

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## County recognizes valor of local fire companies

On Monday, April 15, at the Walkersville Volunteer Fire Hall, the Frederick County Volunteer Fire and Rescue Association and Ladies Auxiliary held their 26th Annual Volunteer Recognition Ceremony. It was at this ceremony that local fire company units, Thurmont's Guardian Hose Company, Emmitsburg's Vigilant Hose Company and Thurmont Medic 30 and MSP Trooper 3, were recognized and honored for their heroic endeavors last year, by receiving the Outstanding Unit Award.

The Outstanding Unit Award was presented in recognition for extraordinary bravery, teamwork or special service provided during an emergency response. A unit can be personnel from a single department or individuals from several departments, agencies or teams who worked together on a single incident.

On June 16, 2018 crews were dispatched to a vehicle accident with rollover on Sabillasville Road. Prior to dispatch, a civilian drove to the fire station to advise members that he was taking photos of the railroad bridges when he noticed a SUV flipped upside down in the

creek but wasn't sure if anyone was inside the vehicle. Thurmont's Rescue Squad 10 responded with Mike Double, Lt. Brian Donovan, Jared Snyder and Brad Weddle, while Engine 101 responded with, Terry Frushour, Mike Beard and Brandon Boyle. Fire Police Robert Black and Medic 30, Sarah Willis also responded to the accident.

With help from Emmitsburg's Squad 6, who responded with Assistant Chief Joshua Brotherton, Cliff Shrinier, Ingrid Hazbon, Shawn Wetzel and Nicole Burriss, all attending squads were able to save a victim rescued from a vehicle accident that ended up being a high angle rescue. Personnel had to wade through waist high vegetation, then down to a ravine, over a raised railroad track to get to the edge of Owens Creek, which was the actual accident location. Once onsite, a large SUV was found upside down and facing the opposite direction of its original travel.

What made the situation worse was the vehicle had catapulted in the air from driving across the raised railroad bed and dropped over the concrete river bank falling approximately twenty feet.



John Hollinger, Jr., of the Vigilant Hose Company, was recognized with the Reeder Golden Service Award for his 72 years of active volunteering to the community.

This was delicate work due to the elevated water level and fast water current. Multiple personnel used a stokes basket, ropes and various apparatus to obtain the patient. The patient was then wrapped and secured prior to moving to land. A brief trauma assessment was conducted by EMS personnel along with Medic 30. The patient was taken by ambulance to a nearby school and transferred to the awaiting MSP helicopter - Trooper 3 - for transport to a trauma hospital.

It was determined later that the

patient was identified and found to be a local woman who was reported missing a day prior to the accident. It was believed that the woman had been in the water for close to 24 hours prior to rescue. Thanks to the entire response team, the patient, luckily, recovered from her injuries.

Other awards presented that evening went to outstanding individuals from our local fire companies of Rocky Ridge, Graceham and the Vigilant Hose Company.

Continued to page 25

## 2018, a year of change for Strawberry Hill

A year of change and growth at Strawberry Hill. Under the leadership of a new Director, Kara Ferarro, the foundation in Fairfield saw what is just the beginning of many changes to come.

Financially, Strawberry Hill underwent some major changes. In June, the organization divested 560 acres to Pennsylvania Department of Conservation and Natural Resources Bureau of Forestry. This strategic decision fulfilled Frances Froelicher's vision by protecting the preserve through public ownership, enhancing recreational access, and ensuring permanent stewardship of the Swamp Creek Watershed. Proceeds from the sale bolstered the organization's investment value to \$1.4 million, which provides a stable source of income to support educational programming. Additionally, members of Strawberry Hill increased their financial support by 46%, providing more than \$37,000 for environmental education.

Over the summer, Specialty Granules LLC (SGI) awarded Strawberry Hill \$8,000 towards their Middle Creek Trout Habitat and Erosion Control Project. This

project aims to reduce sediment erosion in an exceptional value stream, improve trout habitat, and provide a unique best management practice educational tour for people visiting Strawberry Hill.

In October, an education committee was re-established at Strawberry Hill. Led by Education & Outreach Coordinator Lizzy Ryan, this group of ten community members has worked to establish a few key goals in 2019. These goals include: offering themed, guided hikes every month; creating an adult nature journaling series; developing a fall foraging series; and enhancing and planning the summer camp and educational programs. One of these new education courses is the Owl Classroom program, which includes a pellet

dissection and learning about owl species and their value to the ecosystem.

On top of everything else, Strawberry Hill also launched a rebranding campaign to reflect how the organization has evolved since 1986. In the past year, Strawberry Hill has grown to include new staff, board members, and animal ambas-

sadors. While they continue to foster environmental education, it was time for a change. An updated brand identity was released that included a new logo, colors and font. This new look can be seen in their marketing, on social media, at events, and on our their new website; coming very soon.

Although there are many projects planned for 2019, one project has already been completed this year. Strawberry Hill removed the crabapple trees, which were planted in the 1960s. In the past few years, the trees have started showing symptoms of that they have reached the end of their natural lives. The crabapples will be replaced with river birch this spring. The Adams County Conservation District also donated persimmon, swamp white oak, and sycamore seedlings to be planted throughout the main cam-



Strawberry Hill's new logo is more reflective of their purpose and goals.

pus at Strawberry Hill.

For the remainder of 2019, Strawberry Hill will focus on expanding programming, raising sufficient funds to balance their annual budget, and developing a strategic plan that will guide the organization for years to come.

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# EMMITSBURG NEWS

## VHC welcomes new fire engine

On March 26th members of the Vigilant Hose Company (VHC) said goodbye to their oldest engine "E63." With nearly thirty years of service to Emmitsburg and the surrounding communities, members of the VHC began the process of designing and building a replacement engine to retire the old Pierce Lance.

It took more than six months of detailed design, construction and testing before Engine 61 was complete. Nearly eighteen months of research, planning, fiscal discussions and ongoing fundraising efforts lead up to this important new equipment upgrade.

Chief Chad Umbel stated, "New Engine 61 has a range of critically important safety and operational capabilities necessary to serve the diversity and complexity of our response area." The new engine has a Pierce 'Enforcer' style cab, a stainless-steel body, a 1,000-gallon water tank, a 1,500 gallon per minute pump, capable of supplying both Class A Foam and Class B Foam.

Umbel also stressed, "Only about 1% of the VHC's 100-square mile response district has fire hydrants plus many buildings both in town

and in outlying areas here are well over a century old. Having the capability and flexibility of both foam system applications allows us to deliver an enhanced service to the community with a single piece of apparatus that historically would require two separate pieces of apparatus to accomplish." The fully outfitted unit will cost the VHC nearly three-quarters of a million dollars when placed into service and comes at a massive cost savings to area taxpayers due to VHC's hard-working volunteers.

Regarding fundraising, VHC President Frank Davis said, "We are very fortunate that those we serve understand their ongoing strong financial support and continued encouragement helps save the northern Frederick County region hundreds of thousands of tax dollars annually.

Members of the VHC donated the old E63 to the Pine Mountain (Ar.) Volunteer Fire Department (PMVFD). This is a tradition that dates back to June 2000 when the VHC donated then Engine 64 to the same department.

Members of the PMVFD arrived in Emmitsburg early on March 26 and were greeted by

members of the VHC including Assistant Chief Josh Brotherton who was coordinating the turnover process. PMVFD volunteers received a review of their new engine and spent several hours driving and training on its various capacities. Their volunteers also received a tour of the National Fallen Firefighters Memorial, the National Fire Academy and the Emmitsburg area and VHC facilities.

The old E63 engine served Emmitsburg and surrounding communities for thirty years honorably and effectively. She has done her job at countless fire incidents and other emergencies throughout the area. Numerous drivers, both volunteer and career, would regularly state that E63 was one of the best pumping and drafting engines anywhere, hands down.

In addition to the engine, the VHC donated several hundred feet of hose, ground ladders, hand tools and other various pieces of fire equipment to help better serve PMVFD. Graceham Volunteer Fire Department and the Braddock Heights Volunteer Fire Department also donated additional equipment.

## Emmitsburg NEWS-JOURNAL

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## State mandated backflow preventer more costly

As originally presented in March, residents of Emmitsburg were made aware of a state mandate for residences and businesses to install a dual check device, or backflow preventer, downstream of the water meter at their cost. However, during the April 1 town meeting, town staff briefed the Board on updated information and costs related to this mandate.

This mandate originated from the Maryland Department of the Environment (MDE) and will be enacted in an effort to protect the public water supply served by the town from possible contaminations which could backflow into the public water system.

In March, town staff presented this new mandate under the premise that old residences would be grandfathered

in unless significant plumbing or water work needed to be done. At that time the backflow preventers were estimated to cost approximately \$60.

According to MDE and town staff, all properties in town will be required to install this device within three years of enacting the ordinance. The cost for residences to install these devices is between \$100 and \$150. The re-inspection cost is between \$60 and \$100.

Residents will be exempt from permit fees, however, commercial businesses will be required to pay a permit fee of \$25 for new backflow preventers and \$5 for the re-inspection fee.

Town Manager Cathy Willets noted that the town would be fined if they do not implement this ordinance.

Commissioners discussed several

options to lessen the financial burden to residents and business owners in town, including payment plans, tacking the fee onto the water bill in quarterly installments, and increasing the time frame for installation. The Board voted to increase the window to have the device installed to five years after the enactment of this ordinance. The vote passed 4 -1, with Commissioner Joe Ritz against.

## Emmitsburg news-briefs . . .

### Harvest of firewood for low-income residents proposed

In March, Emmitsburg Town Commissioner, Tim O'Donnell, brought a proposal to town staff that would allow members of the public to harvest firewood in town-owned forest areas. The proposal was brought back to the Board for discussion after further discussion with the town's Attorney, John Clapp.

The proposal would allow persons of low-income to cut wood to provide heat for their homes during the winter months.

After review, Clapp informed town staff that there are some liability issues with the proposal, however, these issues could be overcome by a waiver for those wishing to cut wood. If accepted, town staff and Clapp recommended including a permitting process, harvesting downed trees only, harvesting trees that are not in the timber sale area, or even waiting until logging is complete.

Town staff will bring a policy and permitting process back to the Board at a future meeting for approval.

### New storage shed at WWTP approved

Construction of a new storage garage at the Waste Water Treatment Plant

was approved in April. The building will be fully enclosed and will house larger equipment, thereby freeing up space at the current storage shed.

This project will be funded through the enterprise fund within the sewer budget. Two bids were received. Hanover Building Systems bid \$35,870, and Newmark Builders bid \$29,232. Town staff recommended Hanover Building Systems because the snow load for the building was heavier, the bid included stone and concrete barrier and it included a 35-year fade warranty, a 50-year overall warranty, and insulated overhead doors. The bid from Hanover Building Systems was approved unanimously.

### Town square kiosk in the works

A new kiosk panel will soon be coming to Emmitsburg's square and at the Maryland Visitor Center. The project is funded through a grant received from Visit Frederick and a donation from the EBPA.

Ion Design, creator of the town's new wayside exhibits, designed the kiosk. The new kiosk will showcase eight of the town's largest assets including Rainbow Lake, the multi-user trail, community pool, Frederick County Fire and Rescue Museum, the Doughboy statue, the National Fallen

Firefighters Memorial, the Grotto and the Seton Shrine.

Once completely approved, fabrication is expected to take about six weeks to complete. The Board approved the design with minor amendments to the text and the addition of some pictorial markers on the kiosk's map.

### Work on Route 15 to continue through 2020

Work on US 15 from Mount St.

Mary's southbound is underway. The \$5.5 million project will be complete fall 2020. The project will widen the existing median of US 15 to provide acceleration and deceleration lanes at the US15/MD 76 (Motters Station Road) intersection. MDOT SHA will provide new J-turns at MD 76/ St. Anthony Road, eliminating the left turn movement from westbound MD 76 and eastbound St. Anthony Road. Motorists will turn right and perform a U-turn at adjacent intersections, which will also be improved with acceleration and deceleration lanes.

Other work on the project includes constructing concrete medians and drainage improvements to minimize run-off in the 1.6-mile project limits. Crews will also upgrade signing along US 15 in the project area.

Motorists should expect single lane closures in each direction of US 15 during off-peak travel times. Most of the work will take place behind concrete barrier after it is installed, but there may be occasional lane single lane closures for material and equipment deliveries.

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# FAIRFIELD/CARROLL VALLEY NEWS

## Pollinator meadow coming to Hamiltonban Park

Phase 2 of Hamiltonban Township's Community Park project kicked off last summer with the completion of a quarter mile walking path, addition of five adult fitness stations and a swing set. Phase 2 will reach its final stage this spring with the addition of a pollinator meadow and interpretive signs.

Members of the Hamiltonban Township and Fairfield Borough Joint Parks and Recreation Commission are about to begin planting the approximately 11,000 square foot pollinator meadow. The meadow will house native species of plants, including flowers and grasses that will attract pollinating insects to the area. The plants have already been ordered, with delivery expected by May 15. A group of Penn State Extension Master Gardeners from the area and Commis-

sion members will join together to plant approximately 2,500 plugs.

According to Coleen Reamer, member of the Hamiltonban Township and Fairfield Borough Joint Parks and Recreation Commission, it generally takes about three seasons for the plants to fully develop as a flowering meadow. The meadow was designed to show the importance of creating a natural area for pollinators. "The orchard industry, which is an important economic driver for both Hamiltonban Township and Adams County, depends on natural pollination from bees and other insects. Mason bees are non-destructive, do not sting, and are the most efficient pollinator of them all," stated Reamer. Two small mason bee houses will be placed on display in the pollinator meadow

to, hopefully, create interest and conversation among visitors to the park.

In addition to the pollinator meadow, the commission is still adding to the natural play area for children. This natural play area was another component within phase 2 and currently has a sandbox, a few stump steps, a large climbing rock, a hopscotch paver set and a multicolored tunnel pipe for crawling through. Balance beams created from trees and a wind chime will soon be added. The last portion of this phase is the installation of five interpretive panels, which will go in later this summer. These panels will speak to Adams County's history and culture.

So far, both phases of the Community Park project have been well received by the community. The park is quickly gaining pop-

ularity for its walking path and adult exercise stations, and children are seen enjoying the train-themed play set and swings. The small pavilion, located at the heart of the park, is available for rental spring through fall, with two charcoal grills and nearby horseshoe pits.

Apart from the playground, walking path and fitness equipment, the commission has hosted a few events at the park and plans to hold more this spring and summer. On April 13 the commission held a "Kite Fly" for children. Approximately twenty-five children and their families attended, learning how to build their own kites and they also had a chance to fly them. This event will hopefully occur yearly. Additionally, last year the commission hosted a "Music in the Park" series, with local musi-

cians during the summer months of June through August. This event is planned again this year, occurring on the second Sunday of June, July and August. All are welcome to attend!

To fund the remainder of the project, the commission is applying for a grant to plant twenty-five trees in the park and will also be applying for grants to expand the walking path next year.

Everything that has already been accomplished with the park could not have been possible without the hard work and dedication of volunteers in the community. Grants and generous donations have helped to fund this project. Donations are welcome and accepted at Hamiltonban Community Park, PO Box 526, Fairfield, PA 17320 to help this project continue to move forward.

## Liberty rejects police service bill

Liberty Township Supervisors voted to reject a bill sent from the Carroll Valley Borough Police Department during their April 2 town meeting. The bill covered police services rendered to Liberty Township after Chief Brand Briggs resigned last November.

After several months of discussion, Liberty Township Supervisors voted, in March, to hire a new Police Chief while keeping their own police department. This meant rejecting a proposal from Carroll Valley to cover police services for the township. Carroll Valley responded to the rejected proposal by saying that answering Liberty Township's calls was interfering with the borough's primary responsibility to their own residents. Additionally, Carroll Valley's Police Chief Richard Hileman proposed a bill be sent to Liberty Township to cover the cost of services rendered since Chief Briggs resigned. The \$4,559 bill included approximately 68 hours of service to Liberty Township. Chief Hileman noted that the suggestion was made by Liberty Township Supervisor Bob Jackson.

During the April 2 meeting, Liberty Township resident, Bob Keilholtz, questioned Supervisor Jackson's reasoning for requesting a bill be sent to Liberty for police services rendered in the absence of Police Chief Briggs. Jackson responded by stating, "Whatever I said was between me and Rick Hileman... they [Carroll Valley] were not going to carry the weight of Liberty Township on their budget, [because] Liberty Township was not contributing to Carroll Valley's activities in accordance with our agreement...they will not accept

free-loading. Liberty Township will carry our own weight, pay our own bills and pay for what services were provided."

When asked where the money would come from to pay the \$4,600 bill, Jackson stated that no decision was made to accept the bill. No one spoke to where the money would come from.

Once asked for a vote and final discussion, both Mickey Barlow and John Bostek voted against paying the bill. Barlow reminded Supervisors that within the intermunicipal agreement, both as it currently stands and the newly proposed version, there is no monetary exchange/expenses for either municipality involved. Therefore, Liberty should not have to pay the bill for police services rendered while they were without a Police Chief. The bill was also sent to Liberty Township's interim Police Chief, Cpl.

Andrew Hansen, for review, and upon review Hansen noted that he believes Carroll Valley charged the township for a lot of things, some of which were not justified.

Jackson, on the other hand, voted in favor of paying the bill, stating: "I don't want to make any ill-will towards Carroll Valley. We have been working closely together for years, and I think we should consider making some sort of restitution for the time they spent working in our township." The bill was rejected with a vote of 2-1.

In regards to the new intermunicipal cooperative agreement proposal, Supervisors voted to table the topic until a future meeting. Supervisor John Bostek stated that the agreement was sent to the new Police Chief, Sherri Hansen, for review, and he was awaiting her comments.

## Local elections draw near

Primary elections are quickly approaching, and local candidates are gearing up. This year, Election Day is being held on May 21. Within our local municipalities, there are open seats for Supervisors and Borough Council members.

In the Borough of Carroll Valley, there are four seats open for this election. These seats are currently held by Jared Huster, Bruce Carr, Sarah Skoczen and Beth Cool. Candidates vying for the open seats are Beth Cool, Sarah Skoczen, Bruce Carr (all of whom are running to be re-elected to their seats), Jessie Craft, Michael Wight, John Schubring and Steven Sites. Members on the Borough Council are elected for four-year terms.

In Hamiltonban Township, only one Supervisor's seat is

up for election this year. Eddie Deardorf's term has ended and he will be running again for re-election against newcomer James Grinder. Supervisors are elected for six-year terms in office.

Liberty Township also has a single seat up for election this year. Supervisor Chairman, John Bostek, is not running for re-election this year. His seat is open with a single candidate, Robert Keilholtz, running for the position, unopposed. Liberty Township Supervisors are elected for six-year terms.

*For more information regarding your local polling place, or ballot, please visit [www.adamscounty.us](http://www.adamscounty.us). Polling places are open for voting from 7 a.m. until 8 p.m. on Election Day.*

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# THURMONT NEWS

## Sign ordinance changes proposed

In an attempt to review changes made to the town's recently revised Sign Ordinance, Thurmont's Planning and Zoning Commission discussed and listened to concerns from businesses during their April 25 meeting.

In September 2017, Thurmont voted to approve a revised Sign Ordinance, which included several changes to temporary signs, flags, banners etc., with the intention to review the ordinance in a year's time. Since the new ordinance was enacted, several business owners throughout Thurmont have voiced concern with a few of the regulations that were implemented as part of the sign ordinance, and how they have negatively affected their businesses. Discussions between these businesses, the Planning and Zoning Commission and the Board of Commissioners have included dialog regarding temporary signs, feather flag signs, and the size of signs permitted within designated commercial corridors. The meeting held on April 25 allowed business owners to directly voice their concerns to the Commission.

As discussed, business owners find the new Sign Ordinance to be very prohibitive for businesses trying to make a livelihood. In the past, many business owners utilized feather flags, banners, or A-frame signs to attract the attention of those passing through Thurmont. Those who utilized these types of advertising strategies, especially, were those businesses that were located in the Thurmont shopping center, or those whose storefronts do not directly abut the street.

With the implementation of the new sign ordinance came the direction that feather flags and banners

are only allowed to be up for a limited number of days. Feather flags, in particular, are allowed to be up for only seven days. Without these flags, many of the business owners in the shopping center feel as though they have lost visual representation from the road. With only a small sign on the larger monument sign outside the shopping center, business owners say their businesses are no longer seen, and the stream of traffic through the shopping center has decreased.

Two of Thurmont's business owners that are currently located within the shopping center noted that at the time they signed their lease, flags were allowed for advertising. Utilizing flags along the street, on the shopping center's property, boosted business for many, and unfortunately, as soon as they were no longer able to attract the attention of those passing by, business depreciated.

Vickie Grinder, Thurmont's Economic Development Manager, spoke to the Commission, asking them to consider increasing the amount of time businesses may leave these flags up. Commission members spoke with concern that allowing every business to use feather flags will make the town "look like Six Flags."

Kelly Duty, the town's Zoning Inspector, suggested the Commission consider placing feather flags into the section of the sign ordinance that permits certain temporary signs with a permit. These temporary signs are allowed for 90 days throughout the calendar year, and the permit fee is \$10 for each temporary sign. This change would need to be submitted as a text amendment and be sent to

the Board of Commissioners. Business owners in attendance urged the Commission to consider creating an even longer period of time.

Chris Jakubiak, Thurmont's Town Planner, discussed the importance of small businesses in town, and their contribution to the community through fundraisers and community development. He explained that, in his opinion, the town should be doing their best to encourage and promote more small business owners, and limiting their ability to attract business does not look favorable for the town. Jakubiak suggested the town allow feather flags for shopping centers only, or for businesses that do not have a storefront facing the street. This would give these businesses more visibility for pedestrians and vehicular traffic.

The Planning Commission will be reviewing the remainder of the sign ordinance before sending a recommendation for revisions to the Board of Commissioners. The Planning Commission seemed to be in favor of making changes to allow feather signs.

Thurmont's Planning and Zoning Commission discussed other zoning ordinance amendments during their late March meeting.

A proposal to change the maximum building height in the General Business District from 30 feet to 45 feet was viewed favorably by the Commission. Increasing the maximum height would encourage hotels, professional offices and would provide more flexibility for those looking to build. Additionally, within the General Business District, staff recommended increasing the side yard adjoining a residentially zoned prop-

### Thurmont recognized as Tree City USA for 3rd year



The Town of Thurmont was named a 2018 Tree City USA by the Arbor Day Foundation in honor of its commitment to effective urban forest management. This is the third consecutive year that Thurmont has received this recognition.

Thurmont achieved Tree City USA recognition by meeting the program's four requirements: a tree board or department, a tree-care ordinance, an annual community forestry budget of at least \$2 per capita and an Arbor Day observance and proclamation.

Thurmont Mayor John Kinnaird

and Chief Administrative Officer Jim Humerick accepted the recognition from Becky Wilson, Western Region Coordinator of Urban and Community Forestry, Maryland Department of Natural Resources. "Trees provide multiple benefits to a community when properly planted and maintained. Thurmont has once again demonstrated their belief in the importance in preserving and maintaining trees in the community", stated Wilson.

The presentation took place during Thurmont's annual Green Fest on April 13.

erty by one foot for every three feet of building height above 30 feet.

Town staff also recommended changing the distance between accessory structures in the backyard of a residence. As it currently stands, accessory structures in a yard have to be ten feet away from each other. As discussed, this is difficult for smaller properties that don't have as much space to leave in between necessary outdoor structures. The proposal by town staff was to change the dis-

tance between accessory structures to six feet in between and six feet from the principal structure.

Lastly, town staff addressed parking concerns within town home complexes. The proposal stated that a garage that is physically attached to or built within a townhouse unit should not be counted toward meeting the minimum parking requirement of that complex. The ratio of required overflow parking spaces was also suggested to be increased from one per five units to two per five units.

## Thurmont hosts Gateway to the Cure events

Thurmont's Annual Gateway To The Cure has added a new event to the list of fundraisers for its annual campaign. This year, Thurmont will hold the Gateway To The Cure Golf Classic on June 21 at Maple Run Golf Course. October 2019 will be the 6th Annual Gateway To The Cure, and the Town of Thurmont has donated a little over \$60,000 to the Frederick Memorial Hospital Hurwitz Breast Cancer Fund in the last five years. These donated funds have been raised by Thurmont businesses running pro-

motional campaigns and making donations to the fund. A Gateway To the Cure 5K was added the second year, marking this year as the 5th Annual Gateway To The Cure Covered Bridge 5K.

The first Annual Gateway to The Cure Golf Classic is a four-person scramble including fun competitions such as longest drive for men/women, closest to the pin for men/women, and the "pink ball challenge."

A luncheon and awards will directly follow the Gateway To The

Cure Golf Classic and will be held at the Thurmont American Legion. The luncheon will be catered by Bollinger's Family Restaurant with a cash bar. The golf classic is \$75 and includes eighteen holes of golf, a golf cart, a goodie bag, and lunch. The first place foursome will receive \$300; second place will receive \$200; and third place will receive \$100. Top Tier Pink Ball Sponsors so far are: Colonial Jewelers, J&B Real Estate, Inc., Sheetz, Thurmont Ambulance Company and Woodboro Bank.

The Gateway To The Cure Golf Classic promises to be a great way to support the cause while having fun. Visit [thurmontmainstreet.com](http://thurmontmainstreet.com) for registration information.

Already this spring, Thurmont hosted another event for Gateway to the Cure. On Sunday, April 7, the 2nd Annual Gateway To The Cure Zumbathon was held at the Thurmont American Legion. This is yet another event Thurmont has created to begin raising money for the Hurwitz Breast Cancer Fund. This event was held last year for the first

time and proved to be such a success, raising \$600 in just two hours, that it was held again this year!

Zumba lovers of all ages came out to show their support once again this year for Gateway To The Cure. Thurmont Zumba instructor Kellie Bevard organized the entire event with the assistance of four other Frederick County Zumba instructors. This year's Zumbathon raised \$900 in just two hours! Thurmont's Sixth Annual Gateway To The Cure will be held the entire month of October. Proceeds from the Zumbathon will be included in the October month-long fundraiser.

<p><b>BREAD &amp; BUTTER</b></p>  <p><b>WINE</b> FROM CALIFORNIA</p>	<p><b>PURA STILL</b></p>  <p><b>Spiked Water</b> 6 PAK Bottles Assorted Flavors</p>	<p><b>CAPE LINE</b></p>  <p><b>SPARKLING COCKTAILS</b> 6 PAK &amp; 12 PAK</p>	<p><b>BARTLES JAYMES</b></p>  <p><b>WINE COOLERS IN CANS</b></p>
<p><b>The Great RAILROAD BEER</b></p>  <p>4 PAK CANS 6 PAK BOTTLES 12 PAK BOTTLES</p>	<p><b>BUD LIGHT</b></p>  <p>12 PAK Bottles or Cans <b>Lemon Tea or Orange</b></p>	<p><b>BAREFOOT WINE</b></p>  <p><b>WINE SPRITZERS</b> 4 PAK CANS</p>	<p><b>DAILY'S</b></p>  <p><b>WINE COOLERS</b> Frozen In A Pouch Assorted Flavors</p>
<p><b>ALL WINTER VARIETY BEER AVAILABLE!</b></p>	<p><b>Paul's Pit Stop</b> DISCOUNT BEER, WINE &amp; LIQUOR Website: <a href="http://m.paulspitstop.net">m.paulspitstop.net</a> 150 S. Seton Ave., Emmitsburg <b>301-447-6262</b> Monday - Thursday 9 a.m. - 10 p.m. Friday &amp; Saturday 9 a.m. - 11 p.m. Sunday 11 a.m. - 8 p.m.</p>		<p><b>JIM BEAM TRIPLE BATCH</b></p>  <p>750 ML</p>

## 100 YEARS AGO THIS MONTH

## May 1919

## May 2

**Willoughby Run Bridge Repaired**

Work on repairing the Willoughby Run Bridge on the Fairfield Road, which recently broke beneath the weight of a heavy truck, has been completed and traffic has resumed. It was necessary to replace broken planks with new and heavier ones and to straighten the bent iron rods, which prevented the truck from plunging into the stream below.

**Injured When Thrown From Mule**

Charles Reager of near Greenmont was painfully cut about the face and head last Sunday when he was thrown from a mule while riding on the Emmitsburg Road. He was on his way to visit his brother when the mule he was riding shied and threw him off. He lay unconscious on the road until a machine containing several soldiers came along and they picked him up and took him to the home of George Rohrbaugh where he was cared for until he could be moved to his home.

**Oil Or Dust?**

Now that summer is near at hand, the streets will be dry, and dust and frequent winds will blow the dust and send it in your homes. As such, every citizen should awaken and urge the town commissioners to oil the streets. Main Street from east to west is probably affected by the winds more than any other and should be oiled, the state road being concrete and not needing much attention.

We doubt that every property owner would be willing to donate money to help oil the streets, and the new Board of Commissioners should get busy and learn what the job will cost and then put it up to the citizens whether they want the work done. Don't wait until Mid-summer to do the work. Get busy and do it now.

## May 9

**Trolley & Autocar Collide**

Four persons were injured, one seriously, when a trolley car on

the Thurmont Line crashed into a five-passenger automobile driven by John Fuss of Emmitsburg. The trolley caught the rear fender of the automobile and drug it more than 40 feet.

The injured: John Speak of Thurmont was badly cut about the head and face, had fractured ribs, and multiple bruises about his body. Charles and John Fuss of Emmitsburg were cut slightly and bruised. Mrs. Carrie Long, also of Emmitsburg, was painfully cut and bruised about the face and body. Her seven-month-old child was thrown from the automobile over 60 feet, but escaped with only minor bruises.

Mr. Speak mercifully escaped being ground to dust beneath the wheel of the trolley. He fell from the auto across one of the rails directly in front of the trolley and was dragged nearly 60 feet. In some strange manner, his clothing caught on a bolt, which extended from the trolley in front of the wheel and he was dragged until the trolley was stopped with his head and neck across one rail, hardly six inches in front of the wheel. When the trolley was stopped, it had to be backed up in order to disentangle his clothing before his body could be released. He was then picked up, unconscious, and hurried to the Frederick City hospital.

**Electric Milkers Installed**

Mr. Daniel Roddy, near Mount St. Mary's, has installed electric milkers at his dairy stables. Two cows can be milked at once, and the process only requires about two minutes. The milk goes directly from the cow through glass tubes into a closed can. Mr. Roddy says his cows generally take to the machine, and that it is not nearly as hard as getting his lazy wife to milk the cows by hand, nor does he have to listen to the machine nag at him. He contemplates increasing his herd and will then add two more milkers to his outfit.

## May 16

**Daylight Holdup On Fairfield Road**

A broad daylight holdup was staged on the Fairfield Road a short distance from the Marsh Creek Bridge

on Thursday, when a Negro jumped on the wagon of fourteen-year-old Merle Spence of Fairfield, and robbed him of bag of grain and 40 cents. No trace of the highwayman has been found.

The young boy had passed over the Marsh Creek Bridge and was not paying attention to the road, as he was looking at some photographs he had purchased in town, when he was suddenly startled by seeing a Negro standing at the head of his horses, which had come to a halt. Pointing a gun at young Spence's head and demanding him "to throw up your hands" the Negro jumped on the wagon, took off the boy's belt, tied his hands behind his back, and then searched all of Spence's pockets. In addition to the grain and the 40 cents, the Negro found a check, but threw it on the floor of the wagon, as he knew he would be unable to cash it.

"Now go home," commanded the highwaymen to young Spence after he had completed his search. The horses commenced to run down the road at full speed. Merle attempted to turn in at the first farmhouse and tell of his holdup but the horses would listen to no verbal command and, as the boy could not use the reins, there was no stop made until the Spence Farm was reached twenty minutes later. When the sheriff was contacted, he searched the scene of the holdup, but no sight of the highwayman was evident.

**Long Assaults Wife**

Mr. Wilbur Long, who resides near Jimtown, was arrested on the charge of brutally assaulting his wife. He was brought before the justice of the peace who threw the bum in jail. His wife before marriage was Ms. Carrie Fuss of Emmitsburg, who was one of the persons injured in the trolley car collision last Monday.

## May 23

**Harney Store Sold**

Max Wilson has recently purchased the store of H. J. Wolf in Harney and will conduct a sale there until the entire stock is exhausted. Wilson has not indicated if he will continue to operate a store in Harney

**Hailstorm At Fairfield**

One of the most severe hailstorms that has visited this section in years

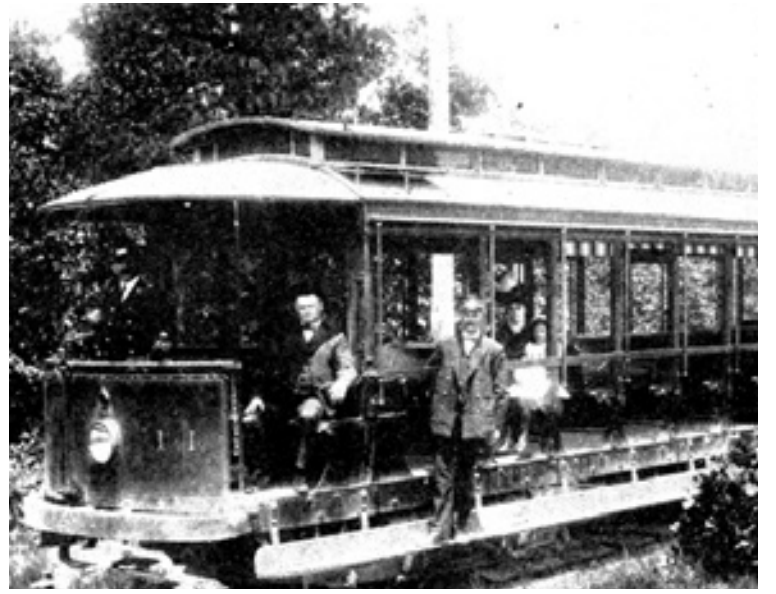


Photo of an old Thurmont Trolley Line car, similar to the one involved in the collision of May 9th. (Photo courtesy of Thurmont Mayor John Kinnaird)

passed over Fairfield Thursday afternoon between four and five o'clock, destroying many gardens and damaging the wheat. The stones ranged from the size of peas to 1/2 inch in diameter and lay so thick on the ground that they could be scooped up with shovels. Fruit trees in the Fairfield section of the county were damaged, although the exact extent has not been determined.

**Kiser Trial To Begin Monday**

The trial of Mrs. Alice Kiser of Harney, charged with murdering her husband, Frank Kiser, will begin at Westminster on Monday. For several years, Mrs. Kiser had reason to suspect her husband of intimacy with a woman living about a mile from the Kiser home. On February 12, the woman in the case was in Harney, and it is said stood on the opposite side of the street from the Kiser's house, making signals to Kiser. Mrs. Kiser saw her, and said Kiser responded to the signals and then drove away in his buggy. The woman also disappeared, and Mrs. Kiser supposed they were together. Kiser returned about seven o'clock in the evening, and as he was about to enter the kitchen door, Mrs. Kiser fired a shotgun. The load entered the left side of Kiser's forehead, and he died shortly thereafter. Mrs. Kiser is about 63 years old, and has been in bad health for a number of years. Kiser was about 62 years old, and the woman in the case is said to be about 60 years old.

## May 30

**Steer Breaks Window**

Customers who were purchasing goods at the store of Isaac Annan on Chambersburg Street in Emmitsburg were given a distinct shock shortly after 10 o'clock when a large steer charged through the plate glass window fronting Chambersburg Street. The inquisitive steer was part of a herd belonging to the Patterson Brothers which were proceeding quietly along Chambersburg Street to the Patterson barn on the East side of town, when he noticed some interesting looking onions on exhibition in the window. Evidently the steer was a great lover of spring onions for he did not even allow a thick glass window to interfere with his desire to satisfy his appetite. His scheme was quickly foiled by drivers of the herd and he was forced to return to the street.

**Horses Race On Old Emmitsburg Race Track**

Horse races originally scheduled for Hunterstown were held Saturday afternoon on the old racetrack west of Emmitsburg. Owing to the impossible condition of the roads leading to the Huntertown track it was decided to call off the event there and to secure the consent of the property owners of the old Emmitsburg track to hold the races there.

To read past editions of 100 Year Ago this Month, visit the History section of [Emmitsburg.net](http://Emmitsburg.net).

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## FROM THE DESK OF...

### County Councilman Phil Dacey

One of the joys of this new position has been the pleasure of learning the inner workings of Frederick County Government and the special nature of its employees and volunteers. The professionalism and dedication of the hard-working county employees and volunteers I have worked with has simply been tremendous to experience.

The Sheriff's Department, Parks and Recreation, Animal Control, and Fire and Rescue Services are essential services and are truly where the rubber meets the road for local government and where your tax dollars have a meaningful impact.

First, I was fortunate to be able to do a ride along with the Sheriff's Department on a Saturday night. I understand that the Sheriff makes this

available to citizens in general and it is certainly a worthwhile experience. The Deputy I was riding with was first on the scene of a domestic disturbance where a weapon was reported in the house. Racing to the scene with adrenaline rising made me really appreciate what our officers do to protect and serve the community every day. When encountering an unknown and dangerous situation, such as this, these dedicated men and women literally put it all on the line to serve their communities proudly. Officers not only have to be brave but have to know how to engage and serve diplomatically in so many varied situations. The weekend I rode along, the Sheriff's Office alone responded to an astounding 716 calls for service!

For a different type of community service, I associate many of the Holidays, including Christmas and most recently Easter, with making memories at an absolute hidden gem in Frederick – Rose Hill Manor. The home of the first Governor of Maryland, Thomas Johnson, is so much more than a historic site and Farm Museum. It has become a gathering place for festivals and celebrations. The Easter Egg Roll had a wonderful turnout. Families of all ages enjoyed the petting zoo, ring toss games, easter egg hunts, vendors, crafts, hay rides, food trucks, and even the Easter Bunny. This event, and the others put on in summer, fall, and winter put on by the staff of the Parks and Recreation Department employees and volunteers are truly can't miss

events for families with wholesome entertainment that can't be beat in Frederick County.

Next, animal Control is a service that you may not think much about until you need it. There are only 5 officers that cover the whole county to trap, treat, investigate, and transport wild animals of all kinds across the county. Every year, thousands of animals are taken in by Animal Control and thousands are adopted by willing families. I took my 7 and 9 year old daughters along with me to tour Animal Control and learn more about the dedicated staff and volunteers that care for the animals. It is evident how much this staff and these volunteers are invested in providing for the animals of Frederick County. We saw scores of cats, dogs, kittens, and even roosters and a pig. We even left with

two kittens of our own, Harry and Oreo (named by my daughters).

Finally, I can't say enough about the Frederick County Fire and Rescue Services both volunteer and career. These are people who literally run into burning buildings and respond to medical emergencies at all hours of the day and night to serve their communities. I have been to the awards banquets from Emmitsburg to Brunswick and everywhere in between to honor these volunteers. They are the definition of community servants, and truly represent what is best about Frederick County.

These often overlooked employees and volunteers in each of these areas make me feel proud about what we can do and are doing together to form a safe, fun, and caring community here in Frederick County.

### Delegate Dan Cox

The 2019 Maryland General Assembly was fast-paced. After being sworn in on January 9, each day I attended Session, researched and wrote bills, met constituents, and served on lengthy Committee hearings and vote sessions.

\$15-Hour Minimum Wage Legislation – HB 166 – passed: My first House of Delegates Floor speech was opposing this inflation-producing wage control bill, in defense of Frederick County businesses, including restaurants and servers who earn tips and skilled workers. Our GOP Caucus won key victories including: exemptions for tipped employees to keep earning tips, slower minimum wage increases for businesses with 14 or fewer employees and a six-year phase-in of all wage increases.

Income Tax Deductions – Fixing Maryland's Itemized Windfall – HB 327: I cosponsored this bill to reduce our Maryland tax burden under the new federal tax law by bringing Maryland's income tax deduction in parity with the federal deduction. The majority Party did not allow it for a vote, causing it to die. I want to send the money back to you and will fight for this again!

"End of Life" Assisted Suicide - HB 399 - failed: The Judiciary Committee that I sit on was made to vote on this bill with another committee, where the bill sponsor had a few more votes. I therefore filed a written Motion to Bifurcate the vote (calculate separately), in order to kill the bill, but my motion failed on a 14-7 Party-line vote. Our committee voted 10-12 unfavorable on the bill itself and if my motion had passed the bill would have then died.

However, the bill passed the Joint Committee by two votes (24-20, if two votes had switched it would not have passed) after 12 hours of joint hearings. Thankfully, though, the bill then failed on the Senate floor with a 23-23 tie vote, allowing life to win over health insurance companies.

Firearms - House Bill 796, HB 612, SB 1000 and others – failed (except SB1000): The Longest Day. In defense of the Second Amendment our Committee hearing went 18 hours - from 10am until 4am the following day. Nearly the first bill in our Judiciary Committee that I helped kill was to seize guns from anyone, not just for proven physical threats in familial relations as the law is now. I was also able to help: delete gun registration language and kill the long gun transfer-ban bill, strip out of a bill a provision to ban handgun loans even to your family member, kill the bill banning AR-15 "HBARs" and kill a bill to register "antique firearms". I also introduced a "shall issue" bill for concealed carry and to repeal the Red Flag confiscation law by allowing jury trials.

Preventing Maryland From Being A Sanctuary State – HB 817: Our GOP leadership's bill to protect Maryland citizens from violent illegal alien criminals and require MD counties to cooperate with ICE failed on Party-line votes. We do not want open borders and gangs! Thankfully, "sanctuary state" bills, to forbid Counties from working with ICE, died on Sine Die.

My Bills That Passed:

Crossroads Freedom Center (Opioid Recovery) Legislative Bond Initiative: The number one killer in Frederick

County is opioids. I was honored to work hard to secure \$100,000.00 in funding for a nonprofit opioid recovery center in Jjamsville, for expanding the center to 16 beds for souls recovering from addiction.

Task Force To Study Crime Classifications And Penalties – HB 542: Should it be merely a misdemeanor to assault a nurse in a hospital with (usually) a \$300 fine, while it is a felony to assault a dog? Or what about a misdemeanor if you sell a child (yes, you read that right), but also a misdemeanor if you transport or sell manure unlaw-

fully? My bill, also supported by Senator Hough, passed unanimously to provide a Code-improvements report due to be completed by 12/31/2020.

\$3.6 Million For Capital Grants For Frederick County – HB 101: As a member of our delegation, I am humbled to have helped procure a record amount of grants for Frederick, including \$2.4 million for my alma mater, Mount Saint Mary's University, for the Knott Academic Center.

Protecting Farmers: I was able to meet with the Governor's political aide the day I learned the emergency fund-

ing for our dairy farmers had been left out of the funding for FY 2019. I was grateful the following day that Governor Hogan announced \$1.5 million in emergency loan funding with a matching \$18 million in federal funding. Additionally, I cosponsored and we passed legislation protecting farm tags and milk marketing. Having grown up on a Frederick County farm, I was honored to help our farmers.

It is an honor to represent you. Please contact me at dan.cox@house.state.md.us or 410-841-3288 with constituent needs or issues.

### County Notes

#### Proposed FY20 Budget Delivers High Quality of Life in Frederick County

Likening the budget to a jigsaw puzzle with many pieces working together to create a high quality of life, Frederick County Executive Jan Gardner unveiled her proposed budget for Fiscal Year 2020 on April 15. The budget is lean, sensible, balanced, and fiscally responsible, and it delivers results, including outstanding schools, safe communities, efficient services and a high quality of life. Income and property tax rates remain unchanged.

The budget reflects modest growth, with a third of new revenues going toward paying the bills and sustaining existing service, and half supporting employees across all agencies. New spending accounts for an increase of less than 1% of the total budget, with most directed toward public safety. The budget also continues the County Executive's strong commitment to public education, with an additional \$12.2 million for Frederick County Public Schools to ensure the best teachers in the classroom and high-achieving student outcomes, and an additional \$1 million for Frederick Community College.

In the coming year, residents will see the opening of two new parks, the Myersville Branch Library, construction of Urbana Elementary School, and numerous road and bridge projects.

During her presentation, Executive Gardner highlighted new initiatives for the upcoming budget year:

Composting. The budget includes funding through the solid waste enterprise fund for a composting demonstration project to incentivize the private sector to offer composting, and to support composting within our schools.

Branding. To implement the next step of the County's Growth Opportunities strategy, the budget funds the development of a branding and marketing plan to support emerging businesses and help to retain existing employers.

Affordable Housing. A bill will be introduced that dedicates a portion of existing recordation tax revenues to affordable housing. Funds from these tax revenues were set

aside last year for the Housing Initiative Fund.

Fiscal Year 2020 begins July 1, 2019. Detail copies of the proposed budget can be viewed on the County's website at [www.FrederickCountyMD.gov/Budget](http://www.FrederickCountyMD.gov/Budget).

**Firefighter Safety a Top Priority**  
Frederick County Government values its employees and takes seriously the need to protect their safety. This is especially true for those employees who put their lives on the line each day. A probationary firefighter's injuries in 2017 were unfortunate. They were not, however, a result of unsafe gear, as claimed by the leadership of the Career Firefighters Association.

Frederick County Government

Continued on next page

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**Registration Deadline: July 19, 2019 by 4:00 p.m.**

# GOVERNMENT—SOUTH OF THE BORDER

## County Executive Jan Gardner

Like a Puzzle, Budget Pieces Work Together to Deliver a High-Quality of Life

The County's budget is like a jigsaw puzzle, with many pieces working together to create a high quality of life. On April 15<sup>th</sup>, I unveiled my proposed budget for Fiscal Year 2020. The budget is lean, sensible, balanced, and fiscally responsible, and it delivers results, including outstanding schools, safe communities, efficient services and a high quality of life. Income and property tax rates remain unchanged.

The budget continues my strong commitment to public education, with an additional \$12.2 million for Frederick County Public Schools to ensure the best teachers in the classroom and high-achieving student outcomes. There is also additional funding for Frederick Community College to help keep tuition affordable.

In the coming year, you will see the opening of two new parks – Phase 2 of Utica District Park later this year and Othello Regional Park in the southwestern part of the county next spring – as well as the Myersville Branch Library.

We are also constructing Urbana Elementary School, and addition to Oakdale Middle School and a new elementary school in the Lake Linganore area, along with numerous road and bridge projects. New initiatives for the upcoming budget year include:

- **Composting.** The budget supports a composting demonstration project to incentivize the private sector to offer composting, and to support composting within our schools.
- **Branding.** The next step for our Growth Opportunities strategy is to develop a branding and marketing plan, which will support emerging businesses and help to retain existing employers.
- **Affordable Housing.** I will be introducing legislation to the County Council to dedicate a portion of existing recordation tax revenues to affordable housing. Last year I set aside funds from these revenues for the Housing Initiative Fund. This legislation would codify the funding commitment.

The new fiscal year begins July 1. The County Council held a public hearing on the proposed budget on April 30. They will meet with division directors about their budgets May 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in Winchester Hall beginning at 9 a.m. each day. Those discussions will be televised live on FCG TV. If you want to see the detailed numbers in the proposed budget, you can find them online at [www.FrederickCountyMD.gov/Budget](http://www.FrederickCountyMD.gov/Budget).

I am proud that Frederick County lives within our means while providing outstanding services. Many of our surrounding counties are raising taxes, and we are able to avoid this through good management.

Life is good in Frederick County! Our quality of life is comprised of a wide variety of puzzle pieces including outstanding schools, safe communities, exceptional employees, beautiful parks and libraries, a top-notch health department, excellent roads, water and sewer, and citizen services. Our economy is vibrant and Frederick County is a great

place to do business. There is plenty of good news to share! The future of Frederick County is bright.

### Keeping Agriculture Viable

Frederick County values our agricultural heritage. We can be proud that our farmers provide food and fiber and are great stewards of our rich farmlands. One of my priorities is to ensure that we leave a legacy of agriculture for future generations. That means we must preserve our best, most productive farms, and help to keep agriculture an economically viable industry.

Agriculture directly accounts for more than \$150 million in sales each year in Frederick County. The industry generates an economic impact of nearly \$1.5 billion. Keeping agriculture economically viable is a priority of my administration during this second term. And it may be one of our bigger challenges. The past few years have brought a perfect storm of challenges, especially for dairy farmers. The combination of low commodity prices, rising feed costs, international trade issues, and the wettest year on record created real economic hardship. Now is the time to preserve our land and leave a legacy of agriculture to future generations.

With any issue we face, I know that the best ideas come from the people who are directly involved. That's why earlier this month, we surveyed hundreds of farm owners, operators, and people who work in the agriculture industry in Frederick County. Most of those who responded have been in the industry for more than 30 years and farm more than 100 acres.

Some of the biggest challenges identified by the survey were commodity prices, weather, regulations, labor issues, zoning, and pressure to develop. More than 50 members of our local agriculture industry took a break from their spring planting to discuss the survey results and offer suggestions during the Agriculture Business Viability Roundtable that I hosted on Earth Day. The discussion generated ideas for initiatives, legislation, and other steps that we will consider over the coming months. Stay tuned for details as we put some of these plans into action. My goal is to help keep agriculture a thriving part of Frederick County's economy for generations to come!

As always, if you have questions or concerns, you can contact me at 301-600-3190 or by email at [JGardner@FrederickCountyMD.gov](mailto:JGardner@FrederickCountyMD.gov).

Continued from previous page

investigated the November 25, 2017, incident and has addressed the concerns raised in the report. The injured firefighter was wearing NFPA-approved gloves and protective hood. Since the incident, newer style gloves and hoods have been provided to nearly every career

firefighter in the Division of Fire & Rescue Services (DFRS). In addition, recruits are now issued a full set of protective clothing when they leave the academy.

Prior to the cited incident, DFRS applied for a \$2 million federal grant to replace PPEs that were reaching 10 years old the following year. The Federal Emergency Man-

agement Agency denied the grant request, saying the gear was not old enough to qualify for replacement funds. That is why last fall County Executive Jan Gardner submitted the county's first-ever supplemental budget request, which included \$1 million to replace safety gear for both career and volunteer firefighters.

When she announced the supplemental budget during her annual State of the County Address, Executive Gardner said it would take several years to fund the firefighters' full request for both replacement gear and a second set of protective clothing for every firefighter. The County Council supported Executive Gardner's supplemental budget request, and replacement equipment was requisitioned in January. That gear is on order, and DFRS is currently conducting an audit to identify which career firefighters have gear that is at least 10 years old so the vendor can perform individual sizing of coats and pants.



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# FROM THE DESK OF...

## ✓ Randy Phiel & Jim Martin for County Commissioner

As a resident of Frederick County I have tended over the years to shy away from endorsing candidates running for office in Adams County; but this year I am going to make an exception. And while I like all three current Commissioners, as only Randy Phiel and Jim Martin are being challenged in the primary, I am going to focus my endorsement on them.

For the past 8 years as the environment in the offices of Frederick County government went into the tank, I used every opportunity given to me to point out to Frederick County Officials to look north to Adams County to see how a county government should be run. To be blunt, in Adams County your current leadership is the very model in civility and effectiveness.

Jim Martin and Randy Phiel represent the very best of Adams County.

Old school classical Conservative Republicans, they are comfortable and engaging, in a positive manner, in meetings outlining how to protect the beauty and environment that makes Adams County such a wonderful place to live, while at the same time, they are willing to make hard choices to ensure your tax dollars are properly spent. I challenge anyone to look back over the past 8 years and find even a single dollar wasted. Can anyone really ask for more from their elected leadership?

There is an old saying, you can train people to be managers, but leaders are born. Randy Phiel and Jim Martin are natural born leaders and Adams County has benefited handsomely from their leadership, and will continue to benefit.

There is another old saying: "if it isn't broke .. don't fix it." From where I sit, I see one of the most incredibly effectively and efficiently run county governments, thanks in no small part to Randy and Jim. Why mess with success?

To be honest, I envy Adams County's leadership. They make me wish I was a resident of Adams County – which I may just end up doing.

In Jim Martin and Randy Phiel, Adams County has two of the best, most honest, intelligent, competent, and moral centered leaders any county in America could ever hope to have. Adams County deserves them, they deserve your vote, and more than anyone else, they deserve this paper's endorsement. So it is with great pleasure that the Emmitsburg News-Journal formally endorse Jim Martin and Randy Phiel for another term as



I was not surprised when I arrived at last month's Fairfield Fire Company Award banquet to discover Jim Martin and Randy Phiel. Like Dan Moul, they never miss an opportunity to support local fire companies, and in doing so, the communities that the companies serve. The other Republican candidate for County Commissioner was nowhere to be seen ...

Adams County Commissioners.

On May 21, I encourage everyone to vote for a continuation of the ever-brightening future of Adams

County, vote for Randy Phiel and Jim Martin.

Michael Hillman  
Editor

## Carroll Valley Mayor Ron Harris

May 21st is Primary Election Day from 7 a.m. to 8 p.m. at the Borough. Four Council seats are up for election. What is exciting – there are seven residents who are willing to devote their time to improve the lives of those who live in our Carroll Valley Community. In alphabetical order, the candidates are: Beth Cool (presently serving), Bruce Carr (presently serving), Jessica Kraft, John Schubring, Sarah Skoczen (presently serving), Steven Sites, and Michael Wright. Thank you all for putting yourself out there to serve our community. Please voters, come out.

Have you noticed all those new

tree plantings in Carroll Commons and the Ranch Park areas? Let me share the backstory. On March 13, 2018, the Borough Council approved the Riparian Planting Habitat Restoration Agreement. Riparian tree buffers serve as a transition from land to water. Riparian trees act as filters for the sediments and pollutants from farm fields, residential lawns and roadways to help keep them from reaching the water. Adams County Conservation District (ACCD), Joe Hallinan, applied for a grant to install these buffers in Carroll Valley. Once the grant was approved, Mr. Hallinan working with the Borough and Mrs. Heather Wight

from the Carroll Valley Tree Board monitored where the tree stream buffers should be planted. They were planted on approximately 4.88 acres of Carroll Commons Park and on .25 acres in Ranch Park (along the north side of Friends Creek Trail). Wish to thank everyone involved in their efforts to enhance the beauty of our parks while protecting our waterways from pollutants without any cost incurred by our residents.

Mark your May Calendar. The Adams County Chiefs of Police Association will host Adams County Fallen Officers Memorial Service on Friday, May 8th at 10 a.m. at the Adams County Emer-

gency Services Building. May 14th is Mother's Day – a day we should all remember those "mom moments" that made us who we are today. Armed Forces Day is May 18th Local Primary Election is May 21st. Memorial Day is May 27th.

Eleven donors attended the Central Pennsylvania Blood Bank Drive held on March 28th which resulted in the collection of 9 pints of blood. This will help the blood bank to save 27 local lives. Thanks to those who participated. The E-Recycling event held on Saturday, April 13th, hosted by Hamiltonban Township, was very successful based the amount of electronics collected. The following data was provided by Nina Garretson, Hamiltonban Township Secretary. There were 158 vehicles visited the site.

The vehicle count by municipality follows: Carroll Valley – 56; Hamiltonban – 37; Highland – 30; Fairfield – 13; Liberty – 13; and Freedom – 9. Three full 20-yard containers and a half full 15-yard container were filled. Thanks, extended to LuAnn Dille and Nina Garretson who checked the vehicles into the drop-off site. The individuals who volunteer their time to help the people unload their equipment were: Ed Wenschof (Freedom Township), Peter Glause (Mid-Atlantic Soaring Association – Liberty Township), Ken Nichols (Carroll Valley Borough), Keith Bauer (Mid-Atlantic Soaring Association – Liberty Township), Bob Andrews (Mid-Atlantic Soaring Association – Liberty Township), and Jason Harbaugh (Fairfield Borough). On the day before Easter, 5,000 eggs filled with candy were found by approximately 400 children on the grounds of the Carroll Valley Commons Park. The volunteers who made it a memorable day were Amanda Bell, Sherrie DeMartino, Crystal Durbin, Pat Ferguson, Gayle Marthers, JoAnn Myers, Laura Rhoades, Marie Schwartz, Fairfield High Baseball Team, and the Jeni Jarrell Studios.

On Friday, May 3rd at 10 a.m., the Adams County Chiefs of Police Association will be hosting the Adams County's Fallen Officers Memorial Service at the Adams County Emergency Services Building located at 230 Greenmyer Lane, Gettysburg. The memorial service involves setting a moment of time each year to remember those Adam Country Police Officers who made the ultimate sacrifice to serve their community. Ladies – Mothers, Grandmothers, Aunts or anyone with a special boy is invited to spend a fun-filled glow-tastic evening full of music, dancing, food, games and fun! Register to attend the Mother and Son Glow Party on Saturday, May 11th from 6:30 to 9:30 p.m. at the Fairfield Fire Hall. The ticket cost is \$20/per. Registration includes a free glow t-shirt for the event which can be picked at registration the evening of the event. For more information, call 717-642-8269. To register, go to [www.eventbrite.com](http://www.eventbrite.com).

The Carroll Valley Movie Night Series is starting up again beginning May 17th showing "Secret Life of Pets". The full schedule follows: June 21st "Moana"; July 19th "Incredibles"; August 16th "Jungle Book (animated) – throwback"; September 20th "A Dog's Way Home"; October 18th "Monster's Inc." – this is the only one that has a rain date (Friday, October 25th). All Movies will begin at 7:30 pm. Limited concessions will be available – just popcorn and drinks. Bring your lawn chairs and blankets and Enjoy!

The May Borough meetings are: Tree Board (May 2nd); Planning Commission (May 6th); Borough Council (May 14th); Sewer/Water Authority (May 20th) and Parks & Recreation Committee (May 22th). The Borough Office will be closed on Tuesday, May 21st – Primary and Monday, May 27th – Memorial Day. If you have any questions, contact me at MayorRonHarris@comcast.net or 301-606-2021.

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# GOVERNMENT—NORTH OF THE BORDER

## County Commissioner Randy Phiel

Beginning in 2012, Emmitsburg News Journal Publisher Mike Hillman invited the newly seated Adams County Board of Commissioners to keep residents informed of Adams County news by submitting a column to the ENJ. We as a Board accepted that invitation, never missed a month, and by my rough calculation with this month's submissions, we have thus submitted approximately 89 articles.

Publisher Hillman has had a unique opportunity and platform to review our body of work as commissioners over the past eight years, evaluate our position on a variety of issues and assess our accomplishments. He has attended and covered many of the events we attend. He has gotten to know each one of us personally. Thus, it is with significant pride, that I can report that Mike Hillman and The Emmitsburg News Journal has chosen in this issue of the ENJ to endorse Commissioner Jim Martin and myself for the contested Republican Primary Election on May 21. Jim and I are both appreciative and honored that the publisher has enough trust in our past performance, abilities and accom-

plishments, to come out and publically endorse us for four more years. Support such as this is earned over time and simply reinforces our consistent commitment to continue our enthusiastic and dedicated service to Adams County residents for four more years!

My primary allegiance and responsibility as county commissioner is to effectively represent the residents of Adams County. I hopefully have lived up to that responsibility! As the County Commissioner Association of Pennsylvania Board of Directors Region 3 Representative, I have been selected, for the past six years, by twenty-nine of my county commissioner colleagues, in nine other counties to our west, to represent them on the Board of CCAP. This is certainly an honor bestowed on me by my peers; but also provides me with enhanced knowledge of issues, resources and input to better serve Adams County. I also serve on the Adams County Land Conservancy Board of Directors, the Adams Regional EMS Board of Directors and the Penn State Mount Alto Advisory Board.

As the Adams County Commissioner Board Chairman, I believe the current Board of Commissioners has much to be proud of. Looking back over the past eight years, numerous accomplishments stand out. We began our tenure with funding and implementing the sorely needed county-wide 911 digital emergency radio project to protect our residents and emergency responders. The project had been languishing and unfunded for several years. I am happy to report it has been deemed extremely successful by our county emergency responders. We also successfully re-structured and consolidated several departments for greater efficiency including tax services and planning. The new Human Services Building project proved both fiscally responsible and operationally effective, by getting the county out of rents and leases and assuring that departments were together for improved collaboration and service. This massive undertaking also resulted in a greatly improved space for both residents and staff, with the project enabling the repurposing of a vacant yearbook plant along with 26

additional acres for the future use. The benefits of the Human Services facility will resonate for decades.

We have an exceptionally good relationship with our legislators and other elected officials that produces results. I am very proud to have played a role in the long awaited Adams County Law Enforcement Firearms Training Range beside the 911 Center becoming a reality. Due to the formation of a private/public partnership, the range was built at no expense to county taxpayers with over \$175,000 raised. There is some more work to be done; but the range is currently in use for training by Adams County law enforcement personnel. As a result of Adams County's health joinder relationship with York County, we are currently in the process of leading an initiative to turn the vacant Mercy House beside St Francis Church into a community substance counseling center as well as a residential treatment center for seven males in recovery. This will soon become reality as the first such facility in Adams County. The fiscal health of any governmental entity is critical and a primary responsibility of elected officials. I can proudly report that the state of Adams

County fiscally is in excellent shape because of overall fiscal conservatism, prudent budgeting, good investment, and effective fiscal oversight that has resulted in two bond increases to AA+ during this Board's tenure. The economic forecast for Adams County is cautiously optimistic with residential building overall picking up; but more appropriate commercial development is desirable.

Four years ago when Commissioner Martin and I ran for our second term as Adams County Commissioner our campaign motto was as follows: Experience, Leadership, Common Sense and Vision. This time we have added one more very important word to those four. It is the word Results. Experience, Leadership, Common Sense & Vision = Results. We do not need to tell you what we can do, what we might do and who we are? You already know. that!

It is distinct privilege for Jim and I to serve as your Adams County Commissioners - and we would be honored by your continued support!

No matter what you do in Adams County, get out there and experience all the historical, recreational, agricultural, natural and cultural opportunities that beautiful Adams County has to offer!

## Carroll Valley Borough Council Candidates

### Bruce Carr

Four years ago I won a write-in election, and at that time my major concern was the Cluster Development on a large undeveloped property. To date, the council has managed to keep that concern at the forefront of ongoing zoning discussions. I also resisted the building of the new Carroll Valley administrative offices and county library. My resistance was due to fear of increased taxes and looming debt. I must say now, those fears have not come to be.

The best thing I was able to accomplish for the citizens of Carroll Valley was the resumption of the annual Trout Fishing Derby. After a five-year hiatus, and with the help of the Borough staff, we were able to hold a very successful derby in April 2017. This year marked the Borough's third consecutive derby.

Other accomplishments include: suggesting a solution to a conflict of two lot owners using a single driveway to their residences; bringing a citizens' concern, regarding the electric company wanting to severely prune a valued oriental, to the Board; and supporting a zoning request by a family wanting to build a garage.

In addition to serving on the Borough Council, I also serve on the Planning Commission and the Water and Sewer Board. Moving forward, I promise to continue to keep the interests of Carroll Valley residents forefront in my service as one of their council members and ask for your support in the coming primary. I also support the election of Michael Wight, John Schubring and re-election of Sarah Skoczen to the Carroll Valley Council.

### Michael Wight

Originally from Michigan, my family and I moved to Maryland in the early 90's to pursue a career with UPS in IT. In the fall of 2016, my wife and I moved to Carroll Valley into what we consider to be our retirement home.

We continue to appreciate what the area offers in terms of quiet living and amenities. The neighbors were very welcoming and the community at large was very inviting.

Since moving into the community, I have become involved with volunteer opportunities, such as Ruth's Harvest, and with the Wesley Chapel United Methodist Church's Family Fun Nights. Leveraging my business background and volunteering attitude, I am currently the president of the board of directors at the Fort Ritchie Community Center. I have volunteered for many of the activities and programs there, including the Easter egg hunt. I

have used my knowledge in IT to help with computer and network issues.

I also used my technical background during the final stages of the new Carroll Valley Borough building. I had an opportunity to review the contract and contribute my knowledge of wireless systems and IT processes. I made suggestions that saved the Borough more than \$10,000.

I like what I see here in Carroll Valley, and I would like to help keep it that way as appropriate. There are always areas for improvement, refinement and growth. The parks and public areas get some use, but with a minimal facelift they could be more attractive - and

some of that is going on now. Some have called Carroll Valley a "Bedroom Community" and I like that.

I am running in the May primary on the Republican ticket.

### Sarah Skoczen

I am running for re-election to the Carroll Valley Borough Council. I joined the Carroll Valley Council in 2014 to become more involved in my community. I have served as President of the Council since 2017.

My husband and I moved to Carroll Valley in 2004 and now have two daughters in the Fairfield School District. We love living in Carroll Val-

ley and I wish to see it continue to be a wonderful place to raise a family. Another reason I decided to run for council, and am running for re-election, is to add diversity to the council. Since I have lived in Carroll Valley the council has been majority male and for the most part retired individuals - this does not represent the demographics of Carroll Valley.

I am very excited to see three female candidates on the ballot for this year's primary: myself, Jessica Kraft and Beth Cool. I am running as a Republican and would appreciate your vote on May 21. If you are a registered Democrat please consider writing in Sarah Skoczen and Jessica Kraft, as there are currently only two names on the Democratic ballot for four open seats.

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## COMMENTARY

# Words From Winterbilt

## The weather is changing...

Shannon Bohrer

On cold winter days the radiant warmth from a cast iron wood stove can be very comforting. Wood fires seem to make you feel warmer and there is something heartening about providing your own heat. It just feels good. Providing your own heat also has an economic benefit. The wood comes from our farm so it is just a matter of our labor. Our firewood is stacked for about a year before we use it.

Our process of gathering the wood over the years has evolved. When we began we just walked, carrying the chain saw, fuel, axe, and maul and splitting wedges. After the cutting and splitting we moved the wood back to the house by wheel barrow. If the wood was farther away, we sometimes used the tractor or truck. We were young. We now travel in a golf cart, hauling everything we need. Behind the golf cart we tow a four wheel wagon and attached to the wagon is a gas powdered log splitter. After cutting and splitting we haul the split wood back in the wagon. I like to think of our wood gathering process as an evolution - for consideration of our ageing.

For several years our progress has been hampered with the wet win-

ters that we have experienced. This past year we actually set a record in Maryland for rainfall with 84 inches. Generally, we like to have our firewood split and stacked during the winter months and for several years we have not finished until early spring. The last several years we seem to have more wet and muddy days than usual and traversing our hay fields to gather wood is limited because of the weather.

The wet weather has not only affected the firewood gathering, but also the hay making. Last year our fields were so wet that our first cutting was in July, about a month late. For many farmers that depend on farming income last summer was disastrous. One neighbor told me his entire first hay cutting was lost. With milk and crop prices so low, the additional burdens created by the weather just seems unnatural. Then again, maybe this unnatural weather is just the beginning of our new normal weather patterns.

Southern California, west Texas, parts of Australia, central African and other parts of the world have been experiencing droughts that exceeded the history of normal weather patterns. Then after years of droughts when the rains did come, areas in Australia and South-

ern California experienced record flooding. Record flooding is also occurring more often in our Midwest and southern states and seems to be a worldwide issue.

There were times when extreme weather events were rare. Now extreme weather events seems to be the norm. In the U.S. we seem to have increases in severe weather including hurricanes and tornadoes. I recall that just a few years ago tornadoes were reported on Christmas day. If the strange weather becomes the norm, how will that affect agriculture? Will a new norm of changed weather patterns affect how and where we live?

In 2017 Houston Texas experienced widespread flooding when Hurricane Harvey landed in 2017. It was said that Hurricane Harvey was a once in 500 year event. The problem is that the once in 500 events are occurring more frequently. Houston experienced three such events in three years, 2015, 2016 and then Harvey. When areas flood that have never flooded before, and then the flooding is repeated, that could be an indicator of a problem. In my former career we would call that a clue.

In 2016 Maryland experienced a once in 1,000 year event, when Elliott City flooded. Then in 2018, we had another similar event, and Elli-

cott City flooded - again. While two once in 1,000 year events, in just two years might seem unprecedented, from 2010 to 2015 the state of South Carolina experienced 6 such events. That would be a larger clue.

It is often said that we are experiencing global warming and that we should not confuse the weather with global warming. We are also told that with global warming we will experience more extreme weather. It does not matter if you believe it or not; our weather has changed and the changes will affect us, in many ways. Gathering my firewood is a minor issue. Not being able to farm and raise crops - is a much larger issue.

Worldwide, 2018 was the fourth hottest year on record. According to NOAA and NASA, it was also a near record year for "climate disasters." The five hottest years on record are the last five years. During the last twenty two years, "the twenty hottest years on record" occurred. The predictions have always been that we will experience more extremes in our weather, like droughts and floods. I can't help but feel that the predictions are no longer predictions; that they have become the current reality.

This year's flooding in Nebraska is the largest natural disaster in the state's history. Nebraska (and the neighboring states) has widespread loss of stored crops and livestock. The initial estimates of loss for just

Nebraska is one and a half billion dollars. After the initial loss estimates were made, the same areas experienced extreme snow storms, followed by more flooding. What happens when they can't plant spring crops?

At the recent world economic forum in Davos Switzerland Ms. Erman Thunberg, a 16-year old from Sweden, addressed the attendees. Part of her speech,

*"Adults keep saying: we owe it to the young people to give them hope. But I don't want your hope. I don't want you to be hopeful. I want you to panic. I want you to feel the fear I feel every day. And then I want you to act. I want you to act as you would in a crisis. I want you to act as if our house is on fire, because it is." "You say you love your children above all else, and yet you're stealing their future in front of their very eyes," "Our House is on fire"*

Her speech put my firewood issues in perspective. If our house is on fire, we won't need any firewood, but we may need unflooded lands, and lands without droughts - to grow food.

To read past editions of Words From Winterbilt, visit the Author's section of Emmitsburg.net.

# Common Cents

## The wealth of nations

Ralph Murphy

Protest movements such as the French inspired "yellow vest" group have been active in street demonstrations there and abroad since last November. What initially was described as an unlikely outrage at a peripheral diesel tax increase did take on a clearer political agenda as other groups became involved. It draws light on a non essential service group that seems to perceive self value amid a fund draw down to their activities as again the sourcing and need to levels wasn't justified by their labor efforts. They aren't missed in the markets.

With close scrutiny to the demonstrators' demands the issue seems more closely linked to wealth distribution than its actual creation. That is a common problem as it was for many years supported by theory that translated to political policy, which simply allowed spending but had little or no regard for its creation and that is only possible to exchange value with a sale of a good or service. Fundamental production requirements such as capital, training, and resource availability that are arbitrarily blocked, capped, or redirected by a governing control authority can lead to successful redress in effective protests. Loud bemoaning of perceived social injustice without links to actual sales probably would cost producers if accommodated at high cost to most others.

Culture links tied to social programs can vary widely between geographic regions, and even to local issues but there generally is consensus on a legal authority's mandate to implement or enforce the laws. While laws are generally intended to support social stability when applied to economics specifically there can be costly usurp of production earnings that might make its venture capital owners simply quit.

What seems to be needed is accord there are universal or natural laws as espoused throughout the ages from Greek to Oriental and modern western social philosophers as Plato or Lao Tzu or John Locke that also support conventional systems and provide goods or services according to a predictable design. They're inherent in nature and provide a paradigm or blueprint for action of an identifiable product that requires the same production needs no matter its point of location. The systems can be accessed with training, interest, or resource availability if the entrepreneur is given the chance.

Social systems are very compatible with natural science ones which often use their services for output. The problems in much of the developing world and also more advanced ones included religious edicts that reflect systemic needs or denials for a good or service and not a broader guiding force in an assessment of its impact on totality. Here in America it's relatively easy to apply a marketable idea for sale based on demand

that generates wealth, and that is again the only way to do so. Elsewhere as in a caste system it can be almost impossible. There were real historic issues as to intrinsic lack of ability for a given community to advance based on family precedent or other social measures that didn't reflect testing patterns of the applicant's abilities and inhibited that type of advancement.

If there is social permission to statute and the resources and training are otherwise available and the consumer reflects sales interest wealth can be created. Redistributing it after is a domestic concern but shouldn't be confused with meeting the systemic requirements that vary with the good or service. That involves a free flow of resources as capital or labor movements within a competitive framework as the key and requires a sense of community that bands to unique culture. It almost always involves a federal authority that protects them from external interventions. Not one that enables them.

An issue now of relatively serious concern is the labor market or component to supply needs as it is a cost concern of almost every producer. There are different types of labor obviously to include unskilled where no real training is required and lower skilled where common skills such as reading or writing may be more focused but unique demands minimal. Almost anyone can do those type jobs and the wages tend to be lower as the investment effort minimal and they can be easily replaced.

Salaried employees tend to reflect higher training require-

ments and are a component of supply cost. Economists refer to needed production costs that can vary between cycles as variable input cost, not to be confused with the required physical capital that accommodates the workers known as a fixed cost and are usually multi use. The capital owner generally takes his earning from profits not the variable input market so would be more vulnerable to demand and price changes which obviously means a less stable return.

Labor and other variable inputs are flow phenomenon that depend on other suppliers but provide the unique output at a point in time and can be subject to vast variance though some sales are very predictable. Inelastic goods tend to reflect survival needs while elastic demand more fleeting wants closer to social trends. Politics linked to the inelastic demand groups, which are routinely more predictable and consistent than the fads. Conservative groups are closer identified with the inelastic service providers though Liberals do respect the need for them on reflection.

The problems facing many domestic producers or especially retail outlets to include major department or grocery stores like Walmart, Home Depot or Safeway and others is they can or have to access foreign labor markets that meet the minimum skill requirements. They foreigners also seem to gravitate toward what would be yellow vest groups if they were active linked to mass transit or infrastructure and that disturbingly to the Department of Homeland Security that that regulates them.

There are serious cultural differences with them that crudely translate to host concerns of these beneficiaries. Their rotation is high and they seem to reflect broadly different domestic norms. Local authorities have to watch them and influx sourcing challenged as the assimilation if any is testy especially if they're able to bring family as well. Their access to need for leverage wasn't clear but the outsourcing as foreign nationals likely on visa was or is apparent. It's generally more stable to use locals for that type work if it's needed as they are more in touch with other cultural standards that the outsourcing simply disregards.

Protests for social injustice tied to lack of opportunity especially in legal restrictions are far easier to justify than those linked to relative wealth. The esoteric interests or abilities of those groups may not be marketable in a given product environment though applicable elsewhere. Movement of variable resources within a competitive framework shouldn't be inhibited nor artificially propped by a governing control authority unless its determined a clear or quantifiable threat. The host governing authority should block threatening social players as systemic or non systemic attacks, but if a good or service can be domestically produced and the resources and interests available the good or service should be allowed to be provided demand and conventional wealth then created.

To read other articles by Ralph Murphy visit the Authors section of Emmitsburg.net.

# The American Mind

## Will we survive the Republican & Democrat parties?

*"I have often expressed my fears of disunion amongst the states from collision of interests, but especially from the baneful effects of factions."*

— John Patrick Henry

The Mueller report has been released and after millions of dollars and two years, nothing, no collusion, no Trump - Russian conspiracy.

With that unpleasantness behind us, it should be time to get back to the people's work of running the country. We have an out of control opioid problem, soldiers dying in wars that half of Americans have forgotten about, still no replacement or repair of the Affordable Care Act, crumbling infrastructure, mass illegal immigration, etc.

But no. The Democrat party is stuck on partisan gamesmanship. Their stated mission is to destroy the President and the Republicans. Their leaders are very clear on the point that their priority is to take down President Trump. Is this what we elect our leaders to do?

After Trump was cleared, Rep. Maxine Waters (D-Calif.) continued her crusade against President Donald Trump. "I received some criticism because I said Republicans supporting Trump -after his crimes & work with Russians - are unpatriotic. Yes, I said it!", the 80-year-old Congresswoman

tweeted. "How can you know the enemy Russia is undermining our democracy and say & do nothing? If you don't care, I do. We must impeach Putin's President Trump!"

Senator Elizabeth Warren uses every opportunity to repeat her call for partisan war against our President and his voters. Her message is repeated by South Bend, Indiana Mayor Pete Buttigieg, Sen. Cory Booker (D-NJ), and a news media willing to do anything to keep the narrative alive.

Nancy Pelosi is one of the few Democrats sobering up to the fact that impeachment and continuation of manufactured anti-Trump narratives could have massive blowback for her party. The Democrats would do much better if they just showed the American people their ability to lead and address issues of improving quality of life. But that is unlikely to happen. We may be too far down the rabbit hole.

We have reached a time when the political parties exist not to solve problems of state. Compromise and conciliation are seen as weakness. Defeat of the opposite party, with no regard to the effect on the union, is all that matters.

After Nancy Pelosi became Speaker of the House, I remember her giving a speech where she said her goal was to elect more Democrats.

In 2010, Senate Republican Leader Mitch McConnell said, "The single most important thing we want to achieve is for President Obama to be a one-term President.

Cheering for the President to fail simply because he is not a member of your own party is sickening. It is like hoping the navigator of your ship screws up and sinks the ship just so you can say, "I told you so."

I did not vote for Obama and was very critical of his presidency. But at no time did I want him to fail. I remembered being puzzled by colleagues who would take great delight in every misstep or policy failure. To me, that is just downright un-American.

President Trump not only has an opposition party who is willing to do anything to see him fail, but there are entire cable channels posing as news outlets whose sole existence seems to be the creation of fake narratives and demonization of anyone who supports President Trump.

Don't think that the Republicans will not do the same the next time a Democrat sits in the White House.

On the legislative side. All political is now party politics. Congressmen and Senators seldom represent their districts and states when voting. They represent their party. Like the character Joseph, in the play H.M.S. Pinafore, stated, "Always voted at my

party's call, and never thought of thinking for myself at all".

The Constitution clearly intends that lawmakers should represent the constituents of their elected state and district. This is why you have to be a resident of the state.

A number of years ago, the Washington Post published a review of Senate votes. Over two years, Congress had voted on wars in Iraq and Afghanistan, spent billions of taxpayer money, and conducted the business of the American people on delicate and important issues. All totaled 650 votes. Forty-four of the 100 hundred Senators voted party line 90% of the time. Ben Cardin of Maryland was loyal 97.4 percent of the time. Chuck Schumer, 97%, Daniel Akaka of Hawaii, 96.8%, and Frank Lautenberg of New Jersey 96.6%. Barack Obama, Joe Biden, and Hillary Clinton were still members of the Senate at the time and they voted their party line all above 96%, with Hillary coming in at 97.3%.

The Republicans were only slightly better. Mitch McConnell, Saxby Chambliss, and John Cornyn top out the list, all around 90%. A large number of Republicans broke with the party and came in under 80%.

Increasing partisanship is very evident in the history of Supreme Court nominees. With all the problems President Franklin Roosevelt had with SCUSA and his New Deal proposals, his nominations sailed through the Senate in as little as 12 days. Nixon, Rea-

gan, and Bush (with the exception of Bork) had little problems. Sandra Day O'Connor and Antonin Scalia were all confirmed unanimously. Bork's nomination failed but two Democrats voted for him while 6 Republicans voted against.

Today's nominations are a strict party fight. Senator Bob Casey and Senate Minority Leader Chuck Schumer announced that they opposed Trump's pick without knowing whom the President had selected. Brett Kavanaugh's fight for confirmation has set the tone for all future Supreme Court nominations. All will be partisan.

Is this the leadership our country needs? The Republic has survived wars on every continent, and a civil war. We have weathered great depressions and civil unrest. But can we survive the Democrats and Republicans?

*"However [political parties] may now and then answer popular ends, they are likely in the course of time and things, to become potent engines, by which cunning, ambitious, and unprincipled men will be enabled to subvert the power of the people and to usurp for themselves the reins of government, destroying afterwards the very engines which have lifted them to unjust dominion."*

—George Washington, farewell address, 1796

To read past editions of *The American Mind*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Down Under

## The happiness factor

Submitted by Lindsay!  
Melbourne, Australia

*It is a Poor Heart that Never Rejoiced*

—proverbs

The 2019 United Nations' World Happiness report has just been published, and America is continuing to fall down the ratings, now at 19th. This is the lowest ranking ever, although France and Belgium slipped further to 24 & 25, mostly due to the refugee problem and the economy. The United Kingdom, home of hyper-observation and the anxiety of Brexit, comes in at 15.

The parameters they use are: measured income; social support; life expectancy; freedom; generosity; and trust in government. The leading 50 countries are rated, and the results are both unexpected and surprising.

The Scandinavian countries continue to be the top five, with the first surprise being New Zealand in at number 8, followed by Canada, Austria and Australia. Thailand comes in last, which is not to say it's the worst, just that it made it into the top 50.

Why Scandinavia? They certainly come top in social support and trust in government, and are high in life expectancy; the one that is most telling, however, is generosity. This is actually

a mark of community involvement, of local cohesion, and concern for your neighbour. When you can walk down the street and be pleasantly greeted by strangers who would sooner take you for a coffee than ask what your affiliations are or have their hand out, you have to feel safer, more included, and far more likely to help someone down on their luck.

The higher the ranking, the more the views of the citizens are taken seriously, the more they will be believed by authorities, and their confidence in the probity of government greater than elsewhere.

In many respects they are the opposite of America both in appearance and practice. They don't crave headlines, talk nonsense, or are noticeably xenophobic. And above all, the government trusts the citizens. That is a rarely considered parameter, but is one of the foundations of true democracy, one that is both easily eroded and yet exploited - except when the citizenry are well educated. In fact, the higher the ranking the greater the level of education, and this is one of the easiest parameters to achieve. It just takes a system that puts state funded education way ahead of private money, with state funded teacher training and sufficient resources to maintain the standards.

Profit gained from education is not monetary, it is the knowledge that the ability to work together, to know that productivity and cooperation is more important than being top dog and producing bigger dividends. This in turn reduces stress levels, and stress is the enemy of happiness - and it is also one of the things that promotes drug use and criminality. As well, justice is not politicised and remains out of private hands. Their strengths are the people and what they offer and can do. They are not exploited, lied to or taken as idiots.

Fundamental to all this is something that will, I am sure, grate, make you gnash your teeth and stop reading: They have some of the highest tax rates in the world.

Yes, they have socialist leanings - and the people like it. This is the opposite of you, who believe that everyone has the right to do their thing without government interference or, let's be honest, paying your hated tax obligations.

Scandinavia and many other countries hold that paying tax, (providing it is equitable, where the rich pay a higher percentage of tax the those lower down) is a right. The government provides welfare, pensions, healthcare, most education, all the while running essential services.

Like many countries around the world, they do not see profit as the be all and end all of existence. They have kept capitalism in its box, not allowing it to grow, cancer-like, to feed off the health and well-being of the citi-



zens. One could say they are, in fact, more civilised.

That is not to say that America is all bad; it most certainly is not, but it has dropped down the rankings because too many things have declined: Trust, social support, freedom, male life expectancy, and generosity. So has measured income, although that's hard to see when more and more people are becoming million-billionaires. Yes, minimum wages have risen in many places, but it's the middle class that have languished. They have suffered from losing out to the plutocrats; the poor have not got poorer because they are at rock bottom already.

Australia fell one place because of the idiotic changes of government and anger over the removal of moderates. We are somewhere between you and the Scandinavians, with a far right group that must have come from the detritus of the tea party; their hero is Steve Bannon, and they want to implant their egos into the Austra-

lian mind. With an election here in a month, the conservatives are lead by a Pentecostal smiler who is one of them.

There is one strange feature of this index. It shows that this right wing conservatism pulls the ratings down - across all the countries assessed. As parts of Europe have become more anti-democratic, the happiness of the people has fallen, and like you, their suicide rates have shot up.

You may think that a happiness index is a bit silly in this day of conformity, but it is one way of gauging the state of the nation, and much more accurate than the hyperbole that flows from to presidential machine.

When you are happy, when you feel it in your bones and the sun shines, then you can clap your hands in a celebration of living.

I'll shake on that, from Australia to you.

To read past editions of *Down Under*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# THE PASTOR'S DESK

## Contend for the faith

**Pastor Engel**  
**Emmitsburg Community**  
**Bible Church**

Beloved, while I was very diligent to write to you concerning our common salvation, I found it necessary to write to you exhorting you to contend earnestly for the faith which was once for all delivered to the saints.

For certain men have crept in unnoticed, who long ago were marked out for this condemnation, ungodly men, who turn the grace of our God into licentiousness and deny the only Lord God and our Lord Jesus Christ.

What do the Universities of Harvard, Yale, Columbia, Dartmouth, William and Mary, Brown, and Princeton have in common? They were all founded by Christians for the

primary purpose of training gospel ministers.

Today, these same institutions are strongholds of secular humanism - "the belief that humanity is capable of morality and self-fulfillment without a belief in God." These are institutions where Christianity is, at best, barely tolerated, and, at worst, ridiculed.

How did that happen?"

God's people did not take seriously this warning here in Jude 3-4. Jude gives us 3 exhortations that we are to follow as we stand in the gap for the truth of God.

1. Be diligent to expand the faith -

Jude never intended to write a book defending the faith; he intended to write a book declaring the faith. He begins by saying,

"beloved, while I was very diligent to write to you concerning our common Salvation," Jude was interested in writing about salvation. There are two things about salvation in this half sentence that we need to learn:

Salvation should ignite us - What excited Jude was not that Jesus was his half-brother, but that Jesus was his full savior! That was the passion of his heart, that was the obsession of his life. Jude just wanted to write about salvation. Salvation is what we ought to write about, sing about, preach about, talk about, pray about, and shout about, because there is nothing like being saved. Every sinner needs to get saved. Every saint should be telling those who are lost how they can be saved.

Salvation should unite us - Jude wanted to write about "our common salvation." Salvation is what brings us together, binds us together, builds us together, and blesses us together. We are to be diligent to expand the faith, we are to be devoted contenders for the faith rather than simply declare the faith, Jude was compelled to defend the faith, He said we are to "contend earnestly for the faith." This faith is the truth of the word of God.

There are 6 non-negotiables of the Christian faith:

1. The inerrancy of scripture - knowing this first of all, that no prophecy of Scripture comes from someone's own interpretation. For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit. 2 Peter 1:20-21
2. The deity of Christ - waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ. Titus 2:13
3. The virgin birth - for that which is conceived in her is of the Holy Spirit. 21 And she will bring forth a Son, and you shall call His name Jesus, for He will save His people from their sins." So all this was done that it might be fulfilled which was spoken by the Lord through the prophet, saying: 23 "Behold, the virgin shall be with child, and bear a Son, and they shall call His name Immanuel," which is translated, "God with us." Matt 1:20-25
4. Christ's substitutionary death - Christ died for our sins according to the Scriptures. ICor 15:3
5. Christ's physical resurrection - but now Christ is risen from the dead. ICor 15:20
6. Christ's 2nd coming - this same Jesus, who was taken up from you into heaven, will so come in like manner as you saw Him go into heaven." That is

the core of our theology. It all begins with the infallibility of the Word- the bible is the only word we have from God. We don't need a revelation of new truth. We just need an application of the old truth. This faith is "once for all delivered to the saints." This faith was not discovered by the saints, it was delivered to the saints. When others corrupt the faith, we are to contend for the faith. When others deny the faith, we are to defend the faith. We don't need to be ashamed of what we believe nor afraid to fight for it when necessary. Acts 1:11

The most dangerous enemy is the one that looks the most like a friend. The most dangerous counterfeit is one that looks the most like the real thing.

An apostate is someone who will use our vocabulary, but not our dictionary. Jude tells us exactly how to point out an apostate. These men who crept in are "ungodly men who turn the grace of our God into lewdness." They "deny the only Lord God."

Apostates defy the authority of God. The apostate speaks the world's language, defends the world's morals, and either says God doesn't care, or God doesn't matter. They deny "our Lord Jesus Christ." Now here is the true acid test of the apostate.

When a professor or a preacher says, "Jesus was not born of a virgin," or that "Jesus is not God" or that "Jesus did not have to die for our salvation, or that "Jesus was not raised from the dead," or "Jesus is not coming again," Those are fighting words!

I don't care what degree they have - or what title is in front of their name, when you hear someone talk like that you are listening to an apostate. If that person is wrong about Jesus, it doesn't matter what else they are right about.

Prov 14:12 "There is a way that seems right to a man, But its end is the way of death." Jude made it clear what our mission is: 1) We are to be diligent to expand the faith, 2) to be devoted contenders for the faith, and 3) to be determined defenders of the faith.

May God help us to earnestly contend for the faith - no matter what!

To read past Pastor Desk Articles, visit [Emmitsburg.net](http://Emmitsburg.net).

### Be determined defenders of the faith

The reason why we ought to keep our guard up is because of what Jude says in v.4, "certain men have crept in unnoticed." In modern day terminology, there are stealth liberals who fly in under spiritual radar so they can take over and steal that which has been built by bible-believing conservatives. Jude is not talking about false teachers, he's talking about apostates.

An apostate claims to be a Christian, but a false teacher doesn't. The word apostasy literally means "a turning away" or "a falling away." I Timothy 4:1, "now the spirit expressly says that in latter times some will depart from the faith, giving heed to deceiving spirits and doctrines of demons."

The devil has two methods of attacking the church. 1. He does it by the persecution of the faithful, 2. He does it by the perversion of the faith.

### Events at Graceham Moravian Church

Every Sunday worship 8 & 10:30 a.m., Sunday School for all ages, 9:15 a.m.

May 5 - Pasta Lunch and Silent Auction to support children and youth camping scholarship fund.

May 6 - Served with Grace Free Community Meal, 5:30-7 p.m.

May 12 - Inter-generational musical production, "Are We There Yet? The Story of Moses and the Exodus" - a fun musical message for the whole family May 26 - Memorial-Day recognition. Cinematic event "Living Generously."

Graceham Moravian Church is located at 8231-A Rocky Ridge Rd., Thurmont. For more information call 301-271-2379.

## The Latin Mass

**Mike Hargadon**

As a young boy, some almost 60 years ago, I served at the altar for Latin Mass in my parish. Looking for tradition has been a sort of coming home. Even though the Extraordinary (Latin) form of the Mass had been all but eliminated, there are Chapels in the area, which offer the Holy "Sacrifice" of the Mass, in Latin.

Some churches, that I am aware of that offer the traditional Latin prayers are: St. Alphonsus in downtown Baltimore, with the Priestly Fraternity of St. Peter, St. Mary's in Hagerstown, the new

Carmelite Monastery in Fairfield, and the Seminary at the Mount has a Mass on Monday mornings at 7 a.m. when the seminary is in session. Father Gross celebrates a dialogue Mass, where the congregation responds similar to the altar servers. We prefer the Augustinian monks in Charles Town, West Virginia, at the Priory of the Canons Regular of New Jerusalem. It is only about a 50-minute drive. They have two Latin Masses everyday, administer the sacraments according to the old rite, and have an active 3rd Order Canons, for lay people.

The Latin Mass also differs in that the Priest does not face the people

when leading the prayers. Communion is placed directly on a recipient's tongue (not in the hand), most women wear chapel veils, and silence for personal prayer is a priority. Judging from the attendance, there seems to be larger numbers of faithful searching for this Traditional worship.

Over the years, the Catholic Church has been the force defending the dignity of the individual, the importance of the family, and the primacy of our Trinitarian God. Please pray for the Catholic Church: the good priests, good seminarians, and the Truth. We will pray for you.

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 (Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)

**COMMUNITY DINNER**  
**Sat., May 11th - 12-5 p.m.**  
**At The Parish Hall**  
 (Proceeds to benefit cemetery upkeep & street lights)  
 Menu: Fried Chicken & Country Ham, Chicken & Ham Slippery Pot Pie, Creamed Peas, Harvard Beets, Cole Slaw, Apple Sauce, Rolls & Cake Baked Goods & Fancy Table  
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*"For where two or three are gathered together in my name, there am I in the midst of them."*  
 Matthew 18:20

*Join us in praising God's word*  
*All are welcome in the house*  
*of the Lord!*

  
 Pastor: Walter (Mickey) Barlow

## THE BOOK OF DAYS

## The nature and folklore of May



May brings with her the beauty and fragrance of hawthorn blossoms and the song of the nightingale. Our old poets delighted in describing her as a beautiful maiden, clothed in sunshine, and scattering flowers on the earth, while she danced to the music of birds and brooks. She has given a rich greenness to the young corn, and the grass is now tall enough for the flowers to play at hide-and-seek among, as they are chased by the wind.

The fields and woods now ring with incessant sounds all day long; from out the sky comes the loud cawing of the rook as it passes overhead, sometimes startling us by its sudden cry, when flying so low we can trace its moving shadow over the grass. We hear the cooing of ringdoves, and when they cease for a few moments, the pause is filled up by the singing of so many birds, that only a practiced ear is enabled to distinguish one from the other; then comes the clear, bell-like note of the cuckoo, high above all, followed by the shriek of the beautifully marked jay.

Every way bees are now flying across our path, after making 'war among the velvet buds,' out of which they come covered with pollen, as if they had been plundering some golden treasury, and were returning home with their spoils. They, with their luminous eyes—which can see in the dark—are familiar with all the little inhabitants of the flowers they plunder, and which are only visible to us through glasses that magnify largely. What a commotion a bee must make among those tiny dwellers in the golden courts of stamens and pistils, as its great eyes come peeping down into the very bottom of the calyx—the foundation of their flowery tower.

The refreshing smell of May-buds after a shower is a delight never to be forgotten; and, for aught we know to the contrary, birds may, like us, enjoy this delicious perfume, and we have fancied that this is why

they prefer building their nests and rearing their young among the May blossoms.

The nightingale comes with its sweet music to usher in this month of flowers, and it is now generally believed that the male is the first that makes its appearance in England, and that his song increases in sweetness as the expected arrival of the female draws nearer. Nor will he shift his place, but continues to sing about the spot where he is first heard, and where she is sure to find him when she comes. We have no doubt these birds understand one another, and that the female finds her mate by his song, which was familiar to her before her arrival, and that she can distinguish his voice from all others.

Butterflies are now darting about in every direction, here seeming to play with one another — a dozen together in places — there resting with folded wings on some flower, then setting off in that zig-zag flight which enables them to escape their pursuers, as few birds can turn sudden enough, when on the wing, to capture them. What is that liquid nourishment, we often wonder, which they suck up through their

tiny proboscises; is it dew, or the honey of flowers?

Examine the exquisite scales of their wings through a glass, and then you will say that, poetical as many of the names are by which they are known, they are not equal to the beauty they attempt to designate. Rose-shaded, damask-dyed, garden-carpet, violet-spotted, green veined, and many another name beside, conveys no notion of the jewels of gold and silver, and richly coloured precious stones, set in the forms of the most beautiful flowers, which adorn their wings, heads, and the under part of their bodies, some portions of which appear like plumes of the gaudiest feathers.

By the end of this month most of the trees will have donned their new attire, nor will they ever appear more beautiful than now, for the foliage of summer is darker; the delicate spring-green is gone by the end of June, and the leaves then no longer look fresh and new. Nor is the foliage as yet dense enough to hide the traces of the branches, which, like graceful maidens, still show their shapes through their slender attire — a beauty that will be lost when they attain the full-bourgeoned matronliness of summer.

But trees are rarely to be seen to perfection in woods or forests, unless it be here and there one or two standing in some open space, for in these places they are generally too crowded together. When near, if not over close, they show best in some noble avenue, especially if each tree has plenty of room to stretch out its arms, without too closely elbowing its neighbour; then a good many together can be taken in by the eye at once, from the root to the highest spray, and grand do they look as the aisle of some noble cathedral.

In clumps they are "beautiful exceedingly," scattered as it were at random, when no separate branch is seen, but all the foliage is massed together like one immense tree, resting on its background of sky. Even on level ground a clump of trees has a pleasing appearance, for the lower branches blend harmoniously with the grass, while the blue

air seems to float about the upper portions like a transparent veil.

Here, too, we see such colours as only a few of our first-rate artists succeed in imitating; the sun-shine that falls golden here, and deepens into amber there, touched with bronze, then the dark green, almost black in the shade, with dashes of purple and emerald — green as the first sward of showery April. We have often fancied, when standing on some eminence that overlooked a wide stretch of woodland, we have seen such terraces along the sweeps of foliage as were too beautiful for anything excepting angels to walk upon.

We have now a great increase of flowers, and amongst them the graceful wood-sorrel — the true Irish shamrock — the trefoil leaves of which are heart-shaped, of a bright green, and a true weatherglass, as they always shut up at the approach of rain. The petals, which are beautifully streaked with lilac, soon fade when the flower is gathered, while the leaves yield the purest oxalic acid, and are much sourer than the common sorrel. Buttercups are now abundant, and make the fields one blaze of gold, for they grow higher than the generality of our grasses, and so overtop the green that surrounds them.

Several of the beautiful wild geraniums, commonly called crane's-bill, dove's-bill, and other names, are now in flower, and some of them bear foliage as soft and downy as those that are cultivated. Some have rich rose-coloured flowers, others are dashed with deep purple, like the heart's-ease, while the one

known as herb Robert is as beautiful as any of our garden flowers.

**Historical**

May was the second month in the old Alban calendar, the third in that of Romulus, and the fifth in the one instituted by Numa Pompilius — a station it has held from that distant date to the present period. It consisted of twenty-two days in the Alban, and of thirtyone in Romulus's calendar; Numa deprived it of the odd day, which Julius Caesar restored, since which it has remained undisturbed.

The most receivable account of the origin of the name of the month is that which represents it as being assigned in honour of the Majores, or Maiores, the senate in the original constitution of Rome, June being in like manner a compliment to the, Juniores, or inferior branch of the Roman legislature. The notion that it was in honour of Maia, the mother by Jupiter of the god Hermes, or Mercury, seems entirely gratuitous, and merely surmised in consequence of the resemblance of the word. Amongst our Saxon forefathers the month was called Tri-Milchi, with an understood reference to the improved condition of the cattle under benefit of the spring herbage, the cow being now able to give milk thrice a-day.

It is an idea as ancient as early Roman times and still prevalent in Europe, that May is an unlucky month in which to be married.

To read more of Robert Chambers' *The Book of Days*, visit [Emmitsburg.net](http://Emmitsburg.net).

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**Pastor Joe Engel**

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## ECOLOGY

# Studying the health of Toms Creek

Sue deVeer,  
Friends of Toms Creek

On March 29, the Friends of Toms Creek held their spring macroinvertebrate count of aquatic insects found in Toms Creek. About twenty volunteers peered into white bins of water samples, spoons and pipettes in hand, watching for something to move. The counts, which have taken place in the spring and fall every year since 2014, aim to increase community awareness and introduce participants to hands-on citizen science.

Friends of Toms Creek is a non-profit group working to protect the headwaters of Toms Creek, a rare, High-Quality cold water fishery in southwest Adams County, Pennsylvania. The grassroots group monitors and protects the environment and watershed of Toms Creek. The fifty square mile Toms Creek watershed begins in Adams County, and travels twenty-one miles southeast through Frederick County, Maryland where it joins the Monocacy River. The Monocacy River is a tributary to the Potomac River, contributing to the health of the Chesapeake Bay, and ultimately, the Atlantic Ocean.

All of Adams County's water begins here, with no rivers or streams flowing into Adams county, so we are called to be the stewards of these pristine headwaters. Adams County is fortunate that our water resources are generally of good quality. Nevertheless, how do you know? Some of the most "pristine" streams in Pennsylvania look beautiful, but there is not a

living thing in them because of acid or copper-tainted or silty mine drainage. Water quality simply cannot be determined by casual observance. It requires some detective work.

The detective work starts by examining the aquatic life in the stream. Most folks are aware of fish in streams and that fish are an indicator of water quality, with wild trout being the best indicator. Of course, trout and other fish must consume something to survive and aquatic insects are the next thing down on the food chain. As it turns out, aquatic insects are actually a better indicator of water quality than fish and the detective work starts getting serious with macroinvertebrate sampling.

"Macro," meaning big (and everything is relative), and "invertebrate," meaning no backbone, is a big word for aquatic insects. By collecting and analyzing a sample of aquatic insects from a stream, you can determine the quality of the water in the stream. Some insect larva, like mayflies and stoneflies, absolutely refuse to live in polluted water, so if you find those, the water quality is good. Other insect larva, like black fly and midges, tolerate lower water quality, so if you find those, the water quality is suspect. If you find nothing in your sample, you have a toxicity problem.

A growing team of interested and dedicated volunteers has been surveying Toms Creek twice yearly in spring and fall since 2014 to determine the water quality and, over time, determine any trends to the health of the stream. At the Friends of Toms Creek volunteer event in March,

participants ranged in age from 8 to 70-plus. Using laminated identification sheets, aquatic insects were sorted by kind into white ice cube trays for a water biologist to count and identify. Some of the critters try to hide in the leaf debris, or under the stones or cobbles, and some try to crawl right out of the ice cube trays! Volunteers were amazed at the variety and quantity of water critters living in the creek. This spring, several species of mayfly nymphs and some large stonefly nymphs were observed. These sensitive species are positive indicators of stream health. In one sample the children even found a sculpin, a tiny fish – not an invertebrate, but another great indicator of the stream's health and diversity. The children loved running the sculpin back to the stream to be released!

The macroinvertebrate counts are done using the Environmental Alliance for Senior Involvement (EASI) method, which is very accessible to non-scientists. For macroinvertebrate assessment, this method enables watershed groups to easily monitor the long-term biological condition of streams. The EASI method utilizes an easy to understand tally sheet. An example can be viewed in the Biological Monitoring Manual developed by The Alliance for Aquatic Resource Monitoring at Dickinson College. By following established sampling protocols, volunteers can develop a score that indicates the health of a stream. An even better indicator results from sampling a stream several times over an extended period. Testing needs to



Friends of Toms Creek is a non-profit group working to protect the headwaters of Toms Creek, a rare, high-quality cold water fishery in southwest Adams County and northern Frederick County.

continue to determine long-term trends in stream health.

The macroinvertebrate counts completed over the years provide a good repeated snapshot of the health of Toms Creek. In general, the quality of the water in the creek is good, which is the expectation since the Pennsylvania Department of Environmental Protection has rated Toms Creek as a High-Quality, cold water fishery, and the Pennsylvania Fish and Boat Commission continues to stock the stream with 1,000 trout each spring. Dedicated trout fishermen may also know that the Mummasburg Sportsmen's Club stocks 125 trophy trout each spring here in Toms Creek!

During the Friends of Toms Creek macro count, the children were especially excited about the caddis fly nymphs, some of which were a beautiful bright green color. A caddis fly nymph is one of nature's tiny architects. On top of the stones or cobbles, they build tiny fishing nets to catch edible morsels floating by. Under the creek stones, they each

build a tiny home out of pebbles or tiny twigs and pieces of leaf, depending on the species of caddis fly. They go inside to pupate, hatching out, to the delight of the trout, into adult caddis flies.

While trout love to snatch the adult caddis flies and mayflies that are hatching out at this time of year, they also love to turn over the cobble stones in the stream bed to catch the macroscopic invertebrates hiding there. So aquatic insects, sensitive to pollution of any kind, are important food for trout at all stages of the insect's life cycle. Sediment, which can be carried into streams from agriculture, home construction or mining operations, can fill in between and bury the cobbles, killing off sensitive insect life which should be found there in a balanced healthy and diverse pristine stream.

In addition to our twice-yearly macro count, our nonprofit utilizes a stream monitoring plan. The goals are simple: (1) to measure the health of Toms Creek, and (2) determine if anything is impacting or affecting the health of Toms Creek. Preparing a monitoring plan was an important step in organizing our monitoring effort because:

- It helps you focus on what you are trying to achieve with your monitoring program.
- It allows you to learn all of the components of the monitoring program before "getting your feet wet."
- It clearly documents your sampling and analysis methods along with your quality assurance procedures.
- It helps you to select the most appropriate monitoring strategy to address the issues that are important to you, your group, and your community.
- It helps to inform new members about your monitoring activities.
- We invite you to learn more about Friends of Toms Creek and our mission!

*The mission of Friends of Tom's Creek is to protect, preserve, enhance, and restore the natural, scenic, historic, and aesthetic resources within the Toms Creek watershed. You can get involved by volunteering, making a contribution, or by simply enjoying the pristine natural resource known as Toms Creek. Learn more by visiting our website, FriendsOfTomsCreek.org, follow us on Facebook, or email friendsoftoms creek@gmail.com.*



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# IN THE COUNTRY

## Xeriscaping

Tim Iverson, Naturalist

Plants need two basic things to survive, sunlight and water. Summer landscaping projects can be overwhelming, but with those two basic ingredients almost anyone can create a plot to be proud of. Plants, not unlike other living things, have developed some interesting strategies for survival. By putting other animals to work, striving for the best, and by being fruitful and multiplying they've conquered the world. We provide them many things, but they provide us even more. With successful water and pest management strategies we can take a hands-off approach and let them thrive on their own.

Like all living things, plants need food. Unlike other living things, plants can't move to get it. They depend on sunlight to accomplish photosynthesis, yet they are bound in place to the soil. Sunlight is essential for photosynthesis, the chemical reaction by which a plant makes its food by converting light energy into chemical energy. Sometimes a plant, shrub, or small tree is stuck in the shade. When a larger object obstructs the light there is only one thing a plant can do - reach.

Plants are always reaching and stretching upwards towards the sun. However, the light isn't always straight up. Phototropism is the ability of a plant to grow in the direction of a light source. When other trees, boulders, buildings or some other larger object is blocking the light, plants will bend and reach to wherever the most light is available. If you've ever seen a tree contorting itself in strange angles or a potted plant lopsidedly arching towards a window it's because sometimes that's just the best way to get to the most light.

Our vascular system is complex, but it has a simple function. Arteries pump oxygen rich blood from the heart throughout the body. Meanwhile, veins return deoxygenated blood and carbon dioxide back to the lungs, and the whole cycle repeats. Plants, too, have an intricate vascular system that shuffles fluids and nutrients around. Water and nutrients are drawn up through the roots and funneled up the xylem to the leaves. As photosynthesis occurs sugars and carbohydrates that are created in the leaves get drawn down the phloem to the rest of the body of the plant. Just like our bodies and blood, this circulatory process continues on and on uninterrupted to ensure the plant's life goes on. While our respective vascular systems help us accomplish our goal of circulation, ultimately all living things are trying to circulate their genes.

The basic biological goal of any living thing is to reproduce. For plants, seeds carry out this function. Through pollination a plant can receive or exchange genetic material from another plant to create seeds. Eventually the seeds are what grow into new plants and can only be produced when pollen is transferred between plants of the same species. Pollen is a fine, powdery substance

containing genetic material. Succinctly, pollen is plant sperm. Flowering plants and trees produce pollen which is then carried by insects, animals, or the wind to ensure reproduction. Cross-pollination occurs when pollen travels from one plant to another. Birds and insects move from plant to plant or tree to tree unintentionally collecting and leaving pollen as they go. Pollen is also carried through the air via the wind. When pollen leaves the stamen (the male part of a plant) and lands on the pistil (the female part of the plant) the plant is fertilized and can reproduce. This is the birds and the bees of plants, and without the birds and the bees most plants would have a difficult time of reproduction.

Pollinators are drawn to plants to drink the nectar from the flowers. Pollen then attaches itself to the animal's body. When that animal visits another flower pollen can fall off into the flower's pistil, which can result in the successful reproduction of the plant. Plants can do remarkable things to make sure all this happens. The same things that make flowers attractive to humans are appealing to wildlife as well. We, of course, can smell their fragrance and see their vivid colors. However, when it comes to vision, many birds and insects have the ability to see light in the ultraviolet spectrum. While we just get a sunburn from UV light, pollinators see an entirely different array of colors and patterns, invisible to us, that act as a billboard advertising the nectar within.

Pollinators come in different forms. They consist of birds, bats, and insects of all different kinds. The one most are familiar with

though is the humble bee. Bees are synonymous with pollination and have been in the spotlight for the past decade due to decreasing populations. Another insect plagued with dwindling populations is the king of the butterflies, the North American Monarch Butterfly. Both the bee and the monarch are suffering from habitat loss and are susceptible to pesticides containing neonicotinoids. The State of Maryland banned the sale of these pesticides in 2016, but they are still available nationwide. Aside from curtailing the use of powerful pesticides planting pollinator friendly garden plots is the most helpful thing an individual can do to assist these fledgling florists.

Selecting certain plants to encourage pollinators will attract and strengthen local species. Plants like milkweed, ironweed, coneflower, goldenrod and asters are favorites of pollinators as they provide essential food and habitat. By planting native plants in homegardens, homeowners and gardeners can sidestep the pesticide issue entirely. Native plants generally require no fertilizer or pesticide. As a result, they protect both pollinators and a homeowner's budget. These plants have evolved to live right here in our local ecosystems and require little attention for survival. They have grown accustomed to weather and climate patterns, and have natural defenses against predators and disease.

Plants also offer other landscaping benefits, aside from providing habitat for wildlife. Well placed gardens can help prevent runoff, flooding, and help with water purification. Excessive water that is directed into storm drains can overwhelm the sys-



Selecting certain plants like milkweed, ironweed, coneflower, goldenrod and asters for your garden will encourage, attract and strengthen native pollinator species.

tem causing toxic backflows, rain gardens can help prevent this by absorbing the water. This has the added benefit to increasing groundwater recharge for the water table. The additional usage of a rain barrel captures the natural water cycle for personal benefit reducing water bills and dependence on the system. For many homeowners, up to 40% of summer water usage is dedicated to watering gardens and lawns, planting native species can help to reduce that number and your water bills. Plants can do remarkable things.

As they continue to reach for the sun they provide us with food, habitat, and air and water purification. The ecological importance of gardens, wildspaces, and plants in general is vitally important for our survival. By harnessing and directing the growth and development of these evolutionary champions, pollinators, plants, and ourselves can bloom into a brighter more verdant future.

To read past articles by Tim Iverson, visit the Authors Section of Emmitsburg.net Xeriscaping Xeriscaping

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# REAL SCIENCE

## Measles

Michael Rosenthal

Every day in the newspapers we read about the resurgence of measles, a highly contagious infectious disease caused by a virus. Symptoms of measles generally appear 10-12 days after exposure to the virus, and last 7-10 days. Symptoms typically include high fever, cough, runny nose, and inflamed eyes. Small white spots inside the mouth may form, and a flat red rash starts on the face and spreads over the body. One can be lucky with measles and not have further complications. I had measles in grade school in the 1940s, and recovered without any problems.

In my childhood a quarantine period was initiated in which you were required to stay in your house, and they placed a red sign next to your house door warning people that a measles case was within. I was fortunate. I recovered from the affliction with no lasting effects, and I went back to school and moved on with my childhood. Some folks were not so lucky. Complications included diarrhea, a middle ear infection, and pneumonia, and in rare cases, seizures, blindness, and brain inflammation have been known to occur.

Measles is an endemic disease, meaning that it can be continually present in a community, and fortu-

nate people develop resistance. Its impact on underdeveloped communities can be illustrated by horrific historical statistics. Between 1855 and 2005 measles is estimated to have killed some 200 million persons worldwide. As an example, measles killed 20 percent of Hawaii's population in the 1850s. Seven to eight million children are thought to have died annually from measles before the vaccine was introduced.

So how do you get measles? Measles is an airborne disease which spreads through the coughing and sneezing of infected people. If you are unvaccinated, you can easily become infected by passing through a group of people who are infected with the virus.

Ninety percent of those persons who have not acquired immunity and share living space with an affected person can be expected to acquire the disease. In the United States in the 1960s before a vaccine was developed about 3,000 persons per million acquired the disease. The development of the measles vaccine, applied in childhood, led to the fall of measles to one case per million persons by the year 2000.

The vaccine was developed by Maurice Hilleman at Merck labs, where he eventually rose to be senior vice president. He then directed the Merck Institute for Vaccinology for the next twenty years, and he was an Adjunct Professor of Pediatrics at The Univer-

sity of Pennsylvania in Philadelphia until his death in 1985. A vaccine was licensed to prevent the disease in 1963, and an improved vaccine was introduced in 1968. Hilleman was an American microbiologist who specialized in vaccinology, and developed over 40 vaccines. He was the developer of vaccines for measles, mumps, hepatitis A, hepatitis B, chickenpox, meningitis, pneumonia and for several other viruses.

Measles currently affects some 20 million people worldwide annually, primarily in Africa and Asia. Global vaccination initiatives have greatly reduced the incidence of measles, but it is still a serious health hazard. Vaccination has had a major impact on prevention of the disease. In 1980, 2.6 million people worldwide died from measles. In 2014 the number of deaths globally fell to 73,000. Most deaths are children less than five years old.

So, we have a highly infectious disease which has potential for death, easily spreads, but has a vaccine available that protects one from the disease 100%. Why is there a problem?

As you see if you read newspapers or watch news on TV, U.S. Measles cases have risen to the second highest level in nearly 20 years, more in the first three months of 2019 than in all of 2018. As of early April, 387 cases of measles had been reported in 15 states, including New York, California, Texas, Michigan, and Washington State, and a handful



Sadly, we are slowly but surely becoming a nation driven by Internet 'facts of lunacy' as opposed to science-based facts, and children are paying the price.

of cases in Maryland. What has caused this dramatic increase in a preventable disease?

Across the United States and around the world, anti-vaccine activists have spread misinformation about vaccines, lowering child immunization rates. There are those who believe immunization causes autism. This is absolutely not true! The anti-vaccine movement is found in some religious and ethnic communities, as well as in some political groups.

In Africa measles cases are up 700% so far this year, compared to 2018. In Madagascar tens of thousands of people have been sickened and 800 people have died of measles since September. In poor countries around the world, the vaccine availability is a major factor in the increase. Worldwide, the World Health Organization reported 112,163 cases of measles in the first three months of 2019, compared with 28,124 cases for the same period in 2018. They also point out that the actual number of cases is even larger, since only 1 in 10 cases is reported.

In the United States this situation has led to a secondary battle as to whether vaccination should be required by law and whether legal bans from public places should be placed on unvaccinated children.

My scientific analysis of the situation is that there is absolutely no threat from measles vaccines administered by medical personnel. Be sure you and yours are adequately vaccinated! If you have not had measles and are unsure whether

you have had an up-to-date vaccine, consult your physician.

We recently received a pamphlet from the Town of Emmitsburg entitled, Emmitsburg Cigarette Litter Prevention. Any of us who walks along the sidewalk becomes aware of all the discarded cigarette butts on and near the sidewalk. Cigarette butts are more than just irritating eyesores. They are carried in storm water runoff to local streams, rivers, and waterways. Cigarette filters contain cellulose acetate, a plastic that is not biodegradable, and thus accumulates in the environment. Tobacco litter represents 34% of all litter in outdoor recreation areas. The brochure makes the following recommendations: Carry a portable or pocket ashtray; the Emmitsburg Town Office will be handing out free ashtrays for a while. Use receptacles when they are available to dispose of cigarette butts. Do not throw cigarette butts out of car windows! According to the Emmitsburg Town Code, cigarette butts are considered litter, and accumulations are a municipal infraction and subject to a fine of \$75 per day. The Town of Emmitsburg is trying to help solve this problem. A \$2500 grant from the Keep America Beautiful fund is being used to purchase four receptacles along Main Street and one receptacle at the Community Pool. For more information on this topic, the brochure recommends the website: [www.PreventCigaretteLitter.org](http://www.PreventCigaretteLitter.org).

To read past articles by Michael Rosenthal visit the Authors Section of [Emmitsburg.net](http://Emmitsburg.net)



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## VILLAGE IDIOT

## I don't know

Jack Deatherage

*I don't know why you moan  
and pout  
All the world lies at your feet  
Like a child, you sit and  
wonder  
Who's to blame for your defeat*  
-John Kay "To Be Alive"

As of 2016 the number of households in Emmitsburg at and below the federal poverty level totaled 14%. More recent data suggest the percentage is likely 15.8 -which (given the sources I can access online) means around 160 households are currently living in poverty in Emmitsburg. Oddly, those few people I know who fall into this category are generally living in nicer apartments and eating better than I do. How is this possible? They accept help from various government agencies and private charities, which I do not. (Hell, I couldn't ask for help, or accept it, when the DW and I had to empty out Mom D's apartment after she went into long-term care at St. Joseph's Ministries. My back, hip and knee still ache from carrying 24 years of accumulation out of her low income living space.)

While I'm aware our household is in steady decline - financially, physically and mentally- I'm not particularly concerned about it. There are other important things I think I should be about, or so the jumble in my head argues when I bother to engage with it. For some ungodly reason an outcome of several ongoing arguments was my wandering into the town office for the January and April Citizen Advisory Committee (CAC) meetings. All I remember of the first meeting was hearing about something called ALICE. The second meeting turned out to be an explanation, by a United Way rep, of ALICE (Asset Limited, Income Constrained, Employed) made up of households with incomes above the federal poverty level, but below the county's average cost of living.

Based on the ALICE average Household Survival Budget for Frederick County (2016), the DW and I don't have enough income to meet the monthly "single adult" budget of \$2,943 let alone whatever the current amount might be for two adults. (That we aren't the "average" household allows us to get by without seeking public or private assistance. That may change as we continue our decline, or decide to increase our incomes.)

Locally, the Emmitsburg Food

Bank and Seton Center have been the "go to" resources for those citizens struggling to get by. There is also "2-1-1 Maryland" which is a partnership of four agencies working together to provide simple access to health and human services information. 2-1-1 is a telephone number that connects people with community services. Their trained call specialists answer calls 24 hours a day, every day.

Near as I can figure, the point of the April CAC meeting was to inform the town about ALICE and promote the sponsors and partners of United Way: Advocates for Homeless Families, Blessings in a Backpack, Boys & Girls Club of Frederick County, Care Net Pregnancy Center of Frederick, Children of Incarcerated Parents Partnership, The Community Foundation of Frederick County, Community Living, Inc., Federated Charities, The Frederick Center, Frederick County Government, Frederick County Public Libraries, Frederick County Public Schools, Frederick Regional Health System, Frederick Rescue Mission, Girls on the Run of Mid & Western Maryland, Habitat for Humanity of Frederick County, Heartly House, Hood College, Hospice of Frederick County, Interfaith Housing Alliance, Kiwanis Club of Frederick, Literacy Council of Frederick County, Marriage Resource Center, Mental Health Association of Frederick County, New Spire Arts, Partners in Care, Second Chances Garage, Spanish Speaking Community of Maryland, Helen J. Serini Foundation, SHIP of Frederick County, Woman-to-Woman Mentoring, Zavos Architecture and Design. Most of these I've never heard of, so I'm guessing that alerting those who might benefit from them isn't going to hurt, much. If these agencies primary function is to help people gain the educations and skills needed to lift themselves above mere existence then I'm all in.

I don't know how to teach anything to adults. I tried to teach writing in Up County's GED program, and reading via a Sister working out of the *Provincial House in conjunction with the Literacy Council*. No amount of knowledge and training will ever make me a teacher of those already surviving without the knowledge I have to impart. I'm simply not able to relate to them, though I'm more like them than I'm generally comfortable admitting.

I became an untrained archery

coach at the Frederick chapter of the IWLA to a group of children involved in Maryland's Youth Education Challenge fifteen or so years ago. Not because I'm a good archer and certainly not because I'm a knowledgeable coach. According to head coach Ben Kelkye, "Jack has the patience of Job when teaching the younger children." I've since been startled by some of the now grown children in that program thanking me for helping them reach whatever places they are now in. I wasn't aware I had that much influence in their educations, but they insist I taught them lessons beyond mere arrow slinging. Which leads me to thinking I may have something to offer the next generation of kidlets in this place. Enter the Emmitsburg Youth Garden.

Thanks to the beneficence of both a local company I have ground to build a youth garden on, and a local farming family for the supply of straw for the type of garden I'm experimenting with. The Emmitsburg Youth Garden (my small attempt at giving opportunity where it currently isn't) is due to their gifts more than to my bit of passion for gardening and sharing what little I know.

The DW and I have built the first two rows of the garden and have begun the fertilizing and watering necessary to turning the bales into this year's growing medium and next year's garden soil. With average luck, we should have veggies and flowers growing on by midsummer for those interested in the taking a look at what



It's hard to believe that 100 years ago Emmitsburg rivaled Frederick as the most prosperous town in the county.

we are doing. Currently, I'm posting pictures and telling the "story" of the garden as we build it on Facebook at "Emmitsburg Youth Garden". The group has 23 members; some of them even live in Emmitsburg!

Of the \$215 I managed to squirrel away for the startup garden I've maybe \$7 left. I've turned down several hundreds of dollars in offered donations because I don't have a working group to decide how the money should be spent. I can get through this warm season without spending more money on the garden, I hope. As people turn out consider the garden, and express an interest in joining the adventure next year, I'll begin accepting donations as they are offered.

I've equipment enough to build as large a garden on the six-acre section

as we're likely to need. With access to all the public libraries in the state the gardeners can explore any type of gardening method they choose - community, market, flower, vegetable, landscaping, insect and wildlife. Beyond the gardening books are hundreds of books explaining how to turn a garden's produce into useful everyday items - herbs for soap and candle making as well as culinary and medicinal uses; turning fruits into wine, mead, jelly and preserves; landscaping with trees, shrubs, perennial and annual flowers. The possibilities are virtually endless and limited only by the lack of participation.

To read past articles by Jack Deatherage visit, the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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Mary Ann Ryan,  
Adams County Master Gardener

What is beauty in the landscape? How much “tolerance” do we each have for things that don’t belong? What does tolerance look like when it comes to our landscape?

The answers to these questions are changing all the time. As a young girl growing up in middle school and high school in the 70’s and early 80’s, our landscapes looked green and tidy. Yard, or landscapes, in most of our neighborhood consisted of the following: a walkway through the middle of the yard, connecting the front door to the street, a rounded tree on either side of the walkway – in the middle of the two rectangles, three evergreen shrubs on each side of the doorway, maybe some hosta that would line that walkway (which would burn out in the summer because it was too sunny), and if lucky, a home owner may plant marigolds in front of those evergreen shrubs.

In my mind, beauty was defined by order. Shrubs were pruned, or probably better defined as sheared, into balls, squares, or something in between. Lawns were viewed as pretty by the lovely color of green. The early blooming purple flowers of the speedwell were frowned upon. Dead nettle ruined the nice spikey texture of a monochromatic turf. And yellow dandelions? Yikes! And let’s just hope the coarse texture of chickory and plantain in the summer didn’t make their appearance.

The 90’s brought a bit more freedom. This is when I was in college learning all about plants and design, how plants grow and work in a landscape. Going to school near the city of Philadelphia also opened up many types of design options. Curving beds, meandering walkways all brought about a “new” landscape for me. It allowed for more creativity as well as really learning about plants and how they work in the landscape. However “natural” our designs may have been, unusual plants – plants that were

pom-pommed, swirled, and balled created focal points in the landscape. Introductions of new cultivars was, and still is, always exciting as was visiting plant collections at arboretums.

The word “garden” developed more of a meaning than just a place where vegetables grew, as was the inference of the term when I was a little girl. It started to become a place that grew flowers, shrubs, and perennials. It also became a word that indicated themes, like “children’s garden,” “cutting garden,” and “conifer garden.”

Although the freedom of the design was more liberating, the maintenance of the landscape was not. We were still putting a lot of pride in our lawns – the greener the better. We were still pruning, trying to keep plants within a certain size, and we were very concerned about keeping bugs off our plants to keep them “healthy.”

The early 2000’s brought a new wave of thought...the truly natural landscape. We began to learn more about how things interact; things like insects and plants. How one supports the other. Pruning and spraying of pesticides were not the answer to a lovely garden. We learned more about the repercussions of our



Insects in the garden, such as monarch butterflies shown above, add activity and color to the garden as well as the benefits of the pollinators.

actions. We recognized the importance of bees and flies to our food source, the importance of caterpillars as a food source to birds.

As the 2010’s took over, researchers, such as Doug Tallamy from the University of Delaware, really began to make strides in proving the interactions between plant life and wildlife, and were able to show, through

research, the importance of using less pesticides and accepting insects as a part of the food chain.

Next time you visit a garden center or nursery, pay attention to how many plants are introduced. My guess is that ¾ of the plant material is not native. We are learning about native plants and their importance in our landscapes and gardens. The cry from the customers are encouraging nurseries and garden centers to label plants that are considered “native” and many shops have special areas for just those native plants.

I was listening to a co-worker’s presentation today on native plants. I’ve heard her speak on native plants any number of times. Each and every time I listen to her, I am captivated by the information she shares. Today she was comparing the “conventional” landscape to the “ecological” landscape.

The conventional landscape is what was done when I was a kid. We had an expansion of lawns. Most plants we used were introduced, not native. The ecological landscape, in comparison, is reduced lawn. Lawn is used for pathways and play areas. Lawn is “purposeful,” I believe was her phrase. Plantings are groups of plants, not single specimens. We encourage layering: tree, shrub and herbaceous layers, developing plant communities, not just focal points within the lawn. These plant communities create a biodiversity that we didn’t have before in the conventional landscape. The interaction of insects, fungi, mammals, birds, and other micro-organisms all work together for a healthy environment.

In PA, over 800 plant and animal species are rare, threatened or endangered, and about 150 have already disappeared entirely. 40% of songbirds are in decline since 1960 (Bringing Nature Home, Dr. Doug Tallamy, University of Delaware). According to USDA, 41% of our land in the US (excluding Hawaii and Alaska) is in agriculture. Of the remaining land, 54% is fragmented or disturbed. That’s a lot of area that we no longer have of our natural environment. Therefore, it is even more important than ever for us to act on our ecological landscape practices.

So what are some of those practices, exactly?

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# THE MASTER GARDENER

## Small Town Gardener

By hand or by tool

Marianne Willburn

Yesterday I cleared the pathway and drive up to the front door with the aid of a 56 Volt Lith-ion battery operated blower. I have many tools in my proverbial back pocket, but this one is probably my very favorite. In the space of two minutes I completed a job that would have taken me at least 30 minutes with a humble broom, and I completed it to a better standard.

This I believe is the measure of a tool: Can I do a job more efficiently with it than without it?

Over the course of my early adulthood, I was ridiculously tool adverse. I can lay much of this at the feet of extreme tightwaddery, and perhaps some of it in watching the example of my parents, who always made do with the cheapest (and quietest) option – and took pride in that making do.

My husband felt (and feels) differently. Faced with a job that has the potential of involving a power tool, he will take more time to search for the tool than the job might have taken him without it. If the blade is broken on the chop saw and a shelf needs to be trimmed, he will go out to the hardware store, pick up a new blade and come home to find me installing the shelf thanks to an old-fashioned pull saw.

In recent years, I have become more open to the idea of better tools = better work, but I examine the application carefully. My time is more valuable than ever and I have a large property. If I can save myself time in a repetitive job with a well-made tool suited to that purpose – or even better, adaptable to many purposes, I have more time for other tasks or recreation.

I'm also getting older, and though I don't qualify for an AARP card quite yet, there is no doubt that a tool that helps me conserve energy and my joints is tremendous thing.

And this doesn't apply only to power tools. A well-made, quality broom is a tool – so is a trowel or a soil knife. The key is matching the right tool to the right job so that the landscape isn't damaged, the back isn't aching and the bank account isn't wounded.

I like to take an approach much like that of the horticulturists that use IPM (Integrated Pest Management) in their gardens. IPM would have us apply the least damaging solution first when dealing with pests, and slowly use other methods as the situation calls for it.

This is exactly what I do with tool use, though I think about it in reverse. I don't

want to cause damage to my garden but efficiency is important, so I look at the most efficient solution first, assess the side effects and work backwards until I've found a happy medium.

I survey an area first. For example, a few weeks ago I needed to pull a heavy deposit of leaves off of a 10x10' bed of epimedium, iris, brunnera, dicentra and heuchera. Additionally, the epimedium, iris and heuchera needed to be trimmed before the new foliage emerged.

An undertrained landscape crew (or my husband) wouldn't think twice. Power blower, power trimmer, done.

But blowing those leaves would leave the soil completely bare, and the air volume needed to shift wet, matted leaves would mean that loosely rooted heuchera roots could be dislodged. A power trimmer would create ragged edges on the iris flags and possibly hit emerging foliage of dicentra and epimedium once the leaves were removed.

So, no power tools.

Yet the less damaging step (pulling out a nice, efficient rake) wasn't necessarily the answer either. Raking could mean accidentally pulling out the same heuchera, and the iris rhizomes (I. reticulata is notoriously shallow rooted). Additionally, the tender, tiny emerging foliage of the epimedium could be broken and torn (dicentra is even more tender).

You guessed it – this job called for a gardener on hands and knees with a sharp pair of pruners and a keen eye. My husband passed me as I pulled out handfuls of leaves and yelled "you've always got to do things the hard way!"

Perhaps. But this task called for it. Later in the day I cut my grasses back with a battery operated hedge trimmer and blew the walkway spotless in two minutes. If you're trying to do the right thing by yourself and your garden, keeping an open mind and applying the right tool (or pair of hands) to the task is key.

Trying to figure out what that tool might be? Talk to other gardeners and find out what their go-to tools are and what they wouldn't be without.

Just make sure you look at their gardens too. Big bare patches in the epimedium could mean they're being a little too efficient for their own good.

Marianne is a Master Gardener and the author of *Big Dreams, Small Garden*. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com).

into to soil. Less erosion, better filtering system = cleaner water. Turf, in contrast, provides less root system for filtration and slicker surface for faster running water, therefore creating more erosion and pollution.

We can reduce fertilizer use and pesticides (work with the natural relationships of plants and insects, birds, and micro-organisms). Understand and recognize beneficial insects and have a tolerance for a few weeds and insect damage.

We can reduce air pollution. If we have less turf to mow, we will use less fuel, therefore, less air pollution as a result of equipment use.

As a trained designer, I am always thinking of how things - plants, structures, outdoor living spaces - work together. Ecological landscaping allows us to live within our environment. It allows for beauty to be seen quite differently than it did in the 80's and 90's. It lets us look at not just the plant, but the things fluttering around it. We can enjoy the activity insects add to the landscape. We can experience a plant community instead of viewing just a plant.

Dandelions take on a whole new meaning when we consider that they are the pretty yellow flowers that grow in the grass and provide pollen for our bees. It allows us to accept the tiny purple flowers of the speedwell that are one of the first bloomers of the season. We can look closely at those tiny flowers and enjoy the beauty each one brings to our grass and bed's edge.

As we begin to approach the 2020's we are really looking at the big picture. How are my choices in my own garden affecting the overall environment? For every weed we pull and every squirt we spray, there is an impact. Every choice I make in plant selection, there is an impact. Beauty is different for everyone. I'd like to think that we, as a culture, are becoming more tolerant of critters and recognizing the beauty in the natural surroundings. The more we learn about it, the better prepared we can be to do our part in keeping a healthy landscape for everyone and everything.

To read other gardening articles, visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

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# PETS

## “We didn’t hug today did we?”

Jennifer Vanderau  
Cumberland Valley  
Animal Shelter

There have apparently been studies on the benefits of hugging. When people hug, particularly for an extended period of time with someone they trust, the pituitary gland releases oxytocin, which is responsible for feelings of love and care and safety and comfort.

If everyone would hug for 20-seconds a day with a special someone, the theory is this would be a different world. Blood pressures would lower. Stress hormones like cortisol would be reduced. There would be a pretty significant impact on the general sense of well-being.

Interestingly enough, this may not be true for everyone as evidenced by the rebuttal I read from a fellow who deemed a 20-second hug was 17 seconds too long and the mere thought of it heaped massive amounts of undue stress on his psyche.

In all sincerity, though, and to be fair, there are folks who aren't into hugging and that's cool. There are plenty of other ways to de-stress and reduce cortisol.

From a Chinese medicine standpoint, (if I may sneak into Renee Lehman's territory for a brief moment and discuss some of what I've learned from her) the heart is considered the empress or emperor of our bodies and it should be protected at all costs because love is the purest of sensation for all of us and ultimately what existence is all about. When you let someone close enough – chest to chest with

each other's hearts – it's a serious energetic exchange, not to be taken lightly.

Now, the part of all of this that wholeheartedly appealed to the cat-lady in me, was when the article mentioned that all of this can also be achieved if you snuggle for 20 seconds with an animal.

Our pets are quite similar to us in numerous ways and making the connection through touch is definitely one of them. I've seen many scared, unsure animals at the shelter react to a soft, caring touch. It really can communicate so much.

Each morning when I wake up, Grayson, one of my newest cats searches me out – usually in the bathroom – and demands attention. I scoop him up and hold him, quite literally like a baby, against my chest and he purrs and purrs. He will actually tuck his head in under my neck and close his eyes and truly, if I don't move we could probably be there the whole day.

It's funny, but I find I like starting my day like that. On the occasion I'm in a hurry and our morning hug doesn't happen, I kind of feel like I missed something. Usually in the evening he'll come around and meow and rub against my legs and I'll tell him, “We didn't hug today did we?” And we commence with the snuggles.

On the mornings when I don't have to go to work, he will stomp his way onto the bed, shove his head under my chin and immediately begin purring and kneading. It's possible he might be working this into his daily routine as well.

It turns out, there could be a phys-

ical, scientific reason these moments mean so much.

We have a sweet, 4-year-old Shih Tzu mix who came into us in rough shape. When we got him shaved down, we discovered he was basically blind. This little guy is so dear. He doesn't seem to startle much at all for not being able to see and he will give kisses. The most important thing for him, though, is touch. He needs to have that contact to ground him. He's such a sweetheart.

And here's the thing. It's mutually beneficial. It helps us and it helps our pets. The love between a human and an animal in my opinion is some of the purest on the planet. Truly unconditional. As a result, any moment of touch or hugging would be an energetic convergence of good will and wonderful feeling that I bet would top just about any chart.

So if you're looking to benefit from the 20-second hug phenomenon, how about taking a moment without any kind of interruption and searching out your four-legged friend?

It might be just that extra boost of oxytocin you need more than you even know.

*Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter, and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at (717) 263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the store.*



Calvin is a 4-year-old Shih Tzu mix who came into the shelter as a stray and he was very matted. We're asking his potential adopters work closely with their vet to maintain his eye health. We're looking for someone who understands the needs of a blind dog and is willing to keep Calvin groomed. Because of not having any history on this guy, an age restriction for children may apply, so please discuss that with the staff.



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For more information about Calvin, Felix and Gerald visit the Cumberland Valley shelter.



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# A tale of two beef cows

Kimberly Brokaw DVM  
Walkersville Vet Clinic

One of the most frustrating things in veterinary medicine is when I know I could save an animal's life, but the animal is too uncooperative and won't allow me to handle it, so instead it dies. While uncooperative cats, dogs, goats, sheep and chickens can still be very difficult, usually I can get them sedated so they can be examined and safely worked with. Larger animals such as horses and cattle are even more challenging.

While the majority of horses can be handled enough to at least get sedated for further exam, cows are sometimes so minimally handled that I am lucky if I can get within 20 feet of them. While some clinics have dart guns for such animals, our clinic does not. Instead we rely on our clients to appropriately train their animals so that they can safely be handled. With the exception of beef cattle, almost all of the other animals we work with are at least basically trained. While a dairy cow may not be halter trained, she is trained to go and stand in the stanchion so she can be examined and treated.

The most common emergency I treat in beef cows is dystocia. While most of the time the

calf can be manipulated into the correct position and successfully delivered, the cow has to be cooperative and stand still for this to happen. Last year I was called to a farm. The owner had noticed that the calf's front leg was hanging out of the cow but that it wasn't being delivered. The owner hadn't called immediately because it had taken him a couple of hours to corral the cow into a large paddock. He'd had to have his neighbors bring their four-wheelers over and chase the cow into the paddock. Unfortunately he didn't have a chute.

While the barn had old stanchions in it, he was unable to get the cow into the barn. Unfortunately not only would this cow not let you catch her, she'd also charge you and try to run you over if you got closer than 20 feet to her. I told the farmer that unfortunately I would not be able to help him unless he could get someone who could restrain the cow. I told him he could call around to some of the other vet clinics or animal control and see if they had a dart gun. The other option was to wait until she got too weak to run away and then maybe I could get the calf out if the cow didn't die first. Unfortunately the cow and calf died.

More recently I was called out to



If you can't catch them, you can't treat them...

treat a different beef cow that was also having difficulty calving. This herd of cows belongs to a retired government worker. While he and his family had always farmed, now that he is retired, he has more time to spend with his beef herd. He doesn't have a large herd but he keeps a tidy operation that is in good repair and has friendly cows that are accustomed to being in close proximity to their owner. While the owner was working in the barn and getting ready to put in some ear tags, he noticed that one of his cows was having contractions but that she wasn't delivering the calf. He called me, as well as his adult son and friend to come help.

By the time I got to the farm, the cow was already in the barn. With a little bit of grain, they were able to bribe her to go into a standing stall and put a halter on her head and secure her. While she was standing quietly, I was able to determine that the calf was a breech and trying to come out backwards. Luckily the calf wasn't too large so I was able to manipulate him and pull him out backwards with help from the son. While the son wasn't used to working on the farm he willingly helped me pull the calf out. During the delivery the son got manure on his face and wanted to go wash it off. His dad laughed and told him "welcome to farming" and instructed him that he was to keep helping me pull until the calf was out and then he could go wash up.

Luckily it was a relatively easy dystocia and I had the calf out less than 15 minutes after arriving at the farm. A few moments later we untied the cow and then the calf was up and nursing. I was delighted to see that the calf was alive, as was the farmer.

Unfortunately, dystocias aren't always noticed right away and the calf dies inside before I arrive. I thanked the farmer for being so attentive and noticing that there

was a problem while I could make a difference. I also told him that I appreciated that he trained his beef cows to be tied in a stall. He told me that he understood that if "you can't catch them, you can't treat them" and so he made an effort every day to work with the cows enough that they could at least be restrained. He did admit that none of them were trained enough that you could lead them anywhere by the halter but he found that he could bribe them with grain to go where he wanted.

I find that breech presentation is harder to fix than calves trying to come out forward but with a leg caught back. However since the more difficult presenting dystocia was the easier to work with cow, it was a successful delivery. Unfortunately you can't talk to animals and explain to them that you are just trying to help them. Instead, as a vet, I rely on the owners to have consistently worked with their animal so that they can safely secure them so that they can be handled. There are few feelings worse than knowing that you could have saved a life if you only could have caught your patient.

To read other articles by Kimberly Brokaw, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown

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## COMMUNITY NOTES

# GNP youth programs in leadership & service

Jason Martz  
Gettysburg National  
Military Park

The Great Task Youth Programs in Leadership and Service are for student or youth organizations, for grade levels 7 to 12, looking for intensive leadership and character-building experiences that go beyond traditional curriculum-based field trips. Applications will be accepted now through May for one or two day excursions, customized to match the mission and objectives of each youth organization.

History can do more than instruct; it can also inspire. Selected participants of The Great Task program will follow in the footsteps of the men and women that made history at Gettysburg. With park rangers, educators and living historians, students will explore the 7,000 acre battlefield park, and participate in hands-on learning activities that bring the past to life, while illuminating the possibilities of the future.

"We facilitate life-enhancing experiences that seek to develop character and leadership traits in young people" explains Park Ranger, John

Hoptak. "But over the past two years of working with these groups and going through these experiences with them, our lives have also been greatly enhanced." Options include experiential learning on leadership, teamwork, integrity, perseverance and more, as well as opportunities to conduct a service learning project right here at Gettysburg National Military Park and/or take a college tour at nearby Gettysburg College.

Participating youth then work to apply lessons of leadership and good character to identified com-

munity service projects in their own home communities. Participants include: LULAC National Educational Service Center in Philadelphia; The Boys and Girls Clubs of Metro Richmond, Virginia; STEAM Academy in York, Pennsylvania; the New York City Police Athletic League; U.S. Navy Sea Cadet Corps; European Democracy Youth Conference; and more.

"The Great Task" initiative is named for a line in President Abraham Lincoln's Gettysburg Address from November 19, 1863 when he said: "It

is rather for us to be here dedicated to the great task remaining before us – that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion..."

The Great Task trips will be scheduled from July through October for just 10 groups. Limited travel and accommodation scholarships are available through the financial support of the Gettysburg Foundation. To learn more about these opportunities and to receive an application packet, group leaders and teachers can email the Education Office at [gett\\_education@nps.gov](mailto:gett_education@nps.gov), or call 717-338-4423 or 571-358-0516.

# Becky and Benjamin Jones recognized for philanthropy

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Becky Jones smiled as she greeted relatives, friends and well-wishers at Hagerstown Community College on Friday night. A few moments later, she brushed away a few tears when she saw artwork by her late husband, R. Benjamin Jones, hanging in the HCC Athletic, Recreation and Community Center. Then she brushed away a few more tears when she saw a display of photos and thank-you notes from HCC students who benefitted from some \$300,000 in scholarship money that she and

her husband raised through more than a decade of art shows.

Jones and about 380 other people were attending the HCC Foundation's 20th Annual Tribute. This year's event honored of Jones and her late husband.

"We have multiple scholarships in their name that serve our students here on campus," said Ashley Whaley, director of college advancement and the executive director of the HCC Foundation. "This is the 20th anniversary of the tribute, so it's very fitting that we would be honoring two individuals that have been a part of the campus for more than the 20 years of the tribute."

In the last 19 years, the tributes have netted \$1.675 million for scholarships.

"We are really thankful as a foundation to all of the past tribute honorees," Whaley said.

She said Ben and Becky Jones fit with the 20-year tradition. She called them "outstanding leaders" whose vision has helped HCC become a "great place to live, work and learn."

For her part, Becky Jones called Friday night's honor "very humbling." "I couldn't believe that the board would ask me to do this," she said. "But it's a recognition of Ben's impact on this community, either as a minister, as a teacher, an artist or relative or friend.

And I think it's an acknowledgement of what he meant to both this college and to the community."

R. Benjamin Jones was the Presbyterian minister of the Emmitsburg Presbyterian Church as well as a teacher and artist.

He studied at the Maryland Institute of Fine Arts in Baltimore, the University of Maryland and Pittsburgh Theological Seminary. His work has been displayed in many galleries, private collections, and commercial businesses throughout the U.S.

"We wanted very much to support the foundation in its efforts to fundraise to provide scholarships," Becky

Jones said. "So the art show became that vehicle for us to do that."

"The foundation board put these on. They're a wonderful group of people to work with," Becky Jones said. "We had volunteers, and we all worked hard. My husband did the paintings. I did the framing. And we held the event at the Kepler Theater. We had lots of people come. They had wine and hors d'oeuvres and looked at the paintings.

"And (the shows) were very successful. Through that, then, we developed scholarships for students."

"There's a big group of us," she said with a smile. "I love it. It's the most fun. It's the best thing of all."

# Trusted advisors can make a real difference

Ralph M. Serpe  
Adams County  
Community Foundation

It startles people when I argue that professional advisors like lawyers and financial advisors are people too. Not just people, but people with big hearts connected to their communities.

For decades, the Adams County Community Foundation has considered attorneys, accountants, financial planners, wealth managers, insurance professionals and other advisors to be our partners in the charitable giving.

We work hard to be a resource for them, so they can help their clients understand the many ways they can achieve their charitable and financial goals.

As the community foundation for Adams County, we have a unique

understanding of our community's needs and the methods available to donors and clients to make an impact. We are well positioned to ensure that every gift made through the planning process is not only the right gift at the right time, but is also personal, meaningful and fulfilling.

To make those gifts happen, we rely on our community's most trusted professional advisors, especially those who consistently include philanthropic planning in their work with clients and charitable giving in their discussions with families across generations.

Over the years, the community foundation has celebrated this special group of professional advisors through our Professional Advisor Recognition Society. The Society honors those professional advisors who have opened doors and encouraged their clients to

be generous to our local community. You can find the complete list of these advisors on the community foundation's website at [adamscountycf.org](http://adamscountycf.org) or in our annual report.

Some professional advisors make it a part of their business model to ask every client about their charitable interests, their volunteer service, annual gifts they'd like to see continue after their lifetime or what values they would like to uphold through a charitable fund at a community foundation. Others ask themselves several questions first to help qualify their clients' needs:

- Do I have clients who care deeply about Adams County or a particular cause?
- Do they give to more than one charitable organization?
- Are they interested in establishing

or adding to a personal or family legacy?

- Are they considering a private foundation?
- Would they want to remain personally involved in the use of their charitable dollars?
- Do they want to receive maximum tax benefits available under federal law for their charitable contributions?
- Do they place a priority on sound financial management and community expertise?

When those advisors answer "yes" to any of these questions, they understand their clients would benefit from knowing more about the charitable options available at the community foundation.

Consider this. Other than trusted family members, who else has the

incredible power to influence and increase the level of philanthropy that happens here in Adams County? Professional Advisors can help clients plan for a gift through an estate or retirement plan, or encourage some to make an extraordinary gift right now.

Finally, as I mentioned up front, people often forget that professional advisors live here too and not only want the best for their clients and also want the best for their community. They understand and see the need for each and every one of us to consider giving back and making a difference in the lives that follow.

If you're a professional advisor with clients who value giving back, contact us. We can help your clients create the charitable legacy they want for the community they love.

Contact Ralph M. Serpe, President & CEO of the Adams County Community Foundation at [rserpe@adamscountycf.org](mailto:rserpe@adamscountycf.org).



## Vigilant Hose Co. #6 - Eleventh Annual SPRING FLING

**Saturday, May 18th - 17701 Creamery Rd., Emmitsburg**  
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**2 FINAL DRAWINGS - \$5,000 Each at 5 p.m.**

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# COMMUNITY NOTES

## Land Conservancy preserves 80-acre farm

Marti Shaw

Working in partnership with Hamilton Township landowner Don Stabler, the Land Conservancy of Adams County has placed 80.16 acres of farmland under a conservation easement, ensuring the land will remain undeveloped in perpetuity, in accordance with the landowner's wishes. When Don Stabler received his parents' farm last year, he knew he wanted to complete their wishes to preserve the farm on which they had raised their five children.

Don's parents, Art and Helen, purchased the farm in 1962. "We were living in York at that time, but Dad had been working for an architectural firm that was based in New Oxford and wanted to get closer to it," Don explains. "He grew up on a farm and they wanted

to raise a family on one, even though he was an architect by trade."

The land had long been—and still is—primarily cropland, with some cattle on the pastures. The barn on the property was built in 1874. The Stabler family settled into the farmhouse and leased the land to neighboring farmers.

Stabler's parents had long cherished the idea of preserving their land as farmland, and when it became clear that the county agland preservation program was not going to be an option, they turned to the Land Conservancy of Adams County. "Our preference for the future has always been for the farm to continue to be a farm," Stabler says. "Picturing a development on it wasn't attractive to us or our neighbors."

Sadly, Art Stabler passed away in

December 2017, but Don carried on with the preservation process. "My family's goal has always been to keep the farm a farm—it's my family's home. My girls have been able to grow up on the farm like I did, so they have an appreciation for it as well. My number one goal is to keep my mom living there until she passes, then to keep the farm in the family as long as I possibly can."

"This property was a great fit for us because there are so many 'conservation values' that we appreciate in addition to the working farmland," says Land Conservancy Conservation Coordinator Sarah Kipp. "This property has tons of road frontage—a half mile—which affords scenic views of open space and the charming farmstead near the road. It also has a meandering section of Pine Run passing



through, and the forested area around the creek helps to protect water resources downstream."

The Land Conservancy of Adams County is a fully accredited, member-supported, nonprofit land trust with the mission of preserving the rural lands and character of Adams County. The organization partners with county landowners to craft conservation easements, which are legal

documents attached to the property deed that limit the kind and amount of development permitted on the property in the future. Since its founding in 1995, the Land Conservancy of Adams County has preserved more than 11,000 acres of rural Adams County farmland, woodland, waterways, and open spaces. For more information, visit LCACnet.org.

## Harney 2019 Memorial Day observance

On Saturday, May 25, the Monocacy Valley Memorial VFW Post 6918, located in Harney, will host its annual Memorial Day Observance at the Post at 3:30 p.m..

Post Commander Sarah Lentz said "Memorial Day is a time to pause, to reflect and recognize the challenges and sacrifices of veterans who have given the ultimate sacrifice while serving their country in the United States Armed Forces".

Our guest speaker will be Lt. Colonel Ronald Hollingsworth, a Carroll County resident and a combat decorated veteran of the Vietnam War, who received two Bronze Star awards and two Purple Hearts awards.

Members of the Monocacy Valley Memorial Post 6918 have embraced the Post Memorial wall with names of our fallen comrades. The names on the Memorial will be read during the program followed by the ringing of the bell.

At the conclusion of the program, Post Commander Sarah Lentz and the VFW President of the Auxiliary will participate in the laying of the wreaths at the post Memorial.

Veterans of the Post are pleased to have Scout Troop 501, Littlestown, participate in the program by raising and lowering the flag at half mast in honor of our fallen veterans.

This year we are pleased to have Robert McCurdy who will play the

Scottish Bagpipes. Mr. McCurdy will play Amazing Grace during the laying of the wreaths at the Memorial.

Distinguished members of the Harney VFW Post 6918 Honor Guard will give a 21-gun salute and the sounding of taps to honor all of our fallen veterans.

The public and all veterans and their families are invited to attend the program and to participate in this special occasion.

Following the Memorial Day

Observances, the Harney VFW Auxiliary, the Harney Lions Club and the Harney Fire Department will host their annual Good Old Days celebration in the pavilion at 5:30 p.m.. The Good Old Days will feature food and drinks at the Good Old Days prices. In the tradition of the Good Old Days, the Auxiliary will have their famous CAKE walk, an auction of the most enticing homemade cake given to the highest bidder. The sale of homemade cookies and many other

delicious deserts will be available.

The Good Olde Days event has been enjoyed for many years by the Harney VFW, Harney Fire Department, the Harney Lions Club and our surrounding communities. All proceeds from the Good Olde Days goes to the maintenance of the community cemeteries. All are welcome to attend.

For further information, contact Frank M. Rauschenberg at 240-367-6110 or call the post at 410-756-6866.

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 7:30 am - Check-in Opens  
 8:30 am - Shotgun Start  
 1:30 pm - Lunch & Awards @Thurmont American Legion  
Lunch provided by Bollinger's Family Restaurant  
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[www.ThurmontMainStreet.com](http://www.ThurmontMainStreet.com)

Mail-in registration: GITT c/o Missy Zook Grimes 12388 Tower Rd. Thurmont, MD 21788  
 For more information contact: Missy Zook Grimes, [mzgrimes@comcast.net](mailto:mzgrimes@comcast.net) or Vickie Grinder, [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com)



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## HEALTH NOTES

# Preventing stroke

Kelsey Shupe  
Frederick Memorial Hospital

Imagine you're standing at the kitchen sink, cleaning dishes and silverware from the delicious family meal you just enjoyed, and suddenly you're unable to feel or move your arm. When you turn to tell your family that something is wrong, you realize that you can't speak. This is what a stroke feels like.

According to the CDC, stroke is the fifth leading cause of death in the United States. There are three different types of stroke: Ischemic (clots), Hemorrhagic (bleeds), and TIA (transient ischemic attack).

About 87 percent of all stroke cases are ischemic, or blood clots. This occurs when a blood vessel supplying blood to the brain is obstructed.

A hemorrhagic stroke, or bleed, accounts for about 13 percent of all stroke cases. These result from a weakened vessel that ruptures and

bleeds inside of the brain, which then accumulates and compresses the surrounding brain tissue.

A TIA is a temporary blockage of blood flow to the brain. It might not seem like a big deal, but if left untreated it may lead to a full-blown stroke. TIAs are often called "mini-strokes" because they're small and relatively nonthreatening. About a third of U.S. adults have had symptoms consistent with a TIA.

The following risk factors are not controllable, but being alert and aware is still important—and could help you to lessen the factors that are within your control. Uncontrollable stroke risk factors include:

- Age 55 and Over. The likelihood of stroke nearly doubles every 10 years after age 55.
- Family History of Stroke. If anyone in your family has had a stroke—especially if they're under the age of 65—you could be at higher risk.

- Gender. Each year, women have more strokes than men, and stroke kills more women than men, too. Factors like pregnancy, history of preeclampsia/eclampsia or gestational diabetes, birth control pills, and post-menopausal hormone therapy may increase stroke risks for women.
- Prior Stroke, TIA, or Heart Attack. A person who's had a prior stroke has a much higher risk of having another stroke than a person who has not had one.
- Race. Studies show that African-Americans, Hispanics, and Latinos have a higher risk of death from stroke than Caucasians; this is often related to higher risks of high blood pressure, diabetes, and obesity.

Some health conditions could increase your risk of stroke. Schedule regular checkups with your primary care physician to help you manage and improve these conditions:

- Atrial Fibrillation (AFib). This

heart rhythm disorder increases stroke risks significantly.

- Carotid Artery Disease. Because carotid arteries are located so close to the brain, they may cause a stroke more easily when they become blocked by a blood clot.
- Diabetes. If you have Type 1 or 2 diabetes, keep your blood sugar levels in check.
- High Blood Cholesterol. Large amounts of cholesterol in the blood can build up and cause blood clots, leading to a stroke.
- High Blood Pressure. Know your numbers—and keep them low. High blood pressure is the No. 1 cause of stroke, but it's also the most significant controllable risk factor.
- Lack of Physical Activity. Get moving—take a brisk walk, opt for the stairs instead of the elevator, and take small steps to be more active every day.
- Obesity. Losing as little as 5 to 10 pounds can make a significant difference in your risk for stroke.

- Other Heart Disease. People with coronary heart disease or heart failure are at higher risk of stroke than people with healthy hearts.
- Peripheral Artery Disease (PAD). PAD is the narrowing of blood vessels carrying blood to leg and arm muscles. It's caused by fatty buildups of plaque in artery walls.
- Poor Diet. To prevent stroke, eat foods proven to improve heart and brain health. Reduce foods high in saturated fat, trans fat, cholesterol, and salt, and eat five or more servings of fruits and vegetables per day.
- Sickle Cell Disease. "Sickled" red blood cells tend to stick to blood vessel walls, which can block arteries to the brain and cause a stroke.
- Smoking. The nicotine and carbon monoxide in cigarette smoke damage the cardiovascular system, making it easier for stroke to strike.

Studies show certain other factors may be linked to higher stroke risks. For example, strokes are more common in the southeastern United States (also known as the "stroke belt") than other areas. Whether your risks are treatable or 100% outside of your control, making healthy changes and consulting with your primary care physician the moment something doesn't feel right can prevent a stroke from ever occurring.

If you or someone around you shows signs of suffering a stroke, it's important to act Fast. This acronym is an easy way to remember the signs of a potential stroke. Just use the letters in fast to spot the signs of a stroke and know when it's time to call 911.

Face Drooping. Does one side of the face droop, or is it numb? When smiling, is the person's smile uneven or lopsided?

Arm Weakness. Is one arm weak or numb? Raise both arms—does one arm drift downward?

Speech Difficulty. Is speech impaired or slurred? Is the person unable to speak or understand when spoken to? Ask the person to repeat a simple sentence, like "My name is Tom." Is the person able to correctly repeat the words?

Time to Call for Help. If you or someone around you is experiencing any of these symptoms, call 911 right away. Let the dispatcher know immediately that it may be stroke, so the hospital and doctors are ready to respond. Time is important! Don't delay in calling—call immediately when the first signs appear.

Have You Had a Stroke? Prevent a Second One.

Up to 80 percent of second clot-related strokes are entirely preventable—but that depends on how fast you act to prevent them. If you've previously suffered a stroke, follow these eight steps to prevent another one: don't smoke, eat a healthy diet, get active, keep your cholesterol under control, lose weight, if recommended by your doctor, maintain a healthy blood sugar, monitor your blood pressure, talk to your doctor about aspirin and other medications.

To learn more, visit [FMH.org](http://FMH.org) and search Stroke.

### Ask the Expert

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Attendance for each session is limited to 75. Please reserve your spot online today at [fmh.org/events](http://fmh.org/events). Light refreshments will be served.

Announcements concerning inclement weather rescheduling will be made the day of the event by 10 A.M. online at [fmh.org](http://fmh.org), and on the radio at 106.9 FM, if necessary.

Interpreters are available by advance request. Please call 240-566-4370 at least one week before each session to request an interpreter. •

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## Thurmont's Wine & Art Stroll coming soon

Thurmont's Wine and Art Stroll is just around the corner, as this year's event will take place on Friday, May 10 from 5 p.m. – 8 p.m.. This event has been a popular attraction for those in attendance for the past few years and is held throughout Thurmont's Main Street area with local artists and wineries set up both indoors and outdoors. Entertainment by local musicians will also be taking place throughout the entire evening.

The importance of art is understood in Thurmont, as many artists call Thurmont their home, but art is showcased throughout the entire

town, through its murals, signs and landscaping. Those in Thurmont understand that the arts truly play a critical role in society. Not only does it allow people a create outlet to express themselves, but it brings people and cultures together. Art allows people from different cultures and different times to communicate with each other via images, sounds and stories. Additionally, wine and food is considered worldwide as its own form of art mixed with science. By pairing art with food and drink the Thurmont Art and Wine Stroll is exhibiting how these businesses

work together and how valuable they are to not only the Thurmont economy but in every community.

Thurmont's Economic Development Manager, Vickie Grinder said, "The Art & Wine Stroll is an excellent way to exhibit the importance of art in all of our daily lives. The Thurmont arts community is growing and we have some of the best artists in the state right here in Thurmont!" This is yet another fantastic way to showcase all of the artistic talent Thurmont has to offer.

There will be seventeen local artists featured at this year's event. These

artists will be showcasing a wide variety of mediums including paintings, pottery, handmade jewelry, professional photography, and handmade glass art. The art will capture local architecture, wildlife, pets and nature, just to name a few.

While walking along Main Street, admiring local artwork, those in attendance can enjoy wine from some of the area's local wineries. This year, Catocin Breeze Vineyard, Detour Vineyard & Winery, Links Bridge Vineyard, and Mazzaroth Vineyard will all be present. Additionally, entertainment will be held on the square

and at Thurmont Bar & Grill. This year's entertainment line-up includes Doug Alan Wilcox, the Gateway Brass Ensemble, Paul & Lyla Zelenka & Jon Sander, and Slap Happy. The Thurmont Bar & Grill will also be hosting a live drawing session sponsored by Thurmont's Gnarly Artly for any artist who wants to come out and sketch a live model. All are welcome!

Please take some time on May 10, and come out to support your local artisans and enjoy a fun evening with friends and family. Forget about your worries for a night of relaxation, entertainment and enjoyment. As said best by Pablo Picasso, "Art washes away from the soul the dust of everyday life." We hope to see you there!

## Local fire companies honored

Continued from page 1

Rocky Ridge's Ethan McClure received the Winnie Crum Rookie of the Year Award for his dedication to his community. McClure helps at various fundraising and non-fundraising activities in the Rocky Ridge community. He volunteers his time with the fire department's bingo, semi-annual butchering, meat raffle events, and carnival. He is also seen often in the station, helping where needed, whether it be cleaning, organizing or helping with demonstrations. McClure was described as the definition of what a volunteer should be, always helping when and where he can.

Matthew Moser, another volunteer with Rocky Ridge Fire Com-

pany, received the Dr. James Marrone EMS of the Year award. Moser joined the department in 1992, and has been one of the top ten responders for the department since 1995. Last year alone he assisted on 70% of the calls run by the company either as an EMT or a firefighter. In addition to his service as one of the top ten responders for the department, Moser is also an active volunteer for many of the department's fundraisers.

The last recipient from Rocky Ridge was Kevin Albaugh, who received the Hall of Fame award. Joining the department in 1982, Albaugh has served in various positions including Sergeant, Lieutenant, Captain and 2nd Assistant Chief. He is also in charge of the compa-

ny's "I Am Responding" system and has been active in many committees throughout his time with the department.

Graceham Fire Department's volunteer firefighter, first responder and driver, Brian Boller also received the Hall of Fame award. Boller has been with the department for 38 years, serving as President, Vice President, Assistant Treasurer, Treasurer and Board of Director. His dedication and leadership has helped make the department financially stable and debt free. He has also been instrumental in training new drivers and has mentored younger members of the department.

Four members of Emmitsburg's Vigilant Hose Company received awards during the Frederick County Volunteer

Fire and Rescue Association and Ladies Auxiliary. Both Clifton Shriner and late Terry Myers received the Hall of Fame award. Shriner is described as an individual always looking for ways to better himself and those around him and is always looking for ways to lend a helping hand. He has served as Lieutenant, Assistant Chief, and Chief, and has spent considerable time training new members and working on equipment and apparatus. Late department member, Myers, was an active member from 1966 up until his passing in 1999. He served as Secretary, Treasurer, Vice President and Director, was a driver for over 25 years and served on several new apparatus committees.

Vigilant Hose Company's Karyn Myers received the Mick Mastrino Instructor/Safety Award for her ded-

icated work "behind the scenes." She joined the department in 1996, became an EMT in 1998, and began teaching EMS and CPR classes soon after. She now takes care of all of the department's CPR and related training, maintains the County physical records for the department and performs annual HIPPA trainings.

Lastly, John Hollinger received the Bruce Reeder Sr. "Golden" Service Award. Hollinger has been a member of the department for over 70 years, serving in various positions and committees. He has served on every new apparatus planning committee since he joined the company and helped assemble the Boy Scout Explorers program, which was started to foster an early learning environment in fire suppression for youth.

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# WWI NEWS REPORTS FROM THE FRONT

## Germany rejects peace terms



The German Peace Conference delegation was shocked to see how far the peace terms had moved from President Wilson's original 14-points, which Germany had agreed to in the fall, and which led to the armistice.

for closing the exchange of ideas.

While the date for the presentation of the treaty to the Germans has still not been fixed, it probably will be Monday or Tuesday. Numerous details remain to be approved, but consideration of them has reached such a stage that it is reasonably certain that the peace documents can be whipped into shape in the next three or four days.

### May 9

#### Rigorous Peace Terms Are Handed To Germans

The treaty of peace between the 27 Allied and associated powers on the one hand, and Germany on the other, was handed to the German delegates on Wednesday. It is the longest treaty ever drawn. It totals about 8,000 words, divided into fifteen main sections, that represent the combined product of over 1,000 experts working continually through a series of commissions for the 3 1/2 months since January 18. It does not deal with questions affecting Austria-Hungary, Bulgaria and Turkey, except so far as binding Germany to accept any agreement reached with those former allies.

The contents of the first five chapters of the treaty have already been outlined, dealing with the preamble, German frontiers, territory changes, German colonies and the military naval and aerial features of the pact. The sixth chapter defines the status of prisoners of war, and the seventh concerns the responsibilities of the former Emperor and other Germans for the war. The eighth and ninth chapters are devoted to phases of the reparations problem and financial clauses. The tenth deals with economic clauses, the eleventh with ports, railroads and border communications, the twelfth concerns international labor legislation, the thirteenth embraces guarantees and the fourteenth contains general clauses dealing with ratification.

Germany, by the terms of the treaty, is required to restore Alsace-Lorraine to France, accepts the internationalization of the Saar Basin temporarily, and of Danzig permanently, agrees to territorial changes towards Belgium Denmark and East Russia, cedes most of upper Silesia to Poland, renounces all territorial and political rights outside of Europe and recognizes the total independence of German Austria, Czechoslovakia and Poland.

Her army is to be reduced to 100,000 men, conscription within her territories is abolished, and all importation, exportation and production of war materials is to be stopped. Allied occupation of parts of Germany will continue until reparation is made.

The German Navy is to be reduced to six battleships, six light cruisers and twelve torpedo boats, without submarines. All other vessels must be surrendered or destroyed. Germany may have no military or Naval Air Force except 100 unarmed seaplanes for search and rescue purposes.

Germany must accept full responsibility for all damages caused worldwide and must agree specifically to reimburse all civilian damages beginning with an initial payment



The Germans' claims that the peace terms were too harsh fell on deaf ears as allied diplomats pointed to the peace terms imposed upon Russia by Germans at Brest-Litovsk, which for all intents and purposes, eviscerated Russia.

### May 2

#### Germany's Peace Delegates Arrive At Conference

The first official meeting between the Allied and the German peace delegates took place on Thursday afternoon. The opinion prevails that the peace terms will be communicated to the Germans Monday afternoon.

The spacious dining room of the hotel Trianon received its peace Congress installation - three long tables in horseshoe form covered in green cloth - the color of politics and games of hazard. The size of the side tables is imposing, as they extend some 50 to 60 feet through the room. At the head of the apartment is a table about 35 feet long, at which the representatives of the great powers will be seated. Inside the horseshoe is another table covered with red plush where the Germans will sit. In the window openings are a number of smaller square tables for secretaries.

Almost fainting from emotion, the German Foreign Secretary's, the head of the German delegation's, pass-through was evidently one of the bitterest moments of his life. He was barely able to sustain himself through the brief ceremony of presenting his credentials to the Allied delegates, before immediately leaving for the waiting automobile, which had brought him to the gathering.

#### Many Chapters In Peace Treaty

The treaty of peace comprises of fifteen to twenty chapters. The preamble is contained in the first chapter, setting forth the reasons why the various contracting parties entered the war and mentioning the necessity for the League of Nations. The second chapter deals with the German frontier and the third contains all clauses connected with alterations of frontiers resulting in changes in the sovereignty of territory. The fourth sets forth the military, naval and aerial clauses and the fifth contains the disposition of the German colonies.

The other chapters are not yet finished, but they will concern reparations, economic and financial questions, and will deal with the international labor legislation treaty. The treaty concludes with a chapter concerning the guarantees for the execution of the treaty conditions in Germany.

The German delegates to the Peace Conference will be given fifteen days in which to consider the treaty and make any counterproposals they desire. They may begin offering their suggestions at any time, but no day of grace will be given them in providing their final answer. The Allies, it was stated, reserve the right to reply, or reject, to any of the German objections or proposals at any time. The belief was expressed that no more than five days would be required

of twenty billion marks, subsequent payments to be secured by bonds to be issued at the discretion of the reparations commission.

The peace treaty prevents Germany from signing an alliance with the Russian Bolsheviks and for the incorporation in Germany of German Austria. Austria will be made a neutral republic under the eyes of the League of Nations with the prohibition that she shall not incorporate herself with Germany. Meanwhile, Alsace-Lorraine will be given absolutely to France.

The complete economic isolation of Germany is being considered by the Council of Foreign Ministers of the Peace Conference as a measure to be adopted in the event Germany refuses to sign the peace treaty.

Should a refusal by the Germans to sign the treaty lead to a further invasion of Germany, the maneuver will be carried out almost entirely by French troops. By June 3, unless present orders are changed, there will be only two American divisions on the Rhine and the British forces will be correspondingly reduced.

Marshall Foch, on his first tour of the zone of occupation, is arranging just what part the American and British forces will play in any eastward advance. He is also completing his program by which the French will take over a larger part of the American area in the first day of June, whether the treaty is signed or not.

#### Surrender Of Colonies To Be Chief Objection Of German Delegates

Germany's initial response was provided to the Allied powers almost immediately, and was translated sentence by sentence by the German interpreters, who did not fail to bring, with full emphasis, every sharp face of it, and the three Allied statesmen put their heads together with evident anger at more than one of the German spokesman's cutting utterances, as if they were deliberating upon the advisability of immediate answer.

Among the terms of the treaty which the Germans found the most objectionable is that relating to the surrender of her colonies. They will urge that German East Africa, Togoland, and Mamerun should be left to her, and, upon refusal, she will be asked to be assigned some part in the future administration of her former colonies. They will ask that in any case Germany

shall not be barred from purchasing some Portuguese colonies at a future date, should Portugal be willing to sell.

A plea also will be made that the Saar region shall revert to Germany after a term of years. The delegates will oppose any proposal to deprive them of sovereignty over the Kiel Canal. They will also oppose any so-called Polish corridor which guarantees the right of free transit by Poles, both by rail and by river, to Danzig, and while opposing any plan to deprive them of sovereignty over the city itself, they will agree that portions of Danzig shall be regarded solely for Polish commerce.

The German delegates complained bitterly to one of the French liaison officers of the unexpected harshness of the conditions of peace. The delegates said they expected from the newspaper reports that the demands in many respects would be far-reaching, but were not prepared for the terms as actually laid down in the printed copy of the document.

The German government has not yet submitted any communication with regard to the peace treaty. All exchanges between the delegates and the home government are being kept secret.

As the terms of the peace treaty became known in Germany, the German press was quick to suggest only one immediate solution - peace with Russia and the use of Bolshevik troops to defend Germany. According to one German Peace Conference delegate: "The cruel predictions of the Allied press as to the conditions that would be imposed upon Germany have been exceeded." Another German delegate said the document is "simply awful." It is reported that the opinion of the German people would prefer anarchy than submit to such slavery, as the peace treaty would force upon Germany.

According to German press, all the parties, from the extreme left to the extreme right, regard the peace treaty as impossible to accept. It is generally believed that the Germans will answer the treaty of peace with a counter proposal.

### May 16

#### Experts See Danger In Peace Terms

Germany's reply to the terms of peace will be a proposal for a "Peace of right" on the basis of a lasting peace on

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Germany's appeals to the peace terms were too harsh, and were met with little sympathy, by a world still reeling from the devastation of four years of brutal war brought on by Germany's goal of world domination.

nations," according to a proclamation issued to the German people by German President Ebert.

The proclamation says the current treaty would deliver German labor to foreign capitalism for the indignity of wage slavery and permanently cripple the young German Republic. The proclamation closes with an appeal to the German people to "stand together, knowing no parties, and to preserve with the government mutual trust in the path of duty in the belief of the triumph of reason and right."

The text of the proclamation is as follows: "The first reply of the Allies to the sincere desire for peace on the part of our starving people was the laying down of the uncommonly hard armistice conditions. The German people, having laid down its arms, honestly observed all the obligations of the armistice, hard as they were. Notwithstanding this, our opponents for six months have continued the war by maintaining the blockade. The German people for all these burdens, trusting in the promise given by the Allies in their note of November 8, that the peace would be a 'piece of right' on the basis of President Wilson's 14 points."

"Instead of that, the Allies have now given us peace terms which are in contradiction to the promise given. It is unbearable for the German people and is impracticable, even if we put forth all our powers. Violence without measure would be done to the German people. From such an imposed peace, fresh hatred would be bound to arise between the nations and in the short course of history they will bring new wars."

"The dismemberment and mangling of the German people, the delivering of German labor to foreign capitalism for the indignity of wage slavery, and the permanent fettering of the young German Republic by the Allied imperialism is the aim of this 'Piece of Violence'. The German People's government will answer the peace 'Proposal of Violence' with a proposal of a 'Peace of Right' on the basis of a lasting peace of the nations."

"The German government will put forth every effort to secure for the German people the same national unity and independence, and the same freedom of labor and economical and cultural respects which the Allies want to give to all the people of Europe, save only our people."

"Our nation must save itself by its own action. In view of this danger of destruction, the German nation and the government must stand by each other,

knowing no parties. Let Germany unite in a single will to preserve German nationality and liberties. Every thought and the entire will of the nation ought now to be turned to labor for the preservation and reconstruction of our Fatherland. The government appeals to all Germans in this hard hour to preserve with it mutual trust in the path of duty and in the belief in the triumph of reason and of right."

#### "Sign, But World Revolts," Is The Cry In Germany

"Even if important changes are not made by the negotiations, there remains no choice but to bow to the compulsion and sign the treaty," says an appeal of the Central Committee of the Independent Socialist Party in Germany.

"Not signing means the retention of our prisoners of war, the occupation of our raw material districts, the tightening of the blockade, unemployment, hunger and death en masse. It is the proletariat that would suffer the most terribly from the consequences. Peace as hard and as oppressive as it may be is a necessity for the rebuilding of our social and economic life in the spirit of the revolutionary proletariat."

"To keep our nation alive - that and nothing else - is our duty. We are not pursuing nationalistic dreams; no question of prestige and no thirst for power have a part in our deliberations. Life is what we must have for our land and nation today. While everyone feels our throttling hand at his throat."

"The thing which is at the basis of our discussion is this the volume in which 100 sentences begin with Germany renounces... this dreadful and murderous volume, by which confessions of our own unworthiness, our constant to penniless disruption, our agreement to helotry and slavery, are to be extorted - this book must not become the future code of law."

The appeal concludes with a demand that the workmen of all countries unite against capitalism for world revolution.

## May 23

### Germany declines To Sign Peace Terms

German President Ebert, in addressing a demonstration in Berlin, said that he would never sign the peace terms. He described the peace terms as the product of the enemies' vengeful hysteria, adding, neutral foreign countries will not permit the proscription of Germany. They will raise their voices with us that this piece of enslavement, which we will never sign, shall not come to pass.

President Ebert said, "the peace terms spell the economic destruction, political dishonor and moral degradation of the entire German nation not only for the present, but also for still on board generations."

"These consequences must logically follow acceptance of the peace conditions the American press itself has recognized without question. Towards them Germany took the standpoint that acceptance of such conditions could not be demanded and that the Allies were unjustified in imposing such demands."

"Germany has not only a moral right to compliance with the general promises made it when signing the terms of the armistice, but a right to justice and recognition, instead of the paragraph song of hate which was written at Versailles."

However, a member of the German delegation who returned to Versailles said, "we will sign despite all, because we will be hacked to pieces if we return to Berlin without signing. However, mark my words, by signing, I will set in motion a Second World War which will be more brutal and more devastating than the first one."

Serious disagreements have arisen in the past 24 hours among the Ger-

man delegates. A majority, including the financial experts, are said to be violently opposed to signing the treaty, while the minority see no way out but to sign. Field Marshal von Hindenburg is reported to have told the delegates that all resistance was impossible and that the military leaders were inclined to the necessity of signing the treaty, as abhorrent as it was.

### Huns To Propose Economic Parlay

It is apparent that one of the principal points of the German reply to the peace terms will be a proposal to institute a joint committee of representatives of both sides, with a neutral President, to decide the economic questions. The Germans also will suggest the appointment of a similar committee to determine the damage done to Belgium and France.

The German reply, it is understood, will protest that the treaty does not take into consideration the damage done in Germany. It will also urge that Austria-Hungary, having been an ally of Germany, should be held in the same responsibility as Germany.

Full realization of the peace terms has restored some of the nationalist feeling in Germany, which seemed entirely to have vanished, and today there is almost solid national opinion against the treaty. Germany is slowly finding men around whom she will rally. Then soon they may be the storm center of the attempted peace settlement.

## May 30

### Germans Prepare Counter Peace Proposals

Information has been received that the counterproposals to be made by Germany to the Peace Conference will declare in favor of military disarmament, saying that Germany is ready to reduce her forces to 350,000 within two months after the conclusion of peace, and by the expiration of another year to cut the size of the Army down to 200,000 men.

It will be declared that in spite of the internal disorders and the necessity of defending her frontiers Germany agrees

to disarm ahead of all other powers. It is pointed out that this gives adequate proof of Germany's determination to renounce all military and imperialistic tendencies.

However, the same report said Germany should refuse to sign the military and economic terms of the peace treaty, which are not acceptable. So far, the Germans have submitted thirteen notes protesting various aspects of the proposed peace treaty.

The German delegation insisted Germany's only responsibility is for the violation of Belgian neutrality, which it is ready to make reparations for, and declares that all the powers were responsible for the war and that the material damage done was the work of the Allied armies, as well as the Germans.

With the exception of one minor concession, all suggestions and counterproposals by Germany for the disposition of the Saar Valley have been rejected by the Allied powers. The concession agreed to is that Germany might create a prior charge upon her assets or revenue for the payment of the mines in the Saar Valley.

In addition, the German counterproposal will include a demand that the administration of the Rhine district shall remain German; Germany to deliver coal to France from the Ruhr and Saar Valley, but not to the knowledge France's ownership of that land.

According to reports, the German cabinet is in full accord with respect to the general outlines and the specific proposals of the counter proposals, which will make up the German reply.

Meanwhile, rumors and scares over prospective occupation by the Allies have been on the increase recently in western Germany. Newspapers publish editorials urging the people to keep cool and be prepared to a set philosophy of the events of the next few weeks, even occupation by Allied troops.

Virtually every newspaper from unoccupied Germany makes mention of Allied soldiers marching Eastward from the Rhine in the event that Germany refuses to accept the peace terms. The population is cautioned against demonstrations if the troops appear.

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# HISTORY

## The University of Harney and the Toms Creek Fleet

*Editor's note: One of the things I most looked forward to in creating the 100 Years Ago column for the paper was to see what the Editor, Sterling Galt, dreamt up to amuse his readers. At first, I found myself scratching my head trying to figure out where he was coming from, but eventually it occurred to me that he was using this sound bites to have fun with some of the more notable character in Emmitsburg in his day. Give we are coming up on the 101 year anniversary of the closing of the Chronicle, I thought it would be fitting to re-run some of the more memorable 'creations' on Sterling Galt!*

### 1912

#### The Gyro Scutoplane (September 13)

After many months of careful experimenting and the expenditure of \$16,547 in real stage money, Drs. Herr Van Mueller and John E. Davidson, have perfected a flying apparatus, call by them the Gyro Scutoplane. It is propelled by an eight cylinder hexagonal engine using monkey feathers for fuel and is capable of attaining a speed of 85.6 miles a minute. A diagram and full particulars of this invention may be seen in the current issue of the Pallbearer's Review. Decorations have been given both the scientist and each has received a medal of the

Order of the Plush Ladle, conferred by the Sultan of Slush.

#### Dr. Glass to Expand Money Supply (September 27)

Dr. John Glass of the University of Harney has informed the President that he is not in favor of the recent decision of the Federal Reserve to issue smaller bank notes. Dr. Glass is working on an invention whereby, with the use of rubber and yeast, our present currency can be made to greatly expand. "Expandable bills," said Dr. Glass "will allow local residents to stretch their dollars further, allowing more to be bought with each bill." No response has yet been received from the White House on this innovate solution to solving our nation's money supply.

#### Dr. Shorb Gets Returns By Wireless (November 15)

With his private wireless apparatus in the tower at Pigs Misery, Dr. Dan Shorb received the election returns. With the assistance of Dr. Glass he manipulated the intricate machine to a nicety, and long before the telegraph instruments of the county had ticked the news, Prof. Bushman, who had his airship anchored on the prairie dog house nearby, was on his way to Emmitsburg with bushel baskets filled with the correct information.

Dr. Shorb declared that owing to his splendid eyesight it was not necessary to use his wireless apparatus for returns from Thurmont, Harney and Jimtown. He simply looked over the shoulders of the clerks, from his private office at Pigs Misery, and wrote down the results. Some slight difficulty was experience in reading the tally sheet at Poplar Ridge, owing, the doctor said, too a bad wick in one of the lamps at that place.

#### Tariff Code Revisions (November 29)

It is reported that Dr. Glass and Professors Shorb of Harney University will be appointed by President Wilson to a special committee to revise the tariff code on codfish balls. Clarence Buckingham, brother of the Duke of Buckingham, will also revise the tariff on dill pickles. In an unrelated note, Col. Stonebottle, one of the most prominent citizens of Emmitsburg, painted his overalls on Saturday.

#### Pinochle Tournament (December 13)

During the holiday season the faculty of the University of Harney will engage in a pinochle tournament. The holder of last year's trophy, a dill pickle, is Dr. John Glass. The trophy this year will be a loving cup filled with spinach, presented for this event by the Young Lady Society



for the Prevention of the Use of the Denatured Alcohol and Strawberry Shortcake.

There are all kinds of corn-big and little corn, red, white and yellow corn in the cultivator thinks this particular kind is the best. Mr. Walters has been experimenting with every variety and he has succeeded in producing what he calls the "Genius Bulbus Diminutives" which grow no larger than a fried egg and is shaped like a beehive. Mr. Walters has 189 acres of this kind; each grain is capable of sustaining the life of four horses for three days. It is the farmer's intention to send this year's crop to Roostem Effendi in command of the Turkish troops near the Italian border.

cruiser and six battleships of the Flat Run fleet, under the command of Admiral Bushman, to the golf. This would have been the ordinary procedure, but after considering the difficulties attending such a move, it was thought best to adopt a more original and secret plan and the following idea will be carried out.

"Seven aero-planes loaded with molasses will be sent to the scene of the action, at the same time 800,000 rounds of Limburger bullets will be distributed to troops from Zora, Four Points, and Popular Ridge, whose regiments will already have reached the heart of Mexico."

The plan is very simple: "The molasses will be release from the aero-planes, about 100 tons from each machine. This will have the same effect on the enemy as tangle-foot flypaper has on flies. When the opposing forces are rendered incapable of marching or standing erect, Limburger bullets will be discharged at them at a rate of 10,000 a second. Death will be instantaneous due to the smell of the cheese An important feature of this mode of warfare is that death will be so horrible that no further recruiting will be possible-no one will enlist in the Mexican army."

#### Appointment at Harney University (August 8)

Prof. Jacob Turner who has just accepted the chair at snakeology

### 1913

#### Dr. John Glass on the Mexican situation (July 25)

Dr. John Glass and the strategy board of the War College connected with Harney University has been in consultation for 98 hours on the Mexican situation, and it is thought that when the results of the deliberation is presented to the War and Navy Departments at Washington, a plan will have been reached whereby all trouble on the border will soon be brought to end.

According to the Doctor, It was first proposed to send the armored

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## HISTORY – OBITUARY

at the University of Hardy has announced his intention of opening a correspondence school with the idea of teaching all takers a course on the science of snake charming. The professor now has 28 snakes of different varieties fully trained and he says he has no difficulty in making them do anything he asked. In the collection, there are two copperheads which he has taught to dance the tango and a black snake taught to walk the slack wire blindfolded.

University of Harney Invents Unique Airship (September 12)

Probably one of the most unique airplanes ever constructed is that which has just been finished by Dr. Jerry Overholser and Dr. Daniel Shorb, both of the faculty of Harney University. This airplane may be seen for the next few days at the hangar of Dr. Shorb's Estates, "Pig's Misery."

It took 27 men, working day and night underwater, to build the machine. Many of the mechanical devices were designed by Adm. Bushman and the air digging devices by Dr. John Glass.

According to Dr. Overholtzer: "The main feature of the engine, which is of the complex eccentric type, is the simplicity of the duplicidentate. The meta centre articulates with the friction real and top burtons on the warping chock. This flutes the suction pipe in such a manner as to lap joint the back gear. The lubricator, connecting with a center balance spring, throws the pinch cock under the carburetor, at the same time opening the muffler cutout near the nephoscope. This feeds the silo juice through the bunghole and sparks the fifth wheel near the gunwale. The cloud anchor, which is regulated by a heliograph, is so adjusted on the pinochle deck that its releases automatically from the whiffletree, making it possible to stop and remain stationary by putting on the reverse clutch while going at the rate of 184 knots a second."

Dr. Overholtzer and his crew will make a flight next week at four o'clock from the Popular Ridge standpipe to the Eiffel Tower, stopping for lunch at the Sandwich Islands.

## John McKeon



John Peter McKeon, 65, of Emmitsburg, died on Saturday, March 30 at Johns Hopkins Medical Center in Baltimore. Born June 4, 1953 in Gettysburg, he was the son of the late James and Marcelle (Corris) McKeon. He was the husband of Debra Sassaman of Milton, PA.

John was an electrician and worked in the Maintenance Department of Mount St. Mary's University. He formerly owned and operated A-1 Screen and Glass in Pompano Beach, FL. He was a graduate of St. Joseph's College of Maine. John enjoyed hunting, fishing and caring for his many animals. He was known as a Gentleman Farmer. He was an avid fan of Mount St. Mary's basketball, and was the student basketball manager while

in college at St. Joseph's.

Surviving are son, Ryan McKeon and wife Rachel of Rochester, NY, and their daughter, Audrey; step-son, Chance Sassaman and wife Jewlia of Kuna, ID; siblings, Eugene McKeon and wife Sandra of Bethlehem, PA, Nancy Hall and husband David of Long Beach Island, NJ, Judith Zollar and husband Robert of Bridgewater, NJ, James McKeon, Jr. of Garwood, NJ, Amy Poirier of Staten Island, NY, and Joseph McKeon and wife Lorraine of Westfield, NJ; and numerous nieces and nephews. He was predeceased by a sister, Elaine Guempel.

A memorial service to celebrate John's life will be announced soon. Inurnment will follow at Mount St. Mary's Cemetery. Arrangements have been entrusted to Myers-Durbrow Funeral Home in Emmitsburg.

In lieu of flowers, memorial contributions in John's name may be made to the Mount St. Mary's University Women's Athletic Department, 16300 Old Emmitsburg Rd., Emmitsburg, MD 21727. Online condolences may be expressed to the family at [www.myersdurbrowfh.com](http://www.myersdurbrowfh.com).

## Thelma Deatherage



Thelma Theresa Deatherage, 94, of Emmitsburg, passed away peacefully on Monday, April 1, at St. Joseph's Ministries with her family at her side. Born August 22, 1924 in Gettysburg, she was the daughter of the late George Joseph and Alice Genevieve (Topper) Cool. She was the wife of the late Jack Harold Deatherage, Sr., who died in 1980.

Thelma was a nurse for many years at the Home for Incurables in Baltimore and later served as the primary caregiver for the 2 & 3 year-olds at the Seton Center Daycare in Emmitsburg. She was a member of St. Joseph Catholic Church in Emmitsburg. Thelma was a devout Christian who enjoyed collecting rosaries, crosses, and crucifixes. She enjoyed being a homemaker and spending time with her family.

Surviving are her children, Jack Deatherage and wife Wanda of Emmitsburg, Therese Bennett and husband Keith of Summer-

ville, SC, Michael Deatherage and wife Sheila of Mississippi, Mary Tietgens and husband Herman of Leesburg, FL, Ann Deatherage and husband Sidney Waite of Grand Island, FL and Joseph Deatherage and wife Diane of Mount Dora, FL; sisters, Mildred and Frances Cool; brothers, John and Joseph Cool; sister-in-law, Hilda Hemingway of Emmitsburg; 8 grandchildren; 7 great-grandchildren; and many nieces and nephews. She is also remembered by special nephew, Gerard Cool and wife Christine of Emmitsburg. She was predeceased by siblings, Sister Mary Angela Cool, Cletus, Allen, Albert, Lewis, Mary, Donald and Louise; granddaughter, Victoria (Bennett) Mandell; and great-granddaughter, Cheyanne Chavis.

A Mass of Christian Burial was held Friday, April 5, at St. Joseph Catholic Church, 47 DePaul St., Emmitsburg, with the Rev. Martin McGeough, C.M. as celebrant. Burial will follow in New St. Joseph Cemetery.

In lieu of flowers, memorial contributions in Thelma's name may be made to St. Joseph's Ministries, 331 S. Seton Ave., Emmitsburg, MD 21727 or to Hospice of Frederick County, P.O. Box 1799, Frederick, MD 21702. Online condolences may be expressed to the family at [www.myersdurbrowfh.com](http://www.myersdurbrowfh.com).

## Elinor G. Hays

Elinor G. Hays (Geyer) passed away April 13 at University of Vermont Health Network-Champlain Valley physicians Hospital in Plattsburgh.

Ellie was hired as a Team Leader on the 4 Main Medical/Surgical Unit of the Champlain Valley Hospital. She became Head Nurse on 5 Main the following year and Head Nurse on 6 Main in 1972; both were Medical/Surgical Units at that time. The Skilled Nursing Facility opened in 1974, and Ellie joined the nursing staff of that Unit as Head Nurse. She remained on this unit, becoming the coordinator in 1981 until she retired 15 June 1989.

Elinor was born on Decem-

ber 14, 1926 as Cashtown, Adams County, Pennsylvania. She graduated from Gettysburg High School in 1944 and enlisted in the US Army Nurse Corps at Thomas Jefferson University School of Nursing. In 1948 She returned to her hometown and became a night supervisor at the Annie M. Hospital at Gettysburg.

She is survived by her husband James Hays, two sons; Dr. James T. Hays, III (Jennifer Lynn) of Keswick, Va., John Charles Hays (Pamela Jean) of Grantham, NH, two grandsons; Benjamin James (Emily), and Daniel Telling (Hillary), one granddaughter; Kristin Susanne, three great grandchildren;

Oliver Daniel, Eden Katherine and Jude Lawrence. Elinor is predeceased by her parents Wilbur Hammond Geyer and Verna Marie Klinefelter and a brother John Clair Geyer.

Elinor enjoyed traveling, bingo, Card playing, hosting family at her home on Lake Champlain and the Early American History of this era. She was a member of long standing of Kent de Lord House Museum, a board member of the Anderson Falls Heritage Society, Clinton County Historical Society and the Daughters of the American Revolution.

According to her wishes there will be no funeral services. Burial will be at a later date at Mountain View Cemetery in Emmitsburg.

Those wishing to honor Elinor Hays' life may make a donation to the Jefferson Diploma School of Nursing, 1020 Locus Street, Building Suite 210, Philadelphia, PA. 19107-5233.

Arrangements have been entrusted to Heald Funeral Home, 48 Court Street, Plattsburgh. To light a memorial candle or leave an online condolence please visit [www.healdfuneralhomeinc.com](http://www.healdfuneralhomeinc.com).

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# MOM'S TIME OUT

## Spring fever

Mary Angel

It is finally spring! Don't get me wrong, I love snow and wearing sweaters, but after a certain amount of snow I am ready for flowers and showers. I have never been so surrounded by Spring Fever as I have this year. Between basketball, long walks, a little stir craziness and "love" being in the air Spring Fever is everywhere!

Every year we all look forward to spring. Let's face facts; even the kids are a little tired of snow by the time

March rolls around. This year is somehow more intense with a desire for spring and all it entails. All of the kids have been shooting hoops any chance they can. The basketball net has been lowered and raised (depending on who is playing) so many times it resembles an elevator. They even got my husband in on a game or two. Weren't they surprised to find out the old man still has skills. It won't be long until the games of whiffle ball and badminton and corn hole begin. Luckily they haven't started nagging for the

pool to be opened, yet.

Just before spring rolled around the girls started taking the dog for extra-long walks. They would circle the house many times before allowing the exhausted pup to return to his sleeping position on the floor in the living room. Amazingly enough, my shy, introverted, afraid of the world girl has even started playing amateur explorer. On her last trek into the yard she discovered the rather thick bottom of a brown bottle made in the 1960's. She is so excited to go exploring again and find the rest of the bottle so she can trace its origin. Needless to say she is considering a job in a science field when she grows up.

My older daughter goes on walks to contemplate life and love and listen to her music (while also walking her dog). She has her first big crush and it turns out he likes her too, so it is a fun filled time of giggles, notes (given and received) and playlists, which in my day would have been a mixed tape. It is super sweet to watch and makes spring that much more bright and hopeful. The oldest has joined in on the romance part of spring as he finally asked out a girl in one of his college classes. He donned his best spring shirt, mustered up the nerve and just went for it...and she said "yes"! He is beaming at the thought of getting to know her better. The second oldest son also recently started dating a very sweet girl, now that I think about it; "love" really is in the air this spring.

I am just glad it is here because I really was going a little stir crazy.



Want to do something good for your kids. Unplug them and take them into the great outdoors. Mother nature offers marvels that no computer game can match.

As I stated earlier I love winter when it first starts. It is when it has been cold for months that I start to wonder if any of this will get any quality time outside again. Not that I am a great gardener (I actually do have a black thumb), but I start to plan gardens and which herbs I will plant this year and how I will fill in the dead flower bed from last year. I dream of the days when homeschool PE will involve a nice bike ride or a long walk. More importantly my homeschooled and I start to plan spring fieldtrips to places like the zoo, Land of the Little Horses, or a topiary garden. We absolutely love the outdoor fieldtrips because it gets us out of the house and breaks up some of the monotony of the same old same old. Now that the youngest has expressed an interest

in the history of Gettysburg I think we will probably take many trips to the battlefields.

For my second son, and senior in high school, the change of the season means he is one step closer to graduation. After all, he actually graduates in the spring. I am hoping that spring and a little more outside time will help him with his senioritis. It is too soon to tell as we have still been having some pretty cold weather, but I am still hopeful. As a senior, spring also signals the time for registering for community college and picking his first semester of college classes (which I might not be ready for).

My husband grills intermittently all winter long; however, once spring hit he is the grill master. We can count on a grilled meal at least three or four times in a week. Grilled pork, grilled chicken, grilled bread, you name it and he grills it. One time he made grilled pasta, although not one of the kid's favorite but I have never met pasta I didn't like. This may be one of my favorite signs of spring and definitely the tastiest sign of spring. When it comes to food there are a lot of things that signal the arrival of spring. A good fire pit on a chilly evening is amazing. It gets even better when everyone is roasting hotdogs and marshmallows (not together of course) to their liking.

Even the first rain of spring was spectacular, maybe because a few degrees colder and it would have been snow, or maybe because it was a sign of all the flowers that would soon be blooming. In any case it was funny to be excited about something, that last fall we were all cursing because it seemed like it would never stop. At the moment I am looking forward to all of the colors of the rainbow that will shortly be blooming from the ground all around us.

Whether your kids are getting outside for spring sports, or spring hikes, or to see the spring flowers make sure you join them. This really is a beautiful time of the year to go outside and enjoy the weather with your family.

To read other articles by Mary Angel visit the Authors section of Emmitsburg.net.

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**MAY BAND**

**May 11th  
HERE  
'TIL  
SUNDAY**

## It's asparagus season!

Kay Hollabaugh  
Hollabaugh Bros., Inc.

I had the opportunity on March 21 to participate in Ag Literacy Week in our local Elementary School. Ag Literacy Week is funded by the Charitable Organization titled PA Friends of Agriculture Foundation and is supported by PA Farm Bureau. The book I read was "Right this Very Minute" by Lisl H. Detlefsen and it encapsulated how each meal of the day – including snacks – is compliments of a farmer!

Information from the Foundation also provided some very interesting "farm facts" that I thought you might enjoy. There are 2.1 million farms in the US and 99% of them are family owned. The average farm size is 434 acres. One US farm feeds 165 people annually in the US and abroad. Farm families make up less than 2% of the US population. The average age of farmers is 58.

Those statistics make me both proud – and a bit alarmed! I'm proud to say that Hollabaugh Bros. – who farm on just shy of 500 acres – do their part to feed the world AND to bring that average mien age down to where it is. We're proud to boast our "next generation" is back from college and working beside us – and have been for quite some time! We surely hope that the next generation might produce some farmers as well!

Spring has certainly sprung on our farm with tiny purple and green tips beginning to appear in our asparagus fields. Asparagus is the first crop that we harvest each year and is certainly the harbinger of good things to come. Asparagus must have extended warm days and nights in order for it to really push. Although we've had some warm days, our nights continue to drop. I'm sure that by the time you are reading this in early May, we'll be cutting asparagus. Once it gets going we cut 7 days a week. I'm hoping you might enjoy some of my favorite recipes!

### Hot Asparagus Rolls

#### Ingredients:

- 50 fresh asparagus spears
- 1 (8 oz.) package cream cheese, softened
- 1 (4 oz.) package crumbled blue cheese
- 1 large egg
- 25 slices thin sandwich bread
- 1/3 cups butter, melted

#### Cooking directions:

Snap tough ends off asparagus. Arrange asparagus in a steamer basket and place over boiling water. Cover and steam for 6 to 8 minutes until crisp-tender. Remove from steamer and place in a single layer on a paper towel to cool.

Combine cheeses and egg in a mixing bowl. Beat at medium speed with electric mixer until blended.

Trim crust from bread and roll each slice with rolling pin to flatten. Spread cheese mixture on bread. Place 2 asparagus spears, tips pointing toward opposite ends. Roll up and secure with a toothpick. Brush with melted butter. Freeze until firm.

Place in an airtight container and return to freezer. To serve, thaw and cut in half. Place on baking sheet. Bake at 400 degrees for 12 to 15 minutes.

### Shrimp & Asparagus Linguine

#### Ingredients:

- 1 Lb. Linguine
- 2 tablespoon olive oil
- ¼ cup butter
- cherry tomatoes, stemmed and halved
- Salt & pepper
- Old Bay seasoning
- 1 Lb. asparagus, trimmed and cut into bite size pieces
- 1 Lb. (16 to 20 count) shrimp, peeled and deveined

#### Cooking directions:

Cook pasta according to directions. Drain and place in a large bowl. Heat the oil and butter in a large deep skillet over medium high heat. Roast the asparagus until tender, adding the salt, pepper and Old Bay. Add the tomatoes and shrimp until the shrimp is cooked, about 5 to 7 minutes. Pour the sauce over the pasta and toss to combine. Serve immediately.

### Asparagus with Mustard Sauce

#### Ingredients:

- 10 to 12 fresh asparagus spears
- 2 tablespoons of melted butter
- 1 teaspoon of dry mustard
- dash of paprika
- ¼ teaspoon of salt
- ¼ teaspoon of sugar

#### Cooking directions:

Place asparagus spears in a large saucepan. Barely cover with boiling salted water. Simmer over moderate heat (about 250 degrees) for about 8 to 10 minutes or until crisp-tender. Drain. In a small bowl, combine butter, mustard, paprika, salt and sugar. Blend well. Pour over drained asparagus and toss lightly to blend. Serve immediately. Serves 2.

### Asparagus and Mozzarella Stuffed Chicken Breasts

#### Ingredients:

- 2 boneless chicken breast halves
- salt & black pepper to taste
- 8 asparagus spears, trimmed and divided
- ½ cup shredded mozzarella cheese, divided
- ¼ cup Italian seasoned bread crumbs

#### Cooking Directions:

Preheat oven to 375 degrees. Grease an 8x8 inch-baking dish. Place each chicken breast between two sheets of heavy plastic (resealable freezer bags work well) on a solid, level surface. Firmly pound the chicken with the smooth side of a meat mallet to an even thickness



of about ¼ inch. Sprinkle each side with salt and pepper.

Place 4 spears of asparagus down the center of a chicken breast and spread about ¼ cup of mozzarella cheese over the asparagus. Repeat with the other chicken breast and roll the chicken around the asparagus and cheese to make a tidy, compact roll. Place the rolls seam side down in the prepared baking dish, and sprinkle each with about 2 T. of breadcrumbs.

Bake in the preheated oven until the juices run clear when pricked with a fork – about 25 minutes. When I make this recipe, the 8 spears of asparagus is never enough. I simply put some around the chicken breasts in the baking pan and sprinkle with butter/bread crumb mixture.

### Asparagus Horseradish

#### Ingredients:

- 32 asparagus spears
- 1½ cups sour cream
- 1 teaspoons of garlic salt
- 1½ tablespoons of horseradish
- 1½ tablespoons of butter
- ¾ cup breadcrumbs

#### Cooking Directions:

Steam the asparagus until crisp

tender. Place in a 9x13 inch pan. Mix all other ingredients together and spread over the asparagus. Melt butter and add breadcrumbs to the melted butter. Broil till brown.

### Upcoming Events at

#### Hollabaugh Bros Include:

May 4/5: Bees and Blossoms Festival – 12 to 4:30 – No Fee/No Registration

May 4: Pancake Breakfast from 9 to 11 – Cost \$7/adult; \$4/children ages 3 to 10; Free for children 2 and under.

May 9: Adult Cooking Class: Fresh Herbs – 7 to 8:30 pm. Cost

is \$30 and registration is required.

May 11: Mother's Day Make and Take Event – 10 - noon. Cost is \$10/gift. No registration is required.

May 11: Family Cooking Class: Beautiful Food for Mom – 1:30 to 3 p.m. Cost is \$15.00. Registration is required.

May 18: Ladies' Literary Tea – Noon Seating. Cost is \$30 and registration is required. Appropriate for ages 13 and up.

May 25: Pancake Breakfast – 9 to 11 a.m. Cost: \$7/adult; \$4/ages 4 to 10; Free for children 2 and under

May 25: Family GameDay – 12 to 4 p.m. Free. No registration required.

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# LIBRARY NEWS & EVENTS

## Blue Ridge Summit Free Library

### Standing Events

Monday - Story Time starts tonight at 4:30 p.m., it will be immediately followed by Legos and Wee Build Imaginering until 5:30 p.m..

Wednesday - Coffee club in the community room from 4 - 5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday- VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30 p.m.. Just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11:15 a.m. for Story and Craft Time and all of its festivities! What could be better than a great book and a fun craft?

### Upcoming Special Events

Meatless Monday has arrived at the Blue Ridge Summit Free Library. Please join Laura from 6:30 - 7:30 p.m. as she gives handy tips, fresh recipes, and mouth-watering samples of versatile dishes featuring a star in the world of greens, kale.

The family movie "Mary Poppins Returns", rated PG, is being shown at the Blue Ridge Summit Free Library on May 9<sup>th</sup> at 6 p.m., "Decades after her original visit, the magical nanny returns to help the Banks siblings and Michael's children through a difficult time in their lives."

Scherenschnitte class with Bill

Hammann will be on Monday, May 10<sup>th</sup>, from 6 -7:30 p.m.. All ages are welcome; children must be accompanied by an adult. If you have participated before, please bring your knife and board.

The Dining Car Food Club will be meeting at 6 p.m. on May 16<sup>th</sup>. The theme this month is "Middle Earth" so please put on your creative cap and bring a dish to share when you journey to the Shire.

"Summit Radio" plays on at the library a week early on May 20<sup>th</sup> at 6:30 p.m.. Travel back to yesteryear when families gathered around the radio. This month we are featuring Det. Richard Diamond.

Zero, our wonder therapy dog, will be at the library from 5:30 - 6:30 p.m. on May 21<sup>st</sup> for the ever popular "dog-house sessions". He loves a good book and great company so stop on by and get a fuzzy cuddle!

The Summit Stitchers Quilt Club is also meeting at 5:30 p.m. on May 21<sup>st</sup>. New members and new projects are always welcome! Any skill level may attend. If you have always wanted to learn how to quilt, now is the perfect time to start! The group is currently working on this year's gorgeous raffle quilt.

The Train of Thought Book Club will meet on May 23<sup>rd</sup> at 6 p.m. This month's book discussion will be about the book "Tolkien and the Great War: The Threshold of Middle-earth."

Please join us at the Library on May 28<sup>th</sup> for the new knitting /crocheting club, Knit 1, Purl 2, you can too! The club starts at 6 p.m.. Beginners,

experts, and in-betweens all welcome!

On May 30<sup>th</sup> we will have a special movie showing of "Bumblebee", rated PG-13, at 6 p.m.. "On the run in the year of 1987, Bumblebee finds refuge in a junkyard in a small Californian beach town. Charlie, on the cusp of turning 18 and trying to find her place in the world, discovers Bumblebee, battle-scarred and broken."

## Frederick County Library Emmitsburg Branch

Choose Civility: 2020 Census:

Employment Opportunities - Saturday, May 4, 2-4 p.m., Representatives from the Census will be available with information about employment with the Census Bureau.

STEM Monday (Grades 3-8) - Mondays, May 5 & 20, 4-5 p.m., 5/5 explore Little Bits Driods; 5/20 explore Color Mixing.

Expungement Clinic - Tuesday, May 7, 10:30 a.m. - 12:30 p.m., Maryland Legal Aid will lead an expungement clinic to help attendees with their Maryland criminal record expungements.

Babysitting 101 with Frederick County 4-H (Ages 14-18) - Tuesday - Thursday, May 7-9, 4-6 p.m., Develop an understanding and practice of babysitting, entrepreneurship, and leadership. Must attend all sessions at one branch to receive a certificate of completion.

Summer Challenge Kickoff Festival - Saturday, May 11, 10 a.m. - 2 p.m., Kick-off Summer Challenge with fun events for the whole family.

R.E.A.D. with Wags for Hope -

Thursday, May 16, 5 - 6 p.m., children read to Reading Education Assistance Dogs.

Elements of Art (Grades K-5) - Saturday, May 18, 10 - 11 a.m., create art using elements of line, shape, color, value, form, texture, and space.

STEAM Cafe Drop-in (Grades 6-12) - Saturday, May 18, 1-3 p.m., create art using a variety of textiles.

Story Lab (Grades K-5) - Saturday, May 25, 10:05 - 11 a.m., design and build like Iggy Peck Architect.

Eric Carle Preschool Party (Ages 0-5) - Wednesday, May 29, 10:30-11:30 a.m., Eric Carle inspired crafts, games, and activities. Special guest: Rose Hill Manor Park and Museum staff.

## Thurmont Regional Library

Beeping Circuits - Innovative and Accessible Family STEAM Program with LBPH & Futuremakers (Ages 5-10) - Wednesday, May 1, 6 - 8 p.m., make a circuit that beeps and buzzes without using wires! Explore the conductive nature of materials, and learn how to create a simple circuit on paper!

Nature Sprouts (Ages 3-10) - Thursday, May 2, 16, & 30, 2:00-3:00 p.m., explore the natural world through stories and fun activities.

Storytime and Hike @ The Library (Ages 3+) - Friday, May 3, 10 a.m., storytime followed by a short hike on the library's pollinator trail. Presented in partnership with Screen-Free Frederick.

Baby Art (Ages 9-18 months) - Friday, May 3, 10 a.m., sensory art experiences for young children ages 9-18 months. Presented in partnership with Screen-Free Frederick.

Chess Club (Grades K-Adult) - Saturday, May 4, 11 a.m., stop in to learn, play, or sharpen your skills. All ages and skill levels welcome.

May the 4<sup>th</sup> Party (Ages 3-18) - Saturday, May 4, 11 a.m., celebrate the galaxy far, far away with games and activities.

Hello Holidays: Cinco de Mayo Celebration (Ages 3-10) - Sunday, May 5, 2 p.m., learn the history of Cinco de Mayo and celebrate with traditional games, music, and crafts.

School Skills for Preschoolers (Ages 3-5) - Tuesday, May 7, 14, 21 & 28, 2 p.m. - practice school-readiness skills with cutting, tracing, play, and other literacy activities.

Preschool Fun (Ages 2-5) -

Wednesdays May 8, 15, 22 & 29, 2 p.m. - afternoon arts and crafts, games and play for preschoolers!

Walk Through History (Grades K-5) - Wednesday, May 8, 4:30 p.m. - explore artifacts from the past with staff from Rose Hill Manor and make some special crafts to take home!

Slime Lab (Grades 6-12) - Wednesday, May 8, 6 p.m., try new slime recipes every month with unique colors, textures, and additions.

Choose Civility: 2020 Census: Employment Opportunities - Thursday, May 9, 2-4 p.m., representatives from the Census will be available with information about employment with the Census Bureau.

Choose Civility: Gardening Group - Thursdays, May 9 & 23, 2 p.m., help the Thurmont Green Team prepare the library garden to become a way-station for monarch butterflies. Recommended for ages 3 and up.

Bath Bombs (Grades 5-12) - Thursday, May 9, 6 p.m., delightfully smelling spheres that will explode into colorful fizz in the bathtub.

Marvel Party (Grades 6-12) - Friday, May 10, 1 p.m., join other fans to celebrate all things Marvel.

Green Team Plant Swap - Saturday, May 11, 10 a.m., rain or shine in the library parking lot. Share tips and swap plants, bulbs, statuary, gardening books. Please bring something to swap, no sales.

Maryland Iron Festival Kickoff Evening - Friday, May 17, 7-9 p.m., everyone invited for speakers, food, music and more.

On-site at Catocin Furnace: Iron-Tastic STEM at the Maryland Iron Festival (Ages 3-12) - Saturday, May 18, 10 a.m. - 4 p.m.

Curious Minds: Small Town, Big Ideas - Monday, May 20, 2 p.m., Thurmont Main Street Manager Vicki Grindler shares news about exciting projects happening around town and how you can get involved.

Teen Advisory Board (Grades 6-12) - Wednesday, May 22, 6 p.m., let your voice be heard and influence the library!

R.E.A.D. with Wags for Hope - Saturday, May 25, 11 a.m., children read to Reading Education Assistance Dogs.

Trivia on the Deck- Thursday, May 30, 7 p.m., test your trivia skills and invite your best trivia teammates. Light refreshments available.

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## Fort Ritchie Summer programs

The Fort Ritchie Community Center has added a ninth week to its traditional summer day camp program. The camp, which serves children between the ages of six and 13, will operate from June 10 through August 9 this summer. The program features a variety of theme weeks with activities such as kayaking, fishing, LEGO Robotics, laser tag, and field trips.

New for the summer of 2019 program will be an Aviation/Space theme for the week of July 15. Popular theme weeks such as Crime Scene Investigators (CSI), Outdoor Adventures, Kid's Boot Camp, and Science, Technol-

ogy, Engineering, Arts, & Math (STEAM) also return. 2019 Summer Camp Schedule

- Outdoor Adventure Week - June 10
- Sports Week - June 17
- Kid's Boot Camp - June 24
- S.T.E.A.M 1.0 - July 1- 3
- Crime Scene Investigators - July 8
- Aviation & Space Week - July 15
- S.T.E.A.M 2.0 - July 22
- Creativity & Arts Week - July 29
- Outdoor Adventure 2.0 - August 5

Camp fees are \$100 per week for Community Center members and \$125 for nonmembers. Fees are adjusted to \$60 for members and \$75 for nonmembers the week of July 1. Financial assistance along with early drop-off and late pick-ups are available. Registration packets are available online at [www.thefrc.org](http://www.thefrc.org).

The Fort Ritchie Community Center is located on the former Fort Ritchie property in Cascade, MD. For more information regarding summer camp or other programs, please call the Center at 301-241-5085, or visit online [www.thefrc.org](http://www.thefrc.org).



## What the BOE members do

**Karen Yoho**  
Frederick County  
Board of Education

Not long after the election, several of the experienced members told us newbies that we'd quickly find out that we couldn't do many of the things we thought we were going to be able to do as Board of Education members. So just what can the Board of Education do you might ask? Quite a few things, as it turns out, but primarily we vote on the budget, we finalize attendance districts, we set policy, we hear appeals, and we do a limited amount of hiring, which I will expand on later. And we listen, listen, listen to anyone wishing to offer opinions and insights into the betterment of our public school system.

In December, right after the swearing in ceremony, the Maryland Association of Boards of Education or MABE presented a two-day training to 60 plus new board members from across the state. Lesson 1 that they imparted at the beginning (and which has been consistently reinforced at other trainings), is that the Board of Education is the Why and the What, but the How is the purview of the Superintendent, who then directs the staff.

What that means is that if we as a board, meaning that four of the seven voted in favor of some idea that we thought would be wonderful (or beneficial or necessary or whatever) for a

group or all of our students (or teachers or other staff), it would be up to the Superintendent to figure out how to get it done. For instance, the Board has been looking at later start times for high school students based on research that says this is beneficial to older teenagers.

The first step taken was for the Superintendent to direct the transportation department to look at routes and numbers of buses required. Since additional buses would be needed, there is an additional fiscal note involved. The transportation department has brought back several different versions as the Board members work through this issue. While no specific decisions have been made at this time, the What - high school students starting at a later time, and the Why - because research says that this is what is best for their well-being - is the position held by a majority of the current Board members. Primarily due to the increased cost, this is not a change that will happen overnight. But we've made it clear that this is a change we want to happen in the next few years. So, for the How - the Superintendent will direct members of her staff as she feels appropriate to work to make this concept a reality. Along the way, the public will have ample opportunity to weigh in.

Parents, students, staff, and community members contact the Board of Education members all the time. Emails are usually answered by either the President of the Board or the Vice

President. Often the response is to let the sender know that we are listening, but most of the time the email is forwarded to the Superintendent to address the situation. The reason for this is that down the line, we as the Board of Ed may be called in to hear an appeal of the case if one of the parties does not agree with the outcome. If any member gets too involved too early, that individual would have to recuse him or herself.

Passing the budget, redistricting, and crafting policy are three main areas of our duties. Each could have an entire column all to itself. I'll just

say that the state legislature is nearing the end of session so we will soon know what amounts we actually have to work with, rather than the estimates we cross our fingers and hope we have. The Policy Committee meets monthly and is reviewing existing policies on a revolving basis, in addition to creating new ones as the need arises.

While FCPS has approximately 5800 employees, the Board of Education has three. We hire and evaluate the Superintendent, an executive assistant, and lastly, the newly established ombuds position, which should be finalized in the near future. That is not to say that we don't take into consideration all of the very important employ-

ees of the system as we go about our other tasks. They just don't report directly to us.

There are many ways to stay abreast of BOE happenings. You can sign up for Find Out First communications, which can be tailored to your areas of interest. The FCPS website is chock-full of information, such as agendas or videos, current happenings such as input on next year's calendar, and reports on the LOU redistricting. You can also access the email addresses of the Board of Education members. We may not be the ones that can help you initially, but I promise we'll do our best to point you in the right direction.

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## FOUR YEARS AT THE MOUNT

*As they are faced every day with an image-centered culture, we asked our writers to reflect on the value of the written word. Is a picture really worth one thousand words?*

### Freshman Year

#### Read these words

Harry Scherer  
MSMU Class of 2022

**P**rove it. Show me! Do you have any pictures?

These commands, exhortations and inquiries are repeated many times a day by skeptical, pushy or inquisitive persons. We live in a world in which the written word, or words of any kind, are given little credence. The claim that a picture is worth a thousand words is peddled by tabloid editors and social media gurus. Do we have to surrender to this mantra and relinquish our powers as functioning, rational human persons that are able to competently convey meaning through words? Absolutely not.

The root of the problem of accepting images as superior to an eloquent and meaningful combination of words seems to lie in the shift in emphasis in secondary and higher education. The building blocks of impactful speech, logic and rhetoric are not intentionally taught to high schoolers and college students, leaving the future generation defenseless against the influences of illogical reasoning and dissonant speech. Unless one is taught at an institution which attempts to mimic the merits of a classical education, stu-

dents must fend for themselves in the world of flashy pictures and seven-word headlines.

With this incompetent formation, one without even rudimentary foundations of philosophy, our generation fails to recognize the existence and influence of absolute truth, one that is the case in every time and place and in every circumstance. Instead, words are used to craft "interpretations," which cloud the understanding of the reader, rather than clarify.

Another factor which has led to the degradation of the written word is the frequent use of social media. By the very use of the instrument, persons necessarily limit their actions and personal development into a series of recent pictures or a 280-character stream of thoughts. There is no room for explanation or analysis in these media. Instead of actually seeing the changes that persons make in their actions or the eccentricities of their thoughts, a recognition requiring personal contact, we are confined to pictures and tweets that submit to the "wow" factor.

Nowhere is this more evident than on "Catholic Twitter," an informal group of Catholic laymen, priests and religious who share their thoughts on Catholic life, culture and recent events. Because users are

limited to 280 characters in describing the beauty of life in a Church which claims to house the limitless, the problem of incomplete and confusing narratives arises. Well-meaning tweeters succumb to shining the spotlight on fellow members of the Church with whom they disagree, furthering confusion with regard to love and respect for the Papacy, and even minimizing the breadth and influence of the faith. With all of these unfortunate effects of the medium, there is little emphasis on being cogent, lucid or respectful in the way ideas are presented.

In the same way, reading and writing have become less impactful today because of the instant gratification surrounding these media. Instead of sitting and analyzing a text or laboriously meditating on the most impactful manner in which to use words, persons prefer to digitally blurt out whatever comes to their minds, without consideration to diplomacy, or read a misleading headline from the source which most aligns with their political ideology.

The degradation of political dialogue is another symptom from an apathetic view of the written word. Instead of genuinely considering political philosophy and thoughtful political analysis, citizens are left to fight for who can embarrass persons on the other side of the political spectrum. We have no weapons

with which to fight those with whom we disagree other than personal insults and purely pathetic arguments.

With all these complaints, it lies in our hands to change the course of linguistic appreciation. Because the future of our political, religious and cultural discourse revolves around an intentional use of the written word, we have the obligation to recognize and act upon the benefits of a proper use of the language upon which we have been bestowed.

It would benefit us to read works which stretch our literary comfort. Instead of only reading entertaining science fiction novels, it would be beneficial to read a historical account of a time period for which we have previously given little thought. An ability to competently read across genres is a specialized skill which few people have and benefits us to see the different perspectives from which many different persons come.

In addition, it would be beneficial to explore the details of news stories beyond the cover picture and catchy headline. The purpose of these two marketing necessities is to draw in the reader to the content by whatever means necessary. For example, headlines can be unintentionally misleading by forgoing context and other essential information which is analyzed in the text. Also, pictures capture that onto which the

eyes latch. Instead of informing, the cover photo attracts.

Satisfaction with simply absorbing incomplete information from a headline and photo can immediately lead to misunderstanding and ignorance. Because much of the thoughts and opinions which we all have are informed by nuanced understandings of information, it is essential to recognize the perspective from which another person is coming so that we recognize the flaws of our own thoughts or the way in which we are portraying them.

Finally, for the young who feel that they have received an incomplete education and fear that the future leaders of our generation think illogically and speak unclearly, it would greatly serve us to invest in a short guide to logical thinking and grammar book. An ability to think in a lucid manner and speak eloquently is a lost art for our generation and will predict who will lead our culture into the next decades. We should be armed with the defenses of clear thought and coherent words so that we may rightly inform the uninformed about the truths of our world and effects of our actions.

Read it. Say it! Do you have any thoughts?

*To read other articles by Harry, visit the Authors section of Emmitsburg.net.*

### Sophomore Year

#### Words

Angela Guiao  
MSMU Class of 2021

**G**rowing up, I've always wanted to be a writer. I would write little stories and draw pictures and staple the papers together so that they'd look like pages in a book. I always thought words held a lot of importance, and words always proved to be the best form of communication, at least for me. It was a way that I could explain myself. This was the way I could express myself best. I was a shy kid. I didn't speak much. But with words, I could say everything I wanted to say, clearly and meaningfully.

My mother's first language is Tagalog. Back in the Philippines, English is the second language, so she was

pretty good at speaking it. But often times she'd mix up present tense with past tense and past tense with future tense, so people often made fun of her. Lots of times, those people were my classmates who'd come over for a playdate and hear her speak.

"Why does your mom speak like that?"

"Does she not know how to speak English?" they'd whisper to me.

At the time, my mother would always pretend not to hear them. But when they were gone, and it was time to do my homework, she'd say to me, "Angela, practice your English very hard. Read books. Write your stories. This way no one can ever make fun of you. This way, you'd always be one of them."

Writing became a way of belonging. I never had much of a problem in public school. Everything

was diverse. But my mother believed in moving me back and forth from private to public school as a way of exposing me to different cultures. I could meet different people to have a better understanding of what was around me.

Private school always tended to be predominantly white, well-to-do families. My mother was a single mother who worked as a babysitter, and I often would attend private school on scholarships. I often felt out of place. My friends used to go to a pizza parlor every day after school, and I wouldn't join them because we didn't have the money to spend so wastefully.

But eventually, I would always be saved by my writing. English was always my best subject, and my teachers saw how much I loved to write. I became the girl who was good at writing and that made me finally feel like I belonged.

Our prompt this month is to talk about what is more valuable: a picture or 1000 words? I think based on the above, it's obvious that for me it's 1000 words. But I want to explain why it could be a picture too.

For some reason, my friends always end up discovering a passion for photography. One has even moved to San Francisco and has been featured in magazines. There is so much to worry about with photography, in my opinion. The lighting, the contrast and the saturation all have to be perfect to capture exactly what's intended. But what I find most interesting is how photos

have the ability to convey emotion.

What I've learned from my photography friends is that a good photo makes you feel something. It leaves a mark. I can see that in the sense of how old photos bring on the feeling of nostalgia. But even some current pictures, pictures I may take today for my Instagram, will one day remind me of a time in the past when I was happy, celebrating or free.

That's the best thing about photos. People take pictures during their best times. During sad, dark, or fearful moments, most people don't pull out their camera to take a photo, although there may be some exceptions. They take them when they feel most confident, most happy. Pictures allow others to see what is most important in a person's life because we take pictures of things that we find meaningful, of moments we don't want to forget. There are stories in pictures. And while it may mean more to one person, it may convey more feeling for another.

Words are more straightforward, I think. They are more universal. They either mean something or they don't. Like pictures, they are open to interpretation. They may strike a chord with certain people, and they may make others cry. But words are not stuck in the past. They can encourage for the future or clarify the present. They can relate to everyone and anyone, not only those in a picture. Words are timeless, which cannot be said about most things. For me, words are more valuable because they are explicit.

They can contain details and stories and specifics that may otherwise not be known if you were simply looking at a picture. They can be used anywhere; they can be used without needing anything. Words can be the greatest weapon, while pictures are only a shield.

Now, I don't have anything against pictures. Pictures show things for what they truly are. And perhaps that is their advantage over words. They are transparent; they can't lie. Words can be manipulated and can be used to manipulate other people. They can be used in such a way that can promote falsehoods. They aren't trustworthy. While pictures simply are. Pictures hold the truth. They expose your imperfections and cannot be changed to your desire. They tell things how they are and cannot be manipulated in the same way.

In my life, words have played such a big part. They have helped me through troublesome and lonely times. They allowed me to express myself during my best times, and through my darkest times. Words can truly transport you to another world, in both books and in stories. They helped me say the things I would never have the ability to say out loud. They remind me of my mother. They remind me of my childhood. For me, words will forever be more valuable than pictures.

*To read other articles by Angela, visit the Authors section of Emmitsburg.net.*

# THE VALUE OF THE WRITTEN WORD

## Junior Year

### A blank canvas

Morgan Rooney  
MSMU Class of 2020

I don't believe that you can compare what can be shown in a photo and what can be described through the written word. They have the ability to complement each other, but the saying "a picture is worth a thousand words" doesn't necessarily ring true with me.

The benefits of a picture that you could not begin to explain in words. When portraying emotions, or the human perception of beauty, or viewing something one might find disturbing, no words could describe those elements with the justice they deserve. An example I can think of is 'V-J Day in Times Square.' This is a photo I am certain everyone has seen before. The emotions and spontaneity of the events in the photo are perfectly captured in this photograph and would not be better described through speech or writing.

Another photo that shows what words cannot is the photo of Phan Thi Kim Phúc, also known as the

Napalm girl. This was a photo taken in June, 1972 near a village occupied by North Vietnam forces. South Vietnam soldiers dropped a napalm bomb in this village, leading Kim Phúc, only nine years old, and other civilians to flee. The photo is captured as Kim Phúc is running down the road, naked and crying, alongside the others. The emotions and disturbing nature of this photo is something that could not be reciprocated through words. It's something one needs to view to feel what is meant to be felt.

The same would go for a breathtaking view. Not even the greatest author could describe the colors of a sunset or the way all the shadows in a forest fall in a way that would give the same ambiance as seeing it. No one can describe where each star is in a night sky and all else that lingers in the air. When the visual sense is so strong, a photo would be appropriate.

A photo alone however, isn't left without its flaws. Photos can be taken completely out of context with no information. Photos cannot hold the information of 1000 words, and more than 1000 words can hold all the emotions and beauty that a photo does.

"Seeing is believing," people often

say, but these days, people believe what they want to believe. If a photo shows something they don't want to believe they will formulate a reasoning (whether that be true or untrue) for why what is shown is false. If someone wants to believe the testimony of others through the written word, they will, and if not, they won't. If a quality author is writing, there is no limits on what can be said.

Sight is not the only sense, however, that humans possess. In a photo, it is impossible to describe taste, touch, sounds, or smells, or even that gut feeling you get when something is wrong. The eeriness of the fog that hangs over a field, and the overwhelming smell of ocean mist on the beach in the winter cannot be described through a simple, still photo. The same goes for the sound of vultures circling above, rustling of trees, or the cracking of the pine needles on the fire on a night which has temperatures well below zero and your fingers feel like they are about to snap right off.

When reading a story, and when fully immersing yourself into that story with no distractions, the reader can create that picture in his or her mind with overwhelming detail, as the brain is capable of such things.

The same is not true of a picture. When looking at a photo, the viewer can make any assumptions they want about that photo, but unless they were present when it was captured, there is no way to know if the information they gathered is true, or they are being deceived.

Even if a story is being read to you, you can close your eyes and imagine what is happening word by word. We can put ourselves right there in the story to understand how our characters feel to the best of our ability.

As a writer myself, something that I try to keep in mind whenever I start something new is that a blank page is like an empty canvas, but with even more potential (as far as my talents go at the very least). When writing, there are absolutely no limitations of what could make it on that page. I could write about anything I could possibly conceive and bring it to life through the limited vocabulary our language (or any other language I may be knowledgeable of) has.

I could write about the most beautiful moment of my life, or of an entire fantasized event that has no possibility of occurring. I could write the most hateful words and disturbing

messages and they would hold power. Words, most of the time, can tell stories in greater detail than photos can because they are not limited to sight, but can describe visuals in a way that brings them to life.

Words can describe emotions in a different way than photos. There isn't an easy way to take a photo that portrays how much you love a person. It is more beneficial to write them a letter and pour your heart and soul into your words. You can describe that warm, fluttery feeling you get in your stomach and the way your heart stops every time you see them.

There are truly no limits set to what you can put on a blank page. A white canvas could be filled with any amount of colors with no limitations. Photos and words are certainly not interchangeable and they are both great ways to communicate certain messages. They complement each other but can also stand alone, given the right circumstances. A picture is not worth 1000 words, yet 1000 words isn't worth a picture either. They hold their own.

To read other articles by Morgan, visit the Author's section of [Emmitsburg.net](http://Emmitsburg.net).

## Senior Year

### In the beginning was the word

Shea Rowell  
MSMU Class of 2019

In the first novel she ever wrote, *Northanger Abbey*, Jane Austen allows her narrator a bit of a soap-box moment. She addresses those who claim that reading literature is a waste of time: "It is only a novel..." she writes, "or, in short, only some work in which the greatest powers of the mind are displayed, in which the most thorough knowledge of human nature, the happiest delineation of its varieties, the liveliest effusions of wit and humour, are conveyed to the world in the best-chosen language." From the perspective of an English major studying Austen's novels, this quotation fills me with joy each time I read it, because it beautifully captures the power of the written word, which I have always believed in.

It may sound old-fashioned, and perhaps it is, but the written word carries history's weight as the most versatile and effective form of human communication. Our nation's existence owes itself to the written word: the Federalist papers that rallied the colonies behind the idea of unification against the British Empire, and the Declaration of Independence which initiated our fight for freedom; the Emancipation Proclamation which freed American men, women, and children from their bondage in slavery; Dr. Martin Luther King, Jr.'s "Letter from Birmingham Jail," and his iconic, "I have a dream" speech that changed the hearts of many Americans, black and white, in support of a better nation for us all.

Even in a town as small as Emmitsburg, it is the written word that preserves its history: past, present, and future. It is the letters in the hand writing of St. Eliz-

abeth Ann Seton and Fr. John DuBois that display the over two-hundred-year-old story of Mount St. Mary's University, St. Joseph's College, the Sisters of St. Joseph, and the Sisters, now Daughters, of Charity. It is the old copies of the Emmitsburg Chronicle that remind us where we came from as a town; that document the daily lives, losses, and gains of Emmitsburg residents.

This is why historians and scholars mourn for the lost libraries of history, the books burned by world upheavals such as the treasures of the Library of Alexandria, the destruction of monasteries following the Protestant Reformation, and ancient religious texts following imperial conquests and transfers of military force.

Today, we live in a culture of images. A picture is worth a thousand words, or so they say. They catch our attention, attract our eyes, flood our minds through the screens of our televisions, computers, and phones. Images, of course, are effective communicators. They give us symbols we can recognize anywhere, allow us to share visual realities and provide access to parts of the world we may never see ourselves.

Images are particularly apt at creating beauty to please the eye. When it comes to communication, however, a picture cannot exist without words to explain it, make sense of it, or guide its interpretation. A newspaper or magazine photo is nearly always accompanied by a caption and an article to give it context; even social media photos are incomplete without their captions, and the proceeding comment-section conversation. Words, however, can stand alone. Novels, articles, and social media posts are complete without a photo alongside them. Words, like images, can create beauty on their own as well.

Language is the human mind's greatest achievement. Humans not only feel, they express their feelings. They not only reflect and discover, but record and preserve their findings for the benefit of posterity. Language is an essential component of who we are as human beings, as members of communities, and as individuals. The languages we speak, the words we choose, and even the stylistic variations we employ reveal our personalities, preferences and quirks. When you write, you reveal yourself to the world.

One of my favorite literary examples of the centrality of words to the human person is from a sermon by the Anglican priest and poet, John

Donne. In Meditation XVII, he compares the contents of the human soul to the contents of a book. He writes that "all mankind is of one author and is one volume; when one man dies, one chapter is not torn out of the book, but translated into a better language; and every chapter must be so translated. God employs several translators; some pieces are translated by age, some by sickness, some by war, some by justice; but God's hand is in every translation, and his hand shall bind up all our scattered leaves again for that library where every book shall lie open to one another." To create, God speaks. "God said, 'Let there be light' and there was light" (Genesis 1:3). His creation, then, is like his work of literature, in

which each creature is the protagonist of his or her own story.

This metaphor rings true in many religious contexts. In Christianity, our Messiah is the incarnate Word of God. In Judaism, the most sacred and central treasure is the Tanakh, the Word and law of God. Likewise in Islam, the Qur'an cannot be handled with unwashed hands, or translated into other languages. In all three of the Abrahamic religions, the Word of God is sacred, central, and without it the religion is void. The written word is intimately linked with the human soul. We were made in His image; we were made with His words.

To read other articles by Shea, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# FASHION

## Questionable summer trends

Valerie McPhail  
MSMU Class of 2015

Model Gigi Hadid posts a selfie on Instagram while wearing a bucket hat, and fashion followers respond fanatically. Speculations of a trend are instantly confirmed. Far more than plainly taking a hint to whether the bucket hat accessory is a revitalized trend, the speed to which fashion items are addressed and referenced as seasonal trends is a testament to how fashion conversation materializes today. With the same lens in view, curiosity follows: what defines a fashion trend as we prepare our summer wardrobes? Is it popularity of the chunky sole tennis shoes that refreshed the sneaker industry, or the solid color bathing suits that define modern swim labels, or celebrity endorsement?

My uncomplicated approach to summer fashion involves swimwear, a hat, loose flowing dresses and graphic tees easily paired with denim shorts. When gathering summer trends, the minimalist perspective on fashion comes into question.

Although at times social media and blog posts circulate different conclusions, fashion history shows that the bucket hat is a staple to culture. In a report made by Carine Roitfeld's CR Fashion Book, the bucket hat has stayed relevant in fashion since its invention in the 1900s. First functioning as a piece for Irish fishermen, the

bucket hat moved from the simple life to soldier uniforms during the Vietnam War, where it functioned to shade necks from the sunshine. Experimental designs with tweed and cotton brought the bucket hat into the '80s hip-hop scene and later into womenswear design in the 2000s. Amidst the history lesson, writer Andrea Cheng concludes, "Blame '90s nostalgia and the industry's continued fascination with normcore (and its utilitarian-driven derivative, gorpcore,) but after years of lying low, it finally looks as though it's the bucket hat's turn in the spotlight." (Cheng, "The history of the Bucket Hat.") This conclusion was made last summer, and even still today written, and photographic reports from street style scenes and paparazzi continue to show that the bucket hat is a fashion statement made beyond the summer season. Although to call it a timeless piece may be too bold of a statement, with certainty the bucket hat has not returned, but rather did not go anywhere. What more can be reasoned for other trends highlighted this season?

On the runway solar shield sunglasses, XXL tote bags and belt bags made headlines. The classic square-shaped sunnies were showcased in fashion shows such as Loewe, Stella McCartney and Tom Ford. Identical to miniature ski goggles, the design is not new to the fashion scene. Celebrity sightings of Jennifer Lopez wearing a pair of bronze tinted Chanel glasses

and Victoria Beckham with a classic pair of black square-rimmed sunglasses shows that the futuristic, sci-fi style is not an innovative idea, but rather resurfaced on the fashion calendar. ("The Skinny Sunglasses Trend is Finally Coming to an End - Here's What's Next," InStyle.)

To New York City culture the tote bag is as common as cigarettes - utilized in everyday life for commutes, office and travel. Recent trends show the relevance of tote bags to city culture when they made headlines with Goyard in 2015. The collection of tote bags became popular with a toast color version, and then expanded to navy blue and ruby. However, this is simply just one reference among many others that reveal the functionalism of a large tote bag to the New York City world. Longchamp and Saint Laurent's 'Shopping' Tote are among the fashion culture's most coveted. Even more relied upon during the summer months is a larger version of the tote bag. Known as the weekender bag or duffel and relied on as a companion for travel such as weekend-long trips, the XXL tote bags said to be trending from the runway is merely a traditional large tote bag, or small travel suitcase utilized habitually around the year, and not subject to season. Although, perhaps the specific need for an extra large tote bag through the summer months is utilized for a beach day. May it be a beach bag, weekender duffel or even a dramatic oversized tote, this accessory is not a new design to the industry and consumers alike.

In a similar fashion, the belt bag is a new fashion design. Worn around the abdomen or along the belt line, the fanny pack has evolved into the belt bag. Before progressing further, the fanny pack and belt bag must be distinctively defined. The fanny pack, an athletic and far more relaxed style, compares to the avant garde fashion forward belt bag in aesthetic, for the design of the belt bag is synonymous to a traditional fanny pack that has held a function within culture throughout history. Instyle Magazine's digital platform shared insight: "So whether the original fanny pack was invented in the Stone Age to hold tools or in the 1960s to stash frozen ski lunches, it's an enduring trend that for better or worse doesn't look as if it's going away."



Fanny Packs on the Alexander Wang Spring/Summer 2019 Runway.

("Back Story: A Brief History of the Fanny Pack," InStyle.) Whether it was Beyoncé accessorizing with a red pack in a 2011 music video, Sarah Jessica Parker taking the bag to the red carpet or even Dwayne "The Rock" Johnson fashioning a fanny pack in a photo circa 1994, celebrities made this fashion trend big. The Alexander Wang, Salvatore Ferragamo and Givenchy designs from the Spring/Summer 2019 Runway are not new to the fashion scene. From practicality to pop culture and high fashion, this bag is a fundamental fashion accessory.

At a time where the direction of fashion rests on the endorsement and advertisement of celebrity fashion choices, trends are quickly defined, numbered and culturally consumed. Approaching headstrong via Instagram, paparazzi shots and the runway,

as a result of social media and the digital age, fashion's archive has grown. Simultaneously, as the attention of culture shifts, what conclusions can be made of the designs on the runway? Is there a conversation between social media, runway designs and how the public dresses for their everyday? Although runway fashions are still current to defining trends, it seems that the spotlight designs for this Summer 2019 were already current in fashion. The bucket hat, oversized square shield sunglasses and belt bag are pieces popularly worn before the sunshine shed its rays over the season. In conclusion, we see a fashion industry highlighting functional fashion, available all year around.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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# COMMUNITY NOTES

## Plans for the 63rd Annual Community Show

The Thurmont & Emmitsburg Community Show committee met recently to begin planning the 63rd annual Thurmont & Emmitsburg Community Show. The show will be held at Catocin High School on September 6, 7 & 8th.

Officers elected at the meeting were President – Rodman Myers; Vice President, Robert Valentine, Secretary – Jennifer Martin. Other committee members are Sue Keilholtz, Robert Wiles, David Harman, Niki Eyer, Cheryl Lenhart, Ray Martin, Carol Long, Chip Long, Sharon Graf, Denise Valentine, Amanda and Paul Dennis, Clifford Stewart, Helen Troxell, Cathy Little, Karen Myers, Nancy Wine, Patty Johnston, Jim Barth, Kay Barth, Thad Bittner, Amy Jo Poffenberger, Daniel Myers, Sierra Weatherly, Josie Kaas, Cheyenne Van Echo and Alexis Morgan and Robert Hahn.

Entry of exhibits will take place on Thursday evening, September 5 from 6 to 9 p.m. and on Friday, September 6th, from 8:30 - 11:30 a.m. in the new gymnasium and in the agriculture department area. Judging will begin at 12:30 p.m.. Commercial exhibits may be entered on Friday, September 6th from 3:30 p.m. to 5:30 p.m.. The show will open to the public at 6 p.m.

Exhibits must be removed on

Sunday, September 8 from 3 - 6 p.m. Please note the new deadline to pick up items.

If you would like to be a new advertiser in our show booklet, please contact Rodman Myers at 301-271-2104 to obtain advertising information or via email at thurmontemmitsburgcommunityshow@gmail.com. Past advertisers should have recently received letters for advertisements for this year. The deadline for advertisements is May 3. The community show booklets can be found in local Thurmont, Emmitsburg and surrounding area businesses in late July or early August. New residents of the community are urged to enter and be a part of the Community Show, the largest in the State of Maryland.

There will be changes to some

departments. Departments include Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department. There is no entry fee. Please visit our website for updated information at www.thurmontemmitsburgcommunityshow.webs.com.

The Community Show is sponsored by the Thurmont Grange, Catocin FFA Chapter, Catocin FFA Alumni, the Maryland State Grange and the Maryland State Agricultural Fair Board.



The Thurmont Business Showcase, held April 27, was an overwhelming success. Over 1,000 people crowded into the Thurmont Event Complex to see the forty plus local business and community organization that showed up to showcase why Thurmont is such a great place to do business. Vicki Grinder, Thurmont's Economic Development Manager stated, "The objective of the Thurmont Business Showcase "is to provide networking for businesses, building valuable relationships, and of course create lots of smiles! The Showcase also provided a time for all participating businesses and non-profits to interact with each other, and sometimes, learn about other businesses and opportunities that are right in their own back yard." An additional benefit to the Thurmont Business Showcase is meeting some of the non-profit organizations and learning about their cause and how they are impacting not only Thurmont, but society as well!"

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## ARTS

## Frederick Flute Choir

The Frederick Flute Choir, directed by Jennings A. Glenn, will present a gala concert celebrating their 30th season Sunday, May 5, 3 p.m., at the historic Evangelical Lutheran Church, 31 E. Church Street, in downtown Frederick. The Choir, founded by Mr. Glenn in 1989, is the oldest flute choir in the mid-Atlantic region and strives to present musical performances of the highest quality, providing arts, educational and cultural enrichment for the local communities.

Mr. Glenn holds a master's degree in flute performance and has more than forty years of playing, conducting, adjudicating and teaching experience in the Midwest and East. His experience includes the position of Director of Bands at the University of Nebraska at Kearney and at The Black Hills State University in South Dakota.

In addition he has taught in public schools in Nebraska and Mary-

land. In Maryland, he taught in and chaired the Academy of the Fine Arts for Frederick County Public Schools and was an Adjunct Professor of Flute and director of the flute choir at Mount St. Mary's University. Mr. Glenn is joined by Vicki Crum, assistant conductor, and Donna Sevcovic, director of the low flute choir.

The Choir began with six members in the fall of 1989 and had its debut performance at Governor Thomas Johnson High School's band concert the following spring. Since then the group has given more than 180 performances including concerts at the Kennedy Center, White House, national and regional flute conventions, flute choir festivals, churches, libraries, retirement centers and fine arts centers. Most recently, on April 7, The Choir performed in a joint concert with the Mount Saint Mary's University Flute Choir at the Basilica of the National Shrine of Saint Elizabeth Ann Seton.

The Choir has had a total of 53 members over 30 seasons and the 16 current members are drawn from all areas of Frederick County and adjacent Virginia and Pennsylvania. Four of the six founding members are still playing in The Choir. Many of the members are music teachers but the group draws from all walks of life and includes a management consultant, environmental scientist, physician, along with college, high school, elementary, early childhood and special education teachers.

The Choir performs using the familiar C flutes and piccolos, along with the lower alto, bass and contrabass flute, offering audiences a truly unique musical experience. During the May 5 concert, the audience will "Meet the Flutes" and see and hear the members of the flute family individually.

The gala concert will feature a founders sextet, the low flute choir and a mass choir of current and former members. Music will include



works by Claude Debussy, Gustav Holst and Ryohei Hirose, along with the original composition Memories of East Tennessee, which evokes scenes from the culture of the Great Smoky Mountains, The Continuing Adventures of Dexter the Danger Donkey, a jazz piece for low flutes, and American Flute Salute, a medley of beloved patriotic songs. Mr. Glenn will be featured as soloist on Flute Fantasia by Sonny Burnette, commissioned by The Choir in 2003 to honor Mr. Glenn for the group's 15th season.

The concert is sponsored by Evangelical Arts and is free and open to the public. Freewill donations will be accepted to benefit Children of Incarcerated Parents Partnership (COIPP). The Partnership's mission is to foster strong, resilient, hopeful children who are impacted by the incarceration of a loved one, by providing support, resources and services for the children, their caregivers and present and formerly incarcerated family members in the Frederick region. For more information, visit Frederick Flute Choir and COIPP at [www.coipp.org](http://www.coipp.org).

## Maryland Iron Festival

Elizabeth Comer

The first annual Maryland Iron Festival will take place in historic Catoctin Furnace, Maryland on the weekend of May 18<sup>th</sup> and 19<sup>th</sup>.

The Maryland Iron Festival will be celebrated within the historic village, Catoctin Mountain Park, and Cunningham Falls State Park. The event will commemorate the state as a center for the craft of ironmaking. The festival will feature traditional blacksmithing, casting and molding demonstrations in partnership with Hopewell Furnace National Historic Site, live music and performances, artists and craftspeople, spring plant and flower sales, children's activities, a "feats of strength" tournament, tours of historic buildings and the

iron furnace, delicious historic food, plein air artists, and local wine and craft beer.

Historic structures, such as the Collier's Log House (ca. 1810), the Stone Cottage (ca. 1820), and the Catoctin Iron Furnace at 12607, 12610, & 12625 Catoctin Furnace Road will be open to the public on both days. The newly constructed trail that links the furnace to the historic village will be open.

A grand kickoff event will take place on Friday evening, May 17 from 6:30 to 9 pm, at the Thurmont Regional Library. Learn about the exciting work being done at the Furnace from speakers Douglas Owsley of the Smithsonian Institution and Elizabeth Comer of the Catoctin Furnace Historical Society.

Space is limited. Please contact The Catoctin Furnace Historical Society for tickets.

Visitors to this free, family focused event will enjoy traditional food, local wines, craft beers, and fresh baked goods. Children will have the opportunity to play colonial games, make handkerchief dolls and punched tin ornaments, and go back in time through creative make-believe at the Collier's Log House. Attendees will be able to learn about our latest archeological findings, and enjoy a visit with a mysterious owl or majestic hawk through the DNR's Scales and Tales program. In a related event, historic clothing found at Catoctin Furnace will be displayed in a new exhibit at the Washington County Historical Society in Hagerstown.

Plein air artists will paint within the village and parks on Saturday, May 18. At 4 pm, their fin-

ished works will be displayed in the Museum of the Ironworker. The paintings will be available for purchase on Sunday, as well.

On Saturday and Sunday afternoon at 3 pm, "Ancestor's Breath", a commemorative ceremony honoring the unknown stories of enslaved Africans who labored, died, and were buried in the Catoctin Furnace cemetery will take place. This poetry performance will feature writer and poet Elayne Bond Hyman, Presbyterian Church USA, HR and musician/percussionist Jenna Duranko, Hood College graduate in thanatology.

The Catoctin Furnace was built by four brothers in order to produce iron from the rich deposits of hematite found in the nearby mountains. The iron furnace at Catoctin played a pivotal role during the industrial revolution in the young United States. The furnace industry supported a thriving community, and company

houses were established alongside the furnace stack. Throughout the nineteenth century, the furnace produced iron for household and industrial products. After more than one hundred years of operation, the Catoctin Furnace ceased production in 1903.

In 1973, the Catoctin Furnace Historical Society, Inc., was formed by G. Eugene Anderson, Clement E. Gardiner, J. Franklin Mentzer, and Earl M. Shankle to "foster and promote the restoration of the Catoctin Furnace Historic District...and to maintain the same exclusively for educational and scientific purposes...to exhibit to coming generations our heritage of the past."

Today, the Catoctin Furnace Historical Society, Inc. is undertaking groundbreaking research, including bioarchaeological research on human remains from the African American cemetery in Catoctin Furnace. In partnership with the Smithsonian Institution and the Reich Laboratory for Medical and Population Genetics at Harvard University, this project is analyzing ancient DNA and the human genome of several revolutionary-era African American workers at Catoctin Furnace. Such research, in conjunction with other technologies such as stable isotope analysis, could tell us where these workers were born, where they lived throughout their lives, and what constituted their diet. We believe that every life mattered, and every past matters now. By studying and disseminating the results of this research, we hope that people everywhere will get to meet some of these early workers and understand the critical roles they played in the development of our young nation, as well as appreciate the rich, varied trajectories of their lives.

Proceeds from the event will be used for the ongoing restoration of the historic village structures, a critical need. For more information, please call 443-463-6437 or visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org). Admission is free.



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# Lighting a SPARC

Chloe Corwin  
MSMU Class of 2020

The Visual and Performing Arts Department has had a successful SPARC festival, showing work from all subject areas, each with great talent and energy to excite the entire Mount community.

The Mount St. Mary's University's SPARC Festival is a three-day event beginning April 24 and going through until April 26. It is focused on showcasing the work and research of students of all majors from the last year or so. SPARC stands for Scholarship, Performance, Art, Research, and Creativity, and through the liberal arts education the Mount provides, students are able to achieve many, if not all, of these areas in their lectures, poster presentations, musical performances, and more.

Each subject area of the Visual and Performing Arts had a chance to perform or present their work. The 2019 SPARC Festival started off without a hitch with the music subject area's lab band performance in the Founders Plaza. The band rocked out to a large audience enjoying the food and snacks provided by the SPARC coordinators. Candy apples, popcorn, and funnel cake was enjoyed while the musicians played the welcoming performance on Wednesday.

Soon after, the first of two senior art shows opened and welcomed over 140 patrons throughout its two hour long reception in the Williams Art Gallery at the Delaplaine Fine Arts Center. Senior artists Emma Greene, Nora Hullett, Alexandra Krall, Emily Maruskin, and Moriah Tyler stood alongside their work and answered questions to gallery viewers curious about their art.

The number of different textures, colors, and mediums allowed for a great variety throughout the show. Professors Nick Hutchings and Elizabeth Holtry beamed with pride as they watched their graduating students showcase their final pieces and hard work.

As the day continued, the MSMU Chorale and senior music majors brought the music showcase to Knott Auditorium Wednesday night. The MSMU Chorale is composed of the following students: Carolyn Allen, Emma Bigony, Gabriela Cranga, Samantha Krueger, Jasmine Patrick, Olivia Prevost, Emma Sharp, Donna Szajdek, Emma Weinheimer, Megan McCaskey, Megan Ulmer, Adriana Hyland, Allison Wade, Marguerite

Weldon, Andrew Maggipinto, Michael Moore, Drew Phillippi, Bailey Kenworthy, Shawn Manges, Benjamin Pape, and Carlos Perez.

The Chorale began the night, accompanied by Dr. John Wickelgren on piano, and was conducted by V&PA Department Chair, Dr. Andrew Rosenfeld. They performed a portion of Requiem, Op 48 by Gabriel Faure. After completing three movements, Requiem Aeternam, Sanctus, and Agnus Dei, they shifted into the senior music showcase portion.

Shea Rowell performed on the trumpet Legende by George Enescu. She was followed by Bryan Dorbert on marimba playing Sonatina for Piano, Movement 1 by Muio Clementi and Sonatina for Violin, Movement 1 by George Phillip Telemann. Then, Jasmine Patrick, soprano, took the stage with Gretchen am Spinnrade, a German piece by Franz Schubert. Finally, Tahreem Fayiz ended the night with three performers singing their songs from her musical revue, My Way. Gabriela Cranga ('21), soprano, sang Me and the Sky from the Broadway show Come From Away, a musical about a small Canadian town on 9/11. Benjamin Pape ('20), tenor, then sang God Help the Outcasts, a classic song from the movie and musical The Hunchback of Notre Dame. Finally, to close off the senior showcase portion of the night, Rebekah Balick, mezzo-soprano, gave her rendition of the iconic Broadway song What I did for Love from A Chorus Line.

As the applause died down from the senior showcase, the Chorale returned once more to finish off the night. The following day concluded the V&PA contribution to the cel-

ebration with the revival of Mount Theatre's Mainstage Production Stupid F##king Bird by Aaron Posner.

Due to the longevity of the play, director Dr. Kurt Blaughner chose to cut out Act I and only present Acts II and III. The actors, particularly the seniors, were excited to take the stage one last time before the year was through. Though they did not do the whole show, the audience was still tantalized by the work of Aaron Posner, Chekov, and Dr. Blaughner's directorial genius.

All in all, SPARC Festival was very successful, and the Visual and Performing Arts Department had a great showcase throughout the week to show off the many students' talents and abilities.

The May events for The Visual and Performing Arts are limited as the school year is coming to an end. There are only two left until the summer break begins on May 11.

First is the annual May Day Concert on May 1 at 4 p.m. at the McGowan Fountain outside of Patriot Hall. The Wind Ensemble will be performing music from John William's scores for the final concert of the year. The May Day Concert has become a staple in the Mount community, and has been a part of the spring time welcome for years now. Students are able to enjoy the beautiful spring weather while listening to the wonderful music of their peers.

Due to the abundant number of senior art majors, there will be a second art show on May 2, reception at 5 p.m. to 7 p.m. for the final six artists to showcase their work. This is not typical for the senior art shows, as there is usually only one show for all the majors, but the class of 2019 has proven themselves to be exceptional.

Hailey Berardi, Alexandra Edwards, Juliette Lawless, Keegan Lowensen,



Senior Artists and Patrons at the Senior Art Show I on April 24.

Mishana Matthews, and Sierra Mereson will be presenting their work to the students, faculty, staff, friends, and family of the Mount community, and are eager to do so. With the success of the first art show, the next is bound to be just as great. These students have taken social, economic, or spiritual topics and used them to inspire their final projects. Each student has a distinct style and preferred medium, so there is bound to be a

piece for everyone to gravitate towards. The Visual and Performing Arts Department of Mount St. Mary's University would like to thank everyone who supported them throughout the 2018/2019 school year, and we are excited to provide more entertainment for the community again next year.

To read other articles by Chloe, visit the Authors section of Emmitsburg.net.

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## LOCAL SPORTS

# Catoctin baseball on track to playoffs

Grace Kovalcik  
CHS Class of 2021

Catoctin High School's baseball program has always been one of the more successful programs at the school. Every year, without fail, the team manages to collect a group of stand-out athletes, committed to both each other and the sport. This year's varsity team is no exception. The Cougars' roster is officially made up of twelve players, though occasionally some of the junior varsity players will play up on varsity. Together, the team has only one senior, four juniors, six sophomores, and one freshman. Nonetheless, the talent on the team is overwhelming.

Currently, the team of all-stars has a winning record of 9-3, including their win at the annual First Lieutenant Rob Seidel Memorial Tournament. The tournament, named after a Catoctin graduate of 2000, has been a tradition in the area since about 2006. Seidel, the focus of the memorial, graduated Catoctin High School in 2000 as both a football and baseball player. Following four years of college and military training at West Point Academy, Seidel served in Iraq for two years until his tragic death during battle. Having begun this tournament in honor of Seidel and his family, Catoctin and other participating schools dedicate all money to families affected by the war on terror and play to keep his memory alive.

Originally, the tournament was intended to take place over the course of two days, at three different venues. However, due to

weather, it was limited to only one day. On April 18, the Urbana Hawks and the Mount Hebron Vikings traveled to Catoctin High School to participate in the tournament. The Hawks and Vikings first faced each other, resulting in a 7-2 win for Urbana.

Immediately after this first game, Mount Hebron played a second game against Catoctin. With sophomore Bryson Caballero pitching for the Cougars, the Vikings batted first and were unable to score any runs. Catoctin was also unable to score at their first turn at bat, leaving the score for the first inning at 0-0.

The Vikings went without scoring once again during the top of the second inning, giving the Cougars another chance to take the lead of the game. Part way through the bottom of the inning, Catoctin returned to the beginning of their batting lineup, bringing sophomore Dylan Click to the plate. With bases loaded, the Cougars only needed a small hit to bring in Senior Mark Rogers, who had stolen both second and third base. Click had intended to do just that but was hit with the ball by the other team's pitcher. As a result, Click was walked to first, allowing Rogers to score Catoctin's first run of the game. Shortly after, the teams switched to the third inning.

Once again, Caballero held strong on the pitcher's mound, preventing Mount Hebron from scoring within the top of the third inning. During the bottom of the inning, Rogers



Junior Briar Castellow steps up to the plate to hit for Catoctin. Photo credit: Jimmy Kempisty.

stepped up to the plate again, hoping to put the Cougars another step ahead of their opponents. At two outs, Rogers' monstrous swing not only brought himself to second base but also brought sophomore Dustin Isanogle in to score after he had stolen both second and third base. By the end of the inning, the Cougars were up 2-0, with the intention of keeping the lead.

During the Vikings' next turn at bat, Mount Hebron put their first point on the board when one of their batters hit a home run. Despite this, the Cougars pressed on and prevented any more scoring from their opponents during the fourth inning. Catoctin was also able to score their third point when junior Briar Castellow hit a double to bring junior Hayden Dextrader in from third. The teams entered the fifth inning at a score of 3-1, with Catoctin in the lead.

At the beginning of the fifth inning, sophomore Ayden Shadle came in as relief pitcher for the Cougars, giving Caballero a break. Following this, Hebron was able to score one more run when a batter hit a single to bring a runner into home from third base. Eventually, the top of the inning ended so

that the Vikings took the field and Catoctin was up to bat. First, Rogers stepped up to bat again, hitting yet another double to the outfield. Following this, a single from freshman Logan Simanski and a strategic bunt from Shadle led Rogers into home to score once again for the Cougars. Soon after, with runners on second and third base, Castellow hit another double to left field. Both Simanski and Click were able to score, bringing the overall score up to 6-2.

In the sixth inning, Shadle and the boys kept Mount Hebron from scoring once again. Catoctin, on the other hand, was able to gain one more run when Simanski hit a triple past the third baseman, bringing Rogers from second base into home. At a score of 7-2, the boys entered into the seventh and final inning of the game.

Mount Hebron's final time at bat nearly resulted in an outcome undesirable to Catoctin, but the Cougars' relentlessness lead them to victory. While bases were loaded, two of the Vikings hit singles to bring two of their runners into home. In response, Simanski was brought in to pitch for the Cougars. With the bases still loaded and the game on the line, Simanski was able to strike

out the next batter. The following hitter swung at Simanski's pitch, hitting a line-drive to Catoctin's first baseman, Mason Albright. With that, Albright tagged first base and ended the game with a final score of 7-4, bringing the team one step closer to playoffs.

Since the beginning of the season, the boys have been preparing for playoffs as best they can, whether it's through baseball P.E. classes in school, or after school conditioning. "Our number one goal is state championships," Simanski commented. "I expect our team to go very far in playoffs." Simanski, varsity's only freshman, has an attitude that embodies the entire team's mindset. To the boys, their age does not reflect their potential on the field. Rather, as head coach Michael Franklin believes, their "strength is in their minds." Although Catoctin is a part of one of the toughest regions in the state, each of the coaches and players believe in a successful future for the team, and hopefully a repeat of their 2013 state championship title.

Additionally, during the month of May, varsity baseball head coach Michael Franklin will be handing out the DIRT award to an individual on the team who proves deserving. The award, which is an acronym for Dynamic-Integrity-Respect-True, is given out in memory of a former member of the team. Vinny Healy, who graduated in 2009, was an amazing spirit and friend to all, who had tragically passed away in 2012 because of a drunk driver.

Today, at Catoctin's baseball field, a statue of Vinny stands in the stadium to inspire the boys and any who visit the school. Additionally, the DIRT award is given out so that the team can strive to mirror his attitude. The previous recipient was Corbin Deviney, a part of Catoctin's graduating class of 2018, who had demonstrated all aspects of the award. This year, with such an outstanding team, coaches may have trouble deciding the recipient of the award. Nevertheless, the recipient will without a doubt deserve the honor it's associated with.

To read other articles by Grace, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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## MOUNT SPORTS

## Mount Track &amp; Field recap

Collin Riviello  
MSMU Class of 2020

You know what May means right? Championship season! Both men's and women's lacrosse have already clinched their tickets to their respective NEC tournament with stellar, top-notch play not seen in a long time. In addition, the men's track & field will attempt to defend their outdoor championship title again in May, and the women's track & field team will attempt to sweep the 2019 NEC track & field titles. Also, women's bowling just capped off the remarkable season with a runner-up performance at the NEC bowling championships in their inaugural year of play. Oh, did I mention that the women's bowling team is comprised entirely of freshmen? We've got a lot to cover in this issue for sure.

Men's lacrosse's season started off with four straight losses, albeit two of those came against nationally-ranked teams, but nevertheless the team didn't let that get to them. They won their first game against VMI 12-6, and then astonished the lacrosse world by taking down then-nationally-ranked No. 14 Richmond in overtime, 12-11. They then won six of their next seven games to guarantee a spot in the four-team NEC Lacrosse Tournament. After starting NEC play 4-0, something the team has not accomplished since their inaugural season in the NEC in 2011, the Mount suffered its first NEC loss against Hobart, 11-8 on April 20. The team is led by senior Chris DiPretoro who leads the team in goals scored with 33, but has enough goals scored throughout his entire collegiate career (121) to sit at 13th place on the Mount's all-time goals scored leaderboard.

Women's lacrosse's start to their season looked vastly different from the men's start. The women routed Presbyterian in their first game of the season 20-2 and then travelled to UMBC to win 9-8. Last season, the Mount lost to UMBC by the same score in Emmitsburg. After suffering only two losses thus far to Army West Point and California, the team has knocked down 10 straight opponents to guarantee their spot in the NEC lacrosse tournament in May. The 10-game win-streak ties the program's record set in 2004. The team has also already surpassed the 192 total goals scored last season with 211 goals scored through 15 games. In the assists category, the team has 71 through 15 games, which is one more than last season's 71 assists after 17 games. The Mount currently ranks fifth in the NCAA in scoring defense, allowing just 7.07 goals per game.

The men's track & field team will attempt to do something not required of them since 1998, defend their own championship title. The 2019 NEC Outdoor Track & Field championships will take place at Central Connecticut State University from May 4 through 5. The team will rely on junior Justin Kimble, who broke the Mount's 100m dash record earlier this season at the Raleigh Relays in 10.40 seconds, to score points in the sprint events. The previous record, which held strong for 47 years, was a 10.44. Sophomore William Merritt is also expected to help the Mount score points. The NC-State transfer com-

peted for Team USA in the 2018 IAAF U20 World Championships in Finland last summer in the 10000m run, where he ran a time of 31:58.71.

The women's track & field team will also attempt to do something not done in over 20 years, sweep the NEC track & field championship titles. Hot off their first indoor title in 22 years, the Mount's depth in multiple event areas is expected to help them challenge the four-time defending outdoor champions, Sacred Heart.

Women's bowling capped off an extraordinary season with a final record of 78-39. The all-freshman team carried the Mount's name into the national spotlight to receive a national rank of 19 in the program's final week of competition. At the NEC Championships, the Mount took down No. 9 Saint Francis University and No. 8 Fairleigh Dickinson in elimination matches to stay alive for the NEC's automatic bid to the NCAA Bowling Championships after losing matches in the NEC Tournament's first day. The Mount took Sacred Heart down to the wire in the NEC finals, which consisted of a best of seven game format, but was unable to prevail, as Sacred Heart eliminated the Mount in game 7, 211-193. However, freshman Rebecca Dodson's season was still ongoing as she qualified to play in the Intercollegiate Singles Championship (ISC) in Dayton, Ohio on April 16. The ISC allows only the top 24 bowlers in the country to compete. Dodson qualified for the event by placing fourth out of 226 bowlers at the Chicago Sectional back in March.

Dodson lost to Vanderbilt bowler Adel Wahner, 504-621 in the first round.

Men's tennis also wrapped up its season in April at the NEC tournament. The men, seeded fifth, upset fourth-seed Sacred Heart 4-3 in the quarterfinal round to advance to the semifinals for the first time since 2013. The Mount took the doubles point by winning the first and third flights. In singles action, sophomore Jackson Wood won the first flight in three sets, 6-7 (6-8), 6-4, 6-4 for his 12th singles win of the season. Freshman Gabriel Santos took the third flight 4-6, 6-3, 6-4 for the Mount's third point and his 10th singles win of the season, and freshman Alonso Garcia clinched the win for the Mount by winning the fourth flight 4-6, 6-3, 7-6 (7-1). The team was blanked by overall top seed Bryant 4-0 in the semifinals. Bryant would go on to win the NEC title over two-seeded Fairleigh Dickinson in the championship match. The men finished their season at 5-18 overall and 2-4 in NEC play.

In women's tennis news, the seventh-seeded Mount was toppled by two-seeded Fairleigh Dickinson 4-0 in the quarterfinals of the NEC tournament. FDU took the doubles point with wins in the second and third flights. The first flight did not finish as a result. In singles play, senior Emma Blake dropped the sixth flight 6-2, 6-2 and sophomore Mia Pittman fell in the fifth flight 6-2, 6-3. Sophomore Megan Smith went winless in the second flight with a score of 6-0, 6-0. As a result, the first, third and fourth flights went unfinished. The women finish off



The Men's track & field will attempt to defend their NEC Outdoor Track & Field Championship title this May.

their season at 3-19 overall and 1-4 in NEC play.

Women's Rugby also finished their second season for the Mount with an overall 32-14 record and 11-5 conference record. At their final tournament of the season, the Mount took second place to Navy (Team A) in the championship game after losing 14-5 at the Navy Legacy 7s Tournament on April 20. To start the tournament, the Mount

won matches against Boston University, Navy (Team B), Penn State (Team B) and Delaware in pool play to secure a first-round bye. In the Semifinals, the Mount defeated Boston again 19-14. In the championship game, the Mount was unable to defeat Navy's A-team after beating Navy's B-team in pool play.

To read other articles by Collin, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# COMPLEMENTARY CORNER

## What's in your (Qi) wallet?

Renee Lehman

In many previous articles it has been discussed how Natural Laws are followed in Traditional Chinese Medicine. The Five Elements, as observed by the ancient Chinese, are felt to be the prime energetic building blocks from which everything in the material world is composed. The Five Elements reflect a deep understanding of natural law, the Universal order underlying all things in our world. It provides a master blueprint that diagrams how nature interacts with the body and how the different dimensions of our being impact each other.

The Five Elements organize all natural phenomena into five patterns: Wood, Fire, Earth, Metal, and Water. So, every living thing and every person are a unique embodiment and combination of these Five Elements. Together, the Five Elements help us to understand the process of dynamic harmony and balance in the whole system of energy. Therefore, when it comes to our health, if all Five Elements are in balance within us, then we are at

a state of optimal health/wellness.

Going back to the December 2018 article it was noted that we should follow Natural Law and conserve our energy during the winter? If we don't follow Natural Law, and we deplete our energetic reserves, then we are more likely to feel worn out and get sick. As Grand Master Nan Lu states, "If you break a human law, you go to jail. If you break a Natural Law, you go to the hospital." So, did you get sick this January through March? Have you been enjoying springtime, but not feeling that your energy level is where you would like?

Your energy, or Qi (pronounced chee), is the Universal life force that gives all things life. Qi runs through everything in nature. It powers and enlivens us and makes each one of us unique.

Your Qi is unique and exclusively your own. Your Qi is distinct from anyone else in the entire Universe. Your individual Qi developed at the time of your creation in the womb and will continue with you throughout your entire life. Each one of us have two types of Qi.

The first kind is Inborn Qi, or what you inherited from your parents. This type of Qi cannot be increased throughout your life. Once it is gone your life has reached its end. Some individuals are born with a huge allocation of Inborn Qi while others were born with a small allocation of Inborn Qi. (Another way of saying this is that some people are born with a large candle and other with a small candle.) Still, even if you do not have much Inherited Qi, you can create a healthy, joyful, and peaceful life. How, you ask? Through the second type of Qi, called Acquired Qi.

Acquired Qi is the Qi that you develop and build upon on a daily, weekly, monthly, and yearly basis through the quality of your lifestyle habits (i.e., eating for healing, sleeping, stress management, and practices that help to create a balanced mind-body-spirit) and energetic practices (like Qigong). You can increase your Acquired Qi throughout your entire lifespan!

By building up your Acquired Qi, even if you were born with less Inherited Qi (smaller candle), you will protect that smaller candle. It can potentially stay lit for a very long time! Seems simple, right? It is all about using the Acquired Qi and saving the Inherited Qi. Balanced use of your accounts is required. However, mind-body-spirit symptoms, illnesses, and disease occur when we get out of balance. Here's a banking example to demonstrate the need for developing a strong amount of Acquired Qi.

Imagine that your Savings Account is your Inherited Qi and your Checking Account is your Acquired Qi. You pay your bills from you the money in your Checking Account. You want to keep money in your Savings Account, right? This is for long term security. How do you maintain a positive balance in your Checking Account? Two different ways. You deposit more money into it and write fewer checks (have fewer bills to pay).

Think about this springtime when



Well it's not exactly a wallet, Oscar, a 4-week old kitten looking for a home, finds his Qi in purses. To learn more about Oscar call the Cumberland Valley Animal Shelter at 717-263-5791 or visit [www.cvas-pets.org](http://www.cvas-pets.org)

you have been really tired (less reserves in your Checking Account) but had a list of chores that needed to be completed. Instead of resting, you pushed through to accomplish the chores on your list. You asked your body to "run on fumes." Since you had no reserves in your Checking Account (Acquired Qi), you went to your Savings Account (Inherited Qi) to accomplish your chores. Remember that your Inherited Qi cannot be increased during your lifetime! When you push yourself to exhaustion, you are using up your savings!

A Chinese doctor once said: "Your life is like a candle – you can be born with a small candle or a tall candle. You have no choice in this. How you protect its flame is now up to you. If you've been given a long candle and you burn it carelessly, you will not last as long as a shorter candle that protects its flame. The better you protect your light, the longer it remains lit."

Remember the ways to build your Acquired Qi (your Checking Account Qi). Remove some of your "bills" that you have to pay by engaging in healthy lifestyle practices, such as eating for healing, quality sleep patterns, and stress management. Then make more

deposits into your account by participating in Qigong (pronounced chee gung). Qigong means Qi and effort/discipline/practice. It is an energy practice.

Qigong incorporates gentle movements that stretch your body's ligaments and muscles and help your Qi to move more smoothly throughout your body. When your Qi flows freely and smoothly, you become healthier and more balanced. You reap many benefits, one being larger deposits into your Checking Account.

Consider a Qigong class like Dragon's Way Qigong®. To learn more about Dragon's Way Qigong® go to <https://www.tcm-world.org/dragonsway-qigong/>. To watch a short video of an interview with me, go to <https://vimeo.com/323279692>. A class will be starting soon in Gettysburg. Contact me at the information below.

What's in Your Qi Wallet? Contact me about Dragon's Way Qigong.

*Renee Lehman is a licensed acupuncturist, physical therapist, with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.*

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# ASTRONOMY

## The night sky of May

Professor Wayne Wooten

For May the waning crescent moon passes just south of Venus in the dawn, both rising about 5 a.m.. The moon is new on May 4th. The waxing crescent passes three degrees south of Mars on May 7th. The first quarter moon is May 11th, and the May full moon, the Flower of Strawberry Moon, is on May 18th. The waning gibbous moon passes just south of Jupiter on the morning of May 20th, then even closer to Saturn on May 22nd. The last quarter moon is on May 26th.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about April 30th, visit the [www.sky-maps.com](http://www.sky-maps.com) website and download the map for the new month; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. Also available is wonderful video exploring the sky, available from the Hubble Telescope website at: [www.hubblesite.org](http://www.hubblesite.org).

The May meteor shower is the eta Aquariids. They will be active from May 1st to the 28th. The Eta Aquariids are a strong shower



As a frequent traveler to the southwest, I often get to see the night sky unencumbered by the light pollution that surrounds us – and this is what I see. So next time you mindlessly turn on that outside light, consider the show in the sky at night you are missing.

when viewed from the southern tropics. From the equator northward, they usually only produce medium rates of 10-30 per hour just before dawn. Activity is good for a week centered the night of maximum activity. These are swift meteors that produce a high percentage of persistent trains, but few fireballs.

A meteor shower is a celestial event in which a number of meteors are observed to radiate, or originate, from one point in the night sky called Radiant. These meteors are caused by streams of cosmic debris called meteoroids entering Earth's atmosphere at extremely high speeds on parallel trajectories. The Meteor Data Center of the IAU lists over 900 suspected

meteor showers of which about 100 are well established. To keep up to date on the latest meteor shower visit [www.amsmeteors.org](http://www.amsmeteors.org).

Mercury and Venus are both too close to Sun to be easily seen this month. Mars is the only evening planet, faint and distant in the west, moving from Taurus into Gemini by midmonth. As May begins, Jupiter rises in the SE in Ophiuchus about midnight, and about 10 p.m. by month's end. Saturn is farther east in teapot of Sagittarius, and rises about two hours later. Both will be well placed for evening gazes by mid June.

The winter constellations will soon be swallowed up in the Sun's glare, but Orion is still visible, with its famed Orion Nebula, M-42, seen below the three stars marking his famed belt. Dominating the southwest is the Dog

Star, Sirius, brightest star of the night sky. When Sirius vanishes into the Sun's glare in two months, this sets the period as "Dog Days".

The brightest star in the Northwest is Capella, distinctively yellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. If you drop south from the bowl

of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape of this Lion in the sky.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley. Just east of Arcturus is Corona Borealis, the "northern crown", a shapely Coronet that Miss America would gladly don, and one of few constellations that look like their name. The bright star in the crown's center is Gemma, the Gem Star.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four-sided grouping. Note Jupiter now near Spica. The arms of Virgo harbor the Virgo Supercluster of Galaxies, with thousands of "island universe" in the Spring sky.

To the northeast Hercules rises, with his body looking like a butterfly. It contains one of the sky's showpieces, M-13, the globular cluster faintly visible with the naked eye. Find it with binoculars midway on the top left wing of the cosmic butterfly, then take a look with a larger telescope and you will find it resolved into thousands of stars!

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## Farmers' Almanac

*"A mother is a mother still,  
The holiest thing alive."*  
—Samuel Taylor Coleridge  
(1772-1834)

**Mid-Atlantic Weather Watch:** Fair and mild (1, 2, 3, 4) with scattered showers (5,6); fair and war, (7, 8) with more showers and storms (9, 10, 11, 12) turning fair and warm (13, 14, 15, 16, 17, 18). More storms then heavy rain (19, 20, 21, 22) by fair and very warm weather (23, 24) with periods of storms (25, 26, 27, 28, 29, 30, 31).

**Full Moon:** May's Full Moon occurs on Saturday, May 18th and many Native Americans have traditionally called it Flower Moon because of the many flowers that start to emerge and blossom during this month. However, the Huron tribes chose to call it BUDDING MOON. And because of the noticeable increase in milk produced by their cows as the weather starts to warm, farmers came to refer to it as MILK MOON.

**Special Notes:** Cinco de Mayo is celebrated on Sunday, May 5th. Rogation Sunday falls on May 26th, Ascension Thursday follows on May 30th and World No Tobacco Day is

observed on Friday, May 31st.

**Holidays:** Mothers are honored on Mother's Day, Sunday May 12th. Make her feel special with a telephone call, a sentimental card, a nice flower arrangement, or just by spending some quality time with her on her day. Armed Forces Day is observed on Sunday, May 19th and Memorial Day falls on Monday, May 27th. When planning your activities to mark the official start of the summer season, don't forget that this day was set aside for honoring those who have served in our military and those who are currently serving. Their service and sacrifice have protected our precious freedoms and have ensured that our way of life will continue.

**The Garden:** Carrots, lettuce, potatoes, corn, beans, peas and most popular vegetables, with the exception of the warmer weather crops, can be seeded or planted into the vegetable garden at any time now. Wait until mid to late May before planting the warmer weather crops like Tomatoes, Squash, cucumber, pumpkins and peppers. With a little luck, you may begin to see the first fruit on your strawberries by late this month. Newly planted strawberries should

have the blossoms picked off until they become well established. May is a good month to repair your lawn. Fill in the bare spots by slightly loosening surface of the soil and sow a good quality lawn seed over the area evenly. Tamp the seed in gently and water. Keep the patch moist by covering with light mulch of lawn clippings. This is the time to eliminate lawn weeds by hand pulling, or the application of a 'weed and feed' fertilizer... before they go to seed!

**The Farm:** Best for planting root crops (2, 3, 4, 12, 13, 14); weeding and stirring the soil (15, 16); planting above-ground crops (17, 18); harvesting all crops (22, 23, 26, 27, 28); best days for setting g hens and incubators (1, 2, 3, 4, 5, 6, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31); best days for slaughtering and butchering meat (13, 14, 15, 16, 17, 18, 19); transplanting (13, 14, 15, 16, 17, 18, 19) the weaning of small animals and livestock (1, 2, 3, 4, 5, 6, 7, 8, 9, 27, 28, 29, 30, 31); harvest and store grains (5, 6, 7, 8, 9, 10, 11, 12).

**J. Gruber's Thought For Today's Living**

*"Meeting a person more than half-way will often repay you many times in the future"*

# COMPUTER Q&A

## Webmail vs email-program

**Ayse Stenabaugh**  
**Jester's Computers**

We live in a world full of options, and email is no different. You might already be married to an email provider, be it Gmail, Yahoo!, Comcast all of them give you access to your email from their website. What you may not realize is that you aren't required to access your email from their website. Remember we are living in a world of options, and you might be happy with the benefits of using a program versus your webmail.

### What is an email program?

You've probably heard of Outlook, Microsoft Office's email program. While this is a paid program there are other programs you can access your email from for free such as Thunderbird, Mail (Windows 10) or the now retired Windows Live Mail. An email program lets you access your email without having to go to your email providers website.

### What are the benefits of using an email program?

By accessing your email through a program rather than via webmail, you can greatly decrease loading times and you'll no longer be bombarded by advertisements. You can still access your email from anywhere and if setup as an "iMAP" account, your email will sync back to the server meaning that any device that accesses your email will see the emails that you received as well as emails you have sent.

You may wish that you had made the switch sooner when you discover that you can mark all that unread email you will never open as "read" so that it no longer tells you that you have unread mail. Or perhaps you will appreciate that you can automatically setup rules so that when emails arrive that fit a specified set of criteria, those emails are handled in one of many ways including moving to another folder, trash or forwarding the email.

If your email is setup on your device, you have the option of creating folders and saving emails on your local computer (rather than just on the server) which can be useful if you want to ensure your emails don't get accidentally erased off the server. Some email providers have storage limits and can, as they see fit, remove emails from their server to make additional storage space available. Should you ever decide to switch between your current email provider and another one, you can easily save or transfer emails from one account to another using your email program.

### Which email program is best for me?

Some people prefer to use a specific program because it is what they have used at work or because it is familiar to them. Microsoft's Outlook is a paid program therefore unless you have Office 365 or pay

outright for the software you may want to consider one of your other options. Thunderbird is our free E-mail application of choice and was created by Mozilla the makers of Firefox. The Mail application comes pre-installed with Windows 10 and is nice for basic users but lacks many features.

### What are some things to consider?

Using an email application will require a little bit of setup. Most email servers can automatically be configured just by entering in your email address and password, others may require you to manually obtain and enter the proper configuration settings. Yes, you will need

your email password, and yes, even if you don't remember or know your password you have one. If you aren't sure what it is, you can visit your providers website and rather than logging in with your saved password choose "forgot password?" to reset it to a new one. Your email contacts is the biggest thing you want to be aware when using an email application. While your email will sync in both directions your email contacts will not. You can however manually back them up to your computer or keep them updates on your webmail just in case.

### What if I need help?

Let's face it, most of us are not professionals when it comes to tech-

nology and it's okay to admit you need a little help. There are lots of free tutorials online on how to setup the applications mentioned above as well as others that are available. Most email providers have their email settings posted on their website, and if not, they can be obtained by calling customer service.

*If you need assistance transferring emails from one account to another, import/export contacts or just need help setting up a new or existing email account, we can help! Contact Jester's Computers by calling 717-642-6611 or visit us at 5135 Fairfield Road Fairfield or on the web at [www.jesterscomputers.com](http://www.jesterscomputers.com).*

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**WHATEVER YOU CAN THINK OF INCLUDING THE KITCHEN SINK!**

# UPCOMING EVENTS

**May 3**  
Gettysburg Collage's Gamelan Gita Semara Concert. Gamelan Gita Semara (meaning "beautiful sound") is a Balinese gamelan angklung orchestra. Traditionally, the music is played only for ceremonial and ritual functions, such as tooth filing ceremonies and cremations, but in the twentieth-century, newer styles of composition transferred into the gamelan angklung repertoire. This event is held outside of Muselman Library at Gettysburg College. For more information call 717-337-6815 or visit [www.gettysburg.edu](http://www.gettysburg.edu).

**May 4**  
Music Gettysburg presents the Gettysburg Children's Choir and

Chamber Chorale. Once more, these amazing groups of young performers cap their season with Music, Gettysburg! Always a packed house! Always a delight! For more information call 717-339-1334 or visit [www.musicgettysburg.org](http://www.musicgettysburg.org).

**May 4 & 5**  
Second Annual Bees and Blossoms Festival. Join the staff of Hollabaugh farm for one of the most beautiful times of the year! Our second annual Bees n' Blossoms festival will feature wagon rides of our orchards, our "Beauty and the Bees" Fairytale Trail, games and activities for kids, informational sessions about bees, pollination, and other pests on the farm, samples from local vendors, a local

food truck and more! For more information call 717-667-8412 or visit [www.hollabaughbros.com](http://www.hollabaughbros.com).

**May 5**  
The Frederick Flute Choir. See article on page 38 for more information.

Emmitsburg Community Chorus 52nd Annual Spring Concert at Apples United Church of Christ, 7908 Apples Church Road.

**May 10**  
Mother Seton School May Crowning and Procession. Join us in the

annual tradition of the May Crowning Procession. All, especially children, are invited to the special service and prayer of Rosary, which culminates in the crowning of Mary on our Marian altar. Bring your own flowers to lay on the altar. For more information call 301-447-3161 or visit [MotherSetonSchool.org](http://MotherSetonSchool.org) or more information.

**May 11**  
Mt Pleasant Ruritan Annual Craft & Plant Sale featuring quality handmade crafts, garden & landscape plants and baked goods. Indoor, pavilion & lawn venues.

Food all day. Rte. 26 & Crum RD. For more information call Lewis at 301-898-7910.

**May 12**  
Taneytown St. Joseph's Knights of Columbus's Mothers' Day country style breakfast buffet all-you-can-eat fund raiser. All mothers will receive a marigold

Music Gettysburg presents the Gettysburg Chamber Orchestra. A Mothers Day tradition! Blanka Blednarz, the new concertmaster of the Orchestra is joined by her husband for the Brahms Double concerto, with Haydn's Drumroll Symphony filling out the performance! For more information call 717-339-1334 or visit [www.musicgettysburg.org](http://www.musicgettysburg.org).


**May 13**  
Mother Seton School Spring Concert. Come enjoy lyrical and instrumental performances from our school chorus and band. A delightful way to spend a Spring evening! Free. Visit [MotherSetonSchool.org](http://MotherSetonSchool.org) for more information.

**Rocky Ridge VFD Co. 13**  
**Fire Prevention/EMS**  
**Open House**

**Sunday, May 19th @ 2pm**

Rocky Ridge Volunteer Fire Department #13  
Rocky Ridge, MD

Fire Prevention Activities and Demonstrations!  
Trooper 3 Landing – Weather Permitting  
Child Safety Seat Checks, Child Safety Fingerprinting  
Light Refreshments, Door Prizes & More!  
Spectators welcome; FREE of charge!



For more information call:  
**(240) 674-9834**

**Choose When You Want To Play!**

**THURSDAY NIGHTS**  
Great Food! Huge Jackpot!  
Doors Open @ 5:30 PM  
Bingo Starts @ 6:45 PM

**TWILIGHT BINGO**  
1st Friday Of Every Month!  
Food! 3 Jackpots! Larger Payouts!  
Doors open @ 5:30 PM  
Bingo starts @ 8 PM

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**ARTISTS & UNIQUE CRAFTERS WANTED!**

**8TH ANNUAL**  
**WINE, ART & MUSIC FEST**

**SATURDAY, JUNE 15th - 11 a.m. - 4 p.m.**

Taneytown Memorial Park, Route 140, Taneytown

**FOR MORE INFORMATION CALL 410-751-1100 • [www.taneytown.org](http://www.taneytown.org)**  
**OR NANCY McCORMICK [nbmccormick@taneytown.org](mailto:nbmccormick@taneytown.org)**


**THURMONT AMBULANCE COMPANY**

**CARNIVAL**

**June 3 - 8**

**PRE-SALE RIDE TICKETS**  
**\$15 NIGHTLY 6 - 10:30 p.m.**

**FOR TICKETS CALL: 301-748-5359 OR 301-271-3820**



**NIGHTLY ENTERTAINMENT**

- Monday, June 3 - Bootleg
- Tuesday, June 4 - Sticktime
- Wednesday, June 5 - Catoctin Mountain Boys
- Thursday, June 6 - Taylor Brown with Elvis Show
- Friday, June 7 - The Rock and Roll Relics
- Saturday, June 8 - Borderline

**GAMES - RAFFLES**

**RIDES BY SNYDER'S AMUSEMENTS**

**Thurmont Event Complex**  
**13716 Stafford Drive, Thurmont**

**NIGHTLY BUFFET - Homemade Food!**

- MONDAY - Hamburger Loaf, Ham, Mashed Potatoes, Gravy, Green Beans, Dessert
- TUESDAY - Turkeys, Ham, Mashed Potatoes, Gravy, Corn, Dessert
- WEDNESDAY - Roast Beef, Fried Chicken, Mashed Potatoes, Gravy, Green Beans, Dessert
- THURSDAY - Roast Beef, Fried Chicken, Mashed Potatoes, Gravy, Sauerkraut Corn, Dessert
- FRIDAY - Fried Shrimp, Fried Chicken, Mashed Potatoes, Gravy, Green Beans, Dessert
- SATURDAY - Roast Beef, Fried Chicken, Mashed Potatoes, Gravy, Green Beans, Dessert

# UPCOMING EVENTS

**May 14**  
A New View: Birds With A Gettysburg Address. Learn about the descendants of "witness" birds (bird species in and around the battlefield in July 1863) and marvels at the fascinating nature of local birds and nature's ability to survive. For more information call 717-259-0822 or visit [www.ebhpspa.org](http://www.ebhpspa.org).

**May 14 - 18**  
Sts. Peter & Paul Greek Festival. Come and experience a slice of Greek life. There's fun and entertainment for the whole family! Sts. Peter & Paul Greek Orthodox Church is located at 920 W. 7th St., Frederick. For more information call 301-663-0663 or visit [www.stspeterpaul.net](http://www.stspeterpaul.net).

**May 16 - 20**  
Gettysburg Bluegrass Festival. Internationally acclaimed bands from around the world! For more information, visit [www.gettysburgbluegrass.com](http://www.gettysburgbluegrass.com) or call 800-642-8368.

**May 17 & 18**  
Thurmont United Methodist Church Community Yard Sale Huge! Multi Family! For a good cause! Thurmont United Methodist Church Pavilion, 13880 Long Road, Thurmont. All proceeds to sponsor Thurmont United Methodist Mission Team to Puerto Rico.

**May 18**  
Frederick County Master Gardener's seminar: "Composting, Recycling and Vermiculture." From composting to recycling, explore ways to benefit the environment and your home garden. Learn tips and techniques for vermiculture -- using worms to transform your kitchen scraps into nutrition-rich plant fertilizer in a small space inside your home. UME Office, 330 Montevue Lane, Frederick.

Gettysburg Garden Club's Spring Plant Sale in the parking lot of the Gettysburg Fire Company. The sale will feature a wide variety of perennials from member's gardens; succulents, herbs and garden related items. Proceeds will be used to purchase plants for Lincoln Square flower gardens and to fund scholarships for Adams County students majoring in horticulture-related studies. For more information, please visit [www.gettysburggardenclub.com](http://www.gettysburggardenclub.com).

**May 18 & 19**  
The Maryland Iron Festival is a celebration of the Old Line State's unique history as a center for the craft of iron making. The festival will feature blacksmithing and casting demonstrations; delicious historic food; a wide variety of arts, crafts, and jewelry; plein air artists at work; live music and a beer and wine garden; guided tours; basket weaving workshop (Sunday only--registration required) a "feats of strength" contest featuring a cannonball toss, a Cat Fur Catapult, and anvil-lifting contests; a historic clothing exhibit; and lots of children's activities! The event takes place in the picturesque village of Catoctin Furnace. For more information visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org).

**May 19**  
Rocky Ridge Fire Company Fire Prevention/EMS Open House. Fire prevention activities and demonstrations! Trooper 3 landing, child safety seat checks, child safety fingerprinting. Door prizes and more. For more information call 240-674-9834

Music Gettysburg presents Wayne Hill and Friends. The area's favorite baritone gathers some of his closest friends for a lively and varied evening from the American Songbook: Rodgers, Hammerstein, and Hart. For more information call 717-339-1334 or visit [www.musicgettysburg.org](http://www.musicgettysburg.org).

**May 21 - 25**  
Mother Seton School carnival. Rides, games, food, and entertainment available each night. An annual tradition in Emmitsburg. Come and join the fun! For more information, visit [MotherSetonSchool.org](http://MotherSetonSchool.org).

**May 25**  
Frederick County Master Gardener's seminar: "Reducing Storm Water Runoff: See Techniques First-hand." Ever wondered what the hype is about storm water? Learn from sustainability expert Don Dorsey what storm water management practices you can use on your property to help keep local waterways clean. UME Office, 330 Montevue Lane, Frederick.

**May 25 & 26**  
Gettysburg BBQ Festival a festival for BBQ sampling, a BBQ competition, BBQ food vendors, live music, a kids zone and a craft beer garden by Appalachian Brewing Company! For more information, visit [www.gettysburgbbqfestival.com](http://www.gettysburgbbqfestival.com) or call 301-259-1991.

**May 27**  
Gettysburg's Memorial Day Parade and Ceremonies. This is a great way to remember and honor those men and women who died while serving our country. The Annual Gettysburg Memorial Day parade and ceremony is one of the oldest continuing ceremonies in the country. For more information call 717-334-6274.

**May 30**  
6th Annual Frederick Festival of the Arts - Celebrating 26 years,

the Frederick Festival of the Arts invites art lovers to enjoy a showcase of the finest national artists. There will be over 120 exhibitors featuring diverse mediums including jewelry, clay, painting, sculpture, metal, leather, digital, fiber, wood, photography, wood, and mixed-media. Bring the family for food, music, and exceptional art! For more information visit [www.frederickartscouncil.org](http://www.frederickartscouncil.org).

ture, metal, leather, digital, fiber, wood, photography, wood, and mixed-media. Bring the family for food, music, and exceptional art! For more information visit [www.frederickartscouncil.org](http://www.frederickartscouncil.org).

**THE PUPPET AND STORY WORKS**  
*Handmade, Stories, Songs, Arts for the whole family!*

**First Baptist Church of Thurmont**  
**Spring Fling**  
Presents  
5.5 MEN (LIVE MUSIC)  
MOON BOUNCE, CRAFTS, FOOD,  
KARATE DEMO

Saturday, May 11, 2019 at 10:00 AM - 2:00 PM  
at the Thurmont Community Park  
FREE ADMISSION

*Fort Ritchie*  
**COMMUNITY CENTER**

14421 Lake Royer Drive, Cascade, MD • 301-241-5085  
[www.thefrcc.org](http://www.thefrcc.org)

**UPCOMING EVENTS**  
**May 4 - 7 a.m. - 11:30 a.m.**  
**BASS FISHING TOURNAMENT**  
Sponsored by Cobblestone Hotel & Suites  
Adult and Youth Divisions / Cash and Door Prizes

**Summer Camp Registration is underway!**  
**9th Week Added to Summer Program!**  
**Ages 6 through 13**  
**June 10 - August 9**

The program features a variety of these weeks with activities such as kayaking, fishing, LEGO Robotics, laser tag, and field trips.

New for the summer of 2019 program will be an Aviation/Space theme for the week of July 15. Popular theme weeks such as Crime Scene Investigators (CSI), Outdoor Adventures, Kid's Book Camp, and Science, Technology, Engineering, Arts, & Math (STEAM) also return. The Fort Ritchie Community Center is located on the former Fort Ritchie property in Cascade, MD. For more information regarding summer camp or other programs, please call the Center at 301-241-5085, or visit online [www.thefrcc.org](http://www.thefrcc.org).

Please visit [www.thefrcc.org](http://www.thefrcc.org) for the complete calendar and camp registration packet.

For more information or to purchase tickets for events call 301-241-5085 or visit [www.thefrcc.org](http://www.thefrcc.org)

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Mother's Day  
Sunday  
May 12th

**Jubilee** foods  
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Mother's Day  
Sunday  
May 12th

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FREE!

Jubilee Foods will have a wide selection of items to make your Mother's Day meal a really special occasion!

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Lump Crabmeat**

Steamed  
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Check For  
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**Jumbo Snow  
Crab Clusters**

# Elizabeth DiNunzio

## MEMORIAL 5K FUN RUN/WALK

REUNION WEEKEND • JUNE 8, 2019



### RUN THE RACE AND SUPPORT THE TRAIL!

Join us for a 5K fun run/walk in memory of Elizabeth DiNunzio, C'09. All proceeds benefit the Elizabeth DiNunzio Memorial Trail.

- » Post-race refreshments will be provided
- » T-shirts will be provided for those that pre-register
- » Enjoy prizes for age groups

SATURDAY, JUNE 8, 2019 | 8:30 AM

Race Day Check-In: 7:30-8:15 a.m.

Registration Fee: \$20 Individual  
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Start and finish at the  
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Register for the race at [ALUMNI.MSMARY.EDU/DINUNZIORUN2019](http://ALUMNI.MSMARY.EDU/DINUNZIORUN2019)



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