. Plant some flowers. Soak up the sun. Just don't let the spin get you dizzy.

The read past articles by Tim Iverson visit the Authors section of Emmitsburg.net.

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REAL SCIENCE

Research and awards in science

Michael Rosenthal

The Mother Seton School STEM Fair is coming up again, and I strongly urge you to attend. The public is invited to come on Wednesday, November 14, from 6:30 to 7:30 pm, and I can assure you that you will be entertained, educated, and impressed by the creativity and professional accomplishments of the Mother Seton students, led by Mother Seton science teacher Danielle Kuykendall. Here are a few of the projects in process: A Bike That Will Make a Milkshake While You Peddle; A Portable Dryer For Wet Shoes or Clothes; A Machine That Will Pick Up Baseballs After Practice. I have written about the STEM Fair in previous articles of Real Science, and they can be found on the Emmitsburg News-Journal website, or I can forward them to you upon request as an e-mail attachment. STEM (Science, Technology, Engineering, Mathematics) was honored in April of this year by four United States postage stamps.

Accomplishment in science is so very important. As I have said before,

my attraction to science as a career was fully awakened by a terrific high school chemistry teacher, Mr. Gillespie, in my senior year of high school. What is so important about Mother Seton's science teaching is that it gives students an opportunity to develop their scientific curiosity and talent as early as elementary school, and then to further develop that path in the years following, and in some cases resulting to commitment to careers in science-related fields.

The Nobel Prizes for 2018 have recently been awarded. The Physics Prize was awarded to Arthur Ashkin from the United States, Gerard Mourou from France, and Donna Strickland from Canada, for their work in transforming laser light into miniature tools. Dr. Ashkin is the inventor of a process that uses the pressure generated from a highly focused laser beam, described as optical tweezers, to manipulate microscopic objects, including living organisms such as viruses and bacteria. Dr. Ashkin has been experimenting with lasers since the 1960s. He is a retired nuclear phys-

icist, born in 1922, and he worked at Lucent Technologies and at Bell Labs until 1991.

Dr. Strickland worked with Dr. Mourou and developed a method of generating high-intensity ultrashort laser pulses, known as chirped pulse amplification. One of its important applications is its use in Lasik eye surgery. Dr. Strickland has expressed the hope this technique might also one day be used to cure cancer! Dr. Mourou is currently a professor in France, having spent 30 years at The University of Michigan and at The University of Rochester, where Dr. Strickland was in his graduate student research group. The research resulting from that experience that won the Nobel Prize was Dr. Strickland's first scientific paper, published in December 1985. Dr. Strickland designed the technical details of the process, which generates intense laser pulses that last one millionth of a billionth of a second. She is now an associate professor at The University of Waterloo (this recognition should surely earn her promotion to full Professor!). She is only the third female winner of the Nobel in physics.

The 2018 Nobel Prize in Chemistry was jointly won by Dr. Frances H. Arnold, Professor of Chemical Engineering, Bioengineering, and Biochemistry at California Institute of Technology; George P. Smith, Curators' Distinguished Professor Emeritus of Biological Sciences at The University of Missouri; and Sir Gregory P. Winter, Research Leader Emeritus at MRC Laboratory of Molecular Biology in Cambridge, United Kingdom. Dr. Arnold won half the prize "for the directed evolution of enzymes," while Drs. Smith and Winter, from



K eola Evans and Jane Waybright explain their project to attendee and STEM fair judge Ron Albaugh at last year's Mother Seton School STEM Fair.

the MRC Laboratory of Molecular Biology "for the phage display of peptides and antibodies" shared the other half of the Chemistry prize. Dr. Smith developed "phage display" where a virus that infects bacteria, a bacteriophage, can be used to evolve new proteins. Dr. Winter used phage display for the directed evolution of antibodies, with the aim of producing new pharmaceuticals. One such drug, adalimumab, was approved in 2001 to treat rheumatoid arthritis, psoriasis, and inflammatory bowel diseases.

The 2018 Nobel Prize in Physiology or Medicine has been awarded jointly to James P. Allison and Tasuku Honjo. Their work is "the discovery of cancer therapy by inhibition of negative immune regulation." Dr. Allison has served as a cancer researcher at the University of Texas Cancer Center, the University of California, Berkeley, and the Memorial Sloan-Kettering Cancer Center in New York. He is now Professor of the University of Texas Anderson Cancer Center in Houston, Texas. Dr. Honjo is an MD and

a PhD. He served at various institutions, and since 1984 has been Professor at Kyoto University. Their studies center on empowering immune cells to attack tumors. The techniques developed by these individuals offer a promising pathway to stop cancer with the body's natural mechanisms, and it has fundamentally changed the way we view cancer can be managed.

The Nobel Prizes are awarded by The Swedish Academy, utilizing the recommendations of teams of distinguished scientists.

In 1991, a good natured parody of the Nobel Prizes, the Ig Nobel Prizes, was introduced. Their goal was "achievements that first make people laugh, and then make them think." The research (apparently real) might seem ridiculous at first, but that doesn't mean it's devoid of scientific merit. The festivities feature mini-operas and scientific demos. Experts must explain their work twice: once in 24 seconds and the second in 7 words (24/7 lectures!). Acceptance speeches are limited to 60 seconds, strictly enforced by an eight-year-old girl, who will interrupt those who exceed the time limit, by repeating, "Please stop. I'm bored." until they stop.

Here are a few of the Ig Nobel Awards in the sciences for 2018. In Biology the award was granted for demonstrating that wine experts can reliably identify, by smell, the presence of a single fly in a glass of wine. In Chemistry, the award was for measuring the degree to which human saliva is a good cleaning agent for dirty surfaces. In Nutrition, calculating that the caloric intake from a human-cannibalism diet is significantly lower than the caloric intake from most other traditional meat diets. In Medicine, the award was granted for showing that roller coaster rides will hasten the passage of kidney stones.

At least one recipient of the Ig Nobel Prize, Andre Geim, a Russian-born British physicist, went on to win a genuine Nobel Prize in 2010. His Nobel Award was for the discovery of graphene, a substance that consists of single atomic layers of graphite. His Ig Nobel Prize was for using the magnetic properties of water to levitate a small frog with magnets. Some of the Ig Nobel Awards are a bit too raw to write about here. Others can be found through a web search.

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THE VILLAGE IDIOT

Clutter everywhere

Jack Deatherage

I've been cooking some of the pounds of rice that's been cluttering my cabinets for years and feeding the stuff to the dogs as their regular kibble is getting ever more expensive. The older, little dog's ability to chew the hard kibble keeps getting weaker. To add some nutrition and flavor to the grains I've been using various broth cubes I haven't found any other use for, pan drippings from fried meats (if I'm not using them in a gravy or stew the DW and I eat) and various meats I discover in the freezers that are way past their edibility (by monkey-man standards- the dogs gobble them with delight).

While looking for rancid pig I noticed various types of flour and grains I'd forgotten I had in the freezers. I suppose I should make porridge or bread with them and feed those to the dogs as well. While I'm at it I can boil down some of the frozen fish and add that to the dog chow. I believe I saw a coupla packs of beef liver no one but the Mad One would eat anyhow, and she ain't visiting again before those become dog food.

Hell. I might as well clean out both refrigerators and make room for the coming baking and curing season some people refer to as winter. It's possible I can cram most everything into one fridge and unplug the other until I actually need it for dough aging and meat curing- if I ever acquire enough meat to bother curing. I'd still need a fridge for the garden seeds I've been storing for years, or months depending on when I bought, traded, or saved them from my gardens. Not that I'm likely to ever plant them now. Perhaps they should make their way to Florida to Middle Sister's garden?

Emptying the stand alone freezer and turning it off might not be a bad idea either. I don't see us acquiring another side of beef, or a pig, or several lambs once we thaw, cook and consume the couple of turkeys that take up much of the freezer space.

While I'm in a "rearranging" state of mind (hopefully it will pass before I actually reach a "do something" state) getting rid of a coupla chairs come bulk trash pickup day would create enough room to begin sorting through the collection of "stuff" that hasn't found a home since we moved back into town after our short stay at Marty's farm. I'm actually astounded by piles of books, board games, archery equipment, fishing

tackle, leather crafting tools, scraps of leather, homeschooling materials, jewelry makings, paints, sewing tools, seed trays, seedling pots, and the gods only know what's under all of that! (I'm guessing at least enough dust, dog and cat hair to assemble another rottweiler- if I were of a mind too, which I am not! Though I probably have a book on spinning thread from dog hair.)

"Dad. Get a roll-off dumpster and start cleaning the house out. I don't want to have to come up from Florida to do it when you and Mom are gone." The kidlet was surveying what used to be a large living room when he lived with us. He was wondering where he could sit while here this past spring. (I was wondering if there was room for the air mattress he would have to sleep on. There was, but only if the dogs slept in their room, which they seldom do now.)

The plan (oh, how the gods' laughter rings in my head each time I think of a plan) had been to clean the apartment while we were at Marty's and fix everything in need of fixing before the three of us moved into town after we'd reached a state where we couldn't maintain the farm lifestyle. We'd rent out the apartments until that day came. Of course, that plan blew up in our faces almost as we began to implement it. Neither us, or the apartment has fully recovered.

Because the gods were still in a humorous mood we finally shut down the factory to become semi-caretakers of our Old Ones who began physically and mentally declining- which seems to happen to a lot of people once they approach 70 years of age. In my case, the mental decline began in 1960. The same year I was forced to begin attending school. I guess it's no surprise that was also the year I first heard the gods laughing as I plotted ways to escape the prison adults kept telling me was really a school. (They thought me too stupid to know the difference! Education is where I learned useful things. School is where they sent me to be controlled and punished for not fitting into some twisted, insane utopia they were convinced was for my own good- prison.)

Watching the Old Ones' decline has presented me with a clue. I've never been as robust or determined as any of them, so my own descent into decrepitude at an earlier age is not a total surprise to me. The kidlet may well have to sort through the DW and my collected "stuff" before she and I have to sort through our par-

ents' "left behinds".

I suggested to the kidlet he set moneys aside against the day he has to come here and sort out the mess we leave. I'd not want to toss anything that might be of value to him, though he sees that as an excuse not to rid the house of any clutter. (How did he get so smart?) Or he could have someone else empty the house and simply sell it "as is" since his blood has thinned while living in the South and he's no plan to move back here.

Because I occasionally need to laugh, I reminded the offspring that I could live another thirty years. MomD is 94 and Dad's elders often lived to see 90 as well.

"Just think Jack, I could add another thirty years of junk to this house."

Such a delightful shade of pasty



While some people see clutter, what caught my eye were the books beside the seat ... Jack may be the 'Village Idiot', but he's at least an educated and intelligent Village Idiot.

pale that boy turned!

Ah well. I cut up some pork skin, fry it, add it to the pot of assorted rice and simmer that for the dogs' breakfasts. I'll not clear out all the clutter, but I will empty the freezers. Ain't

nobody needs deal with decades old pork parts.

To read past articles by Jack Deatherage visit, the Authors section of Emmitsburg.net.

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PETS

Predicting the future

Jennifer Vanderau
Cumberland Valley
Animal Shelter

When we were growing up, my siblings and parents and I would often spend a meal time going through a tiny little book called The Book of Questions.

It's a fascinating little book, originally published in the mid-1980s and it offers open-ended questions about ethics, morality and choosing one event or outcome over the other. I think it was at least partially responsible for me and my siblings' lifelong analytical nature.

Some of the questions are truly fascinating.

If you get a chance, look into it. You can have some really amazing conversations from just a few of the questions in the book.

I think I remember because of The Book of Questions talking about whether or not we would want to be able to see into the future. Think about it. Would you want to know where you're going to end up? Is it something we can even know or does the knowing affect the outcome?

I told you it was interesting!

There's a line from Back to the Future: "No man should know too much about his own destiny." The theory is that if you know, it can have somewhat dangerous effects on even the global future. For the most part, it's better not to know.

I believe though, there is a dif-

ference between knowing what's going to happen in the future and having a plan for something you'd like to take on.

As an out-of-left-field for-instance, let's take pet ownership. (I know you were wondering how I was going to get this back around to our furry friends).

No one can predict what will happen when we bring animals into our home. A lot of factors go into it – our personality, the animal's personality, other animals in the house and sometimes even the physical layout of the house.

Nothing's written in stone.

However, there are aspects of pet ownership that are (or at least should be) a given.

First, it will take time for an animal to acclimate to your house – your schedule, your environment, the visitors you might have in a day. You should expect accidents in the house and know there will be some bumps along the way.

If you want a perfect pet, go to a store and get a stuffed one – that's the only way to guarantee you won't have any messes and the "animal" will do what you want.

If you are bringing a certain breed of dog into your home, you should know there are traits of personality and energy level that come with some dog breeds. Border collies tend to be really smart and have a lot of energy (they're bred to herd animals, after all). Shepherds, Dobermans and Rottweilers can be protective of their people

and property – it's in their genes.

Age of the animal is a factor as well. An older dog will be much different from a puppy. Puppies are adorable and wiggly and have that characteristic puppy breath and are not at all trained and can make rather incredible messes. Older dogs typically have an idea of what's expected of them and are usually a bit more laid back than puppies.

When you accept the responsibility of a pet, your routine will change. You will need to add in to your day feeding and possibly walking and sometimes vet visits and financial costs for food and supplies.

As I'm sure you can imagine, there's a reason I'm writing this. We had someone return a kitten to the shelter just a few weeks ago because the kitten was "too hyper."

I'm taking a deep breath at the moment, attempting to keep my head from exploding.

Kittens – especially tiny, maybe four-month-old kittens – are going to be a handful. They are not always going to want to just hang out in a lap looking adorable. Certainly there will be moments when they do, but there will also be moments where they are running and ripping around the house and getting into things that you would never predict they'd be able to do.

Cats, in particular, can be wily little dickens. I talked with an adopter just a few days ago and she told me her male cat had

somehow managed to crawl into the piping in the house and she couldn't believe he'd decided to explore that!

You absolutely cannot predict it.

I have a young kitten – maybe a year old – at my house who still, to this day, will bring me a toy at four in the morning so we can play fetch. No matter what kind of reason or logic I tried to use, he continues to think it's a perfectly acceptable time to have fun.

No one can really see the future or know 100 percent what's going to happen, down to the letter, but when it comes to bringing a four-legged soul into your home, please, please take the time to do a little research and really think about what you're taking on.

Our goal at CVAS is to adopt our babies to a forever home. We don't want to see them passed around from place to place. It's upsetting to them and it's upsetting to us. Cats, especially, can get incredibly stressed out being moved around.

When we adopt, we hope that the people signing the paperwork have taken the time to know what

they're getting into and really thought it through. It's almost as important as making the decision to adopt in the first place.

We don't want our adoptions to be done on a whim. Because nine times out of ten, when they are, we have people bringing kittens back to us because they are too hyper.

The future isn't known, but with a little preparation and research, we can make the present a little better for our four-legged friends by being certain they go to a home where they will remain and be loved for their entire lives.

That's an answer I think even the Book of Questions would agree should be carved in stone.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.



Scruffy was brought into the shelter as a stray, so we don't have a lot of information about his past. He's about 6 years old and weighs 70 pounds, so he will need someone that can handle a large dog. Scruffy is a sweet boy that loves attention. He does know some commands but he did not do so well with cats in the room. He wanted to chase them and would not leave them alone, so Scruffy would be best in a home without cats. Because of no past history and his size and age restriction for children may apply, so please discuss this with shelter staff for Scruffy.



Quincy arrived at the shelter in July of 2018 as a stray and we think he's about 6 years old. He's a lovable, happy fellow who also happens to be deaf. Quincy loves attention and due to his deafness he can get quite loud when he greets you or asks for the attention he craves! The lack of hearing doesn't stop this sweetheart! He may not hear you when you come home, but once he notices you he will greet you with lots of talking, head butting and most of all LOVE! Quincy can be quite demanding around mealtime (or rather he seems demanding because he cannot hear himself talk) and he cannot wait for his meal to be prepared. Quincy would love to show you how great a deaf cat can be as a companion!

For more information about Scruffy or Quincy contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit their website at www.cvas-pets.org.



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Skunked

Kimberly Brokaw DVM
Walkersville Vet Clinic

Most of us here in Frederick County have had at least one encounter with a skunk. Our beloved pet dogs are responsible for many of those encounters. Some dogs are smart and only have to encounter a skunk once to learn to avoid them. Unfortunately my dog is not a quick learner. In fact I'd barely washed her enough times to get the previous skunk smell out before she got sprayed again. I would argue that my experience in the last couple months makes me an expert in washing dogs but not necessarily eliminating the odor of skunk.

There is a reason that the internet has numerous recipes and products for eliminating skunk smell. That's because no product really works. I've tried vinegar, tomato juice, enzymatic cleaners specifically marketed to remove skunk, peroxide, baking soda, dawn dish soap, margarita mix, cheap perfume, and fancy horse shampoo. Each of these slightly decreases the pungent odor of skunk on the dog, the dog owner, and the house. Eventually, about a million baths later, the smell is gone.

My dog has impeccable timing with when to get sprayed by a skunk at the least convenient moment. I was on call over the weekend when a woman called to say her horse hadn't eaten dinner and had colic. While the horse wasn't acting super painful, he was impossible to give oral medications to, so she requested that I come out. I decided to let my dog out for a few minutes before heading to her barn, in case it was a long barn call. When I opened the door to let

the dog back in, I was greeted by the aroma of fresh skunk.

As luck would have it, I was at a friend's house so I didn't have my supply of skunk odor eliminating products. Instead the only thing we had was leftover margarita mix from his last poker night. After washing the dog in the wash stall with some horse shampoo, I doused her in margarita mix, washed her again, rubbed her down in baking soda, then left her there and said I'd be back to get her in a couple of hours after I finished treating the horse colic.

The horse was an elderly horse, so while by phone the colic sounded mild, elderly horses are notorious for having colics be very serious. Luckily the colic was a simple gas colic and resolved quickly with just two injections of medications to help the gastrointestinal tract. As the horse was happily eating dinner, I was explaining to the owner about how my dog had been skunked right before I came to her barn. I told her that luckily I'd been able to wash the dog immediately and didn't even get much skunk smell on myself or in the car. She politely informed me that I was wrong and she could smell the odor of skunk before I'd even walked in the barn and strongly recommended that I immediately wash all of my clothes once I got home. So lesson learned. Margarita mix and fancy horse shampoo do not work on skunk. At least the smell of skunk was so strong that she told me she couldn't smell even a hint of the margarita mix. I had this fear of being pulled over by a police officer and then having to explain that no I wasn't drunk. The smell of margarita was from washing my skunk covered

dog (it was even an alcohol free mix).

As it was, I made it back uneventfully. I even took a quick detour to my house to get the enzymatic skunk odor eliminating shampoo and vinegar to give her another bath before putting her in my car. While a smart person would then make the stinky dog sleep outside, I'm a sucker and still let her sleep on the bed. The next morning I washed the blanket she slept on and washed all my clothes again. Borax with laundry detergent does seem to work at getting rid of the skunk aroma from clothes. My boots were another story and they were proving a challenge to get odor free. As they had holes and were no longer waterproof, I gave up and just threw them in the dumpster. While the car still stank, there was no throwing it in either the washing machine or the dumpster. I resorted to driving with all the windows open.

The dog received three more baths that morning. The first was with enzymatic skunk shampoo, then peroxide with baking soda and soap, then more smelly horse shampoo. I've never been more grateful to have an outdoor wash area with hot water. However despite using warm water on her, when I returned home from work I discovered that my dog had acute caudal myopathy (limber tail syndrome) from getting cold during the repeated baths. So now my poor dog still stank like skunk and also had a limp and painful tail. The tail issue resolved very quickly, even though I continued to bathe her at least three times a day.



The skunk smell is still present as I submit this article for publication. While I wish I could say I had the magic formula for washing out skunk smell, I don't. When clients call, the clinic usually gives them the peroxide/baking soda/ dish soap recipe and I can say that works about as well as any of the products. Whomever invents

a skunk shampoo that actually works will be rich. My dog certainly hasn't learned to avoid skunks and her owner isn't smart enough to keep her away from them either.

To read past articles by Dr. Brokaw, visit the Authors section of Emmitsburg.net.

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THE MASTER GARDENER

An ever-changing garden

Mary Ann Ryan
Consumer Horticulture
Penn State Extension

Our landscape has changed quite a bit over the years. When we first moved in to our home, the landscape was, well, uneventful. There was a grassy meadow on either side of the house, a forest way behind the house, and in between, grass... just grass. There were no trees in what you might consider the "yard." Due to the grading that was done when we built the house, there was a bank along the side of the driveway. Everything was full sun. Shade was only casted from the house itself.

Then the planting began. On the bank, *Viburnum 'Pragense'* was at the top of the slope, *Forsythia x 'Courtasol'* grows on the slope. A *Zelcova serrata* is the shade tree we chose to anchor the bank garden, with *Sumac 'Lo-gro'* spreading on the flattest part.

Viburnum 'Pragense' is an evergreen viburnum. It will reach about 15' high. In my garden, it easily reached that height, and provided a great screen along the drive. About fifteen years of growth, and the plants began to die, or what seemed as though they were dying, and we cut them down. What we found was holes from yellow bellied sapsuckers on the branches. Those plants have since re-grown from the base, and

five years after the severe cut, they are providing the screening they did once before.

Zelcova is a large shade tree that is absolutely beautiful this time of year. It has colors of red, yellow and orange. Brilliant. The *Lo-gro* sumac looks fantastic in the foreground of the zelcova as they have an orange fall color.

As these plants began to grow, the bank planting got wider and more impactful. Peonies were added, *Vitex Agnus-castus* became an additional grouping to this planting. *Sedum 'Matrona'* along with lamb's ears was also added. *Nyssa sylvatica* (blackgum) was added for additional vertical structure, along with sassafras.

The vitex is a full sun plant, although as shade creeps in, they are holding their own. In our hardiness zone six of these plants will die down to the ground and push all new growth the following year. They get blue/purple flowers in August. Blackgum has a great fall color – dark red – looking fantastic this time of year and has a conical shape to the canopy, much like a pin oak.

As the *Zelcova* and blackgum grew, our full sun garden began to change. Twenty years later, the sun struggles to reach the ground. The sedum stretched and lamb's ears have moved to more sun. *Geranium sanguineum* have begun to seed in from an adjoining area and are filling in spaces



Gardens are always changing. What starts out as a full sun garden, can change into a shade garden and vice versa. Let it never be said that a garden is once and done.

the lamb's ear used to claim. The sassafras has begun to colonize, as they like to do in their natural environment. The sedums need to move to more sun and shade perennials must replace them. Possibly epimediums could replace them, a twelve-inch, slow growing, ground cover type shade perennial. Or maybe introduce some carex, a grassy type perennial, with lots of species to choose.

Along the side of the house, *Pinus strobus 'Columnaris'* (columnar white pine) was planted, along with *Acer griseum*

(paperbark maple) and *Cornus alternifolia*. Full sun perennials were planted in and around these trees - perennials like *Phlox paniculata*, *Anemone sylvestris*, and *Nepeta x faassenii 'Walker's Low'*. Some shrubs planted included *Clethra alnifolia 'Summersweet'* and *Ilex glabra*. Planting beds, that began at a width of maybe eight to ten feet, are now as wide as fifteen plus feet. Full sun perennials were replaced with part shade perennials, just to be replaced again with full sun plants and the columnar white pine had

to be cut down (they grew much taller and much quicker than anticipated).

Paperbark maple is a small growing tree, reaching about 25 – 30 feet tall. It has a peeling bark that looks like cinnamon. It is a full sun plant, but casts quite a bit of shade once it's grown.

Cornus alternifolia is a tree that is as wide as tall, about 25'. Very rounded in shape and typically low branched, this dogwood becomes covered with white flowers in the spring. In my garden there are some wild violets that have made it their home and a few lily-of-the-valley, *Convallaria majalis* (very fragrant when in bloom) trying to battle for land.

The straight species, *Ilex glabra*, tends to be very open in form. It is an evergreen shrub, and can get four feet tall, which is exactly what it did in my garden. And the more shade it receives, the more open it becomes. I have since replaced these with *Cornus sericea* (red twig dogwood) as I thought I needed something a bit taller, and the winter stems are lovely on the shrub dogwoods.

The herbaceous material in this area have actually adapted well to the differences in sunlight. The *Anemone sylvestris* loves the partial shade. Some additional plants in the garden, as a result of less sunlight, are hostas, ferns and coral bells. The *Phlox paniculata* will be finding a new home in the spring, as the powdery mildew this year had just turned the foliage from green, to gray, to brown in short order.

Anemone sylvestris is a tall ground cover plant, with white flowers in spring. It does like moisture and will wilt and die out a bit if it becomes too dry. This seems to be a love it or hate it plant, because it can be aggressive in a garden if it is happy. Just remember to use it as a ground cover.

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THE MASTER GARDENER

Small Town Gardener

A Beech for all seasons

Marianne Willburn

Well, it's happened. The leaves are more or less gone and it looks like winter out there. A friend writes on social media "Tis bitter cold. And I am sick at heart." – though he does tend towards the dramatic at this time of year.

I myself am in a Midsummer Night's Dream frame of mind, thinking more of what is to come than what has been, and recognizing that Puck is always around the corner, sprinkling a bit of mischief where I and others have made great plans.

In the garden, the last of the Sheffield mums are holding out, providing posies for indoor bathrooms, and fodder for late autumn photos. This morning, on a quest for both, I was happily diverted, struck by the beauty of the American beech trees dotting the now naked woodland around me. Mesmerized, I promptly dismissed the flowers – lured instead into the forest by fiery orange beacons that until a week ago remained unlit.

There are not many. The fairly new succession forest that surrounds the house is primarily composed of tulip poplar, box elder and ash. But with the ash on its way out thanks to the attentions of an emerald green admirer and a host of bark-ravaging woodpeckers, it is good to see a few new faces ready to fill the gap.

The beech will be welcomed more than most. I have a soft spot for this intensely beautiful tree that can dominate the understory of some lucky forests, yet stand alone as a specimen in great gardens.

Beech are some of the last trees to color, and they do so in strong shades of bronze-yellow that appear when the forests around them have shed competing hues. Thus is fall extended and the naturalist delighted. They are root hungry, with shallow, widespread systems that do not encourage competition, and so it is often that woodlands with a high population of beech do not suffer from the same invasive ground mat of wineberry, multiflora rose, green briar, barberry and the like that make walking through the forest a competitive sport around here.

Young specimens will hold onto their toothed, paper-like leaves throughout the worst of the cold weather – providing stunning winter views until bright yellow-green leaves emerge in spring.



Beech are some of the last trees to color in the fall, and they do so in strong shades of bronze-yellow.

Within a few short weeks, summer will then once again conceal these noble trees in a forest of competing foliage.

We'll still find them. Melanie Choukas-Bradley in her book *City of Trees* calls the American beech "the favorite tree of lovers" with an "irresistibly smooth grey bark" that invites touch (and forever-paired initials). Instantly recognizable, mature trunks put me in mind of Tolkien's Middle Earth oliphaunts – colossal legs petrified and rooted to the ground with strong, visible tendons. There is mysticism there surely.

Planting a copper beech (a form of European beech) has been on the top of my to-do list since we moved over five years ago – but the expense has stopped me, as has the responsibility of properly siting a tree that will eventually dominate the surrounding area.

Friends have the same idea for their new place and tend to move much faster than I; so I must

prepare myself for the inevitable invitation "to see the garden" that ends with me standing in front of a newly planted specimen and weeping bitterly. Thankfully these friends are not without mercy, and will at least provide a great glass of wine to temper my jealousy.

Beech can grow in sun or shade, but do not transplant easily, so I have resisted the temptation to rob my woodland of a small sapling. For now I will enjoy them as they have planted themselves, unexpectedly calling me away from the tasks of autumn and filling my heart with a wondrous appreciation for the seasons.

Marianne is a Master Gardener and the author of Big Dreams, Small Garden. You can read more at www.smalltowngardener.com or follow The Small Town Gardener on Facebook.

New hosta and coral bell cultivars are being introduced every year. These plants are typically grown for their foliage and texture. A trip to the garden center in May can be overwhelming with all the choices of these plants, which led me to a design that lends itself to a "collector's" garden. Hostas, ferns and coral bells have made a home under the paperbark maple, where many cultivars live together.

A planting of seedling birch trees has grown into an island planting, underplanted with coral bells, iris cristata, Pachera aurea (ragwort) and Christmas ferns. What started as "we'll see what we get from these" ended up as a lovely shade garden, albeit dry. The iris blooms in early spring reaching about five inches tall. The ragwort is a yellow flower, stretching up above the six-inch foliage to about twelve inches. Christmas fern is one of our native evergreen

ferns. This pretty plant will keep its leaves throughout the winter months.

As the birch trees, twenty years later, are beginning to die back branch by branch, we recognize that something new will need to take their place. Small Amelanchier canadensis (serviceberry) have been planted so as birch branches are pruned, the serviceberry will grow to take their place in the garden, hopefully providing enough shade for the already established understory.

Gardens are always changing. What starts out as a full sun garden, can change into a shade garden and vice versa. Let it never be said that a garden is once and done. This is what makes gardening so much fun and has kept my interest all these years later: working the soil and the plants within it.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

Wet Weather, As It Relates to Gardening

Warm and damp = mildewed and rotting plants. The late season warm temperatures combined with the high humidity have led to many plants turning black or mildew and drop leaves. What can be done?

Herbaceous Plants: if you know that a particular plant is/was diseased, be sure to cut it back and dispose of the plant material so re-infection is reduced. Using a rake and pulling out the dropped leaves between plants is probably the best means of control for next season.

Deciduous trees: Cut out any diseases or dying branches. Clean pruning tools with a 10% bleach solution or rubbing alcohol between cuts to reduce infection.

Evergreen trees: First, be sure the tree is diagnosed with a disease problem. Once diagnosed, follow recommended treatment. Contact your local Cooperative Extension office for help.

Annuals and herbs: Pull and discard plant material.

Vegetable garden: Pull and discard plant material. Re-seed using winter cover crops like wheat or rye.

The environment: Due to so much rain, many of the problems plants have are due to wet soils. Many plants cannot thrive, or sometimes will die due to lack of oxygen in the soil – because the soil has too much water. Wet soils can be the cause of this decline or death. If this is the case, nothing can be done except removal of the plant.

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Saturday, December 1st

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Mechanicstown Square Park

8:30 - 9 a.m. - Gateway Brass Ensemble

9 a.m. - Santa Arrives

9 a.m. - 1 pm. - Pictures with Santa
(Compliments of R.S Kinnaird Memorials)

9 a.m. - 3 p.m. - Adults get your map, visit local businesses & get it stamped to enter prize drawings.

(All completed maps must be returned to Mechanicstown Square Park by 3 p.m.)

9 a.m. - 3 p.m. - Children 0-17 enter for prize drawings

(Children do not have to have a map stamped.)

4 - 4:30 p.m. - Sounds of the Season from CHS Band on the corner of South Center Street (Beside PNC Bank).

4:30 p.m. - Dedication of the Thurmont Lions Christmas Community Tree

4:45 - 5 p.m. - National Award Winning ESP Dance will perform.

5 p.m. - Drawings at Hobbs Hardware

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WWI NEWS REPORTS FROM THE FRONT

Armistice Declared! The War Ends!



By the beginning of November, Germany's allies had already thrown in the towel, leaving Germany standing alone against the massed Allied onslaught on the western front.

quickly under ordinary circumstances, has fallen into the hands of the Allies.

As an indication of the plight of the retreating Germans, it is known that on the entire Western front the enemy has in reserve only one division, which has been out of the battle one month, and four divisions, which have been resting for 2 to 4 weeks. The Germans, it is believed, have used all their reserves on the front opposite the Americans, the last enemy divisions in reserve on this sector having been thrown in as last ditch desperate effort to stem the American advance.



As the western front crumbled, German press was ablaze with speculation on the abdication of the Kaiser who had led Germany into the disastrous war.

November 7

Allies Advance Along 200-Mile Battle Line

From the Dutch frontier to the east of the Meuse, the 200-mile battle line is aflame as British, French, American and Belgians crush the resistance of the enemy and push on for important gains. Everywhere on the line the Allies are progressing.

Germany's shattered armies are in rapid retreat. So rapid is the retirement that it is very difficult to determine the exact location of the contending forces along the front. There is evidence that the Germans are not carrying out the orderly retreat that marked their retirement from earlier withdrawals. Batteries of field guns, with horses still attached, along with a vast quantity of ammunition which could be move

Central Powers

Descend Into Anarchy

Kiel, homeport of the main German fleet, has been ceased by a Workman's and Soldiers' Council. All the workshops have been occupied by Red troops and the street-car lines and railways are under the control of the Workman's Council. The entire German Navy is in the hands of Bolshevik revolutionists according to reports received in Copenhagen.

As crewman of battleship Kaiser hoisted the Red flag, Officers

attempted to defend the German flag, but were overpowered and two of them, including the commander, were killed. Three companies of infantry sent to restore order immediately joined the revolution. Revolt has also broken out in Hamburg where violent fighting is in progress in the streets of the city. A strike of dockworkers involving 10,000 men is reported.

King Boris of Bulgaria, who ascended on the throne on October 3, has abdicated. A peasant government has been established to rule the country and a Republican army of 400,000 men has been formed.

The Austrian State Council has issued an appeal to the German people of Austria, in which it is declared that the country is in danger as any semblance of order in army disintegrates. The Council appealed to soldiers to voluntarily join the new German-Austrian Army Corps. The Council points out that troops from non-German districts are going home, while German soldiers, tired from the long duration of the war, are leaving their units without considering that the irregular demobilization brings the danger of widespread unemployment, hunger and misery. The prison camps are being abandoned by their guards, and Italians, Russians, and Serbians leaving the camps are flooding the country.

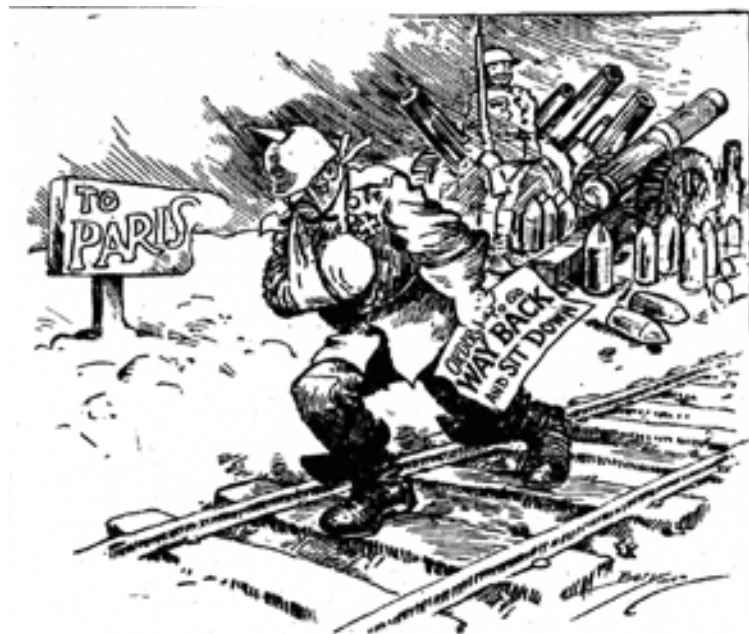
"The danger", the Council declares, "must be countered if fresh bloodshed is not to threaten our severely tired people and tens of thousands of men, women and children perishe with hunger."

Meanwhile a state of anarchy prevails throughout Turkey. Hundreds of thousands of army deserters are subsisting by means of robbery and pillaging. Constantinople is declared to be literally famished and impatiently awaiting the arrival of Allied forces.

Allies Issue First Condition for Armistice

The Allied Supreme War Council has proposed its first condition for an armistice - that Germany withdraw her armies, without their military supplies, from France and Belgium, to 30 miles east of the German side of the Rhine River, and that the entire German Navy, including all submarines, along with all its rail stock, be surrendered immediately.

From a military point of view, the proposal that German armies be disarmed and retired 30 miles



The first hint of the harsh terms the Allies would eventually demand of Germany to bring an end to the war was the demand that Germany withdraw its armies, leaving their equipment and supplies behind.

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NOVEMBER 1918



On Nov 11, after vacillating for three days, Germany finally accepted the terms of the armistice, bringing to an end the bloodiest war mankind had ever waged upon itself.

While the revolt has not been attended by serious disturbances, the German press has made an appeal to Germans to remember that the adoption of Bolshevism would mean continued war with the Allies and misery for the people. It is significant that the majority of the multitude of proclamations issued daily are addressed to comrades rather than to citizens and that references are no longer made to the Socialist Republic but to the People's Republic.

Meanwhile, in an attempt to prevent Germany from falling into the hands of the Bolsheviks, an agreement has been reached between the Socialist and Independent Socialist parties in Germany to form a new Government.

Although the Bolsheviks are part of the Independent Socialist Party, they are recognized as a separate organization. A decided majority of socialist are non-Bolshevik independents. And a vast majority of Soldier's and Workman's Council's have energetically oppose the plans of the Bolshevik element.

Kaiser and Son Renounce Throne

On Saturday, Kaiser Wilhelm, the German Emperor renounced the throne to the German Empire. The German Crown Prince also renounced the throne.

Thirty years after he ascended the Imperial throne, his armies now defeated in the field, forced to sue for armistice terms and the German people rising in revolt, the Kaiser gave up his power. He came into authority with his country at the threshold of an era of peace and material progress; he leaves it torn by revolution and ruined from the hardships and sacrifices of more than four years of war.

With the passing from power of Emperor William, all heads of governments of the Central Powers when the war started have died or lost their thrones. Austrian Emperor Francis Joseph and the Sultan of Turkey died before



With the Kaiser's renouncement of his throne, all but one of the closely-related imperial families that had ruled the fate of Europe for the past century had collapsed. Only King George V of England retained his throne.

their countries agreed to the Allied armistice terms. Ferdinand of Bulgaria abdicated last month, succeeded by his son, who gave up the throne with his people rose against him last week. The other European emperor at the beginning of the war, Czar Nicholas Romanoff, was disposed in March, 1917 and murdered in July, 1918.

On Sunday, the former German Emperor made an inglorious entry

into Holland where he sought asylum. According to reports, at 7:30 Sunday morning, ten travel-stained automobiles driven by Prussian officers were seen coming slowly through the fog toward the Dutch border. The Dutch frontier guards stopped the cars. After some brief formalities the automobiles were conducted to the railway station at Eysden. An

continued on page 32

beyond the Rhine is tantamount to unconditional surrender. It would not only throw open to the Allied armies many roads to Berlin itself.

Undoubtedly the object sought in proposing that the enemy retire 30 miles behind the Rhine is to destroy the German inner defense system. That system is supported by a chain of fortresses, without which the line would be untenable. Along with the surrender of all railway rolling stock, acceptance of this term of the proposed Armistice would deprive the Germans of the means to resume the war.

and purposes an accomplished fact. 14 of the 26 states are reportedly securely in the hands of revolutionists.

The Red flag of revolution is waving over a continually increasing area of Germany. The cities of Bremen, Schwerin and Tilsit have joined in the German revolution, as have Hanover and Oldenburg. The revolt has spread from the Northwest along the North Sea southeastward to Westphalia. Cologne on the Rhine is reported affected. In Berlin, great street demonstrations are taking place with marchers carrying banners with the inscriptions "freedom, peace and bread" and singing the workmen's "Marseillaise."

The great German maritime port of Hamburg is completely in the hands of revolutionist, the Red flag is flying all over the ships in the harbor. Virtually all the German fleet has revolted. The movement which resulted in the seizing of virtually the entire German Navy by revolutionary forces was carried out in a fairly peaceful manner. The Red flag was hoisted quite generally. All the large wharves connected with the naval services also were taken over by the revolutionist.

November 14

Germany Accepts Armistice, War Ends

On Sunday, the German's formally accepted the terms for an armistice proposed by the Allies and at midnight, Sunday night, the armistice between the Allies and the Germans went into effect.

In a statement to the German people on the country's acceptance of the Allied Armistice terms, the German Imperial Chancellor said: "In the fifth year of hostilities, abandoned by our Allies, the German people could no longer wage war against increasingly superior forces. Our soldiers have fought to the last moment as great as any army has ever done. The homeland has sustained unprecedented strains and sufferances. The victory for which many have hoped had not been gained by us. But the German people has won a still greater victory in that it retains its belief in the right of might. From this victory we shall draw a new strength for the hard times which faces us and we will build a new future and rise again."

With the signing of the terms, it was officially announced at the War Department that all draft calls had been suspended.

Reds take control of 14 of 26 states in Germany

Each hour brings fresh news of the revolution which is sweeping the German Empire. The revolution in Germany is today, to all intents



Kaiser Wilhelm remained in exile in the Netherlands for the remainder of his life. He died June 4, 1941, at the age of 82, just weeks before Nazi Germany's invasion of the Soviet Union.

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WWI NEWS REPORTS FROM THE FRONT



Citing the German terms placed upon Russia at Brest-Litovsk, the Allies moved south to extract as much from Germany as they could – but in doing so, they planted the seeds for World War II.

nically, as Germany and the Allies are still in a state of war, nothing will be left to chance and every contingency will be taken to guard against surprises.

The arrangement of the forces are such that the entire formation could be altered almost in minutes to battle formation. Divisions moving on the front will have others in support and the flanks will be carefully covered. In addition, a long line of observation balloons will be up behind the lines, and they too, will be moving slowly forward, observing the movements of the retreating Germans.

The advance troops will be followed by engineers, who have been instructed not only to repair roads, reconstruct bridges, and clear the general way, but to inspect keenly every object and position that might be a trap. Mines will be sought carefully, and, if found, exploded. The Germans have sent word that the way is opened and mines removed, except in cases where they have designated. Water also will be inspected carefully, and none permitted to be used until pronounced safe.

US Begins to Dismantle Army
General March, Chief of Staff of the US Army, announced that within the next two weeks 200,000 men in military camps in the country, will be demobilized, and that the demobilization will proceed thereafter at a rate of 30,000 a day.

Regarding the return of the troops in France, General March said the order in which the divisions will be withdrawn is being left to General Pershing. It is the intention of the War Department, so far as is practicable, to return each division to the locality from which the majority of its men came and to parade the divisions in cities such that the peo-



The allied press relished an opportunity to remind the world that the once boastful Germany had been brought to its knees.

Imperial train arrived at the station an hour later. It consisted of 14 cars, and the former Emperor, who had walked up and down the railway station, stooped over, entered the train and changed into civilian clothes.

The Kaiser was allowed to only take his personal property onto the train, the non-personal property which was brought to Holland was confiscated as is usual in internment cases. The property and assets of the Prussian crown that remaining in Germany will be confiscated by the new German Government under the administration of the Ministry of finance.

In a published statement, the former German Emperor stated his reasons for going to Holland was taken to facilitate the work of the new German government by ridding them of any embarrassment his presence in Germany might cause, such as an attempt to make him the center of loyalist agitation.

Holland stated it would permit the former German Emperor to remain on Dutch soil on the same

terms of interment as other higher officers of the German army. The Kaiser has taken the name of Count William Hohenzollern and is expected to buy an estate and remain in Holland.

Meanwhile, Field Marshal von Hindenburg has sent a message to Army commanders ordering them to leave their troops home. The order of the Field Marshal reads: "I order all officers to lead their troops home in order and discipline. I expect the command, staff, and officers, noncommissioned officers and men to continue to do their duty."

November 21

Yankees Advance Towards Germany

The American army will begin to move towards Germany at five o'clock Sunday morning. The Army will travel about 12 miles each day. The advance will be made in columns and not in the order of battle so long followed. But it is not forgotten that, tech-

ple may have a chance to welcome them home. Ports of the Atlantic coast, from Boston to Charleston are being readied to handle returning troops.

Steps already have been taken towards the organization of a permanent army. All men now in the Army will be offered a position in the new army. A furlough of one month will be given as an incentive to reenlist.

The return of commissioned persons of the Army to civilian life, would be affected by dividing the present list of officers into three classes - those who desire commissions in the regular Army, those who are willing to hold themselves available for future service as reserve officers and those who desire honorable discharge from the service.

Allies Prepare For Peace Conference

As soon as the armistice was signed it became evident that before the Allies could dictate terms to Germany they would have to reach a complete understanding among themselves on the issues that must be addressed. As a result, it is apparent to officials in Allied capitals that a preliminary inter-Allied conference must take place prior to the official start of the peace conference.

The Allies have only to dictate their terms. But first they must agree upon themselves on the following Points:

- The future of Alsace-Lorraine
- The territory on the west bank of the Rhine
- Shall Belgium annex additional territory?
- What shall be done with the German colonies?
- Shall the Germans of Austria be permitted tonight would Germany?
- Delimitation of the Polish, and frontiers of the Baltic states and of the various new ones of eastern Russia in central Europe.
- What territory, if any, shall Turkey retaining in Europe? What shall be done with Constantinople?
- What shall be done with Palestine, Syria, Lebanon, Armenia, Mesopotamia?
- What annexations, if any, Shell Japan effect?
- What restoration and indemnification shall be exacted from the enemy countries and under what conditions?

Study of the German financial situation has been undertaken with a view to throwing light on the ability of the Germans to pay reparations for the devastation

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NOVEMBER 1918

inflicted upon the invaded countries. Unofficial reports indicate that Germany's national debt, represented mainly by war bonds held within the empire is now nearly 35 billion Marks, or more than 2/5ths the estimated national wealth of the entire nation.

Although there has been no official announcement of the amount, which the Allies would expect Germany to pay, it is certain to run into billions of dollars. The ability of the German's to pay reparations will be measured by that nation's power to revive her peacetime industries and trade, and raise taxes for the stated purposes. Financial observers say some claims for reparations set forth by interested parties are extravagant, and are far beyond Germany's ability to pay, and could harm, in the long run, the ability to establish a stable peace in Europe.

Germany has asked that the terms of the armistice be modified so that she can have economic intercourse with the territory on the west bank of the Rhine as before the armistice. "In view of the close economic relationship between the country west of the Rhine and the remainder of Germany, the preservation of it is necessary to the continued peaceful development of Germany," stated the German negotiators.

The German negotiators asked permission for German owners to exploit as heretofore the coal, potash and iron ore mines and the continued free use of the Rhine for transport within the old boundaries of the German Empire. The foreign secretary also asked permission for the navigation, by way of Rotterdam and the coast, for the provisioning of Germany. The German foreign minister declared that "without these modifications Germany will advance towards Bolshevik conditions, which might become dangerous to neighboring states."

German Back Ukrainian Government Overthrown

The German backed Ukrainian government has been overthrown and the Ukrainian capital has been captured by anti-Bolshevik troops. The Ukraine became a republic during the disorders in Russia after the overthrow of the Kerensky government in November, 1917. There

was much fighting there between the Bolsheviks and their opponents, resulting in the defeat of the Bolsheviks. The Ukrainian government made peace with Germany at Brest-Litovsk a few days before the Russian Bolshevik government also agreed to the German terms. German troops then entered the Ukraine for the purpose of carrying out the economic articles of the peace treaty.

The Ukrainian government was overthrown last May and was replaced by a dictator supported by the Germans when the Ukrainians failed to deliver the anticipated grain supplies that Germany so desperately need to stifle growing internal public unrest in Germany that was treating her ability to continue to carry on the war against the allies. The overthrow of the German back government was led by the Cossacks, and it is expected that the European powers will supply the new government with necessary munitions, by way of the Black Sea, to ensure that the new government remains loyal to the Allies, and not fall under the influence of the Bolsheviks in Moscow.

November 28

Allied Armies Continue Advance

With General Pershing, the American Commander-in-Chief at her side, the youthful Grand Duchess of Luxembourg watched American troops march into her capital. Twenty-four hours earlier she had seen the long columns of gray clad German soldiers depart for their own country after the occupation of her Duchy four years ago.

The Grand Duchess and the member of her cabinet expressed gratification that Americans have come to take the place of those they have been forced to tolerate for so many years. Popular approval was expressed in a great demonstration when the people cheered Gen. Pershing, and again, when the dusty columns of American soldiers move through the streets.

Meanwhile, the British cavalry today are riding across the fields of Waterloo on their way to the German frontier.

In Belgium, King Albert and

the Belgian government were expected to make official entry into Brussels. Belgian troops reached the capital on Thursday and restored quiet. The newspapers resumed publication and Belgian flags are flying everywhere in celebration of the return of the King. King Albert will reopen parliament on Friday immediately after he reviews the troops.

American troop casualties numbered

Total casualties from all sources of the American Expeditionary Force up to the signing of the armistice were 235,117. The casualties were divided as followed: killed or died of wounds, 36,154; died of disease, 10,811; died from other causes, 2294; wounded, 179,625; prisoners 2,163; missing in action 1,160.

Authority has been given to General Pershing to send back home all such troops that he will not be needed in making up the army of occupation. The return of the units from France will be expedited in every way and they will not be permitted to sneak into the country either. It is expected grand celebrations will be held throughout the nation to welcome the troops home.

Demobilization of the forces that are home is proceeding steadily. Camps will be abandoned as soon as they are cleared of their occupants. And no further construction work will be done at those places. Cancellation of all war contracts, both in the United States and abroad, have begun, and no more war bonds will be sold.

Bolsheviks Lose in German Elections

Keenest interest is felt throughout the German Empire on the conference between the Federal states at Berlin. The question of summoning a new national assembly and ensuring the unity of the empire is being discussed everywhere. It is generally expected that a decision will be reached to call the national assembly at the earliest possible moment.

Reports of tests of strength between the conservative elements and the Independent and Bolshevik Socialist in various places in Ger-



Allied troops followed German troops as the Germans withdrew to the armistice lines. Like the cartoon above, many of the cartoons published in newspapers in November 1918 drew inspiration from those drawn following Napoleon's defeat in 1814.

many continued to indicate that as far as mere numbers go the extremist are almost negligible.

The elections to the Soldiers' and Workman's Council in Dresden Sunday showed the Bolsheviks won only three or four seats on the Council of 50. Reports from Bremen and the coast cities have shown the people have already turned away from the more radical elements towards a more conservative channel.

A meeting of Soldiers' and Workers' and Peasants' Councils in almost every major German city adopted resolutions declaring they

would stand behind the present government now forming, made up of conservative and moderate elements. This is a crushing defeat for the extremists who wanted to follow the Russian Bolshevik model for governing Germany.

Soldiers arriving from the front have declared that the great bulk of the soldiers reject Bolshevism in all its phases. It also may perhaps be considered an indication of the general public's faith in the conservatism that German and Prussian flags are beginning to reappear all Germany, after having made way for the Red flag.

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MOM'S TIME OUT

Kids make their moms worry...

Mary Angel

Are you a mom who worries about her kids? Sometimes I feel I have cornered the market on worry. After all, I have been worrying about them since before they were born. The good news is a little worrying is a mom thing; the bad news is that the worrying increases with age (yours and theirs).

When they are babies it is little stuff, like are they getting enough to eat, are they growing at a healthy rate, why are my baby girls teeth turning black. That's right, she was about twelve months old and I noticed her teeth turning black. After surviving three other toddlers I thought I had seen it all. Guess I was wrong about knowing what I was doing. I was totally freaked out! After going to a pediatric dentist who specialized in unusual problems, low and behold, she was having a reaction to the iron

in her formula. After a rather intensive teeth cleaning she was back to her old self.

When they are toddlers the worries extend to not talking to strangers, not running into the street, and falling and catching your lip on the corner of the coffee table. Again, never thought I would be racing off to the pediatrician's office with a rag pressed against my son's lip, with blood all over him, all over me, and bloody rags laying all over my mother-in-law's living room like there had been a battle. It turns out that injuries to the head just bleed like crazy no matter how bad they are. He didn't need stitched but did end up with a really cool scar. Over the years he has come up with some pretty entertaining stories where that scar came from.

All of a sudden it is time for them to start school and now you can worry about their education, socialization and whether or not they are

going to lock themselves in a gun safe while at a friend's house. Once again I didn't expect that phone call. Apparently my third grade daughter and a friend convinced my kindergarten aged daughter to shut the gun safe after they climbed in. Little did they all know that the lock was broken on the safe. Luckily the firemen were very prompt (and their sirens were very loud) and the safe was not completely assembled. It turns out there was a shelf that hadn't been placed inside which left several air holes. After working very hard for what seemed to the girls like an eternity, they were freed. Needless to say they have avoided climbing into anything with a door and a lock besides our minivan.

Middle school is a whole new set of parameters and worries. At this age there is a plethora of things for a mom to worry about, from grades, to dating, to surgery. Yup we decided



to skip over all of the simple stuff and find out that one of our kids needed surgery. I won't go into detail about the surgery except to say it makes men cringe when I talk about it. The funny (not really) part is that not only did I have to worry once but because of a huge blood clot he actually had to have a second surgery that

same year. Between that surgery and the other son having to go to the ER for stitches (where else but in his face just below the coffee table scar), I am confident in saying that my mind wonders in the hospital and time is best spent either in prayer or mind numbing games on my phone.

None of this phased me because I was sure when they got to high school there would be less worry, right? Silly me! All of a sudden their grades can affect their future, dating is way more prevalent and serious (at least to them), drama is to an all-time high, and my teenage daughter is going to turn into a klutz. She has been in and out of a boot (air cast) multiple times (her dad's bad ankles and my coordination is a bad combination). Enter high school and she gets wacked in the ankle by a rogue music cart. Two days later she bumps the ankle and the scab falls off and it starts to bleed. On her return from the nurse, of course, she falls down the stairs. A few days later, at a band competition, she falls into a hole and twists the same ankle. Doctor's appointment, x-rays, boot, and therapy were to follow. Two weeks later the boot comes off and she trips over her own feet and slams down on the sidewalk. The lucky part was that it wasn't her ankle this time, but the bad news was that she landed square on her knee... OUCH! Since starting high school two months ago she has fallen in holes, down steps, over her feet, and out of bed, walked into walls and siblings. She is the epitome of someone who needs to be wrapped in bubble wrap. I am not afraid to admit that I am more than a little worried because she hasn't even started dating yet. Any boy who dates her better have really good insurance.

I guess the moral of this story is that kids are going to make their moms worry. As moms we just have to learn how to balance the worry so we don't miss out on all of the amazing experiences along the way. Yes my son got bit in the face by a dog and had to go to the ER and get stitched, but one of our fondest memories was when he pulled one over on me while lying in the hospital bed getting a needle in the lip. Life is full of worry and worry can help you to make safe decision, however it can cause you to stop living life. So worry a little and live a lot!

To read past editions of Mom's Time Out, visit the Authors section of Emmitsburg.net.

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Just in time for Thanksgiving!

Kay Hollabaugh
Hollabaugh Bros., Inc.

I don't know quite how you can NOT like fall. The days get cooler and crisper and shorter. Apples are harvested and cider is plentiful. Pears are abundant and are SO sweet and delectable. And there is such a wide selection of beautiful fall squash and pumpkins. But what to choose?!? There are so many options when it comes to purchasing and cooking a fall squash!

Since I don't have the ability to provide color graphics and physically SHOW you, I'll try to describe some of the "tried and true" varieties and then share some of my favorite recipes. And don't be daunted by the hard shells. There is SO much meat inside squash and they are so incredibly versatile. We'll talk a bit later about how to crack that hard coating!

Neck Pumpkins are really a squash but are almost universally referred to as a pumpkin. They tend to be one of my favorites in that unless you opt for a very small one, they have a LOT of meat! The majority of the meat – although not all – is located in the neck. So if you want a LOT of pumpkin to use, choose one with a long, fat neck! You just want to make a pie or two? Choose one that has a shorter, more thin neck. The seeds are all found in the "bulb" end of the pumpkin. Everything else is meat!

How about a hubbard squash? Hubbards come in a variety of makes and colors, but all have a very deep orange, nutty-flavored meat. It's always a toss-up for me – to choose between a hubbard and a neck. Often hubbards are VERY large – more meat than I want – so I gravitate to a neck pumpkin.

A cushaw squash is often referred to as a "green-striped" squash – because that's exactly how they look! A slightly-different, unconventional squash, cushaw have a lighter-colored meat and therefore make a lighter-looking pie. Don't be put off by the strange stripes and off-colored meat. They make a very, very good pie, bread or muffin!

Jarradhale squash (while we're on the subject of "different-looking" squash) is just that! Much more squatty in appearance and a dusty grey/blue color, a jarradhale makes an excellent pie! Like a hubbard, they have deep orange meat! Along the same lines are Cinderella Squash – almost identical to a Jarradhale – but orange in color. I strongly recommend either of these two squash!

So, now I've bought a squash to try – how do I prepare it? There are a number of ways – some easier than others – but yielding a different result. If you have a very large squash, you might want to simply cut it in half, scoop out the seeds, and bake on a cookie sheet. Allow a good hour at 350 degrees, if you have a large squash. Allow to cool and scoop out the meat! Puree and use. Another method provides you with a dif-

ferent end product, but is equally good. Halve and peel the squash. (This is where a good knife and an even better husband comes in handy.) The skin is very hard, and paring it is not fun. But you can end up with chunks of meat – that you can prep how you want. I like to cube a squash prepared in this fashion, and then saute with butter, brown sugar and apple cider – and eat as a side. Squash are incredibly high in nutrients and shouldn't be overlooked if you're looking for high nutrition! If you opt to pare and cube, you can then cook in water until soft, and then puree. Either method works – it just depends upon what you want as your end result! Whatever you choose, be sure to sample some different-looking AND tasting squash this fall! And what a great compliment to your Thanksgiving dinner!

Pumpkin Pancakes

Ingredients
1 C. Flour
1 T. Baking Powder
½ Tsp. Salt
1 T. Brown Sugar
1 Egg
¾ C plus 2 T. milk
½ C. Pumpkin Puree
1 T. Vegetable Oil
¼ Tsp. Cinnamon

Instructions:

In a bowl, beat together eggs, milk, pumpkin and oil. Set aside. In another bowl, mix together flour,

baking powder, brown sugar and cinnamon. Add the egg mixture. Drop by spoonful into a preheated nonstick griddle. Cook until bubbles appear on the surface. Turn once and serve immediately.

Sauteed Squash

Ingredients
1 Medium Size Delicata (or similar) Squash
¼ C. Brown Sugar
¼ C. Cider
½ C. Butter

Instructions:

After cubing squash, place in fry pan where you have melted butter, and added sugar and cider. Cook with lid on until squash has softened. Then remove lid so that mixture becomes caramelized. Serve warm as a side.

Mashed Potatoes and Pumpkins

Ingredients
4 White Potatoes, Peeled and cut into 2 inch chunks
2 to 3 C. of peeled Neck Squash (Or other squash), cut into 2 inch chunks
½ C. Heavy Cream
1 T. Butter
1 Tsp. Salt

Instructions:

Cook the potatoes and squash in salted water until soft. Drain and remove from pan. Into pan, melt butter and add heavy cream and return the vegetables. Mash with hand masher.



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LIBRARY NEWS & EVENTS

Blue Ridge Free Library

Monday - Story Time starts tonight at 4:30 p.m., it will be immediately followed by Legos and Wee Build Imagineering until 5:30 PM.

Wednesday - Coffee club in the community room from 4 - 5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday - VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30 p.m. Just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book and a fun craft?

Upcoming Special Events

The Monday Movie Madness on Nov. 5th will be "Roxanne" starring Steve Martin and Daryl Hannah. "The large-nosed C.D. Bales is in love with the beautiful Roxanne; she falls for his personality but another man's looks."

Scherenschnitte class returns with Bill Hammann from 6 - 7 p.m. on Nov 6th. All ages are wel-

come, children must be accompanied by an adult. If you have participated before, please bring your knife and board.

On Nov. 15th the Dining Car Food Club will be meeting at 6 p.m. with food to sample in celebration of our Native American heritage. New members are welcome any time. Please come bearing food to share.

Monday Movie Madness on Nov. 19th starts at 6 p.m. We will be showing the movie "Planes, Trains and Automobiles". "A man must struggle to travel home for Thanksgiving with an obnoxious slob of a shower curtain ring salesman as his only companion." Stars Steve Martin and John Candy.

"Embark" on a new adventure at the Blue Ridge Summit Free Library with Zero, the wonder therapy dog. Need a reading buddy? Zero's your dog. Need a shoulder to cry on? Zero is your dog too. Need a fuzzy cuddle? Zero is really your dog! So please join us and our resident guru of tranquility at the library on Nov. 20th.

The Summit Stitchers Quilt Club is meeting at 5:30 p.m. on Nov. 20th. New members and new projects are always welcome and any skill level may attend.

These ladies love a challenge so if you are stuck on a project stop by and see what they can do.

The movie "Parenthood", featuring Steve Martin, will be shown for Monday Movie Madness on Nov. 26th. "The Buckmans are a midwestern family all dealing with their lives: estranged relatives, raising children, pressures of the job, and learning to be a good parent and spouse."

The Train of Thought Book Club will meet at 6 p.m. on Nov. 29th. This month's topic is "Harvest Time". We have book suggestions at the library on our book club shelf or you can read or listen to your own book choice.

Frederick County Library

Emmitsburg Programs

School's Out: LEGO Build (Grades K-5): November 5 & 6, 11 a.m. - 1 p.m., School is closed, so spend some time building cool creations with LEGO enthusiasts.

One Maryland One Book: CSI Emmitsburg (Grades 6-12), November 5, 2 - 4 p.m., follow the clues to solve the crime and get a taste of the criminal justice world! Presented by Mount St. Mary's University.

Stitch and Chat (Adults): November 8 & 29, 2 - 4 p.m..

Library Putt Putt Challenge (All Ages): November 10, 1 - 3 p.m., Discover some of your favorite book, TV, and movie characters as you putt your way through the stacks. Fun for the whole family.

Job Searching 101 (Grades 9-Adult), November 13, 10:30 - 11:30 am, tips for job searching and interviewing, plus effective resumes, cover letters, and LinkedIn profiles. Presented by Resume Advantage.

Book Discussion Group (Adults): November 13, 1:30 - 3 p.m., discussion of the One Maryland One Book Bloodsworth: the true story of the first death row inmate exonerated by DNA evidence.

R.E.A.D. with Wags for Hope (Grades K-5): November 15, 5-6 p.m., children read to Reading Education Assistance Dogs.

Afternoon Learning Group (Grades 2-5), November 27, 2 - 3 p.m., energy Lab.

Thurmont Programs

Take Apart Art (Grades 5-12): November 1, 6 - 7 p.m., create a sculpture, piece of art, jewelry, or limitless other items using dead computers, cables, keyboards, and other wonderful junk.

Preschool STEM Lab (Ages 2-5): November 2, 10:30 - 11:30 am, Science Technology Engineering and Math for our youngest learners!

On-site at Catocin Mountain Park: Storytime and Hike (Ages 3+): November 2, 11 to noon, storytime followed by a short hike. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

Playing with Books that are Games (Ages 3-10): November 4th through the 10th, 10:15 a.m. - 2 p.m., enjoy a book that's actually a game!

School's Out: LEGO Build (Grades K-5): November 5-6, 11 a.m. - 1 p.m., school is closed, so spend some time building cool creations with LEGO(R) enthusiasts.

Slime Lab (Grades 6-12): November 5, 11 a.m. - 1 p.m., create slime and make it your own with unique colors, textures, and additions.

School Skills for Preschoolers (Ages 3-5): November 6, 13, 20 & 27, 2 - 2:30 p.m., practice school-readiness skills with cutting, tracing, play, and other literacy activities.

International Games Week: Game Night (Grades K-12): November 6, 4 - 7 p.m., drop in anytime to try our variety of tabletop games, or bring your own favorites to play.

Soldered Jewelry (Grades 6-12): November 7, 6 - 7 p.m., learn to use a soldering iron to make jewelry.

Smartphones 101 (Adult): November 7, 6:30 - 8:30 p.m., basic instruction for Android and Apple phones, including cloud storage, Google backup and data usage. BYO smartphone.

Drama Club (Grades 6-12): November 8 & 29, 5 - 6 p.m., are you interested in theater and building your confidence? Bring your talents to a community drama club.

Preschool STEM Lab (Ages 2-5): November 9, 10:30 - 11:30 a.m., Science Technology Engineering and Math for our youngest learners!

Literature-Inspired Key Chains & Jewelry (Grades 5-12): November 15, 10 - 11 a.m., make literature-inspired jewelry and gadgets.

Catocin Forest Alliance Speaker Series (Adult & Teen): November 15, 7 - 9 p.m., this preservation program series focuses on topics related to natural resources and history in the local area. It features a new topic each month and is presented in partnership with the Catocin Forest Alliance.

Chess Club (Grades K-Adult): November 17, 11 - noon stop in to learn, play, or sharpen your skills.

Art Night (Ages 0-18): November 20, 6 - 8 p.m., try printmaking, painting, pastels and more as you create something beautiful to take home.

R.E.A.D.® with Wags for Hope (Grades K-5): November 24, 11 - noon, children read to Reading Education Assistance Dogs.

Curious Minds: Emmitsburg's National Shrine Grotto: November 26, 2 - 3 p.m., The National Shrine Grotto has a rich history. Enjoy a presentation to learn about this spiritually rich landmark which is celebrating its 60th year of becoming a national shrine.

Teen Advisory Board (Grades 6-12): November 28, 6 - 7 p.m., let your voice be heard and influence the library! Gain leadership experience and discuss what the library can do for you.

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Choosing for the Board of Education

Joy Schaefer
Board of Education
of Frederick County

On election day this month, voters will choose four candidates from a list of eight running for the Board of Education. While these positions are elected, they operate a little differently from other elected representatives. Because of their unique roles and responsibilities, voters should be looking for specific qualities and qualifications that will make a more effective board member.

What makes a good Board of Education member?

First and foremost, a candidate running for a Board of Education race should have a strong commitment to ensuring every single student enrolled in our public schools.

Often, the Board of Education race brings out people who are focused on one group of students, one issue, or one school community. Frederick County Board of Education mem-

bers are elected and serve at-large. They provide governance across the entire school system and must be committed to serving all students and families on every issue.

Second, an effective member is someone who is collaborative and respects others' experience, perspectives and concerns. Board of education members have no individual authority. Any action taken or decision made must be made by the entire Board and determined by a majority of the body. On Frederick County's seven-member board, that means that any decision must be supported by four or more members. Members must be good listeners and able to reach compromise with their colleagues to move the school system forward.

Finally, an effective member understands the Board's authority within the context of other agencies and elected bodies that have authority over the State's public education system. These include the State Board of Education, the State Superintendent, the State

and Federal governments, and the U.S. Department of Education. Effective local governance not only relies on members' understanding of their role in relation to these other entities, but on members' ability to both work within their limitations while advocating for and communicating the strengths, challenges, and needs of our local public schools.

A Little Bit Legislator, A Little Bit Trustee

This seat is often among the least understood public positions. Many voters aren't exactly sure of the responsibilities Board members have, what authority they hold, and what role they play in our community.

Elected officials must serve their constituents. When we talk about constituents, most think about voters. The constituents of school board members are, of course, the voters who put them into office. However, school board members were elected to meet the needs of students, which makes them unique in their relation-

ship to voters and their true constituents – our county's students.

This unique accountability – to students – means that Board of Education members play a hybrid role of part legislator and part governing trustee. They are part legislator because they are elected and must act in a transparent way in decision-making. They should also be proactive in gathering public input from the entire community and in considering everyone's perspectives, views, values and desires. They are part trustee because, in the end, their decisions must be made in the best interest of students even when they may conflict with the desires of the majority of voters.

An Often Overlooked Race

While many voters know who they'll be voting for state leadership, like governor, delegate or senator, and for county positions like County Executive our Council, the Board of Education race is often overlooked. Yet, the Board of Education's share of the County budget is around 50%. County public

schools serve nearly 43,000 students and their families and, as the second largest employer in the county, employ approximately 5,800 people.

Our County's public school system attracts employers and continued prosperity to the county. It prepares students to participate fully in our county – as responsible citizens, parents, employees, business owners, community and government leaders. According to a study conducted in 2015 by the Business Economic and Community Outreach Network at Salisbury University, public schools provide real dollar benefits as well as cost-savings to counties. It found that for every \$1 spent in Western Maryland for public K-12 education for operations, the region recouped \$1.51 in direct or indirect economic benefit. For Frederick County, that investment translates into an economic benefit of \$1.48.

Governance of this far-reaching deserves voters' attention, despite its position at the very bottom of the ballot!

Brad Young, Candidate for BOE

We are coming down the homestretch for this year's election. I am asking for your vote for me for the Frederick County Board of Education. I am completing my 8th year on the Board and will cover some of my accomplishments. When I first ran for the Board two of my main priorities were Fiscal soundness and budgetary transparency and good communication between FCPS and the public. One of the first things that I did after being elected was go through the budget and look for waste and look for areas where the budget was not transparent.

The first 4 years we worked hard at tightening the belt as we received very little new funding. I helped the renegotiation of the debt that the previous Board had incurred for the financing of the central office building. This move will save hundreds of thousands of dollars over the life of the loan. We also went through and out sourced the printing services of FCPS also saving a lot of money. We formed a workgroup with FCC, Frederick County Government and other local agencies to see where we could work together to get costs of goods and services down. This has worked very well. In looking at transparency, when I got on the Board the budget was not easy to go through and many items were not even budgeted for such as technology.

We have worked hard to break the budget out and make sure that things that are recurring costs are categorized and show up in the budget. Our fiscal services area has received numerous awards for their performance in the past several years. The second area I focused on was com-

munication between FCPS and the public. We have worked very hard to make sure the public is a part of every major decision made through hearings and input received. I am very proud of the effort of our staff in working through the decision on the new Frederick High School project. Many meetings were held with the public and feedback was used to develop the final plan. Because of this hard work it was well received by the public. We will continue to work hard in this area.

If reelected, my main areas of focus are safety and staff compensation. In today's world, it has never been more important to look at and review the safety of our students, staff and visitors at

our schools. I have worked closely with Sheriff Jenkins and his staff and the local municipalities' law enforcement agencies to make sure we are doing all that we can to insure safety.

This year we implemented the Raptor check in process at all of our schools to check backgrounds of visitors. We also are completing plans to finish entry way safety for all over buildings. We have also done training for all staff and working on it for students for when there could be an active assailant in a building. This training hopefully will never be needed, but if it is it will be good that we have done it. The second issue is employee compensation. I have worked hard the last 4 years to get new contracts with our

employees that got their compensation back in line with where it should be in comparison to other jurisdictions. We had fallen to the bottom of all school districts throughout the state, we are now back towards the top third which is where we should be based on our county's wealth.

I have been a very diligent Board member listening to the

public, listening to students and being very accessible to all. I have attended over 100 graduations during my time on the Board including every Catoclin graduation. I have a love for public education and a commitment to give back to the community through my service. I conclude by humbly asking for your vote in the upcoming election!



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BRAD YOUNG
for FREDERICK COUNTY BOARD OF EDUCATION



Putting Students First

"Every decision that is made by the Board of Education should always be in the best interest of the students."

With over 30 years of professional experience in financial planning and investing, Brad brings a wealth of knowledge that will be an asset as the Board of Education faces increasing budgetary challenges.

"We need to make sure that every dollar is spent to help our students and eliminate unproductive programs that take the focus away from the classroom."

www.YoungforBOE.com
Authority of Friends of Brad Young; Cheryl A. Young, Treasurer

FOUR YEARS AT THE MOUNT

In the spirit of Thanksgiving, we asked our writers to reflect on their lives, and write about the things they are most thankful for.

Freshman Year

For extraordinary human goodness

Harry Scherer
MSMU Class of 2022

Are we, as humans persons, naturally good? This question comes to my mind as we approach the annual autumnal event designed specifically to give thanks because, if so, we have so much to be thankful for.

The answer to this question became overwhelmingly clear to me in June of 2013. The month preceding, my friend and I had been galivanting in the fields, as 13-year-olds do. Disregarding the advice of my parents and the National Institutes of Health to cover up my ankles, it was on that day that a deer tick sought and attained refuge in my body. It was only two weeks later when my family and I had travelled and arrived in Rome, Italy that I was made aware of this infectious invader. Within an hour of landing in Italy, which had been my first encounter outside of America, I had severe flu-like symptoms and was relegated to the hotel bed.

The room that the small hotel assigned to us was adjacent to the lobby of the family-run establishment. This geographical placement

was just the first evidence of Providence that proved to be beneficial to my recovery.

The owners of the hotel were as kind and hospitable to me: a sick, American middle schooler, as they would have been had they been hosting the President of Italy. They very well could have taken the position of insouciant hotel owners, claiming their lack of understanding because of the language barrier. Instead, this family, who has spent their entire lives offering 'welcome!' to everyone who walks inside, courageously embraced their vocation and exceeded our expectations as hotel owners.

For the first two days of the trip, no one knew the source of my slowly intensifying illness. My fever rose to 105 degrees, with constant fatigue and occasional bouts of vertigo. The family made their desire to help known from the outset. First, they scheduled a visit from a doctor to come to the room. While the doctor did wrongly prescribe medication to treat a viral infection, the effort of the hotel owners to find the cause of my illness was apparent.

When my parents needed to

recover from the unfulfilled expectation after the misdiagnosis and to fulfill their Sunday Mass obligation, the patriarch of the hotel family walked my parents to the nearest church. Unable to speak or understand English, it was this older man's quiet nature that spoke volumes to my parents about the nature of selfless love, especially in a time of need. My mom also experienced a supernatural trust to leave me in the hotel room by myself, door ajar, under the complete protection and care of Giuseppe, the son of the family. To this day, she is baffled by the ease with which she left me in the hotel room of a foreign country in a state of such vulnerability.

The unbridled desire to find the source and treatment of my illness was apparent in the eyes of that caring family. Finally, they sent their cousins, a married couple that both were medical doctors, into my room. They noticed a bullseye rash, a common symptom of Lyme disease, on my side, and immediately diagnosed medication for treatment. I was back to my normal self by the end of the day.

On the next day, we left the hotel as quietly as we came in. The adventure of walking through the ancient city was quickly transformed into an adventure of confusion, trust and ultimate gratitude. At the time, it

was very difficult to understand the reasoning behind the great lengths to which the hotel staff was trying to ensure that we would be welcomed into their country at a time of sickness in which any family would certainly rather be at home.

This lack of understanding points to the long-term effects of the virtue of gratitude. While we are experiencing generosity, kindness and love from another person, the extent to which the other person is giving of themselves is rarely seen in the present moment. Perhaps the delayed nature of gratitude is one reason our country has dedicated an entire day to giving thanks to God for our lives, our friends and family and our prosperity.

By extension, this question reverts to the inquiry of whether humans are naturally good or naturally evil. Before I arrived in Italy in the summer of 2013, I might have questioned whether we are limited by the quantity and consistency of our actions and whether those actions define who we are as persons. I posit that we, every born and unborn human person, are naturally good. That is, it is unnatural to do evil. This sentiment should lead to immediate feelings of gratitude.

Consider the alternative. If we were more prone to be malicious, then war would be the norm and peace would be an outlier. Dis-

cord would be accepted, and agreement would be questioned. Naturally, one reality for which that I constantly overlook to give thanks is simply being and living in this country. In the history of the world, the chance to live in the United States in 2018 is so microscopic, that it causes me to be overcome with awe at the will of God that I should be so blessed to live in this place and at this time.

This sort of realization is what is so unique about this American holiday. Our country needs to have Thanksgiving. There is something very therapeutic and revitalizing about the common effort to recognize our blessings and prosperity and I believe it stands to be one of the greatest traditions that this country holds. It is a commitment to gratitude.

Whether your family's Thanksgiving dinner relates more to Norman Rockwell's famous Freedom from Want painting or to Tim Allen's unexciting meal at Denny's in The Santa Claus, it can be sure that the necessity for this holiday is stronger today than ever before and that the recognition of our inherently good nature is a constant reality to be continually thankful for.

To read other articles by Harry, visit the Authors section of Emmitsburg.net.

Sophomore Year

You don't know what you have until it's gone

Angela Guiao
MSMU Class of 2021

Do you remember when Joni Mitchell sang Big Yellow Taxi and belted out the iconic words, "Don't it always seem to go/ that you don't know what you've got till it's gone?" I felt that on a personal level.

For the loyal readers of Four Years at the Mount, some of you may remember me. I wrote for the News-Journal during my Freshman year two years ago, then suddenly disappeared. Not only from writing, mind you, but from the University as a whole.

A great number of events happened to me during my sophomore year, but instead of delving deep into the reasons why, I'd rather tell you what resulted from what turned out to be the most transforming year of my life.

I always considered taking a year off before college. It was an option for me as a senior in high school. I always thought that giving myself an extra year to figure things out would be quite beneficial for my future. The transition between high school and college always seemed a bit sudden. That plan, of course, was promptly squashed by my mother, who reminded me that becoming a doctor took almost ten years,

and that adding another year to "find myself" could prove to be an effective waste of my time.

In all means, she was right. With the path I wanted to take, and the amount of years before I reached the age of thirty, I didn't really have the time to take a year off and experiment. But during my sophomore year, for reasons I'd like to remain private, I had no other choice but to do exactly that.

While I was in school, before I left, I was stressed beyond belief. I couldn't quite get the hang of chemistry, no matter how much I studied, and the amount of reading required for my science and core classes combined were enough to keep me completely trapped in my room for the entire semester, without many breaks. I was going through a crisis because I wasn't sure what I truly wanted to major in. I had always wanted to be a doctor, but I was slowly realizing that my strengths were definitely not in science. I was secretly miserable.

I had never considered any other major other than one in science, so when I put in serious thought about switching majors, I had no real idea of anything else I could possibly want to do. I was lost. As a result, I was constantly complaining. I complained about school, about my lack of sleep,

about always having to study. I stopped putting in the effort and started doing poorly in my classes. I guess I subconsciously wished for myself to take a break. And when events occurred, I was put on a 'Leave of Absence' and got exactly that. I never felt happier. At least, for the first few months.

You see, after a few months of doing nothing but thinking, you start to get bored. And in the age of social media, you have the ability to keep constantly updated with the lives of all your friends. I'd watch as they went to parties or attended volunteer trips. I'd watch as they ate lunch together and studied in the library. I realized just how much I missed doing those things, those same things that I used to be able to do and complain about.

Now, I know some of you must wonder why I didn't simply go back to school. Well, I couldn't. For one because of those undisclosed reasons, and for two, because I was at the school because of scholarships, and was not sure whether I'd still have those scholarships if I returned.

I was being left behind. I realized how hard it is to get a proper paying job here without a college degree, so I knew that I wanted to come back, but it seemed hopeless. It took hours to get someone on the phone from the Department of Education, and days to receive replies to emails. As the months drifted by, and the next school year inched closer, I

started to reprimand myself for not appreciating how much I had when I had it.

It was only until it seemed like I was unable to go back to school, that I realized just how privileged I was to get an education in the first place. I think it's a very grave issue for first world, technologically-advanced countries like us who are always taking things for granted. Others struggle to have food and water while we complain about not having the latest version of the iPhone. While in other countries, girls fight for their right to education, I almost threw mine away.

It was a wake-up call.

And now that I have returned, I am very thankful for what I have. I have learned not to take things that come so easily to us for granted. We are so blessed and lucky to have the access and means to such basic needs of survival. Because of how easy everything is to acquire, we tend to believe it will never run out

or disappear. That's not true. Education, freedom of speech, mobility, and knowledge... All these things plus more are privileges, not rights.

My year off was not only a smack-in-the-face realization. It was also full of blessings and happiness. It was full of wonder and adventure, and I was able to find what I really wanted to do in life. I was given a sense of direction; a new understanding of the world and myself. I "found" myself. And I am so thankful for that.

Because of this, I am now also thankful for everything that I once had and will have. I can tell you from experience, and with complete and utter belief that Joni Mitchell knew exactly what she was talking about. You really don't know what you've got till it's gone.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.



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WHAT I AM THANKFUL FOR

Junior Year

Foundation of success

Morgan Rooney
MSMU Class of 2020

The holiday I most look forward to is Thanksgiving. Of course, Christmas, Easter, and my birthday (if a birthday is even considered a 'holiday') are up there on the list, but as I've gotten older, I've found that the way many people celebrate is materialistic. Gift giving is great but I'm sure that many of us feel pressured to get all our friends and family what they want to avoid their disappointment. This is something I haven't gathered at all from Thanksgiving. In my family, at the very least, it is about getting together and spending time together. This is so important to me because the support of my family is the thing I am most grateful for and I certainly wouldn't be in the place I am today without their love and support.

Thinking back to my youngest days, where my earliest memories were being made, I think of being walked into my first day at Kindergarten, filled with confusion and nervousness. I built up

my anxiety so high from the night before. What I remember most is my dad not leaving until I was settled in and comfortable in this new, strange environment.

Not too long after beginning Kindergarten, I also remember us sitting together on the floor of our great room. He was being patient with me, teaching me how to tie my own shoes so that I could soon do it by myself when I needed to. I remember being taught how to swim shortly after that, and how to ride a bike independently.

I remember being encouraged to be creative: draw, make music, play imaginary games. I remember being taken once a week to my grandma's house to sit at the piano and learn new songs. When I got older and joined my middle school orchestra, I always had my family in the audience. They encouraged me to push forward and become a better musician.

When I turned 15, I was very motivated to get my learner's permit and begin driving. I remember feeling unprepared to drive on a real street (as opposed to parking lots or neighborhoods), yet I was told to do so, because

if I never left my bubble I would never move forward. I would drive about 30 minutes every night to pick up my younger sister from her extracurricular activities while my dad would sit in the passenger seat and give me critiques on the daily route. With all this support and daily driving, I felt so much more comfortable and safe.

When I was 17, I remember being sat down by my dad to research a variety of universities and areas of study. I hadn't a clue what I wanted to study or who I wanted to be. I had thoughts all over the place and growing anxieties as I felt as if I was running out of time (which sounds ridiculous now). I remember my dad helping me fill out my college applications and reading my college essays, carefully proofreading the small mistakes I overlooked the first time. I remember taking a road trip across Texas to visit different universities and getting tours around the schools I had the potential of being accepted into. I remember leaving my grandfather's burial at the Arlington National Cemetery to drive to upstate New York to visit a private university I had been accepted into and then back to Maryland in

time to catch a flight back home.

I remember being dropped off on my first day of college and going through my first few weeks. I'd call back home once in a while if I was in need of help with an assignment.

When my freshman year was coming to an end and I was having another crisis of not knowing what I wanted to study or who I wanted to be, help was only a phone call away. I talked with my dad about what I enjoyed learning and what I struggled with. I told him about what I was good at and what I couldn't seem to understand no matter how hard I tried. I received useful advice and changed my major shortly afterwards to something that I know I will stick with, because I love what it has given me.

When I was interested in going on a trip to Europe to further my French comprehension, I was strongly encouraged and supported in doing so. I went to Europe over the summer and made some of the best memories of my life and created strong relationships. Without the help of my family, I would never have made it and would never have had the experiences that will remain in my memory until the end of my life.

I could sit here and list thousands of ways I have felt sup-

ported in my life and that would not be sufficient in explaining how grateful I am to have this support system, which I know not everyone is fortunate enough to have. I am grateful that I know I will be supported in my future decisions (given that they are within reason) and encouraged to ultimately follow the path I wish to take, knowing that it will likely change along the way. I am grateful that I was not pushed to go after a career or field of study that I was not inspired or meant to be in. To have affirmation with me when I make my important decisions means everything to me and only pushes me to go further. I hope that one day, I will be able to provide what my family provided me to my own children so that they can be encouraged and will want to be successful in whatever way they see fit. Support is my foundation of success. It made me independent in all the best ways.

I would encourage everyone not to focus on the things that you don't have, but the things you do. It makes all the difference.

To read other articles by Morgan, visit the Author's section of Emmitsburg.net.

Senior Year

The one thing certain

Shea Rowell
MSMU Class of 2019

Fall is the most beautiful season at Mount St. Mary's. The mountain greets us with hints of red, orange, brown and gold, accenting the beautiful golden Mary statue that looks down the mountain from the Grotto of Our Lady of Lourdes. It is, in my experience, the most challenging time of year academically, and for seniors, a time of great uncertainty and change. A quarter of the year behind us already, we watch the falling leaves, feeling that something good is coming to an end. As I watch my mountain home gradually change into her glorious autumn attire, I reflect on the way she has helped me to grow more appreciative of change in my own life.

The senior class this year is already beginning its inevitable cycle of reminiscence and sentimentality. We laugh with one another, "remember freshman year, when we climbed up to the grotto in three feet of snow? Remember when we stayed awake until 3am laughing and listening to music without a care in the world? Remember when we thought five-page papers were the most difficult task of our semester? Remember?" We look at ourselves now; the ones with 25-page papers to write, job applications to submit, and a bed time that wishes it could always be earlier. We fill our weekends with grocery shopping trips instead of spontaneous escapades. Instead of plan-

ning for our next round of classes, we are planning what our lives will be when we can no longer call this place our home: what will we do? Where will we go? Who will be with us along the way?

As I prepare for my first introduction to the professional world, I think of the many ways the Mount has prepared me to begin my career. With the help of the Career Center (where I have worked as a student assistant for four years), I have transformed from a nervous high school student without a clue into an emerging adult who is prepared to launch into the world. I have an eager team of career counselors, professors and mentors to provide advice and support when I need it. More importantly, the Mount has given me a sense of direction. Whether I find a job immediately or struggle in the job search, my Mount professors and classes have taught me that I am not aimless; there is value to human life and human work, and each person has a role to play in society. No matter which career I explore, I know that I will find ways to grow and excel. The seniors at the Mount have been transformed by the skills and experiences we have gained here, and we are ready to apply them more fully to our professional lives.

The Mount has also changed me by improving my ability to interact with others in community. I came to the Mount believing that the best way to live is independently. The surest way to live happily is to mind your own business and try to live a good and honest life. I have changed this opinion radically

since I started college; or rather, I have been changed. I now see that the way I had planned to live was too focused on myself, and not enough on my role in serving and being served by the people around me. Independence is attractive from a distance, but it is also isolating. I have learned that while community life and relationships require vulnerability and occasional discomfort, these relationships force you to grow and change for the better. I have learned to truly appreciate the people around me: to rejoice in their gifts, their uniqueness, their virtues. I have learned to share my imperfections with others, and to be grateful for them instead of resentful, as they give me the chance to take ownership of my life and to embrace vulnerability. I have learned that the people with whom I spend my time are far more important than the activities, achievements, or obligations that fill it. I now see it as my duty to accept and give forgiveness, to help others in their need and to allow others to help me. Interdependence, I now know, is a far more fulfilling path to take.

Challenging assignments, experiences and relationships have changed me. The things I learn and explore in my classes shift my perspective on the world, making it more complex each day, and ultimately giving me more questions than answers. The people who have come into my life since I began college have given me more than they will ever know, and the relationships I have had with them have exposed my weaknesses and challenged me to become stronger. The only thing in life that

has never changed and never will, is God. Immutable and infinite, God is never less than Goodness itself. While, from a human view, it seems that God comes during the comfortable times in our lives and abandons us in times of grief or struggle, God does not change or transform as we do. He is pure generosity and love, and He sustains us in every moment. The Mount has taught me that God is always there, inviting me to come to Him, loving me, challenging me, showing me my flaws and asking me to change them, showing me my strengths and asking me to use them. He has always been there, and His hand guides the changes I face in every passing

year, day, and moment.

While much is uncertain in life, change is constant. Fall will turn to winter and winter to spring. We will meet new people and learn from them. We will experience new things and they will challenge us. We will be forced to change in relationships, in our careers and in our vocations whatever they may be. I thank God for change, because it has brought so many blessings. I thank Him for the falling leaves and the uncertainty that the future brings, confident that He will be there on the other side.

To read other articles by Shea, visit the Authors section of Emmitsburg.net.

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FASHION

A favorite accessory: the man bag

Valerie McPhail
MSMU Class of 2015

The start of every season begins with fashion. During New York Fashion Week in September city dwellers elevate their style of dress by fashioning clothing with brashness and audacity. For the week, both the local and visiting bring their best forward, and as a result, fashion becomes the air we breathe on the subway train while commuting to work, the news we consume on social media and the ultimate focus of our expression. As the season develops, the vibration lingers into conversations about blanket scarves and wool coats, a response to retailers flipping their racks with cozy designs for a new season. The cashmere sweaters and pea coats carry the weight of a new wardrobe as the infamous leather tote bag replaces the rat-tan purse.

Seasons in the year become synonymous with the fashion calendar. T-shirts to turtlenecks, sandals to combat boots: the wardrobe for the season becomes increasingly conservative and stylistically laden. New York has the disheveled bohemian look to perfection. Oversized coats, baggy jeans and clunky footwear paired with a tote bag or backpack are complements to the style. The accessories are also more practical pieces of fashion, than stylistic statements. The New Age references the handbags as the “man bag” for they are acceptable styles for men to fashion. Safe conclusions can be made that New York City loves the man bag.

As seen on the European runway and in stores throughout Manhattan

City, the man bag materializes into the current Coach tote bag, Michael Bastian travel duffel and Kenneth Cole backpack — all styles of common language to New York City’s favored accessory. Paired in hand with a tailored blazer, the tote bag, as seen in presentation, becomes an item of practicality when used in a not-so-glamorous fashion — in transit, on the subway, or by tagging along a pedestrian’s commute. In New York, such man bags shed their masculinity and become products of gender-neutral function. For the tote bag and backpack signify a truth about New Yorkers: we carry a lot of baggage.

High strung, hearts racing from coffee, and work addiction is a reality for those who reside in New York. Bags are packed for the mobile day. We leave our apartments before the sun rises, and return home to feed the cats well after the sun sets; an accomplished day due in part to preparation of how you packed your bag for the day. A MacBook computer, water bottle, meal for lunch and vegan snacks, raw celery sticks and mason jars filled with matcha, planned to curb any craving hypothesized in the event of waiting an immeasurably ungodly hour for a train home to Brooklyn in premature nighttime is a weight analogous to the paralyzing stress felt by those aspiring to actualize their artistic dreams. This heaviness, although internalized, can, and most definitely will, manifest in the same physical stress. Tingles and strains, the pursuit for the New York Dream causes many hurdles. We are indeed all bag ladies, carrying our needs and desires for our passionate dreams to come true, while

the pursuit causes a pain, heavy on our hearts — dreams and aspirations create disappointment and heartache for at least a season in the city filled with fashion and an encyclopedia of success stories. It isn’t called baggage for any reason, the tote bag and backpack are loyal pieces that accompany our lives in New York, irrespective of how heavy they weigh.

The impression of fashion week on New York in September is leaving the city with a fresh new approach to accessories. No longer is it trendy or in-season to fashion travel along city lifestyle with a large handbag. But rather, female fashion is resisting the norm, and retreating to an evidently smaller sidekick, styles including the Drawstring Bag, Fanny Pack or Top handle Bucket Bag.

Drawstring handbag

This is the ultimate socialite accessory. The drawstring handbag lightens the load for a dinner party, art show or night out around town. This handbag design is the season’s statement piece. The small companion was not only vibrant on the runway, as seen in Phillip Lim 3.1 or Marc Jacobs, the handbag model blossomed when accompanied on the streets by styles and adorned with beading and fringe. Perfecting looks involve a girly dress and feminine blouses and skirts. Such pieces create a delicate look, to marry with the dainty handbag.

Fanny pack

Hailing European influence from the petite Gucci pack, an embossed black leather pouch embellished with gold rings and a thin elastic waist strap, the fanny pack soon became an instant favorite among the cities’ culture, irrespective of its counter culture offering. Athletic brands such as North Face and



Gucci fanny packs have become a signature piece of cool fashion this season.

underground, skater label Supreme simultaneously released the design and almost overnight the trendy accessory was popularized off-the-runway. Worn casually with a graphic t-shirt and denim, the fanny pack is a signature piece of cool fashion.

Top handle bucket bags

This is the most innovative handbag design of the season; a metamorphosis of the classic top handle bag and the trendy bucket bag creates the most relevant everyday bag. Online, Los Angeles brand STAUD presents staple designs made in patent leather, solid colored croc patterns and fearless styles with feathers: all styles made simply approachable enough to transition your lifestyle to a lighter load. Or, pair the ultra feminine style with a masculine pantsuit or painters jumpsuit to engage with the latest New York fashion state of mind.

Amid a culture inherently concentrated on hustle, the sacrifice of weight internalized for materialization of pas-

sion projects, or the physical heaviness of the bags and luggage that bring us down on the daily, a new perspective on grounding oneself is transpiring in New York City; its source comes from the female fashion scene, revolting for the favored man bag, in favor for a release of the weight that bogs us down. This season, minimal is better. A refreshing break from the backpack and tote bag, for small bag designs that have enough space for that which you are made to carry. As we nuzzle into the fall season we find the most interesting fashion at New York fashion week was hardly the novel designs presented at the shows, but rather a new fashion philosophy found on the streets. Going back to the basics, the city needs to fully understand why it is indeed a predominate bag culture and in finding meaning, refresh its perspective in new season.

In perfect timing, New York City replaces the tote bag and sporty backpack with not just a safe option — a business briefcase or messenger bag, classic styles often showcased among the men’s collections in Europe. Fall fashion took a different route — and began to carry the smallest handbags on the market, a little reminder not to carry the weight of the city on your shoulders. Time to embrace all passions and artistic pursuits while enjoying the fall fashion this city has to offer.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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COMMUNITY NOTES

MSS “Blessing of the Animals”

The rain held off just long enough for people and their pets to visit Mother Seton School on Thursday, October 4, 2018 for the annual Blessing of the Animals. Goats, horses, chickens, cats, dogs, and even turtles were among the many creatures, both great and small, participating in Mother Seton School’s annual Blessing of the Animals. An old Catholic tradition that goes back to the fourth century, MSS is one of the few Catholic schools in the state to host such an event. It is held on or near October 4th each year, in honor of the Feast Day of St. Francis of Assisi, patron saint of animals and the environment.

Most of the crowd in attendance were families of current students, but many that came were members of the local community or former families and students who remember the event from their time at the school. “It’s a tradition that brings people together,” said Mrs. Danielle Kirby, teacher at MSS and event organizer. “It’s a great community liturgy that our students, families, and many in the community look forward to each year. The children are so excited to see all the animals.”

Pet owners lined up around the

circle in the front of the school and watched a performance by Mrs. Kirby’s first grade class. Students recited the prayer of St. Francis, then Father Collin Poston of Our Lady of Mount Carmel/St. Anthony’s Catholic Church of Thurmont gave his blessing. He took care to

bless each and every creature as he walked around the circle, his own beloved Pomeranian Otto accompanying him. Afterwards, pet owners had the opportunity to show off their beloved pets to the students as they walked around to visit with each one.



Students who couldn’t bring their pets could bring photos instead and Father said a blessing for their pet that way.



Shelly Metts holds her guinea pig, Twix, while he’s given a blessing from Father Collin Poston during Mother Seton School’s Blessing of the Animals on October 4, 2018. Twix was among the several species of animals blessed during the school’s annual tradition held in honor of the Feast Day of St. Anthony, patron saint of animals.

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Celebrate the Christmas season with Silver Bells

Justin Kiska

The Way Off Broadway Dinner Theatre, Frederick's only year-round producing theatre, is not only in the midst of its 25th Silver Anniversary Season but it is planning to celebrate its 25th Christmas show with the brand new musical Silver Bells.

Always the most popular production of the season, Way Off Broadway's holiday show is full of Christmas cheer. Popular Christmas songs from the past and present are brought together in one fun-filled show the entire family will enjoy. There really is nothing like a

Christmas show at Way Off Broadway. No matter what the setting – a department store just days before Christmas, the New York City penthouse of a modern day Scrooge, a cottage in the woods, or a 1950's radio station – they all have one thing in common; the joy of the season.

Of course, what would any Way Off Broadway Christmas show be without Santa's elves stopping by to do a few musical numbers. It never fails, from year-to-year, as people call to purchase their tickets for the holiday show, at least half of them ask if the elves will be back. Without a doubt, they've become a true

staple of Christmas at the theatre.

For all the fun and laughs though, Way Off Broadway makes it a point to never forget the true meaning of Christmas, always including some variation of a living Nativity to tell the story of the very first Christmas.

Silver Bells features performances by Jessica Billones, Katharine Ford, Patrick Ford, Jaimie Lea Kiska, Melissa Ann Martin, Sarah Melinda, Jordan B. Stocksedale, Jeremy Trammelle, Joseph Waeyaert, and Megan E. West.

The show runs November 24 – December 22, with performances every Friday and Saturday evening, and matinees on the 1st, 3rd, and

5th Sunday of each month. For evening performances, guests arrive for dinner at 6 p.m. with the show beginning at 8:00 p.m. For matinees, doors open at 12:30 p.m. for lunch with the show beginning at 2:15 p.m. Tickets for a Friday evening or Sunday matinee are \$46; Saturday evenings, tickets are \$50. Tickets may be purchased by calling the Box Office at 301-662-6600.

Also for the holidays at Way Off Broadway will be the special Family Theatre presentation of The Great Elf Adventure opening December 1st and the theatre's annual Breakfast with Santa (and Mrs. Claus) on December 22nd, 23rd, and 24th.



To learn more about The Way Off Broadway Dinner Theatre or any of its productions, visit www.wayoffbroadway.com.

Totem Pole Playhouse to open acting academy

Totem Pole Playhouse, America's beloved summer theatre located in Caledonia State Park between Gettysburg and Chambersburg, has announced the opening of the Totem Pole Playhouse Academy. The new performing arts training center will be housed

in the Playhouse's recently renovated rehearsal space named after Totem Pole's former Artistic Producer and Directors, Carl Schurr and Wil Love.

The Academy was made possible by a generous grant from Sharon Trew Cline Magraw Foun-

dedation, which supports community-focused organizations with an emphasis on education, wellness, progressive causes, and the arts.

The Academy will open November 10th with a special weekend intensive for Film & Television On-Camera Audition Technique. The two-day workshop will run 1 to 5 p.m. on both Saturday, November 10th and Sunday, November 11th at a total cost of \$225. Participants will learn how to audition on-camera for commercials, TV series, and film work.

Included in the program will be what to expect when you walk into the audition room, how to prepare, breaking down a script and industry terms. Participants will practice mock auditions using scripts

from actual film, TV, and commercial productions. They will be introduced to several vital industry resources with information on acquiring an agent, professional headshots, actor resumes, and how to approach professional on-camera auditions.

All students will be given a copy of their work on an SD card, along with a notebook, as part of their tuition. The 8-hour workshop is open to ages 16 and older. Class size will be limited to fifteen in order to allow all students ample time on-camera. The deadline for applications is November 1st and acceptance will be on a first-come, first-served basis.

Totem Pole Playhouse Producing Artistic Director, Rowan Joseph,

will teach the course. Joseph has an extensive background in film, commercial, and television series work. He most recently appeared on the Emmy Award-winning HBO series, Veep, opposite Julia Louis Dreyfus and Hugh Laurie. His other TV credits include roles on Gilmore Girls, Boston Legal, Breakout Kings, Arrest & Trial and a recurring role on the HBO series Treme.

His film credits include The Campaign with Will Ferrell, The Princess Diaries 2 with Anne Hathaway, Raising Helen with Kate Hudson, Grudge Match starring Robert DeNiro and Sylvester Stallone and several independent films, National Lampoon's Snatched with Andrew McCarthy, Barefoot with Evan Rachel Wood and Chronic Town at the Sundance Film Festival. Joseph has worked with or appeared in films starring eleven Oscar Award-winning best actors: Helen Mirren, Julie Andrews, Kathy Bates, Jamie Foxx, Shirley MacLaine, Julia Roberts, Robert DeNiro, Anthony Hopkins, F. Murray Abraham, Geraldine Page, and Katharine Hepburn.

To sign up for the workshop call the Totem Pole Playhouse office at 717-352-2164.

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Mount's Visual & Performing Arts November offerings

Chloe Corwin
MSMU Class of 2020

The Mount St. Mary's University's Visual and Performing Arts Department presents for the month of November the Wind Ensemble concert, Chorale Concert, Fall Mainstage Production, Lab Band Concert, and Directing Class Projects.

To start off the month, the MSMU Wind Ensemble Concert will be hosted on November at 7:00 p.m. in the Knott Auditorium on Mount St. Mary's campus. What makes this performance so intriguing are the three iconic folk music collections blending together to create a beautiful and creative evening of music and entertainment.

Professor Dr. Mark Carlson describes the three pieces as such, "Gustav Holst's Second Suite in F for Military Band, a hallmark of the wind band repertoire, sees the wind band escaping its historic repertoire of functional military music in this abstract artistic setting of Morris folk tunes. Alfred Reed's Armenian Dances, Part I draws from the collected works of Gomidas Vartabed, the founder of Armenian classical music. The program is capped off by Percy Grainger's masterwork for band: Lincolnshire Posy. This collection of folk songs sets tunes captured in field recordings by the composer in Lincolnshire at the turn of the last century."

This performance is free and open to the public.

November 4, the Mount Chorale and Frederick Symphony Orchestra Camerata concert is to be held in the Chapel of the Immaculate Conception at 3:00 p.m.

The combination of the MSMU chorale and the strings of the Frederick orchestra will echo through the IC chapel in a spiritual and meditative experience and perform the Mass of G Major by Franz Schubert.

Benjamin Pape, a junior at the Mount, comments on the rehearsal process. He says, "Everyone who comes into Chorale puts in the time, effort, and passion in being part of this community as students of the Mount and the Chorale. From this process each week, the passion and devotion is seen as we prepare for this upcoming concert. I feel the work for this concert will pay off despite how difficult some of the pieces we are learning, specifically Franz Schubert's Mass in G...What I also find important, in a deeper sense, is using this collective medium of music brings those who attend a sense of being a part of something similar as I have mentioned for Chorale, but in their own communities."

This event is also open to the public and free.

The next event comes the following weekend with the Mount Theatre Fall Mainstage Production of Completely Hollywood written by Reed Martin and Austin Tichenor, and additional material by Dominic Conti.

On Thursday, Nov. 8, Friday,

Nov. 9, & Saturday, Nov. 10 in the Horning Theatre at the Delaplaine Fine Arts Center, three student actors, Kate Carrigan, Deldrige Berry, and Elizabeth Kessler, will take audience members on a hilarious journey through 186 of the greatest films of all time.

Elizabeth, known as Ellie, Kessler describes her experience with the audition process in the perspective of a first year student. She says, "After arriving on campus and settling in, I asked around inquiring about who I should consult about becoming involved in theatre. I was told the man to go to was Dr. Blaughter... After a knock on his door, he cleared off a spot for me to sit in his busy and creative work space... When it came time for the auditions, I felt fully engulfed in the audition and I for the first time in being at school, felt like I had a place for myself. Dr. Blaughter ended up granting me with a lead in the play, and I will forever thank him for seeing something in me, and giving me an opportunity to participate in something I had been looking to be a part of for a long time. The two other leads, Kate Carrigan and Del Berry in this small 'three-man' play, have been nothing but welcoming, and have made every effort to bond and spend time just the three of us outside of rehearsal, to develop our friendship."

The chemistry that has come forth between the three actors is electric. Their relationships off the stage translates into the show seamlessly, creating a fun and jovial atmosphere that can't be denied!

The show begins at 8:00 p.m., house opens at 7:30. Tickets are \$7.00, available at the door.

On that same day, the music subject area takes the stage once more



Dr. Andrew Rosenfeld conducting the MSMU Wind Ensemble in preparation for this month's concert.

with the University's Lab Band concert performing the iconic Beatles "White Album." This concert comes at the 50th anniversary of the album, and student band members, along with special guests, are very excited to bring this music to life.

This concert will be held on Saturday, Nov. 17 at 7:30 p.m. in Knott Auditorium. This event is free and open to the public.

Dr. Mark Carlson speaks on this performance, "This record's production spans the Beatles' famous journey to India for enlightenment and their disenchanted sudden return to the UK. Made during the period when the Beatles did not perform live, it is a special challenge to reanimate these half-a-century-old tracks. The album varies in style but eschews the excesses of their psychedelic period and reveals the African American foundations of the Beatles core sound: blues, do-wop, soul, and Motown."

The final event of the month is the Directing Class Projects on November 29 & 30, and December 1 at 8:00 p.m. The Directing Projects showcase four ten-minute plays and will take to the Horning Theatre stage in the Delaplaine Fine Arts Center.

The two student directors Quin-

lan Boyle and I have each chosen two plays from The Best Ten-Minute Plays 2017 edited by Lawrence Harbison.

Mr. Boyle's productions are Carla by Chip Bolick and Room 313 by Carey Crim.

Carla is the story of a man on a date with a woman named Carla. While on the date, he seems to be attracted to the waitress, but her name is not Carla, which is a problem. The question of his taste in women named Carla is answered in the short play, but it is certainly not expected.

Boyle describes Room 313 it as, "a play where a motel maid finds a soldier passed out in his own vomit with a bottle of pills and an empty vodka bottle. The two talk about why he had the pills and vodka but it has an odd twist."

My shows are Asking for it by Rhea MacCallum and Just Say it Three Times by Erin Moughon.

Asking for it is a show depicting a scene between a police officer and a young woman who was clipped by

a car on a street corner and her frustrations in reporting her story.

Just Say it Three Times is a three person play showing the very real struggles young people have finding their way in a big world after college. They receive help from an unexpected guest with wise but harsh advice. This play, while light and silly, has serious and realistic advice for any young or lost person.

The shows will run for about an hour and are free and open to the public.

The Mount St. Mary's University Department of Visual and Performing Arts is located in The Delaplaine Fine Arts Center and can be contacted by phone at 301-447-5308. Like our Facebook page @msmuupa for more updates, photos, and videos. For more information about the department, search for Visual and Performing Arts on the Mount St. Mary's University official website www.msmu.edu.

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LOCAL SPORTS

Catoctin nears state championships

Grace Kovalcik

Catoctin High School's 2018 cross country season is well underway. Their season, which began in September and will last through November, has had its high and low points. The Cougars have competed at high schools all over the county in preparation for the main focus of the season: to reach states.

On Wednesday, October 10 the Cougars hosted their first cross country meet since 2016. Since Catoctin's home meet had been cancelled last year, the team was especially eager to compete on familiar turf. "It was pretty exciting being able to run our home course," remarked Junior Owen Bubczyk, "Just walking down to the stadium getting ready to run made me feel good." In addition to having a home advantage, the boys' cross country team was able to score as a team for the first time all season. Leading up to their home meet, the runners have only been able to score individually, because a minimum of five runners are needed to score as a team. Even though the boys have a varsity team of six members, the Cougars have not had enough runners present at past meets to score as a team.

Catoctin High School's course is only 1.8 miles, whereas the usual cross country course is a three mile run. The Cougar's trail is a hilly, heavily forested area and poses a difficult obstacle for visiting teams. The visiting schools, Damascus, Oakdale, Century, Governor Thomas Johnson, and Manchester Valley brought about one hundred thirty-five competing racers in total. Including Catoctin, there were about 150 runners. The girls' varsity race, which Oakdale did not compete in, consisted of 35 runners, five of whom were from Catoctin. Three of Catoctin's five runners, Rachel Waldron, Emma Strickland, and Brenna Williams, kept towards the front of the pack for the majority of the race. As a result of their persistence, Waldron ended in third place, Strickland in fourth, and Williams in tenth place.

Additionally, Quinn Law-Knotts ended in twenty-sixth, and Olivia Dart in thirtieth. Overall, the girls ended up with a total team score of sixty points, which landed them in second place after Damascus.

Immediately after the girls' varsity team ran the Cougar Short Course, the boys' varsity team began their race. Owen Bubczyk and Eamonn Law-Knotts, both returning members of the team, were the first from Catoctin's team to finish the course. Out of 43 runners, Bubczyk ended up in ninth place, and Law-Knotts in thirty-third. Catoctin's other three runners, Andrew Child, Noah Oleszczuk, and Kolbie Romeril, are all new members of the team. Despite this, the three boys still put all of their effort into meets, and the practices leading up to them. Child placed thirty-seventh, Oleszczuk came in forty-second, and Romeril in forty-third. Although the boys may not have liked where they placed, their times are still very impressive. Child finished after 12 minutes and 32 seconds, Oleszczuk after 13 minutes and 37 seconds, and Romeril after 15 minutes and 47 seconds.

For the last race of the day, the junior varsity boys' and girls' races were combined into one big co-ed race of about 78 people. However, the points were still counted separately. Out of the twenty-five girls who ran the junior varsity race, only four ran for Catoctin. Sophomores Tessa Croyle, Avery Ricketts, and Kasia Bokinsky came in twelfth, sixteenth, and twenty-third place, and freshman Kalei Lawson, in fifteenth. Two of the three teams running the junior varsity race, Catoctin and Governor Thomas Johnson, did not have enough runners to score as a team, leaving Century High School to automatically win the team portion of the girls' junior varsity race. The Cougars did not have a team running for the boys' jv race, which Oakdale won with a score of fifteen points. The Cougar's home meet concluded with a ceremony recognizing the four seniors, Eamonn Law-Knotts, Andrew Child,

Olivia Dart, and Rachel Waldron, and a few alumni who had attended the meet.

On October 13, The Frank Keyser Invitational took place at Boonsboro high school. Unlike the shorter trail at Catoctin, Boonsboro High School's three mile course posed a bigger challenge to the twenty-seven teams running the girls' varsity race. Out of 188 people, Emma Strickland ended in 38th, Brenna Williams in 88th, Quinn Law-Knotts in 152nd, Olivia Dart in 157th, and Tessa Croyle in 181st. Overall, the Lady Cougars placed eighteenth out of the twenty-one teams able to score. Despite the results of the race, Dart, a senior who has been a part of the cross country program since her sophomore year, had confidence in her team's performance. Her team's accomplishments lead her to believe they will do well at the upcoming State Championships. "I think we have a really good shot," Dart assured. "We have a lot of powerful runners. I think our team will do really well at States."

The boys' event included a total of 249 runners at The Frank Keyser Invite. With only four boys present from Catoctin, the Cougars were unable to score as a team. Because of their low numbers, the four focused on their own personal performances. Bubczyk placed best of the Cougars, finishing 77th. Law-Knotts finished next, in 180th. Then came Oleszczuk in 222nd, and Romeril in 245th. Following the varsity boys was the girls' junior varsity race. Catoctin's three participants, Kalei Lawson, Avery Ricketts and Kasia Bokinsky, focused on their development as young runners. Out of 164, Lawson finished in 120th place, Ricketts in 150th, and Bokinsky in 161st.



Eamonn Law-Knotts and Clay Bolling fight for 179th place as they near the finish line at The Frank Keyser Invitational.

For Catoctin, running the Frank Keyser Invite was a great opportunity to practice on Boonsboro's course, which would be the same course they'd run on the following week for CMC Championships. Although runners are not required to place at the meet in order to go to counties, each individual still treats the meet like a qualifier, and puts forth their best efforts into the race. For the Cougars, almost all of Catoctin's seven girls at CMC Championships decreased their Boonsboro course times by a generous amount. The most impressive improvement was Avery Ricketts', who decreased her course time of 32 minutes and 6 seconds to a time of 26 minutes and 11 seconds. Despite ending up in 47th place out of the 54 runners in the division, Ricketts kept her head held high and focused on her outstanding improvement from the Frank Keyser Invite to CMC Championships. Catoctin's other six runners placed in their division as follows: Waldron in fourteenth, Strickland in sixteenth, Williams in 28th, Law-Knotts in 39th, Lawson in 44th, and Croyle in 52nd. The girls' team totaled a score of 265

points, landing them in tenth place out of fifteen teams.

Catoctin had only four boys present at the CMC Championships, deeming them incapable to score as a team yet again. Out of the 52 runners in their division, Child placed 39th, Law-Knotts in 43rd, Oleszczuk in 51st, and Romeril in 52nd. While one of the team's main priorities is to compete well at States, Eamonn Law-Knotts intends on an enjoyable final year as a high schooler. "I want to make this a memorable last year," Law-Knotts stated. "I also want to help my teammates as much as possible so that they can go on to do well in the future."

Even after the season is over, Catoctin's dedicated cross country runners keep up with their training. Most of the runners participate in track and field in order to stay in shape during the off season. Next year, both teams hope to recruit new members and expand the program. Both the players and Coaches look forward to priming future Catoctin Cougar runners.

To read other articles by Grace, visit the Authors section of Emmitsburg.net.

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MOUNT SPORTS

Sports update and November offerings

Collin Rivello
MSMU Class of 2021

With November upon us, the basketball gods awaken from their annual slumber and deem those worthy with successful seasons and those unworthy with... well, sub-par performances and end-of-season records. But before basketball season, comes the end of the soccer and cross-country seasons. Let's break down everything that happened in October and then look at the exciting athletic events to come in November!

Women's bowling is off to a sizzling start in their inaugural season under head coach Kenneth DeGraaf. At the Bud Whitman memorial hosted by Kutztown from October 13 through 14, the Mount took home the trophy with a perfect 5-0 record on day one, defeating two nationally-ranked teams in No. 24 Kutztown University 906-843 and No. 15 Adelphi 1027-923. On the second day, they went 4-1, with the lone loss coming to Daemen College 859-815. The Mount still defeated yet another nationally-ranked team, No. 19 LIU Brooklyn 895-773. The Mount finished with a 9-1 tournament record, leading all schools at the tournament in win percentage (90).

The team, itself in its first year of existence, consists of nine freshmen; Coach DeGraaf had this to say about his young, but skilled team: "For a group of all freshmen to come in and win their first-ever college tournament and post the best record all weekend is incredible. They were not afraid of any team, and showed it by going a perfect 3-0 against nationally-ranked teams. Still, we know we have work to do to get better, and we will focus on that before our home tournament." From November 2-4, the Mount will compete in the Virginia Union Invite and then from November 16-18, they will partake in the Hawk Invite before the NEC Jamboree in December. We look forward to watching the team christen its first year with more victories in the coming months!

Mount cross-country also found a win in October. The men's team took home first place at the Gettysburg Invitational on October 13 with a team score of 41 points. They placed their top five runners in the top 20 of finishers to defeat conference foe St. Francis (Pennsylvania) who took second with a score of 59. The defending Gettysburg Invitational champion, the Mount's own Nicholas Fransham '19, could not repeat as the 2018 champion as he placed second in this year's race. Fransham did, however, finish the 8k course as the top collegiate finisher with a time of 25:54.9. The men's race had 28 teams competing. The women placed fifth out of 30 teams and put two runners in the top 10 finishers (3rd and 8th).

In soccer news, the men's team finally managed to land their wheels on the tarmac, as they tallied their first win of the season against VMI

on Sept. 22. A penalty-kick in the 71st minute allowed the Mount to take the lead and their defense held up strong to allow graduate goalkeeper Bobby Edwards to earn his first shutout of the season.

The Mount earned their second win of the season and their first in conference play at CCSU on October 12. The Mount pulled out a 2-1 win on goals from junior Boris Nana Tonzi and sophomore Andrew Lasso.

"It has been an absolute pleasure to watch this team grow up over the last few weeks," said Head Coach Bryan Cunningham. "Tonight we were tested, and we buried our mistakes from the past and were able to get three valuable road points. I am proud of this team's resilience and perseverance."

On the women's side, they too have found better luck in October, winning two of their first three games of the month. They shut out Robert Morris 2-0 and Sacred Heart 1-0 but lost to Saint Francis University 1-0. The victory against RMU on October 5, was the team's first win since August 31, when they defeated Howard by a 2-1 margin.

The swim & dive team's season also started in October with the women dominating VMI in a dual meet on October 6, scoring 126 points to VMI's 80. The Mount swept the 200 medley-relay and placed first in six other swimming events to improve the Mount's all-time dual meet record against VMI at 12-0. Junior Laura Kingham

scored a 162.65 in the 1-meter diving event to take home a win for the Mount as well.

In only their third season at the Mount, the men's swim & dive team lost to VMI 137-90. Junior Will Twizell won the 200 IM (1:59.21) and the 100 breast (58.71) while sophomore Ryan Carrol picked up an individual victory as well in the 100 fly with a 53.92.

The men's and women's teams will host Howard and Monmouth on November 3, before traveling up to Franklin & Marshall for an invitational from November 16 through 18. They'll wrap up the month at Loyola with the H2ounds Invitational.

In men's golf news, the team picked up a 17th place (935) finish at the Firestone Invitational held at Akron, Ohio from October 1-2. Two young team members gave an impressive performance at the invitational. First-year Michael Robinson and sophomore Nacho Gomez finished 1-2 for the Mount with Robinson putting a three-day total of 232 and Gomez putting up a 233.

Now it's time for the much-anticipated basketball news. The men will host Hood in an annual exhibition game at Knott Arena on November 1 at 1p.m. They will then open up their season at NC-State in a nationally-televised game on November 6. Last season, NC-State qualified for the NCAA tournament as a nine-seed. The Mount will then travel to Hofstra on the 9th and Marshall on



The women's soccer team plays against FDU as they attempt to secure their spot in the NEC Tournament.

the 14th. They will end their four-game road trip against Maryland on the 18th. They will come back home to kick off their home-opener against North Carolina A&T on the 21st, before wrapping up November at Morgan State on the 25th.

The team consisting of nine freshmen, seven sophomores and one graduate will be led by first-year head coach Dan Engelstad.

For the women, second-year head coach Maria Marchesano will take the helm of a program that went 9-20 (6-12 NEC) last season. They will kick off their season at home against Washington College on November 6, then head out on a three-game road trip, facing off against powerhouse Michigan on November 9, and Duquesne (12) and Rider (17). Last season, Michigan was the seventh seed in the NCAA tournament and advanced to the Round of 32. The Mount

will then finish off November at home against Towson on the 24th.

"This year's non-conference schedule will give our team some early challenges against two teams that are consistent postseason contenders in Michigan and Duquesne," said Marchesano. "We will also get the opportunity to battle it out against four different in-state rivals, including the annual Catholic Clash at Loyola this year. Our ultimate goal is to continue to grow and take the steps needed to be as prepared as possible when our conference season rolls around, and we certainly feel like this schedule does that for us."

Mount fans are ready to make some MountMayhem with the team as the basketball team kicks off another exciting season!

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COMPLEMENTARY CORNER

Meditation is valuable!

Renee Lehman

This summer, 12 Thai boys and their soccer coach, Ekapol Chanthawong, were rescued after being trapped in the flooded Tham Luang cave. The press covered every moment of their rescue by a team of Thai navy SEALs and other international divers. Rightly so, this rescue was celebrated around the world. What we did not hear much about was the state of the boys when they were first discovered by a pair of British divers nine days after they went missing.

The 11 to 16-year-old boys were not crying or screaming. They and their 25-year-old coach were sitting quietly in the dark, meditating. Yes, they were meditating. Chanthawong, a former Buddhist monk, meditates daily. He

taught and guided the boys in meditation to keep the boys calmly breathing and emotionally balanced during this endeavor. The meditation was also credited in helping the boys conserve their energy while they were in the cave.

While in the cave, Chanthawong taught the boys the basic principles of meditation, specifically, how to keep themselves calm. He did not keep them calm. He taught the boys how they each could keep themselves calm. This is an important distinction to be made. Chanthawong taught each boy how to connect with their own peacefulness and inner stillness.

This Needs To Be Celebrated!

Meditation needs to be celebrated! The idea that meditation would be useful in extremely stressful situation, like being trapped in a cave, is no surprise.

Buddhist meditation has been around for over 2,000 years to decrease suffering and achieve inner peace. Today, meditation is used by many people to decrease stress on the mind and body, and for general health and well-being.

Meditation Research:

In a 2012 study by Richard Davidson, a neuroscientist at the University of Wisconsin, meditation was found to help us cope with stressful situations. More recently, he has found that people who meditated were able to savor positive emotions.

A 2014 study by Johns Hopkins researchers for the Agency for Healthcare Research and Quality found that meditation, and mindfulness, can have a role in treating depression, anxiety, and pain in adults — as much as medications but with no side effects. Meditation can also, to a lesser degree, reduce the toll of psychological distress, the review found.

Finally, evidence has been increasing that people with chronic diseases (including heart disease, stroke, cancer, diabetes, and arthritis) can gain benefit from using meditation. Currently, the National Center for Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health (NIH) is investigating the effects of meditation on post-traumatic stress disorder, on pain regulation, high blood pressure, stress reduction for urban youth, and depression (clinicaltrials.gov).

Forms of Meditation:

Basically, there are 2 categories of meditation. One category is classified as concentrative and the other is non-concentrative. Concentrative forms have the meditator focus attention on a single stimulus (for example, a sound, their breath, thought, or word) for a specific time. Non-concentrative forms have

the meditator paying attention (or observing), in a nonjudgmental way to his/her thoughts (for example, observing a fear that comes up and not reacting to it, instead, just watching it). Keep in mind that all forms

of meditation have the common objective of calming the activity of the mind (monkey mind) so that your focus can be turned inward. This will then bring stillness, and you will experience peace and contentment that lies within you. See the table below for examples of these two forms of meditation.

Concentrative Forms:

Transcendental Meditation (TM) - was brought to the United States from India in the mid-1960s by Maharishi Mahesh Yogi. It is relatively simple and involves the continuous chanting of a mantra (a word or sound) while sitting in a comfortable position. You can either repeat it aloud or in your head. The purpose of repeating the mantra is to prevent your mind from wandering. If other thoughts do enter your mind, be passive, and don't fight them. Let them come in and out of your mind and return to your mantra.

Breathing Meditation - is about watching and being aware of your breath during meditating. Start by staying in a comfortable position and close your eyes and pay attention to your breathing. Take long, slow breaths through your nose to work your diaphragm and allow oxygen to the bottom of your lungs. Pause for a few seconds and then exhale slower than your inhale. As your mind wanders, re-focus on the air going in and out of your nose and throughout your body.

Walking Meditation - involves meditat-



ing while walking or even during a run. As your mind starts to wander, concentrate on the movement of body parts and your breathing. Pay attention to the feeling of your feet as it touches the ground.

Non-Concentrative Forms:

Mindfulness Meditation originates from the Buddhist tradition. It is about focusing on what is happening around you and being aware of your thoughts and feelings during the process of meditating. There should be no judging of your thoughts. Rather, your thoughts should be observed intentionally and nonjudgmentally, moment by moment. You can start by watching your breath, then move your attention to the thoughts in your mind and even the sounds and sights surrounding you.

We can all learn an important lesson from Chanthawong and the 12 boys. If meditation helped to save their lives (which I believe it did), it can help to save your life, too. When will you try meditation? Start right now. Put down the paper for a few minutes and just focus on your breath. What have you got to lose?

"Half an hour's meditation each day is essential, except when you are busy. Then a full hour is needed."

—Saint Francis de Sales

"Meditation can help us embrace our worries, our fear, our anger; and that is very healing. We let our own natural capacity of healing do the work."

—Thich Nhat Hanh

Renee Lehman is a licensed acupuncturist and physical therapist with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



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Chronic disease support

Kelsey Shupe
Frederick Memorial Hospital

Chronic disease accounts for an estimated 80% of Maryland's current healthcare costs. So what exactly qualifies as a chronic disease?

"Think of a chronic disease as a condition that lasts a long time—at least three months or more," said Sara Littleton, Manager of Frederick Regional Health System's Care Transitions program. "These are the conditions that can't be prevented by vaccines or cured by medication, nor do they just disappear. They require regular monitoring and careful management. Examples of these types of conditions include diabetes, heart disease, chronic obstructive pulmonary disease (COPD), hypertension, obesity, asthma, and many more."

Frederick Regional Health System's Monocacy Health Partners CARE Clinic offers programs and services to help people with chronic diseases manage their conditions, improve their quality of life, reduce health complications, and minimize their need for emergency care. A local family graciously shared their experience with these services.

The Timpson Family

Mary Elizabeth Timpson was a hard worker. Over the years, her family recalls her working at the Peter Pan Inn and the housing department at Fort Detrick at the same time, while also doing other domestic work. She volunteered many hours a week as Auxiliary Commander of the Disabled American Veterans, Chapter No. 5, and served many years as secretary for Friends of Frederick, Inc. She was a faithful member of St. John's Catholic Church, which she attended regularly until her health no longer permitted. Her potato salad, greens, macaroni and cheese, and apple cakes were legendary among her family and church community, and she always made plenty to share.

"You might walk into Aunt Lizzy's home hungry or empty-handed," said her daughter-in-law Sharon Timpson, "but she saw to it that you didn't leave that way."

As her congestive heart failure got progressively worse, Mary lost her appetite. Without food to help metabolize her many medications, she often felt weak and dizzy.

Mary Timpson's family was very attentive. Her only son, Eric, and his family lived next door and adjusted their schedules so that someone was with Mary as often as possible. Despite the family's careful attention, Mary's health began to decline, and Eric felt like he needed some help sorting out his mother's complex needs, including her medications.

One of Mary's home care nurses told Eric about Frederick Regional Health System's Monocacy Health Partners CARE Transitions team, and suggested he reach out to the program for some support. That first phone call was hard to make, but Eric says he instantly felt heard and understood by the team. And that was the beginning, says Eric, of feeling empowered to care for his mother in the same way she had always cared for him and her many siblings,

grandchildren, nieces, and nephews.

"I could see her going downhill because she wasn't eating and her memory was failing," said Eric. "I had a feeling something was going on with her medications, but I needed a professional to help me sort all that out. Tricia really stepped up and became my voice. She helped me figure out my questions in advance so that we could really make the best use of the doctor's time."

Eric worked closely with CARE Transitions pharmacist Tricia Cash to learn more about the prescriptions his mother was taking and how best to administer them. Tricia even went with Eric to several of Mary's doctors' appointments to discuss dosage amounts and side effects with the physician. Dietitian Emily Spear connected the family with Meals on Wheels to supplement the homemade food they brought Mary daily.

When Mary Timpson died in July, Eric says he and his family found some comfort in knowing that they had been able to care for her in the same way she had always cared for everyone else.

"My mother was a caregiver and a helper in every way," said Eric. "It

meant a lot to me and my family to be able to make her comfortable and peaceful at home until her very last day on this earth. Tricia and Emily really helped us give her that gift at the end of her life."

Taking Charge of Chronic Disease

Frederick Regional Health System offers programs and services to help people with chronic diseases manage their conditions, improve their quality of life, reduce health complications, and minimize their need for emergency care:

Care Transitions: Ensures that patients with chronic diseases have a safe transition from Frederick Memorial Hospital to home connects them with community resources to help them manage their medications, obtain needed medical supplies and equipment, and make the changes required to live healthier lives.

CARE Clinic: Provides short-term follow-up care for patients who are discharged from FMH. In addition, the CARE Clinic team also helps patients with chronic diseases to understand their treatment



plans and their roles in self-care.

Support Groups: Provide education and support for individuals dealing with diabetes, heart failure, hypertension, and chronic obstructive pulmonary disease (COPD), asthma, stroke, and more.

Living Well Classes: Educate participants about how to manage their health condition, nutrition and healthy eating, maintaining and improving strength, planning a fitness program, and communicating effectively with family and healthcare providers.

FIHN Care Managers: Care Managers assigned to specific physician practices help patients learn how to better manage their chronic diseases and assist them in accessing community resources.

Center for Diabetes and Nutrition Services: This practice helps patients understand diabetes and take control through carbohydrate counting, blood sugar monitoring, meal planning, and weight management.

Call 301-360-2574 for more information about any of these programs and services.



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Visit LiveWellFrederick.com to learn more about 5-2-1-0, get healthy recipes, learn about upcoming events, and get downloadable apps.

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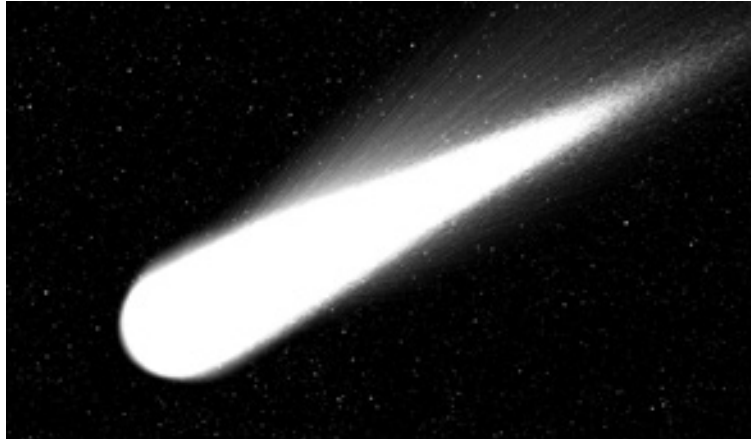
ASTRONOMY

The night sky of November

Professor Wayne Wooten

The moon is last quarter for Halloween, rising at midnight, a little late for trick or treaters. Seasons changing, and Daylight Savings Time ends on November 4th. The waning crescent moon is ten degrees north of Venus on November 5th; note this time last month, Venus was still well up in the evening sky! The moon is new on November 7th, and seven degrees north of Mercury in SW twilight on November 9th. On Veterans Day, the moon is 1.5 degrees north of Saturn, and the first quarter moon is one degree south of rapidly fading Mars on November 15th. The waxing gibbous moon will interfere with the Leonid meteor show, which will peak on the morning of November 18th; wait until after the moon sets about 3 a.m. for best viewing of perhaps a meteor every five minutes out of Leo in the east. The full moon, the “frosty” moon in the days before global warming, happens on November 23rd. The last quarter moon rises at midnight on November 29th.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about October 31st visit the www.skymaps.com website and download the map for November 2018; it will have a



Comet 46P/Wirtanen will be closest to Earth on Dec. 16. Look for it above the eastern horizon after dusk all month long! It will be bright enough to see with the naked eye, and will look even more spectacular with binoculars and telescopes.

more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. Sky & Telescope has highlights of the best events for each week at <http://www.skyandtelescope.com/observing/astronomy-podcasts/>.

We are losing planets from the evening sky fast. Venus passed below the sun into the dawn sky in late October, and Jupiter is lost behind the sun as well. Mercury is at greatest eastern elongation on November 6th, but gone in the sun's glare by mid-month. Saturn will likewise be gone by month's end, but Mars will remain in the SW sky for the rest of the year. The earth is leaving it behind, so it is much smaller, fainter, and more challenging to see any detail now, however.

Setting in the southwest is the teapot shape of Sagittarius, which marks the heart of our Milky Way Galaxy,

with Saturn just above the lid of its teapot. The best view of our Galaxy lies overhead now. The brightest star of the northern hemisphere, Vega dominates the sky in the northwest. To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear autumn evenings. Use binocs and your sky map to spot many clusters here, using the SkyMap download to locate some of the best ones plotted and described on the back.

Overhead the square of Pegasus is a beacon of fall. South of it is the only bright star of Fall, Fomalhaut. If the southern skies of Fall look sparse, it is because we are looking away from our Galaxy into the depths of intergalactic space.

The constellation Cassiopeia makes a striking W, rising in the NE as the Big Dipper sets in the NW. Polaris lies about midway between them. She contains many nice star clusters for binocular users in her

outer arm of our Milky Way, extending to the NE now. Her daughter, Andromeda, starts with the NE corner star of Pegasus' Square, and goes NE with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the top star in the W of Cassiopeia, and look for a faint blur with the naked eye. M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. Like our own barred spiral, it has a concentration of old yellow giant stars toward the center, but many young blue stars being made from the pink stellar nurseries in its arms. It also has two companion galaxies, M-32 and M-110, much as the Milky Way has the Large and Small Magellanic Clouds for naked eye viewers in our Southern Hemisphere.

To the northeast, Andromeda's hero, Perseus, rises. Perseus contains the famed eclipsing binary star Algol, where the Arabs imagined the eye of the gorgon Medusa would lie. It fades to a third its normal brightness for six out of every 70 hours, as a larger but cooler orange giant covers about 80% of the smaller but hotter and thus brighter companion as seen from Earth. south. Look at Perseus' feet for the famed Pleiades cluster to rise, a sure sign of bright winter stars to come. This is probably the best sight in the sky with binoculars, with hundreds of fainter stars joining the famed “Seven Sisters” with 10x50 binocs.

In fact, yellow Capella, a giant star the same temperature and color as our much smaller Sun, rises at 7 p.m. as November begins along the northeastern horizon. It is the fifth brightest star in the sky, and a beacon of the colorful and bright winter stars to come.

Prepare for a wonderful Christmas Comet

Get ready for what astronomers are predicting to be a bright, possibly naked eye, Christmastime comet: 46P Wirtanen.

As this comet is slowly closing in on perihelion this December 16 (closest pass by the sun) it will also swing closely by Earth four days later in December and it perhaps might be as bright as 3rd magnitude, or even a bit brighter.

At 11 million miles from Earth, this will be the 10th closest pass of any comet ever known to Earth when it speeds rapidly by on December 19. As you gaze at this comet among the distant stars telescopically, you WILL be able to watch its position change hour-to-hour as it moves rapidly north-north-eastward each night from far southern skies, into high northern skies by December.

From December 15-18 Comet Wirtanen will be moving between the two magnificent star clusters the Hyades and Pleiades in Taurus, the bull and will be likely naked eye at that time.

In early November 46P will be very low and not visible for northern observers, in the constellation of Fornax; however within a few weeks of late November, it will be moving ever-more-quickly into northern skies particularly after the first week of December, where it will move slowly northward through the constellation of Cetus, the Whale.

This comet was discovered in 1948 by astronomer Carl Wirtanen and has a very short orbit around the sun - some 5.4 Earth years to complete one orbit. Since discovery, it has not passed as close to the Earth as in 2018.

To read past edition of the Sky at Night visit the Authors section of Emmitsburg.net.

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- Cyril Connolly (1903-1973)

Mid-Atlantic Weather Watch:

Snow in the northern part in the region, rain in the south (1) with fair and cold weather to follow (2, 3, 4, 5). Heavy snow in the north, showers in the south (6, 7, 8); fair and cold again (9, 10, 11, 12, 13, 14, 15, 16, 17) with more snow, mainly in the south; fair and much colder (20, 21, 22, 23, 24, 25, 26, 27, 28, 29) with light snow (30).

Full Moon: November's Full Moon will occur on Friday, November 23rd. Many Native American tribes have called it both Dying Grass Moon and Falling Leaf Moon because of the colder days and heavy frosts killing off most of the grasses and almost all of the leaves have fallen during this month. And because of the high winds that would sweep through many regions this time of year, many other tribes have called it Big Wind Moon.

Special Notes: Remember to 'fall back' on Sunday, November 4th at 2 a.m.

when Daylight Savings ends for 2018.

Holidays: Elections are traditionally held on the first Tuesday of November. This year, they will be held on Tuesday, November 6th. Please remember that every vote counts! It is most important, now more than ever, to remember that this is the time for your voice to be heard. Sunday, November 11th is Veterans Day when we honor all of our military service branches. We must never, ever forget the sacrifice that millions of servicemen and women have made in the past and especially those who continue to serve, many who are in harm's way. Without their service and dedication, we would not have the freedom to create our own destiny, speak our minds, or practice the religion of our choice. Celebrate Thanksgiving this year on Thursday, November 22nd with family and friends. We all have so much to be thankful for and we should carry that thankfulness beyond the holiday season.

The Garden: Even though lawns rest in winter, they still need all the winter sunlight they can get so don't put

away the rake until all of the leaves and pine needles have fallen and you can remove them. Keep watering until the ground temperature reaches 40 degrees F.

Now is the time to start those forced bulbs that were placed in a cool area in August or September. If you've decided to store your bulbs indoors for the winter, try storing them in a pail filled with sawdust after they have dried off from being in the ground. Pot up some spring flowering bulbs for indoor color during the winter. Store the pots in a cool, dark place, until new growth emerges from the soil, and then move them to a bright window.

Winter heating dries the air out in your home considerably. Help your house plants survive by misting them or placing the pots on a pebble filled tray of water to ensure adequate humidity and moisture. Take the time to organize, clean, and sharpen your garden tools. Keep them from underfoot, cleaned, and sharpened and they will be ready to go come Spring.

J. Gruber's Thought For Today's Living

"Do not regard liberty and freedom so lightly that you forget its value and take it for granted"

COMPUTER Q&A

Don't risk losing all of your data!

Aysë Stenabaugh
Jester's Computer Services

Unless you have a newer computer that is utilizing a solid state hard drive or flash storage (which from my own personal encounters can still be problematic) you should know that your data is not safe if stored in only one location. Standard hard drives have moving parts and any electronic device with moving parts will eventually fail. Studies have shown that hard drives experience a higher failure rate during the first year of use and the failure rate spikes even higher after three to four years of use. What can you do to ensure your data won't be lost due to hardware failure?

If your computers motherboard fails, your data should be accessible, however, if the hard drive that stores the data fails and you didn't create a backup -you're out of luck. If you have pictures, documents, music or videos that you don't want to lose you need to have a backup of that data to ensure it won't be lost. There are several backup options including flash drives, CD/DVD's, external drives and cloud storage. Read more below about each of these storage options and the pros and cons of each.

What type of backup solution is right for me? Depending on your budget and your skill level you may favor one backup solution over another. The four types of backups that we are covering each have their own advantages and disadvantages. You might prefer something more automated which will cost a bit more or something inexpensive that you can manually maintain might be more desired.

Flash Drives – For those who are comfortable manually copying files from one storage location to another and don't need a more complex automated backup system a USB flash drive is an affordable option (with lower storage capacity drives averaging \$20). They come in varying sizes and get more expensive the larger the storage capacity. USB devices have an estimated lifespan of 10,000 uses (meaning the number of times the device is expected to last when plugging and unplugging the device)

CD/DVD's – This used to be a great way to store data until flash drives came along. Burning discs can be more complicated than copying files to a flash drive and since they can be scratched or broken they aren't as reliable as flash drives are today. This storage method, while not preferred, may be the only option in situations where company policies don't allow the use of external USB devices. In which case be sure to store your CD or DVD's in a case to help resist damage. One benefit to using a disc as a storage medium is that other than being damaged the discs themselves can't wear out.

External Drives – An external or backup drive can be a bit pricier (Averaging around \$100) but with the additional storage space and fea-

tures make it worth the expense. With the drives included backup software or Windows' built in backup software your drive can be set to back up on a schedule to ensure that it keeps any data being adding to your computer safe. With Windows and some other software applications you can even create an encrypted system image. This is a highly sought after feature that allows you to take a snapshot of your computer allowing you to restore your computer back to the state it was in when the image was created – programs included! In addition to having a snapshot the system image is encrypted unlike a standard backup which means that a system image that was created prior to

being infected with the CryptoW-all virus (which renders all of your personal data including pictures and documents inaccessible) could be restored without losing data.

Cloud Storage & Backup – Some companies like Carbonite offer a fully automated online backup system. Others, like Dropbox or Microsoft's OneDrive, allow you to store data in designated folders both on your storage device and in cloud

storage. Data plans for Carbonite range from \$60-150 a year depending on the level of service you choose. If you are using an internet provider that limits your monthly data usage (like a cell carrier typically does) you may want to exclude cloud storage as a data storage option.

Don't wait until it's too late to learn how important backing up your device can be. Unless you have absolutely no pictures, documents etc. stored on your computer or device that you can't live without we highly recommend choosing a backup solution as soon as possible. Hardware failures can occur at any time in both new and old hardware. Yearly maintenance on your device can help to identify potential hardware failures but even then there is no crystal ball to determine when your hard drive will fail.

Save \$10 during the month of November when you visit Jester's Computers for a hard drive replacement, upgrade or backup drive solution. We are located at 5135 Fairfield Road right on route 116, call us at 717-642-6611 or visit us on the web at www.jesterscomputers.com.



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UPCOMING EVENTS

November 2

4-H Benefit Auction - Bid on hand-crafted items, gift certificates, theme baskets, collectibles and items from local businesses and individuals during the live and silent auctions. This event is open to the public. For more information, or if you would like to donate to the auction, call 717-334-6271 or email tlg30@psu.edu.

November 4

Cumberland Valley School of Music's 29th Gala Showcase concert program "More Than Four: Celebrating Musical Seasons" at the Thomson Alumnae Chapel on the Wilson College Campus.

Zigbone Farm Retreat Open House in Sabillasville. Nestled in Harbaugh Valley at 6612 Harbaugh Road. The retreat is a working farm with many sheep and fainting goats, along with harvesting hay and the recent planting of an apple orchard. The event is free

with proceeds generated from donations and from the sale of food and beverages benefitting the Blue Ridge Summit Free Library's contribution to the Mason Dixon Scholarship fund.

November 8

Adams County Community Foundation Giving Spree at the Gettysburg Area Middle School. The Giving Spree provides an opportunity for anyone to meet with and support 75 local nonprofits. For more information visit www.adamscountycf.org.

November 9

Thurmont Art & Wine Stroll. Stroll down Main Street and meet local artists. Live drawing session, interactive painting, meet local artists and view their work. Local wineries will be on hand with other wines along the way. Live entertainment in Mechanicstown Square. A Great Way to start the Holiday Season!

November 10

St. Francis Xavier Parish's 7th annual Gift Fair and Holiday Bazaar at Xavier Center, 465 Table Rock Road, Gettysburg. Vendors and crafters, fair trade items, timeless treasures, baked goods, collectibles, children's activities, raffles and door prizes. For more information visit www.stfxcc.org.

November 11

Veterans Day all-you-can-eat old-fashioned country breakfast fundraiser at Taneytown's St. Joseph's Church Hall. All veterans are invited to bring their military memorabilia (photos, caps, uniforms, gear, etc.) for display at our head table and, if able, to dress in their military uniform. All proceeds support the Knights Of Columbus charitable and service programs.

Trinity UCC, 5th Annual Veterans Day Celebration and Luncheon. U.S. Army Ret. Lt. Col. Chaplain Carol

Van Schenkhof will be the featured speaker, assisted by Trinity Pastor Sean DeLawder who will recognize living and deceased veterans. Everyone planning to attend, both public and veterans must RSVP to: tootielenhart@comcast.net or call 301-271-2655 so that food can be planned and veterans info can be listed in our program.

Men's Club at Fairfield's St. Mary's Church's all-you-can-eat pancake breakfast in the church hall. For additional information call 717-642-8815.

Oak Hill Church of God presents The Keystone Quartet Southern Gospel Group. 10053 Legore Bridge Road, Keymar. For more information call 301-271-2503.

The Weinberg Center for the arts presents the U.S. Air Force Concert Band and Singing. These premier musical units inspires patriotism and military

service in fellow citizens, honors those who serve, and represents the U.S. Air Force and United States of America to millions worldwide. For more information call 301-600-2828.

Music Gettysburg! presents Jeffrey Fahnestock celebrates Armistice Day with heart-rending settings of poetry from the Great War. For more information call 717-339-1334 or visit www.musicgettysburg.org.

November 14

Mother Seton School STEM Fair - come see what our junior scientists and inventors have come up with this year! From experiments to engineering, our students show off their scientific skills. Please visit www.mothersetonschool.org for more information.

November 17

15th Annual Remembrance Illumination at the Soldiers' National Cemetery in Gettysburg. This solemn commemoration features a luminary candle on each of the 3,512 Civil War soldier's graves. This event is free and open to the public. For more information call 717-338-1243 or visit www.gettysburgfoundation.org.

November 19

Gettysburg's Dedication Day - Anniversary of the Gettysburg Address and the Dedication of the Soldiers' National Cemetery. Each year since 1938, the Lincoln Fellowship of Pennsylvania has commemorated Lincoln's Gettysburg Address and rededicated Soldiers' National Cemetery where Lincoln spoke on this date. For more information visit www.lincolnfellowship.wildapricot.org.

November 22

Creagertown's Lutheran Church's Thanksgiving Day Dinner.

November 23

Gettysburg Christmas Tree Lighting. Visit with Santa, hear strolling carolers, enjoy light refreshments. Downtown Gettysburg, Lincoln Square.

November 23-25

Gettysburg Community Theatre's Home for the Holidays 2018 Annual Christmas Concert! For more information call 717-334-2692 or visit www.gettysburgcommunitytheatre.org.

November 24

The Weinberg Center for the Arts presents Tuba Christmas - The popu-

**Mother Seton School *
Breakfast with Santa
&
Christmas Bazaar** 

*** Saturday, December 1, 2018
8 a.m. to 12 noon
Breakfast**

\$7.00 7 to Adult **\$5.00** 3 Yrs. - 6 Yrs.
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Orders Must Be Picked Up Nov. 17 From 6 - 10 am
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UPCOMING EVENTS

lar tuba comrades of Frederick return with a variety of brassy Christmas hits, delighting audiences of all ages in an annual Weinberg Center tradition! Join us for an afternoon of holiday fun with as many as 80 regional tuba and euphonium players performing 4-part Christmas carols. For more information call 301-602-5041.

Concert by world-renowned brass quintet, Canadian Brass at the Capitol Theatre in Chambersburg. Tickets are currently available at the Capitol Theatre at 717-263-0202 or online at www.thecapitoltheatre.org.

November 29 & 30

Elias Lutheran Church Annual Yard Sale Christmas items, clothing of all kinds, books, kitchenware and you name it! For more information call 301-447-6239.

November 30

Gettysburg's Trinity UCC 40th Annual Holiday Bazaar. Purchase hand made gifts, crafts and ornaments. Check out the delicious treats at our bake sale and find some treasures at our silent auction. Trinity United Church of Christ, 60 E. High St. Gettysburg. For more information call 717-334-7266.

Calling all bakers! It's time to plan construction for that beloved holiday tradition, the 9th Annual Gingerbread Celebration & Holiday Mart. The public is invited to view and vote for their favorite gingerbread house. Also featured are quality crafts by local artisans,

children's activities including the perennial favorite Cumberland Valley Wood turners' pencil-making station, silent auction with great holiday gift baskets, and a bake sale. For more information visit www.adamsarts, or call 717-334-5006.

Events at Hollabaugh Bros.

November 8

Pumpkins – Adult cooking class. Pumpkin mania is coming back! Although we will not be making pumpkin lattes in our cook-

ing class, we will be making many delicious pumpkin dishes. Pumpkin-use varies far and wide from lattes and jack-o-lanterns and we will teach you some of the amazing things you can do with them in your kitchen.

November 10

Kid's Thanksgiving event. Catch a little thankful spirit at Hollabaugh this November at our Kid's Thanksgiving event. We will start with story time, enjoy a craft and eat some snacks, and do everything with a "thankful" flare. The kids will be thankful for a fun

time, you'll be thankful that the craft mess isn't at your house, and we will all be thankful that we are not turkeys!

November 17

Give Thanks Paint along event. Looking for that perfect touch to complement your Thanksgiving table? Join us and create a beautiful new wall hanging to remind even your most pessimistic guest to be thankful this year. A professional artist will walk you through the entire painting process.

November 30

9th Annual Holiday Open House. Join the Hollabaugh family for a celebration of the holidays, featuring lots of great products to sample, wonderful refreshments to share, sales and specials throughout the market, and seasonal gift items and decorations to prepare your home for the holidays.

For more information about any of the events at Hollabaugh Bros' call 717-677-8412 or visit www.hollabaughbros.com.

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BINGO

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In The Activities Building
Doors Open At 5 p.m. - Games Start At 7 p.m.

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**126th Annual
Thanksgiving Dinner**
Thursday, November 22, 2018
11:00 am to 4:00 pm

Menu: Roast Turkey, Country Ham, Mashed Potatoes, Gravy, Sweet potatoes, Corn, Green Beans, Homemade Cranberry Relish, Pies & All The Trimmings.
Fancy Table ~ Homemade Items
Adults: \$20 Children (7-10) \$10
Children Under 7 FREE Carry-Out \$22

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